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Editorial

MJCP and Clinical Psychology

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Last issue of the year: time to take stock.

The seat of our Journal is representative of a legend, the myth of Scylla and Charybdis that as it is known were Sirens. We take this cue to indicate the difficulty of men in oscillating between two tendencies, both fascinating and dangerous.

The first reference is to privilege articles widely citable in the statistical sense of trend: the utility is obvious, the highest classifications, those that will make the difference. We know that authors have increased, after indexing in Scopus, they collect information before submitting their articles especially if they have the need to demonstrate (this is the academic context) their performances and for young authors the promising capabilities.

A source of pride is that MJCP is an Open Journal, respecting the European Community's standards for publication of data, no publication fees and it is based on the voluntary work of Editorial Staff, Editor, and Journal Manager with passion as the common denominator.

The second reference is to creativity, innovation, originality and therefore like all solo voices, difficult to perform and interpret. It is the voice for which we have difficulty in finding the reviewers, the ones with a low citational impact.

It is the voice that is interested in niche topics that we consider as a privilege because in addition to the explicable phenomena, there are irrational phenomena, like in psychotherapy paths, the most complex instruments, such as projective methods. Specifically, all those contributions with fewer citations.

For some disciplines the choice of topics may seem obvious, unequivocal and intransigent. For clinical psychology, the choice is probably more elastic because its foundation of the clinic is the relationship with the patient, that is an intermediate space for the psyche.

The risk of sinking is possible too, the penalty is that of marginalization and deviance, the same phenomena we have chosen to serve through our assistance every day.

Those who approach clinical psychology must bear in mind that, as clearly expressed in its declaratory (M PSI 08), it is the applicative and concrete area of large-scale intervention, as everything that gives a sense of progress in the transformation of abstract concepts to clinical practice. It is necessary to point out that the clinical psychologist does not disdain attention to the rarity and subjectivity of the small details without which psychoanalysis would not have been born.

As Didier Fassin (2002) points out, the political anthropology of suffering must consider both its the context of psychism and political choices. In this sense, our intervention is aimed at building a society in which the health problem does not require simply the observation of a pathology, but mainly those social agents we can consider as origins.

We would like to take the opportunity to thank the experts of our University, who gave us objective data about the trends of MCJP.

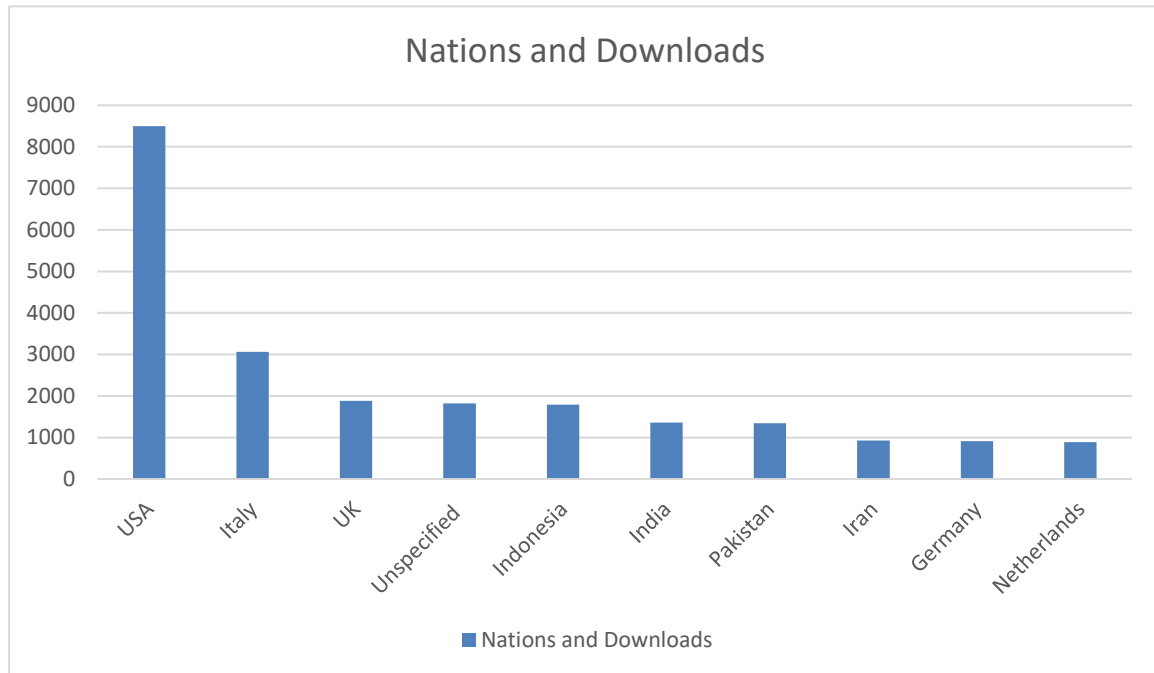
The first datum is expressed by the graph illustrating the downloads of scientific works in the first ten months of this year, for a final balance we have to wait until the publication of this last issue.

The production considered includes two issues, a special issue on the psychology and psychopathology of the mask (Frisone, 2019; Settinieri, Frisone, & Merlo, 2019; Settinieri & Stein, 2019) and the proceedings of the annual congress of the Italian Association of Psychology (Bottini, Carnelli, Di Sarno, Perego, & Tognasso, 2019; Prunas & Di Sarno, 2019).

This last publication is an honour for us (we have already reached the sixth AIP proceedings publication experience) and it demonstrates the service that our Journal makes for the Italian Clinical and Dynamic Psychology.

We are witnessing a significant result the number of US readers has increased considerably while that of Asian countries is gradually growing.

When the journal was born, it was an absolute desire to give more space to emerging countries that certainly do not have the resources of Western countries and we can only be happy about this.



NATIONS	DOWNLOADS
USA	8495
ITALY	3063
UK	1886
UNSPECIFIED	1821
INDONESIA	1792
INDIA	1357
PAKISTAN	1344
IRAN	925
GERMANY	912
NETHERLANDS	892

The most downloaded article of 2019 was "Playing with identities: the representation of dissociative identity disorder in the videogame" (290 downloads) (Santoro, Costanzo, & Schimmenti, 2019) which highlighted how youth always deserves a special interest and originality, like testified by the authors.

Moreover, the themes of development were those particularly noted in the previous year (Child maltreatment: an attachment theory perspective with 473 downloads) (Capaldo & Perrella, 2018) and it was pointed out that attention to current issues is constantly referred to the suffering of the world (a review of asylum seekers and refugees in Italy: where is the psychological research going? 399 download) (Tessitore & Margherita, 2017). In these terms, this issue presents a paper written by authors from the University of Manchester.

Among the fields discussed, there is always the need to create a bridge between the psychic and the somatic realities (Martino, Langher, Cazzato, & Vicario, 2019; Settineri, Frisone, Alibrandi, & Merlo, 2019), so that we encourage authors to submit articles related to these topics.

A clear example is the article by Saravane (2015), deals with the relationship between physical pain and mental suffering that allows relevant psychopathological and biological reflections. It reminds us of the need to take into account patients' language, especially when they are not able to use specific terms related to anatomical and organic features. Therefore, it takes into account the subject's biographical path and adaptive resources. It is necessary to refer to assessment instruments able to highlight mental functioning based on images. In this sense we must also report how the projective psychodiagnostic methods characterized the first years of MJCP, and we hope that it can be further enhanced.

Thank you then for your collaboration: editorial staff, authors, editorial committee and certainly you dear readers, we hope to always be able to serve you better.

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