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Research Article

## Optimization and Characterization of Fenugreek Seed Polymer Nanoparticles Loaded with Diltiazem HCl Nanoparticles by Desolvation Method

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### ABSTRACT

The main aim of the present investigation is to optimize and evaluate the fenugreek seed polymer nanoparticles using Diltiazem HCl as a model drug because Diltiazem HCl has short half-life. Nanoparticles were prepared by using desolvation method and evaluated to study the influence of polymer concentration and stirring speed on different characteristics of nanoparticles such as particle size, surface morphology, zeta potential, Encapsulation efficiency and In-vitro drug release. FTIR, DSC and XRD studies were also performed to determine the compatibility, degradation and crystalline nature of drug before and after formulation of nanoparticles. F7 (1:2 polymer concentration and 600 stirring speed) was optimized formulation based on its particle size (672.1nm), encapsulation efficiency (83.1) having higher stability of Zeta potential value of -26.2, smooth surface morphology and having higher retarded drug release with non fickkian diffusion. By studying all the characteristics it was finally concluded that a natural polymer obtained from fenugreek seed can be used as a rate controlling polymer in the preparation of nanoparticles.

**Keywords:** Diltiazem HCl, Fenugreek seed polymer, rate controlling polymer, Nanoparticles, Desolvation.

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### INTRODUCTION:

In the recent trend all the researchers are making efforts to attain effective drug delivery. Polymeric nanoparticles are one of the emerging nanocarriers having the size range 10-1000nm. These polymeric nanoparticles were formulated using different polymers either from synthetic or from natural sources (Natarajan Jawahar et al., 2012; Konwar Ranjit et al., 2013). Based on the process employed for their formulation they can be classified into Nanospheres and Nanocapsules which are different in their structure and morphology. The drug may be either dispersed in the polymeric matrix or adsorbed on to the surface (Nanospheres) or encapsulated by a polymeric shell (Nanocapsules) (Ibrahim Khan et al., 2017).

Nowadays biodegradable polymers have vital role in delivering drugs due to their capability of circulating for an extended period of time to reach the target tissue which

prevents toxicity to the remaining tissues (Aarti P. Nikam et al., 2014) Biodegradable polymers collected from natural sources such as plants and animals were utilized in formulation of several polysaccharides; fibers were used in formulation development. Pharmaceutical dosage forms. These natural polymers contain protein, mucilage. These polymers are mostly preferred over synthetic polymers due to their biocompatibility. They have significant role in delivering drugs, improve oral bioavailability, and prevents degradation of bioactive agents (pH, enzymatic degradation). Mainly the mucilages which swell after coming into contact with fluid are used as several matrix formers, used in pharmaceutical carriers formulation and also helpful in controlling the drug release (Krishna LNV et al., 2011; Sujitha B et al., 2012; Kumar Vikas et al., 2011). Among several mucilages we are here discussing about mucilage obtained from seeds of fenugreek (Trigonella foenum-graecum) which was used as suspending agent, mucoadhesive polymer, tablet binder, gelling agent and rate

controlling polymer in several formulations (*Moumita chowdhury et al., 2017*).

Diltiazem HCl was chosen as a model drug which comes under calcium channel blocker. DTZ HCl has been widely used to treat chronic diseases like Angina pectoris, hypertension (*G Aswinikumaret al., 2010*) Because of its vasodilatory activity, this agent has been shown to improve the microcirculation in some tumors, thereby potentially improving the delivery of Anti neoplastic agents to tumor cells. The daily dosage recommended for it is 360mg/ day in 6-8 hours interval and half-life of drug is only 3-5 hrs (*Mikkilineni Bhanu Prasad et al., 2013*). Hence prolonged release of Diltiazem helps in reduction of dosage frequency, more patient compliance and reduced side effects.

In this present investigation Diltiazem HCl nanoparticles were formulated using Fenugreek seed mucilage as rate controlling polymer. Nanoparticles were prepared by using desolvation method by varying polymer concentration and stirring time and evaluated the effect of these variables on different parameters.

## MATERIALS AND METHODS

### Materials

Diltiazem HCl was supplied by Yarrow Chem Pvt Ltd (Mumbai). Fenugreek seeds were procured from local market. Dialysis tube was purchased from Sigma Aldrich (Mumbai). All other solvents and chemicals were of analytical grade.

### Extraction of Fenugreek seed mucilage:

High quality fenugreek seeds were procured from local market. To remove dirt and debris fenugreek seeds were washed with distilled water. Then seeds were weighed and transferred to a beaker and required were quantity of double distilled water was added and soaked overnight. Then the soaked seeds were heated at 50°C for 2 hrs. To remove the marc from the mucilage the solution was filtered using multilayer muslin cloth and the resulted solution was reduced to  $\frac{3}{4}$  of the solution. The mucilage was separated using 3 volumes of Acetone and dried. Then the mucilage was sieved through #no.60 and stored in desiccators for further use (*senthilAdimoolam et al., 2018; Arun Verma et al., 2013; J.X. Jiang et al., 2007*).

### Preparation of Nanoparticles by Desolvation Method:

Nanoparticles were prepared by modified nanoprecipitation (desolvation) according to the method developed by Fessi and his colleague's. Fenugreek seed mucilage was dissolved in water and sonicated for 1 minute to remove aggregates. Then Diltiazem HCl was added to polymer solution to form aqueous phase. Then the acetone was added intermittently at the rate of 1ml/ 5min as a desolvating agent to the aqueous phase under continuous magnetic stirring at room temperature. 2-3 drops of 25% Glutaraldehyde solution was added as a cross-linking agent after 10 minutes of acetone addition. Nanoparticles were formed spontaneously and this nanosuspension was stirred overnight for complete cross linking and in the meanwhile, acetone was also removed. 9 formulations were formulated by selecting 2 parameters at 3 levels 1) different drug: polymer ratios (1:1, 1:1.5, 1:2), 2) stirring speed (600, 900, 1200 rpm). The prepared nanoparticles suspension was centrifuged for 2 hrs at 6000rpm. The nanoparticles pellet was washed repeatedly with acetone and resuspended in distilled water for further use (*G Archana et al., 2015; RichinandanMaiti et al., 2018; Abhijeet P Pandey et al., 2017; Kai cheng et al., 2018*).

## Characterization of Nanoparticles

### Particle size analysis:

Dynamic light weight scattering technique (HORIBA, LB-550, Japan) was used to assess the mean particle diameter of the nanoparticles. The activity varied from 1 nm to 6um and the light weight supply was 650 nm optical maser diode of 5mW. The samples of concerning 2.0 metric capacity unit liquid mixture dispersions were measured directly without pretreatment. Variety weighted means diameter was used to measure the particle size (*A. Krishna sailaja et al., 2015*).

### Zeta potential measurement:

The Zeta potential (Surface Charge) which indicates the stability of the NP's can be defined as electrokinetic potential that is determined by electrophoretic mobility. Samples were prepared by diluting with water and corresponding zeta potential were measured using Horiba Zeta Sizer (*A. Krishna sailaja et al., 2015*).

### Entrapment efficiency:

The entrapment efficiency was measured while preparing the nanoparticles itself. The amount of Diltiazem HCl entrapped within nanoparticles was determined by measuring the amount of non-entrapped drug in supernatant recovered after centrifugation at 6000rpm for 30mins. Diltiazem HCl was measured spectrophotometrically at  $\lambda_{max}$  237nm. % entrapment efficiency was calculated by using following formula (*Ahmed Mohammed Nasef et al., 2017*):

### Entrapment Efficiency Formula

$$\% \text{ entrapment efficiency} = \frac{\text{amount of drug entrapped}}{\text{total amount of drug added}} \times 100$$

### Differential Scanning Calorimetry (DSC) Analysis

A DSC (Hitachi High-Tech Sciences-Model DSC7020, USA) (Andhra University, Vizag) was used to study the thermal properties of the pure drug, fenugreek seed mucilage powder and prepared nanoparticles in order to find out the possible drug polymer compatibility, melting point and degradation of drug. 4-5 mg of powder was sealed in an empty pre weighed aluminum sample pan and scanned in the temperature range of 20–300°C under an atmosphere of nitrogen rate of 10°C/min, followed by a cooling cycle back to rate of 20°C (*Gugulothu Dhalapathi et al., 2018*).

### X-Ray Powder Diffraction:

X-ray diffraction (XRD) patterns of pure drug and nanoparticles were analyzed using the X-ray- diffractometer (Vignan University, Guntur). The powder samples, packed in rectangular aluminum cells, illuminated using Cu Ka radiation ( $k = 1.54056 \text{ \AA}$ ) at 45 kV and 30 mA. Samples were scanned between diffraction angles of 6 to 800. Scan steps of 0.008 were used and the dwell time was 10 s. A nickel filter was used to reduce the Kb contribution to the X-ray signal. The 'd' spacing was computed according to Bragg's law of diffraction (*Gugulothu Dhalapathi et al., 2018*).

### Transmission Electron Microscopy (TEM):

Transmission electron microscopy was used to study the surface morphology nanoparticles. Surface morphology of optimized formulation was done on a Philips EM268D instrument (Philips, Netherlands) at Ruska laboratories, Hyderabad. One drop of aqueous dispersed nanoparticles was placed on a carbon coated copper grid 400-mesh followed by negative staining with phosphotungstic

acid solution (3% w/v, adjusted to pH 4.7 with KOH) and placed at the accelerating voltage of 95 kV for TEM (Nitan Bharti et al., 2014)

### In-vitro release studies:

In order to perform the In vitro drug release studies of formulated nanoparticles. Suspension of nanoparticles was sealed in overnight soaked dialysis bag having molecular weight of 12000 Da and then dipped in 100 ml of 0.1 N HCl as diffusion medium at  $37 \pm 0.2$  °C. Samples (5 ml) were removed at predetermined time intervals replaced with the same volume of fresh medium. The concentration of Diltiazem HCl was determined by UV spectrophotometer (Shimadzu UV-1601, Japan) at 237 nm. The percent drug release was calculated using the calibration curve (Ahmed Mohammed Nasef et al., 2017).

### Release kinetics

In order to understand the kinetics and the drug release mechanism, the results of in vitro drug release study of nanoparticles were fitted with various kinetic equations such as zero order (% drug release vs. time), first order (log % drug unreleased vs time), Higuchi's model (% drug release vs. square root of time) and korsemeyar peppas model to calculate mechanism of drug release (log% drug release vs log time).  $R^2$  values were calculated for the linear curve for above plots.

## RESULTS AND DISCUSSION:

### FT IR Spectral Analysis:

The characteristic peaks were observed for pure drug, physical mixture and nanoparticles. No new additional peaks were observed in physical mixture spectrum and nanoparticles FT IR spectrum. From the results it is clear that there was no drug and polymer interaction.

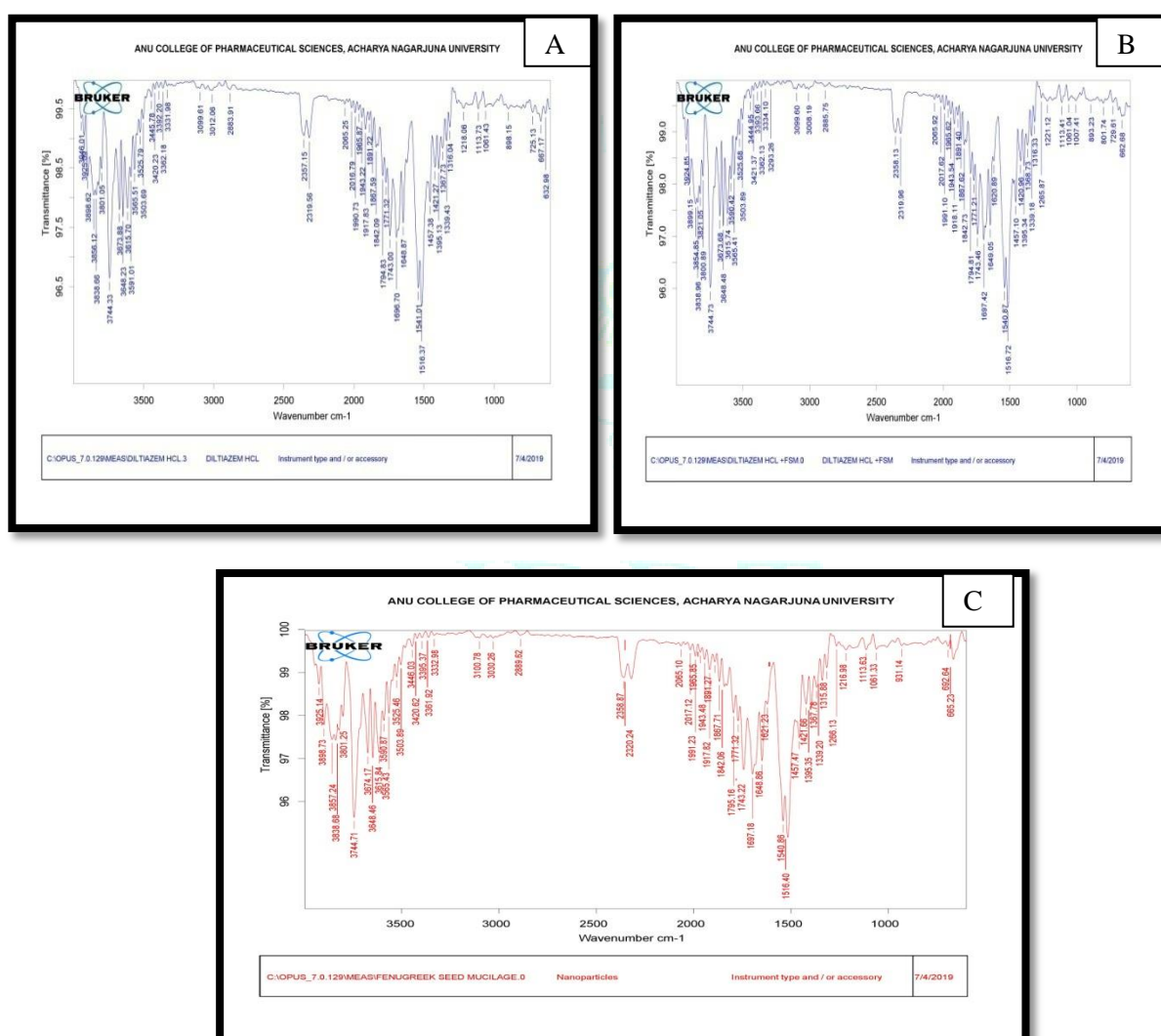


Figure 1: FT IR Spectral Analysis; A. Diltiazem HCl B. Physical mixture C. nanoparticles.

### Characterization of Nanoparticles

#### Particle size:

Particle size of formulated nanoparticles was found sub-micron sized where the mean particle size of drug loaded formulations varied from 12.8 to 672nm.

Polymer concentration showed immense effect on mean particle size. As increase in polymer concentration the particle size of nanoparticles increases proportionally which could be due to increased viscosity that hampered diffusion of polymer from solvent to antisolvent.

Size of nanoparticles was significantly influenced by stirring speed. Increase in stirring speed resulted smaller particles as

shown in the table. This reduction in nanoparticle size was due to enhanced mass transfer and rate of diffusion leading to rapid nucleation and precipitation.

#### Polydispersibility index:

Polydispersibility index of nanoparticles indicates the size distribution of nanoparticles in the distribution which

indicates the stability of nanoparticles. The values in the range of 0.1 to 0.3 indicates monodisperse and 0.3 to 0.5 indicates broad distribution and value above 0.5 indicates very broad distribution which leads to particle aggregation and indicates less stability. The PDI values of all 9 formulations were found to be in the range of 0.177 to 0.953.

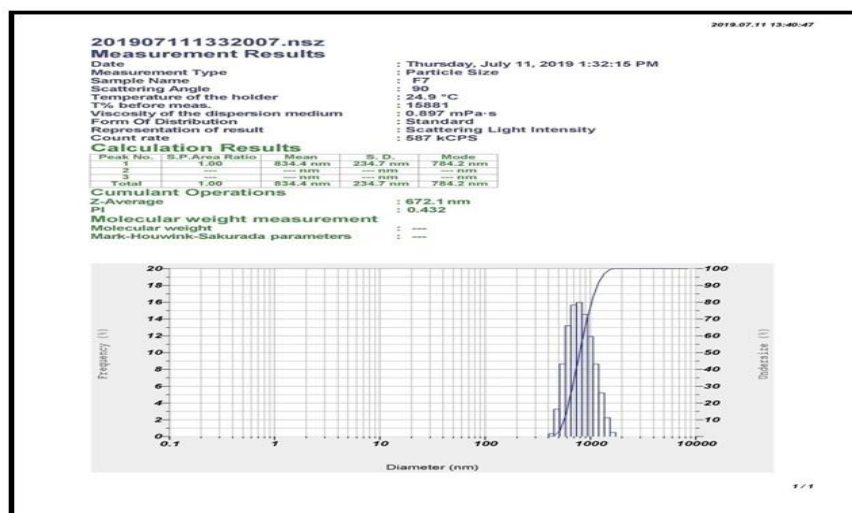


FIGURE 2: Particle size analysis of F7

#### Zeta Potential:

The zeta potential value measures the surface charge of nanoparticles which controls the stability of nanoparticles through strong electrostatic repulsion forces. The formulations obtained were of negatively charged because

anionic nature of polymer. The normal range of zetapotential values were  $<-30\text{mV}$  to  $> 30\text{mV}$ . The zeta potential of the formulations was in the range of  $-0.7$  to  $-26.2\text{mV}$  which indicates higher stability of nanoparticles. The formulation F7 showed greater stability.

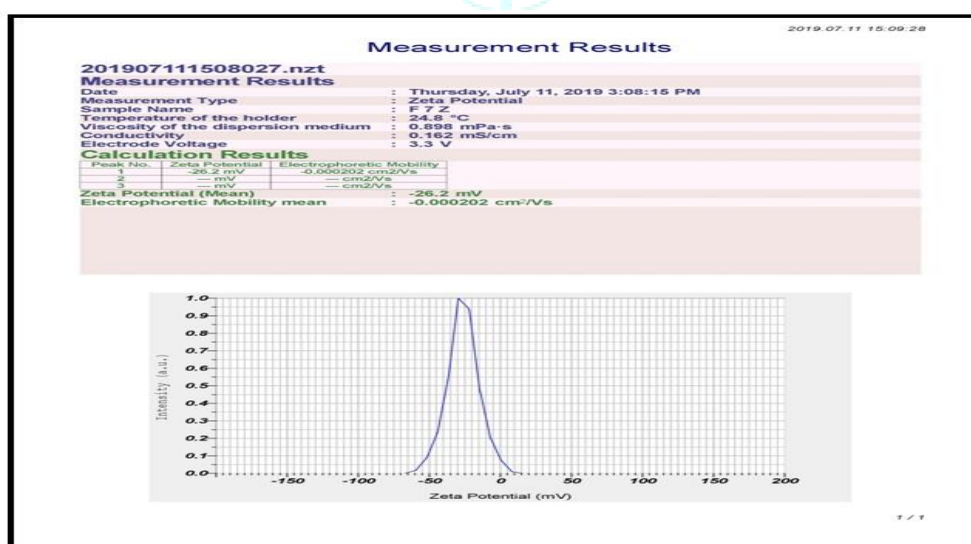


FIGURE 3: Zeta potential of F7 formulation

#### Percentage entrapment efficiency and Loading efficiency:

The percent entrapment efficiency of nanoparticles was in the range of 35.92 to 83.1% and the loading efficiency values of all nine formulations were found to be in the range of 19.7 to 38.6%.

Both the loading and entrapment efficiency were significantly affected by polymer concentration used in the

formulation. The % entrapment efficiency and loading efficiency gradually increased due to increase in the polymer concentration. This is due to increase in viscosity of polymer solution which delays the diffusion of drug from the polymer layer which results in more entrapment. Stirring speed has negative effect on entrapment and loading efficiency of nanoparticles. As increase in stirring speed it results in lower particle size which results in higher surface area which makes the drug to leach out from nanoparticles



TABLE 1: Characterization of nanoparticles

S.NO	Formulation code	Particle size (nm)	Polydispersibility index	Zeta potential (mV)	Entrapment efficiency (% E.E)	Loading capacity (% L.C)
1	F1	78.3	0.254	-11.2	48.07	24.4
2	F2	56.7	0.349	-2.2	41.26	22.1
3	F3	12.8	0.177	-5.6	35.92	19.7
4	F4	297.9	0.953	-1.7	58.37	30.9
5	F5	254.8	0.680	-0.7	51.61	28.5
6	F6	197.5	0.788	-13.3	48.75	25.8
7	F7	672.1	0.432	-26.2	83.1	38.6
8	F8	654.1	0.764	-11.9	76.6	35.7
9	F9	563.6	0.516	-16.8	64.9	33.1

**DSC Studies:**

Thermal analysis was applied to study the physical state of the drug in the formulation and to check the drug-excipient compatibility. DSC was done for drug, polymer and

optimized formulation. The sharp endothermic peak of Diltiazem HCl showed at 214°C.

As there is no change in the peak of drug in formulation peak indicated that the polymer and drug shows no incompatibility.

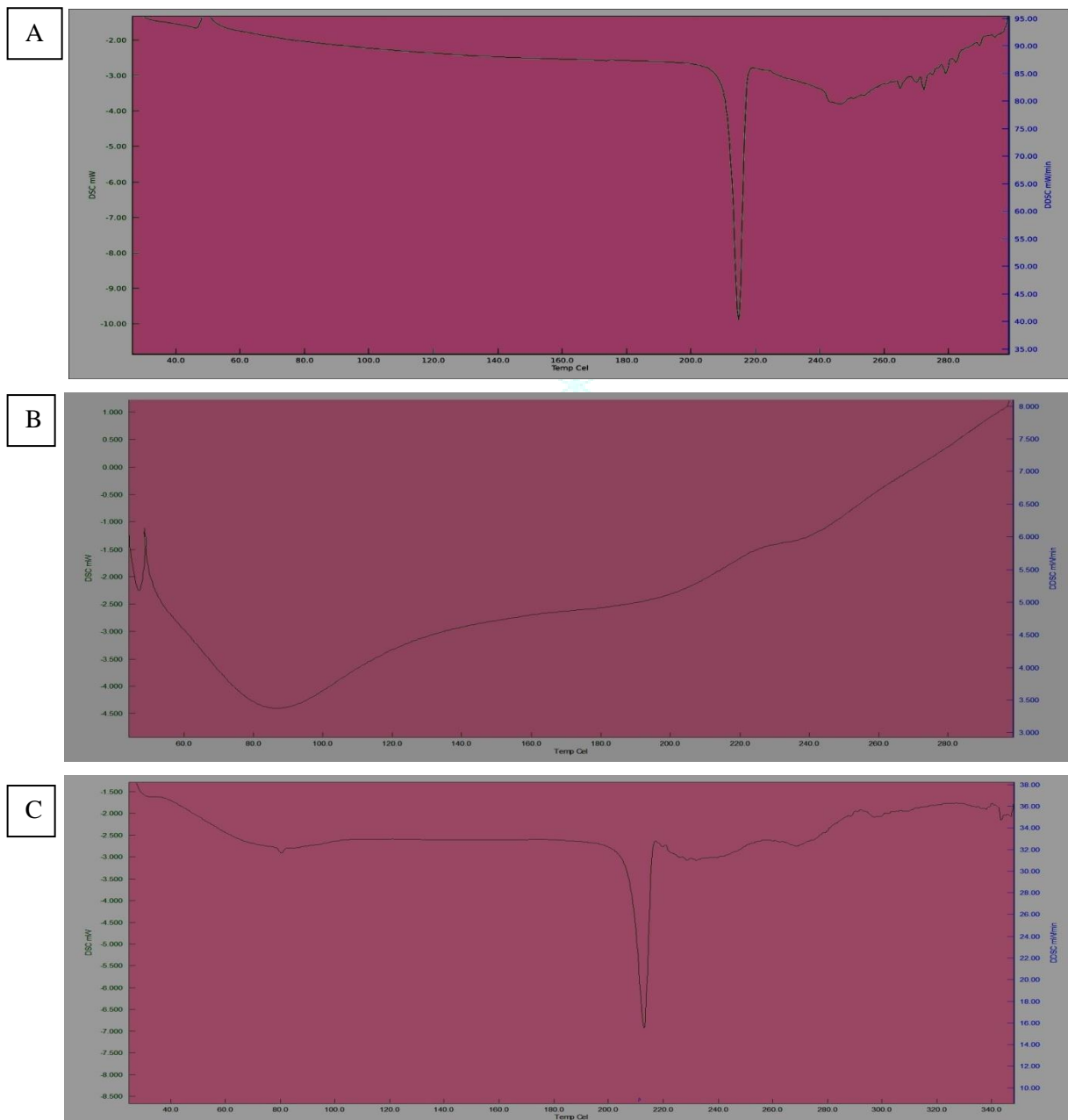


FIGURE 4: DSC studies A) Diltiazem HCl B) Polymer C) Nanoparticles

### X - Ray Diffraction Studies:

XRD studies were performed to study the influence of the polymers on phase transition of the drug in formulated nanoparticles. The XRD of Diltiazem HCl and optimized nanoparticles formulation F7 are shown in Fig.11. The result showed peaks Diltiazem HCl showed  $2\theta$  of 10.9791, 8.303, exhibiting similar peaks but with notably decreased intensity of the signal, showing no signs of chemical interaction between the drug and other formulation components.

Reduced intensity of the diffraction signal was probably caused by the dilution effect and decreased intensity of the drug was due to encapsulation into the polymer matrix. Diltiazem HCl displayed sharp peaks showing the crystalline phase while the drug containing microspheres showed less intense peaks indicating conversion of the drug crystalline phase to its amorphous phase.

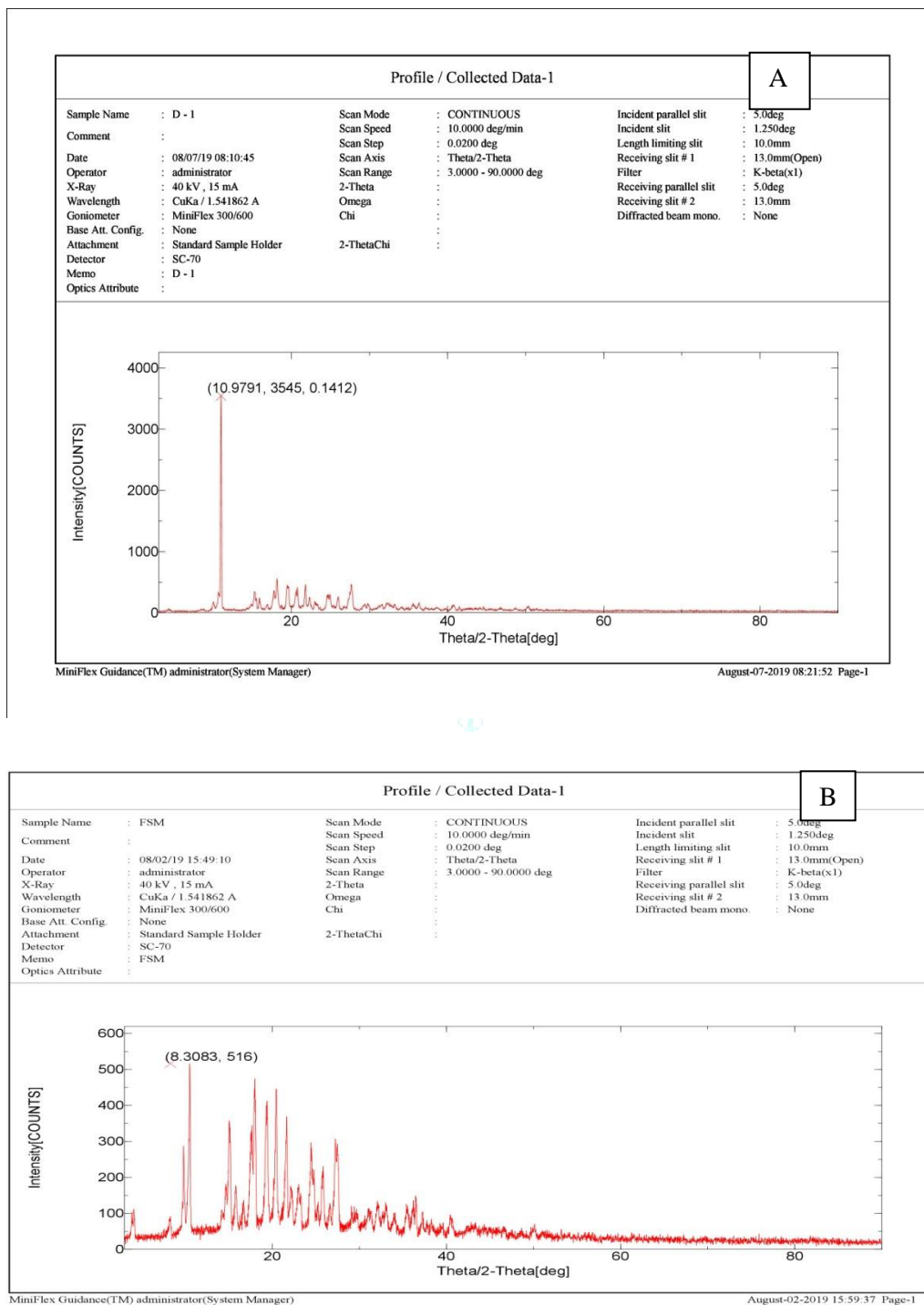
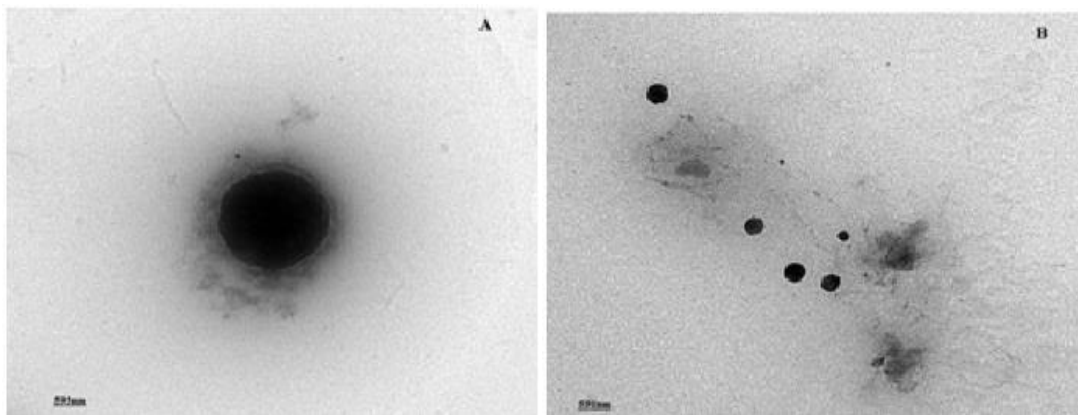


FIGURE 5: XRD studies of A) Drug B) Nanoparticles

**TEM Analysis:**

TEM micrographs of prepared nanoparticle formulation showed that the nanoparticles were spherical in shape. The

nanoparticles were found to be 593nm. The Transmission Electron Microscopy (TEM) confirmed the preparation of smooth and spherical nature of nanoparticles.



**FIGURE 6:** TEM micrographs of nanoparticles formulation

**In-vitro drug release studies:**

The effect of selected parameters on In vitro drug release studies of all formulations was evaluated. Initially all the formulations showed burst release of drug this may be due to the presence of drug near to surface of nanoparticles and then the drug release was gradually sustained.

Polymer concentration has immense effect on drug release from nanoparticles where, increasing polymer concentration resulted in decreased drug release rate. Formulation with drug: polymer ratio 1:2 showed lowest release rate. The percent of drug release decreased with increasing polymer concentration as shown in fig and this may be due to increase in polymer matrix at higher polymer concentration results in an increased diffusion path length.

Stirring speed has significant effect on drug release. From the study increase in stirring speed resulted in smaller

particles through which drug release was faster from the nanoparticles and lower stirring speed resulted in larger particles which retarded the drug release from nanoparticles. This is because smaller particles have high surface area exposed to medium so drug release was faster from those nanoparticles.

**Release Kinetics:**

Formulations F1 to F6 showed greater  $R^2$  for Zero order so, the order of kinetics is zero order release and F7 to F9 showed greater  $R^2$  values for first order release so the order of kinetics is first order; this is due to increased polymer concentration which retarded the drug release. The Korsmeyer's peppas release exponent ( $n$ ) value lies in the range of 0.5 to 1 for all the formulations which showed the mechanism of release was anomalous non fickkian diffusion means diffusion along with swelling of polymer. The results were shown in the following table 2:

**TABLE 2: In vitro Release Kinetics**

Formulation code	Zero order $R^2$ values	First order $R^2$ values	Higuchi $R^2$ values	Peppas release exponent ( $n$ )	Rate constant
F1	0.979	0.959	0.917	0.694	13.11
F2	0.957	0.926	0.933	0.640	13.20
F3	0.942	0.903	0.935	0.581	13.31
F4	0.982	0.938	0.871	0.691	10.15
F5	0.979	0.932	0.875	0.670	10.63
F6	0.973	0.931	0.859	0.641	10.97
F7	0.922	0.955	0.935	0.598	0.108
F8	0.931	0.978	0.951	0.618	0.124
F9	0.924	0.975	0.957	0.614	0.131

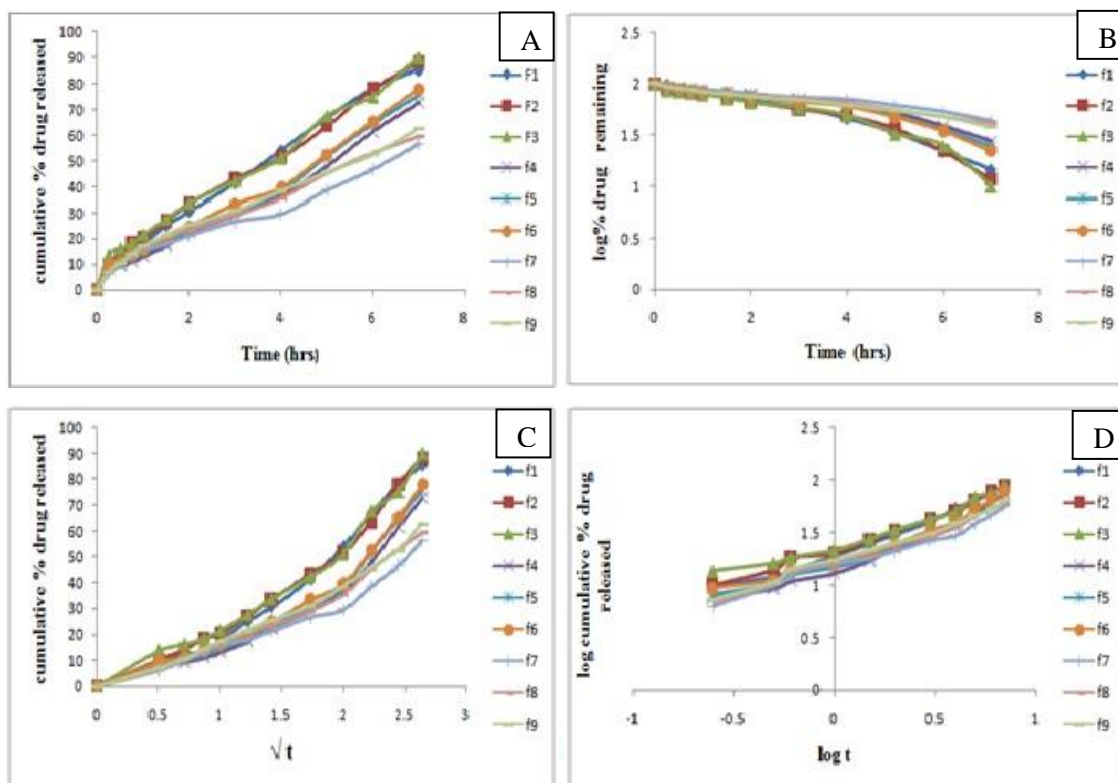


FIGURE 7: In vitro release studies A) Zero order release B) First order release C) Higuchi model D) Korsmeyer's model

## CONCLUSION:

The main use of the polymeric nanoparticles was to deliver the drug to the appropriate site and also to achieve the effective, controlled, protective drug delivery without any toxic side effects. By using this fenugreek seed polymer Diltiazem HCl which has short half-life was successfully incorporated to retard the drug release and prevent the drug degradation. The present research work revealed the use of fenugreek seed polymer as an effective rate controlling polymer in preparation of polymeric nanoparticles by desolvation method. From this study we concluded that the use of natural polymers for the preparation of nanoparticles is beneficial than toxic synthetic polymers.

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