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## The Free Press Vol 51, Issue 4, 09-30-2019

Alyson Peabody  
*University of Southern Maine*

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the  
fp

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# Dr. Robert Sanford appointed to Board of Environmental Protection



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**Personal T-Shirt Printing**

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12pm-2pm

Outside Woodbury Campus Center  
35 Bedford Street, Portland, ME

**USM THEATER DEPARTMENT PRESENTS**

**FORTUNE**, SEPTEMBER 6-8, 2019

**THE WOMEN WHO MAPPED THE STARS**, OCTOBER 4-13, 2019

**THE LOVE OF THE NIGHTINGALE**, NOVEMBER 15-24, 2019

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**CRIMES OF THE HEART**, APRIL 17-26, 2020

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**THE 2019-2020 USM THEATRE SEASON AIMS TO CELEBRATE THE WORK OF WOMEN PLAYWRIGHTS AND WOMEN DIRECTORS**

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THE FREE PRESS  
92 BEDFORD STREET,  
PORTLAND, MAINE 04101  
(207) 780-4084  
www.usmfreepress.org

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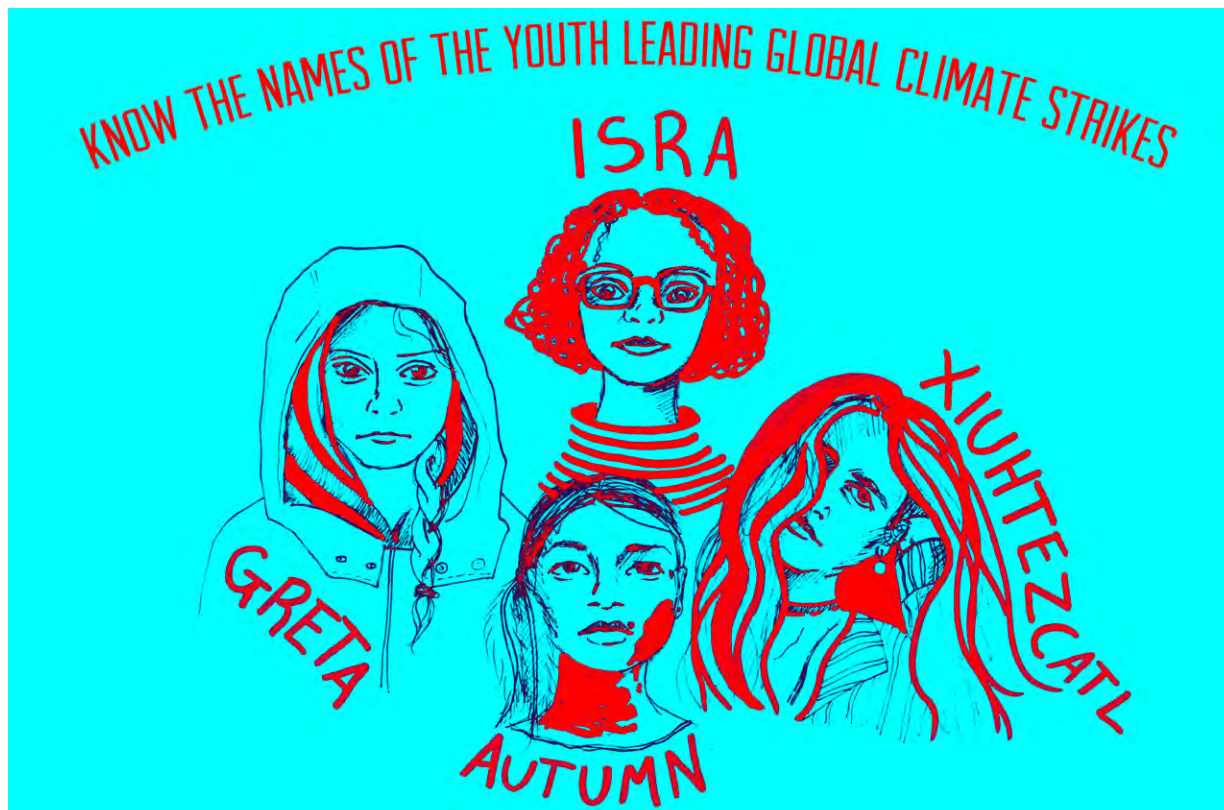
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**Cover:** Alyson Peabody / Editor-in-Chief



## Letter from The Editor

**Alyson Peabody**  
*Editor-in-Chief*

150 countries held Youth Climate Strikes over the last two weeks. One young woman's name has been leading the headlines: Greta Thunberg. She is a 16-year-old Swedish environmental activist who seeks to hold politicians accountable for their lack of action on the climate crisis. She is organizing global #FridaysForFuture, inviting everyone to speak out about environmental issues.

It is no secret that the conversation about climate change is a controversial one. Some see young activists as puppets to a cause. Others sensationalize the efforts of a single individual, forgetting to recognize the hard work of people outside of the spotlight.

The strides that Thunberg is making are not done alone. There are numerous people working hard to spark legislative action during this time of crisis.

Do you know Autumn Peltier?

Autumn Peltier is a 14-year-old storyteller and was appointed Chief Water Commissioner for the Anishinabek Nation. Peltier is a "water warrior" who was just nominated for the 2019 International Children's Peace Prize.

Do you know Isra Hirsy?

Isra Hirsy is 16 years old and is the co-founder of the U.S. Youth Climate Strike. She says the climate crisis "is the fight of my generation and it needs to be addressed urgently." Her mother is Congresswoman Ilhan Abdullahi Omar.

Do you know Xiuhtezcatl Martinez?

Xiuhtezcatl Martinez an 18-year-old indigenous climate activist and hip-hop artist. Martinez is the director of Earth Guardians Youth and has been on the front lines of the global youth-led environmental movement.

These four people are helping lead our generation into a time of reform for climate action.

That is the plan, anyway.

We have immortalized 16-year-olds in history before. Joan of Arc led an army. Anne Frank kept her journal during the Nazi occupation. Malala Yousafzai won the Nobel Prize. What makes the work of young people like Xiuhtezcatl Martinez, Isra Hirsy, Greta Thunberg and Autumn Peltier any different? Is it the fact that they are speaking out about an uncomfortable subject of a crisis that some people don't agree is happening?

I have read several statements by climate change deniers who say that

the work of scientists, professors and activists are a waste of time. They say that these kids need to stop being so brainwashed by the media. They say that activists who speak up are too young to know what they are talking about.

To that, I have some final questions. If there is no climate crisis, and if climate change is not real, then what is the harm in making changes to live more sustainably? What damage would be done if we all transitioned to renewable energy sources? Other than people not wanting to lose their current way of life, how would the quality of our lives be worse?

150 countries have people marching in climate strikes who believe in caring about the environment. That's not bipartisan. Taking care of the home shared by 7 billion people is not based on a political party or age.

The Earth isn't something you believe in. It exists.

It's time to take care of it.

*Alyson Peabody*

# Woodbury Campus Center closed due to flooding

## Relocations and new meal options in place after water main break

Amelia Bodge  
Staff Writer

Last weekend, the underground fire main going through Woodbury Student Center burst, shutting down the center for approximately two weeks. Some areas of the building experienced up to 6 inches of flooding. It was responded to immediately by campus staff and the Portland Fire Department. Engineers were brought in to determine the cause and repair the damage.

Nancy Griffin, Chief Operations Officer reported in an email to the USM community on Sept. 26 that a “2 inch hole” was found “about 8 feet down and encased in concrete.” The hole moved enough water and dirt to fill up to 6 inches of mud in Woodbury in all areas except the dining hall and kitchen. According to Griffin, the teams should be able to repair the hole then they will work to get the fire main and the fire system running again. “This is our top priority right now,” she said.

In the meantime, all programs and facilities housed in Woodbury have been relocated. The food pantry has been moved to 147 Luther Bonney and will be open from 10 a.m. to 4 p.m.. President Cummings, Dean Jo Williams and Sodexo each donated \$200 for a combined total of \$600 to replace food

damaged during the flooding.

The University Bookstore has been relocated to the first floor study room in Glickman Library. Students who have ordered books can now pick them up there.

The meditation and prayer space has been relocated to 714 Glickman.

Student Government Association has been relocated to 212 Abromson.

An open space for students is being set up in Sullivan.

Student Affairs/Dean of Students and the Diversity Center have not been officially relocated, but alternative locations are being explored.

Woodbury was the main source for hot meals on the Portland Campus but some alternative hot meal options are in the works.

Dining services will be offering alternative meal options until Woodbury Food Court and Cafe reopens. Meal equivalency can be used at Luther Bonney, Maine Law Cafe and the Glickman Library Starbucks. The meal equivalency will include a cold entrée (salad or sandwich), two sides (a fruit cup, breakfast bar, chips, cookie) and a beverage (hot coffee or bottled beverage).

A BBQ will be offered to students on Monday through Friday from 11 a.m. to 2 p.m. by the Community Garden. The Green



Dionne Smith / Director of Photography

Facilities has closed off the entrances to Woodbury Campus Center.

to Go Program in Brooks Dining Hall on the Gorham Campus is available for students to prepare and pack meals to take to Portland for the day. Hot breakfast sandwiches and soup are available in Luther Bonney and Maine Law School Cafe.

Students who were employed at Woodbury Campus Center are instructed to contact their supervisors to get more information about where they will be transferred to.

Updates will be made when more information becomes available. **FP**

# New vaccination laws create a grassroots movement

## Voters petition to VETO Governor Mill's LD 798 bill from May 2019

Paige Riddell  
Staff Writer

A significant change in Maine's Vaccination laws has people in an uproar. On May 24, 2019, Governor Janet Mills signed LD 798 that ended parents' ability to refuse vaccines for their children for religious or philosophical reasons. Though the new bill does not go into effect until September 2021, already a group is collecting signatures for Maine's VETO 798 bill.

Mills said in a statement after signing the bill into action, “As governor, it is my responsibility to protect the health and safety of all Maine people, and it has become clear that our current laws do not adequately protect against the risks posed to Mainers... People of goodwill hold sincere beliefs on both sides of the issue, but Maine has a vaccination opt-out rate that is three times higher than the national average for students entering Kindergarten and the state ranks seventh in the country for the rate of non-

medical exemptions taken among school-age children.”

According to the Maine CDC, religious and philosophical exemptions in the 2018-2019 school year were reaching an all-time high. Over 6.2% of kindergarteners entered public schools unvaccinated this past school year. This takes away the herd immunity that happens when most of the population is immunized, limiting the spread of disease. According to Maine Immunization Coalition, our communities need a high rates of immunization to protect those that are unable to get vaccinations, such as those going through chemotherapy or infants.

A group of mostly parents and others behind the grassroots movement gathered over 93,000 signatures, of people who also don't want LD 798 to go into effect. A supporter of the VETO 798 group explained her rationale.

“We want safety and choice. Most of the people fighting for choice are either A. a parent who want to delay or skip certain inoculations for their child's well being...B.

Completely believing in vaccines but do NOT want the government telling us what we have to have injected to receive an education or employment... C. Knowledge about the toxins in vaccines, like me, who don't want to take the risk... This bill treats us like we're idiots. If we don't stand for freedom now we are going to lose it. Again, this is not about just vaccines.”

Over the summer the VETO 798 group gathered and submitted to the state, enough signatures to pass the necessary requirements for a ‘people's veto’. They had 90 days after adjournment of the legislative session that the act was passed in. The VETO 798 group needed 63,067, ten percent of the votes cast for Governor, which they successfully achieved. Secretary of State's Office has 30 days to review these signatures. If all the hurdles are cleared, the issue would appear on the March 2020 ballot in the state of Maine.

Cara Sacks, one of the founders of the grassroots, effort spoke about how this bill affects everyone.

“The bill in general, there have been other attempts in the past that remove the exemptions and it didn't go through. This bill is so broad and so overreaching. It took away both exemptions at once both philosophical and religious, and the scope of the bill includes all schools. That made people really kind of stand up and think critically.”

She suggested replacing the word vaccine with a different requirement for someones body, it would become clear that LD 798 is government mandating what you have to do to get an education. This is a slippery slope, according to Sacks.

“No one is advocating that kids shouldn't be vaccinated,” Sacks states very clearly. VETO 798's overall effort is to keep the philosophical and religious exemptions.

If LD 798 takes effect, all Maine university system students will have to be fully immunized. On October 18, the Secretary of State will announce whether this issue will be on the March ballot. After that, it comes down to the voters. **FP**

# Solving Maine's lead poisoning problem

Maine Congressman proposes initiative for country wide lead poison solutions

Kate Rogers  
News Editor

Maine congressman, Jared Golden, proposed a billion dollar effort to remove lead paint everywhere in the country. The act is called Golden's Lead Free Future.

Lead poisoning is preventable, yet it is one of the major environmental health threats for children in Maine. Robert Long, the Communications Director for the Maine Center for Disease Control (CDC) and Prevention, says that it is too early to say much about the proposal, but that any efforts to reduce lead poisoning in Maine are good.

"The Maine CDC has made steady progress in recent years, so additional resources would help us keep the needle moving in the right direction," Long said.

Exposure to lead causes brain damage that can create irreparable learning and behavioral problems. Lead poisoning in Maine is primarily a consequence of exposure to dust from lead paint in old Maine homes. Children between the ages of nine months and three years are at the greatest risk due to crawling and play behavior with frequent hand-to-mouth activities. 87% of children live in housing built before 1950. Of that percentage, 79% of children live in housing with identifiable lead paint hazards. While lead paint was banned in the 1970s,

houses from before 1950 have posed the greatest risk according to the CDC's research.

"Lead poisoning robs thousands of Maine kids of a healthy life and it costs our communities billions of dollars they desperately need," said Congressman Golden in the September 19 press release. "Yet our government has been content with the status quo that waits to remove lead from homes until after a child has been poisoned."

According to Andrew Smith, a state toxicologist for the MCDC, making a single apartment unit safe can cost upwards of ten thousand dollars. While there are aid programs in place for homeowners who can't afford to fix the problems themselves, these are largely from independent organizations and

Free lead dust tests are available to families with children at risk of lead poisoning to identify homes with lead-based substances before children are poisoned. According to the report, there are two major ways the Department makes these preventative lead dust tests available to families: through mass media activities, including an annual targeted mailing to all Maine families with one-year-old children, and through a partnership with the Department's Home Visiting Program. If parents have young children and live in pre-1950 housing, they can reach

"Lead poisoning robs thousands of Maine kids of healthy life and it costs our communities billions of dollars they desperately need."

-Jared Golden  
U.S. Congressman

out to the MCDC for assistance. The ultimate goal is to prevent lead poisoning before it happens.

In 2017, over 300 children were newly identified as lead poisoned. However, the numbers have been steadily going down due to significant efforts. According to Smith, the average blood lead level of children in the 1970s was 15  $\mu\text{g}/\text{dL}$  because there was lead in gasoline. "That was probably my level," Smith said. Now, according to a report put out by the MCDC and Prevention Maine Department of Health and Human Services in January of this year, average levels in children aged 1-5 are down to 3.5  $\mu\text{g}/\text{dL}$ . There is no safe level of lead in a child's blood but these are significant improve-

ments.

According to the Maine Center for Disease Control, testing for lead levels in children ages one to two is far from being met. Through the LPPF, the Department will provide \$35,000 in annual funding to community outreach and education about lead poisoning in the five highest-risk areas: Augusta/Gardiner, Bangor, Biddeford/Saco, Lewiston/Auburn and Portland/Westbrook.

Over the coming year, the Department will determine whether to expand its community-based approach to the communities of Waterville and Skowhegan, as well as to reinstate funding to Sanford, which was previously funded as a high-risk area. **FP**

Figure 2: The Lead Poisoning Control Act (22 MRS §§ 1314-1329) construct

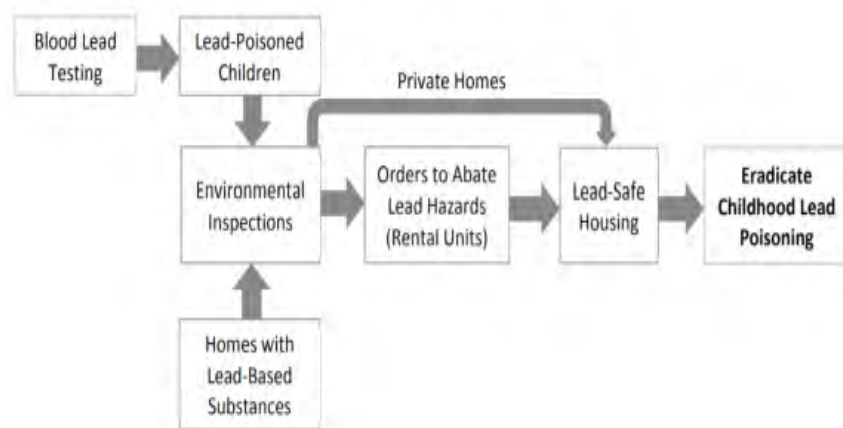


Figure 3: The Lead Poisoning Control Act construct with Lead Poisoning Prevention Fund activities (22 MRS § 1322-E)



Graphics courtesy of the Maine Center for Disease Control

Illustrations of the plans to prevent lead poisoning, basic and with new funded plans

# USM Joins the University of the Arctic

*The new North Atlantic connections provides partnership opportunities*

Abby Nelson  
Staff Writer

On September 18, USM was officially accepted into the University of the Arctic. UArctic is an association of over 200 colleges, universities, research institutes and other non-profits from the North Arctic region with a mission to “empower the people of the Circumpolar North by providing unique educational and research opportunities through collaboration within a powerful network of members,” according to the UArctic website.

“Over the past four years, the University of Southern Maine has played a leading state and national role in establishing North Atlantic partnerships and initiatives with universities and organizations here and overseas,” President Cummings said. “Being approved for membership in the University of the Arctic will now provide new research and partnership opportunities for our faculty and students in this ever-increasing important region of the world.”

President Cummings just returned from Sweden, where he gave a presentation before being accepted as a member of the UArctic.



Dionne Smith, Director of Photography

*President Glenn Cummings on the Gorham Campus*

of UArctic is one piece of USM’s ongoing work in the North Atlantic.” An example of this is the MeRTEC/Honors Program Scholarships offered by USM to help students spend a semester in Iceland or Norway while interning at a local company.

By joining the UArctic, USM, through the Maine-North Atlantic Institute, will enable programs like the MeRTEC/Honors Program to access funding and collaborators in the Arctic and High North Atlantic regions which will expand avenues for students to get direct hands on international experiences where they will learn what is going on in the Arctic and its impact on other parts of the world.

“Through the Institute, USM is providing them (students) the opportunity to be engaged globally in a way that matters and informs their career pathways. For example, the Institute enables our students to be involved in those economic, social, environmental, cultural, and health questions related to the impacts of climate change on our communities and become leaders in the state in finding ways to solve those issues.” said Dr. Terry Shehata, the Senior Policy Associate for Research and Economic Development & Coordinator of the Maine

Economic Improvement Fund at USM as well as the point person for the Institute.

USM’s connections with the North Arctic region began in 2013 when Iceland’s oldest shipping company Eimskip,

that connections were first formed and the initiative to become a part of UArctic was conspired.

“To our pleasant surprise, the interest among not only the faculty, but the stu-

**“Through the Institute, USM is providing them (students) the opportunity to be engaged globally in a way that matters and informs their career pathways.”**

-Terry Shehata

Senior Policy Associate for Research and Economic Development & Coordinator of the Maine Economic Improvement fund at USM

moved its port of call from Virginia to Portland. This resulted in economical, social and educational exchanges with the Arctic, and USM wanted to be apart of it.

In 2015, a group of faculty from USM led by President Cummings traveled to Iceland where the annual Assembly of the Arctic meeting is held. It was there

dents, blossomed,” said Shehata, who was a member of the 2015 trip. He also accompanied President Cummings recently to Sweden.

This new connection shows that the university is not alone; there is a bigger initiative that reflects what the state of Maine is doing economically and socially with the Arctic. **FP**

**“Being approved for membership in the UNiversity of the Arctic will now provide new research and partnership oppurtunities for our faculty and students in this ever-increasing important region of the world”**

-President Glenn Cummings

“There’s a lot going on,” said Ross Hickey, the Assistant Provost for Research Integrity at USM, “From collaborative courses, Reykjavik University students taking USM classes online, and joint research initiatives. Becoming part

# Dr. Robert Sanford appointed to Board of Environmental Protection

*Governor Janet Mills nominated Dr. Sanford in July to assist with environmental decision-making*

**Kate Rogers**  
News Editor

Dr. Robert Sanford, the Chair of the Environmental Science & Policy Department at USM, was nominated and chosen by Governor Janet Mills for the Maine Board of Environmental Protection in July of this year. He hopes to promote a focus on research and environmental facts over opinions in his time on the board.

The Board of Environmental Protection is a board of seven volunteer citizens from different parts of Maine who assist in bringing public participation in decisions regarding environmental laws in the state. They deal with issues like environmental permits, environmental violations, lists of dangerous substances, etc. All the deliberations of the board are public and broadcasted, there is no part of the decision making process that is not. "It's a check on the system, make sure things are fair," Sanford said.

According to Sanford the board is "a quasi judicial system." They have attorneys come to present cases, and the board acts as a jury of sorts. "We don't have opinions, because we have to be the fact finders," Sanford said. "If you come in with an agenda



*Robert Sanford. Courtesy of USM website*  
it's not a good thing."

With all the projects that go before the board, Sanford said that the more research done, the better. Good projects will reveal themselves to be good the more research is done, and research done on bad projects can reveal how to make them better. Every project is going to change the environment somehow and the board's goal is to decide if

"These aren't political issues, they're facts ... we all have to unite to respond to that."

-Robert Sanford  
Chair of the Environmental Science & Policy Department

the outcome is worth the change according to Sanford. "It meets the needs of the public without compromising the environment," Sanford said about a good project.

The importance of recognizing and researching the facts of environmental change is something that Sanford aims to bring to all of his administrative and educational positions. He pointed out that America has the largest percentage of people in the world

who don't believe in climate change.

One of the biggest problems with climate change awareness according to Sanford is that people don't know the early signs of climate change. They wait until the ecosystems physically change and by then it's often too late. One of the first changes is with disease, because insect populations that carry the diseases are growing and changing. This is why diseases like malaria and Eastern equine encephalitis are becoming problems, and why vaccines are so important according to Sanford.

"These aren't political issues, they're facts ... we all have to unite to respond to that," Sanford said.

According to Sanford; the administration before Governor Mills' gave the Board less authority, but now they are able to make more meaningful change. Governor Mills announced to world leaders at the UN Summit that Maine would become carbon neutral by 2045, according to the Portland Press Herald. There are many projects in the works to help Maine deal with the new environment. "The old ways of doing things aren't going to work anymore," Sanford said. **FP**

# UMaine School of Law will separate from USM in 2022

*Maine's only law school will become financially independent*

**Jenasa Staples**  
Staff Writer

Earlier this year the University of Maine board of trustees made the decision to separate Maine Law and USM starting in 2022. Maine Law is the only law school in Maine and is known for being the second institution in the nation that provides privacy certificates, a now growing field. Maine Law is also known for giving back to Maine since 75% of graduates stay in Maine working as lawyers at big law firms as well as small town family owned firms.

Maine Law dean, Dimitri Bam, explains that Maine Law was never a division of USM, it has always been its own institution but because it is on USM's campus the funds for Maine Law flowed through USM. He says that the change now is that funds for the budget of Maine Law will be coming directly from the University of Maine System. Bam says, "This is a good arrangement where everyone wins." Maine Law has been in a deficit the past few years due

to a lack of students going to law school and USM has been bridging the gap for them but now with this new decision, Maine Law will get what they need for their budget and USM will not have to bear anything financially. Bam says that there are still decisions about this change being discussed but as of right now, students going to Maine Law will still share the gym, mental health services, and a few other facilities at USM. Bam says, "The biggest change is the reporting structure." Bam will be reporting straight to the chancellor instead of USM.

The President of USM, Glenn Cummings, says, "It's a win, win. This will be very good for USM because we will maintain a strong connection with Maine Law and we don't have to maintain their bills." Cummings also says that this change will benefit USM students. The money that was being given to Maine Law to help with its deficit is now planned to be used towards scholarships, new facilities and new research opportunities for students and faculty at USM.



*Logan Hughes / Staff Photographer*

*UMaine Law students in class*

Cliff McCarthy, a third year student at Maine Law expresses his feelings about the new change, "I have no strong feelings because I'm a third year student and I don't think it will affect me." Another third year student, Harriet Anderson, agrees, saying

that she likes Maine Law being separate from USM because she thinks Maine Law should be its own institution. "People think Maine Law is under the same umbrella as USM, and it's not." **FP**



# Art professor Michael Shaughnessy running for Mayor of Westbrook

*Artist, sculptor and entrepreneur campaigns for local government*

Alyson Peabody  
Editor-In-Chief

Professor Michael Shaughnessy has taught sculpture, design and drawing at USM for 32 years. He served as a Department Chair for 10 years and has served on the Faculty Senate. During his time on the Faculty Senate, he created the first ever degree in Art and Entrepreneurship.

Now, artist, sculptor and entrepreneur, Michael Shaughnessy, is running for Mayor of Westbrook.

“We must be willing to think big and know that small places can have major effects,” he said. “With a strong team effort within the city and larger community, Westbrook can be a place where people are drawn to, find great joy in and that establishes new precedents – leading

**and engage more fully with economies of scale.** As we seek ways to reduce costs we must learn to share and collaborate more fully with our neighbor communities. We need to bring groups together to find ways that collectively we can build capacities and distribute costs. If not, we will simply be satisfied with the constant spiral of raising rates and cutting deeper into our services.”

Shaughnessy was first encouraged to run for mayor in 2016. He had been living in Westbrook for 18 months, engaging with projects in and around the city for years. Despite losing the running by one percent, his perseverance never wavered. He has served on the Discover Downtown Westbrook Design Committee, Westbrook Arts and Culture and Westbrook Recreation and Conservation

“We can and must set out to build, strengthen and give greater voice to and connection within our neighborhoods.”

-Michael Shaughnessy

rather than following.”

Three of Shaughnessy’s broad initiatives are grounded in community, sustainability and resource distribution.

1. **“Our people, communities and neighborhoods need stronger voices within city government.** Everything we do should have our sense of community as a root concern. We can and must set out to build, strengthen and give greater voice to and connection within our neighborhoods. In doing this and by having a stronger connection between each other neighborhoods are safer, more influential, more joyful and have greater quality of life.”

2. **“In this age a sustainability initiative is not an option — it is a requirement.** We can, with innovation, set a standard for sustainability and environmental stewardship. We owe this to future generations. We can do this through such things as solar initiatives; alternative transportation and walkability initiatives; strengthening our parks and waterways; promoting sustainable local food production; and seeking new and more varied housing options.”

3. **“We must seek new ways to build regional partnerships, share resources**

Commission. He was influential in the street painting project in Riverbank Park.

Shaughnessy is a founder of the Friends of the Presumpscot River (FOPR) and has been board president for over ten years. FOPR is the lead organization for the restoration of the Presumpscot River. They are involved in multi-year efforts to implement river upgrades, educational programs, fish passage and dam removals.

“After many years of negotiations, the dams at Saccarappa Falls are being removed and fish passage gained,” he said.

Shaughnessy said that his commitment to Westbrook will not waver, regardless of the election’s outcome.

“As an environmentalist, I value our connection to the natural world,” he said. “As a teacher, I seek to build in people the skills and confidence to pursue individual visions. As a father, husband, faculty member, organizational leader and citizen I have learned well, and will bring to the position of Mayor the understanding that we are stronger when we work collaboratively...”

Shaughnessy’s passion for art and entrepreneurial endeavors started in Kansas City, where he grew up. His father was an archi-



Nora Devin / Staff Photographer

Shaughnessy demonstrating plaster carving with a student in the sculpture studio.

“With a strong team effort within the city and larger community, Westbrook can be a place where people are drawn to, find great joy in and that establishes new precedents- leading rather than following.”

-Michael Shaughnessy

tect and his mother was an entrepreneur who started Olde Theater Architectural Salvage Company. Shaughnessy’s mother was the first female owner of any architectural salvage company in the country.

“It was a place that was based in seeing the possibility of things others have traditionally discarded,” he said.

See **ART FACULTY** on page 5



Nora Devin / Staff Photographer

### Shaughnessy in the classroom

From **ART FACULTY** on page 4

“It was a place that was based in seeing the possibility of things others have traditionally discarded,” he said. “It gave me a firm understanding and belief in the importance of historic preservation.”

His parents were strong community activists. They were formative in building Kansas City’s neighborhoods. His father served as a city councilman and his mother was instrumental in saving the Union Station.

Shaughnessy attended mostly Catholic Schools through high school and went on to study Art at the University of Missouri in Kansas City and Ohio University. He received a BA in Art and then spent two years at Ohio University in Athens where he received an MFA.

After returning to Kansas City, he received a studio grant at MoMA PS1 in New York City, one of the oldest and largest nonprofit contemporary art insti-

tutions in the United States.

Shaughnessy lived in Gorham, Windham and Portland before moving to Westbrook. While living in Windham,

“I worked on establishing design guidelines. I was part of a broad based multi-year effort to rezone the town with new commercial and residential districts

decisions, and moved the municipal elections to November,” he said.

Shaughnessy currently lives in a four-generation household in Westbrook with his wife Malory Otteson Shaughnessy. They’ve raised four sons and have three grandchildren. Their house is “fondly known as the Conant Homestead in honor of Ellie Conant and the family that had long lived there prior to us.” Shaughnessy’s son, Tulleigh, is re-engaging its historic use as a farm. His hope is to create a “strong sense of community involvement” and will host “demonstration gardens and public events.”

Michael Shaughnessy will appear on the ballot Tuesday November 5 alongside Michael T. Foley, Michael (Mike) Sanphy and Philip D. Spiller, Jr. Polls will be open from 7 a.m. to 8 p.m.

All voters will vote at the Westbrook Community Center Gym (426 Bridge Street). **FP**

**“As a father, husband, faculty member, organizational leader and citizen I have learned well, and will bring to the position of Mayor the understanding that we are stronger when we work collaboratively.”**

-Michael Shaughnessy

Shaughnessy served on the Windham Town Council for three years. and ordinances, consolidated polling locations, engaged in budget and personnel

# Following the impeachment investigation on President Trump

*A summary of the events currently surrounding the impeachment trials*

Kate Rogers  
News Editor

This week, the House of Representatives issued their first subpoena for an impeachment investigation led by House Speaker Nancy Pelosi on President Trump. The investigation is taking place after the White House released a record of his phone call with Ukrainian President, Volodymyr Zelenskiy, according to the Washington Post. If the Trump Administration provides the evidence requested, the Democrats may have a case against the President. However, if the administration does not, there may still be a case based on obstruction.

A whistleblower from the White House issued a complaint concerning this phone call due to the call's subject matter and that it was conducted on a specific line that not all of the administration has access to records of. The report from this source claimed that the President was abusing his power to convince foreign countries to interfere in the upcoming election, according to CNN.

According to the whistleblower, this has been in the works for several months.

If the report is true, President Trump has violated several laws. Democrats in the House have begun looking for witnesses and evidence to support the whistleblower's claims. According to the New York Times, the first person they summoned to provide them with information is Secretary of State Mike Pompeo. They say that more subpoenas and a possible impeachment hearing will come next week. The process of finding evidence will not be public for the most part, "to speed up the fact-finding process and avoid the political implications of public hearing," according to the New York Times.

During the phone call in question,

President Zelenskiy confirmed that the Ukraine wanted to buy weapons from the U.S. After this, President Trump asked a "favor" that an investigation be done on Vice President Joe Biden, according to NPR. He then said that he would have his attorneys follow up with this investigation according to CNN. This seems to coincide with the report that tampering with the election is being attempted, as Vice President Biden is a possible candidate for the 2020 election.

President Trump has defended the call, saying there was nothing wrong with it and that it was just a "perfect" call with a foreign dignitary. He called the investigation Democrats a "witch hunt" on his Twitter.

The White House has been using executive privilege as an excuse to hide witnesses and records, including past records of conversations the President had, from the rest of the government. This is why information on past dealings with Russia that have been suspect for the President's entire time in office has not been available for investigation. It is not clear yet why these dealings with the Ukraine specifically have begun the process of impeachment according to NPR.

So far, according to the New York Times the subpoena issued has required the following: A full record of the call with President Zelenskiy, as well as a list of everyone who listened to or read transcripts of the call and any records concerning it. Any information on investigations done by Rudy Giuliani, President Trump's lawyer, on Vice President Biden or any interactions with the Ukraine. Records of the President's administration keeping security aid from the Ukraine. Depositions from officials who were named in the whistleblower report as well as others who are connected to pol-



Dakota Tibbetts / Designer

icy work in the Ukraine— one of these officials, United States special envoy to the Ukraine Kurt D. Volker, stepped down shortly after.

A meeting with the whistleblower is also being attempted by the Intelligence Committee.

According to Fox News, President

Trump has mentioned that this impeachment investigation may stall legislation, specifically new gun laws. Pelosi disagrees, saying that the two things could proceed at the same time. The Senate has passed temporary government funding to prevent a government shutdown during these proceedings. **FP**

## This is a developing story that will continue in Issue 5 on Oct 7

*Students, faculty and staff who are keeping up with the impeachment investigation can email their thoughts to:*

*editor@usmfreepress.org*

*Include your name, major/department in the email*

# Arts & Culture

## Multifaceted photography collection exhibited at USM

*Worldly collection presented by MMPA at Glickman Library*

**Max Lorber**  
Arts & Culture Editor

Flanked by rows of books on the fifth floor of the Glickman Library, the eclectic Barbara Morris Goodbody collection of photographic prints is on display until October 30th. This wide-ranging assembly was created by several photographers from around the world and presented by the Maine Museum of Photographic Arts.

This is the first time the MMPA is displaying a private collection of photographs. The exhibition is not focused on a topic or theme, nor is it a retrospective, but rather an expression of the collector's interests and philosophy pertaining to the photographic medium.

"These images were acquired over the last 30 plus years and give insight to the compassionate world view of the collector," Denise Froehlich, the curator, director and co-founder of the MMPA, said about the exhibition.

A majority of the prints are black and white, with color photographs tactfully dispersed throughout the arrangement.

There are many different forms of the photographic medium being shown, including architectural, landscape, portrait and composite imagery.

The prints include a scene from the streets of Havana, Cuba and an abstract form conceived of cyanotype and silver leaf. Two tigers captured in color sit in one corner of the exhibition, while a double exposure of Times Square and a rippling pool of water occupies a space in the main section. A puppy napping on the backside of a lounging cow is juxtaposed with a portrait of Albert Einstein. The collection as a whole exposes Barbara Goodbody's penchant for curiosity and her sophisticated taste.

"Maine is really lucky to have access to such an important collection," Froehlich said.

Goodbody is a photographer and philanthropist as well as a collector. In Portland she has exhibited her work at the Addison Woolley Gallery, VoxPhotographs, and the gallery at the University of New England. She founded the Bertha Crosley Ball Center for Compassion, an



Dionne Smith / Director of Photography

### A portion of the Barbara Morris Goodbody exhibit

organization that promotes compassion and engagement through experimental and research-based educational programs at USM. Goodbody is also a trustee emer-

Workshops. Since the 1970's she has contributed to most of the art institutions in Maine. When the MMPA was founded in 2010, Goodbody was an original member of the advisory board and was instrumental in helping the organization take form.

Froehlich originally intended the MMPA to be a pop-up organization that worked with other museums and art institutions to exhibit work created in Maine. A year after the organization was founded, Froehlich was given a permanent space by Judy Glickman. Since then, with the help of Glickman and Goodbody, the MMPA has grown into an independent entity and continued to thrive, running exhibitions on the fifth floor of the library on USM's Portland campus. According to Froehlich, at that time she felt the opportunities to exhibit photographs in Maine were scarce. Since 2010, the MMPA has presented over 200 photographers, and has remained focused on fostering the community of photographers and collectors in the state of Maine. By the end of this year Froehlich is hoping to double the size of the advisory board and triple the budget. **FP**

"Maine is really lucky to have access to such an important collection."

- Denise Froehlich  
Curator, Director, and  
Co-Founder of the Maine  
Museum of Photographic Arts



Dionne Smith / Director of Photography

An arrangement of some of the black and white photographs at MMPA

itus of the Portland Museum of Arts and a former board member of the Maine Media

# Artist of the Week: Stephen Bennett

## *USM filmmaker pioneering new Maine film festival*

Ryan Farrell  
Staff Writer

Director and short film producer, Stephen Bennett, doesn't have a need for expensive equipment. He is a practical filmmaker with complex visions.

After transferring from Connecticut College last year, Bennett found that video projects have helped him make friends with people who share his passion for film. Bennett is a senior majoring in media studies with a minor in honors.

"The USM's media studies department is fantastic," he said. He named Nat Ives, Dennis Gilbert and Dan Panici as essential mentors. "I feel like a lot of film education or production education revolves around this idea of achieving technical perfection and as a result you are left with the idea of developing a voice for yourself--you're leaving that by the wayside."

While the media studies program has been essential to his development, Bennett wants to develop his own style with little to no budget. He is currently in the process of founding a film festival called Shit in the Dirt. He is looking to gather a variety of short, amateur films from around the country. Shit in the Dirt is a submission-based film festival that will showcase works from those with little to no technical experience or budget.

"I'd rather do something that's terrible

than do nothing," he said.

Bennett said that featured films could range from eight to ten minutes or eight to ten seconds. This nontraditional event is meant to showcase how a filmmaker's passion can transcend any monetary barrier.

Bennett never thought of himself as an artist for many years. He aspired to study dentistry until a course in biology caused him to reevaluate his career plans. He discovered his artistic eye during his junior year of high school in a photography class. The class gave him the drive to pursue his budding creativity. As Bennett's experience progressed, he discovered that he had a deep appreciation for handheld cameras. They inspiring him to produce different content.

During Bennett's senior year of high school, he created film projects for class credit. These films inspired him to do even more with his talent.

Bennett entered work into the 48 Hour Film Project, an international competition that had visited Portland and taken submissions from local filmmakers. Small groups had only 48 hours to create, shoot, and edit a film. Bennett took the challenge and made the most of the experience.

Bennett is currently preparing the Shit in the Dirt festival for a January debut and is taking submissions. **FP**



Dionne Smith / Director of Photography

Filmmaker, Stephen Bennett, posing in front of the camera below the Portland skywalk



Photo courtesy of Stephen Bennett

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# MWPA revives Maine Chapbook Series

*Currently accepting poetry submissions from Maine writers*

Max Lorber

Arts & Culture Editor

The Maine Writers and Publishers Alliance is breathing life back into the Maine Chapbook Series. Set to be published in the spring or early summer of 2020, the first Maine Chapbook in 20 years will contain a selection of poems written by a state resident. The cover will also be designed by an artist from Maine.

“As an organization that supports all writers, we want the Chapbook Series to highlight the wide array of writers living and working in Maine,” said Gibson Fay-LeBlanc, the current director of the MWPA.

A chapbook is a short collection of work usually under 40 pages in length and often small enough to fit in a back pocket. Generally being more inexpensive to publish, therefore cheaper in price, they are integral for emerging poets who wish to get their work into print and out to the public.

“Submitting to journals and magazines is one important way to have poems out in the world, but there’s nothing like that first chapbook or full-length collection,” Fay-LeBlanc said.

Winning a contest such as this and getting a collection of poetry into print has the potential to turn an amateur poet’s desire for recognition into a reality. According to Fay-LeBlanc, even getting a collection of work together for submission can help a poet view their work through a different lens.

Poetry submissions are being accepted until October 15th. The winner of the contest will receive 500 dollars and a notable lift in their literary profile.

Esteemed poet Martha Collins has been tapped to judge the submissions and select the collection that will eventually be printed. She has published several books of poetry herself, including *Blue Front*, *White Papers*, and *Admit One: An American Scrapbook*. Her latest collection *Because What Else Could I Do* is set to be released by The University of Pittsburgh Press.

The Maine Poet Laureate Stuart Kestebaum started The Maine Chapbook Series in 1983 with the Maine Arts Commission. The MWPA eventually took over the contest and publication of the chapbook



Berkeley Elias / Lead Photographer

## The sign for the headquarters of the MWPA in Glickman Library

until 1999, the last year it was released.

In 1991 the contest was judged by Donald Hall and the winner was Betsy Sholl. Hall went on to serve Poet Laureate of the United States later on, and Sholl went on to serve as Maine State Poet Laureate.

Next year the Maine Chapbook Series will be rotating on three year cycle, with next year’s contest in fiction prose, the year after that in nonfiction.

The MWPA is headquartered within the Glickman Library on USM’s Portland campus. It is one of the few organizations with the sole intention of upholding and steering Maine’s literary culture. In the Glickman Library the MWPA regularly holds advisory workshops for local writers, as well as discussion forums for professional authors. **FP**

“As an organization that supports all writers, we want the Chapbook Series to highlight the wide array of writers living and working in Maine”

- Gibson Fay-LeBlanc  
Director of the Maine Writers and Publishers Alliance

# PHOTO OF THE WEEK!

**Be featured in the Free Press!**



Submit your photo by 5:00 p.m. Thursday  
to [dionne.smith@maine.edu](mailto:dionne.smith@maine.edu)

Photo should be USM related or of the local area  
One entry per person per week

# MOVIE TALK

## Between Two Ferns: The Movie

*Web series movie adaptation lacks unpredictably of the original series*

Ryan Farrell  
Staff Writer

This weekend marked the release of the Netflix original film *Between Two Ferns: The Movie*. Zach Galifianakis certainly carries the film and makes it stand out from other comedies. While this purposefully uncomfortable comedy can be consistent with its web-series, its basic story prevents it from being great.

*Between Two Ferns: The Movie* is based on the web series of the same name. This 10-year-old mini series is presented by FunnyOrDie.com and features Zach Galifianakis insulting celebrities in a dry talkshow context. Guests range from actors like Bruce Willis and Brad Pitt to presidential candidates such as Hilary Clinton and Barack Obama.

The film elaborates on *Between Two Ferns*' concept. It relays the classical format with new celebrity guests, but it also explores new feats behind the camera.

Galifianakis' public access show is canceled when a catastrophic leak destroys his studio. Desperate, he begs his producer, Will Ferrell, for a late night talk show. Ferrell proposes that if Galifianakis can produce ten more episodes his dream will become a reality. Galifianakis and his production crew start their journey on the road, desperate for any celebrity that may come their way.

This film is at its best when it's reproducing the original format of the show. What makes it interesting is that the context of the story will influence the interview, adding variation to the format.

An example of this happens during Galifianakis' interview with David Letterman. Since it's the first show of the contract, Galifianakis is nervous. He chokes on his words, snaps at his assistants, and is ultimately countered by David Letterman. This adds variation to the routine.

Other stars featured in the film include Matthew McConaughey, Benedict Cumberbatch, and Tessa Thompson.

Behind the camera the comedy is less consistent. It starts by acting as a documentary for the series, prior to the leak. It evolves into a workspace comedy, reflecting the style used in *The Office*.

This is where the side characters play a major role. While they have unique personality traits, they really aren't that interesting. They either comment on Galifianakis' craziness or spew out a cliché line that is meant to move the plot along.



Photo courtesy of IMDB

The later half of the film is consistent with this, complementary with a stereotypical mope session and an inevitable reunion.

The original show is iconic for its unpredictability, which is sadly inconsistent throughout the film. These forced plot points make the film feel structured, which doesn't reflect the comedic style.

Ultimately, *Between Two Ferns: The Movie* is mainly appealing to those that are familiar with the web-series or other works of Galifianakis'. While there's a lot to appreciate, the cliché plot points drag the film down towards the end.

*Between Two Ferns: The Movie* is currently streaming on Netflix. **FP**



## A&C Listings

Wednesday, October 1  
8PM-10PM

**Student Poetry Slam Night**  
University of Southern Maine  
Gorham Campus  
Lower Brooks

Friday, October 4-Sunday, October 13  
Various Times

**The Women Who Mapped the Stars**  
University of Southern Maine  
Gorham Campus  
Russell Hall  
Register at <https://usm.maine.edu/muskie/data-impact>  
\$8 Students/Youth, \$12 Seniors 60+, \$12 Faculty/Staff/Alumni, \$16 General public

Saturday, October 5  
10AM-4PM

**Out of the Blue: Exploring Cyanotype, Book Arts Workshop with Jesseca Ferguson**  
University of Southern Maine  
Portland Campus  
Luther-Bonney Hall 424  
Register at <https://bit.ly/2mgzVSI>  
\$135 per person

Saturday, October 5  
1PM

**17th Annual Old-Fashioned Outdoor Band Concert and Barbecue**  
University of Southern Maine  
Gorham Campus  
In front of Corthell Hall  
*Free concert. Barbecue is Cash only, with individual food and beverage items ranging from \$1 - \$3*

Want to submit an event?  
[arts@usmfreepress.org](mailto:arts@usmfreepress.org)



# USM Community Page

## A day in the life of Kallee Gallant

*The triple major and ballerina shared the rundown of her day*

Zoe Bernardi  
Community Editor

Imagine working three jobs, being a triple major in mechanical engineering, physics and pure mathematics, attending 18 hours of ballet practice plus doing homework, eating three meals and sleeping the correct amount of hours a week. Seems almost impossible to do. However, Kallee Gallant a sophomore at USM manages to do all of the above.

Gallant who lives in Cumberland goes to class in both the Gorham and Portland campuses and drives to dance rehearsals in Falmouth. Her days are planned a week in advance among many pages of her bullet journal. Thursdays are her crazy days, rounding up all three majors with each class and ending it with ballet.

"I am defiantly not a morning person. I am such a night owl."

-Kallee Gallant

**6:15:** Gallant who says she is not a morning person wakes up at 6:15, and makes herself a smoothie for the road.

**7:15:** Sits in traffic on her commute from her home to Gorham for her first class, sipping on her smoothie and trying staying fully caffeinated.

**8:00:** 1st class is material science that Gallant takes Mon-Wed and Tue-Thur classes. She states that she rather have a class twice a week than once a week. Comparing it to interval training, "I like short bursts rather than long classes."

**10:15:** By now Gallant has finished her first class and driven back to Portland for her second class- math modeling.

**11:30:** In between her second and third class, Gallant tries to eat her lunch as she has class at 11:45.

**11:45:** Third and final class of the day is physics, where she finishes her lunch.

**1:00:** Gallant has been a learning assistant (LA) since her first semester, as she was apart of the early aspiration program here at USM, where she was a senior in high school taking college credit.

**2:00:** After an hour of office hours,

helping students with homework help for algebra based physics, Gallant works 8 to 9 hours a week as an LA.

**2:15:** When she finally leaves campus she goes over to the Maine State Ballet company, where she is a first soloist ballet dancer. Gallants likes to give herself over an hour to get ready for dance and does not like to be rushed.

**3:30:** Teaching 2nd and 4th grade ballet classes for an hour. She teaches 6 classes a week.

**5:45:** Once done with teaching Gallant moves right into her own rehearsal. These rehearsals are an hour and a half. Gallant dances 6 days out of the week. Plus this weekend she has a performance for the show Paquita and Firebird.

**7:45:** Finally home, she can finally eat and relax and prepare for the next day.

**11-11:30:** Bed time.

Gallant tries not to do homework on Thursdays. She makes this happen by keeping Wednesday as a deadline for finishing all of her school work. On Fridays she has one lab class where she is



Photo courtesy of Kallee Gallant

Gallant dancing on stage for Maine State Ballet Company

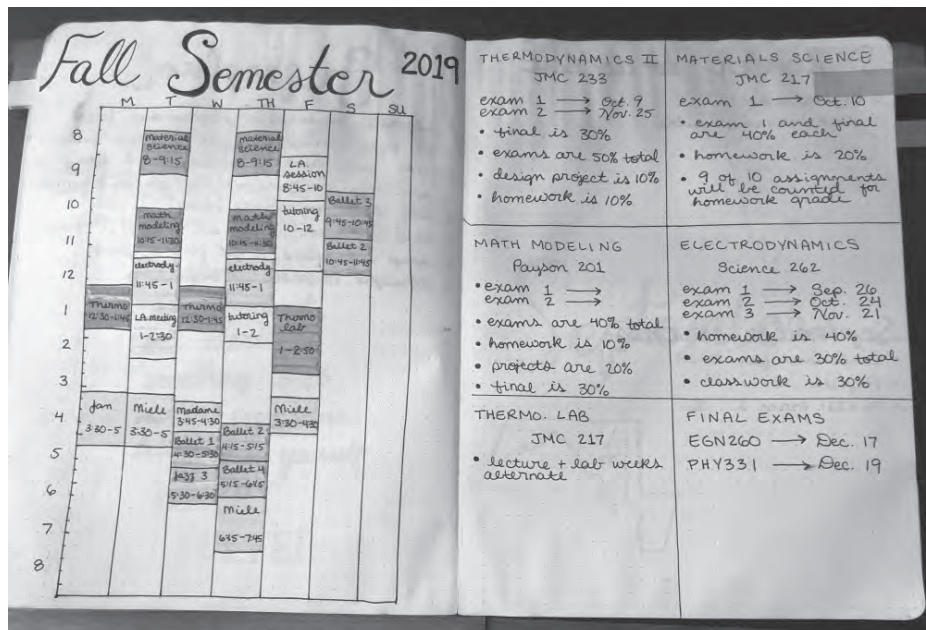


Photo courtesy of Kallee Gallant

Gallant's bullet journal and schedule

the LA, and then spends the day doing homework and class work. On Saturdays Gallant works her third job as a waitress and work staff at a restaurant in Falmouth.

To keep herself sane, Gallant values

her time alone in her many car rides everyday when she can listen to music or call a friend. These moments of silence allow Gallant to relax and have time to regroup before jumping back into her busy schedule. **FP**

# Faces of US: Gisele Mukundwa

*"We get to make the world a better place and make life a little bit easier for people."*

Lillian Lema  
Staff Writer

The student body and faculty walks around with their smartphones in hand and laptops in their backpacks. They ride the elevator. They drink out of the water fountain. All of these tools are a part of everyday life. Most don't think of how these objects are made, but an engineer does.

When it comes to explaining the role of an engineer, Gisele Mukundwa said, "solving problems using your math and science knowledge is the simplest way I can define the role of an engineer... every machine or device we use was designed by an engineer... they are the masterminds behind almost every piece of technology available to us."

Mukundwa is a senior majoring in electrical engineering. At 18 years, Mukundwa, left her home country of Rwanda with her family and moved to Utah. While in Utah, Gisele had to repeat her senior year of high school because she didn't know how to speak English very well.

"Back home we studied English," Gisele states, "but we would only speak it in the classroom while we were learning it and then we would go back to speaking our language."

After living for a year in Utah, Mukundwa moved to Maine. Soon after, she enrolled for the fall 2015 semester at Southern Maine Community College, where she started off as a biotech major.

However, once in the program she realized she was "not a biology person" and had doubts about the field. Instead of giving up, she switched her major to liberal studies, which gave her a chance to explore more classes.

"Giving up was not an option," Mukundwa said, "I knew I wanted to become an engineer, so I took classes within different engineering fields, and my circuits classes stood out to me the most."

In spring 2017, she graduated from SMCC with an Associates in science/pre-engineering. That fall, Mukundwa began her academic career at USM. She enrolled as an electrical engineer major.

Her love for math, science and knowing how things work are the key reasons she is intrigued with electrical engineer. "In today's world, everything is becoming electrical," Mukundwa said.

Mukundwa had doubts about her major

and her abilities as a student. The fears of going into engineering for Mukundwa dealt with doubting if she would get a job in the field, how she would deal with language barrier challenges in a field that requires a lot of communication skills. She wondered if she was good enough.

She felt her classmates who grew up here in America had an advantage over her.

"People grow up here, in America, with all this technology and sources available to them," Mukundwa states. Back home in Rwanda, she describes there being one

**"Most things you don't have control over, all you can do is to do your best and have Faith."**

**-Gisele Mukundwa**

computer lab, a bit smaller than Luther Bonney's computer lab, that would fit one class of about 25 to 30 students.

"This lab was our only source of computers at our boarding school," Mukundwa explains.

Besides those concerns, she also thought that people here in America were better in all other aspects, such as tech savvy, communication, smarter, and privileged.

Now, as a senior at USM, Gisele has realized that one of the biggest lessons she has

learned is that "fake knowing" isn't going to get you far. Mukundwa describes "fake knowing" as

"trying to make it seem to everyone that you know what you are doing and talking about." Mukundwa said, "there are ethics involved... we are creating things that will affect people's lives so we can't pretend we know how to do our jobs."

During an internship interview, Mukundwa had written down on her resume that she had learned about circuits. When the interviewer told her to solve the circuit written on the board, she froze.

"I have learned about circuits, but the one on the board I couldn't remember how to solve it. My mind went blank,"



Nora Devin / Staff Photographer

**"Faking it until you make it' wasn't going to work in this field."**

**-Gisele Mukundwa**

Mukundwa said. "That is when I realized 'faking it until you make it' wasn't going to work in this field."

Since then, Mukundwa has been active in gaining more experience in the electrical

engineering field. She is currently a

design analysis of biosafety cabinets intern for The Baker Company.

Earlier this past summer, Mukundwa volunteered for STEM Sisters, where she explained the basics of circuits to middle school students.

"If I could give the Gisele from 2 years ago advice it would be that not everyone knows everything... and that's okay... if you don't know something, ask questions," Mukundwa said.

For Gisele Mukundwa, the drive to continue to become more knowledgeable in her field has to do with the fact that she applies what she learns into creating a better tomorrow.

"We get to make the world a better place and make life a little bit easier for people." **FP**

# QC2 Lab and Maine Brewers' Guild team-up in summer internship

## *Four students test local beer's chemical content*

**Zoe Bernardi**  
Community Editor

Over the summer four students, Kristi Hanscom, Scott Eugley, Zach Rohman and Gabby Hamm started an ongoing project with testing local beer and its chemical content when new ingredients were added into the recipe. This internship is work closely with the Maine Brewers Guild and the USM Quality Control Collaboratory Laboratory (QC2 lab). The QC2 lab is located on the Portland campus on the third floor of the science building.

The QC2 lab works in collaboration with the Maine Brewers' Guild. The guild defines itself on their website as "a non-profit organization dedicated to promoting and protecting the craft beer industry in Maine."

According to USM chemistry professor Lucille Benedict, who is the Director of the QC2 lab stated that the goal of the internship and ongoing projects is, "because there was a need in the local brewing community for help with quality control testing. The tests they needed could be done on the instrumentation in the lab I had, so I thought, what better fit then having students work with the community to provide them with the services they need and get a unique hands on education in chemistry."

This lab is specifically used to provide quality control testing, research and education for the local craft brewing companies. Benedict explained that the QC2 lab as, "dedicated to providing the craft beverage industry with quality control testing, research and education. All of these services are provided by USM faculty and students." The lab working alongside with the purpose of the internship, which is ongoing, and mostly confidential. The name of the brewery, beer used and equipment has to stay secret until more information has been found.

Since the project is still new and continuous throughout the school year, none of the actual testing has begun. These students are all working individually on gathering information and collecting data based off of testing samples, to prepare for the legitimate testing of the beer. Students are practicing the techniques and various ways of testing the chemical content with new and different equipment methods. These methods will be released when more data has been collected.

Each student plays a very important role in getting prepared for the true experi-



Enodi Lohomboli/ Staff Photographer



Enodi Lohomboli/ Staff Photographer

*The QC2 lab is located in the science building on the Portland campus*

ment. Benedict described how important it is that each student has their own task, "students have a unique, hands on lab experience. There is no better way to learn in the science then by working in a lab. These types of experiences give students a leg up when they graduate and apply for jobs and graduate schools."

Zach Rohman for example, a senior from Portland who is studying Computer Science with a chemistry minor. He stated that his goal in one section consists of testing the aromatic profiles of beer. For example, one of the breweries involved

with the QC2 lab is looking into adding honey to their beer. When honey or any new ingredient is added to beer many changes to the smell, color and taste of the beer, totally changing the chemicals within the beer.

Another student is Gabby Hamm, a Biochem major with a Physics minor. Her job within the internship is completely different to Rohman's. Hamm's project is device development. She is testing for bitterness, color and alcohol content. The device Hamm is creating would work with a smartphone to allow brewers to

do their own quality control, rather than sending in samples to other places. This device would help save money for brewers, be more convenient -- results a lot faster and be less time consuming more regular testing.

Benedict concluded with, "this lab has a unique twist, with the testing and brewery connections, there are great undergraduate research experiences all throughout USM! It's one of the things that makes USM a great choice for STEM majors. You don't get these types of experiences at other universities." **FP**

# Perspectives

Student Editorial

## Men's locker room privacy violations must stop

On Tuesday, September 24, 2019 at around 5pm, three female athletic department staff members entered the men's locker room at the Costello Sports Complex on the USM Gorham campus (first floor, public use men's locker room, room 120). There were several men inside the men's locker room at the time, changing and also showering naked.

To be clear, the three female staff members were cisgender women, college-aged, wearing blue USM athletic polos. They entered the men's locker room while men were already occupying the room. One of the women had long blonde hair, and another was pushing a supply cart through the men's locker room. They entered the men's locker room, they walked right past the open shower room (which I was showering in at the time), and proceeded to access the storage closet for supplies. The storage closet is situated between the two open shower rooms (room 121).

This has actually happened before around

the same time of day. The first time that it happened, I couldn't believe my eyes. It's as if USM thinks that it's perfectly fine for men to have their genitals exposed to women in a male-only area.

This is absolutely NOT the same thing as a cleaning-lady coming in and closing off the room with clearly visible signs while she cleans the room. The men's locker room was already in use with naked men inside when the women entered.

Therefore, I must surmise that this happens much more frequently than just the times that I happened to be there.

And there is a USM athletic department coordinator somewhere that actually permits this and thinks that this is perfectly acceptable.

This is absolutely not acceptable.

This is a violation of privacy.

This practice must stop.

I do not consent to this.

I feel violated.

Even writing this is giving me much

anxiety.

I thought that USM was suppose to be a safe zone, but I guess that doesn't include the men's locker room at Costello.

This event made me feel incredibly uncomfortable, which completely defeats the purpose of even having separate locker rooms for men and women.

The men's locker room is clearly labeled. There should be no women inside for any reason, whether it's staff or public - especially during regular hours while naked men are occupying the room.

Imagine if the roles were reversed - male athletic department staff members entering the women's locker room while naked women are inside. Or if a man decides to go in to retrieve a girlfriend's belonging for her. There would be an uproar; those men would find themselves in trouble with university law enforcement. Yet, it's perfectly fine for a female staff member to do the same thing in the men's locker room.

Or worse, what happens if a naked man

in the men's locker room decides to inappropriately approach one of these female staff members - while she's only in there to retrieve supplies?

There is clearly a double-standard going on here.

There are only two solutions here:

1. only male staff members should be permitted inside the men's locker room for any reason, or

2. move the contents of the storage closet outside the men's locker room (while retaining a policy that only permits men inside the men's locker room).

If this happens again, I will have my phone ready to video-record these female staff members entering and walking through the men's locker room - and I will send the video to everyone at USM - and I mean everyone.

Signed,

Violated Gym Member **FP**

Faculty Editorial

## Reminiscing with Lucinda Williams

Gregory Stowe  
Library Specialist

I remember that I had tumbled to Lucinda Williams before her breakout album, *Car Wheels on a Dirt Road*. Jim Pinfold, DJ on the morning Reasonable Music Show at WMPG played her song "Little Angel, Little Brother" from her album *Sweet Old World* and I was hooked.

I saw her at the State Theater around 1998 and later at Merrill Auditorium in 2003 just before my father died and at the height of the disaster in Iraq. Both shows were as good as anything I'd seen, and they were both different. The second performance seemed to mark the end of my seeing live music.

That has begun to change again.

I never thought I'd see her again, but she returned to the State Theater for her tour celebrating the twentieth anniversary of *Car Wheels*. I was leery at first, but it turned out to be like nothing I'd ever seen.

She was accompanied by a smaller band than I think I've ever seen her with. It was

just her on acoustic and electric rhythm guitar, a lead guitarist who may have been born with a guitar melded to his body, a bass player from someplace where Charles Mingus's jazz notes and Jimi Hendrix's psychic blues rock excursions were cross pollinated, and a drummer both fast and furious and also involved in voodoo rites of spell casting and Chinese sword poetry.

They played the entire album in sequence, but it was woven into Lucinda's long, wonderful rambling stories about the songs, about writing poetry, images of cats resting on a wall leading to puffs of clouds in the sky, photography, her father, lovers, bums, losers, posers and friends, tattered lyrics on walls, stick shift cars, young faces reflected in dashboard gauges, old faces, broken trailers, juke joints, faces pressed against car windows flowing in geographic road maps of the soul. She would get beautifully lost in her stream of consciousness, pulling herself back with her hands floating above her face.

None of it was rehearsed. I thought that it would demystify the songs, but instead it did the opposite. To hear stories about metal firecrackers, redwoods, broken dreams, shining light, to walk the old streets and dusty highways of Texas and Louisiana with Towns Van Zandt, Steve Earle, and Blaze Foley -- and feel the pain of "Drunken Angel", to hear a song "Concrete and Barbed Wire" written about Southern prison camps, the Berlin Wall, lost lovers, Leadbelly saying Good Night Irene suddenly sadly resonate again with new relevance twenty years later along the Mexican border -- to actually see the juxtaposition live of a song like "Joy" followed by "Jackson" is emotionally drenching.

Then she said, "Well now, we will play some songs from other albums" and went down the rabbit hole of dark American hollows. I remember some. The song "Foolishness" from her recent album, *Where the Spirit Meets the Bone*, is rendered vividly with extra lyrics about racism, walls, and hatred thrown

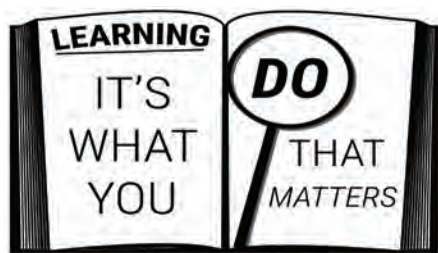
in - hitting a high note near the end with her cracking, aching voice holding the note for an eternity that just shattered the audience.

She really inspired me. The instrumentation was amazing both lyrically and gut busting and her voice was so wearily, sadly hopeful.

There was no end! She went on went on in the way her star-crossed friend did in "Lake Charles" and played a wicked cover of "Skip James' Killing Floor Blues." She's in her mid sixties now but she still has her grave richness as though her nearly weary voice has weathered into a piece of shiny old oak.

She lit up the audience with her oddly shy bluntness. The satisfaction the crowd reflected back lit her up as bright as the stars in the sky. She blew us away as she and her band played for over three hours in that old Art Deco movie theater built in the 1920's, without a break - no intermission.

I believe she is a treasured gift to this our poor valley country and a tattered world. **FP**



This week's article is adapted from our *Managing Your Learning Environment* web page.

A "learning environment" is any place where you are trying to take in new information, connect concepts, apply information, complete an assignment, or practice a new skill. That is, a learning environment is any environment in which you are trying to learn. The physical classroom, the virtual classroom (if taking an online or blended course), and the space where you do your homework and other academic "time-on-task" are all learning environments.

Students often share that they do their "studying" at home. Home may be a residence hall room, or off-campus apartment or house. Here's the challenge with this choice: there are many OTHER activities done at home.

The list is endless: watching TV, playing Xbox, practicing guitar, spending time with family and friends, taking a nap. The more

# Managing your learning environment

**Cristina Kerluke**

*Learning Commons Academic Support Program Specialist*

we do those activities, the more the brain associates those activities with that environment. The result? When sitting down to do our "studying" (academic time-on-task) at home, the brain says, "You know, instead of studying, I could be watching TV, playing Xbox, practicing guitar, spending time with family and friends, or taking a nap!"

Managing your learning environment, involves taking steps to maximize attention, reduce distractions, and be as productive as possible.

## Inside the Classroom

Sit in the front row or close to the front of the room. This helps with attention in a number of ways. First, there will be no students within your view, eliminating the distraction of other students having side conversations, doing non-class activities on a laptop, or texting on a cell phone. Secondly, being visible to your professor creates positive accountability so that you are far less likely to do any of those behaviors! Lastly, you will have the "best seat in the house" in terms of being able to see and hear the information.

Keep your phone in your bag and on silent. Even checking a quick text, SnapChat, or other

instant message can be a form of multitasking and "self-interrupts" your learning process.

If you need to use a laptop for note taking or other class-related activities, only open the applications you need for that task. It can be tempting to use your laptop in class to check email, Facebook or Instagram, other websites, or even gaming applications. Our brains are not designed to multitask!

## Outside the Classroom

Find a location away from home for your academic time-on-task that your brain will ONLY associate with learning. Consider both on-and off-campus locations, such as USM Libraries, empty classrooms, the campus center, or a coffee shop where you only go when it is time to study. This creates the cues that tell your brain, "It's study time!"

If studying at home, designate one space for learning. A separate room such as a home office is ideal, but for many students is not practical. Consider having one table or desk as your "go-to" learning area. This can minimize the cues associated with other activities that are done at home. On a related note, one of the LEAST productive places to do work at home is in bed!

Have only the materials you need for that particular study/work session. Often students will take out every textbook, notebook, and device, which can be overwhelming and distracting. By using the strategy of scheduling specific academic tasks for each study/work session as part of overall time management, you will know exactly what is to be accomplished during that time, and can plan accordingly by only having the materials for that task.

If noise is helpful, create your study "soundtrack." Some learners can get "into the zone" with the right noise. Having the TV on typically is a distraction, not an aid to attention. Instead, consider finding music that your brain will come to associate with learning. Having a study playlist in Spotify, Pandora, or other streaming platforms can quickly set the tone for your learning, much like having a workout or running mix can make all the difference!

Managing your learning environments can help you become an AGILE learner. Visit [usm.maine.edu/agile](http://usm.maine.edu/agile) for additional strategies, printable resources, a schedule of upcoming workshops, and to take our online poll for a chance to win AGILE swag! **FP**



**Janis Mallon, Ph. D.**

*Training Director/Senior Psychologist*

# Preventing suicide on college campuses

September is National Suicide Prevention Awareness Month; a month with a strong connection to higher education. Suicide is the second-leading cause of death among individuals from the typical college-going age of 20- to 24-years-old.

Sadly, more than 1,000 suicide deaths are recorded on college campuses per year. According to a 2016-17 study by the Healthy Minds Network, 21 percent of students had committed non-suicidal self-injury and 11 percent of students had suicidal thoughts over the past year. Per that same survey, 27 percent of students are unaware of where to go on their campus to seek professional help for their mental or emotional health". (ED Note Your Education Blog, Suicide Prevention on College Campuses).

Suicidal thoughts, much like mental health conditions, can affect anyone regardless of age, gender, or background. While surprisingly common, these thoughts should not be considered normal and often indicate more serious issues. In fact, suicide is often the result of an untreated men-

tal health condition.

Here at USM, there is help. Counseling services has trained professional counselors, psychologists, and graduate interns who can assess students for depression and suicidal thoughts, who possess the skills to intervene with evidence-based treatments.

During National Suicide Prevention Awareness Month, often students, staff, and faculty take time to share stories in an effort to shed light on this highly stigmatized topic. We at USM Health and Counseling Services want to use this month to reach out to those affected by suicide, raise awareness and connect individuals with suicidal ideation to treatment services.

This fall, Counseling Services is offering a few specific resources to students with the hopes of engaging in healthy conversations about mental health and suicide.

As a prevention measure, all USM freshman have received SEALEGS training, USMCares' suicide education & awareness initiative. Additionally, all Resident Directors and Resident Assistants have also received the training. We will be offering this training throughout the fall semester at the ROCC; it is open to students, faculty, and staff. Email [samantha.seebode@maine.edu](mailto:samantha.seebode@maine.edu)

if you'd like more information!

Another resource offered by USM is an anonymous survey screening for depression and anxiety. We know that the transition to college can be a tough one, and we hope to encourage students to reach out to Counseling Services when the struggle gets overwhelming. The survey aims to assess students without judgment and offers an opportunity for dialogue with a counseling intern to help determine the student's mental health needs. Produced by the American Foundation for Suicide Preven-

tion, this survey has been a great resource on campuses both locally and nationally; USM will continue to utilize this survey as a part of our ongoing suicide prevention efforts on-campus.

Lastly, Counseling Services is offering a set of psycho-educational groups on the Gorham campus this fall: Chill Skills for anxiety management, Walking Mindfully, Self-Compassion, and Relationship Rescue. There will also be an ongoing support group for freshman called Bold Arrivals. Call UHCS (780-4050) for the schedule and times. All groups begin the first week of October. **FP**

## On-Campus Resources

### University Health Services

156 Upton Hall, Gorham | (207) 780-5411  
008 Sullivan Gym, Portland | (207) 780-4701

### University Counseling Services

105 Payson Smith, Portland | (207) 780-4050  
156 Upton, Gorham | (207) 780-5411

### The Recovery Oriented Campus Center

208 Sullivan Gym, (207) 228-8043

## Off-Campus Resources

### Cumberland County Crisis Unit (Mobile Crisis) @ 774-HELP

State of Maine Crisis Line @ 1-888-568-1112

National Suicide Prevention Hotline @ 1-800-273-TALK

Trevor Project / LGBTQ Crisis Line @ 1-866-488-7386

Crisis Text Line (Also on FB) @ 741-741

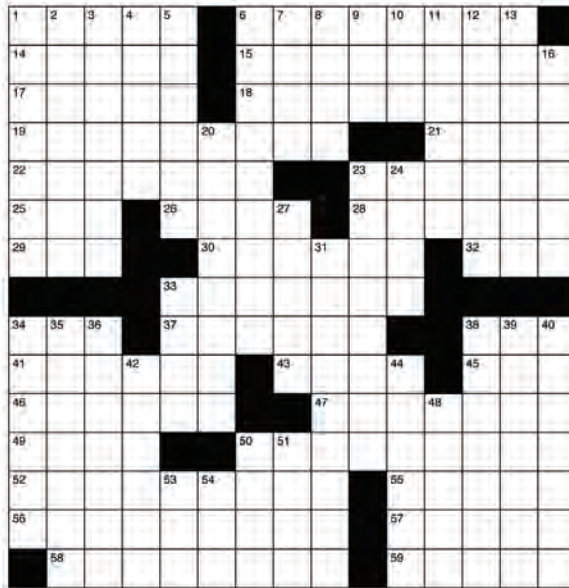
NAMI Warm Line (non-crisis peer support) @ 1-866-771-9276

Community Referrals & Information @ 211

Crossword

Across

- 1. Sleep \_\_\_\_ (breathing problem)
- 6. Kowtowing
- 14. Rose sticker
- 15. Senior captain of a fleet
- 17. Domesticates
- 18. Consisted of
- 19. Daytime TV character since January 5, 1970
- 21. Late Chinese leader
- 22. Meditation incantations
- 23. Actress Blake or Plummer
- 25. Edgar Allan \_\_\_\_
- 26. "Speak softly and carry \_\_\_\_ stick"
- 28. Smaller in amount
- 29. Common article
- 30. Child's injury
- 32. Sullivan and Begley
- 33. Military shop
- 34. Country lodging
- 37. Long, heavy overcoat
- 38. Canine command
- 41. "GoodFellas" star
- 43. "As \_\_\_\_ say..."
- 45. Gallery cheer
- 46. Forward flow
- 47. Cosmetics retail chain
- 49. Blood carrier
- 50. Energy sources
- 52. Happen finally
- 55. Night in Bonn
- 56. Greece/Turkey divider
- 57. Waters or Merman
- 58. Authentication stamp
- 59. Polished, as shoes



Down

- 1. Endeavor
- 2. Egyptian king
- 3. Election hopeful
- 4. Put up
- 5. Actor who played Cochise on TV
- 6. They may be special
- 7. Windfall
- 8. Noted plus-size model
- 9. Little pest
- 10. Frat.'s neighbor
- 11. New Balance competitor
- 12. What a dummy may make
- 13. Showed a tendency
- 16. Mystery writing awards
- 20. Judaic mysticism
- 23. Four-time Olympics gold medalist in discus throwing
- 24. "You're putting \_\_\_\_!"
- 27. Onetime Gambino head
- 31. Hearty entree
- 33. Lacerates
- 34. "\_\_\_\_ Rainy Night" (Eddie Rabbitt hit from 1981)
- 35. Assyrian capital
- 36. Deposed dictator Manuel
- 38. Trachea branches
- 39. Made of baked clay
- 40. Horrifying
- 42. Escape route
- 44. Thinks
- 48. Shrubby tract
- 50. Rocket org.
- 51. German foreign exchange student on "The Simpsons"
- 53. World chess champion Mikhail
- 54. Albuquerque coll.

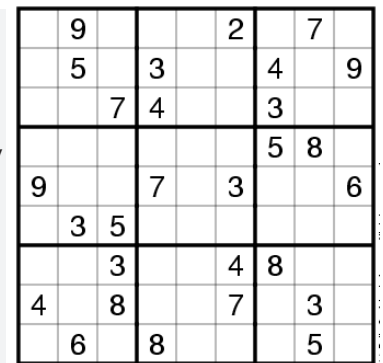
The solution to last issue's crossword



Sudoku

Level of difficulty: Medium

The object of a sudoku is to fill in the remaining squares so that every row, every column, and every 3 x 3 box contains each of the numbers from 1 to 9 exactly once.



Word Search

Theme: Fall

Search for the list of words in the grid of letters. Grab a pen and circle each word as you find them.



- apple
- autumn
- cider
- cornucopia
- fall
- feast
- football
- Halloween
- harvest
- hayride
- leaves
- November
- October
- pumpkin
- rake
- scarecrow
- season
- Thanksgiving

Cryptogram

O WNMBF LS M ANBI GWMBZ MXF JOEI  
EOXYNBON DWONS JWL YMAN ZLEOTN  
LSSOTNBG DWN GEOZ.

And here is your hint:

T = C

Every letter in a cryptogram stands for another letter. Use the hint to crack the code.

Horoscopes

 <p><b>Aries</b> (March 21 - April 19) Persistence pays off. If you hang in with your project, you'll reap the rewards in the end.</p>	 <p><b>Leo</b> (July 23 - August 22) A focus on the flaws is quite possible today. Don't criticize yourself excessively and don't take on too much. Be sensibly responsible.</p>	 <p><b>Sagittarius</b> (November 22 - December 21) It's in your best interests to defer to another today. Be willing to change your viewpoint.</p>
 <p><b>Taurus</b> (April 20 - May 20) Focus and concentration come more easily to you and your family today. A good time to work on completing unfinished projects.</p>	 <p><b>Virgo</b> (August 23 - September 22) A friend goes that extra mile for you today. Count your blessings and be appreciative.</p>	 <p><b>Capricorn</b> (December 22 - January 19) Although your eagerness and enthusiasm are an asset today, beware of slipping into rash or impulsive behavior.</p>
 <p><b>Gemini</b> (May 21 - June 20) A good day for interacting with others. Choose something sociable which you would like to do with the one you love--and do it!</p>	 <p><b>Libra</b> (September 23 - October 22) Everyone wants a piece of your time today, and you feel frazzled. Take a deep breath and deal with one person at a time.</p>	 <p><b>Aquarius</b> (January 20 - February 18) Today you need to take at least one concrete, definite step toward creating the ideal working situation you have in your mind.</p>
 <p><b>Cancer</b> (June 21 - July 22) You and a partner may want to examine carefully your current financial plan. Revisions allow you to use your resources more sensibly.</p>	 <p><b>Scorpio</b> (October 23 - November 21) You could feel very scattered and overwhelmed today as you try to be all things to all people. It is not your job to do EVERYTHING!</p>	 <p><b>Pisces</b> (February 19 - March 20) Teamwork comes naturally today. The urge to cooperate with others is strong and your diplomacy makes the atmosphere pleasant.</p>

# Sports

## Tuesday

### Field Hockey

vs. Salem St.  
6:00 p.m.

## Wednesday

### Women's Volleyball

vs. Plymouth St.  
7:00 p.m.

## Thursday

### Golf

@ MMA Mariner  
Golf Invitational  
10:00 a.m.

## Saturday

### Women's Soccer

vs. Eastern  
Conn. St.  
1:00 p.m.

## Sunday

### Men's Soccer

@ Eastern  
Conn. St.  
3:30 p.m.

## Cullen's Column:

# Professional Soccer in Portland would bring an atmosphere like no other

**Cullen McIntyre**  
*Sports Editor*

The beautiful game may be on its way to Portland, as reported by the Portland Press Herald. Professional soccer has not made an appearance in Portland before, though GPS Portland Phoenix currently plays in the United Soccer League 2, a pre-professional development league. The club in talks of coming to Portland, would play in the United Soccer League 1, the third tier of United States soccer.

Headed by Gabe Hoffman-Johnson, a 2010 graduate of Falmouth High School, the team will be called "Portland United", and will need to look for a place to build their soccer-specific home. It was reported that the club could have pushed to begin play by the upcoming spring had they been able to expand the turf in Fitzpatrick Stadium in Portland, but the city officials said that expanding the turf was not an option. Due to this, the club would like to begin their first season in 2021, as reported in the Press Herald.

Hoffman-Johnson, a former player on Saint Louis FC in the United Soccer League Championship, has seen how the league functions. A viable ownership group led by him and local real estate developer Jonathan Culley are hoping to have soccer in the city, and as reported they believe that Portland can support a professional soccer team.

The league itself is targeting cities that range in population from 150,000 to one million, and in markets that do not have a professional team. The city of Portland does fall below the population count, but the fans that could be drawn in from all across southern Maine will make up for the numbers. According to the league's official website, "League One has focused on launching new clubs in markets that possess strong local ownership groups, populations with broad-based diversity, a vibrant millennial and strong family base, established corporate support, and stadiums to properly showcase for fans, partners and the public."

Soccer in Maine would bring a unique experience to the city, a fan experience like no other. The atmosphere of soccer across the world is embedded in passion, and love for the game. New England is home to some of the most passionate fans in the country, if not the world. Having witnessed 12 championships from the professional teams in Boston, competition is something fans in New England live for.

The current professional teams in New England are the New England Revolution, located in Foxborough, MA,

141 miles from Portland, and Hartford Athletic in Hartford, CT, 200 miles from Portland. The challenge brought to a fan from Maine looking to watch a live professional match is that the shortest drive to a professional match is a two hours and 20 minute drive from Portland. A team in Portland would grow a committed fanbase early, as the early access to a team in Portland would bring every soccer fan together across southern Maine.

The experience of a soccer game is not like a typical sporting event, as soccer is known for their eccentric fan bases that sing, chant, and are vocally present the entire match. Fans are known for sharing their passion for their team the entire game, waving large flags, holding up scarves, or creating large tifos (choreographed banner). 90 minutes of emotion are what fans experience in a game, and the Portland United experience could be something the city has never seen before.

With a growing diversity in Portland, the world's game could bring people together that may never come together without soccer. With all of the divide in today's world,

soccer is something a community can gather together and support no matter who they are. They may not speak the same language, but soccer is a universal language for all.

Tickets for games in the United Soccer League 1 are affordable, as single game tickets for staple franchise Forward Madison FC range from \$16 to \$45 across the stadium. Season tickets for the upcoming 2020 season range from \$252 to \$646. Compared to the prices for a Revolution match, that may range from For a small town market like Portland, these prices may be lower in the clubs inaugural season, and will pave the way for a dedicated fan base in Portland.

Weekends in Portland from late March to early October may change within in the coming years, as the 28-game inaugural USL 1 season ran from March 29 to October 5. The league is set to bring on three new clubs for the 2020 season, as Omaha Pro Soccer, Penn FC, and the Rochester Rhinos will join the 10 original clubs. Portland would be a great addition to the league, for the city as well as the people. **FP**



Matthew Swanick / Staff Photographer

Fitzpatrick Stadium in Portland, a potential location for Portland United

# Husky Hero of the Week: Tracy Edwards

## *Get to know the women's tennis athlete*

Connor Blake  
Staff Writer



Tracy Edwards, athlete on the Women's Tennis team and senior health sciences major from Cranston, Rhode Island has played an integral role both on and off the court this season. On the court she has been a steady contributor for both doubles and singles tennis. So far this year Edwards has won an exhibition match and is looking forward for the regular season matches to get underway.

In 2017, Edwards played her first season with the Huskies Women's Tennis team. She won her lone singles match and went 0-2 in doubles play. In 2018, she turned that around and won her lone doubles match 8-0 with teammate Margaret Smith. "I feel like every year I have played here, I have improved and that is really cool to see from a playing perspective," said Edwards.

Edwards' tennis career started before USM, in Cranston, Rhode Island at Cranston East High School. She joined the tennis team when she was a freshman and instantly fell in love with the sport, "My coach was a computer tech who asked me to join the team," she said. "On the first day of practice, the team instantly accepted me on the team and that made me not only want to play tennis but get better at it too."

Now the former Cranston East graduate is about to graduate from USM in the spring. Tennis has been in her

life the whole time mainly because of the friendships and bonds made through the sport "Tennis given me enjoyment in two main ways. First I get friends that will last a lifetime and its also given me different ways to strategize the game," said Edwards.

Off the court Edwards stays very connected within the USM community. She serves as a Lead Resident Assistant (LRA) in the Upton Hastings dormitory as well as her involvement in the Honors Student Organization, History Student Association and the Student Athlete Advisory Committee. The one common thread through all of this is "all of the things I'm involved with give me a chance to meet new people and hopefully make a positive impact on their experience here," she said.

Going on her third year of being an RA and first year of being an LRA, Edwards has found this position within residential life to be rewarding. When asked why she wanted to become an RA in the first place Edwards said, "I wanted to help people and make sure they enjoy their college experience and having only worked in first year student residence halls has been exciting because each year I get to see how each resident grows by the end of the academic year."

The work of an RA can be challenging and sometimes tiring, but she has always found something about the job to keep her coming back, "I enjoy the RA staff because they are fun to be around and being an LRA this year I have been able to lead and train other RAs on how to get things done and help them take care of their own floors," said Edwards.

Being an athlete has served her well in the RA role as well as other jobs too, "Playing tennis is all about reading your opponent, and using what you observe as a competitive edge. In my job as an RA I use this same skill to read my residents and use what I observe as a way to get to know them better," said Edwards. "Having worked with Tracy my first year as an RA and now getting the chance to work with her as an LRA, I have noticed that Tennis has taught her how valuable a team can be, and that is a great quality to have," said Brandon Hallee, senior majoring in leadership from Fairfield, Maine.

Being a student-athlete requires an extreme amount of organization and balance to make sure everything is being done correctly. Being a student-athlete, as well as an LRA can be a tall task to handle, "I think that watching her develop from the first year, I've seen her confidence grow and now seeing how she works as an LRA, and knowing her past in tennis, I know that she has an incredible sense of balance in her life and that she'll get things done well and on time," said Kelley Brague, Resident Director of Upton Hastings Hall.

Edwards favorite movie is Shrek and Shrek 2, her favorite website to read is BuzzFeed and her favorite band is the Zac Brown Band. Lastly, her favorite song is "Dancing Queen" by ABBA. When she is not watching her favorite

movie, or dancing to her favorite song, she is most likely around her friends and family. "I value my relationships with those close to be very much, and I want to make sure that they stay strong because I love all the people in my life," she said.

Looking forward to the future and with graduation so soon, Edwards is openly optimistic about where she is heading "I want to become a middle school science teacher because I think doing experiments with young adults would make them enjoy science and would make learning more engaging," said Edwards. Moments away from embarking into the future, when looking back at USM Edwards said, "I will remember how welcoming everyone was here and how that made me want to make USM my home for all 4 years".

As the Women's Tennis season continues, they play their last home match on Tuesday, October 8th against Salem St. University. **FP**



Dionne Smith / Director of Photography

Know an athlete who's story should be told? Nominate them for athlete of the week!

Contact [cullen.mcintyre@maine.edu](mailto:cullen.mcintyre@maine.edu) with their name and sport!



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