

iPulse

THE DAILY HEARTBEAT OF LYNN UNIVERSITY

16



STUDENT ART SHOW



WHITE HOUSE JOURNALIST

10



BIRCH THRIVES

7

TABLE OF CONTENTS:



Editor-in-Chief
Marisa McGrady

Managing Editor
Jayla Hall

Assistant Editors
Francesca De Nes
Maria Acosta Bello
Kathryn Hubbard

Publishing Editor
Shawn Johnson

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Christopher High-tower
Adam Ketyer

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Phillipe Sotomayor
Daniel Varon
Kianju Roberts
Hayley Westbrook
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Allison Young
Emma Zdrahal
Jack LaBarbera

Faculty Support
Andrew Vermes

Faculty Advisors
Sabine Dantus
David Jaffe
Martin Phillips
Stefanie Powers

Faculty Advertising Advisor
Gary Carlin

4 UP-CYCLING JEANS

5 RIGHTS OF CHILDREN

6 POST-GRAD LIFE

7 THRIVING IN 3 ROLES

8 SPORTS ENDORSEMENTS

9 BOCA'S FIRST MURAL



Above: Portrait of Joe Jonas painted by Jackie Gray for student art exhibition. Photo/ J. Gray.

FIND US ON



ALSO IN THIS EDITION:

10 EXEMPLARY JOURNALIST

12 VOTING RECAP

13 SCHOOL SAFETY ACT

14 TREAT YOURSELF

16 STUDENT MASTERPIECES

19 CONQUERING ALL



Above: Woman modeling "Don't H.E.R.T. Me" Jacket. Photo via instagram @ itsh.e.r.business.



Above: Morgan Garrison with basketball teammates. Photo/M. Garrison.

TALE OF TWO COUNTRIES

Lynn Student Makes a Difference in Belize and Rwanda

By **FRANCESCCA DE NES**
Assistant Editor

Nadeem Abu Hijleh, senior, is heavily involved in the Social Impact Lab on campus, having participated in the Ambassador Corps eight-week program in Belize and as a Millennium Fellow working on a project called “Its H.E.R. Business,” which reuses jean jackets with proceeds going to a school in Rwanda.

Over the summer, Abu Hijleh was selected to the Ambassador Corps program. He got the opportunity to work in Belize for an organization called Belize Enterprise for Sustainable Development (BEST). At BEST, Abu Hijleh worked on sustainable projects in agriculture, micro-financing as well as being the director’s assistant.

“I was always a positive person, but going to Belize showed me first-hand the power of positivity,” said Abu Hijleh. “People made the best out of whatever they had, although it is minimal compared to what people living

in developed countries [have].”

Two weeks before leaving Belize, Abu Hijleh came up with the idea of painting a landmark bridge in the towns of San Ignacio and Santa Elena.

“The hopes for this project [are] to create employment for locals through the tourism industry and create sustainable economic growth,” said Abu Hijleh, international business management major. “I am currently working with the San Ignacio [and the] Santa Elena Town Council, Galen University, and local artists to implement this project.”

Furthermore, Abu Hijleh worked alongside recent Lynn graduates Faith Thomas and Xiara Del Valle on a project for the Millennium Fellowship. The semester-long project convenes, challenges and celebrates student leadership advancing United Nations goals.

After Thomas and Del Valle returned from their Ambassador Corps journey in 2018 in Rwanda, they were so affected by these efforts that they wanted to find

a way to fundraise for a school they visited. That is how as a group they came up with the idea of “Its H.E.R. Business,” an ethical jacket brand striving to make a difference in the world.

“We started reusing jean jackets, painting and designing them and putting them up for sale,” said Abu Hijleh. “Last year, we raised approximately \$1,000, which was a trial run. After success in this initiative, we are working on becoming an LLC in order to have more resources to help us make a larger difference.”

For more information on “Its H.E.R. Business,” visit the enterprise’s Instagram page @itsh.e.r.business.



Above: Abu Hijleh’s Resident Assistant second year picture. Photo/Lynn U.



Above: Abu Hijleh hard at work in his office at BEST, Belize. Photo/N. Abu Hijleh.



Above: Woman modeling a “Don’t H.E.R.T. Me” jean jacket. Photo via Instagram @itsh.e.r.business.



Above: Woman modeling “We Are the World” jacket. Photo/@itsh.e.r.business via Instagram.

NO EXISTE CAMPAIGN

Raising Awareness On “Street Children” Crisis in Americas

By FRANCESCA DE NES
Assistant Editor

Recently, a team of Watson Institute students gave a presentation in the library about their No Existe documentary project to raise awareness about the “street” children crisis in the United States, the Dominican Republic and Brazil.

The United Nations Convention on the Rights of the Child is the most signed document in the world. Despite multilateral and overwhelming support, there are about 150 million children living on the streets worldwide.

During spring break of 2019, Watson scholars James Okina and Isaac King traveled to the Dominican Republic to conduct research on Dominican homeless children. Many children make a living on the street and return to their homes, but other children strictly work and live on the streets.

According to Okina and King’s research, children often run away from their homes because of negative family dynamics, such as abuse. Once on the street, many children are forced to work in reprehensible conditions. Seven percent of prostitutes in the Dominican Republic are minors and 88 percent of

these underaged workers’ clients are visitors from foreign countries.

“Their rights are being denied because they are street children. They are street children because their rights have been denied,” said Okina, sophomore.

After a successful trip to the Dominican Republic, the No Existe team plans to travel to Brazil during the winter break. Watson scholars Wainright Acquoi and Bryan Nakambonde work along with film and television majors Salma Moran, Gaia Jacobs and Mia Tippenhaur on the No Existe project with leaders King and Okina.

“I want to be where these children are to aid them and to help them and give them the world,” said Moran, sophomore.

The research conducted in Dominican Republic has changed the lives of the No Existe team. Having the opportunity to be a part of this project has opened the team members’ eyes to the world of social impact. Feeling affected by this project, Moran added a social impact minor to her studies.

“I personally feel that every time we get to open up our mouths about this situation, we get to change

perceptions,” said King. “That is the biggest thing: raising awareness about street children. That is our mission. I want you all to walk away today feeling like you have been shifted, like you have been changed, and that doing something small can make a difference.”

For more information about the No Existe project, follow the Instagram page @no.existeamericas. To donate to the project, visit [gofundme.com](https://www.gofundme.com) and search for the “Help Fund Our Service Trip to Brazil” campaign.



Above: Okina discussing the No Existe campaign. Photo/B. Abrahamsson.



Above: King discussing the No Existe campaign. Photo/B. Abrahamsson.



Above: Students attending the No Existe presentation. Photo/ B. Abrahamsson.

TIPS AND TRICKS FOR POST-GRAD LIFESTYLE

Morgan Garrison Creates YouTube Channel Called Never Graduate

By KELLY MARMO
Copy Editor

Lynn graduate Morgan Garrison recently formed the YouTube channel Never Graduate, where he discusses post-grad life and “adulting.”

Garrison graduated in 2018 with a bachelor’s in communication and emerging media. Garrison continued his studies at Lynn and received his master’s in communication and media studies in 2019. Aside from his time in the classroom, Garrison played for Lynn’s basketball team, where he earned SSC Honor Roll Recognition and played in the NCAA tournament.

“What inspired the channel is what myself and many other young adults are going through – adulting,” said Garrison. “It’s stressful, annoying and just difficult overall, so I wanted to develop something to show young adults that you aren’t alone in what you are going through and you can achieve whatever your end goal is.”

While looking for inspiration and a name for his YouTube channel, Garrison reached out to a close friend

who suggested naming it Never Graduate. The standing joke with his friends about never graduating became the theme of his channel and a way to relate to his audience about the struggles of post-grad life. The channel speaks to Garrison’s light-hearted, fun, and unique personality.

So far, the style of Garrison’s channel has been one-on-one interviews with people who are going through the transition from college to a career. Garrison has interviewed former FAU volleyball player Kristi Tekavic, former Lynn baseball player Ben Fagan as well as Marquan Botley, assistant women’s basketball coach at Lynn.

“I always had a feeling that I wanted to be in front of the camera, but one professor that I had a special bond with was Yolanda Cal,” said Garrison. “She taught me many things that I use in my everyday life as I go through this chapter of adulting.”

Garrison’s channel includes a mix of topics including sports, lifestyle and struggles after college. Garrison’s love for content creation is influenced by watching other journalists.

“Speedy Morman and Sean Evans from Complex Magazine have to be my favorite interviewers to watch,” said Garrison. “I just love how they bring their personality into each interview and get the interviewee to be comfortable.”

Check out Morgan Garrison’s Never Graduate on YouTube and subscribe to see his upcoming episodes, including the fourth installment with Ryan Roman.



Above: Never Graduate, hosted by Morgan Garrison. Photo/M. Garrison.



Above: Garrison with teammates of Lynn basketball team. Photo/M. Garrison.



Above: Garrison with Marquan Botley during the filming of episode 3 for his YouTube channel, Never Graduate. Photo/M. Garrison.

MULTITASKING IN THE CLASSROOM AND AT WORK

Birch Thrives in Three Roles

By **CLAIRE MCCABE**
Advertising Manager

Jackie Birch, a multimedia journalism major, realized she had no time to waste when coming to Lynn as a student in the 3.0 accelerated degree program last fall.

Within the first three weeks of her freshman year, she attended the job fair. She landed an internship at Brooklyn Café TV, where she was able to get hands-on experience. The host of the show, Freddy, would bring her to the The Health and Weath Network radio show to help with the production of the shows.

“What I love about communication is being able to connect with people. I love the psychology behind how we communicate with each other,” said Birch. “I find it extremely interesting, and important to understand how to effectively communicate and get to know someone better. One of my passions is helping people, and when I can communicate with someone well, I like to make that person feel important.”

From this internship, she was granted a position at WNN, where she is now the host of two radio shows. The show is aired on the WNN network, Amazon Fire, Brooklyn TV café and social media platforms.

“My typical day at work is a little crazy. In the mornings, I go to Brooklyn Café TV show to set up the studio, test the mics, and introduce myself to the guests,” said Birch. “I think shaking every person’s hand is one of the most important things as it has opened many other connections for me and it just helps me be a better communicator with networking.”

While she is at Brooklyn Café TV, she highlights and introduces the guests along with their businesses. In the afternoon, she goes to WNN to

interview people on their companies and businesses. She encourages the audience to engage in the show by asking questions.

“Both of the radio shows that I work for helped prepare me the most, I got to see the backstage action of my passion. I got to see the not so glamorous parts, and the parts that no one plans for as when guests cancel or

technical problems,” said Birch.

On the side, Birch also works for Deck 84, a restaurant on Atlantic Ave. in Delray Beach. She spends her time there serving and hopes to become a bartender soon.

Birch feels as if she has found a home and family within her jobs, and feels very blessed to be working there.



Above: Birch enjoying a cup of coffee in her hometown. Photo/J. Birch.



Above: Birch on WNN radio show. Photo/J. Birch.



Above: Birch introducing IcareUp on Brooklyn TV Café. Photo/J. Birch.



PLAYING FOR PAY

California Bill Allows Student-Athletes To Profit From Endorsements

By HELEN TAMY KREUZER
Staff Writer

An average student-athlete spends about 25-30 hours practicing their sport, working out or traveling to games and tournaments.

However, under NCAA rules student-athletes are not allowed to be paid beyond the expenses of attending university. A new Californian law is now looking to change that.

With the signing of the bill, the state of California does not only enable college student-athletes to hire agents and strike endorsement deals but also challenges the fundamental policies of the NCAA. This is because the NCAA has always emphasized amateurism and the fact that its student-athletes are playing for earning a degree rather than money. Current NCAA rules therefore prohibit student-athletes to make money in connection with their athletic abilities and keeps them restricted in planning their professional career prior to graduating.

"I have deep reverence, deep respect for the NCAA and college athletics," said Gavin Newsom, governor of California. "I just think the system has been perverted, and this is fundamentally

about rebalancing things. It's about equity, it's about fairness, and it's about time."

With California adopting a new law, it puts pressure on the NCAA to either revise their rules or ban California schools including several powerhouses of competition from collegiate athletics. The law is supposed to take effect in 2023 but also caused the PAC-12 Conference inducing major schools like California State, Stanford and Southern California to protest against the new law. Mostly because paying student-athletes could cause collegiate sports to be professionalized and lead to other unintended consequences.

"Behind every good athlete there is a long process that stands behind it. It takes countless hours of practice, and lots of dedication," said Camila Ugalde, sophomore. "Student-athletes should get compensated for what they put into their performances."

The question whether student-athletes should be paid or not is controversial. Nevertheless, the NCAA's revenue recently cracked the \$1 billion mark as a result of the effort of its student-athletes. However, those are only compensated in a form of education, scholarships, coaching,

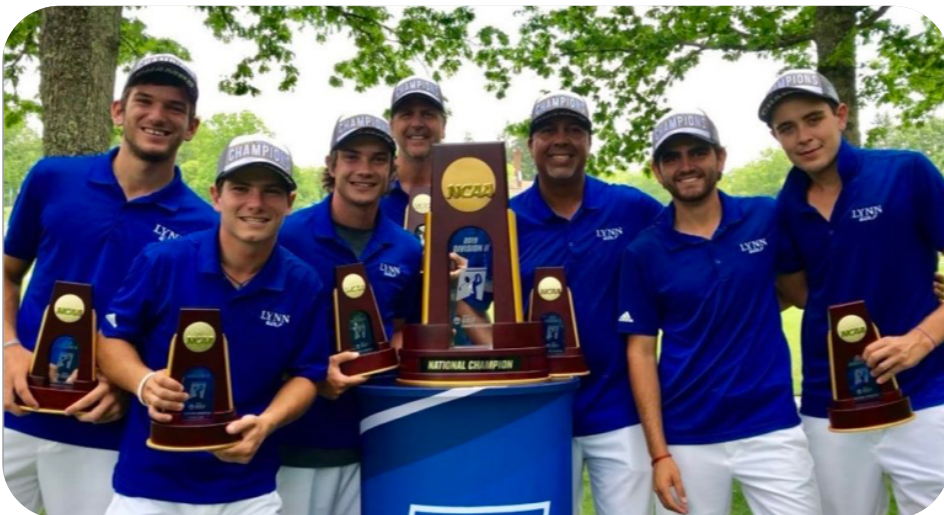
and equipment and do not see any of the big revenues generated by their performance. But they are also excluded from privileges that average students have.

"Every single student in the university can market their name, image and likeness; they can go and get a YouTube channel, and they can monetize that," said Newsom. "The only group that can't are athletes. Why is that?"

The NCAA already announced legislative changes enabling student-athletes to hire agents and be paid not only in California but across the entire country. However, changes will most likely not be effective until five years from now which could cause the decision to be subject to change.



Above: Some of Lynn's most successful athletes: the Men's soccer team. Photo/ LU Athletics.



Above: The dream of every student-athlete: winning a National Championship. Photo/LU Athletics.



Above: The Governor of California Gavin Newsom. Photo/@CAGovernor via Twitter.

A SPLASH OF COLOR

Local Artist Creates “Boca’s First Mural”

By HAYLEY WESTBROOK
Staff Writer

In comparison to Lake Worth Beach, downtown West Palm Beach and renowned Wynwood Miami with streets adorned in bright murals, Boca seems to lack an artistic flair.

However, local artist Kristin Pavlick and Diamonds by Raymond Lee are here to change that.

“We want this location to stand out among the many unembellished buildings that line the streets,” said Samuel Coleman, author at Raymond

Lee, upon announcing the event back in September on their website. “This will be the first mural of this magnitude in Boca Raton, and hopefully, this will inspire others to do the same.”

Located at 2801 North Federal Hwy., the entire south side of Diamonds by Raymond Lee now stands as the proud site of Delray artist, Pavlick. The recent event, “Art Night in Boca Raton,” was free to the public and offered more than just Pavlick’s live mural painting. Live music, entertainment, food and the opportunity to watch a select few other local artists at work on their own pieces was also made available to all who attended.

“The next big thing,” said Pavlick in the caption of an Instagram post depicting the bare grey walls of Diamonds by Raymond Lee. “Things are about to get way more interesting.”

With a wealth of experience and accomplishments under her belt, she earned a B.S. in art education from Penn State in 2005, Pavlick went on to teach as an art educator until 2010 when she decided to dedicate her career to painting full-time. She has since had her work featured in

various locations including permanent fixtures at Coral Springs Museum of Art and City of Delray Beach, as well as featured exhibitions in the JF Gallery (West Palm Beach), Electrica Gallery (Miami), Gallery 104 (New York) and currently has work on view at Cornell Museum of Art in Delray Beach.

“We are optimistic that this will set a trend sparking the artistic side of other companies,” said Coleman. “The ultimate goal is to bring more zest and life to our city.”

A likeminded individual from Lynn is Professor Mark Coné. The faculty member and professor for the College of Communication and Design has organized a new J-Term course with the intention of getting students’ artwork out of the classroom and into the public eye. Students will have the ability to collaborate in mural paintings which will temporarily be featured on campus grounds for all to see.

Although there are only limited spots remaining for the course, Professor Coné wants students to know that anyone is welcome to participate. To learn more, please contact Professor Mark Coné at mcone@lynn.edu.



Above: Kristin challenges community to look through the playful imagery to question just how much of our immediate needs act against our collective needs. Photo/@kristinpavlick via Instagram.



Above: A collection of Kristin Pavlick’s artwork from her 9 Crimes Sugarcoated Collection on display at Cornell Museum of Art in Delray Beach. Photo/@kristinpavlick via Instagram.

DARLENE SUPERVILLE: EXEMPLARY JOURNALIST

White House Correspondent Visits Lynn For Dialogues Speaker Series

By ALEXANDRA ZAPATA
Head Graphic Designer

Project Civitas recently invited White House Correspondent Darlene Superville, a journalist with 30 years of service with the Associated Press, to speak to the Lynn community in the Keith C. and Elaine Johnson Wold Performing Arts Center.

Established by Dr. Robert Watson, professor, author, historian and community activist, Project Civitas is a student organization that aims to promote civility in politics and public life. Part of the organization's initiatives involves holding the Dialogues Speaker Series, events in which political figures visit Lynn to speak to the community about a variety of civic topics. The most recent Dialogues Speaker event began with the Marshall Turkins Honors Award given to Kristian Colato, president of Project Civitas, for his several campus initiatives including key club, voter registration drives, and student remembrance events.

During the Dialogues Speaker event, Dr. Watson interviewed Superville about her experience and day-to-day life as an Associated Press journalist in the White House. Superville has reported on several presidential campaigns including the Obama administration and the Trump administration.

"There is a small group of reporters that travel with [the President]," said Superville. "There are hundreds of reporters back in DC that are relying on this small group of reporters and particularly the one print reporter who has to write up a pool report."

A pool report consists of specific events that occur with the president, such as times of travel. The pool system of White House journalists exists so that news can be accurately reported and shared across news organizations.

"The White House would always like to see softer coverage about first ladies," said Superville. "We are getting into an era where first ladies are going to be subjected to a lot of the same questions that we ask presidents."

Superville recently had the opportunity to travel to Morocco with Ivanka Trump, for she is overseeing a government program dedicated to enabling women in developing countries become financially stable. Superville shared her experience conducting an all-formats interview with I. Trump, an interview that involves creating a printed story, photographs, video, and recorded audio for the radio.

Superville also discussed how the pace of news has increased under the current administration compared to the previous administration that she

covered. She expressed the difficulty of asking the president questions in a busy setting with multiple reporters surrounding him.

"It's hard when we are out on the lawn because its like a huge mosh pit of reporters," said Superville. "[The president] goes along and points at reporters [to take questions]. While he is accessible to talk to, and while he will talk about almost anything, it is challenging to try to follow up with him on certain topics."

Superville encourages journalism students to work hard, proofread and re-write their stories. She concluded her interview with Dr. Watson by stating that journalism is a fulfilling career that allows access to places and people that most individuals see.



Above: Dr. Watson interviews D. Superville at Dialogues Speaker Event. Photo/B. Abrahamsson.



Above: D. Superville conversing with members of the audience after her Dialogues Speaker event. Photo/B. Abrahamsson.



Above: D. Superville with V.P. of Academic Affairs, Katrina Carter-Tellison. Photo/B. Abrahamsson.

Above: D. Superville with Bella Abrahamsson, student from the Watson Institute. Photo/M. McGrady.



Above: D. Superville with Dr. Robert Watson, distinguished professor of american history. Photo/B. Abrahamsson.

RECAPPING THE 2019 VOTING RESULTS

The Countdown Begins For The 2020 Election

By MARIA PAULA ACOSTA BELLO
Assistant Editor

The 2019 elections took place last month in Virginia, Mississippi and Kentucky and have shifted the focus to 2020.

The biggest and most surprising result occurred in Virginia, which held elections for all 40 state Senate seats and all 100 seats for their House of Delegates. For the first time in a generation, the statehouse and the state Senate flipped to the Democratic Party.

“That [result] was a shocker; it is a major win for the Democratic Party,” said Robert Watson, distinguished professor of American history. “Moreover, the democrat [winner] is somewhat unknown and a relative

newcomer, while the Republican he beat has been a very longstanding and popular judge in Alabama.”

In the governor’s race in Kentucky, Democrat Andy Beshear appeared to have won the election by 5,000 votes. However, the Republican incumbent Matt Bevin insists that there was fraud in the election and has urged the State legislature to investigate. However, on Nov. 14 Kentucky’s 120 counties recanvassed the votes from the Nov. 5 election, and only one vote changed.

“[The result shows] that something is changing,” said Watson. “One of the biggest advantages in politics is incumbency, the incumbent wins 90 percent of the time. So not only is it shocking that Kentucky elected a Democratic governor, but he beat an

incumbent [which] President Trump campaigned for the night before the election.”

For Republicans, the best news came from Mississippi, where they won the race to replace outgoing Democrat Gov. Phil Bryant. While the state is ordinarily a red state, the Republican Lt. Gov. Tate Reeves faced arduous competition from Democratic Attorney General Jim Hood, a moderate candidate who had already won statewide four times.

“The Republicans had to put money and resources into winning a race in Mississippi, that usually is not even competitive,” said Watson.

Now, the countdown begins for the 2020 election, with the world waiting to see what drama may occur next.



Above: Now Governor Andy Beshear and his family voting in the Kentucky election. Photo/@andybeshearky via Instagram.



Above: Distinguished Professor of American History, Robert Watson gives his opinion on the elections of 2019. Photo/LU.

INTRODUCING SCHOOL SAFETY ACT

U.S. Senators Marco Rubio and Rick Scott Honor Parkland Victims

By KATHRYN HUBBARD
Assistant Editor

United States Senators Marco Rubio and Rick Scott of Fla. with U.S. Sen. Ron Johnson of Wis. recently introduced school safety legislation in memory of the Parkland victims, which could help prevent future tragedies.

The bill would create a budget to help school faculty members, parents and community officials recognize school safety practices. This bill would also allow school systems across the country to implement new measures in ensuring school safety.

“Not a day goes by that I don’t think about the 17 souls that were taken from us in a brutal act of violence at Marjory

Stoneman Douglas High School,” said U.S. Sen. Scott. “Today, I’m proud to sponsor the Luke and Alex School Safety Act and continue our efforts to keep our schools safe so no family ever has to experience a tragedy like this again.”

The potential law would require the United States attorney general and the United States secretary of education to notify their colleagues from each state about the new regulations. After each state representative is notified, they would notify each school district.

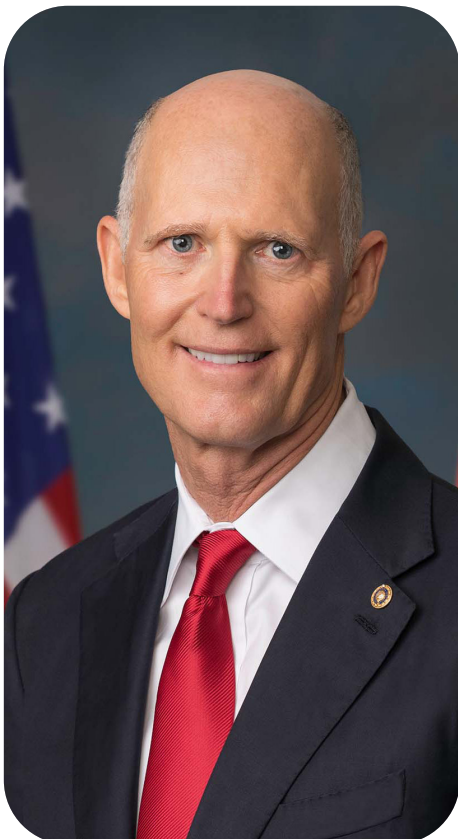
“Luke Hoyer, Alex Schachter, and 15 others lost their lives in a senseless act of violence in Parkland, Florida,” said U.S. Sen. Johnson. “This bill

honors the memory of all those who have needlessly lost their lives and is a proactive step to help mitigate this horrific violence.”

The bill recommends school safety practices which includes threat prevention, protection and incident response. If passed by the Senate, the potential law would also improve current school safety policies.

“There is an immense need to make a central point of information available to states and local education agencies on ways to improve school safety,” said U.S. Sen. Rubio. “Congress should act swiftly to pass this bill.”

For more information about the bill, visit www.hsgac.senate.gov.



Above: U.S. Sen. Rick Scott of Fla.
Photo/rickscott.senate.gov.



Above: U.S. Sen. Marco Rubio of Fla.
Photo/rubio.senate.gov.



Above: U.S. Sen. Ron Johnson of Wis.
Photo/ronjohnson.senate.gov.

TREAT YOURSELF GONE WRONG

When Indulging Goes Too Far

By JAYLA HALL
Managing Editor

When in stressful environments, it is always a good idea to take a step back and take some time out to relax or “treat yourself.” However, some students have gone a little overboard when treating themselves in the past, which inadvertently caused more stress. Five students shared how they treat themselves, sometimes too much or too often.

“My version of treat yourself is simply food,” said Danelle Adlam, junior. “The problem with this is I treat myself so much that I’m pretty sure at this point 90% of my paycheck goes toward my ‘treat yourself’.”

“I’d like to say that the concept of treat yourself is great,” said Ethan Flake, junior. “The problem is, Gymshark and the protein shake brands I use needs to lower their prices so that I won’t be broke after treating myself.”

“I have a book problem,” said Marissa Rodriguez, senior. “I like to treat myself by buying books. I literally don’t even have a room anymore, it looks more like a mini library.”

“I made a plan to treat myself by going off campus to Miller’s, a couple of times a month” said Max Gold, junior. “As of now, I go to Miller’s just about every other day. I blame the Zingers dish, its just to good.”

“I treat myself by buying makeup,” said Sara Deperi, senior. “The problem is that every time I decide to treat myself and go buy makeup, there is always a sale or a new line that comes out. So, I always end up buying more than planned.”

THE CHEMICALS WILL TAKE YOUR BREATH AWAY.



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MAGNIFICENT MASTERPIECES

The College of Communication and Design Hosts Student Art Show

By ALEXANDRA ZAPATA
Head Graphic Designer

Students in the College of Communication and Design recently displayed their creative talents by sharing their artwork on the third floor of the library in an art competition.

The types of artwork that were presented included paintings created with traditional mediums, digital paintings and photography. Approximately 100 guests attended with the purpose of voting for their favorite pieces.

“I have seen some really great pieces,” said Elias Monge, senior. “Everything comes down to what art you like because everything is pretty cool.”

Guests were offered pizza and sparkling grape juice as they walked down the hallways to view the students’ work. Most pieces were digital pieces, which students created on computers and tablets using software such as Photoshop, Krita, Clip Studio Paint and Procreate.

“I think it’s great that a lot of the students can show off all of their work [including] the creativity they can do outside of the classroom,” said Jeff Schutte, graduate student. “It’s one of those things where everyone can get inspired by each other. I’m just happy to be a part of it.”

Schutte presented several art pieces, a few of which were pieces created with layered resin.

Resin is a plastic-like liquid that is poured onto a flat surface and left to dry before painting on top. After painting a section, another layer of resin is poured over. The several layers of resin and painted designs create a 3D effect when viewed from different angles.

“Going around and seeing a lot of different artwork has actually inspired me to want to go home and try some of those techniques,” said Mark Coné,

professor. “[The artwork gets] other people excited about art. They see the energy and passion that goes behind it.”

The two winners, one voted as a student favorite and the other voted as the faculty favorite, were Schutte and Aliberto Lora, both who were awarded

gift cards. By the end of the event, guests were invited to take free prints of past student artworks.

To see some of the current art work from the exhibition, members of the Lynn community can view the frames on the walls located in the third floor of the library.



Above: Student vote winner piece by A. Lora. Photo/A. Lora.



Above: The student artwork ranges between various styles and subject matter. Photo/K. Noel.



Above: Digital paintings of celebrities Joe Jonas and Billie Eilish. Photo/J. Gray.

Above: Comic style piece. Photo/A. Molina.



Above: Schutte, winner of the faculty favorite vote, with a few of his pieces. Photo/A. Zapata.



Above: Students viewed a selection of approximately 100 pieces of art. Photo/A. Zapata.



Above: Digital painting of Aiyana A. Lewis. Photo/ @artofaleza via Instagram.



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By **CLAIRE MCCABE**
Advertising Manager

Chris Cohen recently became a certified baseball scout, but his certification is just the tip of the iceberg in his long list of accomplishments in the world of sports. Throughout his time at Lynn, Cohen has participated in many sports management internships while captaining Lynn's speech team and serving as an inaugural member of the debate team.

In high school, Cohen competed for a top ten speech and debate team in the National Speech and Debate Association, an American league for high school debate. Dr. Eric Hamm, the coach for Lynn's speech and debate team, recruited Cohen his freshman year at the Student Involvement Fair.

"There are so many positives that have come from my eight years in debate. Both in high school and here at Lynn, I have become great friends with people I probably would not have even met otherwise," said Cohen, senior. "Not only have I met great people as my teammates, but I have become friendly with competitors and coaches from other schools."

Cohen was eager to continue debating at the college level for the Florida Intercollegiate Forensics Association (FIFA). As Lynn's speech captain, Cohen has competed in a variety of different styles of debate such as British Parliamentary debate, Lincoln-Douglas debate and National Parliamentary Debate Association debate.

"I believe being in debate has helped me become a better citizen," said Cohen, sports management major. "I attempt to pay attention to every current event and have begun following politics much more in-depth, [and I've gained] an increased understanding of philosophy."

Cohen is also an active and involved

student in the sports management program. Cohen's passion for sports began at a young age.

"When I was 12 years old, the Denver Broncos fired their then Head Coach Josh McDaniels. Although I was just 12, I knew I could be a better coach than he was, and [I] actually sent in an application to be the team's new Head Coach," said Cohen. "Needless to say, I did not get the job. However, I did get a letter back [encouraging me] to apply for other positions when I was old enough. At the time, it had never fully occurred to me [that] there were jobs in sports besides the players, coaches and announcers. This sent me on the path I am now on."

Through Lynn, Cohen worked as an intern for the last three NCAA Men's Final Fours, and he hopes to intern again this year.

"At last year's Final Four in Minneapolis, we partnered with both SponsorUnited [and] Rockport Analytics," said Cohen. "[We] collected information on sponsorships around the Final Four city [and] collected demographics and spending information on people visiting the host city [for] the Final Four."

Cohen also attended the 2016 and 2018 Baseball Winter Meetings and will be going again this year. At the meetings, Cohen is invited to the PEBO Job Fair and Baseball Trade Show. The fair and show feature many job and internship postings for Minor League Baseball teams for the upcoming season.

"In the Baseball Trade Show, it is always exciting to see different developments in the industry," said Cohen.

In addition to his NCAA internships and the Baseball Winter Meetings, Cohen attended the 2019 Society for American Baseball Research (SABR) Analytics Conference as a society member. The conference featured

panels and presentations from former players and some of the brightest research minds in baseball.

Furthering his commitment to the world of sports, Cohen also studied under Dan Evans, former general manager for the Los Angeles Dodgers and fellow SABR member, in his baseball general managing and scouting class. Cohen met Evans at the 2016 Winter Meetings, and it was there that Cohen learned of Evans's course. "At the 2016 Winter Meetings, I ran into Dan Evans, and he told me about the [Sports Management World Wide] Baseball General Managing and Scouting class he taught," said Cohen. "In that conversation, we discussed how important scouting is for a general manager."

Three years later, Cohen completed his certification in 2019. Whether it be in sports, speech or debate, Cohen applies himself and stands out from the crowd in all he sets out to accomplish.



Above: Cohen with debate coaches Eric and Kathryn Hamm. Photo/@lynnudebate via Instagram.



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iPulse Special Edition *Journalism I*

2020
A NEW DECADE

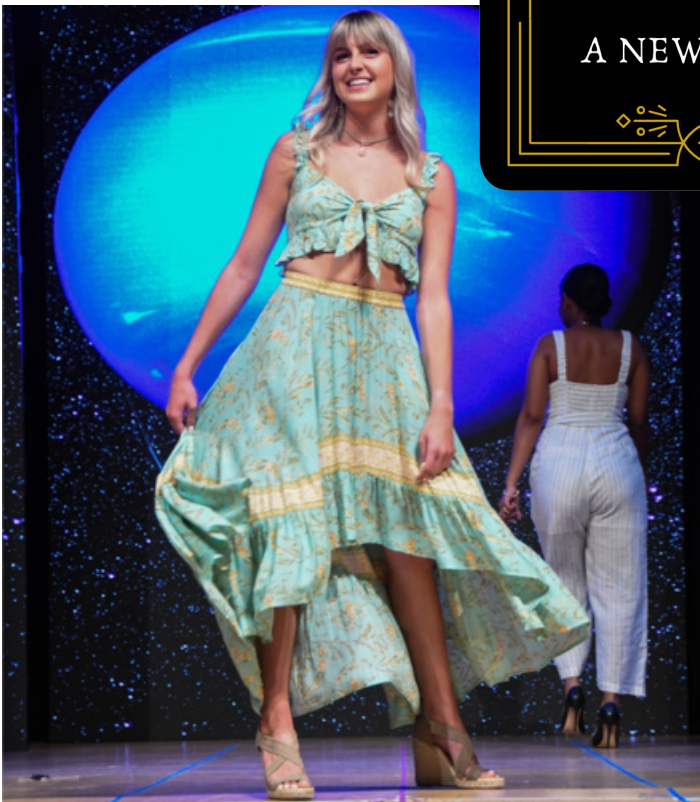


TABLE OF CONTENTS:



Editors-in-Chief

Abigail Sears
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Sara McManus
Ariel Paul
Harrison Regalbutto
Olivia Schrader
Caroline Schwartz
Josh Skielnik
Tremain Taylor
Caramia Valentin
JouJou Zabrecky

- 4 FASHION SHOW GROWS
- 5 NEW YEAR, NEW FOOD
- 6 ROSS TALKS 2020
- 7 PHILLIPS REFLECTS
- 8 FEATURED FILMS
- 9 ALUMNI BRING COMFORT
- 10 TRADITION!
- 11 RHINO DOCUMENTARY



Above: Student Chris Matthews snapped a picture with President Kevin M. Ross while wearing a festive outfit. Photo/C. Valentin.

FIND US ON



LETTER FROM THE EDITORS

By BRENDEN THAYER,
ABIGAIL SEARS,
CARAMIA VALENTIN,
NICOLE RUIZ, EMILY CHRISTENSEN

Each fall semester, Lynn's Journalism I class writes and produces their own edition of the iPulse to gain real experience as journalists. The class collaborated on a theme, story ideas and leadership roles. With 2019 coming to an end, the class decided on a theme that fit the times: "A New Decade."

In addition to the majority of the

Journalism I students working as staff writers, the class also selected their own unique editorial team. Abigail Sears, Caramia Valentin, Nicole Ruiz, Emily Christensen and Brenden Thayer all volunteered for their respective positions on the editorial team. Valentin and Sears served as this special edition's editors-in-chief, Ruiz and Christensen acted as managing editors and Thayer assisted in the graphic design process.

The editorial team and staff writers for this special edition enjoyed creating

a publication that invites the Lynn community to reminisce about the past decade and look with hope to the future. This special edition features a wide variety of subjects ranging from nostalgic movies and family holiday traditions to Lynn's progress over the past ten years and its aspirations for the future.



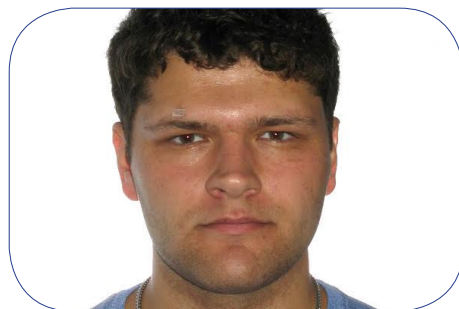
Originally from Winchester, V.a., Sears is majoring in communication with minors in advertising and journalism. Sears, junior, decided to minor in journalism after she took the iPulse class last year. Sears composed various alumni profiles and currently writes feature articles for Career Connections as an intern.



A freshman from Swansboro, N.C., Valentin worked as an intern with the Swansboro Area Chamber of Commerce where she wrote for her local newspaper and promoted local businesses. Valentin currently pursues her multimedia journalism degree to fulfill her dream of working as a writer for National Geographic.



Ruiz is a first-year student from Miami, Fla. Working on her high school yearbook for two years sparked Ruiz's interest in journalism. Ruiz is pursuing a multimedia journalism degree and aspires to a career as a reporter or magazine writer.



Thayer is a first-year business major from Cape Cod, Mass Thayer hopes to pursue graphic editing on the side in the future.



Christensen is a junior majoring in Communication and works as an editor for the HER Campus Lynn chapter. Throughout this semester, Christensen gained lots of insight about the journalism world which inspired her to learn and write more.

FASHION BLAST FROM THE PAST

The Evolution Of Runway Shows At Lynn University

By ALEJANDRA CABALLERO
Staff Writer

Lynn is preparing to celebrate its upcoming 17th annual spring fashion show in the Wold Performing Arts Center to honor almost two decades of continued success.

In the spring of 2004, Lisa Dandeo, associate professor and coordinator of the Fashion and Retail Program at Lynn, organized the first ever fashion event titled "Fashion World Tour Trends Around the Globe." Interestingly enough, a lot of the earlier shows took place in the Green Center.

"This [the Green Center] is where the original library was located and we only had the black screen to work with," said Dandeo, professor.

For both the third and fourth annual spring fashion shows, Dandeo along with her fashion and retail students surprised the audience with a change of scenery.

"Every spring semester, students in the fashion show production class are presented with the task and challenge of upstaging the event from the prior year," said Dandeo.

The class of 2006 named their show "An Explosion of Color" and decided to hold it at the Sports and Cultural Center, while the 2007 students agreed on carrying out their event under a tent on the now soccer field. However, it was truly in 2015 with "Fashion Takes Flight" where Dandeo revolutionized the entire fashion show experience by deciding to host the event – and all those that followed – at the Wold Performing Arts Center. The theater offers an intimate, yet elegant, setting with seating for more than 750 guests and a spacious lobby

area with ornate chandeliers.

Such modern venue enabled the class of 2017 to be the first group to use LED walls, which not only enhanced their fashion show on the seven natural wonders of the world, but also the other fashion events that came after. This upcoming spring semester, Professor Andrew Burnstine will coordinate his first ever fashion show at Lynn.

"The theme is going to be sustainability and we are planning on going bigger than ever," said Burnstine.

The university will be celebrating the start of a new decade with a never-before-seen take on the fashion show under Burnstine's lead – one that is sure to amaze and contribute to the fashion program's history of success.



Above: Student modeling for Lynn's 16th annual spring fashion show, "The Future of Fashion: A Planetary Experience." Photo/LU.



Above: Garment construction students are seen starring and showcasing their clothing collection in the 2018 show, "A Knight at the Carnivale." Photo/LU.

NEW YEAR, NEW NUTRITION

Alewine Discusses Strategies To Maintain New Years' Resolutions

By EMILY CHRISTENSEN
Managing Editor

Erin Alewine, assistant cross country and track coach at Lynn University, gave tips on how to maintain 2020 New Year's resolutions regarding staying fit and healthy.

Alewine's interest in food started when she helped cook and bake in the kitchen with her mother. Culinary school sparked her interest, but she wanted to continue her passion for track and field, and there were no schools that offered a mix of both. As a result, Alewine attended the University of Central Missouri to run track with a scholarship and to pursue a Bachelor of Science with a focus in dietetics.

Alewine was not always interested in nutrition. She grew up in a southern home eating barbecue, pizza and pasta. Her transition to healthy eating started due to athletics.

As she began learning more about dietetics she used it as her own secret tool to personally get better on and off the track. Alewine advises students

to start by learning about nutrition and being aware of what they are putting in their body. Interest in nutrition and asking questions can spark motivation to continue learning.

"There is a reason nature produces food with brilliant colors that draws your attention," said Alewine, coach. "If it is really bright red or really bright green it probably has some huge nutrient content in it which basically means it's healthier for you."

Alewine advises students to be mindful of their portion sizes. Little things like adding an apple or some green beans to a meal can help the body feel healthier.

"Setting realistic, small goals is where to start," said Alewine.

Many make a New Year's resolution to eat healthy throughout the year but then tend to get distracted and off track. It is important to set small goals, conquer them little by little and eventually make them bigger. Drinking one water bottle a day is a reasonable goal, and then next week try to challenge that first goal by drinking two water bottles a day.

"Nutrition is very difficult because it is one of the only things in our lives that we have control over," said Alewine.

Creating other positive habits such as exercise, reading and practicing mindfulness along with healthy eating habits helps with overall well-being and contributes to a healthy mind and positive outlook for the new year.



Above: Alewine accepting her Athletic Hall of Fame plaque from the University of Central Missouri. Photo/E. Alewine.



Above: Fresh vegetables from the cafeteria that students can easily add into their meals or use as a base for salads. Photo/LU.

LYNN 2020

President Ross Looks Forward To The Future

By JOSH SKIELNIK
Staff Writer

President Kevin M. Ross has made improvements to Lynn University since being appointed and has additional plans for 2020 and the decade to come.

Lynn has changed in recent years, and the school's administrators are excited about what the university has accomplished. Since Lynn's strategic 2020 goals were achieved in 2018, the university is now looking toward its Lynn 2025 goals which will start the new decade off on the right foot. President Ross and Lynn are excited about the university's bright future.

"United we are stronger, and we are ready to face any challenge that comes our way," said Ross.

In the last year, the school claimed its 25th NCAA national title, opened the \$35 million state-of-the-art Christine E. Lynn University Center

and recorded its largest incoming class, number of applications and overall enrollment. These wonderful marks show a clear course of aggressive and innovative growth which is nothing short of the norm for the school.

"I am here for the students," said Ross. "I believe that each and every one of them has potential and that makes me restless wanting to help them realize their goals."

President Ross is very excited about Workday, an enterprise resource planning software and also Magic Leap, a brand new, cutting-edge spatial computing hardware and software. Both of these products will be integrated at Lynn within the next year and will revolutionize both the learning and customer service experience.

Other goals that will happen within the next year include the opening of the new Snyder Wellness and Fitness Center and the beginning of the new residential plan.

"The most important thing for the university right now is keeping enrollment up and retaining students," said Ross. "Making sure the students are happy and successful at Lynn is crucial."

President Ross implores students to interact with Lynn and give feedback through surveys and communication with staff which will allow the school to cater to students' needs. The school's administration is constantly brainstorming new ideas and technologies so there is no way to know what exactly will be achieved between now and 2030.

The next decade will be rejuvenating for the school, there will be new majors, new partnerships, projects and student programs that are aimed at making Lynn the most technologically advanced, innovative and productive university in the country.



Above: President Ross arrived on horse-back at the "Game of Thrones" themed State of the University address. Photo/LU.

A LEGACY OF A JOURNALIST

Phillips Shares His Story And Experience Working At "20/20"

By MARIA PAULA ACOSTA
Staff Writer

Martin Phillips, associate professor in Lynn's College of Communication and Design since 2010, opens up on his upbringing, his start as a journalist and working for "20/20."

Phillips grew up in a family where there was significant interest in politics and communications — heightened by growing up as a white family during the South African period called Apartheid.

His family was some of the white individuals fighting for the rights of black, African families.

"We were always a very political and societal family, a family that looks at society to find out what was wrong with it," said Phillips. "If you think about it, looking into society and finding out what is wrong with it, is what journalists do."

From a professional standpoint, Phillips started his career at CBS News as a researcher after graduating from Columbia University. The job consisted of looking into any assignment allocated to him by the network. His beginning as a journalist coincided with the exit of the Nixon administration, which left the country experiencing real trauma - resulting in a lot of stories that needed reporting.

In his ten years working at CBS News, he made his way up the ranks from a researcher to an associate producer to a senior producer at "60 Minutes." He later left to continue his work at NBC, having the opportunity to be of more influence and experience new challenges. In 1990, he went on to work at ABC Network's "20/20" as an investigative producer.

"I worked with people like Barbara Walters, Hugh Downs, John Stossel,

with the initial group who started at '20/20,'" said Phillips.

Under ABC, Phillips started working with Peter Jennings, the lead anchor at the time for ABC News. He worked with Jennings on specials and became the executive producer for TV specials and a senior producer at "20/20."

Phillips remembers most of the stories he has covered, especially one that helped reunite a family. Phillips and his team investigated a mother who was separated from her child because authorities said she has Munchausen syndrome by proxy. After Phillips and his team published several stories on the matter, the mother and daughter were reunited.

After an extensive career in the field, Phillips decided to go to the classroom and teach the next generation of journalists.

"My advice to young journalists is to understand that you have to know how to research in order to find a story," said Phillips.



Above: Phillips worked for ABC on the show "20/20" as an investigative producer. Photo/LU.



Above: Phillips producing the iPulse Live broadcast with his students in Journalism II. Photo/ M. Acosta.

MOVIES MOVING FORWARD

A Reflection On The Decade's Films

By SARA McMANUS
Staff Writer

Over the past ten years, box office records for movie's opening night sales have skyrocketed. Some of the decade's films became classics, others were not as successful and a special few films broke industry records.

Movies have entertained America for over a century. The cinema industry began in 1888 with the world's first film: "The Roundhay Garden Scene," which lasted 2.11 seconds. In today's world, movies tend to last at least ninety minutes and include special effects, high-tech editing and 4K cameras.

The past decade provided film enthusiasts with action packed thrillers, family movies and re-makes of the country's favorite classics. Re-makes of movies like "Spider Man" brought

old stories back to the big screen with new special effects and actors. New additions to ongoing series like "The Avengers" and "Kingsman" kept movie-goers on the edge of their seats throughout the decade.

"My favorite movie of the decade was "Kingsman: Secret Service" because it was a great thriller, and the writers talk about a modern crisis happening today: climate change," said Remington Ullmann, junior.

This decade also saw films like The "Joker" (2019) break box office records. "Joker" became Warner Bros' largest opening for an R-rated film bringing in \$248 million worldwide. However, the film was subject to controversy because of the level of violence and graphic scenes used to depict the harsh reality of mental health.

"I think movies are more explicit and more dramatic [than they used to

be],"said Jackie Birch, sophomore.

IMDB and CNET created a list of the best films of the decade based off votes from film critics, regular movie-goers and movie reviews. "The Social Network" (2010), "Toy Story 3" (2010), "12 Years A Slave" (2013), "Lady Bird" (2017) and "Black Panther" (2018) each made both lists for Top 30 Best Films of the Decade.

Looking to the future, 2020 will feature new films such as "Jungle Cruise," "Onward," "The King's Man" and remakes of Disney classics like "Mulan." Also, "Black Widow" and "Wonder Woman 1984" will feature new strong female leads in the superhero genre.

Cinema fans will always remember this past decade's movies as the world of film transitions into the new decade: the 2020's.



Above: "Joker" broke box office records but also caused controversy over graphic violence in films. Photo/IMDB.



Above: This decade saw "Kingsman: The Secret Service" continue a beloved series. Photo/IMDB.

THE GIFT OF COMFORT

Annual Alumni Holiday Reception Promotes Comfort Cases

By ALEXANDRA ZAPATA
Graphic Designer

On Dec. 12, Lynn's Office of Career and Alumni Connections will host the annual alumni holiday reception in the Keith C. and Elaine Johnson Wold Performing Arts Center to collect donations for Comfort Cases, a non-profit organization that provides resources and support for children in foster care.

The Office of Career and Alumni Connections aims to engage alumni in on-campus events, and the holiday reception provides a festive opportunity for alumni to visit their alma mater. Last year, 400 alumni attended the holiday reception.

"We have been doing some different things with the [alumni] programs," said Laura Gilli, alumni engagement facilitator. "One of the things we've been focusing on is the Comfort Cases Citizenship Project. We are utilizing the holiday party to promote the things that the school is doing so that the alumni can feel more connected to the university."

Founded by former foster child Robert Scheer, Comfort Cases serves foster children by giving them backpacks stuffed with daily necessities. The backpacks contain donated items such as toothbrushes, toothpaste, clothes, toys and books. Foster children keep and utilize the backpacks when moving between homes.

"We are asking alumni to bring baby socks, books and soft toys to donate to Comfort Cases by bringing them to the holiday party so that we can collect the donations in one space," said Gilli.

Faculty members are also invited to the holiday reception and encouraged



Above: Alumni breaking it down on the dance floor at the Office of Career and Alumni Connections' 2017 holiday reception. Photo/LU.

to promote the event.

"If [the Lynn community] knows of any alumni that don't know of the holiday party, we'd love to have them," said Gilli. "It is also just awesome to see everyone reconnect with each other."

The Office of Career and Alumni Connections invites alumni to return to campus in January to pack the items collected at the holiday party into backpacks for Comfort Cases. This spring event is open to anyone from the Lynn community.

For more information on Comfort Cases' mission and donation opportunities, visit comfortcases.org.



Above: Gilli asks alumni to bring books and soft toys to the holiday reception to donate to Comfort Cases. Photo/LU.

LET'S TALK TRADITION

Students Share Favorite Family Traditions

By KAITLIN MAHON
Staff Writer

It is that time of year where friends and families reminisce on their traditions and celebrate the holidays. Whether it be Hanukkah or Christmas, families come together as

one to celebrate. If you look at your surroundings when you are with your friends and family during this time of year, it is clear that happiness, love and laughter are the mark of the season.

Aside from the decorations, change in weather, even if it's only for a day in South Florida and all the special holiday drinks, remembering and practicing

traditions add to the holiday spirit.

With the holidays rapidly approaching, iPulse set out to ask students about their favorite holiday celebrations and memories.



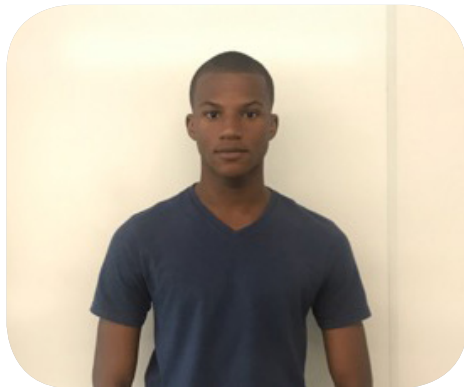
"My family and I celebrate Passover," said Hoshen Moscovich, junior. "My favorite childhood memory that we still do today is we have to hide this thing called an Afikkoman and then go look for it."



"We celebrate Hanukkah, my favorite memory would have to be just getting together with my whole family," said Cole Nudel, sophomore.



"We celebrate Christmas, a childhood memory would have to be my family getting together and having a good time, and us sharing gifts with each other," said Lucia Dorley, sophomore.



"My favorite memory would have to be when I was in sixth grade," said Khari Bryant, junior. "I remember it like it was yesterday! I got a Nintendo DS and some games, but our favorite gift was the Kinect for Xbox."



"I always love getting together with my family during Christmas, especially if I have not seen them in a while," said Anthony Masiello, junior.

RAISING AWARENESS IN 2020

Lynn Students Make Their First Wildlife Documentary

By OLIVIA SCHRADER
Staff Writer

A group of students and alumni led by Bryan Nakambonde, junior, are planning on producing a documentary on black rhinos to create awareness about the effects of poaching in Africa in summer 2020.

With the new year and new decade just around the corner, this group is working toward creating one impactful year. The group is currently engaged in preproduction talks, while simultaneously gathering the funding to bring this documentary to life.

"I run an organization called Umwe which I started with my best friend," said Nakabonde. "Our goal is to get news and information to the African

youth in ways that actually grab their attention."

Nothing connects the youth together more than other youth. Through collaboration, the concept of the documentary is being solidified. The route that the young filmmakers want to take is more of a Vice documentary style, with social issues at the forefront.

"I feel very blessed to have this opportunity to participate in such a project," said Mia Tippenhauer, sophomore. "I will be able to get to do what I love by helping others."

The next step for these amateur filmmakers is to start to gather funds. This process will not be complete until early 2020. The planning phase will lead up until the actual production phase when the group travels to Namibia and South Africa to shoot.

"I always tell my students to take every opportunity to film and to gain experience," said Nava Dushi, professor. "This gives the students a chance to go out and advocate directly through the means of a documentary."

The finished product will be done in late 2020 or even early 2021. Making a 30-minute documentary is no easy feat. With much planning and precise execution, this group will bring awareness about poaching in Africa for all to see.



Above: Watson Scholar Nakambonde plans to produce a documentary to raise awareness about poaching in Africa. Photo/LU.



Above: Tippenhauer, Nakambonde and other students look forward to working on the documentary and filming on location. Photo/@miatippenhauer via Instagram.



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