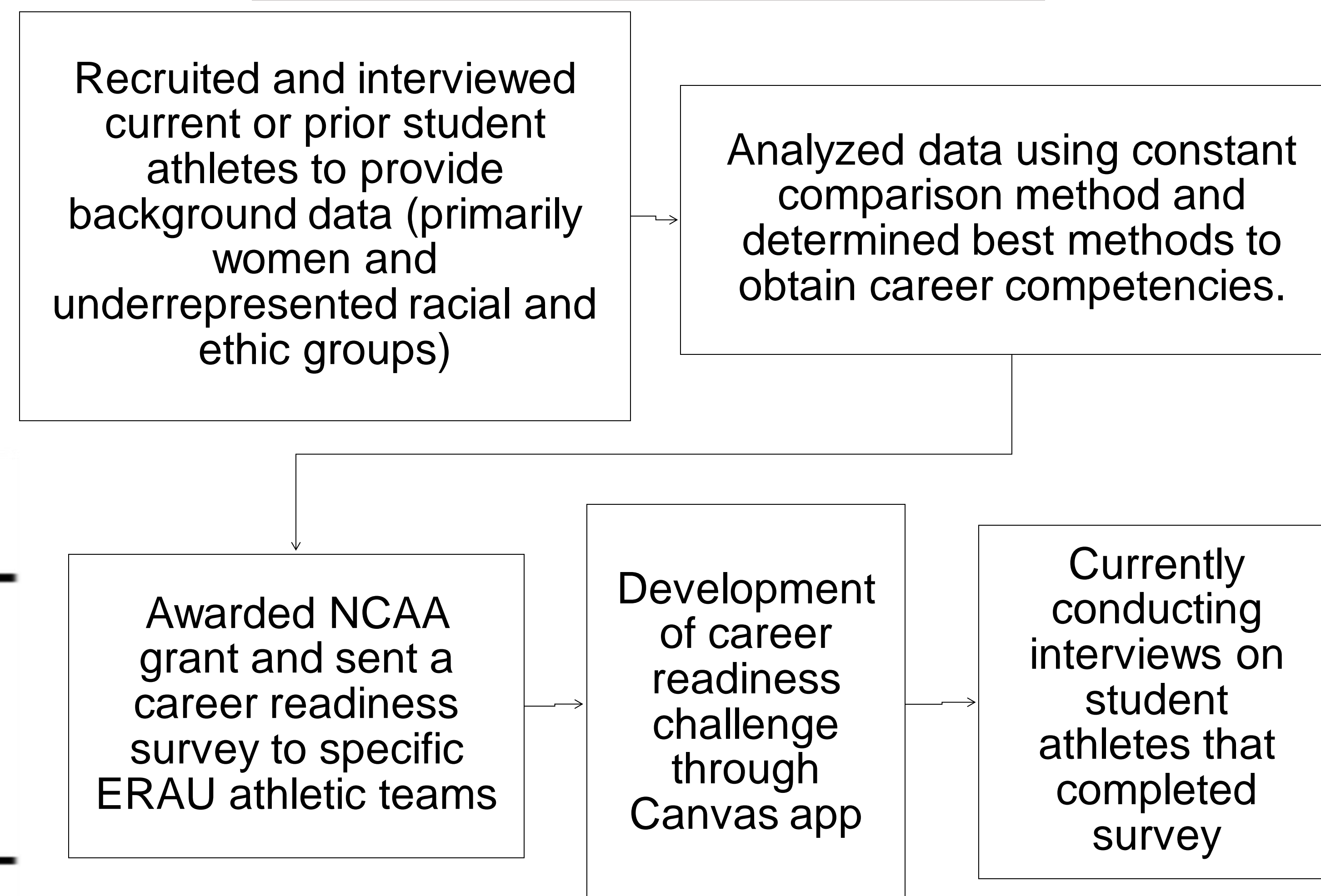


Career Competencies: More than Students, More than Athletes

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Methods



Findings

- The most commonly perceived career competencies are a) career preparation, b) professionalism, c) communication and d) collaboration.
- The least common perceived career competencies are a) digital technology, b) global fluency, c) critical thinking and d) leadership.

Career Readiness Challenge

- A 2-3 minute promotional video will spread awareness about a recently developed app called Career Readiness Challenge (CRC)
- The app offers tools to help student-athletes prepare for interviews, create resumes, and form expectations for the workforce
- This work is a part of a larger study titled, Gamified Online Platform to Support Student-Athlete Career Readiness, funded by the NCAA Innovations in Research and Practice Grant Program

References

- Bell, L. (2018) The Student-Athlete Experience and the Eight Key Elements of High-Impact Practices. Presented at the 2018 FARA Annual Meeting, Baltimore, MD.
- Brown, C., Glastetter-Fender, C., & Shelton, M. (2000). Psychosocial identity and career control in college student-athletes. *Journal of Vocational Behavior*, 56(1), 53-62.
- Buzzetta, M. E., Lenz, J. G., & Kennelly, E. (2017). Comparing Two Groups of Student-Athletes: Implications for Academic and Career Advising. *NACADA Journal*, 37(1), 26-36.

Background

- Ability for student-athletes to translate athletic experiences into career competencies is extremely valuable (Bell, 2018)
- Student-athletes may not know how to leverage the competencies they have gained through sports participation (Bell, 2018)
- Student-athlete's time demands may limit access to career support services (Buzzetta, Lenz & Kennelly, 2017; Brown, Glastetter-Fender & Shelton, 2000)
- This project summarizes the perceived career competencies of student-athletes at Embry-Riddle Aeronautical University (ERAU).

Purpose

- The purpose of this study is to help student athletes further develop their career competencies



CAREER COMPETENCIES AT ERAU FOR STUDENT-ATHLETES*



Participants

- 16 participants
- 13 women & 3 men (1st – 5th year)
- 4 women's sports (basketball, lacrosse, soccer, volleyball)
- 3 men's sports (basketball, lacrosse, track)
- 14 engineering students (aero, civil, mechanical, software) & 2 non-engineering students (human factors)

