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Published in:

Pediatric Infectious Disease Journal

DOI:

[10.1097/INF.0000000000001328](https://doi.org/10.1097/INF.0000000000001328)

Publication date:

2016

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Citation for published version (APA):

Jenum, S., Dhanasekaran, S., Ritz, C., Macaden, R., Doherty, T. M., Grewal, H. M. S., & TB Trials Study Group (2016). Added value of IP-10 as a read-out of *Mycobacterium tuberculosis*: Specific immunity in young children. *Pediatric Infectious Disease Journal*, 35(12), 1336-1338. <https://doi.org/10.1097/INF.0000000000001328>

Added Value of IP-10 as a Read-Out of *Mycobacterium tuberculosis* Specific Immunity in Young Children

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Abstract: We have explored the added value of interferon- γ (IFN γ)-inducible protein 10 as a read-out of *Mycobacterium tuberculosis*-specific immunity in young Indian children, where the sensitivity of the IFN γ release assays for tuberculosis is poor. Reduced frequency of indeterminate results and an increased sensitivity for tuberculosis suggest a potential for fewer missed cases with a combined IFN γ /inducible protein 10 read-out in a 4th generation IFN γ release assays.

Key Words: tuberculosis, child, tuberculin skin test, interferon- γ release assay, cytokines, chemokines

(*Pediatr Infect Dis J* 2016;35:1336–1338)

The interferon- γ (IFN γ) release assays (IGRAs) are current state-of-the-art tests for *M. tuberculosis* (MTB) infection but have low sensitivity in young children.¹ The IFN γ -inducible protein 10 (IP-10) has emerged as an alternative read-out to increase the sensitivity of the IGRAs without compromising specificity. IP-10 is expressed by antigen presenting cells and can be considered a downstream marker of IFN γ —the standard read-out of cell-mediated immunity. The advantage of IP-10 is that it is expressed at higher levels than IFN γ while retaining the signal-to-noise ratio,² and the stability of the protein in dried blood spots implies a potential for a point-of-care diagnostic test.³

IGRAs are acknowledged supplements in diagnosis when tuberculosis (TB) is suspected in children but remains unconfirmed by smear/culture,⁴ as a positive test provides evidence of recent MTB infection. In a cohort of Indian children aged <3 years

referred on suspicion of TB, the QuantiFERON® Gold In-Tube (QFT) assay, showed low sensitivity for clinical TB (23%).⁵ Obviously, a negative QFT is unsuited to rule out MTB infection in this population. The increase in indeterminate QFT tests with decreasing age is also a concern.^{2,5} We, therefore, wanted to explore the possibility of increased sensitivity for the IP-10 read-out compared with IFN γ in this population. As indeterminate test results are related to mitogen response, we compared IP-10 and IFN γ concentrations in response to TB-specific antigens and mitogen. The problem in evaluating these read-outs is the lack of a gold standard for MTB infection. The stringent categorization of MTB-infection status based on the results from the Tuberculin skin test (TST) and QFT recently proposed by Tebruegge et al⁶ was, therefore, applied. We evaluated single versus duplex analyses of the analytes before choosing a multiplex analysis platform because some have suggested to include both IFN γ and IP-10 as read-outs of cell-mediated immunity in order to increase the sensitivity.²

MATERIALS AND METHODS

As part of a prospective cohort study of 4382 neonates in South India, 746 children were evaluated for TB after referral based on predefined criteria.⁵

For this substudy, MTB-infection status was categorized according to Tebruegge et al.⁶ Of the 746 children, all children having an assignment of active clinical TB (ATB; n=13) and MTB infection (TST ≥ 10 mm and QFT positive; n=18), common discordance (TST ≥ 10 mm and QFT negative; n=53), and reverse discordance (TST <10 mm and QFT positive; n=19) were included, whereas children classified as possible discordance (TST 5–9 mm and QFT negative; n=22) as well as probably MTB uninfected (TST 1–4 mm and QFT negative; n=24) and uninfected (TST 0 and QFT negative; n=7) were randomly selected from the larger population of study children with available samples.

IFN γ and IP-10 were analyzed in QFT supernatants from the TB antigen and mitogen tube. We applied a customized 2-plex (IFN γ and IP-10) cytokine/chemokine kit (Bio-Rad Laboratories Inc., Berkeley, CA), according to the manufacturer's instructions. For the duplex assay, the optimal dilution of the QFT supernatants was 1:4. The difference in measured concentrations of the analytes between single and duplex assays was assessed by a pilot study (n=16), where a head-to-head comparison of paired samples (Wilcoxon Signed Rank test), revealed equal or better detection of the analytes on the more cost-effective duplex platform (Fig. 1A and B).

Clinical characteristics were summarized for children within the defined categories of MTB infection. IFN γ and IP-10 concentration levels and their fold change were compared between the following MTB-infection categories (Mann–Whitney *U* test): ATB, MTB infected, common discordance, and unlikely MTB infected (probably MTB uninfected and uninfected clubbed). Area under curve (AUC) was calculated to evaluate sensitivity and specificity. A *P* value <0.05 was considered significant. SPSS software version 23 and GraphPad Prism 5 were used for statistical analyses and figures.

Accepted for publication April 13, 2016.

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This work was supported by the Research Council of Norway (grants 179342 192534), the University of Bergen (Norway), Aeras Global Vaccine Foundation (USA) and St. John's Research Institute (India). QFT kits were supported, in part, by the Foundation for Innovative New Diagnostics (FIND).

The authors have no conflicts of interest.

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Supplemental digital content is available for this article. Direct URL citations appear in the printed text and are provided in the HTML and PDF versions of this article on the journal's website (www.pidj.com).

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ISSN: 0891-3668/16/3512-1336

DOI: 10.1097/INF.0000000000001328

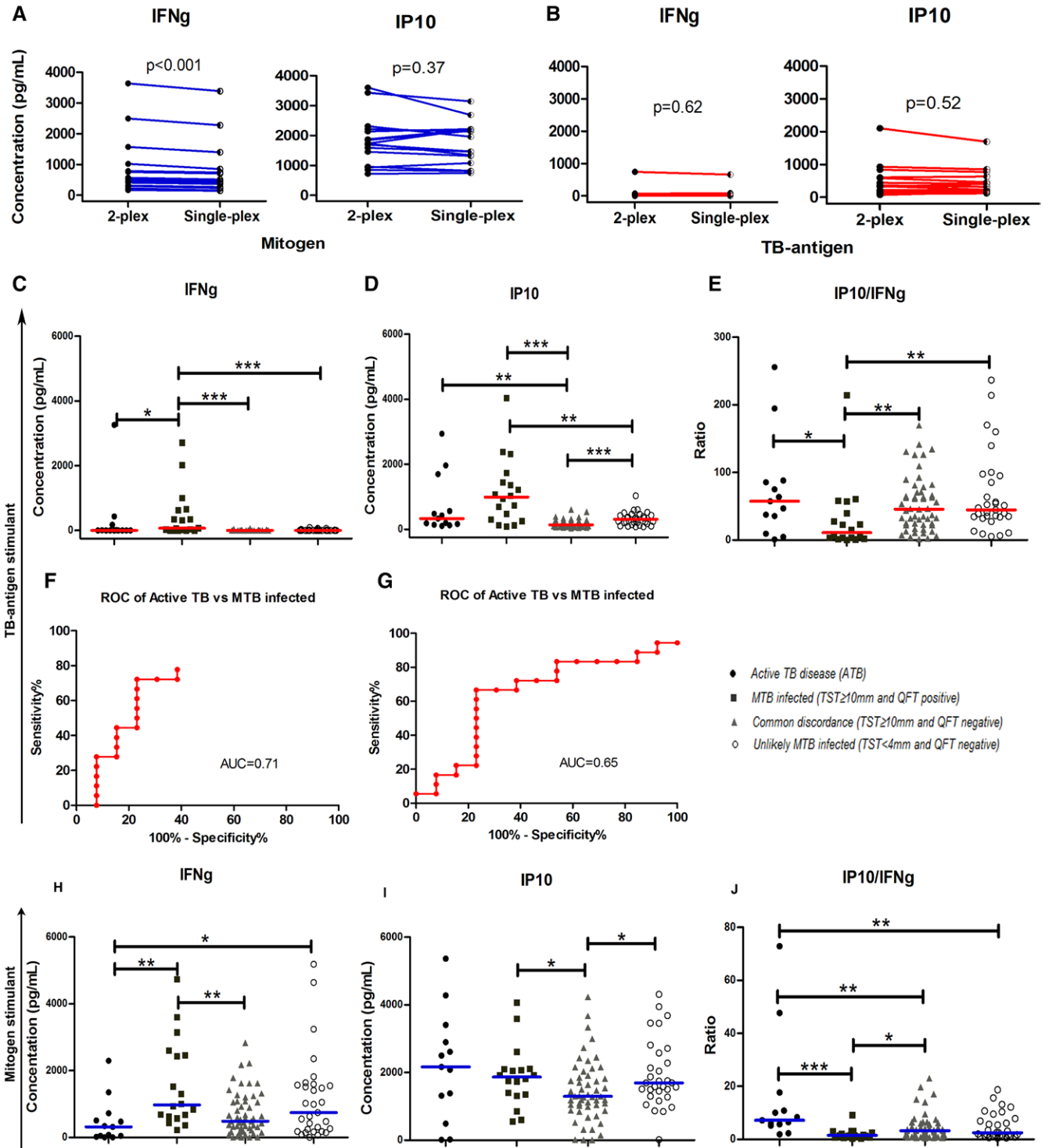


FIGURE 1. Comparison of the concentration of IFN γ and IP10 in 2-plex and single-plex set-ups in response to A: Mitogen and B: TB-antigen. The concentration of the analytes within the MTB infection categories in response to tuberculosis (TB) antigen [C: interferon- γ (IFN γ) and D: IFN γ -inducible protein 10 (IP-10)] and mitogen (H: IFN γ and I: IP-10). IP-10:IFN γ ratio for the MTB infection categories are depicted in response to TB antigen (E) and mitogen (J). Discriminatory capacity between children with active TB versus MTB infection is shown for IFN γ (F) and IP-10 (G) concentrations, respectively. The *P* values <0.05 (*), <0.01 (**), <0.001 (***) were considered to be significant. AUC indicates area under curve; ROC, receiver operating characteristic.

Ethics Approval

The study was conducted according to the Helsinki (4th revision) declaration and approved by the institutional ethical review board of the St. John's Medical College, an independent ethics committee contracted by the Aeras Global TB Vaccine Foundation, and the Ministry of Health Screening Committee of the Government of India (No. 5/8/9/60/2006-ECD-1).

RESULTS

The 156 included children had a median age of 23 months, and 92 (60%) were male. As many as 102 (65.4%) had failure to thrive, and 57 (36.5%) had evidence of chronic malnutrition (height-for-age Z score <2). Overall, 11 (7%) children had known TB exposure, whereas the proportion in ATB- and MTB-infected children was 39 and 7.7%, respectively. Longstanding (≥ 2 weeks) cough was present in 18 (11.5%), most frequently in ATB children (31%), and fever was present in 10 (6.4%), most frequently in ATB children (31%) and reverse discordance (16%; Table, Supplemental Digital Content 1, <http://links.lww.com/INF/C533>).

The concentration of IFN γ in response to TB antigen was significantly higher in MTB-infected children compared with all other groups. As expected from the poor sensitivity of QFT in ATB children, no difference was observed compared with common discordance or unlikely MTB-infected children (Fig. 1C). The ability of IFN γ to discriminate between ATB- and MTB-infected children gave an AUC of 0.71 [sensitivity: 76.9% (46.2–94.9%) and specificity: 72.2% (46.5–90.3%); Fig. 1F]. No difference in the concentration of IP-10 in response to TB antigen was observed between ATB- and MTB-infected children, but both the groups had significantly higher IP-10 levels than the children with common discordance (Fig. 1D). The ability of IP-10 to discriminate between ATB- and MTB-infected children was somewhat lower than that of IFN γ ; AUC 0.65 [sensitivity: 66.7% (41.0–86.7%) and specificity 76.9% (46.2–95.0%); Fig. 1G].

The concentration of IFN γ in response to mitogen was significantly lower in ATB children compared with MTB-infected and unlikely MTB-infected children, but this was not observed for IP-10. MTB-infected children had higher levels of both analytes than did children with common discordance (Fig. 1G and H).²

The IP-10:IFN γ ratio was significantly higher in ATB compared with MTB-infected children both in response to TB antigen and mitogen. Interestingly, the ratio was significantly lower in MTB infected children compared with all other groups.

DISCUSSION

Whereas Tebruegge et al,⁶ analyzed IFN γ in undiluted supernatants and IP-10 in 1:20 diluted samples, we found that IFN γ and IP-10 could be analyzed on a duplex platform using a 1:4 dilution of the QFT supernatants despite IP-10 being secreted at higher magnitudes. The possibility of analyzing both analytes in 1 tube by the same assay provides simplification and cost-reduction. In line with other studies, our study provides no evidence for increased discrimination between ATB and MTB infection by IP-10 alone.² Our study supports a higher sensitivity for the detection of ATB by TB antigen-induced IP-10 compared with IFN γ

as the concentrations were significantly higher compared with children with common discordance. A recent study in a similar African population contradicts this finding, but IFN γ and IP-10 were analyzed in separate enzyme-linked immunosorbent assays (ELISAs).⁷ But maybe more noteworthy when considering a combined IFN γ /IP-10 read-out in a 4th IGRAs² is the finding of a more compromised IFN γ than IP-10 response to mitogen in ATB children who had an increased IP-10:IFN γ ratio compared with all other groups. The pattern of blunted immune responses with increasing disease severity^{8,9} may be part of the picture. Combined, these findings suggest that a reduced frequency of indeterminate results and an increased discrimination between ATB and common discordance in children could be achieved by a combined IFN γ /IP-10 read-out.

MTB-infected children seem to have the most robust overall immune responses in our population. It should be noted that the robustness of responses in MTB-infected children may be the result of a selection bias as the groups where, in part, defined by the QFT result.

Currently, IGRAs and TST are used as indicative tests in the diagnosis of TB in infants but cannot be used as “rule-out tests”. Our data suggest a possibility of improving the sensitivity of the IGRA in children particularly vulnerable to TB, which implies a potential to identify TB cases that might otherwise have been missed.

ACKNOWLEDGMENTS

TB Trials Study Group: Doherty TM, Grewal HMS, Heselting AC, Jacob A, Jahnsen F, D' Souza G, Kurpad AV, Lau E, Lindtjorn B, Macaden R, Vaz M.

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