# The effect of feeding a high-fibre diet on a satiety in gastating sows 

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### 5.3 AGRIBUSINESS FOR MODERN SOCIETY 5

## Animal Sciences 3

Saturday, 15.00-16.00- Venue: Building 33, Auditorium II

### 5.3.C. THE EFFECT OF FEEDING A HIGH-FIBRE DIET ON SATIETY IN GESTATING SOWS

Camilla Kaae Højgaard (SCIENCE), Anja Varmløse Hansen (SCIENCE),
Christian Fink Hansen (SCIENCE)
Study Programme Level: BSc
Keywords: sow, satiety, hunger, fibre
Hunger in restrictively fed gestating sows remains a challenge for the European pig industry. The EU states that sows must be provided with enough bulk or highfibre food to satisfy their hunger. Therefore, it is relevant to provide knowledge on the physical, metabolic and hormonal effects of high-fibre diets on satiety in order to predict quantities and dietary fibre (DF) sources necessary to reduce hunger and increase satiety in gestating sows. Studies show that the bulkiness of a diet, depending on the volume itself or the water binding capacity (WBC) increases short-term satiety (up to 1.5-2 hours post-meal) in gestating sows due to gastric distension. When feeding restrictively, diets high in soluble fibre (HF-S, $28-43 \%$ DF) delayed the gastric emptying rate due to physical effects from WBC and viscosity. Especially, when HF-S diets reach the distal ileum, caecum and colon, production of short charin fatty acids (SCFA) stimulate the release of peptide tyrosine tyrosine (PYY) mediating the 'ileal brake' that induces a further delay in gastric emptying, increases the small intestinal transit time and reduces the release of digestive enzymes. This results in a slowly release of glucose, less diurnal variation in glucose absorption and in plasma insulin- and glucose concentrations, resulting in increased satiety up to 2.5-3 hours after a meal. The increase in the slowly released energy source, SCFA, when feeding restrictively HF-S diets, prolongs satiety up to 10 hours post-meal. Even though restrictively fed HF-S diets seem to reduce hunger, ad libitum feeding was the only feeding strategy reducing feeding motivation. However, ad libitum feeding resulted in fatter sows. In conclusion, restrictively feeding of a low fibre diet supplemented with ad libitum access to roughage low in energy and high in WBC may be a possible way to reduce hunger in sows without reducing sow productivity.

