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#### Improving Nursing Program Climate, Knowledge, and Attitudes toward LGBTQ+ Health and Healthcare

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# Improving Nursing Program Climate, Knowledge, and Attitudes toward LGBTQ+ Health and Healthcare

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Scholarship and Inquiry Committee, Bronson School of Nursing 2018-2019 Instructional Development Travel Grant



## Purpose

To implement an educational intervention and examine the effects of the intervention on nursing student and faculty perceptions of nursing program climate, knowledge, and attitudes regarding LGBTQ+ health and healthcare.

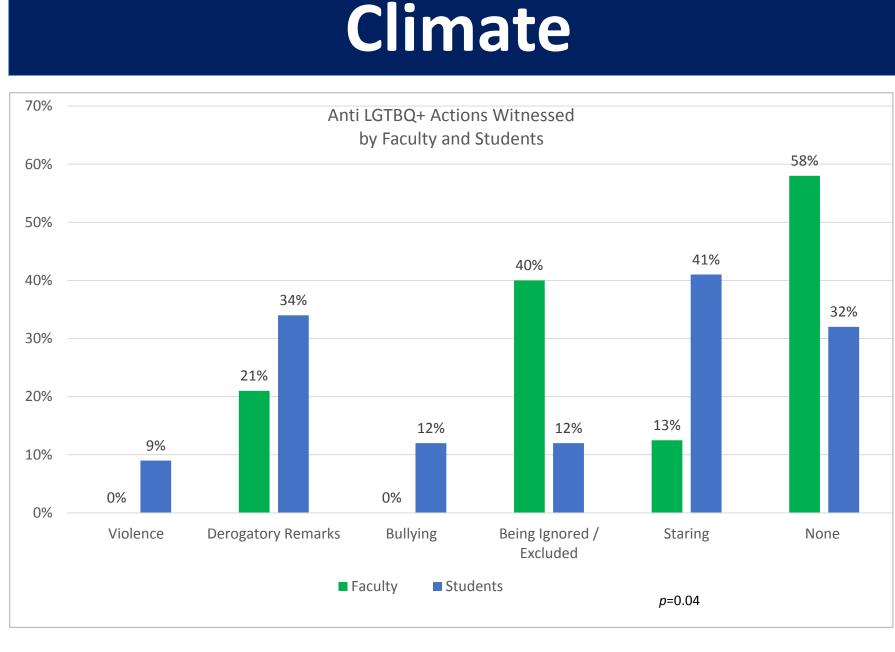
# Purpose & Background

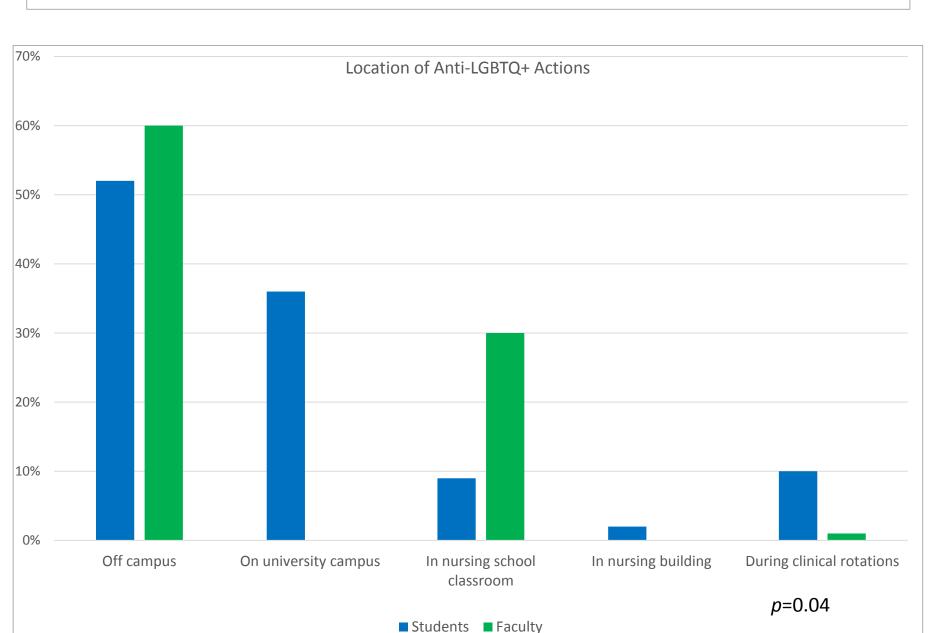
- Increase LGBTQ+
   educational content
   in BSON courses
- Significant health disparities in LGBTQ+ population
- Lack of adequate preparation of nursing students to work with LGBTQ+ patients in U.S.
- Inadequate
   preparation is
   correlated with bias
   and healthcare
   avoidance by
   LGBTQ+ persons
- In spring 2018, 104
   BSN students wrote
   letter requesting
   increased LGBTQ+
   curricular inclusion.
   A portion of this
   letter is displayed
   below:

developing health programs for communities. Currently, the content surrounding this topic in the nursing curriculum is scant and it is not LGBTQ inclusive. A few professors mention that "some families are nontraditional" but then move on with content. Current measures are being made in attempt to update curriculum, however, there should be more support and resources to help integrate information on competent care and inclusion of the LGBTQ population into current classes. A few resources that might be helpful are GLSEN (www.glsen.org), National Resource Center on LGBT Aging (www.lgbtagingcenter.org), and GLAAD (www.glaad.org).

As healthcare providers we need to be educated about these topics because it is very likely we will be providing care for a patient that is a part of one of these populations. It is also reasonable that some of our peers are included in these groups. These topics can be considered controversial but as future healthcare providers we need information and facts because we put our thoughts and beliefs aside to meet the needs and wants of our patients. Integrating these topics into curriculum would help Western Michigan University College of Health and Human Services and the Bronson School of Nursing evolve, put the university on the forefront of inclusion and diversity and it would better prepare students to care for the U.S. population.

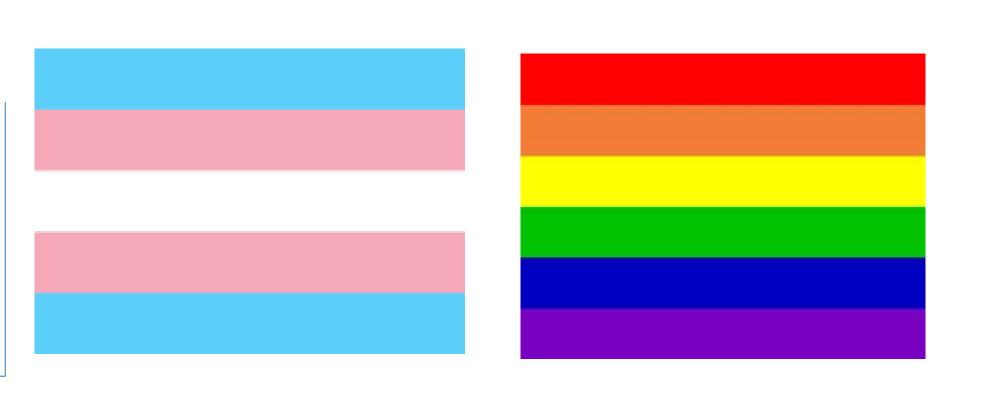
### **Pre-Intervention Findings**



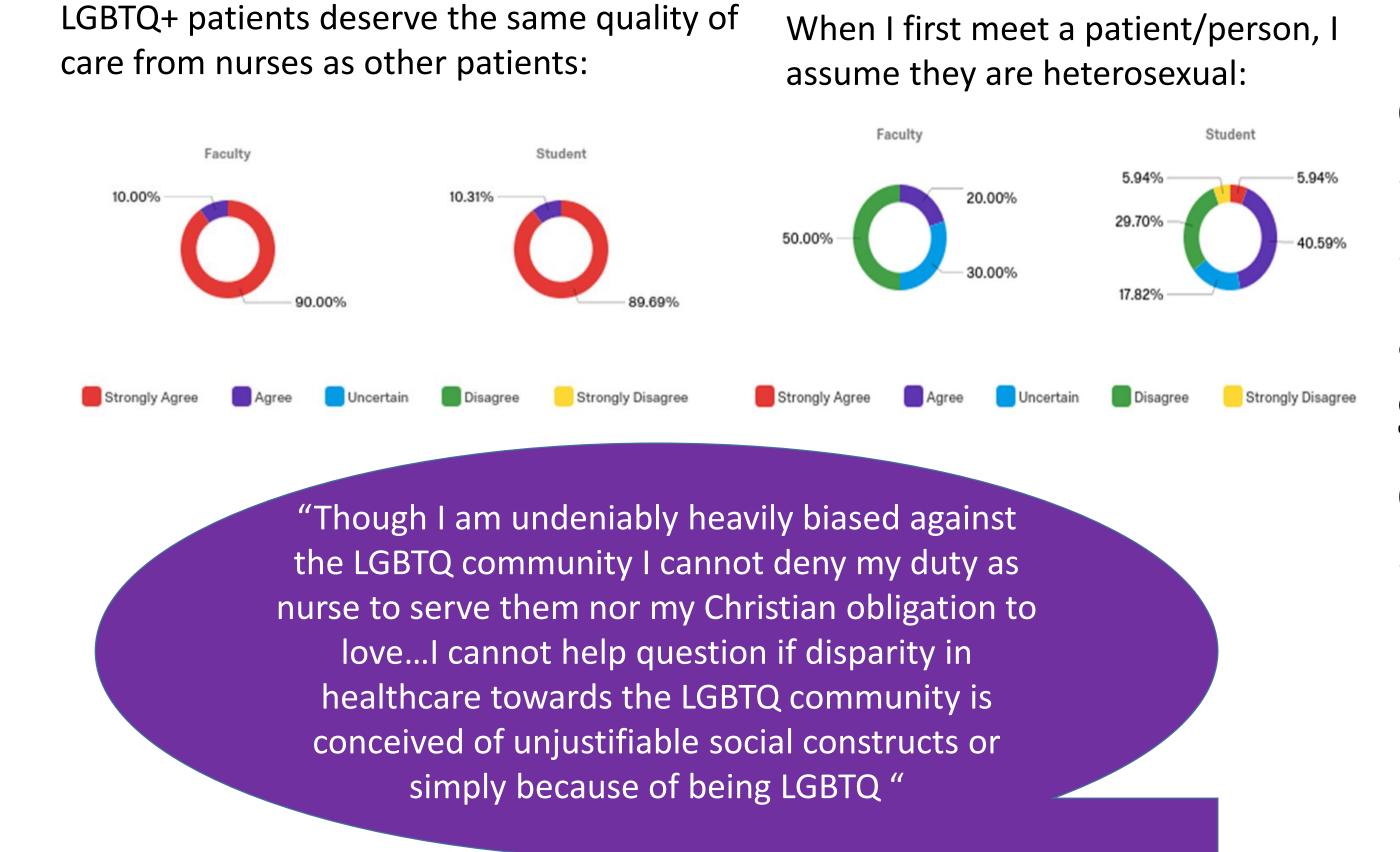


# Knowledge

Selected Questions	% Correct Students	
Conversion therapy is effective to change a person from gay, lesbian, or bisexual to become straight / heterosexual (False = correct answer).	96%	100%
LGBTQ+ Populations have unique health risks and health needs (True = correct answer).	80%	95%
Access to healthcare is the same for LGBTQ+ persons as for other members of the population (False = correct answer).	81%	88%
Female-to-male transgender persons who have cervices remain at risk for cervical cancer and require regular Pap smears (True = correct answer)	99%	94%



### Attitudes



### Interventions

- Safe on Campus workshops with pizza and potential extra credit attended by faculty and students
- Workshop for faculty at CHHS by nationally recognized expert how to include LGBTQ+ content in healthcare curricula (n=15/16, 93.8% BSON attendance)
- Display Pride flags and Safe on Campus certificates throughout BSON offices
- Purchase of books on LGBTQ+ healthcare, Integrating LGBTQ+ content into nursing curriculum
- Co-sponsor with Bronson Hospital for speaking event – how to provid culturally sensitive healthcare for LGBTQ+ individuals and families

#### Feedback & Results

Faculty feedback (based on informal conversations):

- Increased comfort level and knowledge
- Increase in inclusion in case studies, assigned readings

**Student feedback:** (based on informal conversations and formal written assignments):

Increased knowledge and comfort

"One thing that I have noticed about myself is that I assume people's gender and sexuality as being cisgender and straight, which is not always the case.... This training has made me a better person and will make me a better healthcare provider in the future."

Increased advocacy (several volunteered at Pride Kalamazoo)



- Prioritizing into courses with other necessary content
- Finding relevance (not on licensing exam for nursing)
- Religious / philosophical beliefs that LGBTQ+ identity and/or actions are unacceptable



- Quantitative survey of students faculty, and staff will be completed in September, 2019 (potential annual survey).
- Safe on Campus training integrated into beginning course for all BSON students

