

1 **THE COMPETITIVE EFFECT OF VETIVER GRASS ON NATIVE**
2 **GRASSES AND IMPLICATIONS FOR GRASSLAND**
3 **REHABILITATION IN SOUTH AFRICA**

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6 By

7
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12 **Submitted in fulfilment of the academic requirements for the degree of**

13
14 **MASTER OF SCIENCE**

15
16
17 **In the Discipline of Grassland Science**

18 **School of Life Sciences**

19 **College of Agriculture, Engineering and Science**

20 **University of KwaZulu-Natal**

21 **Pietermaritzburg**

22 **South Africa**

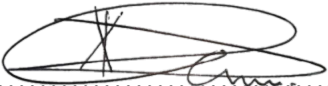
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PREFACE

The research contained in this thesis was completed by the candidate while based in the Discipline of Grassland Science, School of Life Sciences of the College of Agriculture, Engineering and Science, University of KwaZulu-Natal, Pietermaritzburg Campus, South Africa. The research was financially supported by National Research Foundation (NRF) and UKZN College bursary.

This thesis is the result of the author’s original work except where acknowledged or specifically stated to the contrary in the text. It has not been submitted for any degree or examination at any other university or academic institution.



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48 **DECLARATION: PLAGIARISM**

49 I, Lindokuhle Xolani Dlamini, declare that:

50 (i) The research reported in this dissertation, except where otherwise indicated or
51 acknowledged, is my original work;

52 (ii) This dissertation has not been submitted in full or in part for any degree or
53 examination to any other university;

54 (iii) This dissertation does not contain other persons' data, pictures, graphs or other
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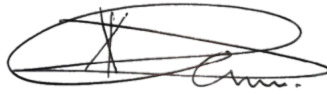
59 a) Their words have been re-written but the general information attributed to them
60 has been referenced;

61 b) Where their exact words have been used, their writing has been placed inside
62 quotation marks, and referenced;

63 (v) Where I have used material for which publications followed, I have indicated in detail
64 my role in the work;

65 (vi) This dissertation is primarily a collection of material, prepared by myself, published
66 as journal articles or presented as a poster and oral presentations at conferences. In some cases,
67 additional material has been included;

68 (vii) This dissertation does not contain text, graphics or tables copied and pasted from the
69 Internet, unless specifically acknowledged, and the source being detailed in the dissertation and
70 in the References sections.

71 
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74 Date: 25 May 2018

75

ABSTRACT

76
77 Vetiver grass (*Chrysopogon zizanioides*) is a perennial C₄ grass that originates from central
78 India. This grass is used worldwide for soil (e.g. erosion control) and water conservation (e.g.
79 wetland and river rehabilitation) because it is a fast-growing tufted grass with a dense root
80 system that reaches 3 meters deep forming a wall-like structure that binds soil particles. Vetiver
81 is a very hardy grass, allowing it to withstand environmental hazards such as drought, frost, and
82 floods. The most commonly used cultivars produce infertile seeds or even no seeds, hence it
83 reproduces vegetatively. To date, no study has investigated the competitive ability of vetiver,
84 factors influencing its competitive ability, whether it inhibits germination and establishment of
85 native grasses, and its role in secondary succession of native grasses. The predicted global
86 increase in atmospheric nitrogen deposition and excessive use of agricultural fertilizers will
87 result in changes in soil nutrient status, hence altering the plant competitive trade-offs that drive
88 species coexistence. Introduced plants, for example, are often more adapted to environmental
89 changes and this may lead to invasion through competition with native plants. This study had
90 three aims; 1) to examine the behaviour of vetiver and its association with native grasses in the
91 field; 2) to investigate the effect of established vetiver tufts on native grasses (*E. curvula* and *P.*
92 *maximum*) seed germination and seedling establishment. Within this aim, the effect of different
93 sowing method on seed germination and establishment, and the effect of vetiver tufts when root
94 competition is excluded was also investigated. Lastly, to investigate the competitive effect of
95 established vetiver tufts and soil nutrient status on mature native grasses (*Eragrostis curvula*,
96 *Digitaria eriantha*, *Panicum maximum*, and *Hyparrhenia hirta*). The last two aims were
97 investigated using a pot trial. The most important results from the surveyed sites were the
98 marked increase in grass species richness with an increase in distance away from planted vetiver,
99 the abundance of bare ground around planted vetiver, and the presence of the recruited vetiver
100 away from planted vetiver. However, in the pot trial, presence of vetiver tufts facilitated seed
101 germination in both *E. curvula* and *P. maximum*, and seeds sown on the surface had a greater
102 germination percentage compared to other sowing methods. However, vetiver presence inhibited
103 seedling establishment of these grasses, even when the root competition was excluded. Vetiver
104 shade could be retaining soil moisture and hence, creating a favourable environment for the
105 seeds of native grasses to germinate. A combination of vetiver shade, direct root competition,
106 and allelopathy (possibly from oil produced by the roots) could be causing an inhibitory effect on

107 the establishment of these native grasses. Vetiver tufts exerted a weak competitive effect on all
108 native grass tufts, except for *D. eriantha*, under low nutrient status. Vetiver exerted a facilitative
109 effect on *D. eriantha* under low nutrient status. However, vetiver exerted a strong competitive
110 effect on all native grass species under high nutrient status, except for *P. maximum*, which
111 responded similarly under low and high nutrient conditions. Overall, narrow-leaved grasses (*E.*
112 *curvula* and *H. hirta*) had a weak competitive ability compared to broad-leaved grasses (*P.*
113 *maximum* and *Digitaria eriantha*). Therefore, morphological traits are important in competition
114 studies and can predict species that might coexist with vetiver. As soil nitrogen continues to
115 increase globally, this will affect coexistence between native grasses and vetiver, with vetiver
116 gaining competitive advantage over native grass. There is no doubt that vetiver is beneficial for
117 soil and water conservation; however, this study shows that vetiver persists for decades, native
118 grasses fail to successfully recruit in close proximity to vetiver, and vetiver is a strong competitor
119 under both low and high nutrient soils. Irrespective of the predicted increase in soil nutrient
120 status, vetiver is unlikely to be succeeded by the native grasses and therefore, should be used
121 only in heavily degraded sites (e.g. gully erosion) for cover (soil protection) and not for the
122 purpose of retaining or promoting species diversity.

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ACKNOWLEDGMENTS

320
321 The work presented here would not have been possible without the help of the following
322 institutions and numerous people. I would like to give my sincere thanks to everyone who
323 dedicated their time and/or money to make this project a success.

324 Firstly, I would like to thank both my supervisors, Dr. Michelle J Tedder and Prof. Kevin
325 P Kirkman for their numerous comments, critiques, and encouragement throughout the duration
326 of my masters. From the time we met to discuss the proposal for this study and the experimental
327 designs, I have been astonished by their vast knowledge and willingness to share such
328 knowledge with others. This project would not be possible without their invaluable efforts.

329 Secondly, I would like to thank National Research Foundation (NRF) and University of
330 KwaZulu-Natal (UKZN) for funding this project. Without their funding, this project would have
331 not even commenced.

332 Thanks to Mrs. Alison Young and her staff at the UKZN Botanical Gardens,
333 Pietermaritzburg, for providing space at the greenhouse and shade-cloth, ordering potting soil
334 and sand. In addition, I would like to thank specifically Mr. Welcome Ngcobo who was very
335 helpful even during the experimental setup. I thank Dr. Terry Everson for her input, providing
336 me with vetiver tufts, and allowing me to use her study sites at Okhombe Valley, Northern of
337 Bergville, and KwaZulu-Natal. I would like to thank Mrs. Mavundla who is part of the Okhombe
338 Monitoring group, for her help with sites identification and information on the year of vetiver
339 plantings.

340 I thank Prof. Steven Johnson for his help with statistical analysis, particularly for the
341 introductory workshop on generalized linear models. Additionally, I would like to thank the
342 Microscope and Microanalysis Unit PMB UKZN staff for teaching me how to use the NIS-
343 Elements Br software for root density pixel analysis. Without their help, this aspect of my thesis
344 would not have been possible.

345 Thanks to my colleagues, Naledi Zama, Nolwazi Hlongwane, Lindokuhle Ngcobo, Pretty
346 Zungu, and Kondwani N Shawula for help with data collection in the field, experimental setup,
347 and harvesting of my trials. A special thanks to Lindokuhle Ngcobo who worked tirelessly,

348 motivated me at times, and even dedicated two weeks just to help me finish harvesting my trials.
349 Thanks to Pumla Dlamini and Stuart Demmer for assisting with editorial work.

350 A special thanks to my mother Miss Thembile Myeza, and my two siblings Nomza
351 Gumede and Melizwe Gumede, for the supports, understanding, motivations, and love they
352 showed both to me and my research even when I was not there physically for them. This study
353 would not be possible without their unconditional support.

354 Lastly, my Lord and saviour Jesus Christ to whom I owe my existence.

355 **1 CHAPTER ONE: THE ROLE AND DYNAMICS OF VETIVER GRASS IN**
356 **REHABILITATION OF GRASSLANDS IN SOUTH AFRICA**

357 **1.1 INTRODUCTION**

358 **1.1.1 Grasslands in South Africa**

359 *Importance and classification*

360 Grasslands are economically and ecologically important ecosystems, and they cover a large
361 proportion of the earth’s surface. In South Africa, they constitute approximately 28.4% of the
362 land surface (Tainton, 1999; Fish et al. 2015). They contribute significantly to agriculture,
363 provide numerous ecosystem services (e.g. water), and are rich in biodiversity (Palmer and
364 Ainslie, 2005). Variability in grassland systems is driven mostly by environmental factors and
365 disturbance (i.e. grazing and fire) (Tainton, 1999). Grasslands are managed and maintained
366 through a top-down approach by means of grazing, fire or an interaction between the two
367 (Tainton, 1981a). Milchunas et al. (1988), defined grasslands by categorizing them as either
368 being climatically determined (climatic climax), successional, or agricultural. Climatic climax
369 grasslands have insufficient soil water to support a forest ecosystem but sufficient to maintain the
370 grass layer (Milchunas et al., 1988). Milchunas et al. (1988), suggested that savanna or shrub
371 steppe ecosystems (i.e. ecotone between grassland and forest) with an annual rainfall that is
372 between 250 - 1000mm, are also classified as climatic climax grasslands. Successional or
373 agricultural grasslands are those that result from clearing of forests, hence are maintained by
374 agronomic or other management practices (Acocks, 1988; Milchunas et al., 1988). However, not
375 all fire dependant grasslands are as a result of forests clearing. Some are naturally grasslands but
376 become encroached by woody plants when fire frequency decreases. These grasslands are not at
377 equilibrium with climate and Acocks (1988) termed them “false grasslands” as they require fire
378 to maintain the grassy layer. These grasslands are known as fire climax grasslands, similar to
379 what Milchunas et al. (1988) called successional or agricultural grasslands. The major focus of
380 grassland management is to maintain species diversity and good veld condition. In order to do
381 this, proper management of both fire and grazing is important in grasslands to avoid veld
382 degradation, mostly through soil erosion or species loss (Tainton, 1999).

383

384

385 ***Degradation***

386 Grasslands are among the most degraded ecosystems globally, because of poor management and
387 a growing human population leading to increased demand for space for development and
388 agricultural practices. Grassland degradation can take many forms, from species shift (i.e.
389 dominance of one species, alien plant invasion, and woody-plant encroachment) to soil erosion.
390 One of the main drivers of such changes in grassland ecosystems is agricultural practices, such as
391 nutrient enrichment and overgrazing (Everson et al., 2007). Changes in soil nutrient status result
392 in changes in grassland species composition, through giving a competitive advantage to species
393 which thrive on nutrient-rich soils or that tolerate nutrient toxicity (Gough et al., 2000).
394 Furthermore, overgrazing, mostly in high altitude fire climax grasslands, results in degradation
395 as a result of soil erosion (Everson et al., 2007). This is because in high rainfall areas there are
396 mostly well-drained, dispersive soils, which are susceptible to erosion (Fey, 2010).
397 Rehabilitation or restoration is important for the maintenance of ecosystem function, provision of
398 ecosystems services, and biodiversity promotion.

399 ***Rehabilitation***

400 Grassland rehabilitation aims to facilitate the reestablishment and recovery of ecosystem
401 functions that have been damaged, degraded, or destroyed (Zaloumis and Bond, 2011). Relying
402 on secondary succession processes to naturally rehabilitate rested degraded grasslands is
403 inadequate and does not always work (Zaloumis and Bond, 2011). Rehabilitation in grasslands
404 is slow, difficult, and time consuming, and is required mostly when nutrient-rich top soil has
405 been eroded as a result of soil erosion. The soil seedbank is also lost in the process of erosion,
406 reducing the chance of natural reestablishment of native grasses. This means, rehabilitation
407 efforts shift to the reintroduction of plant propagules (seeds through reseeding, or hydro-seeding,
408 and vegetative propagation-tillers or tufts). Native grasses usually fail to establish in the newly
409 exposed nutrient-poor soil, of which in turn leads to the introduction of fast-growing, soil
410 stabilizing and restoring plants, which are usually alien grasses e.g. Vetiver and Pampas grass
411 (Everson et al., 2007). However, these grasses, depending on their competitive ability and ability
412 to spread, could transform the natural grassland to a monospecific sward.

413

414 **1.1.2 Vetiver grass**

415 ***Coexistence with other species***

416 Vetiver (*Chrysopogon zizanioides* (L.) Roberty) is a tufted perennial fast-growing grass
417 from central India with deep root systems that reach approximately 3m deep in a wall-like
418 formation and bind soil particles together (Chōmchalao, 2001; Adigun and Are, 2015). In its
419 native range it forms dense stands and competes strongly with other grasses, because of its
420 unique morphological and physiological features. It is also, an ecological climax, hardy grass
421 enabling it to withstand a variety of environmental conditions (drought, floods, and fires).
422 Information on its ecology is seldom available, particularly in terms of its coexistence with other
423 grasses and competitive strategies. However, it produces oil in its roots which could have
424 allelopathic properties and might inhibit recruitment of other grasses.

425 ***Competition***

426 Competition is important in understanding plant coexistence. Competition refers to the
427 negative interference or effects caused by the presence of neighbouring plants, usually through
428 reducing the availability of resources (Eagles, 1972; Fowler, 1986; Casper and Jackson, 1997).
429 Competition plays an important role in structuring grassland and savanna ecosystems. Plants can
430 either compete aboveground for light or belowground for soil resources (water, nutrients, and
431 space), and/or above- and belowground for both, simultaneously (Goldberg, 1996). Numerous
432 studies show that introduced plants are more competitive than the native plants because they
433 acquire resources more efficiently, lack natural enemies, and some produce allelopathic
434 chemicals which inhibit growth of native plants (Alpert et al., 2000; Bakker and Wilson, 2001;
435 Milton, 2004). These attributes could promote the dominance of introduced plants, such as
436 Vetiver, over the native plants. This change in species composition will alter the overall diversity
437 of the grassland or savanna ecosystem. Understanding the ecology, mostly the competitive
438 ability of grasses used for rehabilitation of degraded grasslands is important for the formulation
439 and adaptation of better rehabilitation strategies.

440 ***Application***

441 Irrespective of the limited knowledge of its ecology, vetiver's unique morphological and
442 physiological features deem it usefull for soil and water conservation. This grass has been used

443 successfully for decades, for rehabilitation of eroded soils, phytoremediation (as it roots can
444 absorb toxic heavy metals/chemicals), wetland rehabilitation, slope stabilization, and soil
445 conservation, in India and worldwide. The oil from its roots is used in the cosmetic and
446 pharmaceutical industries as it has antifungal and anti-microbial properties. These applications
447 have popularized the use of this grass, but in South Africa, it is mainly used for soil erosion
448 control, rehabilitating mine waste, roadside slope stabilization, and waste water treatment
449 (George et al., 2001; Truong and Loch, 2004; Mulder and Brent, 2006).

450 This review aims to give a theoretical background to the problem statement and study
451 questions, by linking background information on vetiver grass to competition, seed germination,
452 seedling establishment, and grassland management.

453 **1.2 VETIVER GRASS (CHRYSOPOGON ZIZANIODES (L.) ROBERTY)**

454 **1.2.1 Growth and behaviour of vetiver grass**

455 Different grasses with different growth forms require different environmental and
456 climatic conditions for germination, establishment, and maturity. Growth form is of ecological
457 significance as it can provide important information about the life history of the grass. Vetiver
458 grass growth is highly dependent on its root system and vegetative reproduction because it
459 produces infertile seeds (Dalton et al., 1996). The reason for this infertility is unknown (Council,
460 1993). Most researchers have speculated that perhaps the plants are “sterile” or conditions for
461 germination are seldom present. However, there are two varieties of vetiver grass which have the
462 same botanical name (Council, 1993). The “colonizer” wild variety from North India, and the
463 “sunshine” commercially propagated variety from south or central India. The “colonizer” is an
464 aggressive grass capable of spreading, and Council (1993) stated that, if this variety is
465 mistakenly used for soil stabilization, it could become a weed. The sunshine variety was
466 believed to be seedless, with only vegetative reproduction but it has been observed to produce
467 infertile seeds. The question of why would it invest its resources producing infertile seeds,
468 remains unanswered. For this reason the ‘sunshine’ variety is said to not spread.

469 It is not easy to differentiate between these two varieties, particularly when there are no
470 flowers. Researchers have relied on morphological and physiological characteristics to
471 differentiate between these two varieties. The commercially propagated variety is said to have a
472 thicker stem, roots with less branching, and wider leaves (1.1cm on average) than the wild

473 variety but these characteristics may be too simple to be truly diagnostic (Council, 1993).
474 Furthermore, the commercially propagated variety produces more root biomass and hence more
475 oil (Council, 1993). Initially, vetiver was utilized for its oil and therefore, domestication could
476 have been aimed at producing greater oil yields, not at inhibiting sexual reproduction. This is
477 further evidenced by the fact that utilization of oil was initiated in India, the country of origin, so
478 negating the need for a sterile cultivar. Therefore, vetiver grass having infertile or sterile seeds
479 could have been a by-product of breeding for maximum oil production. Both the commercially
480 propagated, which have many cultivars, and the wild variety are dominant in the tropical and
481 subtropical plains throughout northern India. Both these grasses, particularly the wild variety,
482 prefer low-lying, damp (i.e. swamps and bogs) sites or even river margins (Council, 1993;
483 Dalton et al., 1996).

484 Adams et al. (2003) suggest that the origin of a non-seeding variety is unknown.
485 However, because there is still a wild vetiver (found in the northern part of India), researchers
486 have begun to use DNA fingerprinting to understand differences between wild vetiver and all
487 other known cultivars. Adams and Dafforn (1997) found that 86 % of 121 plants sampled
488 originated from a single clone (no variation in genetic material). Furthermore, Adams et al.
489 (1998) examined the vetiver wild variety, cultivars, and related genera (*Sorghum* and
490 *Chrysopogon*) using DNA fingerprinting, which led to Veldkamp (1999) combining DNA
491 fingerprinting and morphological data to show that species under *Vetiveria* actually fall under
492 *Chrysopogon*. Therefore, *Vetiveria zizanioides* (L.) Nash. was changed to *Chrysopogon*
493 *zizanioides* (L.) Roberty (Veldkamp, 1999; Adams and Center, 2000). An important finding of
494 this work was that the genetic material revealed no substantial differences between the wild and
495 commercially propagated vetiver. The only differences relate to reproduction, root biomass and
496 oil production (Adams and Dafforn, 1997; Adams et al., 1998; Adams et al., 2003).

497 Vetiver grass development is affected by daily temperature, soil moisture, and soil texture
498 (Wang, 2000; Nix et al., 2006). As it is a tropical grass it is adapted to high rainfall and
499 extremely warm conditions with deep soils, resulting in the extensive root systems that make it
500 useful for soil stabilization. Subfreezing conditions have been documented to significantly
501 reduce vetiver grass growth (Nix et al., 2006). For example, in China from Hainan Island (10°N
502 latitude) to Tianjing (39°N latitude)), when vetiver grass was grown in areas with a mean

503 temperature of -4°C with the minimum temperature reaching -22°C , the grass showed a slow
504 growth of about 0.5cm daily (Xu, 2002). Cheng et al. (1994) showed that vetiver started to grow
505 well when mean temperatures reached $10\text{-}15^{\circ}\text{C}$, the fast growth seen between 20 and 30°C or
506 higher with a daily growth of 2-3 cm in height. Many studies supported these findings,
507 suggesting that at higher temperatures, vetiver grass started tillering and flowering (Xia et al.,
508 1998; Huang, 1999; Xu, 2002). However, when temperatures reach 40°C or above, the growth
509 slowed (0.5cm height increase daily) (Xia et al., 1998), suggesting that both very low and high
510 temperatures negatively affect the growth of this grass. Temperature fluctuations have not been
511 reported to cause mortality in vetiver.

512 Huang, (1999) noted that vetiver grass height and biomass is more dependent on soil
513 fertility rather than temperature. For example, vetiver grass grew up to 3 m in a fertile loam soil
514 in China compared to a white sandy soil where the grass only grew up to 1m over the growing
515 season with similar temperatures (Huang, 1999). Fertile soils do promote growth and survival of
516 vetiver grass. Studies have shown that vetiver grass growth and leaf quality is mostly influenced
517 by soil phosphorus availability (Huang, 1999; Xu, 2002; Wagner et al., 2003). Soils with limited
518 phosphorus availability result in a slow growth or sometimes mortality in vetiver grass. In
519 contrast, vetiver grass has shown enhanced growth under high levels of soil nitrogen and
520 phosphorus

521 Vetiver can grow in a variety of environmental conditions (e.g. arid to semi-arid to high
522 humid regions), however, even though it can tolerate drought and salinity, it prefers nutrient-rich
523 and high rainfall areas (Truong et al., 1999; Maffei, 2003). A study in China showed that vetiver
524 grows better than the well-known drought-tolerant grass, *Paspalum notatum* during drought (Xu,
525 2002). Edelstein et al. (2009) suggested that salinity levels between 3 and 6 deciSiemens per
526 metre (**dS/m**) do not cause significant reduction in growth and mortality in vetiver grass.
527 However, salinity levels above 6dS/m caused extensive reduction in yield, leaf and root quality
528 and even increased tuft mortality (Xu, 2002; Edelstein et al., 2009). This, therefore, is one of the
529 main reasons why vetiver performs poorly in arid regions. In contrast, vetiver grass grows well
530 in wetlands and swamp areas. The grass can even grow in soilless water, when only the leaves
531 are not covered by water (Xu, 1998, 2002). However, vetiver cannot stand long-term

532 waterlogging; for example, Xu (2002) showed that it does not survive when water levels are
533 higher than the base of the tillers during the growing season.

534 **1.2.2 Effect of disturbances on vetiver grass**

535 Grass behaviour cannot be extensively understood without considering the effect of
536 disturbance. Disturbance can be either natural or anthropogenic through grassland management.
537 The two main grassland disturbances utilized in management are fire and grazing. These two
538 disturbances are important in the understanding of grassland ecosystems as they are key factors
539 that influence grassland composition and maintain the dominant grass layer (Tainton, 1981a;
540 Tainton, 1981b, 1999). These two factors either promote or reduce plant diversity by means of
541 promoting the dominance of disturbance-tolerant, grazing resistant, and unpalatable grasses
542 (Tainton, 1981b). For these reasons, it is important to consider how vetiver responds to
543 management through fire and grazing.

544 Vetiver grass invests extensively in its root system and is said to be highly dependent on
545 roots for regrowth, survival and spreading (Council, 1993; Truong, 2000b; Xu, 2002). Fire does
546 not affect the root systems, therefore, vetiver grass is assumed to be tolerant to both hot and cool
547 fires (Council, 1993). Furthermore, vetiver stays green even in the dormant season which could
548 affect its flammability, and thus fire behaviour. However, no specific study has addressed how
549 vetiver responds to fire. The evidence that exists is anecdotal from small-scale farmers and
550 projects (Xu, 1998, 2002). As such, no scientific experiments, to the best of my knowledge, have
551 been done to evaluate the response and regrowth of vetiver after fire. Furthermore, not much is
552 known about how vetiver responds to fire intensity and frequency. However, considering vetiver
553 grass morphology and growth, it would be feasible to speculate that vetiver could withstand fires
554 because of its low flammability resulting from staying green even in the dormant season. Fire
555 also could result in the regrowth of those few tillers and leaves that were dormant in the time of
556 fire (Council, 1993).

557 Growth and survival of palatable plants are the two factors most frequently affected by
558 grazing, although trampling also influences germination and establishment through compacting
559 or breaking up compacted soil. However, the outcome of trampling is mostly dependent on the
560 soil physical properties. Vetiver grass has been observed being eaten by most livestock, which
561 suggests that it is relatively palatable when still young and not very fibrous (Council, 1993).

562 Testing the effect of grazing on a plant is usually done through simulated herbivory (e.g.
563 clipping). Experiments in Guangdong province in the 1950s showed that when vetiver with a
564 height of 150 cm was pruned to approximately 30 cm height, it produced on average 18.6 more
565 tillers in 40 days compared to the uncut plants (Xu, 2002). Xia (1995) suggested that clipping
566 twice annually, early in the year (February or March) and later (August or September)
567 accelerates tillering. However, because vetiver has strong fibrous leaves, it is safe to suggest that,
568 when mature, it is a highly unpalatable grass; hence, it is unlikely that grazing will affect the
569 growth and survival of vetiver.

570 Vetiver is more fibrous and has sharp edges in resource-poor regions or cold areas (Xu,
571 2002). Therefore, vetiver grass could only be eaten when it is young and when preferred grasses
572 are limited (Xu, 2002). This could result in its dominance in areas with unmanaged grazing
573 (selective grazed patches) or overgrazing. Integration of fire might increase the likelihood of
574 grazing as the regrowth might be palatable. However, to my knowledge, no studies have looked
575 closely at the palatability and digestibility of vetiver grass at different growth levels.

576 **1.2.3 Vetiver grass uses**

577 Environmental degradation has become a major problem worldwide, more specifically in
578 developing countries such as South Africa. Land degradation includes, but is not limited to,
579 species loss (decreasing diversity and richness), soil loss (erosion and pollution of arable soil),
580 water pollution and water reduction/loss (through changes in catchment vegetation - domination
581 of alien trees which uses more water e.g. eucalyptus species) (Bojö, 1996; Faria et al., 2015).
582 Drought, flooding and other environmental hazards which are as a result of climate change are
583 contributing extensively to land degradation (Bojö, 1996; Faria et al., 2015). These hazards or
584 climate change at large, are believed to be accelerated by changes in land use which are caused
585 by the human population growing exponentially (Faria et al., 2015). The growing demands for
586 food (hence, increase in industrial agriculture- extensive use of fertilizer) and energy (growing
587 demand for oil, coal and gas extraction, hence increase in carbon dioxide (CO₂) in the
588 atmosphere) are a by-product of human population growth (Change, 2001; Guillebaud and
589 Hayes, 2008). The collective effect of changes in land use on soils are; 1) ecosystem
590 eutrophication through nitrogen deposition, and 2) soil contamination through heavy metals

591 deposition [e.g. Zinc (Zn), lead (Pb), and Cadmium (Cd)] from mines (O'Rourke et al., 2016).
592 This then affects the aboveground vegetation, soil microbes, and water health.

593 Soil contamination degrades ecosystem health, affecting human lives indirectly through
594 the loss of agricultural lands and water pollution, and directly through public health, as many
595 pollutants are linked or associated with cancer and neurological disorders (O'Rourke et al.,
596 2016), and reduced agricultural productivity, through the loss of nutrient-rich topsoil and thus the
597 reduction in arable land (Fey, 2010). Therefore, the unique structure and tolerance of vetiver
598 grass to different disturbances, environmental catastrophes, and soil conditions, popularized its
599 use for environmental protection and rehabilitation (i.e. soil and water conservation). In 1956
600 John Greenfield used vetiver grass to plant contours on eroded hillsides in Fiji (Council, 1993).
601 This intervention slowed run-off, retained nutrient-rich topsoil, and enabled him to plant
602 sugarcane successfully between the vetiver contours. This initiated research into vetiver grass
603 application in erosion control, agriculture, wastewater treatment, and phytoremediation. The
604 widespread application of vetiver grass known as vetiver grass technology (VGT) was initiated
605 in India by the World Bank for soil and water conservation around the 1980s (Truong et al.,
606 1999; Truong, 2000a; Greenfield, 2002).

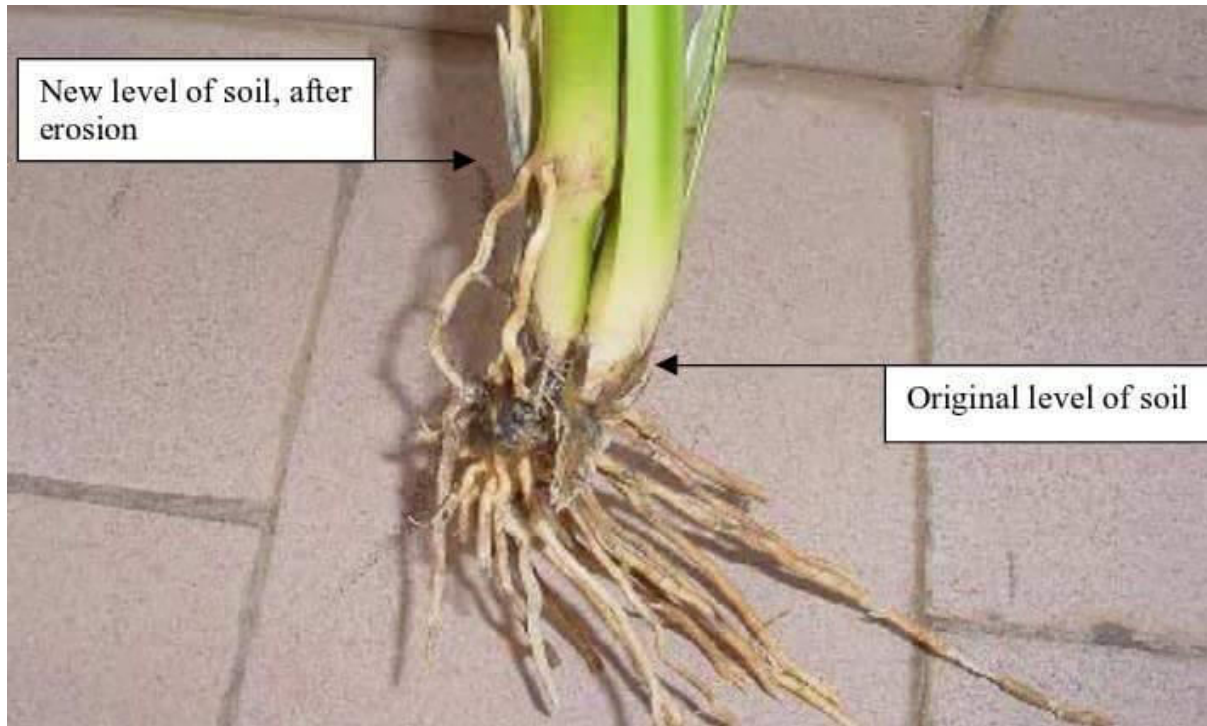
607 This research funded by the World Bank and conducted for several decades has
608 demonstrated that vetiver grass technology is an effective, safe and low-cost natural method of
609 environmental protection (Council, 1993; Adigun and Are, 2015). For this reason, vetiver grass
610 has been used successfully for soil protection and rehabilitation of rill and gully erosion (Cao et
611 al., 2015). It has been shown to successfully reduce soil loss up to 100% through binding the soil
612 with roots and creating a new root level on a culm depending on the new soil level (see Figure.
613 1.1). In addition, it can increase water conservation up to 60% (Dalton et al., 1996; Xu, 2002;
614 Cao et al., 2015). The ability of vetiver to absorb toxic chemicals and heavy metals effectively
615 has also led to its use as a phytoremediation plant (Truong et al., 1999). Vetiver has been used
616 successfully all over the world for rehabilitating abandoned mine sites and it has proven effective
617 in restoring and maintaining soil health on those sites (Truong et al., 1999). Furthermore, vetiver
618 has recently been used as a floating island in contaminated or nutrient-rich dams to absorb excess
619 nutrients and contaminants, cleaning the water and restoring ecosystem function (Truong, 2000a;

620 Truong, 2000b; Truong et al., 2001). Vetiver also has been used successfully in wastewater
621 treatment (phytoremediation) and in rehabilitating landfill sites (Truong et al., 2001).

622 Recent studies have also shown that vetiver grass can be used as an anti-pest or insect
623 trap species to improve agricultural productivity, through drawing insect pests away from crops
624 (Shengluan and Jiayou, 1998). Vetiver grass has been reported to be eaten by most herbivorous
625 insects, mostly termites (Shengluan and Jiayou, 1998). However, most studies, both
626 observational and experimental, indicate that vetiver does not die as a result of herbivory
627 (Shengluan and Jiayou, 1998; Van den Berg et al., 2003). The highest recorded damage caused
628 by termites on the stem is 39% (Shangwen, 1999; Zhu et al., 2001). Van den Berg et al. (2003)
629 conducted a two-choice greenhouse and laboratory study to understand whether vetiver grass is
630 preferred by female *Chilo partellus*, a problematic moth in maize farming, and whether vetiver
631 can be used as a pest control plant. They used maize, vetiver, and napier grass (*Pennisetum*
632 *purpureum*), a grass that is widely used in Africa as a trap crop for stem borers. They showed
633 that vetiver grass was highly preferred for oviposition; however, larval survival on vetiver grass
634 was extremely low, significantly lower than on the napier grass (Van den Berg et al., 2003).
635 Therefore, their study supported the notion that vetiver grass could be used as a trap plant for
636 insect pest control, as it attracts the insects away from the crops and reduces their survival. For
637 this reason, vetiver has great application in agriculture and mostly in subsistence farming.

638 In windy areas, vetiver has been used as a windbreak for crops (e.g. maize) mostly by
639 small-scale farmers (Shengluan and Jiayou, 1998). This is done by planting vetiver in contours
640 and the crop plant between those contours. Under these circumstances not only does vetiver
641 reduce soil erosion but increases agricultural productivity by reducing wind damage (Shengluan
642 and Jiayou, 1998; Everson et al., 2007). The space between vetiver contours and the space
643 between vetiver tufts planted in rows is dependent on the topography and the purpose of planting
644 vetiver (Greenfield, 2002; Everson et al., 2007). Spaces between contours in the agricultural
645 fields are generally wider than those of slope stabilization (e.g. roadside) or soil erosion control
646 (i.e. sheet, rill or galleys) (Greenfield, 2002; Maffei, 2003). Generally, for soil erosion control,
647 tufts are planted 15cm to 30cm apart; however, between vetiver contours, the landscape, and the
648 purpose are usually the key determinants of spacing, with most scholars advocating two meters
649 (Council, 1993; Greenfield, 2002; Maffei, 2003; Everson et al., 2007).

650 Aside from rehabilitation, remediation, and agriculture, the commercial uses of vetiver
651 grass mainly pertain to the extraction of vetiver oil through distillation of the roots. Vetiver oil
652 has extensive applications in the cosmetic industry (e.g. soaps, deodorants and refreshing sprays)
653 and is also used as an anti-microbial and anti-fungal agent in the pharmaceutical industry
654 (Chomchalow, 2001). Furthermore, vetiver is also used in the manufacturing of handy-crafts,
655 thatching of houses, and organic compost production.



656
657 Figure 1.1: New root level formation on vetiver grass culm because of sedimentation (The
658 Vetiver Network International, 2017).

659
660 **1.2.4 Competition and nutrient addition**

661 Being an ecological climax species, vetiver can outlive its neighbours even other climax
662 species, mostly in relatively nutrient-poor soils (Council, 1993). The question as to whether
663 vetiver affects adjacent plants has not been addressed scientifically. The answers obtained
664 through observations by farmers and researchers show uncertainty and a lack of knowledge
665 about the ecology of this grass. For example, Council, (1993) stated that in theory, vetiver should
666 compete with adjacent plants for water and nutrients. However, no study has examined this.

667 Furthermore, an edge effect has been reported by farmers, where vetiver limits growth and
668 reduces the productivity of the nearest crop plants; however, not all crops have been reported to
669 experience this effect. This could mean that vetiver does not affect all crops or that farmers do
670 not report the effect but is apparent that there is some effect caused by vetiver grass on
671 neighbouring plants.

672 Vetiver grass does well in high rainfall areas and nutrient-rich soils. However, no study has
673 shown how vetiver competes with other grasses, and if competition differs under different
674 environmental conditions. Therefore, noting that phosphorus is a key limiting resource and that
675 the addition of phosphorus increases productivity, one could expect increased competitive ability
676 following fertilization.

677 **1.3 COMPETITION**

678 **1.3.1 Role of competition in grasslands**

679 *Importance of competition*

680 Grasslands are maintained mostly through a top-down effect where perturbations (outside
681 influence, i.e. disturbance such a fire and grazing) are of significance and control the ecosystem
682 stability. There is agreement among ecologists with regard to the importance of perturbations,
683 mostly because of their effect on plant interactions (Kirkman, 1988; Robinson and Rorison,
684 1988; Tainton, 1999). While ecologists agree that competition is important in structuring
685 grasslands there is uncertainty regarding whether competition promotes or reduces species
686 richness and diversity.

687 The definition of competition has been a subject of discussion among ecologists for
688 decades. However, because the experimental design used to study competition is fairly standard,
689 a general definition could be created. The basic experimental design involves a target species
690 growing in the presence or absence of neighbouring species, with the manipulation of limiting
691 resources (Goldberg, 1996; Cahill, 1999, 2002). Wall and Begon (1985) offered a simplified
692 definition of interspecific competition, suggesting that competition is “an interaction between
693 individuals, brought about by a shared requirement for a resource in limited supply, and leading
694 to a reduction in the survivorship, growth and/or reproduction of the competing individuals
695 concerned”. As this definition is fairly broad, one can extract a definition that suits the objectives

696 of the study. Hence, here we define competition as a negative interference, being either direct or
697 indirect suppression of one plant by another through resource utilization differences (Fowler,
698 1986). This is seen when one plants' ability or utilization of resources decreases or influences the
699 growth, fecundity, and survival of a neighbouring plant (Casper and Jackson, 1997). Competition
700 is measured using functional traits such as plant height, shoot/leaf production, biomass, and
701 tillering. However, the most effective measure is biomass (both above and below ground)
702 because it has been shown to give conclusive results (Peltzer et al., 1998) that are useful in
703 explaining the effect of competition in structuring plant communities (Tedder et al., 2012).

704 Interspecific competition among ecologically similar species is suggested to be a major
705 driver of plant community structure (Wall and Begon, 1985). Studies have shown that
706 interspecific competition could drive certain species to local extinction or could promote
707 diversity (Hardin, 1960; Wall and Begon, 1985). For example, in a 12 year field trial, Fynn et al.
708 (2009) showed that grasses differ in their ability to resist invasion by other grasses, and that plant
709 functional traits can be used to predict species invasion and invasibility in restored grasslands.
710 Therefore, they suggested that restoration of diverse grasslands should use grasses with short
711 stature, low leaf mass, slow growth, few tillers, and high specific leaf area which may facilitate
712 succession by other native species, thereby increasing species richness (Fynn et al., 2009). This
713 is because such grasses had weak competitive effects as predicted by their traits. Interspecific
714 competition, therefore, can work to maintain species diversity in grasslands. However, the
715 grasses must be able to coexist spatially and temporally within the confines of limiting resources.

716 *Competition theories*

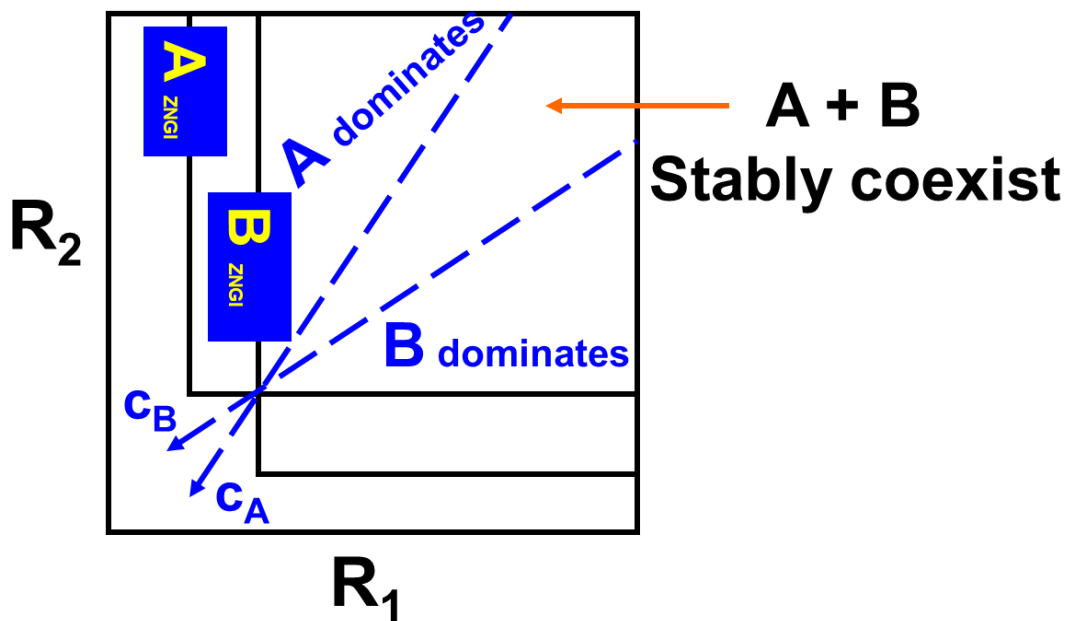
717 Plant species coexistence has been the subject of controversial debate among ecologists
718 for decades. Therefore, there have been many theories proposed to explain how different species
719 with similar ecological requirements could coexist (Grime, 1977; Tilman, 1980; Thompson,
720 1987; Craine, 2005). These theories differ in their objectives but all of them aim to further our
721 understanding of plant community structure. They each try to understand different topics,
722 ranging from the importance of competition and the role of competition in plant community
723 structure (i.e. Grime, 1977 and Tilman, 1980) to invasive plants (i.e. enemy escape theories and
724 novel weapons hypothesis) (Keane and Crawley, 2002; Wolfe, 2002; Colautti et al., 2004).

725 **Grime and Tilman**

726 Grime (1977) elucidating on his theory, suggested that there are two external factors
727 limiting plant biomass. The first one is stress, defined as ‘conditions that restrict production e.g.
728 shortages of light, water, or mineral nutrients and suboptimal temperatures’ (Grime, 1977),
729 which relates directly to competition because competition is dependent on the availability of
730 resources. The second one is disturbance, defined as “the partial or total destruction of plant
731 biomass” (Grime, 1977), e.g. fire, herbivory, pathogens, wind damage, frost, desiccation, soil
732 erosion, and anthropogenic activities (i.e. mowing, ploughing, and trampling). Grime used the
733 interaction between these two external factors to suggest that there are three possible
734 combinations of stress and disturbance, which result in three plant strategies (Campbell et al.,
735 1991b; Campbell and Grime, 1992). These strategies are 1) competitive plants, which dominate
736 in low stress, resource rich environments with low disturbance, 2) stress-tolerant plants,
737 dominant under high stress resource poor conditions with low disturbance, and 3) ruderal plants,
738 which thrive in low stress resource rich environments with high disturbance (Grime, 1977;
739 Grace, 1991). This theory will be referred in short as the CSR theory.

740 In short, Grime’s CSR theory suggests that species with the maximum capacity for
741 resource capture, thus having the highest growth rate will be superior competitors (Grime, 1977).
742 Therefore, competition is more apparent in resource-rich environments than in resource-poor
743 environments. For example, Mahmoud and Grime (1976) conducted a study focusing on the
744 competitive ability of three grasses under low nitrogen (resource-poor environment) and high
745 nitrogen (resource-rich environment) conditions. The grass species were *Festuca ovina*
746 (dominant in unproductive regions), *Agrostis tenuis* (dominant in intermediate-fertility regions)
747 and *Arrhenatherum elatius* (dominant in productive regions). Overall, they showed that
748 competition decreases in importance as resources availability decreases (Mahmoud and Grime,
749 1976). This was shown through the complete elimination of one species in each pair and the
750 order of competitive ability (*Arrhenatherum elatius* > *Agrostis tenuis* > *Festuca ovina*) showing
751 that grasses adapted to productive regions are more competitive than the ones adapted to
752 resource-poor environments (Mahmoud and Grime, 1976). Many studies have shown that
753 fertilization causes decline in species diversity, which is in support of this theory (Campbell et
754 al., 1991b; Campbell and Grime, 1992; Rajaniemi, 2002).

755 In contrast to Grime's CSR theory, David Tilman's R^* model of differential resource
 756 utilisation suggests that species with a lower minimum resource requirement (R^*), the point at
 757 which population decline or loss equals population growth, will be superior competitors (Tilman,
 758 1980, 1985; Tilman, 1987; Begon et al., 1990). This suggests that plant species with a low R^*
 759 are more competitive in resource poor-environments. To explain how coexistence in plants takes
 760 place in his theory, the use of illustrations is required (see Fig. 1.2 below). The basis of this
 761 model is the zero net growth isocline (ZNGI), which is defined in simple terms by Begon et al.
 762 (1990) as "the boundary between the resource combinations which allow the species to survive
 763 and reproduce, and the resource combinations which do not". However, for this theory to predict
 764 the outcome of two competing species, consumption vectors (C_A and C_B , in Fig.1.2) should be
 765 included. Therefore, where resource 1 (R_1) is limiting, species A dominates, but where resource
 766 2 (R_2) is limiting, species B dominates. Furthermore, above where the consumption vectors
 767 cross, the two species coexist. The consumption vectors indicate resource consumption of each
 768 species. If both species consume more of the resource that limits their own growth, the two will
 769 exhibit a stable coexistence, but when these species consume more of the resource that limits the
 770 other species, coexistence is not possible (i.e. if the consumption vectors are switched in Fig. 1.2)
 771 (Tilman, 1985; Grace, 1991).



772

773 Figure 1.2: Tilman's differentiation resource utilization model (R^*) modified from Begon et al.
774 (1990), with A ZNGI and B ZNGI representing isoclines (ZNGI) of species A and B, R_1 and R_2
775 representing resources, and CA and CB representing consumption vectors of species A and B.

776 Tilman suggested that species differ in their ability to compete for limited resources, thus for two
777 species to coexist, they must be differentiated on the basis of their individual abilities to compete
778 for different limiting resources (Grace, 1991). This is one of many assumptions underlying
779 Tilman's ratio model, which has raised controversial debate among ecologists. Thompson (1987)
780 argues with substantive evidence, using the five assumptions of Tilman's theory that Tilman's
781 work "opens up arguments about the nature of competition (above and below ground and at low
782 and high resource levels) and the evolution of life histories in response to stress, which I had
783 hoped had been settled 10 years ago,". However, Tilman (1987) suggested that Thompson (1987)
784 was in support of Grime's idea and misunderstood some of the predictions of his theory. He
785 suggested that his theory is supported by both field trials and pairwise competition experiments,
786 which has shown that the relative abundances of plant species change with changes in the
787 availability of limited resources, which is in line with his theory (Tilman, 1987).

788 Ward (2010), using water and nitrogen as limiting resources controlling the competition
789 between acacia trees and grasses, showed that Tilman's model can be used to understand the
790 effect of climate change on bush encroachment. He suggested that acacia trees (woody C_3 plants)
791 fix nitrogen, hence, they have a low R^* for nitrogen (Ward, 2010). Contrastingly, grasses can
792 easily access water from the upper soil layer; hence, they have a lower R^* for water (Ward,
793 2010). Therefore, he showed, using Tilman's model and a field experiment, that increases in
794 water availability will favour acacia trees and that increases in nitrogen availability will favour
795 grasses (i.e. Fig 1.2) (Kraaij and Ward, 2006). He suggested that the resource ratio model is
796 likely to be used as a predictor model once atmospheric CO_2 is about 450 ppm, which will result
797 in a shift from the higher net photosynthetic rate of C_4 plants to C_3 plants (Ward, 2010).

798 Both Grime and Tilman's theories are fundamental to our understanding of plant community
799 structure and how competition plays a role in ecosystem function. Given that these two scholars
800 differ in the way they define competition the comparison of these two theories has proven
801 difficult (Grace, 1990; Grace, 1991). However, Austin (1986) conducted a broad comparison and
802 suggested that both Grime and Tilman agree that soil nutrient levels, light, and disturbance are

803 important factors and hold the answers to understanding plant community structure. Grace
804 (1990) pointed out that a limitation of both theories is that they fail to distinguish between
805 adaptation to resource levels and adaptation to non-resource conditions (i.e. soil salinity).
806 Additionally, Craine (2005) commented that these two theories attempt to unify the disparate
807 theories regarding plant community structure, and the role the environment plays in the assembly
808 of these communities. Natural plant communities are inherently complex and dynamic, which is
809 why it has proven difficult to have one unified theory (Austin, 1986; Craine, 2005). Therefore,
810 these two theories both have important ideas about how some species might dominate in a
811 habitat and their response when resource availability changes.

812 *Plant invasions and theories?*

813 Grimes and Tilman's theories did not specifically address why introduced (alien) plants
814 dominate in new regions. However, their theories can be used to understand plant invasion, by
815 closely linking them to “niche opportunity “ (Shea and Chesson, 2002). Niche opportunity is
816 defined by Shea and Chesson (2002) as “the conditions that promote invasions in terms of
817 resources, natural enemies, the physical environment, interactions between these factors, and the
818 manner in which they vary in time and space”. This forms the basis of the enemy release
819 hypothesis (ERH) which states that plant species, upon introduction to a new region, experience
820 a reduced suppression by herbivores (mostly insects) and other natural enemies (e.g. competitors,
821 pathogens), which results in a rapid increase in their distribution and abundance (Keane and
822 Crawley, 2002; Wolfe, 2002; Colautti et al., 2004). Even though the focus of this theory is on
823 pathogens and insect herbivores, for this study, we focus more on competition as the natural
824 enemy. Therefore, differences in competitive ability between introduced and native plants may
825 help us understand the notion of plant invasion (Bakker and Wilson, 2001).

826 The ERH is underpinned by the assumption that a plant species in its native range
827 experiences suppression from combined enemies (i.e. competitors, pathogens and herbivores).
828 Competition with other plant species for resources, while experiencing suppression from both
829 specialist and generalist herbivores, results in the plant investing resources into survival, defense
830 or/and regrowth rather than on maximising reproductive output (Bakker and Wilson, 2001;
831 Wolfe, 2002; Bakker et al., 2003). However, the new habitat might lack all or some of the
832 aforementioned factors which allow the plant to reallocate available resources to rapid growth

833 resulting in invasion. The assumptions of the ERH are mostly related to insect herbivores and
834 specialist enemies, which are not the focus of this study. However, another hypothesis which
835 focuses more on competition is the “evolution of increased competitive ability hypothesis”
836 (Blossey and Notzold, 1995). This hypothesis states that, a historically introduced plant could
837 relocate resources previously used for defence to increase its competitive ability, because of
838 release from natural enemies (Blossey and Notzold, 1995; Blossey and Kamil, 1996). This
839 incorporates both competitive ability and time, suggesting that shifts in resource allocation take
840 time and which explains why some invasive species take time to show signs of invasion. This
841 hypothesis is supported by the minimum residence time (time since first record or introduction of
842 an alien species) which has been shown to explain patterns and plant invasion dynamics (Castro
843 et al., 2005; Visser et al., 2016). For example, in South Africa Visser et al. (2016) showed that
844 non-invasive alien grasses had a shorter resident time compared to naturalized or invasive
845 grasses.

846 Callaway and Ridenour (2004) pointed out that theories on alien plant invasion are
847 focused on enemies and they neglect exotic plant behaviour which includes biochemical
848 responses. They proposed an additional hypothesis, “the novel weapons hypothesis” which states
849 that exotic plants could be invasive through exuding biochemicals which are highly inhibitory
850 (allelopathic) to plants and/or soil microbes in the new habitat, but relatively ineffective to
851 communities in its native region (Callaway and Ridenour, 2004). Many invasive plants produce
852 these allelopathic chemicals. Vetiver is one such species, producing oil from its roots which has
853 been shown to inhibit germination and even growth of some weed species (Mao et al., 2004;
854 Mao et al., 2006). Allelopathic chemicals have been shown to alter the competitive between
855 species through excluding neighbouring species, thus facilitating invasion.

856 ***Plant succession and erosion control***

857 Plant succession is the progressive development of vegetation over time, through a series
858 of different plant communities or groupings in a region (Clements, 1916; Tainton, 1999). It could
859 be seen as a continual plant invasion because it occurs with and/or without anthropogenic
860 interference. The only difference between invasion and succession is that succession has a
861 direction and vegetation changes in a predictable manner over time, while invasion does not.
862 There are two types of plant succession, primary and secondary succession (Clements, 1916;

863 Clements, 1928; Tainton, 1999). Primary succession is initiated in an environment which
864 previously did not support vegetation (e.g. recently exposed bare ground or rock) (Tainton,
865 1999). Plants which can decompose rocks and which survive under extreme environmental and
866 climatic conditions, such as lichens, are usually the first colonizers (pioneer species) (Clements,
867 1928; Tainton, 1999). Secondary succession links well with the subject of this study. It is
868 initiated after disturbance, which resulted in the destruction of plant communities which were at
869 equilibrium (Clements, 1928; Tainton, 1999).

870 Soil erosion involves soil and vegetation removal; thus, restoration or rehabilitation of
871 eroded areas is expected to take place via plant succession. Because soil erosion in grasslands
872 results from poor management (e.g. overgrazing) coupled with intense rainfall, the top nutrient-
873 rich soil has generally been lost (Tainton, 1999). Therefore, rehabilitation or restoration requires
874 the introduction of plants (i.e. grasses) that can grow in low nutrient soils. Similar to plant
875 succession, those grasses should hold and modify the soil to allow native grasses to colonize. In a
876 humid environment, early succession usually starts with broad-leaved weeds and annual grasses
877 (Clements, 1928; Tainton, 1999), for example, *Setaria pallide-fusca*, *Digitaria sanguinalis* and
878 *Panicum laevifolium* (Tainton, 1999). Later communities are often dominated by perennial
879 grasses. For example, *Eragrostis* and *Sporobolus* species, which are followed by *Hyparrhenia*
880 species. Such succession is usually rapid because the initial conditions are usually suited to plant
881 growth (Clements, 1928; Tainton, 1999). Restoration is highly dependent on inter and intra-
882 specific competition (Clements, 1928; Tilman, 1985; Tainton, 1999). The rehabilitation process
883 of eroded sites does not usually follow traditional successional pathways because species like
884 vetiver grass (also long rooted broad-leaved grass) are usually introduced to quickly stabilize the
885 soil. The effect of these introduced species on plant succession and colonization by native
886 species is not fully understood.

887 ***Grass on grass competition***

888 Understanding plant succession in grassland ecosystems requires the understanding of
889 grass on grass interaction and the interplay of inter and intra-specific competition. Sometimes,
890 for different species growing together to coexist, they must escape direct competition by utilizing
891 different resources or drawing resources from different soil depths (Tainton, 1999). For example,
892 deep-rooted plants could extract nutrients and water from lower soil horizons allowing shallow-

893 rooted plants to extract soil resources from the top horizon (Clements, 1928; Tilman, 1994;
894 Tainton, 1999). Furthermore, winter growing plants can associate with summer growing plants
895 because they demand resources at different times (Tainton, 1999). However, direct competition
896 is usually observed in grassland ecosystems and usually leads to the domination of some species
897 over others.

898 Interspecific competition in grasslands could regulate the abundance and diversity of
899 coexisting grass species (Silletti et al., 2004). For example, Silletti et al. (2004) investigated the
900 interplay of competition in the tall grass prairie by examining interspecific competition between
901 *Andropogon gerardii* Vitman (dominant species) and *Sorghastrum nutans* L. Nash (codominant
902 species), and the effect of fertilization. They showed that there was asymmetric competition
903 favouring *A. gerardii*; however, *S. nutans* growth was boosted by fertilization with no significant
904 impact on *A. gerardii* (Silletti et al., 2004). Their results are consistent with the dominance of *A.*
905 *gerardii* in grass prairies, while the ability of *S. nutans* to perform well under nutrient rich soils
906 could be a mechanism to avoid competitive exclusion (Silletti et al., 2004). However,
907 intraspecific competition has been seen to favour species diversity (Tainton, 1999). Intraspecific
908 competition weakens one species' competitive ability and in so doing allows other grasses to
909 coexist with it. Both inter- and intra-specific competition are important in maintaining grassland
910 ecosystems.

911 Grass on grass competition differs also between grass growth stages. For example,
912 mature grass plant and seedling interactions have been said to be both facilitative and
913 competitive (Aguiar et al., 1992; Tedder et al., 2011). Aguiar et al. (1992) showed that when
914 water is not limited in the soil layer, a seedling growing near adult grass tufts suffers some
915 reduction in biomass. However, during the dry season where water is limited in the soil layer,
916 seedlings growing near adult tufts did not only suffer a reduction in biomass but an increase in
917 mortality (Aguiar et al., 1992). This proves that through competitive interaction, adult grass
918 plants can prevent the establishment of other grass seedlings, thus creating a space of bare
919 ground around them (Aguiar et al., 1992; Tedder et al., 2011). However, some grasses do
920 facilitate seed germination and seedling establishment around them. Many studies have shown
921 that some grasses create a favourable microclimate through shade, making the soil surface damp,

922 for grass seedlings to establish (Foster, 1999; Navarro and Guitian, 2003; Tedder et al., 2011).
923 This is known as the nurse plant theory (Bruno et al., 2003).

924 Pairwise greenhouse experiments and some field experiments looking at grass on grass
925 competition have shown that different grass species have different competitive abilities in
926 different environments (Mynhardt et al., 1994; Silletti et al., 2004; Suding et al., 2004).
927 Therefore, different grasses are adapted to different environmental conditions, ranging from high
928 rainfall areas and deep soils to dry areas and shallow soils. For example, Tedder et al. (2011)
929 showed that grass biomass of *Themeda triandra* and *Panicum maximum*, increases with
930 increasing soil depth, and thus increasing soil fertility, suggesting an increase in aboveground
931 competition, as per Grime's theory. However, not all grasses showed this trend; for example,
932 *Eragrostis racemosa* showed no significant difference in biomass between shallow, medium, and
933 deep soils (Tedder et al., 2012). This is because of the physical traits of this grass (being a short
934 grass) and because it is highly adapted to shallow, rocky soils (Van Oudtshoorn, 2012).

935 Furthermore, different environmental conditions allow for differences in allocation of
936 resources in grass species. Some grasses show massive investment in the aboveground material
937 (high productivity), while others show greater investment in below ground material (Peltzer et
938 al., 1998). Therefore, two grass species growing next to each other may either compete
939 asymmetrically, symmetrically or not compete at all, depending on each species resource
940 acquisition strategies (Weiner, 1990). While grass species differ in their resource acquisition,
941 they also differ in their response to different available resources, either through biomass
942 accumulation or/and tillering patterns (Tedder et al., 2011). However, the presence of a
943 neighbour in any soil type could alter the growth (biomass accumulation and tillering) and
944 resource acquisition of a grass species (Fynn et al., 2005; Fynn et al., 2009).

945 ***Competition between alien and native grasses***

946 Alien grasses, like all alien plants, have proven problematic in natural veld. Even though
947 alien grasses are often overlooked, their dominance has been linked to their competitive ability
948 and local disturbance regimes. In grasslands, disturbance and competition have been shown to be
949 correlated. For example, disturbance by means of fire or grazing can open space and reduce
950 competitive interference from native grasses, hence, allowing introduced grasses to germinate,

951 establish and sometimes become invasive (Brooks, 2000; Milton, 2004). Therefore,
952 understanding the interaction between introduced grasses and native grasses is important for
953 grassland restoration and biodiversity maintenance at large.

954 Studies which focused on alien – native grass competition have shown that introduced
955 grasses are usually more competitive than native grasses, which explains the dominance of alien
956 grasses in some areas (Milton, 2004; Vourlitis and Kroon, 2013). For example, pampas grass
957 (*Cortaderia selloana*) from South America has invaded vast areas of land in South Africa,
958 mostly along river banks. Its superior competitive ability as a tussock grass (up to 3.4m in
959 diameter, and 4m stalk height) allows it to dominate available space impeding the growth of
960 native grasses (Vourlitis and Kroon, 2013). It also produces abundant seeds and has greater water
961 use efficiency than native grasses (Domenech and Vila, 2008). Domenech and Vila, (2008) using
962 pot trials showed that pampas grass reduced the aboveground biomass of *Festuca arundinacea*
963 and *Brachypodium phoenicoides* more when water was limiting, suggesting that competition for
964 water plays a role in its dominance and invasion.

965 However, most alien-native grass interaction studies have been mostly done using grasses
966 which are already invasive. Few or no studies have investigated recently introduced grasses
967 which have not shown signs of invasiveness or even non-invasive historically introduced grasses.
968 It is, however, clear that grasses with strong competitive ability have a better chance of being
969 invasive in a new region. Furthermore, competition is dependent on available resources and the
970 ability to acquire those resources; hence, differences in resource availability and acquisition will
971 render one species more competitive over another.

972 ***Above- and Belowground competition***

973 Plants (especially grasses) show differences in their competitive ability above ground (for
974 light) and belowground (for soil nutrients). Goldberg's definition of belowground competition is
975 the most extensively used because it integrates both plant behaviour (response and effect) and
976 resource utility (Goldberg, 1990; Casper and Jackson, 1997). In grasses, belowground
977 competition takes place when the neighbouring grasses or swards suppresses the growth,
978 survival, or reproduction of the other grasses through depletion of available soil resources
979 (Casper and Jackson, 1997). Therefore, belowground competition is correlated with factors such

980 as root surface area, root density, and plasticity in roots or enzymic function involved in the
981 nutrient uptake (Wilson, 1993). Root plasticity is defined as the ability of the root system to
982 facilitate growth through changing its morphology under varying soil conditions to moderate the
983 effect of stress and maintain greater plant productivity (Campbell et al., 1991a; Derner and
984 Briske, 1999; Suralta et al., 2016).

985 There are many resources in the soil which are important for plant growth, which
986 explains why much of the competition in plants occur underground. For this reason, quantifying
987 belowground competition has been complex and two different approaches have been proposed; a
988 physiological approach and, population and community ecology approach. Physiologically based
989 studies focus on measuring nutrient uptake, without looking at plant performance, while
990 population and community-based studies focus on plant performance (response and effect)
991 (Casper and Jackson, 1997). Both these approaches are important in understanding plant
992 competition belowground; however, experimental designs which incorporate both have proven
993 difficult (Casper and Jackson, 1997).

994 Physiological studies have found three mechanisms by which soil nutrients reach the root
995 surface of plants. Firstly, root interception, where roots grow and capture nutrients as they grow.
996 This accounts for less than 10% of the total nutrient gain in plants (Casper and Jackson, 1997;
997 Casper et al., 2003). Secondly, mass flow which is dependent on the amount of water and
998 dissolved nutrients in the soil solution and is driven by plant transpiration. This is essential for
999 nitrate (nitrogen) and water uptake in plants (Casper and Jackson, 1997). Lastly, diffusion of
1000 nutrients, which happens simultaneously with mass flow; however, is responsible for potassium
1001 and phosphorus uptake (Casper and Jackson, 1997). Nutrient diffusion takes place when soil
1002 nutrient uptake has exceeded the supply by mass flow, creating a local concentration gradient.
1003 There are experimental difficulties when trying to separate mass flow and diffusion of nutrients,
1004 because they both supply important nutrients and take place simultaneously (Casper and Jackson,
1005 1997). These three resource acquisition mechanisms are important for understanding plant
1006 resource (mostly soil nutrients) competition. However, they are more physiologically based
1007 while this study is focusing more on plant performance (response and effect of competition).

1008 With a basic understanding of nutrient acquisition, one can seek to understand the
1009 mechanisms of plant response or performance, which are likely to improve or reduce plant

1010 competition belowground. One of the traits that affect belowground competition is root density
1011 (Casper and Jackson, 1997; Casper et al., 2003). Even though root density has been used as a
1012 proxy for measurement of plant belowground competitive ability, some studies have failed to
1013 find a correlation between root density and plant competition belowground (Caldwell et al.,
1014 1991; Casper and Jackson, 1997). Caldwell et al. (1991) concluded that root abundance alone is
1015 sometimes not sufficient to explain relative nutrient uptake in plants. For example, sagebrush
1016 steppe species with dense root systems had a low phosphorus uptake, while those with less dense
1017 root systems acquired phosphorus better and increased their competitive ability (Caldwell et al.,
1018 1991). Therefore, not only the density of roots but root plasticity is important in understanding
1019 plant competition belowground.

1020 A grass can take up more space by having denser roots, which might impede the
1021 establishment of other grass seedlings (Caldwell et al., 1991; Casper et al., 2003). Root mass
1022 (belowground biomass) is useful as a measure of competition because, depending on nutrient
1023 availability, grass species show differential investment in belowground structures (Casper et al.,
1024 2003; Tedder et al., 2011). Belowground competition is commonly seen to decrease with
1025 increasing soil nutrient levels; however, this response is species specific (Casper and Jackson,
1026 1997). This is also the case with other soil resources e.g. water. For example, in arid areas where
1027 water is limiting, density-dependent mortality may be intense in seedlings because they lack
1028 extensive root systems. Therefore, longer roots in arid regions may be an adaptation to water
1029 limitation while in humid environments it may be a strategy that allows the plant to acquire
1030 resources from lower levels, avoiding competing with plants that utilize the upper soil horizons.

1031 Additionally, plants with larger root systems are not able to totally monopolize nutrients
1032 resources; however, these systems are advantageous, mostly in areas with nutrient-rich patches,
1033 in that they can easily locate patches, and hence, be more competitive (Casper and Jackson,
1034 1997; Cahill Jr and Casper, 2000). Belowground competition in grasslands is more variable and
1035 more linked to soil resource utilization than in other systems, such as forests (Campbell et al.,
1036 1991b). The presence of neighbouring grasses may cause changes in fine-root growth, structure,
1037 and distribution, while low soil resource availability may cause changes in soil resource uptake
1038 in two or more competing grasses (Cahill, 2003). This is because there are several types of
1039 competitive strategies that occur in grassland ecosystems. Firstly, exploitation, which relates to

1040 the depletion of a shared soil resource which leads to the suppression of one species or
1041 population (Schoener, 1983). Secondly, pre-emptive, where plant species compete for space in
1042 areas where it is limiting (Connell, 1983; Goldberg and Barton, 1992). Thirdly, symmetric,
1043 where each species or population suppresses the growth of the other species or population
1044 equally (Weiner, 1990). Fourthly, asymmetric, which is a one-sided competition where one
1045 species or population suppresses other species or populations (Weiner, 1990). And lastly,
1046 interference, which is the most difficult to quantify, where the species or population behaves in a
1047 manner that reduces the preference and exploration efficiency of other species or populations
1048 (Schoener, 1983; Callaway and Ridenour, 2004). Allelopathic behaviour falls under interference
1049 competition and plays a major role in belowground competition as it leads to asymmetric
1050 competition.

1051 Above- and belowground competition have been shown to be interdependent, because of
1052 the shift in resource allocation in plants. Aboveground, competition is strongly related to light
1053 and to a limited extent, space. Grime's CSR model states that competition for both light and soil
1054 resources increases with an increase in productivity, while Tilman's R^* model states that
1055 competition shifts from belowground to aboveground with an increase in productivity and
1056 changes in species composition (Grime, 1977; Tilman, 1985; Peltzer et al., 1998). Peltzer et al.
1057 (1998) investigated these conceptual models in an old, low diversity field with no species
1058 turnover. In this field, forty plots were fertilized with different levels of nitrogen annually for
1059 five years creating a nutrient gradient. They planted *Agropyron cristatum* along the nutrient
1060 gradient with no neighbours, roots of neighbours, and whole neighbouring plants to quantify root
1061 and shoot competition. They showed that *A. cristatum* biomass was 22-165% greater where there
1062 was no competition compared to when it was competing with roots of neighbours along the soil
1063 nutrient gradient, (Peltzer et al., 1998). This suggests that root competition was suppressing
1064 growth of *A. cristatum* along a nutrient gradient (Peltzer et al., 1998). Their study, therefore,
1065 suggests that the shift from root to shoot competition is not attributed to resource availability
1066 (fertilization) or to neighbour biomass along a productivity gradient in an area with low
1067 diversity. They concluded that such a conceptual model of plant competition oversimplifies the
1068 complex relationship between shoot and root competition in grasslands (Peltzer et al., 1998).

1069 Aboveground competition for light is not as complex as belowground competition. It has
1070 been widely shown to be more asymmetric, hence larger plants have a more competitive
1071 advantage. For example, a pioneer plant that colonized a region first will gain a more
1072 competitive advantage, while in a stable or established grassland, mature plants will have a
1073 greater competitive advantage over seedlings through shade (Sala et al., 1996; Tainton, 1999;
1074 Silletti et al., 2004). However, some grasses such as *Panicum maximum* show tolerance to shade
1075 or sometimes show no negative performance in a shaded environment (Tainton, 1999; Van
1076 Oudtshoorn, 2012). By contrast, vetiver grass showed less tolerance to shade and hence,
1077 decreased in growth and even displayed increased tuft mortality in a shaded environment (Xia,
1078 1995). Such a response is also strongly related to leaf size with many broad-leaved grasses
1079 showing tolerance to shade (Fynn and O'Connor, 2005).

1080 Competitive ability in plants, either above- or belowground is influenced by many
1081 factors. For example, competitive ability may be attributed to the season but not soil nutrients.
1082 Remison and Snaydon (1978) showed that during the growing season, at the time of
1083 inflorescence development, both root growth and nutrient uptake decreased, hence reducing
1084 competitive ability of *Holcus lanatus* which was generally more competitive under nutrient poor
1085 conditions. The removal of root competition has been shown to increase seedling survival and
1086 growth (Aguiar et al., 1992), while the reduction in aboveground biomass through clipping
1087 shows no effect (Brown and Archer, 1999; Jurena and Archer, 2003). However, moderate
1088 defoliation in an old field which had been ungrazed for 40 years was seen to increase seedling
1089 survival and establishment, suggesting a long-term effect of aboveground competition on
1090 seedling survival (Remison and Snaydon, 1978; Jurena and Archer, 2003).

1091 Measuring aboveground competition is not difficult because, during harvesting, no
1092 material is lost. By contrast, belowground competition when measured using biomass harvests
1093 may be inaccurate as fine roots are usually washed out and lost during the extraction process
1094 (Goldberg, 1996; Cahill, 2002). The root mass lost (extraction efficiency) during the extraction
1095 process has not been fully estimated (Cahill, 2002). The extraction efficiency varies between soil
1096 type, root system morphology and researchers (Cahill, 2002). Therefore, studies that separate
1097 above- and belowground competition are difficult to perform. Aboveground biomass has been
1098 used to give insight into both above- and belowground competition (Cahill, 2002). Furthermore,

1099 shoot biomass (i.e. aboveground biomass) has been used as the proxy for the long-term effect of
1100 neighbours.

1101 *Effect of competition on germination and seedling establishment*

1102 The interplay of both above- and belowground competition on seedling establishment has
1103 not been discussed fully. Therefore, because the study considers allelopathic behaviour,
1104 understanding the mechanism involved and how competition affects not only grass seedlings but
1105 also seed germination, is important.

1106 Conditions that allow seed germination are well established; however, different species
1107 require different conditions. In general, seed germination requires specific temperature, moisture,
1108 and light regimes. However, moisture and warm temperatures are the major requirements for
1109 seed germination of most plant species (Ghebrehiwot et al., 2009; Kolb et al., 2016). Different
1110 species are adapted to different environmental conditions, where different management occurs
1111 (e.g. fire); therefore, seed germination in some species is triggered by such management (e.g.
1112 smoke) (Ghebrehiwot et al., 2009). For example, fire-adapted species germinated better in smoke
1113 water than in distilled water (control) when incubated under different temperatures (15°C, 20°C,
1114 25°C, 30°C, and 35°C) with temperature also increasing the germination percentage
1115 (Ghebrehiwot et al., 2009). As previously stated, plants compete for both light and soil resources
1116 (e.g. water); therefore, competition can be expected to influence seed germination. Even though
1117 this seems correlated, considering that larger plants can limit light availability reducing
1118 temperatures and hence affecting seed germination, field studies show that the evidence relating
1119 to the effect of light competition on seed germination is limited (Cideciyan and Malloch, 1982;
1120 Kolb et al., 2016). However, there are studies which show that root competition and allelopathy
1121 do affect recruitment of grass species (Gallagher and Wagenius, 2016; Kolb et al., 2016).
1122 Allelopathy is usually seen in exotic plants and affects native plants because they lack adaptation
1123 to that allelopathic chemical, hence reducing germination success (Gentle and Duggin, 1997;
1124 Dias et al., 2016).

1125 Aguiar et al. (1992) investigated the effect of plant competition (negative interaction) and
1126 facilitation (positive interaction) in the recruitment of the perennial grass species, *Bromus pictus*.
1127 The focus was on root competition because it has been documented to affect germination and

1128 establishment of native grasses. They showed that seedling survival and establishment was
1129 indeed affected by root competition because in areas where root competition was excluded,
1130 mortality decreased and growth increased (i.e. number of leaves increased) (Aguilar et al., 1992).
1131 Haugland and Froud-Williams (1999) supported their study, by showing that even with the
1132 addition of soil nutrients and water, root competition still affected seedling growth and
1133 establishment. This may suggest that other factors, such as allelopathy, are causing the observed
1134 effect or roots were competing directly for space and not for soil resources (Haugland and Froud-
1135 Williams, 1999).

1136 Allelopathy first dominated the field of agriculture as a form of weed control (Dias et al.,
1137 2016). The chemicals which inhibit the growth of other species were extracted and used as an
1138 herbicide to inhibit germination and growth of weed species (Gentle and Duggin, 1997; Dias et
1139 al., 2016). Vetiver grass roots produce oil which is a mixture of various sesquiterpenes (part of
1140 phytotoxic agent) and their precursors (Kim et al., 2005; Mao et al., 2006). This oil has many
1141 biological uses in the plant as it also contains secondary metabolites which are involved in
1142 defence (mostly from insect herbivory), in addition to allowing the plant to be territorial through
1143 interference competition (Weyerstahl et al., 1996). Mao et al. (2004) investigated whether vetiver
1144 oil has allelopathic properties which may inhibit germination and growth of six weed species.
1145 The study showed that vetiver oil inhibited seed germination and seedling growth of five out of
1146 six weed species, which led to the conclusion that vetiver oil may indeed be used as a herbicide
1147 (Mao et al., 2004). Therefore, vetiver grass could be using such oil as interference competition
1148 (allelopathic competition).

1149 However, not only competition affects plant (especially seedling) performance, since the
1150 ability of the plant to convert soil resources to biomass, known as water-use-efficiency and/or
1151 nutrient-use-efficiency, can be as effective as the competition itself (Casper and Jackson, 1997;
1152 Casper et al., 2003). Water-use-efficiency and nutrient-use-efficiency both can affect the relative
1153 growth of the plant at different points along a resource gradient (Casper and Jackson, 1997).

1154 **1.3.2 Competitive response and effect**

1155 Understanding the effects of plant competition on seed germination, seedling and adult
1156 grass growth at a species level (e.g. vetiver grass, in this case) or individual level, requires an
1157 understanding of their competitive ability (Goldberg and Landa, 1991). Competitive ability is a

1158 way to compare and measure individual plant competition in a community or population, which
1159 offers an understanding of the short-term and long-term community structure and species
1160 composition of that region (Campbell and Grime, 1992). Competitive ability of an individual or
1161 species can be examined using two components, competitive response and competitive effect
1162 (Goldberg, 1990; Goldberg and Landa, 1991). The ability of a plant to survive, grow and
1163 reproduce well in the presence of neighbours is known as competitive response (Goldberg and
1164 Fleetwood, 1987; Goldberg and Landa, 1991). While the ability of a plant or neighbours to
1165 suppress the survival, growth, and reproduction of the species is known as competitive effect
1166 (Goldberg and Fleetwood, 1987; Goldberg and Landa, 1991).

1167 Competitive response can be measured as the change in the biomass (above- or
1168 belowground, or both) of the target plant when growing with the neighbours (Goldberg, 1990).
1169 Most studies use a small target plant because seedlings are more sensitive to competition and
1170 environmental effect than adult plants (Tedder et al., 2011). Competitive response determines
1171 which species can persist in a habitat and so can infer the effects on the diversity and
1172 productivity at a community level. Thus, species with a strong competitive response can
1173 withstand resource shortages imposed on them by neighbouring species and are therefore likely
1174 to persist under nutrient-rich conditions (Goldberg and Fleetwood, 1987; Goldberg, 1990).
1175 Competitive response is important in grassland research because differences in competitive
1176 response among grass species can determine species position within a competitive hierarchy,
1177 hence, determining their distribution along a resource gradient, and allowing the prediction of
1178 their relative abundance in a community (Grime, 1977; Keddy and Shipley, 1989).

1179 By contrast, competitive effect is measured as per-unit-mass or per-plant reduction in the
1180 target plant or species (Goldberg and Fleetwood, 1987; Goldberg, 1990). This focuses more on
1181 whether the presence of neighbours results in some negative effect on the target plant or not.
1182 Competitive effect measures the effect of neighbours on the target plant, not of one individual
1183 plant on the other, therefore, it assumed that neighbours exact an equivalent effect on the target
1184 plant without taking into account that the number of neighbouring plants has an effect also
1185 (Goldberg and Fleetwood, 1987; Goldberg and Scheiner, 2001). The assumption is grounded in
1186 the notion that all plants use similar resources (light, water, and soil nutrients), and these
1187 resources occur along a gradient of availability (Goldberg and Landa, 1991). However, such

1188 assumptions are still being tested by ecologists. For example, Wedin and Tilman (1993) showed
1189 that competitive effect differs in grasses that grow in different successional stages. Late-
1190 successional grasses lowered nitrogen availability greater than early-successional grasses, which
1191 explains their dominance in matured old field grasslands (Wedin and Tilman, 1993).
1192 Furthermore, introduced grasses have been shown to exact a strong competitive effect on native
1193 grasses (Bakker and Wilson, 2001; Bakker et al., 2003). Bakker and Wilson (2001) showed that
1194 competitive effects have the ability to prevent establishment of native grass seedlings in the
1195 *Agropyron*-dominated regions (an exotic grass species in a mixed grassland of southern
1196 Saskatchewan, Canada).

1197 It should be noted that grassland ecosystems are maintained through a variety of
1198 disturbance factors (e.g. grazing and fire). These disturbances and environmental stresses play a
1199 significant role in the competitive ability of species, which could be the reason why they are used
1200 to maintain such ecosystems. However, competitive response and effect of neighbouring species
1201 under these stresses could either follow Tilman's R* theory or Grime's CSR theory or be an
1202 interplay of both. Furthermore, competitive response and effect under such stress, mostly in
1203 grasses, has been shown to be species specific (Goldberg and Fleetwood, 1987; Bakker and
1204 Wilson, 2001). Therefore, it is important to understand each species' competitive ability
1205 (competitive response) against other species (interspecific competition) and with individuals of
1206 the same species (intra-specific competitive ability).

1207 **1.3.3 Rehabilitation, restoration, and management of grasslands**

1208 In South Africa, the largest, most transformed and degraded biome is grassland (Palmer
1209 and Ainslie, 2005). Most river catchment areas in South Africa are in grasslands, which indicates
1210 how important grasslands are, not only for carbon cycling and fodder production, but for water
1211 resources (Van Oudtshoorn, 1999; Palmer and Ainslie, 2005; Everson et al., 2007). Considering
1212 that South Africa is a water scarce country, one would assume that grasslands are well-protected
1213 and managed ecosystems, however, that is not the case. Out of all African flora, grasses are often
1214 overlooked and even the impact of alien grasses on grassland ecosystems is generally overlooked
1215 (Milton, 2004). The first peer-reviewed paper focusing on alien grasses in South Africa by
1216 Milton (2004), outlined mostly the level of uncertainty regarding alien grasses distribution and
1217 the gaps on our understanding of the dynamics of alien grasses in South Africa. After her

1218 review, few other studies have expanded on her work. For example, Visser et al. (2017) showed
1219 that there are 256 alien grasses in South Africa, of which 122 species have been naturalized, and
1220 37 species have become invasive. The paper offers further evidence of the level of uncertainty
1221 specifically in relation to alien grass species distribution, abundance, and impact on the
1222 ecosystem. For example, out of the total alien grass species found, 33% of species only had one
1223 record of occurrence.

1224 Even though South Africa seems to have fewer alien grasses compared to other regions of the
1225 world, South African native grasses are among the most dominant, problematic, and widespread
1226 invasive grasses in other parts of the world, proving the existence of a donor-recipient
1227 asymmetry. Visser et al. (2016) showed that, even though possible, it is unlikely that such donor-
1228 recipient asymmetry is a reflection of bias in sampling method and in introduction dynamics, but
1229 could be because of two reasons. Firstly, a large proportion of palatable tropical forage grasses are
1230 native to Africa, with most occurring in South Africa, hence South Africa is likely to have
1231 imported few species from other continents for forage related purposes (Visser et al. 2016).
1232 Secondly, South African grasses are adapted to high fire frequencies and as a result, such
1233 adaptations give them a competitive advantage (regenerate faster after fire) in other regions,
1234 while fire frequency in South Africa is predicted to be limiting the invasion of alien grasses as
1235 they are not adapted to such fire regimes (Visser et al. 2017). For example, Visser et al. (2016)
1236 showed that the distribution of alien non-invasive grasses was limited to areas with infrequent
1237 fire, supporting that notion that fire is limiting the invasion of alien grasses in South Africa.
1238 However, species which stay green even during the dormant season (e.g. vetiver, and *Festuca*
1239 *costata*) have the ability to alter fire regimes through reducing fuel bed, and fuel load
1240 (McGranahan et al., 2018). International studies have shown that conversion of natural
1241 grasslands to those dominated by introduced grasses or even alien invasive grasses poses a threat
1242 to grassland ecosystems, through alteration of fire regimes, water and nutrient cycling, and
1243 erosion (Humphrey and Schupp, 2004). For example, in North America, *Bromus tectorum* (an
1244 alien grass) has dominated hectares of native grassland, altering regeneration structure and the
1245 effect of fire (Humphrey and Schupp, 2004). Its seeds germinate faster than those of native
1246 grasses and gain a head start after fire, hence gaining a competitive advantage and therefore,
1247 impending germination and establishment of native grass seeds (Humphrey and Schupp, 2004).

1248 Even though fire is a widely-used management tool, uncontrolled fires can destroy native
1249 perennial grasses' seeds, hence reducing the perennial grass seed bank, which then affects native
1250 perennial grass regeneration and establishment (Tainton, 1999; Humphrey and Schupp, 2004).
1251 Uncontrolled fires combined with overgrazing could result in grassland degradation or
1252 environmental degradation in the form of species loss (domination of unpalatable grasses) and
1253 soil erosion. Eroded grasslands, either through rill, sheet or gully erosion, become unable to
1254 support productive grasses and have reduced basal cover (Van Oudtshoorn, 2012). Reasons for
1255 this loss of productivity are, the removal of topsoil resulting in the exposure of less fertile soil
1256 which cannot support grass growth (Everson et al., 2007; Van Oudtshoorn, 2012), and patches of
1257 bare soil and sparse grass cover which become unable to effectively capture water resulting in
1258 reduced soil moisture, increased evaporation and greater soil temperatures (Everson et al., 2007;
1259 Van Oudtshoorn, 2012). Therefore, rehabilitation of such grasslands is sometimes difficult and
1260 involves the use of geo-textiles, stone packs and gabions (Everson et al., 2007). Alien grasses
1261 which are adapted to harsh environments (e.g. vetiver grass) are usually used to reduce water
1262 runoff and to restore the soil so that native grasses can establish (Everson et al., 2007; Van
1263 Oudtshoorn, 2012). These alien grasses, used for rehabilitation or slope stabilization (e.g.
1264 pampas grass), often outcompete native grasses and sometimes become invasive. Understanding
1265 their ecology, mostly in terms of competitive ability (response and effect), could provide
1266 information about their invasion potential and ability to allow native grasses to establish, which
1267 will then restore the productivity and function of that ecosystem.

1268 Vetiver grass, has been used successfully for decades to rehabilitate eroded sites,
1269 abandoned mine sites, to stabilize roadside slopes, and for wastewater treatment. Many claims
1270 have been made which relate to the ecology of the grass; however, some of them have been
1271 found to be false. For example, the idea that the domesticated vetiver does not flower nor does it
1272 produce seeds does not seem to hold, as the presence of flowers and seeds has been reported (Xu,
1273 2002). Therefore, the broad assumption that it will not be invasive raises questions. These
1274 questions emphasize the importance of understanding vetiver grass' competitive ability and the
1275 interplay of soil nutrients on competitive ability. Therefore, this study will contribute to the
1276 understanding of vetiver grass, rehabilitation of eroded sites, and the management of grassland
1277 ecosystems through increasing the knowledge of alien grass species' effect on native grass seed

1278 germination, seedling establishment, and grass diversity to contribute to regeneration and
1279 restoration ecology.

1280 This study aims to addresses the following questions:

1281 **1.4 LIST OF QUESTIONS PER CHAPTER**

1282 **1.4.1 Chapter Two: which native grasses grow in close proximity with vetiver grass?**

- 1283 1. Are native grasses recruiting and coexisting with vetiver in these sites?
- 1284 2. Which native grasses are present in these rehabilitated sites?
- 1285 3. How far from the lines of vetiver planted for rehabilitation do these grasses grow?
- 1286 4. Is vetiver recruiting in areas where it was not originally planted?

1287 **1.4.2 Chapter Three: does vetiver allow germination and establishment of native grasses?**

- 1288 1. Do vetiver grass tufts inhibit or facilitate seed germination in native grasses?
- 1289 2. Is the germination rate of native grasses affected by the seed sowing method?
- 1290 3. Do vetiver grass tufts inhibit establishment of native grasses?
- 1291 4. Does the exclusion of direct root interaction decrease the competitive effect exerted on
1292 native grass seedlings?
- 1293 5. Does vetiver root density differ from indigenous grass root density?

1294 For this chapter *Eragrostis curvula* and *Panicum maximum* will be used to represent native
1295 grasses, and the details regarding the ecology of these species and those of the following chapter
1296 can be found in appendix A.

1297 **1.4.3 Chapter Four: effect of vetiver competition and soil nutrients on native grasses.**

- 1298 1. Does vetiver exert a competitive effect on neighbouring native grasses with a strong
1299 (*Eragrostis curvula* and *Digitaria eriantha*) and weak (*Panicum maximum* and
1300 *Hyparrhenia hirta*) competitive ability?
- 1301 2. Does vetiver density influence the competitive effect experienced by native grasses?
- 1302 3. Does soil nutrient addition influence this interaction?

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1649

1681 (Morgan, 2009). Grasses have been shown to effectively stabilize the soil, increase water
1682 infiltration and reduce surface runoff, hence preventing or reducing the occurrence of soil
1683 erosion (Council, 1993; Everson et al., 2007). However, poor management of rangelands, such as
1684 overgrazing, exposes the topsoil making it susceptible to sheet or rill erosion during rainfall
1685 events (Boardman and Poesen, 2006; Everson et al., 2007). Soil erosion removes the nutrient-
1686 rich topsoil, exposing the nutrient-poor subsoil which prevents re-establishment of native
1687 grasses. Through top soil removal, the soil seed bank is also lost, further reducing the likelihood
1688 of reestablishment (Zhang et al., 2001; DeFalco et al., 2009). Therefore, attempts to rehabilitate
1689 these degraded areas require the re-introduction of native species by means of seeds or tufts to
1690 regain the lost vegetation (Everson et al., 2007). However, not all plant species can grow in these
1691 nutrient poor conditions. Fast growing grass species that can tolerate low nutrient soils and harsh
1692 environmental conditions have been seen as a practical solution to combat soil erosion (Council,
1693 1993). These grasses stabilise the soil and help to capture topsoil runoff with the view to
1694 allowing recolonization of the more sensitive native species. Many indigenous species do not
1695 grow in these nutrient-poor eroded soils and so some exotic species have been propagated for
1696 this purpose.

1697 *Vetiver* (*Chrysopogon zizanioides* (L.) Roberty) is an exotic grass originating in India
1698 which has been extensively used for controlling soil erosion (Chen et al., 1993; Grimshaw,
1699 1993). It is a fast-growing grass with an extensive root system that extends down to 4m, binding
1700 soil particles together. *Vetiver* grass tolerates many harsh environmental conditions, such as
1701 drought, floods, nutrient poor soil, and salinity and it is resistant to fires (Chen et al., 1993;
1702 Grimshaw, 1993; Edelstein et al., 2009). A number of claims have been made by promoters of
1703 *vetiver* grass (The *Vetiver* Network International, 2017) relating to its competitive ability and
1704 coexistence with other species, which have been used to support and popularize the use of this
1705 grass. The first claim is, *vetiver* grass does not compete with adjacent crops (Council, 1993;
1706 Vieritz et al., 2003). This means that, after *vetiver* has established, it should trap the top soil and
1707 restore the nutrient status to allow for establishment of native grasses. However, the evidence
1708 that exists for such claims is from crop plants only, not naturally occurring grasses (Council,
1709 1993; Vieritz et al., 2003). For example, compared with other vegetative barriers (*Leucaena*
1710 *leucocephala*, *Cymbopogon flexuosus*, and *Chrysopogon martini*), *vetiver* grass resulted in a
1711 25.5% greater yield in seed cotton (*Gossypium hirsutum*) compared to the control, 24% more

1712 compared to *L. leucocephala*, 15% more compared to *Cymbopogon flexuosus*, and 11% more
1713 compared to *Chrysopogon martini* (Vieritz et al., 2003). It is therefore, assumed that even in
1714 rangelands, indigenous grasses will coexist with vetiver and that vetiver will enhance their
1715 recruitment process. The second claim is, vetiver grass does not spread because it produces non-
1716 viable seeds, and has no stolons or rhizomes (Council, 1993). However, no study has properly
1717 evaluated the validity of these claims in rangelands. In rangelands, rehabilitation does not only
1718 involve reestablishing aboveground cover and preventing soil erosion, it also involves promoting
1719 species diversity and retaining naturally occurring species to promote rangeland productivity.

1720 This study aimed to evaluate areas rehabilitated using vetiver grass to determine which
1721 species grow in close proximity to vetiver grass. The three following questions were addressed in
1722 this study:

- 1723 1. Are native grasses recruiting and coexisting with vetiver in these sites?
- 1724 2. Which native grasses are present in these rehabilitated sites?
- 1725 3. How far from the lines of vetiver planted for rehabilitation do these grasses grow?
- 1726 4. Is vetiver recruiting in areas where it was not originally planted?

1727 There is so much uncertainty and anecdotal evidence relating to other species' association with
1728 vetiver; therefore, this study is exploratory in that regard.

1729 **2.3 MATERIALS AND METHODS**

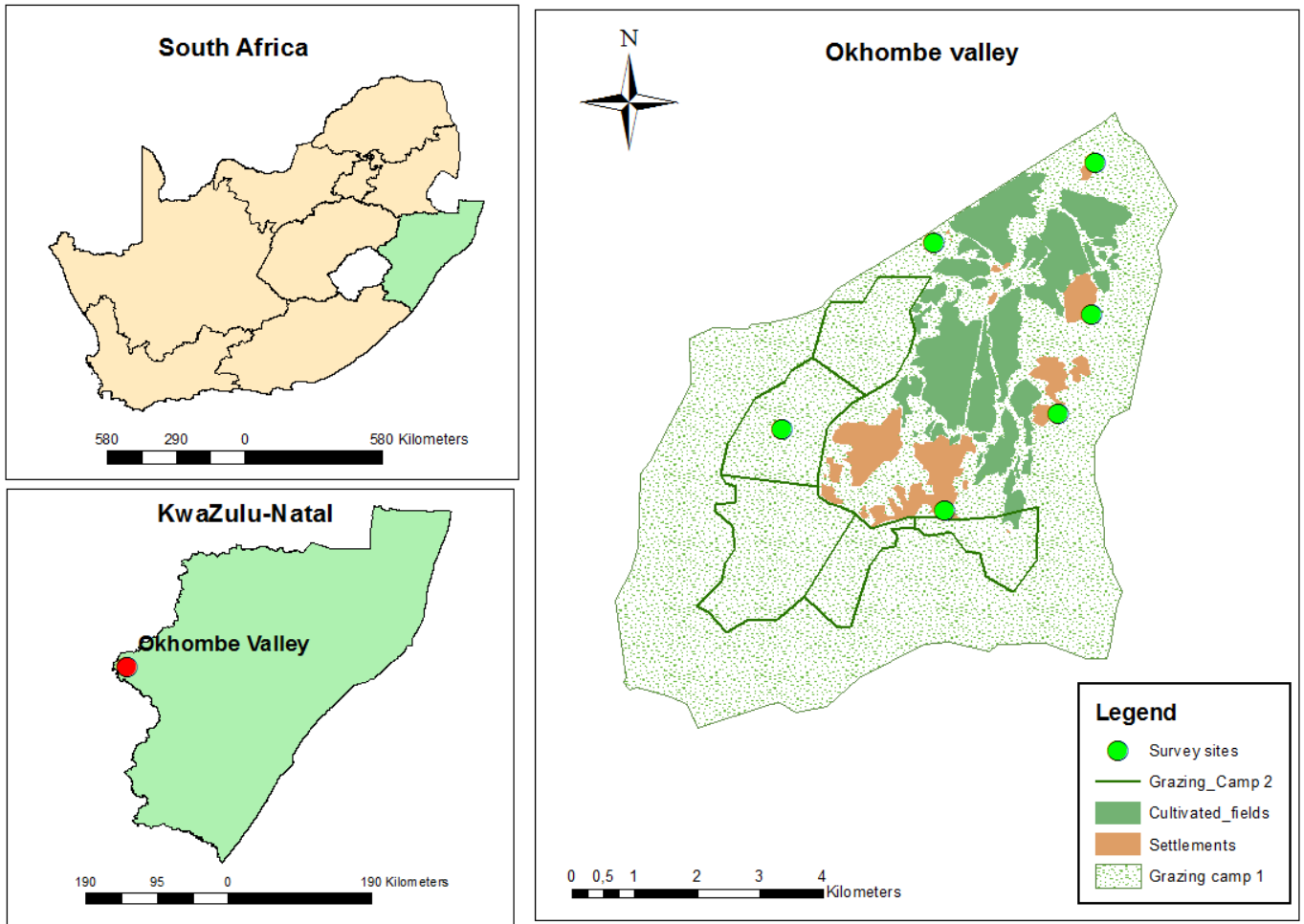
1730 **2.3.1 Study site**

1731 The study was conducted in the Okhombe valley, located at the foot of the Northern
1732 Drakensberg Mountains, Bergville, KwaZulu-Natal, South Africa. The Okhombe valley is a
1733 communal rangeland which receives a mean annual rainfall of 800 – 1000 mm, with about 82%
1734 of the rainfall received during summer (Mansour et al., 2012). The mean altitude of this area
1735 ranges from 1200 to 3350 m, with a mean monthly minimum temperature of 11.5°C to 16°C in
1736 summer (October to March) and below 5°C in winter (June to July), with frost and snow
1737 occurring almost every year (Temme, 2008; Mansour et al., 2012). The area has a mixed
1738 geology, ranging from mudstone and sandstone to amphibolite, basalt, and tillite with increasing
1739 altitude (Mansour et al., 2012). The mixed geology, rainfall, and topography give rise to mostly

1740 oxidic, well-drained soils with Griffin, Hutton (Oxisol) and Clovelly (Alfisol) on the slopes, and
1741 shallower soils, such as Mispah on top of the catena (Mansour et al., 2012).

1742 The grazing camps are situated on top of the ridges surrounding the settlements in the
1743 bottom of the valley (Fig. 2.1). This presents a management problem because livestock have to
1744 move up to the grazing camps every morning and down to the settlements at night. This
1745 movement creates paths on the slopes which then get easily eroded during intense rainfall
1746 periods. As a result, these soils have become heavily eroded and so rehabilitation programmes
1747 have been initiated. Vetiver grass was planted as one of the techniques employed for a
1748 programme that aimed at rehabilitation and management of degraded catchments, funded by the
1749 Department of Environmental Affairs, and run by staff from the University of KwaZulu-Natal.
1750 This programme trained local people in the basic causes and effects of soil erosion, the
1751 importance of rehabilitation, ways to rehabilitate eroded sites (e.g. how to plant vetiver), and
1752 formed the Okhombe Monitoring Group. This programme aimed to empower the community
1753 and utilize simple techniques, such as vetiver planting, and stone packs, to rehabilitate degraded
1754 catchments (see Everson et al. 2007 for more detail).

1755 The area is primary grassland, classified as upland moist grassland (Mucina and
1756 Rutherford, 2006). The most dominant grasses in the region are *Hyparrhenia* species, *Eragrostis*
1757 species, *Aristida* species, *Themeda triandra*, *Digitaria* species, *Panicum* species, *Cymbopogon*
1758 species, *Monocymbium ceresiiforme*, *Sporobolus* species, and *Miscanthus capense* (O'Connor
1759 and Bredenkamp, 1997; Mansour et al., 2012). The area has a long history of research and
1760 collaboration with the University of KwaZulu-Natal as it is a catchment for the Tugela River,
1761 and therefore, a number of different rehabilitation and management programmes have been run
1762 over the last two decades commencing in about 1992. For this work, six sites where vetiver grass
1763 has been used to rehabilitate eroded areas were identified. These sites were rehabilitated between
1764 1992 and 2015.



1765

1766 Figure 2.1: The Okhombe Valley in KwaZulu-Natal showing the location and the six survey sites
 1767 and the different forms of land use in the region (Mansour et al., 2012).

1768

1769 **2.3.2 Data collection**

1770 The contiguous quadrat method was used when recording species composition and cover
 1771 data. All species in each quadrat were identified and their aerial cover was estimated. Starting at
 1772 the edge of the planted vetiver grass row, a 0.5m x 0.5m quadrat was placed and then turned over
 1773 six times to cover a distance of 3m. This was replicated four times per sites. GPS coordinates
 1774 were also recorded at all sites.

1775 **2.3.3 Statistical analysis**

1776 The quadrat data were used to calculate species richness and species abundance. The
 1777 residuals for species richness were normally distributed; therefore, the relationship between

1778 species richness and distance from vetiver grass was analysed using linear regression in SPSS
1779 software version 24 (IBM Inc).

1780 Given the rapid species turnover within the dataset, a unimodal method, correspondence
1781 analysis (CA), was used for the ordination of species composition and abundance (species
1782 cover), assessing which species are associated with vetiver grass in relation to years since
1783 rehabilitation and distance from planted vetiver grass rows. Distance from planted vetiver rows
1784 and years since rehabilitation were overlaid as environmental variables. The CA was performed
1785 using Canoco, and the ordination graph drawn using CanoDraw (Ter Braak and Smilauer, 1997).

1786 **2.4 RESULTS**

1787 Overall, a total of ten grass species, one *Helichrysum* species, and one sedge were found
1788 within 3m of vetiver planted in rows (Table 1). *Aristida bipartita*, *Sporobolus africanus*,
1789 *Eragrostis plana*, *Eragrostis curvula*, and *Paspalum notatum* were present in all sites, while
1790 *Hyparrhenia hirta* and *Cymbopogon caesius* were present in most sites except the site that was
1791 rehabilitated in 1992 (Table 2.1). *Aristida congesta*, and *Helichrysum* species were present in
1792 sites rehabilitated in 1992, while *Chloris gayana*, and sedges were found in sites rehabilitated in
1793 2011 and 2002, respectively (Table 2.1). Surprisingly, there were two sites (2002 and 2011) that
1794 had vetiver grass recruiting where it was not originally planted (Table 2.1). Species richness
1795 significantly increased with increasing distance from planted vetiver grass rows ($R^2=0.4606$;
1796 $p<0.0001$; Figure. 2.2; Table 2.2). However, an increase in variability in species richness moving
1797 away from the planted vetiver grass rows was evidenced (Fig. 2.2).

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1804 Table 2.1: Species found in areas rehabilitated using vetiver grass in different years, and their
1805 successional and ecological status. Two sites were rehabilitated in 2002 while other sites were

1806 rehabilitated in different years. In the table below, (x) indicates that the species was present, and
 1807 (-) indicate absence at that site

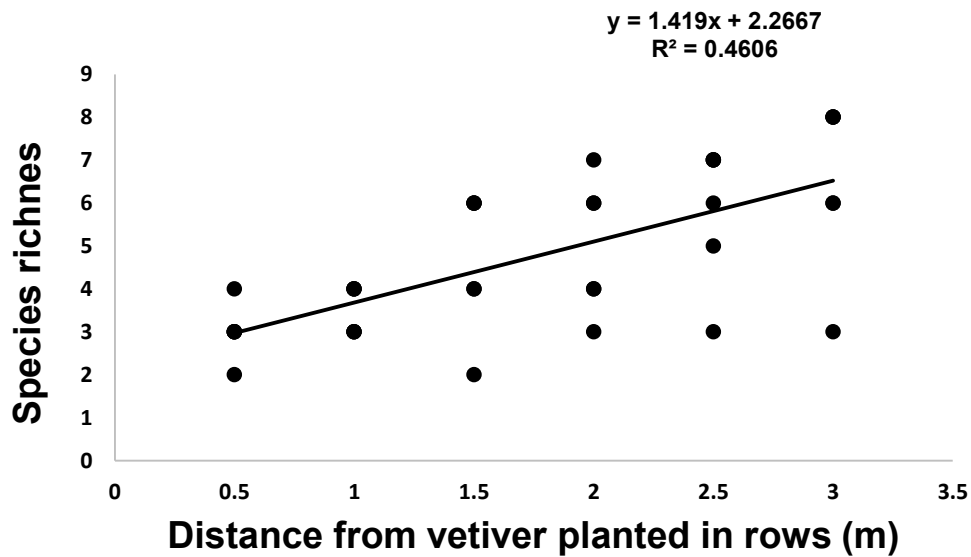
Species	Years since rehabilitation					Successional and ecological status (Van Oudtshoorn, 2012)
	1992	2002	2007	2011	2015	
<i>Aristida bipartita</i>	x	x	x	x	x	Subclimax – Increasor II
<i>Aristida congesta</i>	x	-	-	-	-	Pioneer – Increasor II
<i>Chloris gayana</i>	-	-	-	x	-	Subclimax – Decreasor
<i>Cymbopogon caesius</i>	-	x	x	-	x	Climax – Increasor I
<i>Eragrostis curvula</i>	x	x	x	x	x	Sub/Climax – Increasor II
<i>Eragrostis plana</i>	x	x	x	x	x	Subclimax – Increasor II
<i>Helichrysum</i> species	x	-	-	-	-	N/A
<i>Hyparrhenia hirta</i>	-	x	x	x	x	Sub/Climax – Increasor I
<i>Melinis nerviglumis</i>	-	-	x	-	-	Climax – Increasor I
<i>Paspalum notatum</i>	x	x	x	x	x	Exotic grass – Invasive
Sedge	-	x	-	-	-	N/A
<i>Sporobolus africanus</i>	x	x	x	x	x	Subclimax – Increasor III
Vetiver grass recruit	-	x	-	x	-	Exotic/Climax-Invasive

1808

1809 Table 2.2: Analysis of variance for a linear regression of species richness against distance from
 1810 planted vetiver grass rows (m) in all sites rehabilitated using vetiver grass in Okhombe Valley,
 1811 Bergville, KwaZulu-Natal

	DF	SS	MS	F	P
1813 Regression	1	52.8595	52.8595	29.0388	<0.0001
1814 Residual	34	61.8905	1.8203		
1815 Total	35	114.7500	3.2786		

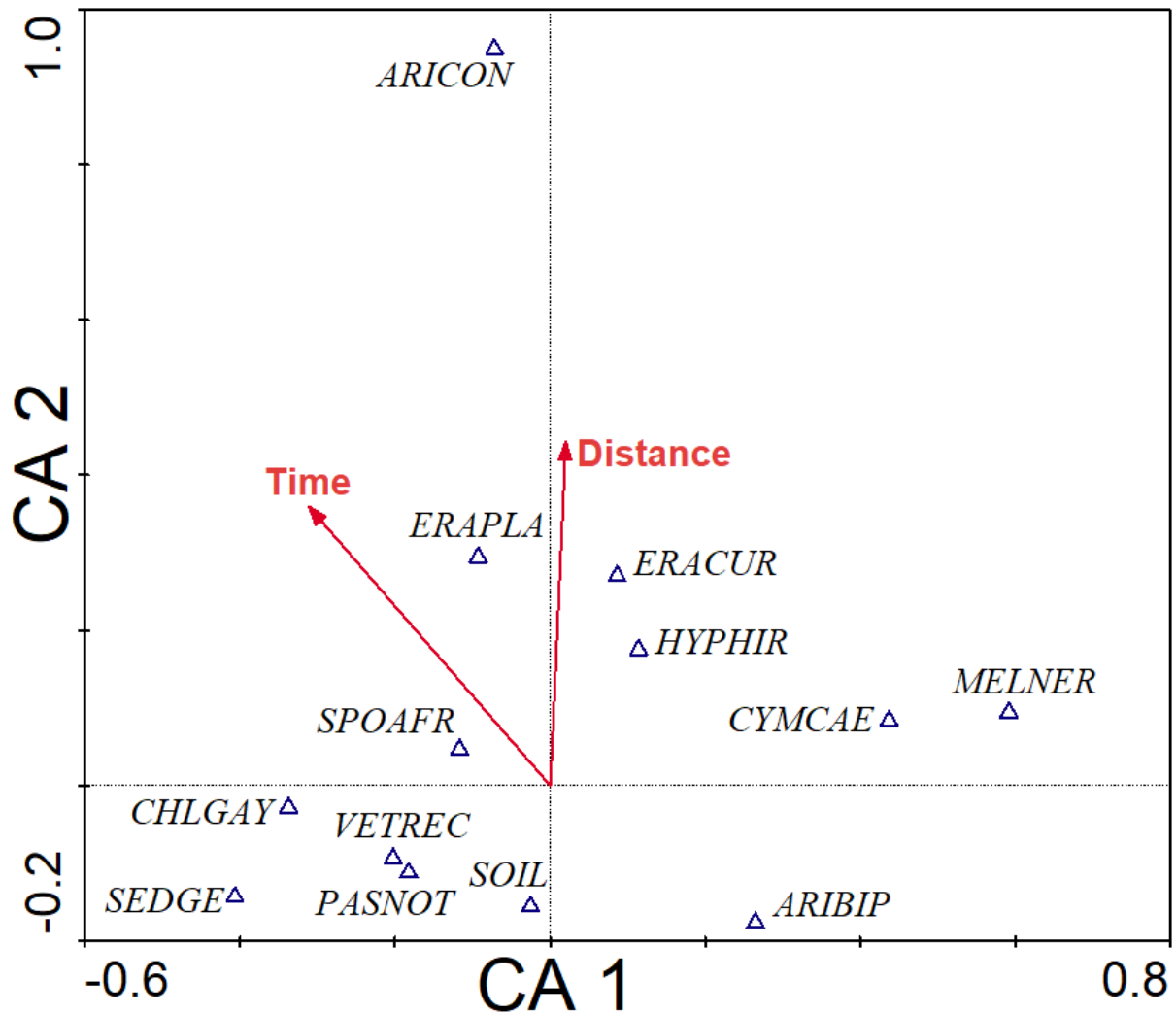
1816



1817

1818 Figure 2.2: Relationship between species richness and distance from vetiver grass in areas
 1819 rehabilitated using vetiver grass between 1992 and 2015 in the Okhombe Valley, Bergville,
 1820 KwaZulu-Natal.

1821 The correspondence analysis revealed that distance from planted vetiver explained more
 1822 variation than years since rehabilitation, in species distribution of these rehabilitated sites
 1823 (Fig.2.3). The secondary axis explained more variation in species and environment relation than
 1824 the primary axis (CA2; Fig. 2.3). Distance from vetiver was more strongly associated with the
 1825 secondary axis than time since rehabilitation (CA2; Fig. 2.3). The main variation shown by the
 1826 correspondence analysis was along the primary axis and neither time nor distance from planted
 1827 vetiver explains it (CA1; Fig. 2.3). This variation may be due to the species recruiting into the
 1828 rehabilitated sites from the surrounding grassland. *Sporobolus africanus*, *Chloris gayana*,
 1829 *Paspalum notatum*, and sedges were dominant or growing several centimetres (50-100 cm)
 1830 from vetiver planted in rows (Fig. 2.3). There was also evidence of vetiver recruiting within the
 1831 same range (Fig. 2.3). However, areas around vetiver rows were dominated by bare soil.
 1832 *Aristida bipartita*, *Melinis nerviglumis*, *Cymbopogon caesius*, *Hyparrhenia hirta*, *Eragrostis*
 1833 *curvula*, and *Eragrostis plana* started appearing when moving away from vetiver planted in rows
 1834 (100-250cm). *Aristida congesta* was the only species that dominated areas furthest from vetiver
 1835 planted in rows (250-300cm) (Fig.2.3).



1836

1837 Figure 2.3: Correspondence analysis (CA) ordination of species composition and their basal
 1838 cover from sites rehabilitated using vetiver grass in different years (i.e. time) correlated with
 1839 distance from planted vetiver grass (i.e. distance), at Okhombe valley, Bergville, KwaZulu-
 1840 Natal, South Africa. The eigenvalues for species and species-environment relation of the primary
 1841 (CA1) and secondary axes (CA2) are 0.572 and 0.492, and 0.312 and 0.571, respectively. The
 1842 primary and secondary axes accounted for 16% and 13% of the variation in species data, and
 1843 19.5% and 56% of the variation in species and environment relations, respectively. Full names of
 1844 the abbreviations for species are provided in Appendix 2.1.

1845 2.5 DISCUSSION

1846 The most consequential results of this study were the marked increase in grass species
1847 richness with an increase in distance away from the planted vetiver, the abundance of bare
1848 ground around the planted vetiver, and the presence of the recruiting vetiver grass away from the
1849 planted vetiver. Native grasses, therefore, appear to fail to recruit in close proximity with
1850 vetiver, with only a few species managing to successfully recruit half a meter to a meter away
1851 from planted vetiver. The surveyed sites were in a communal rangeland with continuous grazing
1852 (Everson et al., 2007; Mansour et al., 2012). The grass community in these sites, therefore,
1853 reflects both the effect of selective grazing and/or overgrazing, and the extent of secondary
1854 succession as influenced by planting of vetiver (Mansour et al., 2012). The general secondary
1855 successional pattern in grasslands usually follows this order, pioneer grasses — subclimax
1856 grasses — climax grasses (Tainton, 1981, 1999; Van Oudtshoorn, 2012). The pioneers, being
1857 annual grasses which allocate more resources to seed production and have effective seed
1858 dispersal strategies, a trade-off between leaf production and seed production, giving them a
1859 relatively low grazing potential (Van Oudtshoorn, 2012). Subclimax grasses are more densely
1860 tufted and produce more leaf material than annual pioneer grasses (Meredith, 1955; Van
1861 Oudtshoorn, 2012). These grasses offer more soil protection, there are much denser and better at
1862 resource capture e.g. light and nutrients (Meredith, 1955; Tainton, 1999). They outcompete
1863 pioneer grasses and dominate either in areas with moderate rainfall and low soil nutrient status or
1864 moderate soil nutrient status and low rainfall (Tainton, 1999). The grazing potential of most
1865 subclimax grasses range from poor to relatively good (Van Oudtshoorn, 2012). Lastly, climax
1866 grasses are strongly perennial and tufted which vary greatly in their environmental requirements
1867 but grow in normal, optimal conditions that support long-term survival (Van Oudtshoorn, 2012).
1868 These grasses also vary greatly in their grazing potential, with very unpalatable grasses e.g.
1869 *Aristida junciformis*, and very palatable grasses e.g. *Themeda triandra* (Tainton, 1999; Van
1870 Oudtshoorn, 2012).

1871 Selective grazing resulting from a continuous grazing regime could result in the
1872 dominance of unpalatable grasses, which may include unpalatable pioneer, subclimax, and
1873 climax grasses (Tainton, 1999). As grazers select for palatable grasses, less palatable grasses
1874 gain competitive ability and reproduce successfully, hence dominating the sward (Tainton et al.,
1875 1980; Tainton, 1999). Grazing in these rehabilitating sites acts as a second disturbance (Cramer

1876 et al., 2008) which could, therefore, potentially alter the general successional pattern, resulting in
1877 vegetation that is a mixture of unpalatable subclimax and climax species, and even some strong
1878 competitive pioneer species (Tainton, 1999; Cramer et al., 2008). This is evidenced in this study
1879 as the surveyed plots were dominated by unpalatable subclimax species e.g. *Aristida bipartita*,
1880 *Sporobolus africanus*, and climax species e.g. *Hyparrhenia hirta* and *Cymbopogon caesius*, with
1881 only one unpalatable pioneer grass i.e. *Aristida congesta* subsp *barbicollis* occurring only in one
1882 site. The only palatable grass i.e. *Chloris gayana* occurred only in one site and was not a
1883 dominant species. This grass reproduces by both seeds and vegetatively- through a creeping
1884 stolon. It adopts several seed dispersal strategies, namely wind, water, and animal agents
1885 (Meredith, 1955). Therefore, this grass could have established from seeds which were either
1886 attached to livestock skin, collected from palatable climax patches dominated by *Chloris gayana*
1887 in the surrounding areas, or/and wind-dispersed seeds. There are previous studies in this village
1888 which used hyperspectral remotely sensed data to discriminate patches dominated by palatable
1889 climax grasses (e.g. *Themeda triandra*) to those dominated by less palatable climax grass (e.g.
1890 *Hyparrhenia hirta*) as a management approach (Mansour et al., 2012; Mansour et al., 2016).
1891 They showed that it is possible to discriminate between these patches using remotely sensed data
1892 and that there are still patches dominated by palatable climax species in these continuously
1893 grazed grasslands (Mansour et al., 2012; Mansour et al., 2016). This, therefore, means that these
1894 patches could have been the source for *Chloris gayana* seeds. However, it is fair to assume that
1895 some surveyed sites did not have patches dominated by palatable species near them, hence why
1896 only one out of the six surveyed sites had *Chloris gayana* out of the six surveyed sites. *Chloris*
1897 *gayana* seeds have a relatively good germination potential, thus explaining the recruitment
1898 success, and it is usually a preferred grass for reseeding, mostly with the aim to stabilize the soil
1899 (Meredith, 1955; Van Oudtshoorn, 2012).

1900 These rehabilitated rangelands can be classified as unpalatable climax grassland, as they
1901 were dominated by more climax species than subclimax species. The subclimax species occurred
1902 relatively close to the planted vetiver compared to the climax species. However, there was no
1903 clear relationship between successional stages and years since rehabilitation. These findings are
1904 relatively similar to those reported by studies of plant succession in old-fields or abandoned
1905 agricultural fields (Bonet, 2004; Bonet and Pausas, 2004). For example, Bonet (2004) in a
1906 vegetation change study examining a 60 year old abandoned agricultural field, showed that there

1907 was a nonlinear relationship between years since abandonment and plant successional status, and
1908 rather there was a clear coexistence of different plant functional groups. The progress of plant
1909 succession and species turnover is dependent on many factors e.g. seed dispersal, soil and
1910 climatic conditions, and availability of a seed bank in that rehabilitating area (Tainton, 1999;
1911 Bonet, 2004). The soil and climatic factors determine which species can recruit; however, if
1912 there are no dispersed seeds or no buried seeds (seed bank) of native plants, such species will not
1913 recruit in that area (Tainton, 1999). For example, climax grass species usually have a poor seed
1914 dispersal ability; therefore, their recruitment is usually dependent on an existing seed bank,
1915 although they can only recruit when the soil and climatic conditions are favourable (Tainton,
1916 1999). Soil erosion usually removes the topsoil and hence the seed bank, therefore, grass species
1917 which have poor dispersal abilities are unlikely to be found in these sites, unless the sites are
1918 reseeded (Tainton, 1999). Therefore, a combined effect of planted vetiver (possibly competition),
1919 grazing, and lack of dispersed and buried seeds could determine the community structure of
1920 these previously eroded sites.

1921 This study showed a relatively clear progressive succession moving away from planted
1922 vetiver, i.e. a clear turnover of subclimax to climax species accompanied by an increased species
1923 richness. The ecological and successional status of these plant communities can be related to
1924 specific species responses to defoliation (i.e. grazing) or the decreaser-increaser concept
1925 described by Foran et al (1978) and modified by Tainton et al (1980). Decreaser species are
1926 grasses which dominate in good veld, but decreases in abundance with poor management i.e.
1927 overgrazing or undergrazing (Foran et al., 1978). These grasses are palatable subclimax and
1928 climax grasses, which are usually preferred by grazing animals (Van Oudtshoorn, 2012).
1929 Increaser I species are grasses which dominate in undergrazed or underutilized veld (Foran et al.,
1930 1978). These are usually robust climax, unpalatable species which usually grow well without any
1931 form of defoliation (Van Oudtshoorn, 2012). Increaser II species are subclimax and pioneer grass
1932 species which dominate in overgrazed veld (Foran et al., 1978). These species are a mixture of
1933 palatable and less palatable grasses, and are usually associated with low rainfall areas, but can be
1934 found in high rainfall areas which are overgrazed and have nutrient-poor soils (Van Oudtshoorn,
1935 2012). Increaser III species are climax grass species which dominate in selectively grazed veld
1936 (Tainton et al., 1980). These are usually very unpalatable robust tufted perennials, which are

1937 strong competitors and increase when climax palatable grasses are weakened by being
1938 overgrazed (Tainton et al., 1980; Van Oudtshoorn, 2012).

1939 The species dominating in all sites were mostly increaser II (i.e. *Aristida bipartita*,
1940 *Eragrostis plana*, *Eragrostis curvula*) and increaser III (i.e. *Sporobolus africanus*), and one
1941 invasive (i.e. *Paspalum notatum*) species (Van Oudtshoorn, 2012). This is a clear indication of
1942 the effect of grazing on the succession status and community structure of these rehabilitating
1943 sites. *Paspalum notatum* was sown concurrently with vetiver, as part of the rehabilitation
1944 programme (Everson et al., 2007). This grass is an alien grass from Mexico, the Caribbean, and
1945 South America, tolerant to drought, increases in abundance when grazed because of its deep
1946 roots and strong creeping rhizomes, and this is thus useful for soil erosion control (Van
1947 Oudtshoorn, 2012). However, even this creeping strong competitive grass could not cover the
1948 bare ground around vetiver (Van Oudtshoorn, 2012), suggesting that either the competitive
1949 ability of vetiver and/or allelopathy from oil produced in the roots is inhibiting the recruitment of
1950 other grasses near vetiver (Van den Berg et al., 2003). This therefore, challenges the two claims
1951 made about vetiver competitive ability and coexistence with other grasses. These claims are 1)
1952 vetiver does not compete with adjacent crops, and 2) vetiver does not spread because it produces
1953 non-viable seeds, and has no stolon or rhizomes (Vieritz et al., 2003). For these claims to hold,
1954 other grasses should coexist well with vetiver, and there should be no signs of vetiver recruiting
1955 outside of the planted areas. Unfortunately, the presence of bare ground around the vetiver plants
1956 and the evidence of vetiver recruiting, where it was not planted, strongly challenges the validity
1957 of these claims.

1958 Council (1993) reported that there are few incidences where vetiver was reported to have
1959 recruited, showing signs of spreading, although this was anecdotal evidence from interviews with
1960 the farmers. Whether vetiver recruited using suckers developed from roots or if the environment
1961 became favourable to allow a few seeds to be produced and to germinate, is not known. These
1962 surveyed sites need to be monitored regularly to understand whether or not the recruitment is
1963 accidental through the washing away of few vetiver reproductive roots to a nearby location, or
1964 whether these are initial signs of vetiver spreading. However, it is clear that it did recruit, even
1965 though only a few tufts were seen, suggesting that even through recruiting, probably, there are
1966 still unknown inhibitory factors that inhibit recruitment and spreading of this grass. Vetiver grass

1967 is very dependent on its belowground material for reproduction, thus clipped upper surface roots
1968 alone can give rise to new plants (Greenfield, 2002).

1969 From this study and the published literature, there are many unanswered questions
1970 relating to: 1) vetiver reproductive potential, seed germination and the extent of vegetative
1971 reproduction; 2) the effect of established vetiver on seed germination and seedling establishment
1972 of indigenous species and; 3) the competitive interaction between established vetiver and mature
1973 native grass tufts. These questions will help develop a better understanding of vetiver ecology
1974 and, particularly questions 2 and 3 will help to understand what causes the bare areas around
1975 planted vetiver. In addition, all these questions are important to understand the potential of
1976 vetiver becoming invasive. From this study, it is clear that the previously mentioned two claims
1977 about vetiver do not hold and have to be revisited. While there is no doubt that the use of vetiver
1978 is beneficial for soil and water conservation and allows (to a limited extent) progressive
1979 vegetation succession, the availability of bare ground around planted vetiver could indicate that
1980 vetiver is a territorial grass. Vegetative regeneration by means of tillering adopted by vetiver is
1981 an extremely slow process (Tainton, 1999; Greenfield, 2002). For this reason, vetiver is unlikely
1982 to become a problem but can become a permanent feature in rehabilitated areas, reducing forage
1983 availability. Even though these rehabilitated sites showed progress in terms of plant succession
1984 and increases in species richness within 3m of planted vetiver, suggesting that vetiver does help
1985 retain topsoil allowing other grasses to grow, this study shows that native grasses do not grow in
1986 particularly close proximity to vetiver, supporting the notion that it may develop permanent
1987 monotypic patches.

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2058 **3 CHAPTER 3: DOES VETIVER ALLOW GERMINATION AND ESTABLISHMENT**
2059 **OF NATIVE GRASSES?**

2060 **3.1 ABSTRACT**

2061 Vetiver grass (*Chrysopogon zizanioides* (L.) Roberty) is a tufted perennial grass from India, used
2062 worldwide for rehabilitating eroded rangelands and for other soil and water conservation
2063 practices. Morphological features e.g. dense extensive root system (4m deep), and the claim that
2064 it allows recruitment of other grasses around it has popularized the use of this grass. However,
2065 this claim has not been extensively examined. The effect of vetiver tufts and sowing method on
2066 seed germination and seedling establishment of *Eragrostis curvula* and *Panicum maximum* was
2067 examined using pot trials. One hundred seeds of each species were planted alone, around one
2068 vetiver tuft and between two vetiver tufts planted fifteen centimeters apart. These native grass
2069 seeds were sown on the soil surface, buried, and mixed with a water retention gel. Native grass
2070 seedling response when root interaction was excluded using a 42-micron nitex mesh was also
2071 investigated as a follow-up pot trial. The root profile picture taken from cutting the soil-root
2072 material of vetiver and *E. curvula* was analyzed using NIS-Element BR software to quantify the
2073 amount of space available around each species for other species to colonize. Vetiver tufts
2074 facilitated seed germination in both *E. curvula* and *P. maximum*, and seeds sown on the soil
2075 surface had a greater germination percentage compared to other sowing methods. However,
2076 vetiver tufts inhibited seedling establishment of these grasses, even when the root competition
2077 was excluded. Vetiver had less root space available for other species to colonize compared to *E.*
2078 *curvula*, which suggests that dense roots of vetiver could be causing direct root competition for
2079 space and thus, inhibiting establishment of native grasses. Shading by vetiver could be retaining
2080 soil moisture and hence creating a favorable environment for the seeds of native grasses to
2081 germinate. A combination of vetiver shade, direct root competition, and allelopathy (possibly
2082 from oil produced by the roots) could be causing an inhibitory effect on native grass seedling
2083 establishment. These findings, therefore, suggest that it is unlikely that vetiver will allow
2084 recruitment of native grasses, which means rehabilitation using vetiver is unlikely to allow
2085 succession by native grasses.

2086

2087 **3.2 INTRODUCTION**

2088 Vetiver (*Chrysopogon zizanioides* (L.) Roberty) is a densely tufted perennial C₄ grass
2089 from India possessing unique morphological and physiological features which enable it to be
2090 useful in soil and water conservation (Council, 1993; Vieritz et al., 2003). Irrespective of
2091 environmental conditions, vetiver establishes faster than most grasses, rapidly extending its
2092 dense roots 4m deep into the soil, binding the soil particles together (Vieritz et al., 2003). For
2093 example, Greenfield (2002) showed that vetiver grass can reach rooting depths of 3.6m after 8
2094 months of growth. Vetiver produces non-viable seed, hence relying on vegetative reproduction
2095 and its large root stocks allow it to survive for decades. Its hardy tufts with broad leaves act as a
2096 wind break in agricultural fields (Grimshaw, 1993), attracting stem borer insects to lay their eggs
2097 but resulting in larval mortality, and therefore, acting as an insect trap (Shangwen, 1999; Van
2098 den Berg et al., 2003). Vetiver has been successfully planted in coastal sand with high salinity
2099 (Xia et al., 1998), abandoned mine sites with toxic heavy metals (Truong et al., 1999), landfill
2100 sites with toxic anthrosoils, and in contaminated dams with high nitrogen levels (Truong et al.,
2101 2001; Wagner et al., 2003). Furthermore, vetiver produces oil in its roots which has been
2102 extensively harvested by pharmaceutical companies for its antimicrobial and antifungal
2103 properties, and by cosmetics companies for its strong, unique aroma (Weyerstahl et al., 1996;
2104 Danh et al., 2010; Chahal et al., 2015). However, vetiver grass has been mostly popularized and
2105 used as a cost-effective, natural technology for environmental protection worldwide, among
2106 other uses.

2107 For decades, research has focused on the utilization of vetiver grass in soil and water
2108 conservation, but less attention has been given to its ecology and behavior (Chōmchalao, 2001;
2109 Greenfield, 2002; Xu, 2002). A particularly important aspect of its ecology relates to coexistence
2110 with other grass species, and whether it allows recruitment and succession of native grasses. As
2111 the grass is being used to rehabilitate degraded rangelands, seed germination and seedling
2112 recruitment of native grasses is crucial for a successful rehabilitation. Seed germination is
2113 controlled by soil moisture, temperature, and direct sunlight, and surrounding mature grasses can
2114 influence these factors (Ammond and Litton, 2012; Gallagher and Wagenius, 2016). Numerous
2115 studies have shown that established grass plants can either facilitate seed germination and
2116 seedling establishment by creating a favorable microclimate through shade and moisture
2117 retention (Rees and Brown, 1991; Brooker et al., 2008; Tedder et al., 2011), or can be territorial

2118 and inhibit seed germination and seedling establishment through direct root competition and/or
2119 allelopathy (Schenk et al., 1999).

2120 Territoriality in plants relates to both root spatial segregation and allelopathy (Schenk et
2121 al., 1999; Dias et al., 2016). Plants with spatially segregated roots occupy vacant soil volumes
2122 and by so doing, they avoid direct root competition from the neighboring plants (Schenk et al.,
2123 1999). However, some plants with dense roots and those with creeping stolons or rhizomes can
2124 utilize most soil space around them, creating an unfavorable microclimate for recruitment of
2125 other grasses (Schenk et al., 1999; Schenk and Jackson, 2002). Allelopathy does not require
2126 segregated or clumped roots because it involves the release of allelochemicals which inhibit seed
2127 germination and establishment of other grasses (Ghebrehiwot et al., 2014; Dias et al., 2016).
2128 These two behaviors are seen as territoriality because they usually result in bare soil around that
2129 grass plant (Ghebrehiwot et al., 2014). If these bare soil areas are large, a soil crust could
2130 develop, lacking soil moisture and thus further inhibiting seed germination and seedling
2131 establishment of native grasses (Morgan, 2009). Vetiver oil has been shown to have allelopathic
2132 propitiates that inhibit weed species germination and establishment (Mao et al., 2004). This
2133 allelopathic behaviour could also inhibit native grasses germination and establishment; however,
2134 no study has addressed this question. Therefore, vetiver research should shift from the
2135 application of vetiver in soil and water conservation to questions surrounding its ecology such as,
2136 its effect on native grasses germination and seedling recruitment because seedlings are more
2137 sensitive to competition than adult plants. Moreover, the focus of rangeland rehabilitation
2138 projects has shifted from soil protection alone to promoting species diversity with the aim of
2139 improving grassland productively (Bakker et al., 2003).

2140 It is for these reasons that this study was conducted, and aimed to answer the following
2141 questions:

- 2142 1. Do vetiver grass tufts inhibit or facilitate seed germination in native grasses?
- 2143 2. Is the germination rate of native grasses affected by the seed sowing method?
- 2144 3. Do vetiver grass tufts inhibit establishment of native grasses?
- 2145 4. Does the exclusion of direct root interaction decrease the competitive effect exerted on
2146 native grass seedlings?

2147 5. Does vetiver root density differ from indigenous grass root density?

2148 An improved understanding of whether vetiver allows recruitment of native grasses, and
2149 how to sow native grass seeds to promote successful coexistence with vetiver grass will help to
2150 explain the patterns observed in areas already rehabilitated using vetiver. Furthermore, it will
2151 help to formulate a practical guide to using vetiver not only for soil erosion control but for
2152 promoting grassland productivity.

2153 3.3 MATERIALS AND METHODS

2154 3.3.1 Study area and species

2155 The study was conducted under greenhouse conditions at the NM Tainton Arboretum at the
2156 University of KwaZulu-Natal, Pietermaritzburg campus, South Africa, (S 29°37'47", E
2157 30°24'07").

2158 Two native grass species, *Eragrostis curvula* and *Panicum maximum* (also known as
2159 *Megathyrsus maximum*) were used in this study. These two native grasses were chosen because
2160 they have contrasting physical and ecological traits but are both used for rehabilitation. For
2161 example, *E. curvula* is a pioneer grass, producing large numbers of small seed with a high
2162 germination percentage, while *P. maximum* is a late seral grass, producing fewer, larger seeds
2163 with lower viability (Meredith, 1955; Adkins et al., 2000; Fish et al. 2015). *Eragrostis curvula* is
2164 a densely tufted perennial grass with an open panicle (6-30cm) and leaves that are crowded at the
2165 base, but it is an increaser grass species which is extremely variable with many different forms
2166 (Meredith, 1955; Tainton et al., 1976; Van Oudtshoorn, 2012). *P. maximum* is a tufted perennial,
2167 shade tolerant grass usually with a creeping rhizome and an open panicle (20-30 cm), and has
2168 broad leaves (Meredith, 1955; Tainton et al., 1976; Van Oudtshoorn, 2012). It is a decreaser
2169 species grass which is exceedingly variable in height (up 200 cm) and is invasive in other parts
2170 of the world (Meredith, 1955; Bogdan, 1977; Van Oudtshoorn, 2012).

2171 In order to maximize germination potential, the seeds of these grasses were bought from a
2172 commercial supplier (McDonald's Seeds, 2 Trek road, Mkondeni, Pietermaritzburg, South
2173 Africa).

2174 **3.3.2 Experimental design**

2175 The study consisted of two trials, a germination and establishment trial, and then a root exclusion
2176 trial.

2177 ***Germination and establishment trial***

2178 Using 6L plastic pots filled with commercial potting soil, vetiver tufts of similar size and
2179 age were planted one-month prior to the sowing of native grass seeds, to allow them time to
2180 establish. Pots with no vetiver grass were used as a control and compared with pots containing
2181 one vetiver tuft (low competition), and two vetiver tufts planted 15 cm apart (intense
2182 competition). The distance of 15 cm apart simulates the field planting procedure and spacing of
2183 vetiver tufts when rehabilitating an eroded site (Dalton et al., 1996).

2184 One hundred seeds of each native grass species were sown per pot. These seeds were laid
2185 on the soil surface (unburied), buried (2 cm deep), and mixed with a hydro-seeding gel
2186 containing moisture retention polymers. Hydro-seeding is a method of sowing seeds used in
2187 rehabilitation projects to attain quicker seed germination and seedling establishment. For the
2188 hydro-seeding mixture, 2.5 grams of fluid drilling gel and 100 seeds of either *E. curvula* or *P.*
2189 *maximum* were added into 500ml of water to make a jelly-like mixture (Pill, 1991). This mixture
2190 was then applied to the soil surface in the hydro-seeding treatments. The pots were watered every
2191 second day. The experiment was a full factorial, completely randomized design with six
2192 replicates of each treatment combination and 18 combinations in total.

2193 This trial ran for 4 months (November 2016 to February 2017) and the percentage
2194 germinated seeds, seedling survival (%), seedling height (cm), number of leaves per seedling,
2195 and number of tillers per seedling were recorded every second week. Aboveground biomass was
2196 not harvested in this trial because the number of germinated and surviving seedlings was not
2197 uniform, hence this would have been a weak measure of establishment success.

2198 ***Root exclusion trial***

2199 The previous trial was a full competition experiment; however, upon observing seedlings
2200 failing to grow to their full size when growing with vetiver, this short-term follow-up trial was
2201 started. The trial aimed at understanding whether the exclusion of vetiver root interaction would
2202 boost the performance of native grass seedlings. This was a small supporting trial; therefore, it

2203 did not have full root interaction (full root interaction vs. none) because it would have given us
2204 results which are similar to the previous trial, and therefore, the only control was the native
2205 species growing alone. *Panicum maximum* had a slow germination rate and low germination
2206 percentage and so was omitted from this follow-up study, with *E. curvula* being the only native
2207 grass used. The interaction between the roots of vetiver and those of *E. curvula* was prevented
2208 using a 42-micron Nitex mesh (purchased at Meshcape Industries (Pty) Ltd, 30 Nipper Rd, New
2209 Germany, South Africa).

2210 Three-week-old *E. curvula* seedlings were planted alone, with one vetiver tuft, and with
2211 two vetiver tufts, with the roots of these species carefully separated by pasting the Nitex mesh
2212 into the pots to create two, or three chambers using a strong waterproof epoxy (Epidermix 372
2213 purchased at Hayfields Mica Hardware, Pietermaritzburg) (See Fig. 3.1). Five seedlings of *E.*
2214 *curvula* were planted in each pot, and there were six replicates of each treatment. The Nitex
2215 mesh prevents direct root interaction but allows chemicals and nutrients to pass through it (Fig
2216 3.1). Therefore, it excludes root competition but allows any allelopathic behavior and shading to
2217 be investigated. The experiment had six replicates, laid out in a completely randomized
2218 arrangement. Pots were watered every second day and the water that appeared in the tray under
2219 the pot was used also to re-water the pots to ensure that any compounds released by the vetiver
2220 were not lost.

2221 The trial ran for 4 months (March to June 2017) and seedling height, number of leaves
2222 per seedling, and number of tillers per seedling were recorded every second week. The
2223 aboveground biomass was harvested at the end of the trial, oven dried for 48 hours at 60°C and
2224 then weighed.

2225 ***Root density analysis***

2226 Previous studies have found that measuring root density has proven difficult because fine
2227 roots are easily washed out and lost during the root extraction process (Cahill, 2002). For this
2228 reason, a different approach was used to quantify how much space is available for other roots to
2229 colonize using the plants in the control pots (grasses that were grown alone). Four replicates of
2230 representative pots containing one vetiver tuft, two vetiver tufts and mature *E. curvula* growing
2231 alone, were selected. The soil and root material was carefully removed from the pot and cut in
2232 half, without disturbing the soil, to form a root profile. A photograph of the root profile was

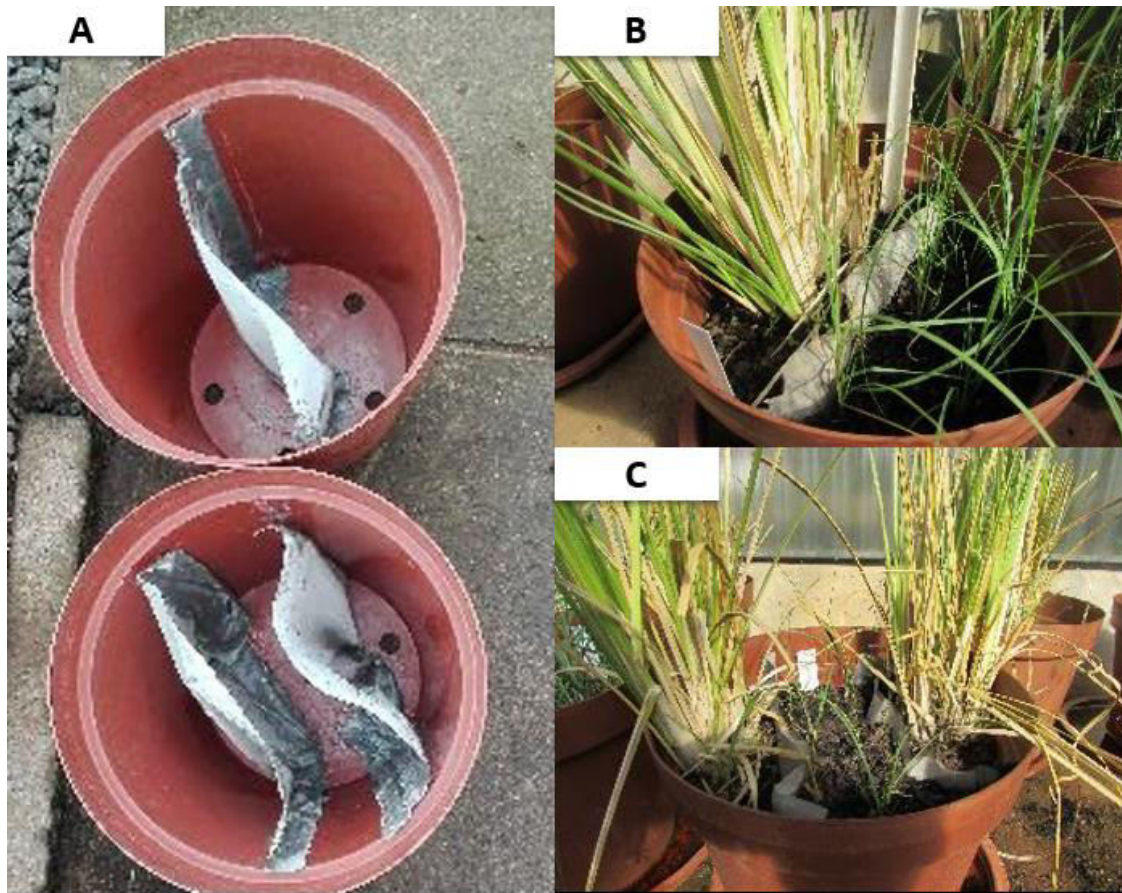
2233 taken and analyzed using NIS-Element BR software (Nikon Inc.). The NIS-Element BR software
2234 analyzed pixel colour of roots and the soil and by setting the intensity of the colours as a constant
2235 (roots coloured blue and soil coloured red with the intensity of both colours standardized to 80%)
2236 the total area comprised of by roots (blue) and soil (red) was calculated (Fig.3.2). This data was
2237 then used to determine the percentage (%) space taken up by the roots and percentage space
2238 available for other roots to colonize.

2239 3.3.3 Statistical analysis

2240 Generalized linear models (GZLM) in SPSS version 24 (IBM Inc. 2016) were used to
2241 analyze the data because the data violated the assumptions of the analysis of variance (ANOVA)
2242 even when transformed (Quinn and Keough, 2002). A gamma distribution with a log link
2243 function was used for scale data such as the mean number of leaves per seedling, mean seedling
2244 height (cm), and mean number of tillers per seedling to assess the effect of vetiver presence (full
2245 competition) and sowing method in the germination and establishment trial.

2246 However, for count data, in this case the number of germinated seeds, a Poisson
2247 distribution was used, with over-dispersion of the data controlled. To assess the effect of
2248 competition and sowing method on seedling survival a binomial distribution with a logit link
2249 function was used, where survival (number of seedlings that survived) was an event and the
2250 number of germinated seeds was a trial. For the survival data, where the generalized linear
2251 models were not appropriate, because of a lack of variance (e.g. in *P. maximum* where there was
2252 one seed germinated and one seedling survived), a single value was substituted, which made the
2253 test more conservative (Kiepiel and Johnson, 2014). Values from a linear scale were back-
2254 transformed to obtain marginal means which resulted in asymmetrical standard errors (Kiepiel
2255 and Johnson, 2014).

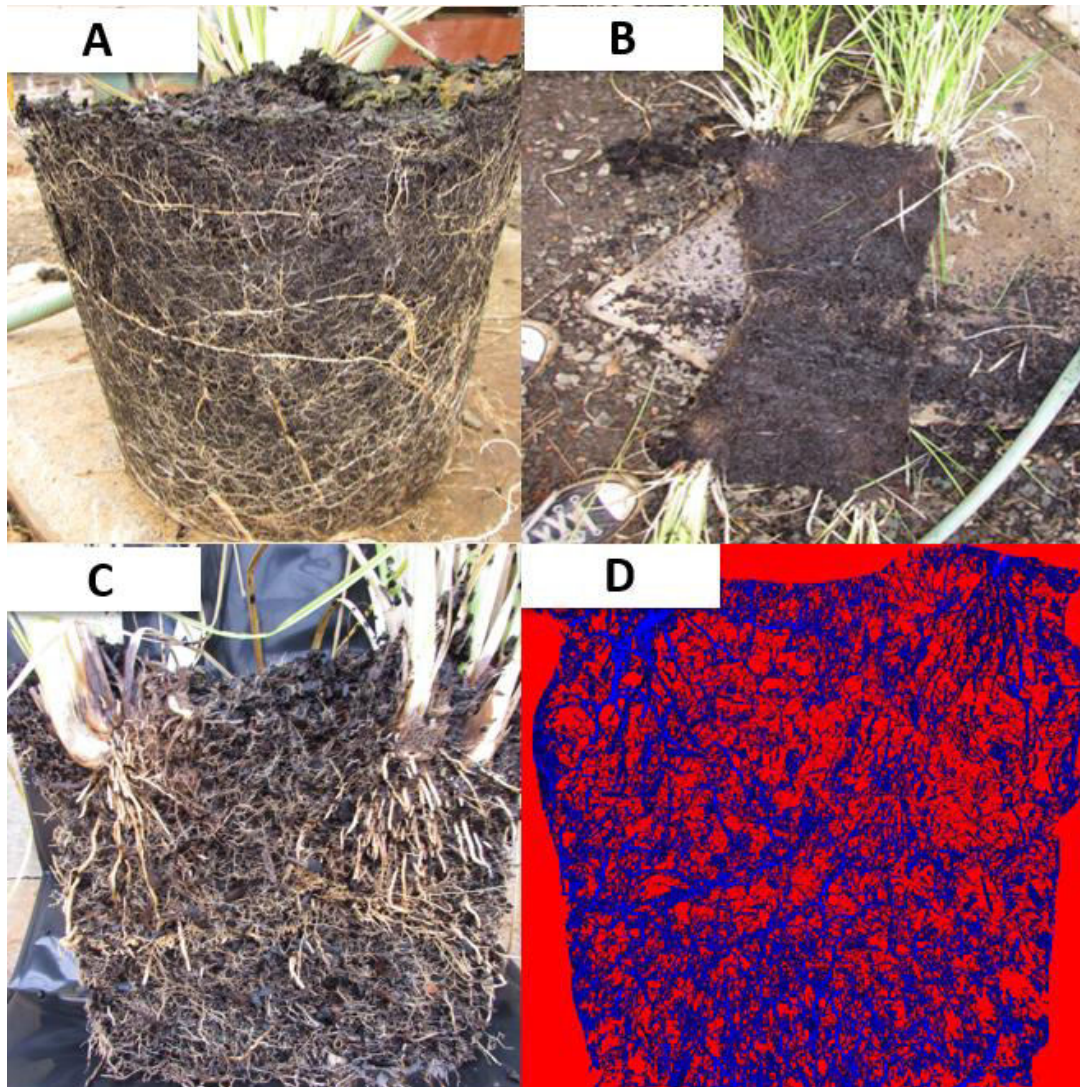
2256 For the root exclusion trial, a linear distribution with an identity link function was used to
2257 assess the effect of vetiver presence (competition) on the mean seedling height (cm), mean
2258 number of leaves per seedling, mean number of tillers per seedling, and aboveground biomass
2259 (g). Furthermore, a linear distribution with an identity link function was used to assess whether
2260 there was a significant difference in soil space occupied by roots of *E. curvula*, and one or two
2261 vetiver grass tufts. For all these analyses, where the model showed significant differences,
2262 sequential Sidak was used to adjust for multiple comparisons ($\alpha = 0.05$).



2263

2264 Figure 3.1: The pot design for the root exclusion trial showing how a 32-micron Nitex mesh was
2265 pasted into the pots using a strong waterproof epoxy (A) and how *E. curvula* was planted with
2266 one (B) and between two vetiver tufts (C).

2267



2268

2269 Figure 3.2: The root-soil profile used for analyzing root density and the illustration of the steps
 2270 involved from the careful removal of roots and soil from the pot (A), cutting of a soil profile (B),
 2271 Taking a picture (C), and root pixel analysis (D).

2272 3.4 RESULTS

2273 3.4.1 Seed germination

2274 *Main effects*

2275 *Eragrostis curvula* and *Panicum maximum* differed significantly in their germination
 2276 percentage ($P < 0.0001$) (Table 3.1), with *E. curvula* ($39\% \pm 1.683$) having a greater germination
 2277 percentage than *P. maximum* ($2.20\% \pm 0.279$). The presence of vetiver tufts and sowing method
 2278 significantly affected seed germination overall ($P < 0.0001$) (Table 3.1). *Eragrostis curvula* and

2279 *P. maximum* responded differently to competition ($P < 0.0001$) but not to sowing method ($P =$
 2280 0.448). The interaction between competition and sowing method had no significant effect on
 2281 germination overall ($P = 0.260$) or on each species individually ($P = 0.245$) (Table 3.1).

2282 Table 3.1: The effect of the presence of vetiver (competition), sowing method, and their
 2283 interaction using a generalized linear model on seed germination (Poisson distribution) and
 2284 seedling survival (%) (Binary distribution, events by trials) of two native grass species
 2285 (*Eragrostis curvula* and *Panicum maximum*). Significant p-values ($p < 0.05$) are in bold

Source of variation	Seed germination (%)			Seedling survival (%)		
	χ^2	df	<i>P</i>	χ^2	df	<i>P</i>
Species (S)	1768.650	1	<0.0001	1.368	1	0.227
Competition (C)	31.069	2	<0.0001	22.357	2	0.004
Sowing method (M)	16.500	2	<0.0001	2.899	2	0.772
S*C	16.394	2	<0.0001	15.456	2	0.103
S*M	1.606	2	0.448	5.532	2	0.292
C*M	5.282	4	0.260	4.990	4	0.493
S*C*M	5.441	4	0.245	7.709	4	0.240

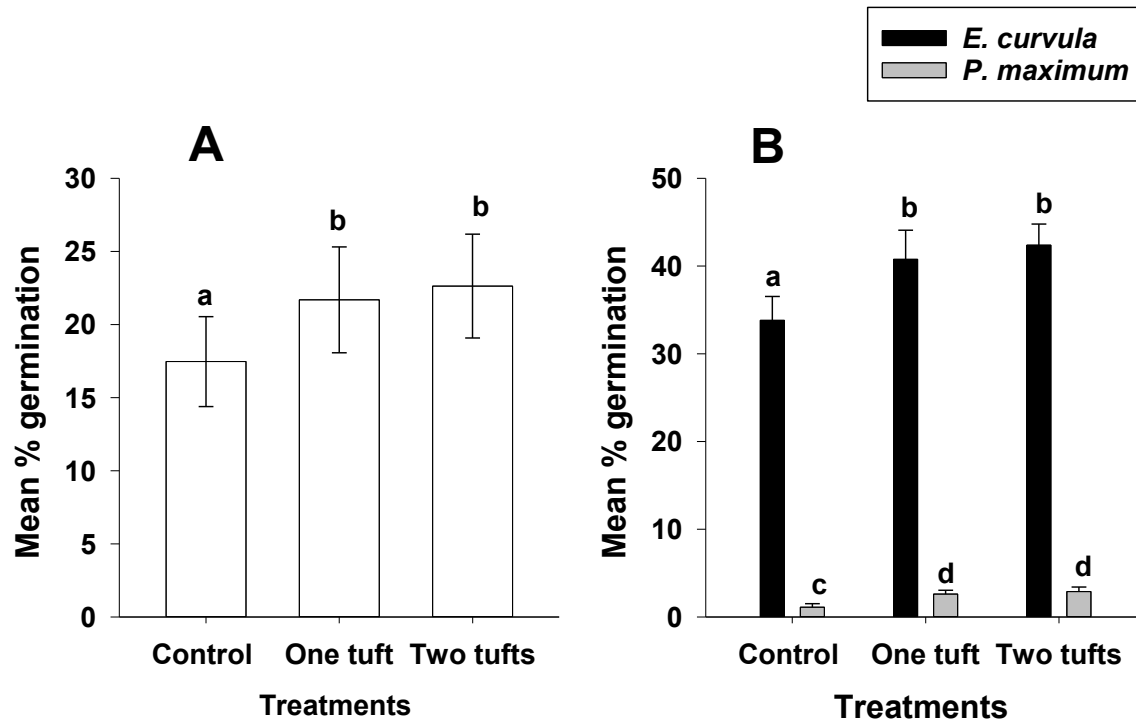
2286

2287 ***Effect of competition***

2288 Overall the native grasses germinated better in the presence of vetiver tufts compared to
 2289 the control, but there was no significant difference in percentage germination between one
 2290 vetiver tuft and two vetiver tufts (Fig.3.3A). Individually, these species showed a similar trend,
 2291 although, *E. curvula* germination was substantially greater than *P. maximum* with *E. curvula*
 2292 having a maximum percentage germination of about 45% and a minimum of 30%, compared to 6
 2293 % and 1% maximum and minimum germination by *P. maximum*, respectively (Fig.3.3B).

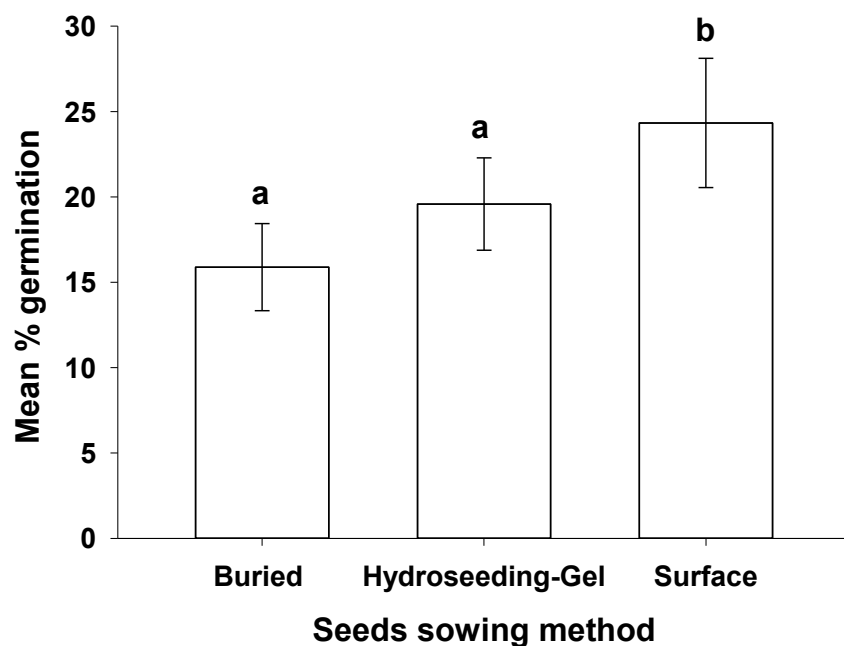
2294 ***Sowing method***

2295 Seeds sown on the soil surface germinated better than those that were buried and those
 2296 mixed with water retention gel, but there was no significant difference between seeds buried and
 2297 those mixed with a water retention gel (Fig. 3.4).



2299

2300 Figure 3.3: Main effect of vetiver on the mean germination percentage (\pm SE) of *Eragrostis*
 2301 *curvula* and *Panicum maximum* overall (A), and their effect on each species (B). Different letters
 2302 represent a significant difference between treatments ($p < 0.05$).



2303

2304 Figure 3.4: Main effect of sowing method on mean germination percentage (\pm SE) of *Eragrostis*
 2305 *curvula* and *Panicum maximum* overall. Different letters represent a significant difference
 2306 between treatments ($p < 0.05$).

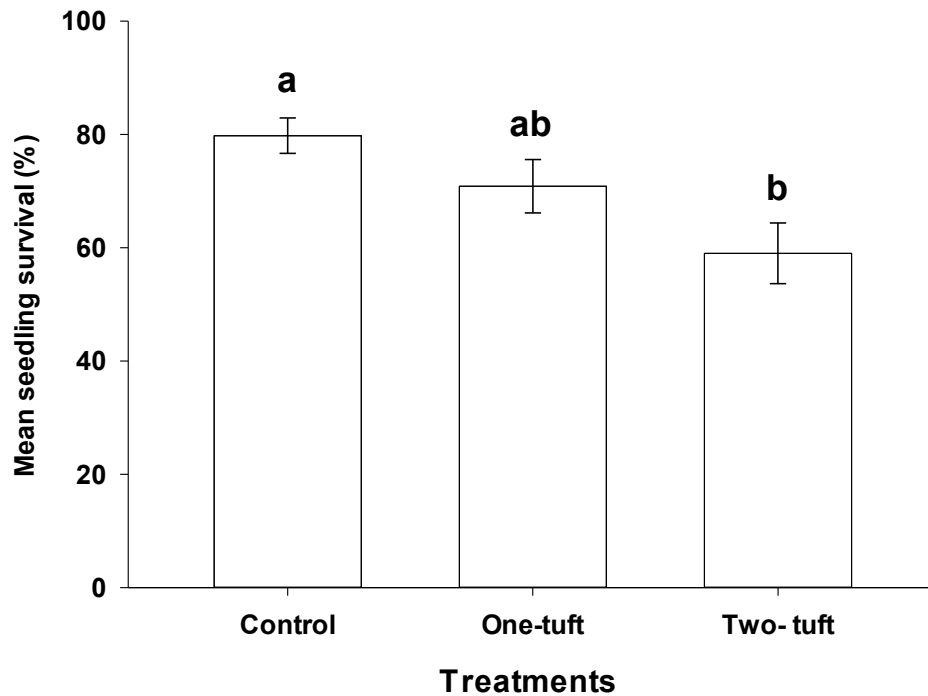
2307 3.4.2 Seedling survival

2308 *Main effects*

2309 *Eragrostis curvula* and *P. maximum* did not differ significantly in terms of their seedling
 2310 survival ($P=0.227$) and overall, competition but not sowing method ($P=0.772$) affected seedling
 2311 survival ($P=0.004$) (Table 3.1). However, *E. curvula* and *P. maximum* did not differ in their
 2312 response to both competition ($P=0.103$) and sowing method ($P=0.292$) (Table 3.1). Furthermore,
 2313 the interaction between competition and sowing method did not affect the seedling survival of
 2314 these species ($P=0.240$) (Table 3.1).

2315 *Effect of competition*

2316 Overall, seedlings survived better when growing alone ($78.24\% \pm 3.68$) than when
 2317 growing with two vetiver tufts ($72.65\% \pm 3.30$; $P=0.003$), but there was no significant difference
 2318 in seedling survival between the control and one vetiver tuft ($76.23\% \pm 2.92$; $P=0.111$), and
 2319 between one vetiver tuft and two vetiver tufts ($P=0.075$; Fig. 3.5).



2320

2321 Figure 3.5: Main effect of vetiver on the mean percentage seedling survival (\pm SE) of *Eragrostis*
 2322 *curvula* and *Panicum maximum* overall. Different letters represent a significant difference
 2323 between treatments ($p < 0.05$).

2324 3.4.3 Growth traits

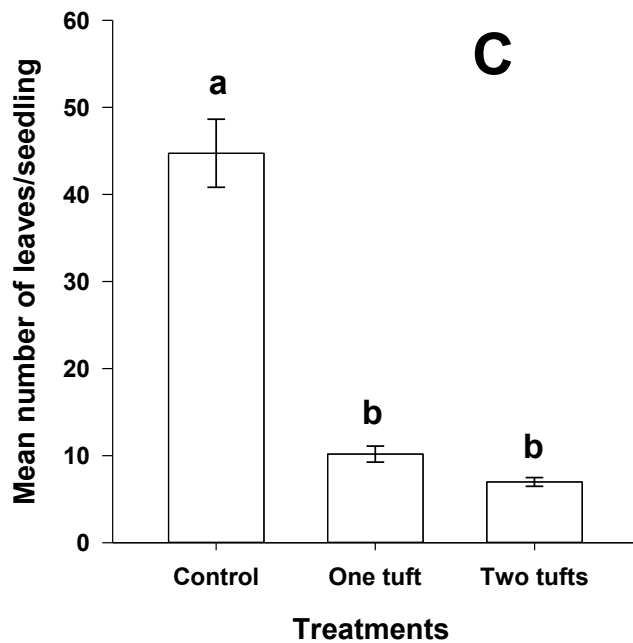
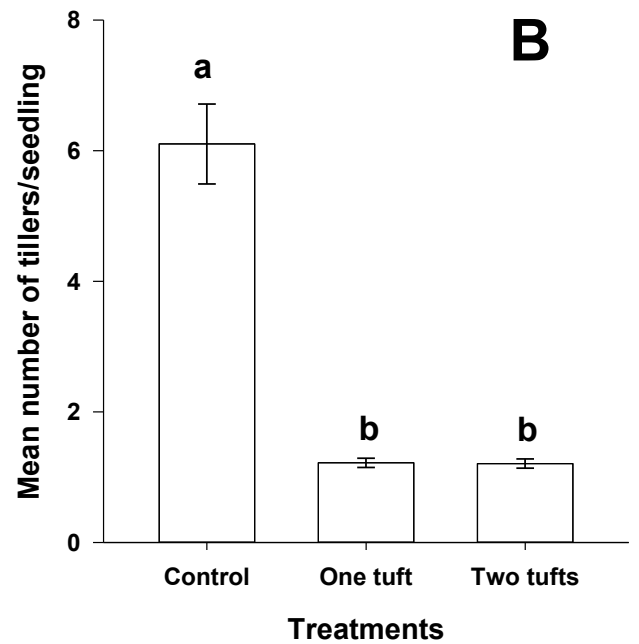
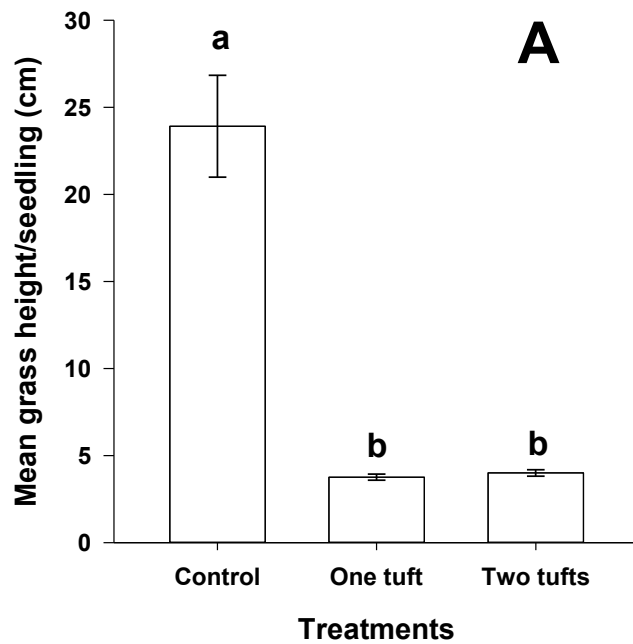
2325 *Eragrostis curvula* and *P. maximum* did not differ in terms of seedling height ($P=0.180$)
 2326 or number of tillers per seedling ($P=0.191$), but differed significantly in the number of leaves
 2327 produced per seedling ($P=0.04$; Table 3.2), with *E. curvula* producing more leaves per seedling
 2328 (10.34 ± 0.896) than *P. maximum* (6.15 ± 0.897). Competition affected seedling height
 2329 ($P < 0.0001$), number of tillers per seedling ($P < 0.0001$), and number of leaves per seedling overall
 2330 ($P < 0.0001$) (Table 3.2). Full competition exerted by one and two vetiver tufts influenced the
 2331 growth of native grass negatively (Fig.3.6). Overall, native grasses seedlings grew taller
 2332 (Fig.3.6A), produced more tillers (Fig.3.6B), and more leaves per seedling (Fig.3.6C) when
 2333 growing alone (control) compared to when growing with either one or two vetiver tufts.
 2334 However, there was no significant difference in seedling height (Fig.3.6A), number of tillers
 2335 (Fig.3.6B), and number of leaves produced per seedling (Fig.3.6C) when experiencing
 2336 competition from one and two vetiver grass tufts.

2337 Sowing method; however, did not affect seedling height ($P=0.238$), number of tillers per
 2338 seedling ($P=0.372$), and number of leaves per seedling of both native species ($P=0.843$).
 2339 *Eragrostis curvula* and *P. maximum* responded differently to competition in terms of seedling
 2340 height ($P= 0.007$), but not number of tillers per seedling ($P=0.071$), and number of leaves per
 2341 seedling ($P=0.539$). Seedling height of *P. maximum* was significantly greater than that of *E.*
 2342 *curvula* in the control but these species did not differ significantly in their seedling height when
 2343 growing with one, or two vetiver tufts (Fig. 3.7). Both these species experienced a reduced
 2344 seedling height when growing with one and two vetiver tufts, but there was no significant
 2345 difference between one and two tufts (Fig. 3.7). Sowing method, and the interaction between
 2346 competition and sowing method had no effect on any of the variables measured (Table 3.2).

2347 Table 3.2: The effect of the presence of vetiver (competition), sowing method, and their
 2348 interaction on seedling height (cm), number of leaves per seedling, and number of tillers per
 2349 seedling of two native grass species (*Eragrostis curvula* and *Panicum maximum*) using a
 2350 generalized linear model with a gamma distribution and a log link function. Significant p-values
 2351 ($p < 0.05$) are in bold

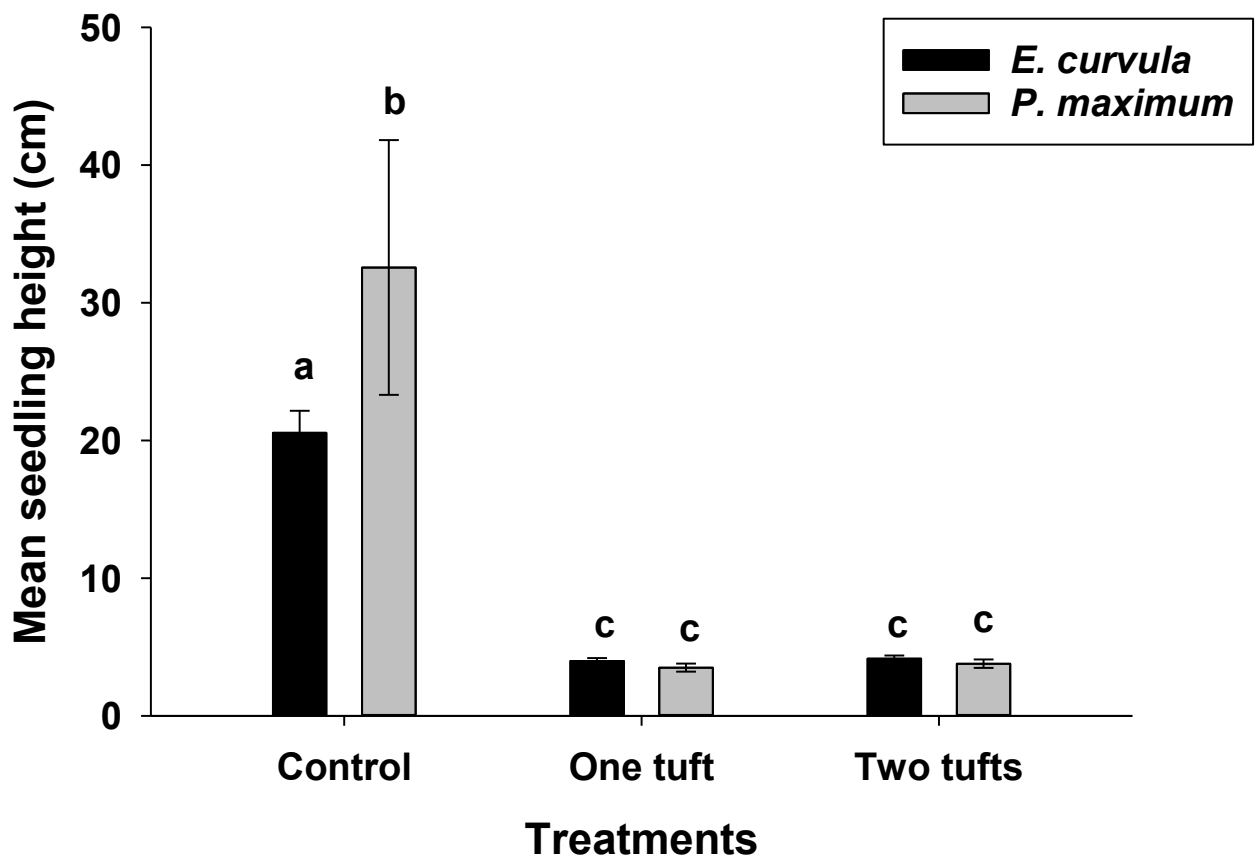
Source of variation	Seedling height			Number of leaves per seedling			Number of tillers per seedling		
	χ^2	df	<i>P</i>	χ^2	df	<i>P</i>	χ^2	df	<i>P</i>
Species (S)	1.799	1	0.180	8.453	1	0.04	1.709	1	0.191
Competition (C)	260.68	2	<0.0001	165.51	2	<0.0001	205.68	2	<0.0001
Sowing method (M)	2.871	2	0.238	0.341	2	0.843	1.976	2	0.372
S*C	9.954	2	0.007	1.236	2	0.539	5.302	2	0.071
S*M	0.448	2	0.799	0.687	2	0.709	4.121	2	0.127
C*M	0.715	4	0.949	2.738	4	0.603	0.455	4	0.978
S*C*M	2.951	4	0.566	6.606	4	0.158	0.941	4	0.919

2352



2353

2354 Figure 3.6: Effect of vetiver (full competition) on the mean seedling height (\pm SE) (A), mean
 2355 number of tillers per seedling (\pm SE) (B), and mean number of leaves per seedling (\pm SE) (C) of
 2356 both *Eragrostis curvula* and *Panicum maximum* overall. Different letters represent a significant
 2357 difference between treatments ($p < 0.05$).



2358
2359

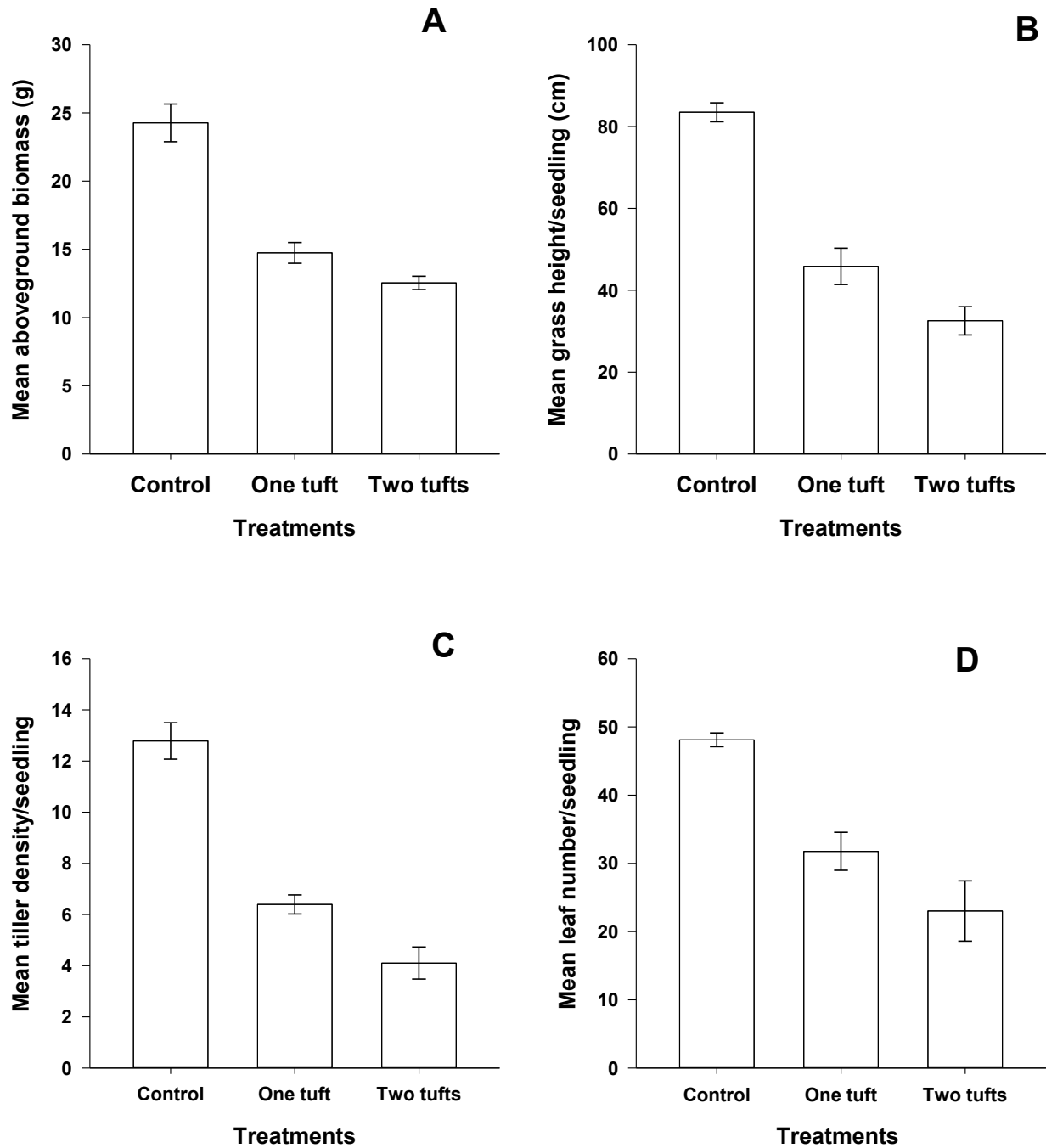
2360 Figure 3.7: Effect of vetiver (full competition) on the mean seedling height (\pm SE) of the
2361 interaction between *Eragrostis curvula* and *Panicum maximum*. Different letters represent a
2362 significant difference between treatments ($p < 0.05$).

2363 3.4.4 Roots exclusion trial

2364 Competition caused an increase in percentage germination but a reduction in seedling
2365 survival and slowed the growth of native grasses. For that reason, *E. curvula* seedlings were
2366 grown in pots with vetiver tufts (roots excluded) to investigate whether roots of vetiver grass
2367 were causing this reduction in survival and slow growth of native grasses seedlings, or whether
2368 other factors were in play.

2369 Even with vetiver roots excluded, vetiver tufts still had an effect on *E. curvula* seedling
2370 growth in terms of aboveground biomass ($\chi^2=34.252$, $df=2$, $P < 0.0001$), seedling height
2371 ($\chi^2=38.693$, $df=2$, $P < 0.0001$), number of leaves per seedling ($\chi^2=21.443$, $df=2$, $P < 0.0001$), and

2372 number of tillers per seedling ($\chi^2=39.128$, $df=2$, $P < 0.0001$). *Eragrostis curvula* tufts still
2373 experienced a reduction in growth even with the exclusion of vetiver roots. *Eragrostis curvula*
2374 still produced more aboveground biomass (Fig.3.8A), grew taller (Fig.3.8B), produced more
2375 tillers per seedling (Fig.3.8C), and more leaves per seedling (Fig.3.8D) when growing alone
2376 (control) compared to when growing with one and two vetiver grass tufts. Surprisingly, *E.*
2377 *curvula* also grew better when growing with one vetiver grass tuft (Fig.3.8 A, B, and C)
2378 compared to when growing with two vetiver tufts (Fig.3.8A, B, and C), which is contrary to
2379 when growing with full competition (vetiver roots present, Figure 3.6 and 3.7).

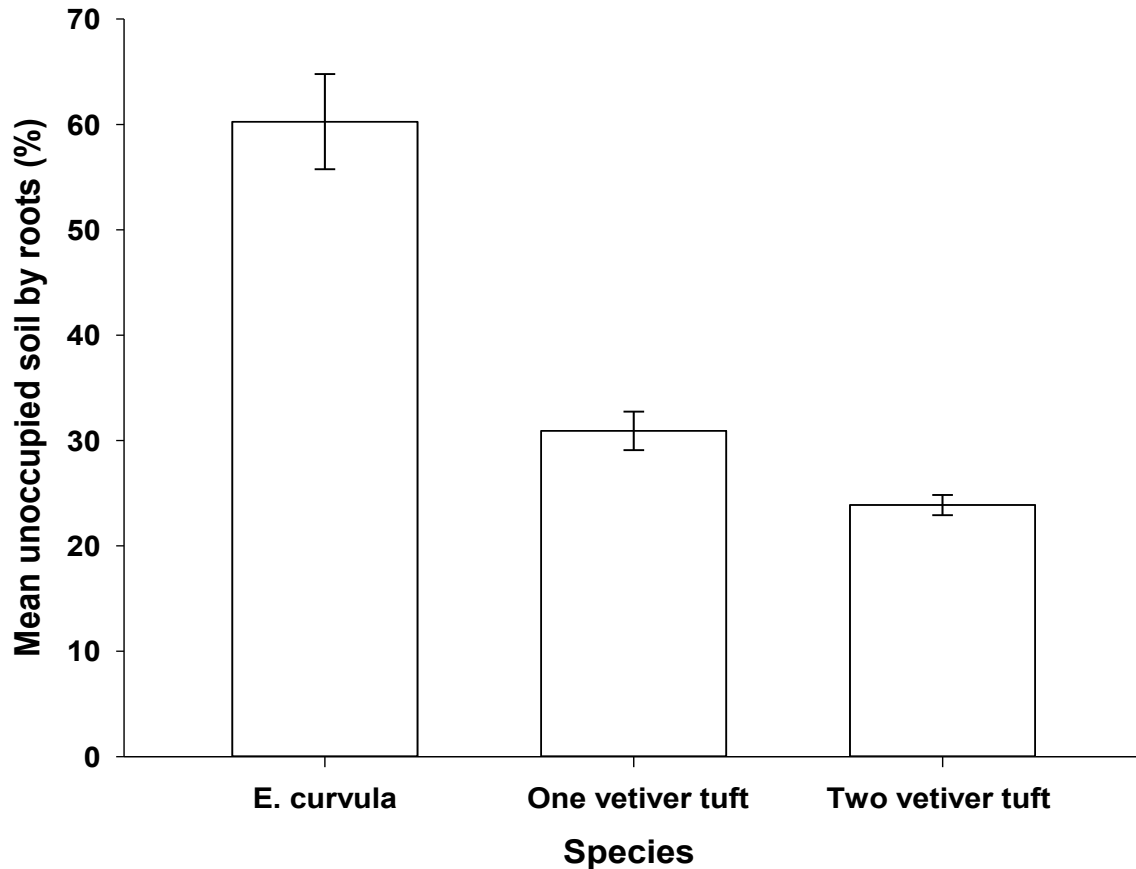


2380

2381 Figure 3.8: Effect of vetiver with root interaction excluded on the mean aboveground biomass
 2382 (\pm SE) (A), mean seedling height (\pm SE) (B), mean number of tillers per seedling (\pm SE) (C), and
 2383 mean number of leaves per seedling (\pm SE) (D) of *Eragrostis curvula*.

2384 **3.4.5 Roots density analysis**

2385 The space available around one and two vetiver tufts was examined and compared it to
2386 the space available around *E. curvula* roots to understand whether vetiver root density could also
2387 be limiting the growth and survival of native grasses. There was a significant difference in the
2388 space available (unoccupied soil space) around vetiver roots compared to *E. curvula* roots
2389 ($\chi^2=28.865$, $df =2$, $P<0.001$). *Eragrostis curvula* ($60.27\% \pm 4.517$) had significantly more soil
2390 space unoccupied by roots compared to one ($30.913\% \pm 1.820$) and two vetiver tufts ($23.87\% \pm$
2391 0.957 ; Figure 3.9). Furthermore, one vetiver tuft has significantly more soil space unoccupied by
2392 roots when compared to two vetiver tufts (Fig.3.9). Therefore, there is limited soil space around
2393 vetiver tufts that can allow the establishment of native grasses.



2394 :
2395 Figure 3.9: Mean (\pm SE) soil space unoccupied by the roots of one and two vetiver grass tufts
2396 compared to unoccupied space around *Eragrostis curvula*.

2397 **3.5 DISCUSSION**

2398 In this study, vetiver tufts were used to investigate the effect of established vetiver on
2399 seed germination, seedling survival, and seedling establishment of native grasses, with the
2400 overall purpose being to test the claim that vetiver acts as a pioneer species enabling recruitment
2401 of native grasses. Furthermore, to understand the basic effect of biotic factors on native grasses
2402 recruitments. Our findings showed that vetiver tufts facilitated seed germination in native
2403 grasses, which partially supports the previous claim that vetiver allow recruitment of native
2404 grasses. This is because germination is only the first step towards successful plant recruitment
2405 (Lenz and Facelli, 2005). Most studies on seed germination have focused on abiotic factors e.g.
2406 soil moisture, temperature, and light (Knipe, 1968; Lindig-Cisneros and Zedler, 2001; Kolb et
2407 al., 2016), with few studies testing biotic factors e.g. competition/facilitation and allelopathy
2408 from mature established plants (Aguiar et al., 1992). Among the few studies which looked at the
2409 effect of mature established plants on seed germination, most have shown a negative effect. For
2410 example, Rees and Brown (1991) showed that established plants have a negative effect on seed
2411 germination of the annual forb *Sinapis arvensis*, with the effect not caused by seed mortality, but
2412 a reduction in germination rate, and reduced recruitment of germinated seeds. However, other
2413 studies have given evidence of the existence of nurse plants, i.e. plants that create a favorable
2414 environment through shade and moisture retention, resulting in an increased germination
2415 percentage/rate and seedling establishment around or beneath them (Fowler, 1986b; Ren et al.,
2416 2008). Even though this phenomenon has been studied mostly between trees (nurse plant) and
2417 small plants (e.g. forbs and grasses) in arid regions where water is limiting, this notion has been
2418 termed the nurse plant theory (Ren et al., 2008). Vetiver ability to facilitate seed germination
2419 can, therefore, be explained using this nurse plant theory.

2420 Many well-studied abiotic factors that affect seed germination can be altered by
2421 established neighboring plants e.g. available light through shading (Aguiar et al., 1992). The
2422 alteration can produce either a favorable or an unfavorable environment for seed germination.
2423 Even though we never measured these factors (soil moisture, temperature, and light), it is
2424 obvious that the vetiver grass tufts altered these factors as they triggered seed germination in
2425 native grasses. Considering that the two grasses used in the study (i.e. *Eragrostis curvula* and
2426 *Panicum maximum*) are relatively shade tolerant grasses, their seeds (especially those of *P.*
2427 *maximum*) could be adapted to germinate in relatively shady, moist areas (Meredith, 1955; Fish

2428 et al. 2015). This might explain why the presence of a neighboring plant boosted seed
2429 germination. However, because *E. curvula* is more of a pioneer type species which produces
2430 small abundant seeds with greater viability compared to *P. maximum*, which is a late seral
2431 species producing large fewer seeds with reduced viability (Meredith, 1955), it germinated better
2432 than *P. maximum* in all treatments. This also suggests that *E. curvula* has a wider microclimate
2433 tolerance for seed germination compared to *P. maximum*. Furthermore, seed size has been shown
2434 to also affect germination, with most studies reporting an increase in germination percentage rate
2435 with a decrease in seed size (Silvertown, 1981; Gross, 1984; Aldrete and Mexal, 2005), which
2436 supports these findings.

2437 Seed sowing method is also one of the factors that affects seed germination, but it is
2438 mostly studied using commercially important crops (e.g. maize and sorghum) and trees (e.g. pine
2439 trees) (Aldrete and Mexal, 2005). Few studies looked at naturally occurring rangeland grasses
2440 (Maun and Lapierre, 1986). This study is among the first to investigate the influence of sowing
2441 method in rangeland grasses, and it showed that surface sowed seeds germinate better than
2442 buried seeds or seeds mixed with a water retention gel. Several studies have shown that burying
2443 seeds reduces germination percentage by increasing seed mortality (Maun and Lapierre, 1986;
2444 Harris, 1996; Aldrete and Mexal, 2005). However, this is dependent on sowing depth, with an
2445 increase in sowing depth resulting in a decrease in seed germination rate. For example, Maun
2446 and Lapierre (1986) showed that seed germination, the rate of emergence of those germinated
2447 seeds, and the total emergence of dune species (*Elymus canadensis*, *Cakile edentula*, and
2448 *Corispermum hyssopifolium*) decreased with an increase in seed burial depth in sandy soils.

2449 Aldrete and Mexal (2005), using potting soil, also showed a clear decrease in seed
2450 germination and seedling emergence of three pine species with an increase in sowing depth.
2451 Even though our study did not compare different sowing depths, the differences between surface
2452 sowing and buried seeds (2cm) support these examples. However, should water be a limiting
2453 factor (i.e. arid regions), one should expect better germination of buried seeds and those seeds
2454 mixed with a water retention gel compared to surface sown seeds. These sowing methods
2455 maintain moisture for longer periods compared to surface sowing (Ren et al., 2008). For this
2456 study, watering was done frequently (watered every second day), thus water availability is
2457 excluded as a limiting factor, which explains the findings obtained. Harris (1996), studied the

2458 effect of sowing depth on seed germination and seedling emergence of *Sorghum bicolor* in semi-
2459 arid Botswana. He showed that the soil dried quickly, indicating that even though deeper sowing
2460 depth reduced seed germination and emergence, shallow sowing (not surface sowing) retained
2461 moisture longer resulting in quicker seedling emergence and did not result in seed mortality
2462 (Harris, 1996). Microsites that favours seed germination are those that do not allow seed
2463 desiccation (Fenner, 1978). Some studies use mulching or water retention gel to combat quick
2464 drying of the top soil which in turn reduces seed germination (Pill, 1991).

2465 Even though vetiver facilitated seed germination, it also reduced the establishment of
2466 those germinated seeds resulting in a slow seedling growth and increased seedling mortality.
2467 This is contrary to the claim that vetiver promotes reestablishment in native grasses. Numerous
2468 studies have demonstrated that established surrounding swards have a negative effect on seedling
2469 establishment of either invading species or of the same species (Fenner, 1978; Snaydon and
2470 Howe, 1986; Fowler, 1986a). This is because the seedling stage is a critical stage in plant
2471 development and requires enough above and belowground resources, hence why seedlings tend
2472 to be more sensitive to competition than mature plants. For example, in a field trial, Snaydon and
2473 Howe (1986) studied the effect of shoot, root, and full competition exerted by established
2474 ryegrass (*Lolium perenne*) on the establishment of *Poa annua*, *P. trivialis*, and *Festuca rubra*.
2475 They showed that full competition and root competition affected the seedling establishment of
2476 these grasses by reducing the dry weight of seedlings by about sevenfold (Snaydon and Howe,
2477 1986). Their findings suggested that seedlings are more severely affected by belowground
2478 competition than aboveground competition as shoot competition had little effect on seedling
2479 growth (Snaydon and Howe, 1986). Vetiver has an extensive investment in belowground
2480 material, which may explain why seedling growth was substantially reduced by the presence of
2481 vetiver.

2482 This study showed similar results to those of Fowler (1986a), Fenner (1978), and Wesson
2483 and Wareing (1969). Fowler (1986a) used a field trial to investigate the effect of established
2484 grasses on seed germination, seedling establishment, and survival of other grasses. He showed
2485 that established grasses had no negative effect on seed germination but rather had a slight
2486 positive effect, despite substantially reducing the number of tillers in *Bouteloua rigidiseta*
2487 (Fowler, 1986a). Using artificial swards, Fenner (1978) showed that seed germination in ruderals

2488 was not negatively affected by established grass swards mostly in short turf treatment. However,
2489 seedlings of ruderal species could not establish successfully in these swards (Fenner, 1978).
2490 Wesson and Wareing (1969), focused on the effect of grass swards on buried seeds of weed
2491 species e.g. *Veronica persica* and *Sinapis arvensis*. They showed that seeds of these plants
2492 germinated well within established grass swards but failed to establish (Wesson and Wareing,
2493 1969). This provides further evidence that the microclimate requirements for seeds and seedlings
2494 can be different. Seeds require specific abiotic conditions to trigger germination, while seedlings
2495 are influenced by both abiotic and biotic factors with competition for resources being the key
2496 determinant of seedling survival (Aguiar et al., 1992). In these grass sward conditions, seedling
2497 fail to recruit because they have no fully developed shoots and roots which can help them
2498 compete effectively for both aboveground and belowground resources with surrounding swards
2499 community (Fenner, 1978).

2500 Factors responsible for hindering growth and establishment of native grasses were then
2501 investigated in more detail. Vetiver root density was compared to that of *E. curvula* with the aim
2502 of understanding how much space is available for other species to utilize around these two
2503 species. *Eragrostis curvula* had more space around its roots compared to vetiver, suggesting that
2504 there is limited space for the establishment of native grasses around vetiver. Reduced space
2505 could result in direct root competition between recruiting seedlings and vetiver roots (Schenk et
2506 al., 1999). Numerous studies have shown that when there is enough available soil space, roots
2507 tends to avoid direct root competition by foraging in unoccupied soil resource patches (Schenk
2508 and Jackson, 2002; Bliss et al., 2002; Hutchings and John, 2003). However, changes in available
2509 soil space force direct root competition between mature grasses and seedlings (Schenk et al.,
2510 1999), with seedlings experiencing substantial negative effect because of their sensitivity to
2511 competition.

2512 Above- and belowground competition interacts simultaneously in a natural ecosystem,
2513 but can exert different pressures on recruiting species, with one being more important than the
2514 other (Cahill, 1999). For this reason, an additional trial which excluded root competition was
2515 conducted. This tried to understand if the exclusion of root competition reduced the negative
2516 effect exerted by vetiver on native grass seedlings or if other factors i.e. shade and/or allelopathy
2517 were important in explaining the observed results. Seedlings still suffered a substantial decrease

2518 in growth even though root competition was excluded, which means either shade or allelopathy
2519 or both were responsible for reducing seedling growth. Surprisingly, there was also a difference
2520 between one and two vetiver tufts, with two tufts exerting more negative effect than one tuft.
2521 This is contrary to what was observed in the trial with no root exclusion (i.e. no difference
2522 between one and two tufts). The existence of strong root intraspecific competition between
2523 vetiver tufts could explain these findings. Root competition between vetiver tufts could be
2524 reducing the interspecific competition exerted by two vetiver tufts to the same level as that of
2525 one tuft. Strong intraspecific competition has been suggested to reduce the magnitude of
2526 interspecific competition when the density (the number of species per unit areas) of the
2527 competing species increases, allowing other species coexistence between those two species
2528 (Wedin and Tilman, 1993; Tilman, 1994).

2529 Shade is not expected to be a major limiting factor affecting seedling establishment, as
2530 results from the full competition and roots exclusion trials were not similar, even though shade
2531 between these trials (i.e. one and two tufts) should have been relatively similar, because vetiver
2532 tufts in both trials were of a relatively equal height. However, the amount of oil produced by the
2533 roots can be affected by root intraspecific competition because it is closely related to metabolism
2534 in roots which is affected by both abiotic and biotic factors (Massardo et al., 2006). Oil
2535 production is influenced by soil resource availability also (Adams et al., 2003), hence
2536 intraspecific competition could result in a trade-off in resource allocation to either growth and oil
2537 production. Therefore, two vetiver tufts can produce a relatively similar amount of oil to that of
2538 one vetiver tuft as a result of intraspecific competition between the two vetiver tufts. Vetiver oil
2539 has been reported to have allelopathic compounds that negatively affect the seedling
2540 establishment of other plants (Mao et al., 2004; Mao et al., 2006). For example, Mao et al. (2004)
2541 investigated the effect of vetiver oil on seed germination and seedling growth of six weed
2542 species. They showed that vetiver oil inhibited seed germination and seedling establishment in
2543 five out of six weed species providing evidence for the existence of an allelopathic behaviour by
2544 vetiver grass (Mao et al., 2006). However, this argument does not completely exclude
2545 competition for light as a contributing factor, it only suggests that allelopathic effects appears to
2546 be major contributing factor to the result found in the root exclusion trial. Furthermore, *P.*
2547 *maximum* is a shade tolerant species, and *E. curvula* is also a moderately shade-tolerant species,
2548 meaning they can both grow in a shaded environment. A simple trial separating allelopathy

2549 interference, root competition, and shading effect is needed to understand which factor is
2550 responsible for the suppression of growth in native grasses.

2551 Surface sowing and the presence of vetiver are beneficial only for seed germination but
2552 not for seedling establishment as vetiver reduced the seedling growth and survival of native
2553 grasses. The reduction could be caused by one or the combination of these factors: 1) Direct root
2554 competition between vetiver roots and seedlings roots; 2) vetiver shade, reducing the
2555 photosynthetic activity in native grass seedlings; and 3) possibly an allelopathic effect caused by
2556 vetiver oil produced by the roots. Results of this study, therefore, suggest that it is unlikely that
2557 vetiver grass will allow recruitment of native grasses, which means rehabilitation using vetiver is
2558 unlikely to allow succession by native grasses.

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2727 **4.2 INTRODUCTION**

2728 Vetiver grass (*Chrysopogon zizanioides* (L.) Roberty) is a densely tufted perennial C₄
2729 grass from central India but is found in many tropical regions, including in tropical Africa
2730 (Council, 1993; Adigun and Are, 2015). It is a hardy, fast-growing, and densely rooted grass
2731 enabling it to withstand most environmental hazards (drought, frost, and floods) and to be useful
2732 in soil and water conservation (Dalton et al., 1996; Xu, 2002). Vetiver has been shown to grow
2733 successfully in abandoned mine sites with toxic heavy metals (Truong et al., 1999;
2734 Roongtanakiat and Chairroj, 2001), coastal sand with high salinity (Xu, 1998; Xia et al., 1998),
2735 landfill sites with toxic anthrosoils, and in contaminated dams with high nitrogen levels (Truong
2736 et al., 2001). The popularity and the worldwide use of vetiver is underpinned by two largely
2737 untested claims, firstly that vetiver grass is noncompetitive with adjacent grasses or crops, and
2738 secondly that vetiver is not invasive (Vieritz et al., 2003). Vetiver produces non-viable seeds and
2739 has no stolons or rhizomes, so it is propagated vegetatively (Council, 1993). As both these
2740 claims relate strongly to vetiver competitive ability it results in the assumption that it can coexist
2741 with native grasses.

2742 Competition is a negative interference, being either direct or indirect suppression of one
2743 plant by another through differences in resource utilization (Goldberg, 1996). Competition is
2744 dependent on resource availability and is one of the key drivers of species diversity in grassland
2745 ecosystems (Wedin and Tilman, 1993; Tilman, 1994). For example, competition has been shown
2746 to increase in its importance when soil nutrient status increases, with species diversity usually
2747 declining as a result of nutrient addition (Grime, 1977; Campbell and Grime, 1992).
2748 Furthermore, Tilman suggested that functionally similar species compete more strongly than
2749 dissimilar species, and species coexistence occurs when all species in the ecosystem share the
2750 same underlying quantitative trade-off that is linked to resource utilization (Tilman, 1980;
2751 Wilson and Tilman, 1995). That is, each species in an ecosystem has a lower minimum resource
2752 requirement (R^*) for a certain available resource which allows it to be more competitive when
2753 such a resource is limiting, but has a higher R^* for other resources which in turn boost the
2754 competitive ability of other species, thus allowing coexistence between these species (Tilman,
2755 1980). However, addition of limiting resources (e.g. nitrogen) make that resource non-limiting,
2756 results in the elimination of this competitive trade-off responsible for species coexistence
2757 (Tilman, 1994; Harpole et al., 2016). Furthermore, species that are better at absorbing (lower

2758 R*) two or more resources (e.g. water and sunlight) will be better competitors and can
2759 outcompete other species, hence altering species coexistence in that ecosystem (Tilman, 1980;
2760 Wedin and Tilman, 1993). Introduced plants are generally better at resource acquisition than
2761 native plants, hence the interaction between introduced plants and native plants can sometimes
2762 favour introduced plants resulting in their invasion (Brooks, 2000; Vilà et al., 2003).

2763 Numerous studies have shown that atmospheric nitrogen deposition has increased the
2764 levels of nitrogen in the soil and this is directly linked to the agricultural and industrial revolution
2765 (Stevens et al., 2004; Clark and Tilman, 2008; Bobbink et al., 2010). Nitrogen cycling in an
2766 ecosystem is derived from three main sources; biological N-fixation, mineralization, and
2767 atmospheric deposition, with the two dominant sources being atmospheric deposition, increased
2768 by combustion of fossil fuels, and mineralization which is directly linked to emission of NH₃
2769 from the use of fertilizer and manure in agricultural fields (Bobbink et al., 2010). These sources
2770 are driven by the human demand for food and energy, which is unlikely to decrease given the
2771 current population growth predictions (Tilman and Wedin, 1991). Nitrogen, an essential nutrient
2772 for plant growth and nutrient enrichment, as a result of atmospheric nitrogen deposition has been
2773 shown to potentially reduce species diversity, with rare species being the most sensitive (Tilman
2774 and Wedin, 1991; Stevens et al., 2004; Clark and Tilman, 2008). The mechanisms driving this
2775 decline remain unclear, but are strongly linked to plant competition, as increased nitrogen levels
2776 alter individual plant physiology (e.g. water and nutrient use efficiency) and biomass allocation
2777 patterns (e.g. root to shoot ratio) (Bobbink et al., 2010).

2778 Moreover, atmospheric nitrogen and sulphur deposition have been shown to acidify soil
2779 in the long-term, leading to lower soil pH, leaching of cations, and increased levels of toxic
2780 metals (e.g. Al) in the soil, mostly in regions with high rainfall (Bobbink et al., 2010). In South
2781 Africa, regions with high rainfall are also associated with highly dispersive soils which are
2782 susceptible to soil erosion, making these areas a prime target for the use of vetiver (Fey, 2010).
2783 Considering that vetiver can tolerate low soil pH, toxic metals, and high nitrogen levels, it is
2784 important to understand its competitive ability under these conditions to understand and predict
2785 the species shifts that can be expected in areas rehabilitated using vetiver.

2786 An improved understanding of both the competitive effect of vetiver and competitive
2787 response of selected native grasses, with both strong and weak competitive ability, and how soil

2788 nutrient levels influence these interactions will help predict the potential of vetiver to become
2789 invasive and suggest indigenous species that are likely to coexist or even outcompete vetiver.
2790 The claims about vetiver competitive ability were investigated using a pot trial by examining the
2791 competitive ability of vetiver's grass under different soil nutrient levels with the aim of
2792 answering the following three questions:

- 2793 1. Does vetiver exert a competitive effect on neighbouring native grasses with a strong
2794 (*Eragrostis curvula* and *Digitaria eriantha*) and weak (*Panicum maximum* and
2795 *Hyparrhenia hirta*) competitive ability?
- 2796 2. Does vetiver density influence the competitive effect experienced by native grasses?
- 2797 3. Does soil nutrient addition influence this interaction?

2798 Three hypotheses for this study were; firstly, that vetiver will exert a competitive effect on
2799 native grasses, and that nutrient addition will increase vetiver's competitive effect. Secondly,
2800 increasing the number of vetiver tufts will increase the competitive effect on native grasses
2801 irrespective of soil nutrient addition. Lastly, native grasses will differ in their competitive
2802 response under low and high nutrient status, with highly competitive grasses experiencing a
2803 lower competitive effect than weakly competitive grasses.

2804 **4.3 MATERIALS AND METHODS**

2805 **4.3.1 Study site and species**

2806 The study was run from November 2016 to April 2017 (6 months) at the University of
2807 KwaZulu-Natal NM Tainton Arboretum, Pietermaritzburg, KwaZulu-Natal, South Africa. The
2808 region has a mean annual rainfall of about 844mm, with most of the rain falling in summer
2809 between October and March. Summers are hot, with a mean daily maximum temperature of
2810 approximately 26.4°C, while winters are mild with occasional frost and mean daily temperature
2811 of about 8.8°C. The winter is coolest in June, and summer is warmest in February and March
2812 (Fynn et al., 2009). The growing season of this region is controlled mainly by temperature and
2813 rainfall, with most of the grass biomass production taking place between October and April
2814 (Fynn et al., 2009).

2815 Four native grass species, *Eragrostis curvula* (Schrad.) Nees, *Digitaria eriantha* Steud.,
2816 *Panicum maximum* Jacq., and *Hyparrhenia hirta* Stapf., commonly occurring in South African

2817 rangelands and useful in soil erosion control and rangeland rehabilitation were used in this study
2818 (Tainton et al., 1976; Morris, 2016). These species differ largely in their competitive ability
2819 (Laan et al., 2008; Morris, 2016), morphological traits (Meredith, 1955; Fish et al. 2015), and
2820 response to soil nutrient addition (Fynn and O'Connor, 2005; Fynn and Naiken, 2009).
2821 *Eragrostis curvula* and *Digitaria eriantha*, even though differing in their morphological traits,
2822 compete well under both low and high soil nutrient status, and were hence classified as strong
2823 competitors ([McDonald et al., 1998](#); Fynn and Naiken, 2009). *Digitaria eriantha* is a tall broad-
2824 leaved grass, with robust roots, and is usually stoloniferous (Van Oudtshoorn, 2012). By
2825 contrast, *E. curvula* is a tall narrow-leaved grass, with fine roots, but has no stolons or rhizomes
2826 (Meredith, 1955). The other two species, *Panicum maximum* and *Hyparrhenia hirta* were
2827 classified as weak competitors because their competitive ability is quite variable and soil nutrient
2828 dependent, with *P. maximum* shown to compete strongly in nutrient rich soils (Fynn and
2829 O'Connor, 2005) and *H. hirta* in nutrient poor-soils (Fynn and O'Connor, 2005; Zwerts et al.,
2830 2015). These two species also differ in terms of morphological traits. *Panicum maximum* is a
2831 broad-leaved grass, which prefers growing under shade, and has robust roots usually with a short
2832 creeping rhizome (Meredith, 1955). By contrast, *H. hirta* is a narrow-leaved grass, which is
2833 relatively shade intolerant, and has a dense fibrous root system (Van Oudtshoorn, 2012).

2834 **4.3.2 Experimental design**

2835 These native grass species (*Eragrostis curvula*, *Digitaria eriantha*, *Panicum maximum*
2836 and *Hyparrhenia hirta*) were propagated from wild-collected tillers and planted into 6L pots
2837 filled with coarse, nutrient-poor sand. The tufts (equal numbers of tillers and similar height) of
2838 each of these species were grown as a phytometer. These tufts were grown alone (control), with
2839 one vetiver tuft (low density competition), and between two vetiver tufts which were planted 15
2840 centimeters apart (high density competition). Both the vetiver and native grasses were of similar
2841 size at the beginning of the experiment. All the competition treatments were subject to both high
2842 and low soil nutrient conditions. The high fertility treatment was watered with 300 mL of 80%
2843 Hoagland's nutrient solution (N = 172, P = 25, K = 188 mg L/1) (Hoagland and Arnon, 1950)
2844 every 4 days while the low fertility treatment was given no nutrient addition (Tedder et al.,
2845 2012). The experiment was a full factorial design, laid out in a completely randomized
2846 arrangement with six replicates of each treatment combination, and 24 treatment combinations in

2847 total. To ensure that water was not a limiting factor, pots were irrigated with municipal water
2848 daily, provided there was no natural rainfall.

2849 **4.3.3 Data collection**

2850 After 6 months, the native grass aboveground biomass was harvested. The aboveground
2851 biomass of each species from each pot was put separately into paper bags, which were then oven
2852 dried for 48 hours at 60°C before weighing to determine the final dry biomass. Growth traits of
2853 each native species, including leaf table height, basal circumference, and number of tillers, were
2854 also measured before harvesting. The results for the growth traits are shown in Appendix 4.1 for
2855 two reasons, 1) growth traits measured (e.g. leaf table height) are a weak measure of competitive
2856 effect compared to aboveground biomass, 2) most of these traits supported the findings of the RII
2857 derived from aboveground biomass.

2858 **4.3.4 Data analysis**

2859 Relative interaction indices (RII) were calculated using the aboveground biomass of the
2860 native grasses within each treatment combination to determine the level of competition exerted
2861 by vetiver (Armas et al., 2004). RII is a ratio with values that range between -1 to 1, with
2862 negative values indicating competition, zero indicating symmetry, and positive values indicating
2863 facilitation (Armas et al., 2004). Therefore, RII represents the net gain or loss of a measurable
2864 trait, generally biomass, because of the presence of inter-specific interaction relative to when that
2865 inter-specific interaction is absent. RII is calculated using the following equation:

$$2866 \text{ RII} = (B_w - B_o) / (B_w + B_o)$$

2867 With B_w representing the aboveground biomass of a native grass growing with
2868 interspecific interaction (either one or two vetiver tufts) and B_o representing the aboveground
2869 biomass of a native grass growing alone (Armas et al., 2004).

2870 As the residuals were not normally distributed, these data were analysed using
2871 generalized linear models (GLZM) with a linear distribution and an identity link function in
2872 SPSS version 24 (IBM Inc.2016) to assess the effect of one and two vetiver tufts, nutrient level,
2873 and their interaction on native grass growth in terms of RII based on aboveground biomass.
2874 GLZMs were used as they have more statistical power than other commonly used non-
2875 parametric tests because they use the actual data and not ranked data (Quinn and Keough, 2002).

2876 Where the model revealed significant differences, the sequential sidak procedure was used for
2877 multiple comparisons ($\alpha = 0.05$).

2878 To assess the effect of nutrient addition on biomass production in native grasses, the
2879 percentage change in yield (Ry) was calculated using the following equation:

$$2880 \text{ Ry} = \left\{ \frac{Y_H - Y_L}{Y_L} \right\} * 100$$

2881 Where Y_H is the mean growth in terms of aboveground biomass of all replicates in the
2882 control treatment, one vetiver tuft, or two vetiver tuft treatments growing at a high nutrient level,
2883 and Y_L is the mean growth in terms of aboveground biomass under the same three treatments
2884 growing at a low nutrient level. As the residuals did not conform to the assumptions of analysis
2885 of variance (ANOVA), these data were analyzed using generalized linear models with a linear
2886 distribution and an identity link function. Where the model revealed significant differences, the
2887 sequential sidak procedure was used to adjust for multiple comparisons ($\alpha = 0.05$).

2888 **4.4 RESULTS**

2889 **4.4.1 Relative interaction index (RII)**

2890 *Main effects*

2891 Overall, all four native grasses experienced competition from vetiver. However, all four-
2892 native species responded differently to competition exerted by vetiver grass tufts ($P < 0.0001$;
2893 Table 4.1), with *E. curvula* and *H. hirta* experiencing the most competition and *P. maximum* and
2894 *D. eriantha* experiencing less (Figure 4.1A). Competition (one and two vetiver tufts) ($p = 0.015$;
2895 Table 4.1) and nutrient level (low and high) ($p < 0.0001$; Table 4.1) significantly affected the
2896 relative interaction index overall. In addition, grass species responded differently to different
2897 levels of competition and to different nutrient levels ($p < 0.0001$; Table 4.1). There was also a
2898 significant influence of the interaction between species, nutrients, and competition ($p < 0.021$).
2899 However, there was no significant difference in the interaction between competition and nutrient
2900 level ($p = 0.157$; Table 4.1).

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2903

2904 Table 4.1: Results of a generalized linear model, with a linear distribution and an identity link
 2905 function, showing the main effects and interactions of grass species, competition exerted by
 2906 vetiver, and nutrient level on the relative interaction index (RII) showing chi-square likelihood
 2907 ratio, degrees of freedom, and p-values. Significant p-values ($p < 0.05$) are in bold

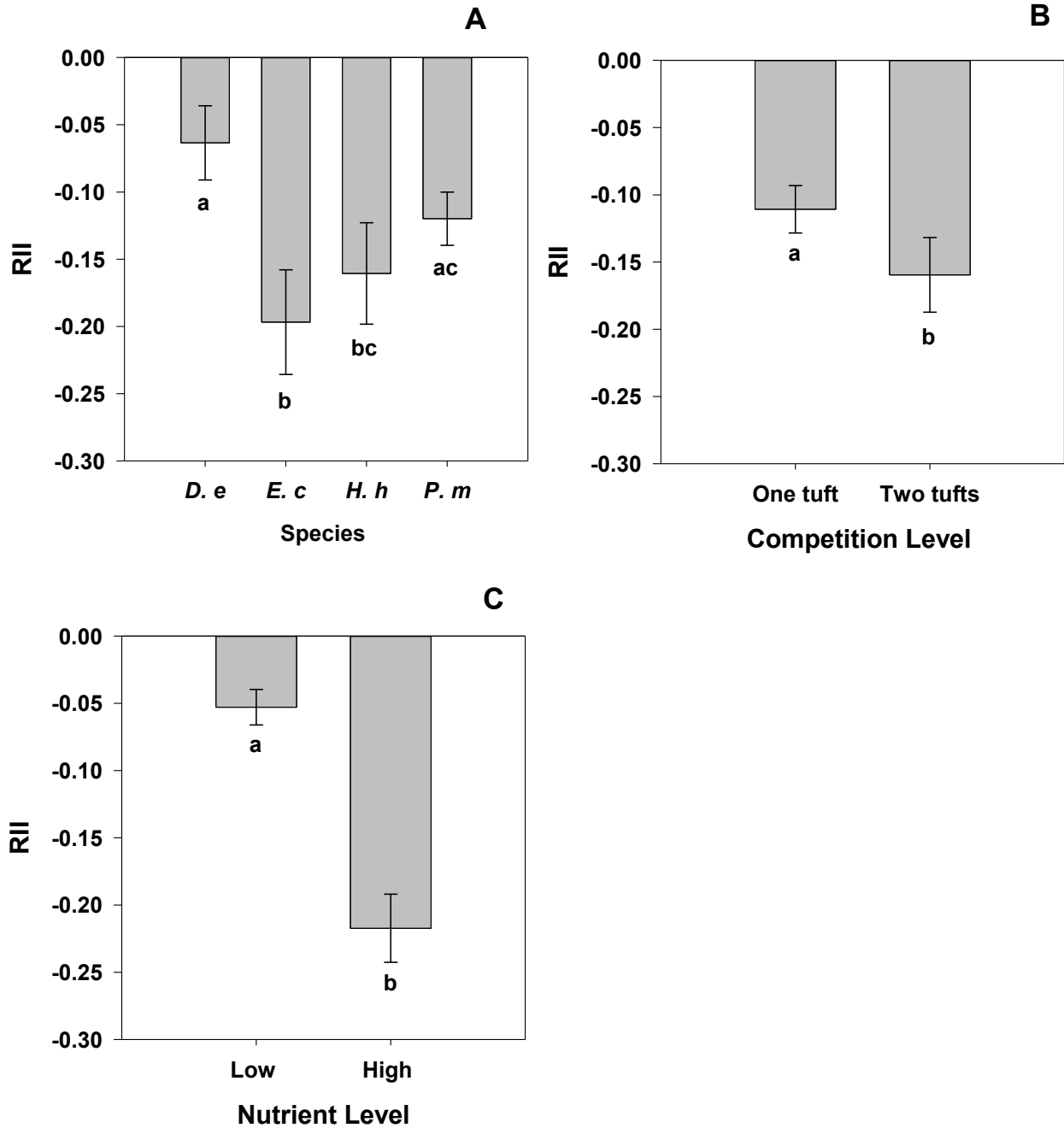
Source of variation	RII		
	χ^2	Df	<i>P</i>
Species (S)	22.244	3	<0.0001
Competition (C)	5.883	1	0.015
Nutrient Level (N)	51.986	1	<0.0001
Species * Competition	26.411	3	<0.0001
Species * Nutrient Level	23.139	3	<0.0001
Competition * Nutrient Level	2.002	1	0.157
Species * Competition * Nutrient Level	9.689	3	0.021

2908

2909 ***Competition; main effect and their relevant two-way interactions***

2910 Two vetiver tufts exerted a stronger competitive effect overall than one vetiver tuft
 2911 (Figure 4.1B). The four native grasses did not differ in their response to competition exerted by
 2912 one vetiver tuft but differed significantly when growing with two vetiver tufts (Figure 4.2A).
 2913 *Digitaria eriantha* and *P. maximum* experienced less competition (less than 10% reduction in
 2914 their above ground biomass) compared to *E. curvula* and *H. hirta* (approximately 30% reduction
 2915 in their biomass) (Figure 4.2A). Surprisingly, *D. eriantha* and *P. maximum* did not differ
 2916 significantly between one another and within themselves in their response to competition exerted
 2917 by both one and two vetiver tufts. By contrast, *E. curvula* and *H. hirta* experienced a
 2918 substantially greater competitive effect when growing with two vetiver tufts compared to one
 2919 vetiver tuft, but these species did not differ from each other (Figure 4.2A). Generally, vetiver has
 2920 a negative effect on the growth of these native species, but some species are more resistant to
 2921 competition than others.

2922



2923
2924

2925 Figure 4.1: Mean (\pm SE) relative interaction index (RII) based on the final aboveground biomass
 2926 for the main effects of species (A), vetiver competition level (B), and nutrient level (C). Different
 2927 letters represent a significant difference between treatments ($p < 0.05$). Species (A) are as follows,
 2928 *D.e- Digitaria eriantha*, *E.c- Eragrostis curvula*, *H.h- Hyparrhenia hirta*, and *P.m- Panicum*
 2929 *maximum*.

2930 *Nutrient level; main effect and their relevant two-way interactions*

2931 Nutrient addition had a significant influence on the competitive effect exerted by vetiver
2932 on native grasses, with native grass biomass reduced by around 20% under high nutrient
2933 conditions, compared to about 5% under low nutrient conditions (Figure 4.1C). All grass species
2934 except for *P. maximum* experience greater competition under high nutrients than under low
2935 (Figure 4.2B). By contrast, *D. eriantha* and *P. maximum* did not differ significantly in their
2936 response under high nutrient conditions but both experienced a weak competitive effect (Figure
2937 4.2B). However, *E. curvula* and *H. hirta* experienced a substantially greater competitive effect
2938 under high nutrient conditions compared to all grasses under low nutrient conditions, and
2939 compared to *P. maximum* under high nutrient conditions (Figure 4.2B). *Digitaria eriantha*
2940 shifted from experiencing a slight facilitation under low nutrients to a moderate competitive
2941 effect under high nutrient conditions, while *P. maximum* experienced similar competitive effects
2942 both under low and high nutrient conditions (Figure 4.2B).

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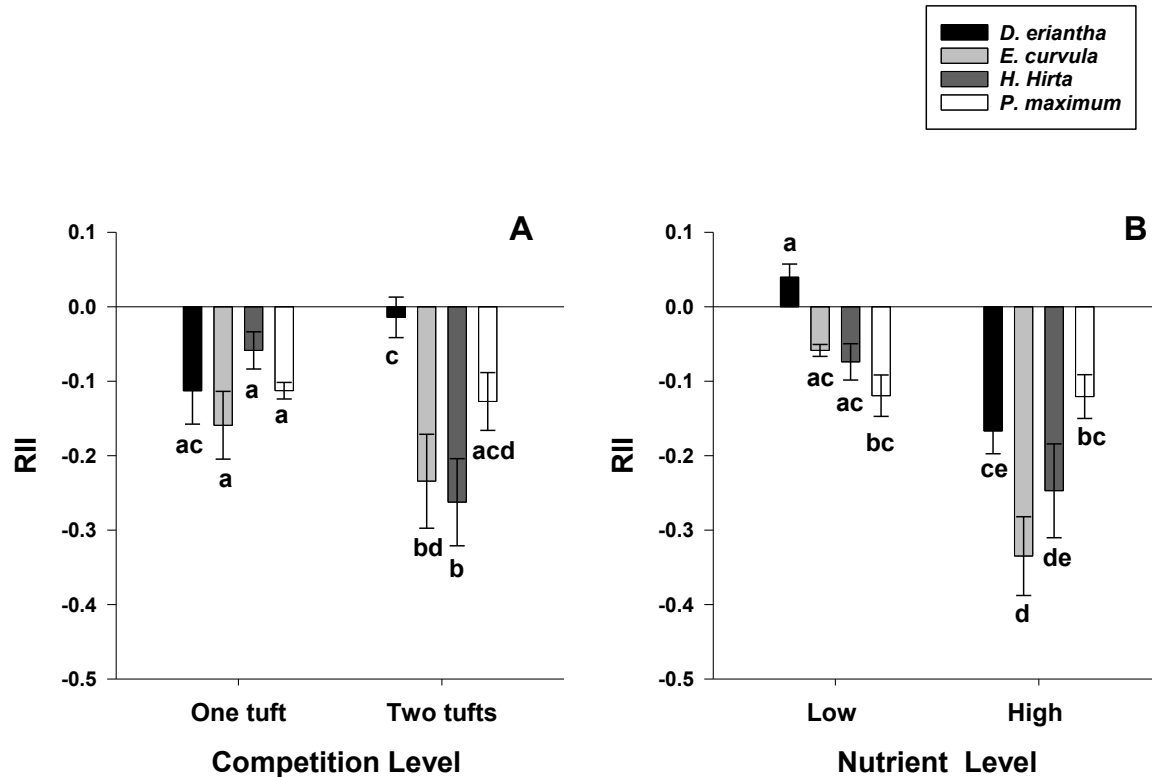
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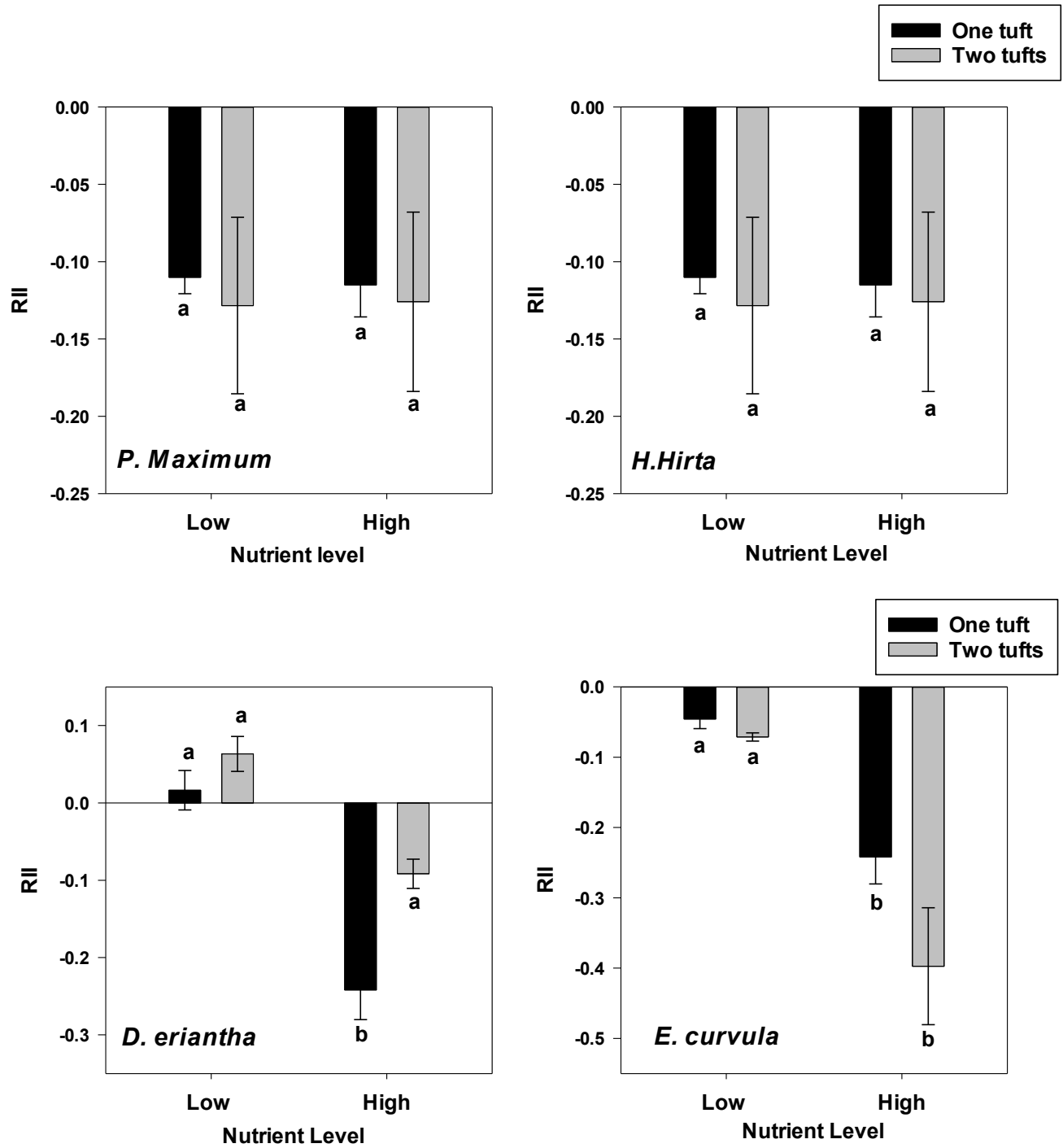


2956

2957 Figure 4.2: Mean (\pm SE) relative interaction index (RII) based on the final aboveground biomass
 2958 for interaction between species and the effect of competition level (A) and nutrient level (B).
 2959 Different letters represent a significant difference between treatments ($p < 0.05$).

2960 ***Species, competition and nutrient level interaction***

2961 *Panicum maximum* and *H. hirta* responded in a similar manner regardless of the level of
 2962 competition and the nutrient status (Figure 4.3). By contrast, *D. eriantha* and *E. curvula* were
 2963 affected by both competition and nutrient level, with *D. eriantha* experiencing little effect when
 2964 growing with both one and two vetiver tufts under low nutrient conditions and two vetiver tufts
 2965 under high nutrient conditions, but experiencing greater competition when growing with one
 2966 vetiver tuft under high nutrient conditions. Additionally, *E. curvula* experienced a weak
 2967 competitive effect under low nutrient conditions regardless of the number of vetiver tufts;
 2968 however, experienced a greater competitive effect under high nutrient conditions (Figure 4.3).



2969

2970 Figure 4.3: Mean (\pm SE) relative interaction index (RII) based on the final aboveground biomass
 2971 for the interaction between competition level and nutrient level for each native species response
 2972 individually. Different letters represent a significant difference between treatments ($p < 0.05$).

2973 **4.4.2 Percentage change in yield (RY)**

2974 *Main effect*

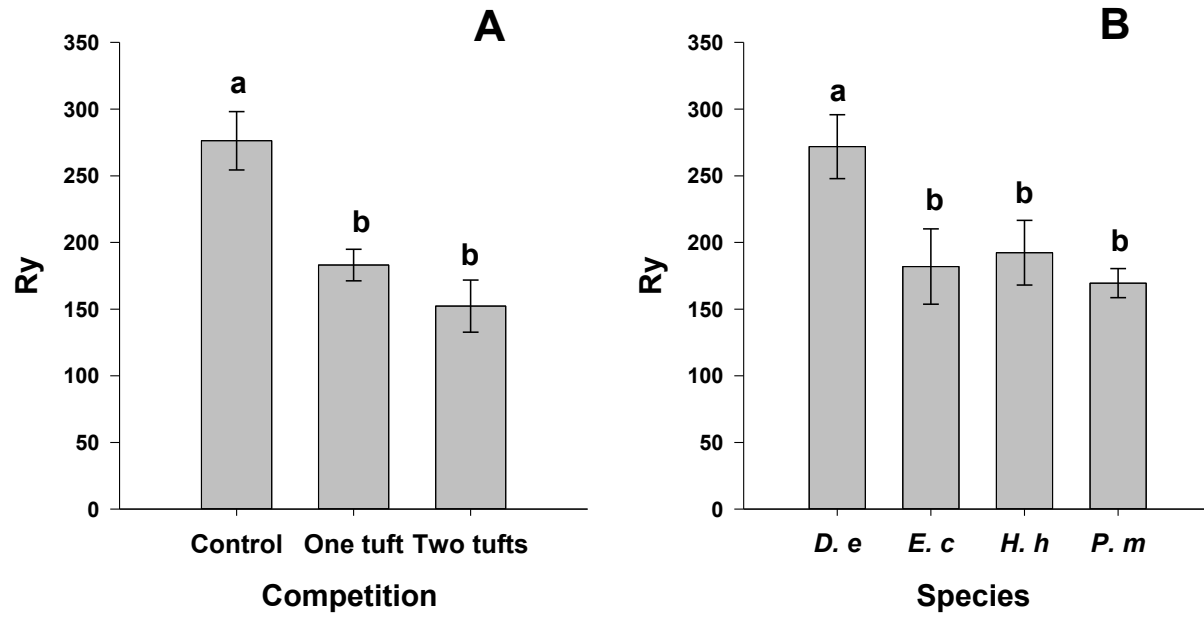
2975 The percentage change in yield (Ry) indicates how much native grass aboveground
 2976 biomass was gained as a result of nutrient addition. Competition exerted by vetiver had a
 2977 significant effect on the percentage change in yield of all species combined (P<0.0001; Table
 2978 4.2). It reduced the percentage change in yield overall, but there was no significant difference
 2979 between one and two vetiver grass tufts (Figure 4.4A). Overall, native species were affected by
 2980 nutrient addition (P<0.0001; Table 4.2), with *D. eriantha* gaining substantially greater
 2981 aboveground biomass (271.9% ± 23.9) as a result of nutrient addition compared to *E. curvula*
 2982 (181.9% ± 28.27), *H. hirta* (192.27% ± 24.25), and *P. maximum* (169.48% ± 10.92), which did
 2983 not differ significantly from one another (Figure 4.4B). In addition, the percentage change in
 2984 yield of native species was individually affected by competition exerted by vetiver grass tufts
 2985 (p=0.002; Table 4.2).

2986 *Interaction between species and competition*

2987 There was no change in yield of *P. maximum* as a result of vetiver competition, but all
 2988 other species showed differences (Figure 4.5). *Digitaria eriantha* and *E. curvula* biomass
 2989 production was suppressed by vetiver competition but unaffected by the number of tufts, while
 2990 *H. hirta* showed increasing biomass suppression with increasing vetiver competition (Figure
 2991 4.5).

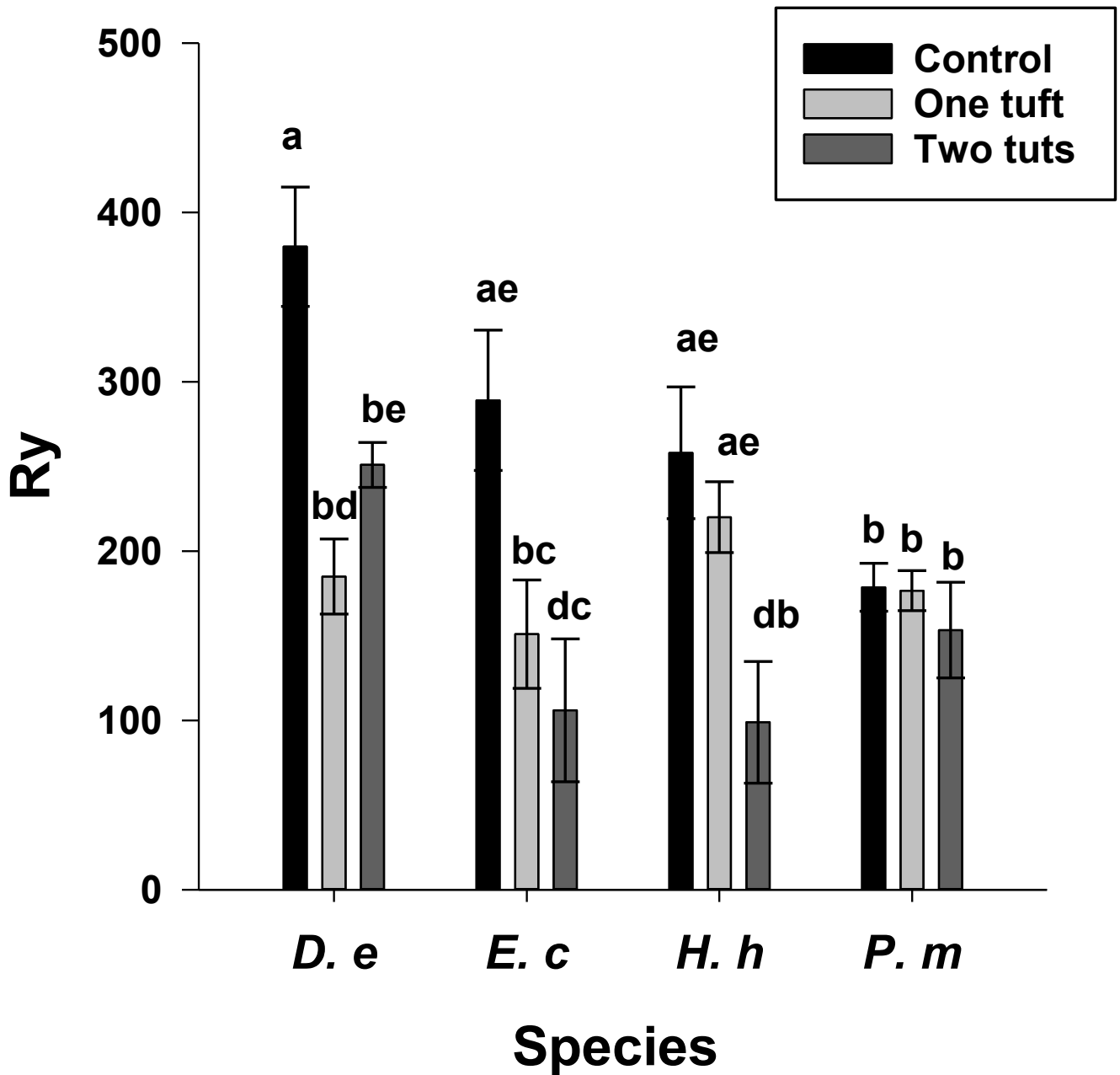
2992 Table 4.2: Results of a generalized linear model, with a linear distribution and identity link
 2993 function, showing the main effect and interaction of species and competition exerted by vetiver
 2994 tufts on the percentage change in yield (Ry) in four native grass species, showing likelihood chi-
 2995 square value, degrees of freedom, and p-values. Significant p-values (p< 0.05) are in bold.

Source of variation	Ry		2996
	χ^2	Df	<i>P</i>
Species	21.938	3	<0.0001
Competition	34.619	2	<0.0001
Species * Competition	21.348	6	0.002



2997

2998 Figure 4.4: Mean (\pm SE) percentage change in yield (Ry) as a result of nutrient addition, based
 2999 on the final aboveground biomass for the main effects of competition level (A) and species (B).
 3000 Different letters represent a significant difference between treatments ($p < 0.05$).



3001

3002 Figure 4.5: Mean (\pm SE) percentage change in yield (Ry) as a result of nutrient addition, based
 3003 on the final aboveground biomass for interaction between the effect of competition level and
 3004 native species (B). Different letters represent a significant difference between treatments
 3005 ($p < 0.05$).

3006

3007 **4.5 DISCUSSION**

3008 This study investigated the competitive effect of one and two vetiver tufts on four native
3009 grasses, and the interplay of soil nutrients on the above interactions. The competitive effect
3010 exerted by one and two vetiver tufts under low and high soil nutrients was assessed using the
3011 relative interaction index (RII), while native grass biomass gained as a result of soil nutrient
3012 addition was assessed using the percentage change in yield (Ry). Irrespective of soil nutrient
3013 status, two vetiver tufts exerted a stronger competitive effect on all four native grasses combined,
3014 compared to one vetiver tuft, as expected. Considering that vetiver is always planted in a number
3015 of rows consisting of two, or more tufts to block eroding soil (Dalton et al., 1996; Donjadee and
3016 Chinnarasri, 2012), it is clear that vetiver will compete directly with native grasses present or
3017 recruiting into the area. Vetiver is a densely tufted, tall, broad-leaved grass, with an extensive
3018 root system. Therefore, having two adjacent tufts results in more shade and denser root biomass
3019 taking up most of the available soil space (Donjadee and Chinnarasri, 2012), which might
3020 explain why native grasses experienced increased competition when growing with two vetiver
3021 tufts. Even though increasing the space between vetiver tufts planted in the rows might offer a
3022 solution by reducing the competitive effect, increased space between vetiver tufts has been
3023 shown to reduce the effectiveness in soil erosion control, particularly on steep slopes because
3024 water can form rills between the vetiver tufts (Greenfield, 2002; Donjadee and Chinnarasri,
3025 2012).

3026 It was expected that *D. eriantha* and *E. curvula* would be strong competitors, and vice
3027 versa for *P. maximum* and *H. hirta*. However, this study did not support this hypothesis but
3028 suggests that species with similar morphological traits respond similarly to competition exerted
3029 by vetiver. For example, *D. eriantha* and *P. maximum*, both broad-leaved grasses, experienced
3030 similar levels of competition even when growing with two vetiver tufts. However, *E. curvula* and
3031 *H. hirta*, both fine-leaved grasses, experienced a stronger competitive effect from two vetiver
3032 tufts than in one vetiver tuft. This suggests that categorising these species in terms of their
3033 morphological traits, rather than their possible competitive ability, may be more useful to
3034 determine which species may colonise areas stabilised with vetiver. This further confirms that a
3035 species can be a strong competitor with one species but become a weak competitor with another,
3036 depending on their resource requirements and functional similarities (Tilman, 1984; Tilman,
3037 1990). Functionally similar species compete more strongly than functionally dissimilar species

3038 (Tilman, 1984; Wedin and Tilman, 1993). For example, vetiver is a broad-leaved grass with a
3039 robust dense root system, and is more similar morphologically to *D. eriantha* and *P. maximum*,
3040 than it is to *E. curvula* and *H. hirta*. Grime (1977) argued that a strong competitor plant, is a
3041 species that is leafy (i.e. broad-leaved and produces more leaves), fast growing, and has an
3042 extensive investment in root systems, which further qualifies these two native species (*D.*
3043 *eriantha* and *P. maximum*) as well as vetiver as strong competitor species.

3044 Morphological traits are important in understanding species competitive ability (Grime,
3045 1977; Tilman, 1985). For example, Fynn et al. (2009) investigated vegetative traits of 18 native
3046 grasses and compared them to their competitive effect exerted on a phytometer. The study
3047 consisted of a field trial where four seedlings of each grass species were grown around a
3048 phytometer (*Themeda triandra*), and a pot trial containing only a phytometer to measure growth
3049 when competition is absent (Fynn et al., 2009). They showed that vegetative traits such as high
3050 total leaf mass, many tillers and low specific leaf area (SLA) were linked to invasiveness and
3051 ability to resist invasion by other grasses (Fynn et al., 2009). This further suggests that grouping
3052 species in terms of their traits could be a good predictor of their ability to resist invasion, ability
3053 to invade, and competitive ability. However, their study showed the importance of considering
3054 soil nutrient addition, as it affects species investment in these traits, explained further by resource
3055 allocation trade-offs (Fynn et al., 2005; Fynn et al., 2009). Species either allocate more resources
3056 to aboveground material for light capture, and less to belowground material for soil resource
3057 acquisition, or vice versa or even to both below and aboveground material, although this is
3058 dependent on resource availability and competitive pressure (Tilman, 1990).

3059 Changes in the soil nutrient status have been linked with changes in species composition
3060 in grasslands, with soil nutrient limitation (i.e. mostly nitrogen) seen as a major factor
3061 contributing to species diversity, as it is linked directly to plant growth and plant competition
3062 (Harpole and Tilman, 2007; Harpole et al., 2016). Nitrogen is the most limiting soil nutrient for
3063 plant growth (Campbell et al., 1991). Atmospheric nitrogen deposition resulting from
3064 anthropogenic practices (i.e. commercial agriculture practices and industrial emissions) has been
3065 shown to increase nitrogen enrichment in the soil (Clark and Tilman, 2008; Bobbink et al.,
3066 2010). This study showed that the addition of nutrients increased the competitive effect exerted
3067 by vetiver on native grasses in general, and changed the competitive response of native grasses

3068 from categorizing them in terms of their traits to focusing on their individual species responses.
3069 However, broad leaved species, even though they experienced competition, still remained strong
3070 competitors compared to narrow-leaved grasses. For example, *D. eriantha* experienced a slight
3071 facilitative effect under low soil nutrients but shifted to experiencing a moderate competitive
3072 effect under high soil nutrient conditions. Whereas, *P. maximum*'s competitive response was not
3073 affected by soil nutrient addition, suggesting that it was a strong competitor under both low and
3074 high nutrient conditions, which is contrary to our expectations. It was expected that *P. maximum*
3075 would be a weak competitor and would increase its competitive ability in high nutrient soils as
3076 most studies have previously reported (Fynn et al., 2005; Fynn and O'Connor, 2005; Tedder et
3077 al., 2012), but that was not the case. *Panicum maximum* is a very variable grass, varying mostly
3078 in terms of height and length of creeping rhizome (Meredith, 1955; Van Oudtshoorn, 2012).
3079 These features could be rendering this grass a strong competitor against vetiver. Height
3080 (accompanied by broad-leaves) could be allowing easy light capture, and creeping rhizomes
3081 could be creating a new resource niche through foraging for resources where vetiver roots are not
3082 reaching (Silvertown, 2004; Laan et al., 2008; Van Oudtshoorn, 2012).

3083 Two of the native narrow-leaved grasses showed a relatively strong competitive ability in
3084 low nutrient soils, but experienced a strong competitive effect in high nutrient soils. These
3085 findings are consistent with those of Fynn and O'Connor (2005), even though they used field
3086 trial not pot trials, and they did not fertilize with a nutrient mixture but added granular of
3087 nitrogen and phosphorus. However, they showed that sites with both nitrogen and phosphorus
3088 added had a greater aboveground net primary production (ANPP) and were dominated by tall
3089 broad-leaved grasses (i.e. *P. maximum*) (Fynn and O'Connor, 2005). Whereas, sites with no
3090 nutrient addition were dominated by mixture of short grasses and tall narrow-leaved grasses (e.g.
3091 *T. triandra*, *E. curvula* and *H. hirta*) (Fynn and O'Connor, 2005). They showed a trade-off
3092 between greater ANPP and light availability, therefore, as soil nutrient status increases, these
3093 species allocate resources to producing aboveground biomass, shifting competition importance
3094 from soil nutrients to light, with competition for light favouring tall broad-leaved grasses because
3095 they can capture light more efficiently than narrow-leaved grasses (Fynn and O'Connor, 2005).
3096 Therefore, this could explain why narrow-leaved grasses (mostly *E. curvula*) experienced a
3097 greater competitive effect under high nutrient levels than broad-leaved grasses.

3098 Numerous studies have reported that *H. hirta* is a strong competitor in nutrient-poor
3099 environments and its competitive ability shifts when soil nutrients are no longer limiting (Fynn et
3100 al., 2009; Chejara et al., 2010; Zwerts et al., 2015). This means that *H. hirta* has a low R^* for
3101 essential soil nutrients like nitrogen (Tilman, 1985), but it is known to have a weak competitive
3102 response (ability to resist invasion) (Zwerts et al., 2015), which might explain why it still
3103 experienced some competitive effect even in nutrient-poor soils. Nitrogen enrichment will
3104 therefore, have a massive effect on the competitive ability of *H. hirta*, and *E. curvula*, as they are
3105 more sensitive to shade than broad-leaved species. Even though *E. curvula* was expected to be a
3106 strong competitor because of its ability to increase biomass production irrespective of soil
3107 nutrient availability, and its fine root structure that allows easy resource acquisition (Fynn and
3108 Naiken, 2009), this grass was only shown to be a strong competitor against vetiver in nutrient-
3109 poor soils. Therefore, the competitive ability of *E. curvula* is not only dependant on nutrient
3110 availability but also on the species it is competing with. In this case, vetiver, which is a robust
3111 grass, allocates more resources to leaf, stem and root production than *E. curvula*, hence allowing
3112 it to substantially suppress *E. curvula* growth and performance. However, *E. curvula* has been
3113 shown to dominate areas limited by phosphorus (Fynn and O'Connor, 2005), while vetiver
3114 growth is highly limited by phosphorus, limiting mostly leaf production (Wagner et al., 2003) .
3115 These species might coexist in areas with high nitrogen but low phosphorus, with nitrogen
3116 boosting vetiver competitive ability, and phosphorus limitation making *E. curvula* more
3117 competitive against vetiver. Such a trade-off in resource utilization and resource ratio (R^*) would
3118 separate niches for these species and could potentially promote coexistence (Tilman, 1987;
3119 Silvertown, 2004; Harpole and Suding, 2011).

3120 The three-way interaction between species, competition and nutrient level, showed that
3121 species which were strong competitors under low nutrient conditions hardly retained their
3122 competitive ability under high nutrient conditions, suggesting an alteration of the trade-off
3123 through nutrient addition (Harpole and Tilman, 2007; Harpole and Suding, 2011). Native species
3124 responded differently to nutrient addition when growing either with one or two vetiver tufts, with
3125 *P. maximum* and *H. hirta* responding in a similar manner, but *D. eriantha* and *E. curvula*
3126 differing in their response. For example, *D. eriantha*'s competitive ability was strong under low
3127 nutrient conditions and did not differ between one and two tufts, but under high nutrient
3128 conditions it experienced a high competitive effect only when growing with one vetiver tuft. The

3129 ability of *D. eriantha* to grow under shade through effective utilization of light could explain the
3130 observed results, and the ability of this species to dominate in nutrient-rich soils. Furthermore, *D.*
3131 *eriantha* gained the most aboveground biomass as a result of nutrient addition compared to other
3132 species, so could be investing more in aboveground biomass in areas where competition for light
3133 becomes increasingly important (e.g. under high nutrient conditions with two vetiver tufts).
3134 Interspecific competition exerted by *D. eriantha* could be stronger than the intraspecific
3135 competition between vetiver tufts, hence explaining why *D. eriantha* experienced less
3136 competition when growing with two tufts than when growing with one. However, this would
3137 need to be tested because no study has investigated intraspecific competition between vetiver
3138 tufts. Numerous studies have however, shown that strong intraspecific competition and weak
3139 interspecific competition drives species coexistence and could allow invasion (Tilman, 1985;
3140 Wilson and Tilman, 1993; Fynn et al., 2009).

3141 It was observed that *H. hirta* changed its usually upright growth form to grow more
3142 horizontally when growing with two vetiver tufts. This could have been a mechanism for
3143 exposing the leaves to sunlight, which might explain why it responded similarly to *P. maximum*
3144 in the three-way interaction, showing no effect of either one or two vetiver tufts under both
3145 nutrient conditions. However, this mechanism is only possible in pot trials and not in field trials
3146 where a species will be a phytometer surrounded by numerous vetiver tufts, blocking it from
3147 growing horizontally to gain light exposure. Therefore, should this be examined in a field trial,
3148 *H. hirta* should experience a stronger competitive effect under nutrient rich conditions.
3149 Competition studies that focus on native grasses either incorporate response to defoliation, or are
3150 field trials, because these are a realistic representation of what takes place in natural grasslands
3151 (Morris, 2016). Pot trials could be forcing competition between grasses because of limited space,
3152 while in field trials space is not usually as limiting. This might explain why species like *E.*
3153 *curvula* had a weak competitive ability, because their fine roots are able to absorb soil resources
3154 easily and avoid direct competition when space is not limiting (Schenk et al., 1999; Fynn and
3155 Naiken, 2009). Therefore, in the field *E. curvula* may have a strong competitive ability compared
3156 to pot trials.

3157 Even though the hypothesis that competition shifts from belowground to aboveground
3158 when the resource gradient increases has been subject of debate among grassland ecologists

3159 (Wilson and Tilman, 1993; Peltzer et al., 1998; Rajaniemi, 2002), the findings of this study could
3160 be explained by this notion. Other studies showed similar findings, for example, Wilson and
3161 Tilman (1993) using a field trial showed that belowground competition was more intense in areas
3162 with low nitrogen, while aboveground competition became intense in nitrogen rich soils, but
3163 whole plant competition was similar in both low and high nitrogen soils. However, even though
3164 this hypothesis might support some of our findings, Peltzer et al. (1998) showed that in low
3165 diversity grasslands, root competition suppressed *Agropyron cristatum* even in nutrient-rich
3166 soils. Rajaniemi (2002) also showed that even though shadecloth and increased aboveground
3167 biomass through fertilizer addition reduced the same amount of light availability, shadecloth did
3168 not decrease species diversity but fertilizer addition did. This indicates that it is not competition
3169 for light alone producing this effect, even though it becomes important in nutrient rich soils, but
3170 the interplay between roots and aboveground competition is responsible for competitive
3171 exclusion of less competitive species (Rajaniemi, 2002; Rajaniemi et al., 2003). Therefore, it
3172 could be that vetiver roots are also responsible for the suppression of native grasses even when
3173 soil nutrients are high. A study separating vetiver root and shoot competition could give clarity
3174 on this, but this was outside the scope and focus of this study.

3175 A theoretical explanation that accounts for differences in soil resources which has gained
3176 popularity, mostly in studies of species coexistence and diversity, is the niche dimensionality
3177 hypothesis (Hutchinson, 1957). First proposed 50 years ago by George Evelyn Hutchinson, this
3178 hypothesis predicts that there are multi-dimensional nonoverlapping soil resources, and few
3179 aboveground resources (light and space) which allow species coexistence (Hutchinson, 1957;
3180 Harpole and Suding, 2011). Therefore, addition of a nutrient mixture and water every day, made
3181 these resources non-limiting, thereby altering soil resource niches and competitive trade-offs,
3182 increasing biomass production, which in turn shifted competition from multi-dimensional soil
3183 resources to a few aboveground resources (Tedder et al., 2012; Harpole et al., 2016).
3184 Considering that this was a pot trial, it is possible that both competition for space and light
3185 became important as in nutrient rich soils, because all species invested in their aboveground
3186 material. Therefore, resource competition theory, even though used mostly to explain large scale
3187 studies of species coexistence and species diversity (Tilman, 1994) forms a basis for
3188 understanding plant interactions and their interaction with the environment. However, it is

3189 important to understand individual plant trade-offs or niches to understand how plants will
3190 coexist with other species (Tilman, 1985).

3191 This study disproved the claim that vetiver grass does not compete with neighbouring
3192 plants, and to a limited extent the second claim that vetiver is not invasive (Vieritz et al., 2003).
3193 The hypothesis that vetiver will exert a competitive effect on native grasses, and that nutrient
3194 addition will increase vetiver's competitive effect, is supported. Therefore, the increase in
3195 nitrogen, as a result of nitrogen deposition should be expected to increase vetiver's competitive
3196 ability and possibly shift the species composition in areas rehabilitated using vetiver. However,
3197 this study shows that vetiver is a strong competitor species irrespective of nutrient addition.
3198 Extensive investment of vetiver to both above- and belowground material allows it to be
3199 competitive in both low and high nutrient soils and could be the mechanism for survival and
3200 recruitment as this grass does not produce viable seeds.

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5 CHAPTER 5: SYNTHESIS, IMPLICATIONS, AND RECOMMENDATIONS

Anthropogenic activities exact enormous pressure on the environment, mostly through agriculture, mining, and development (Tilman and Wedin, 1991; Xia, 2004). However, even though these practices are designed to be beneficial, they also have negative effects through pollution and reduction of natural resources (Wessels et al., 2007). For example, high stocking rates with unmanaged grazing could cause soil erosion (Boardman and Poesen, 2006; Morgan, 2009). The negative impacts of soil erosion on agricultural productivity (i.e. removal of arable, nutrient-rich topsoil), rivers and dams (i.e. sediment deposition), and hence, on the economy of the country, are well studied and known (Truong and Loch, 2004; Morgan, 2009). Similarly, intense use of fertilizers, increases in industrial emissions (atmospheric nitrogen depositions) (Clark and Tilman, 2008; Bobbink et al., 2010), and mining (acid mine drainage wastewater) results in soil and groundwater contamination through increasing soil nutrient status and acid mine drainage (low pH, high electric conductivity, and metal elements) (O'Rourke et al., 2016; Kiiskila et al., 2017). This, then affects/reduces floral, faunal and aquatic ecosystem health and function (O'Rourke et al., 2016). These are forms of environmental degradation and require human intervention to rehabilitate eroded and contaminated sites through the use of plants that are adapted to such extreme environmental conditions.

Vetiver grass is an exotic grass from India, which has proven to be a useful low cost, sustainable tool in rehabilitation (Adams et al., 2004; Chahal et al., 2015). Its extensive root systems and hard tufts allow it to withstand environmental hazards such as floods, droughts, and fires (Council, 1993; Chiu et al., 2006). Moreover, these features allow it to bind soil particles together and protect the soil by providing ground cover; hence, its use in soil and water conservation (Dalton et al., 1996). In addition, this grass is extremely adapted to low pH, nutrient rich soils, and can absorb acid mine drainage, hence its use in phytoremediation (Chiu et al., 2006; Kiiskila et al., 2017). For example, Kiiskila et al. (2017) showed that vetiver grass grew well in acid mine drainage wastewater and changed the pH from 2.50 to 4.35 within 30 days. Furthermore, vetiver reduced the electrical conductivity of the water from 3250 to 1750 microsecond (μS), Sulfate ion concentration (SO_4^{2-}) from 2750 to 1500 milligram/liter ($\text{mg SO}_4^{2-} \text{L}^{-1}$), and all metal elements by about 50% with 30 days (Kiiskila et al., 2017). This is a clear indication of the potential of vetiver grass in restoring soil and water health.

3366 There is no doubt that vetiver is useful for environmental protection and rehabilitation.
3367 However, this study had a different approach, as it investigated the competitive ability of vetiver
3368 and how it behaves in areas where it has been used; whether it allows seed germination and
3369 seedling establishment of native grasses, as well as its competitive effect on mature native grass
3370 tufts on both high and low nutrient soils. This was with a broad aim to understand whether
3371 vetiver can coexist with native grasses or even be succeeded by native grasses, and therefore,
3372 predict the potential of vetiver to become invasive. This study showed that vetiver does show
3373 some signs of recruitment in areas where it was not originally planted, and that species richness
3374 increases with increasing distance away from planted vetiver in areas rehabilitated using vetiver.
3375 Moreover, while vetiver does facilitate seed germination it negatively affects seedling
3376 establishment. Vetiver is a very competitive grass, mostly in nutrient rich soils, but native
3377 species with similar traits (broad-leaved, robust root system, and sometimes stoloniferous or with
3378 rhizomes) experience less competitive suppression than species with dissimilar traits (narrow-
3379 leaved, fine roots, and no stolons or rhizomes). Species coexistence, therefore, is related to
3380 species traits and so can be understood through understanding species quantitative trade-offs that
3381 link to their resource utilization.

3382 The most basic trade-off that is well researched is that a strong competitor species
3383 (investing more resources into competitive traits) usually has limited seed production, poor seed
3384 germination, and poor seed dispersal (Tilman, 1980, 1990, 1994). This is true with vetiver, as
3385 this study shows that vetiver is a strong competitor but shows limited signs of spreading,
3386 possibly because seeds are suggested to be non-viable (Council, 1993). It also reproduces
3387 vegetatively by means of tillers, which is a slower process (Greenfield, 2002). Such trade-offs,
3388 according to Tilman, can allow other species with contrasting seed related traits to coexist with it
3389 (Tilman, 1980, 1985, 1990). This means that vetiver should be able to coexist with native species
3390 which produce an abundant number of seeds with a high germination rate and effective dispersal.
3391 One can thus argue that *E. curvula* can coexist with vetiver but not in close proximity, as vetiver
3392 seems to be territorial as evidenced by having bare ground around it. However, in this study, *E.*
3393 *curvula* and *H. hirta* which are narrow-leaved species were mostly suppressed by the vetiver
3394 competitive effect.

3395 This study showed that species with similar morphological traits to vetiver grass but with
3396 greater seed production, germination success, and seed dispersal can potentially coexist with
3397 vetiver even in close proximity e.g. *Digitaria eriantha* and *P. maximum*. However, it is highly
3398 unlikely that these species will succeed or outcompete vetiver, even though they are able to
3399 withstand vetiver competitive effect. *Digitaria eriantha* has a strong competitive ability with
3400 high seed production and germination rates (Meredith, 1955). The combination of these traits
3401 could allow greater coexistence between vetiver and *D. eriantha*, mostly because vetiver
3402 increases the germination rate of native grasses around it, but affects seedling survival and so
3403 limits native species recruitment. There is a better chance that seedlings of *D. eriantha* can
3404 survive the competitive effect and/or the allelopathic effect exacted by vetiver oil because mature
3405 tufts benefited from growing with vetiver grass. Such coexistence can reduce the vegetative
3406 spreading of vetiver grass through competing directly with vetiver and making sure that it serves
3407 only its intended purpose of stabilizing and conserving the soil, thus reducing soil erosion.

3408 It should be noted that because few species seem to have potential to coexist with vetiver
3409 grass, diversity in areas rehabilitated using vetiver should be expected to be low, thus also low
3410 grassland productivity. Vetiver, as our knowledge stands, lives longer than other grass species,
3411 and seems to stay as a permanent feature, which is beneficial for prevention of soil erosion
3412 through providing aboveground cover and binding the soils, but not for promoting species
3413 diversity and rangeland productivity (Grimshaw, 1993; Dalton et al., 1996; Huston, 2004).
3414 Broad-leaved native species with strong competitive ability, shade tolerance, and the potential
3415 for reducing soil erosion should be the target species for reseeding or vegetative planting in areas
3416 rehabilitated using vetiver. Management approaches that aim to remove or suppress vetiver after
3417 it has served its purpose should be developed so that these rehabilitating rangelands can regain a
3418 relatively good species diversity and increase grassland productivity. Development of a
3419 management protocol for vetiver grass is important for two reasons: 1) vetiver's grass is not a
3420 preferred grass by grazers and its leaves hardens as it matures thus reducing its palatability and
3421 digestibility (Grimshaw, 1993). In areas with unmanaged grazing and/or selective grazing,
3422 selection for native grasses could allow the dominance and even the invasion of vetiver as native
3423 grasses will allocate more resources to regrowth than to competing with vetiver (Tainton, 1999).
3424 This is evidenced in the second chapter, where an area having unmanaged continuous grazing
3425 had signs of vetiver recruiting where it was not originally planted. 2) Vetiver growth behavior

3426 allows it to stay green all year round, which in turn reduces the available fuel load, and hence fire
3427 intensity and frequency (Gnansounou et al., 2017). In fire climax grasslands, this can alter fire
3428 regimes, which might allow woody plant encroachment in areas where encroachment is managed
3429 through fire and might drive fire-adapted species to local extinction (Bond et al., 2003;
3430 Hoffmann and Solbrig, 2003). Furthermore, an expected increase in atmospheric nitrogen
3431 deposition is likely to favour vetiver grass through increasing its competitive ability; hence, the
3432 need for development of a management protocol that will take such effects into account is
3433 needed.

3434 Although the method used to answer questioned asked in this study were mostly of a short spatial
3435 and temporal scale, but the study acts as a first step toward understanding vetiver ecology and
3436 use in grasslands rehabilitation. This study recommends that vetiver should continue to be used
3437 for the following environmental and agricultural purposes.

- 3438 • For soil and water conservation but not for maintaining and promoting species diversity.
- 3439 • In heavy degraded/eroded sites (e.g. gully erosion) where soil cover is more important
3440 than species diversity.
- 3441 • In agriculture (planted in contours) for avoiding soil erosion, maintaining soil health, and
3442 for use as an insect pest trap. Vetiver attracts herbivorous insect pests away from the
3443 main agricultural crops.
- 3444 • For phytoremediation in dams, rivers, and contaminated lands, where native grasses
3445 cannot grow. In dams and rivers, it should be used as a floating wetland treatment system
3446 (removable floating islands). However, in abandoned mine sites and landfill sites, proper
3447 management that will allow reseeded and establishment of native species after vetiver
3448 has restored the soil health should be formulated.

3449 There is no argument against the usefulness and potential of vetiver in soil and water
3450 conservation, although research should redirect its focus to management questions and
3451 improving the spatial and temporal scale of this current study. These are the questions/areas that
3452 still need addressing:

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- Separating the effect of shade, root interaction, and allelopathy. This work would follow on from the work outlined in chapter 3, to give a clear indication of whether it is allelopathy, root competition, shade or all these factors combined that inhibit native grass seedling survival and growth. It would be good also to increase the number of native species, from two to at least four (possibly two broad-leaved and two fine-leaved species) to strengthen the recommendations and conclusions of this study.
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- Study the competitive effect exerted by the broad-leaved and fine-leaved native grasses on vetiver grass under low and high soil nutrient conditions, to understand whether some native grasses can suppress vetiver grass. This is because it could be that competition is symmetrical, rather than asymmetrical. This would involve a reverse of the study in chapter 4.
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- There are limited studies and only anecdotal evidence on vetiver grass's response to disturbance such as fire, frost, and grazing. Future studies, therefore, should also try to address these gaps, through studying vetiver's response to the effect of these disturbance factors. An example of a question that still needs addressing is, can vetiver alter fire behaviour when planted in fire climax grasslands as it stays green even during the dormant season?
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- Grazing also is dependent upon species palatability and digestibility among other factors; however, it is not fully known whether vetiver is digestible and palatable enough to be eaten by livestock and wild grazers. If it is, at what growth stage is it most palatable and digestible? Future studies should also try to answer these questions.
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- The results presented in this thesis are mostly from pot trials. While pot trials are useful mostly for the manipulation of species responses, these pots have limited space and that could over-emphasize competition between these species. Therefore, studies should consider conducting a field experiment which aims to validate the results obtained in this study.
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- Furthermore, studies should also combine all information known about vetiver and try to develop a practical guide that points out ways that will guarantee that vetiver is succeeded/suppressed by native grasses. For example, combining possible disturbances

3482 that might be useful to suppress vetiver and allow secondary succession of native
3483 grasses. Also, outline if any specific planting or sowing method can encourage species
3484 coexistence. The list of possible species that may be useful for competing directly with
3485 vetiver or coexist well with vetiver, possibly broad-leaved species, could also be
3486 developed.

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6 APPENDICES

3548

3549 6.1 APPENDIX A: Study species

3550 The native grasses listed here are used for soil stabilization, grassland restoration, and
3551 could be a better option for integration with vetiver; however they differ in their competitive
3552 ability, and whether they can coexist with vetiver is still an answered question. Descriptions,
3553 distribution, ecology and uses of these grasses are further discussed to give an elucidated
3554 background and reason for their use in this study.

3555 1. Strong competitors

3556 1.1 *Eragrostis curvula*

3557 1.1.1 Description

3558 *Eragrostis curvula* (Schrad.) Nees., commonly known as a Weeping love grass, is a
3559 robust densely tufted perennial native grass. It has many lax and drooping leaves (Fish et al.,
3560 2015). The inflorescence differs with ecotypes but most have an open branched panicle.
3561 However, some ecotypes found in the Eastern, Western and Northern Cape, sometimes have a
3562 contracted panicle (Tainton et al., 1976; Van Oudtshoorn, 1999). Therefore, *E. curvula* is a
3563 variable grass with many localized ecotypes which differ in height, inflorescence structure, leaf
3564 structure and productivity (Van Oudtshoorn, 2012). The leaves (up to 60cm long, and 10mm
3565 wide) are usually concentrated from the base of the plant but are not curled (Van Oudtshoorn,
3566 2012). The stem height ranges from 60cm to 120cm or sometimes more depending on the
3567 environment and the soil fertility (Tainton et al., 1976). Roots are fine, dense, and fibrous
3568 allowing the grass to be effective in soil resource capture (Meredith, 1955).

3569 1.1.2 Distribution

3570 It originates in southern and eastern Africa but is now widely spread in other countries as
3571 a weed or fodder crop (Van Oudtshoorn, 2012; Fish et al., 2015). *Eragrostis curvula* covers a
3572 vast area of South Africa occurring in parts of the Nama-karoo, grassland, savanna, and forest
3573 biomes (Tainton et al., 1976; Van Oudtshoorn, 2012). It is widely spread in disturbed sites and
3574 badly managed veld. It prefers areas with high rainfall (above 600mm, mostly in overgrazed
3575 areas) and well-drained soils but will grow in low rainfall areas and on sandy and acidic soils
3576 (Tainton et al., 1976).

3577 1.1.3 Ecology and uses

3578 *Eragrostis curvula* produces abundant high-quality seeds which germinate easily, hence
3579 allowing it to spread (Fynn and Naiken, 2009). It flowers in the growing season between August
3580 and June, and usually stays green until mid-winter (Van Oudtshoorn, 2012). Weeping lovegrass
3581 has an extensive root system which grows both downward (down to 5m) and horizontally
3582 (stretching 1m), hence making it drought tolerant through efficient use of light rain and allowing
3583 it to prevent other plants from establishing.

3584 This grass is a strong competitor which is moderately shade tolerant and adapted to heavy
3585 grazing (Mynhardt et al., 1994; Fynn and Naiken, 2009). For example, Mynhardt et al. (1994)
3586 investigated the competitive ability (both intra- and inter-specific) of *E. curvula* and *Antheophora*
3587 *pubescens* using biomass allocation and yield. Relative yield and biomass allocation showed that
3588 *E. curvula* could outcompete *A. pubescens* because it is a strong interspecific competitor but
3589 showed no significant differences in intraspecific competition, while *A. pubescens* was a weak
3590 competitor for both intra- and inter-specific competition (Mynhardt et al., 1994). Leaf and root
3591 extracts of *E. curvula* have been shown to have allelopathic properties that inhibit germination
3592 and growth of other species (Ghebrehiwot et al., 2014). For this reason, it had become invasive
3593 in some countries such as Australia (Firn et al., 2010).

3594 Nitrogen addition has been shown to increase both biomass and tussock diameter of
3595 many grasses, but not all grasses are limited by nitrogen. For example, Fynn and Naiken (2009)
3596 evaluated the response of *Eragrostis curvula* and *Themeda triandra* to different levels of
3597 nitrogen addition. They showed that these species increased their biomass with an increase in
3598 nitrogen availability (Fynn and Naiken, 2009). However, *T triandra* grew to its full potential at
3599 intermediate nitrogen availability, while *E. curvula* continued growing, increasing its biomass
3600 even at high nitrogen availability (Fynn and Naiken, 2009). Furthermore, *E. curvula* competed
3601 well under both high and low soil nutrient levels because of its root structure and ability to
3602 increase biomass production in both high and low nutrient soils.

3603 *Eragrostis curvula* is a relatively variable grass with a moderate grazing value but is
3604 planted as a pasture grass in South Africa and Africa at large. This is because it establishes easily
3605 even in poor environmental conditions, has high leaf production and produce high-quality seeds
3606 (Mynhardt et al., 1994; Fynn and Naiken, 2009). Furthermore, because of these abilities and the

3607 extensive root system, *E. curvula* has been used for soil erosion control, rehabilitation and
3608 stabilizing highway embankments (Van Oudtshoorn, 1999, 2012).

3609 1.2 *Digitaria eriantha*

3610 1.2.1 Description

3611 *Digitaria eriantha* Steud., was previously classified as a number of different species e.g
3612 *D. umfolozi*, *D. decumbens*, *D. pentzii*, *D. setivalva*, *D. smutsii*, *D. valida* (Van Oudtshoorn,
3613 1999, 2012; Fish et al., 2015). The combining of these species has made *D. eriantha* a very
3614 variable species, with some having a stolon and a branched culm, a stolon and unbranched culm,
3615 and others without both the stolon and branched culm (Tainton et al., 1976). In general, *D.*
3616 *eriantha* is known as “common finger grass”, and is a broad-leaved robust tufted perennial grass
3617 with digitate or semi-digitate inflorescences, with a very long, thin raceme (4-20cm long,
3618 fingers) (Tainton et al., 1976; Van Oudtshoorn, 1999, 2012). The spikelets are found on opposite
3619 sides of the main branch of the raceme (Van Oudtshoorn, 2012). The lowermost part of the leaf
3620 sheath is densely hairy but the leaves are usually not hairy (Tainton et al., 1976). The culms of
3621 this grass range in height from 40cm to over 1.8 m (Tainton et al., 1976; Van Oudtshoorn, 1999,
3622 2012). It has a robust, sometimes stoloniferous root systems making the grass more competitive
3623 belowground (Meredith, 1955; Tainton, 1981b).

3624 1.2.2 Distribution

3625 Known to be native only in southern Africa (including Angola and Zambia) (Fish et al.,
3626 2015), this grass; however, has been introduced in many countries for different agricultural
3627 reasons (McDonald et al., 1998; Van Oudtshoorn, 1999, 2012). *D. eriantha* is occurs in most of
3628 South Africa in sandy and gravelly soils in arid regions, but also in well-drained, damp soils near
3629 wetlands in wetter regions of the country. It is often seen along roadsides, stream banks in tall
3630 grasslands, and in grasslands near forest margins (Tainton et al., 1976; Van Oudtshoorn, 1999,
3631 2012).

3632 1.2.3 Ecology and uses

3633 In wet areas, common finger grass flowers almost throughout the growing season, but
3634 most ecotypes flower from January to late April or May (Van Oudtshoorn, 2012). The

3635 stoloniferous varieties can regenerate using both the stolon and seeds, even though they produce
3636 little or no seeds when growing in unfertile lands (McDonald, 1998; Tainton et al., 1976).

3637 It is a strong competitor which has the ability to resist invasion by other grasses, mostly
3638 in high nutrient soils (McDonald, 1998). The stoloniferous varieties spread quickly in disturbed
3639 areas, and invade easily to nearby veld; however, *D. eriantha* is considered to grow well with
3640 other species. McDonald (1998) showed that *D. eriantha* has invaded grasslands with both low
3641 and high soil fertility, which was previously dominated by *Heteropogon contortus* and
3642 *Macroptilium atropurpureum* cv. Siratro in Australia. He furthermore suggested that common
3643 finger grass invades fertile soils and has proven to be more competitive on such soils; however, it
3644 has changed the vegetation structure of both these grasslands (low fertility and high fertility) ever
3645 since it was sown as pasture in 1979 and 1980 respectively (McDonald, 1998).

3646 Common finger grass is favoured by large herbivores because it is highly digestible,
3647 palatable, and has high leaf production (McDonald et al., 1998; Van Oudtshoorn, 1999, 2012). In
3648 most African countries and other countries outside Africa, *D. eriantha* is used as a fodder grass
3649 and is considered as the most reliable grass as an animal feed. It is a decreaser grass, hence,
3650 dominates in good veld but decreases in abundance in overgrazed or undergrazed veld (Van
3651 Oudtshoorn, 1999, 2012). For this reason, *D. eriantha* has been used for veld improvement
3652 mostly through seeding (Ramírez and Hacker, 1996). Furthermore, because it is a variable grass
3653 with a stoloniferous variety and produces a dense root system, it has been used for soil erosion
3654 control, rehabilitation and stabilization of highway embankments (Van Oudtshoorn, 1999, 2012).

3655 2. Weak competitors

3656 2.1 *Panicum maximum*

3657 2.1.1 Description

3658 *Panicum maximum* Jacq., commonly known as guinea grass or white buffalo grass, is a
3659 broad-leaved tufted perennial grass with a large open panicle inflorescence (Van Oudtshoorn,
3660 1999, 2012). The inflorescence usually has lax branches, while the lower branches are arranged
3661 in a whorl (Tainton et al., 1976; Van Oudtshoorn, 1999, 2012). The spikelets are purple in colour
3662 when it grows in direct sunlight, but green when growing under shade (Van Oudtshoorn, 2012;
3663 Fish et al., 2015). This grass has many leaves and its leaf sheath is usually hairy but varies with

3664 different ecotypes. The height of this grass also varies with different ecotypes but ranges from
3665 60cm to 300cm when environmental conditions are conducive and begins to form a reed like
3666 appearance (Tainton et al., 1976). The roots grow from the lower nodes and it often has short
3667 creeping rhizomes.

3668 2.1.2 Distribution

3669 Although originating in Africa, this grass has spread to all tropical regions of the world
3670 (Tainton et al., 1976; Fish et al., 2015). In South Africa, guinea grass is distributed along the
3671 eastern and northern parts in the grassland, savanna and Nama-karoo biomes. It prefers cool,
3672 shady, damp areas with well-drained, fertile soils, such as river margins, low-lying coastal areas
3673 and is usually found growing under shrubs and trees in open woodland regions (Tainton et al.,
3674 1976; Van Oudtshoorn, 1999; Tainton, 1999; Van Oudtshoorn, 2012).

3675 2.1.3 Ecology and use

3676 Even though this grass has a short creeping rhizome, it relies more on seeds for
3677 reproduction. It flowers in the growing season (September to March) and stays green until late
3678 winter. Like most grasses, it is pollinated by wind and seeds are sometimes eaten by birds
3679 (Tainton et al., 1976; Van Oudtshoorn, 1999; Tainton, 1999; Van Oudtshoorn, 2012). However,
3680 there are many different localized ecotypes of this grass in South Africa, which is why this grass
3681 is so variable.

3682 *Panicum maximum* has been shown to be variable even in terms of its competitive ability.
3683 In general, this grass competes well in nutrient-rich soil, suggested to be influenced by Nitrogen
3684 (N) and Potassium (P) levels, while on nutrient-poor soils it is outcompeted by other grass
3685 species (Van Oudtshoorn, 2012; Tedder et al., 2012). For example, Fynn et al. (2005) showed
3686 that *P. maximum* outcompeted *H. hirta* in areas with high N and P; however, the reverse
3687 happened in areas with low N and P. In Hawaii, *P. maximum* was naturalized in 1871 and is now
3688 considered an invasive species. Ammond and Litton (2012), using a pot trial, investigated
3689 competitive response of *P. maximum* when growing with the Hawaiian native species,
3690 *Myoporum sandwicense*, *Dodonaea viscosa*, and *Plumbago zeylanica* (Ammond and Litton,
3691 2012). The reproductive tillers and biomass (above- and belowground) of *P. maximum* was
3692 reduced when growing with one or a combination of these species (Ammond and Litton, 2012).

3693 This suggests that *P. maximum* can be outcompeted by these species and that it is a weak
3694 competitor against these grasses and woody plant species when nutrient availability is not taken
3695 into account. Therefore, the fluctuation in its competitiveness means that *P. maximum* is a weak
3696 competitor when competing with other grasses, and the increased performance under nutrient-
3697 rich soils could be a strategy to avoid competitive exclusion.

3698 It is a very good grazing grass due to high leaf production and high palatability, used as a
3699 pasture grass all over Africa. Furthermore, *P. maximum* establishes quickly and has dense roots
3700 with a creeping rhizome. For this reason, *P. maximum* has is used for rehabilitation and soil
3701 protection (Van Oudtshoorn, 2012).

3702 2.2 *Hyparrhenia hirta* Stapf

3703 2.2.1 Descriptions

3704 *Hyparrhenia hirta* Stapf. of the many species in the *Hyparrhenia* genus, is recognizable
3705 by its pairs of white villous racemes which do not bend downward, growing on a stem with
3706 narrow rough leaves and a hard basal tussock (Tainton et al., 1976; Van Oudtshoorn, 1999,
3707 2012). Commonly known as thatching grass, *H. hirta* is a relatively dense erect, tufted perennial
3708 grass (Van Oudtshoorn, 2012). The racemes on its spikelets have four to seven brownish awns.
3709 Culm height varies greatly and is affected by rainfall availability (Van Oudtshoorn, 1999, 2012;
3710 Fish et al., 2015). This grass is relatively tall, but its height varies from 30cm in shallow nutrient-
3711 poor soils to over 100 cm in well-drained, nutrient-rich soils. It has many tillers forming noded
3712 stems and has a dense fibrous root system (Tainton et al., 1976; Van Oudtshoorn, 1999, 2012).

3713 2.2.2 Distribution

3714 It is a dominant grass in South Africa, occurring in all provinces (Van Oudtshoorn, 1999,
3715 2012; Fish et al., 2015). It also occurs throughout the African continent, the Mediterranean
3716 regions, and Pakistan. In some countries outside of Africa it has been considered an invasive
3717 weed (e.g. Australia) (Van Oudtshoorn, 1999, 2012; Zwerts et al., 2015). It is found in many
3718 biomes in South Africa, from mid to low altitude areas in fynbos, Nama-karoo, savanna, and
3719 grasslands. It prefers well-drained soils, particularly gravelly soil, but can also be found in
3720 shallow soils. It dominates in open grassland on rocky slopes, along river margins and roadsides,

3721 and in disturbed areas, especially old cultivated sites (Van Oudtshoorn, 1999, 2012; Zwerts et al.,
3722 2015).

3723 2.2.3 Ecology and uses

3724 Thatching grass spreads through tillering but also depends on seeds for reproduction,
3725 flowering between September and June. It behaves differently in different environments. For
3726 example, in terms of competitive ability, *H. hirta* competes well on nutrient-poor soils but not on
3727 nutrient-rich soils. Fynn et al. (2005) showed that there is a trade-off between *H. hirta* and *P.*
3728 *maximum* in terms of their competitive ability along a fertility gradient, with *H. hirta*
3729 outcompeting *P. maximum* on nutrient-poor soils, and the opposite happening on nutrient-rich
3730 soils. Furthermore, Fynn et al. (2009) showed that this grass is highly invasive. However, it has a
3731 weak competitive response (ability to resist being invaded) (Chejara et al., 2010; Zwerts et al.,
3732 2015). For example, Zwerts et al. (2015) showed that regardless of whether nutrient availability
3733 was high or low, *H. hirta* was outcompeted by *Cynodon dactylon*, mostly when there was
3734 simulated herbivory (clipping). Therefore, the previously documented invasion potential and
3735 good performance of *H. hirta* under nutrient-poor conditions does not justify it as a strong
3736 competitor, rather it shows that competitive ability of this species is species specific and nutrient
3737 specific.

3738 *H. hirta* has been considered problematic in some countries through being invasive. It is
3739 not a good grazing grass because of high fibre content and low palatability (Chejara et al., 2010;
3740 Zwerts et al., 2015). It is only grazed when young, early in the growing season but decreases in
3741 palatability as it matures. It is commonly used as a thatching grass, and for making mats and
3742 baskets. Furthermore, because this grass is a fast growing plant, has dense roots and ability to
3743 invade disturbed nutrients poor soils, it has been used for rehabilitation purposes and soil
3744 protection (slope stabilization) (Van Oudtshoorn, 1999, 2012; Zwerts et al., 2015).

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3795 **6.2 APPENDIX 2.1: Grass species and sedge abbreviations used in the CA ordination plot.**

Species names	Acronym
<i>Aristida bipartita</i>	ARIBIP
<i>Aristida congesta</i>	ARICON
<i>Chloris gayana</i>	CHLGAY
<i>Cymbopogon caesius</i>	CYMCAE
<i>Eragrostis curvula</i>	ERACUR
<i>Eragrostis plana</i>	ERAPLA
<i>Hyparrhenia hirta</i>	HYPHIR
<i>Paspalum notatum</i>	PASNOT
<i>Sporobolus africanus</i>	SPOAFR
vetiver grass recruit	VETREC
<i>Melinis nerviglumis</i>	MELNER
Bare soil	SOIL
Sedge	SEDGE

3796

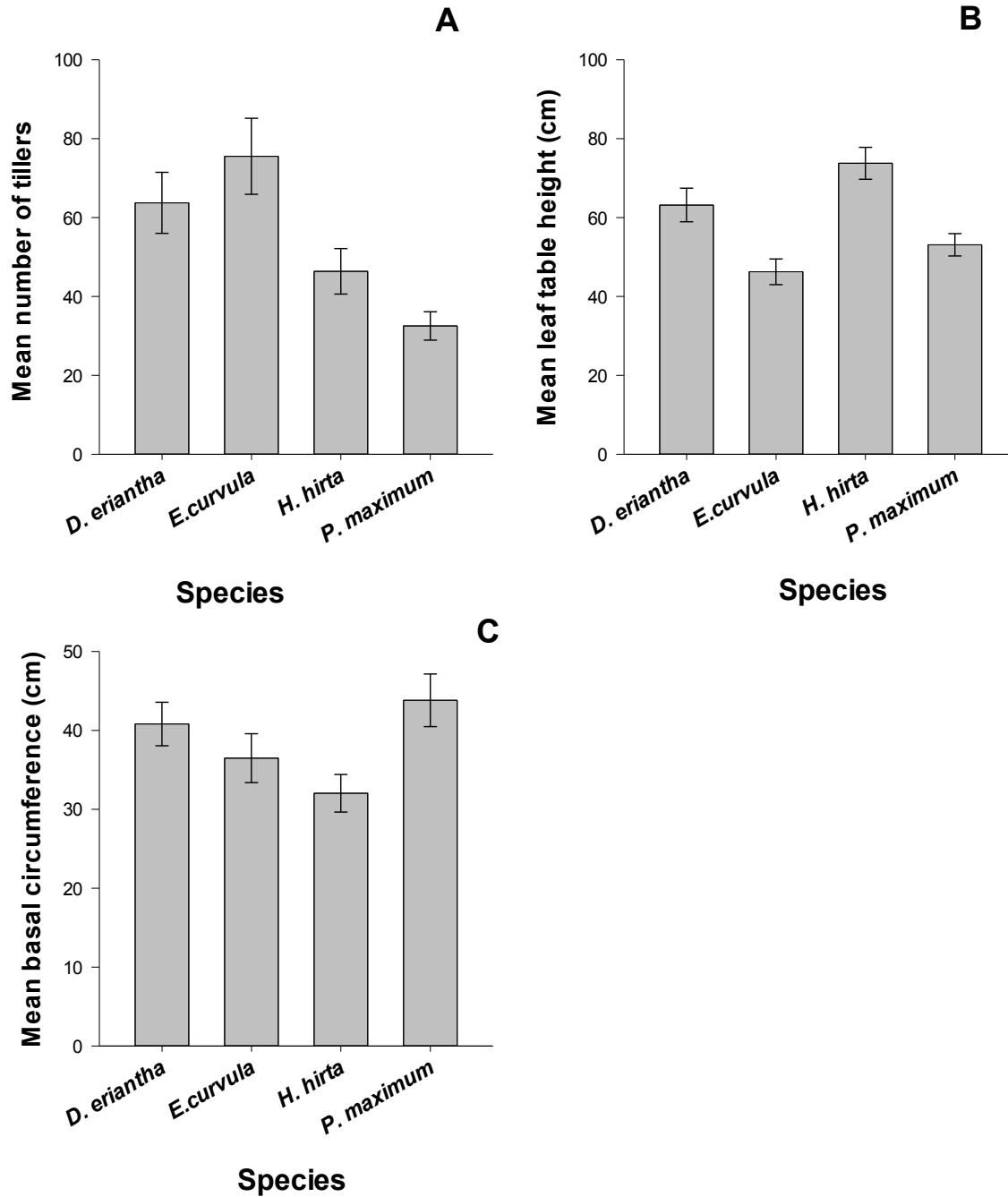
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3798 **6.3 APPENDIX 4.1. Supplimentary growth traits results for chapter 3; effect of vetiver**
 3799 **competition and soil nutrients on native grasses**

3800 Table 1: Result of the MANOVA showing the effect of vetiver competition level (one and two
 3801 tufts), nutrient level (low and high), and their interaction on leaf table height (cm), Basal
 3802 circumference (cm), and number of tillers of four native grass species (*Digitaria eriantha*,
 3803 *Eragrostis curvula*, *Hyparrhenia hirta* and *Panicum maximum*). Significant p-values (p< 0.05)
 3804 are in bold

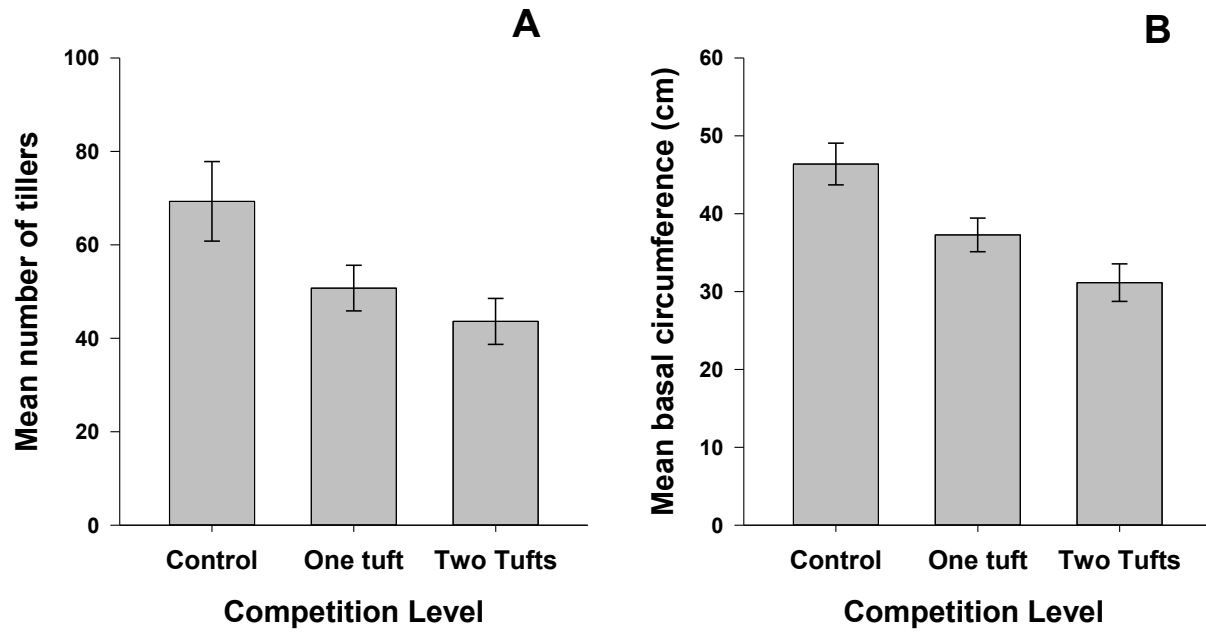
Source of variation	Leaf table height			Basal circumference			Number of tillers		
	df	F	P	df	F	P	DF	F	P
	Species (S)	3	17.871	<0.0001	1	5.344	0.02	1	32.689
Competition Level (C)	2	1.693	0.188	2	20.095	<0.0001	2	16.035	<0.0001
Nutrient Level (N)	1	66.295	<0.0001	1	59.266	<0.0001	1	254.45	<0.0001
S*C	6	2.902	0.011	6	1.356	0.238	6	5.805	<0.0001
S*N	3	2.504	0.063	3	1.550	0.205	3	5.141	0.002
C*N	2	1.128	0.327	2	1.179	0.311	2	1.653	0.196
S*C*N	6	2.191	0.058	6	1.667	0.135	6	0.548	0.771

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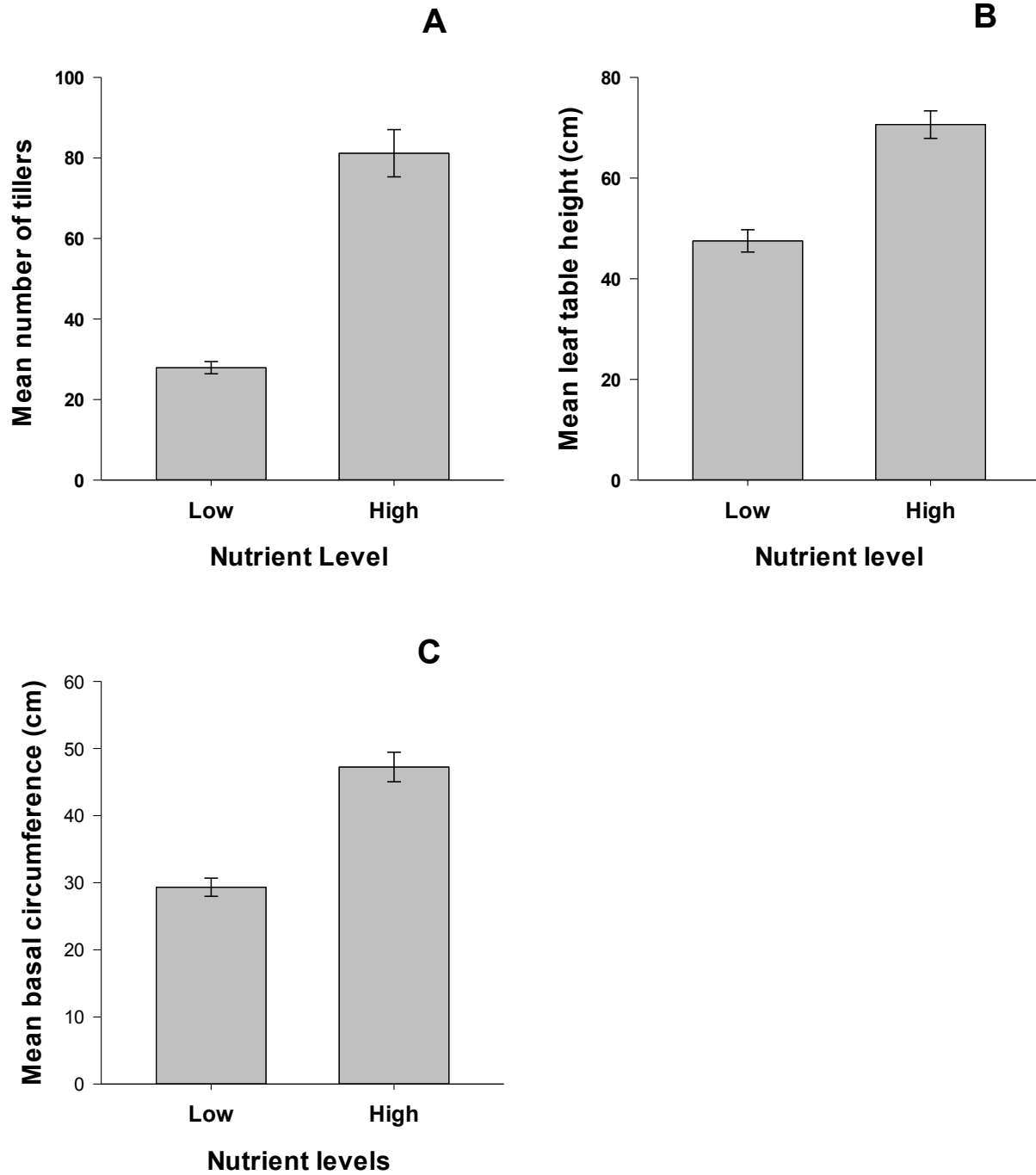
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3819 Figure 1: Main effect of vetiver competition on the mean (\pm SE) number of tillers (A), mean
 3820 (\pm SE) leaf table height (B), and Mean (\pm SE) basal circumference (C) of four native species.



3821

3822 Figure 2: Main effect of vetiver competition level on the mean (\pm SE) number of tillers (A), and
 3823 Mean (\pm SE) basal circumference (C) of four native species.



3824
3825

3826 Figure 3: Main effect of nutrient level on the mean mean (\pm SE) number of tillers (**A**), mean
3827 (\pm SE) leaf table height (**B**), and Mean (\pm SE) basal circumference (**C**) of combined native gasses
3828 species.

3829