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# Opening up the Evidence: Evidence-Based Practice and Open Access

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### Opening up the Evidence: Evidence-Based Practice and Open Access

#### Description

Evidence-based practice in health care is dependent on access to the best evidence. Open access publications promise to "unlock" a greater amount of evidence for practitioners' use, and provide a welcome alternative to expensive serial subscriptions.

#### Keywords

EBP, evidence-based practice, open access

#### Disciplines

Library and Information Science | Medicine and Health Sciences

#### Comments

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# **∂**pening up the Evidence:

### **Evidence-Based Practice and Open Access**

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## **Evidence-based practice**

 $\rightarrow$  Applying "best evidence" to inform clinical decision making

- $\rightarrow$  Sackett's EBM process:
  - Ask
  - Access
  - Appraise
  - Apply
  - Assess

### So where is the evidence?

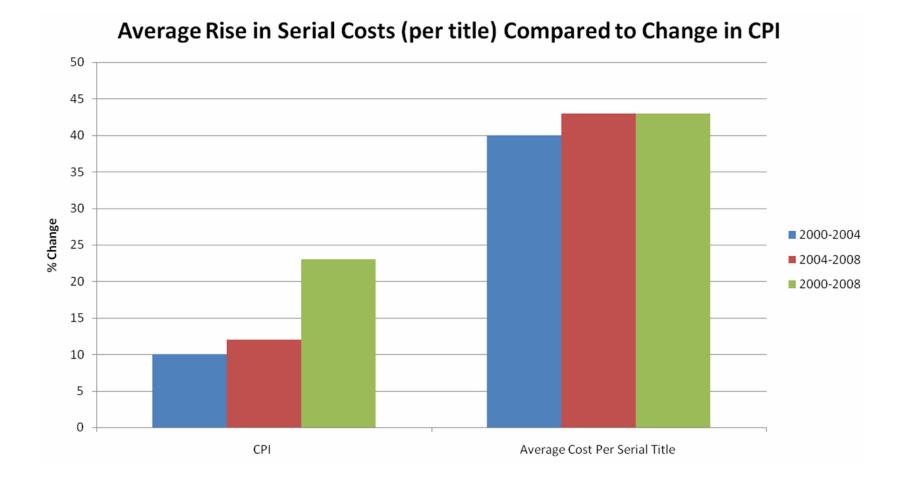
### **Commercial publishers**



### **Societies/Associations**



## **Priced out of evidence...**



SERIALS PRICING SOURCE: Library Journal PERIODICALS PRICE SURVEY 2008; Library Journal PERIODICALS PRICE SURVEY 2004

## **Options for practitioners/researchers**

- $\rightarrow$  Pay for individual subscriptions
- $\rightarrow$  Pay on per article basis
- $\rightarrow$  Library ILL service:
  - $\rightarrow$  May be free from own institution
  - $\rightarrow$  No institutional service? May have to pay (e.g. Loansome Doc)
  - $\rightarrow$  ILL may be too inconvenient (time, cost, etc.)

 $\rightarrow$  Depend only on freely available full-text articles...

FUTON<sup>(Full-text on the net/online)</sup> Bias

### Mayo Clinic study (2004)\*\*

• Compared 324 journals with available online full text (FUTON), with only abstracts available online and with not abstracts available online (NAA).

• Found statistically significant difference between impact factors (ISI) of FUTON, abstract only and NAA journals.

• Cited anecdotal evidence from an informal survey of physicians and residents; "uniformly admitted" using FUTON articles to find information/answer questions.

### \*\*OA CAVEATS

 $\rightarrow$ Only small fraction of the journals examined were available "free FUTON"

 $\rightarrow$  Impact factor is not a reliable measure of the actual use of an article

However...

BMJ study (2008) confirms "free FUTON" edge...

- RCT of 1,619 articles/reviews from 11 American Physiological Society journals
- Open access articles had 89% more full-text downloads and 23% more unique visitors

### **Common sense implications?**

- $\rightarrow$  Articles available FUTON (free or not) are more likely to be accessed/used than those which are not
- $\rightarrow$  People are more likely to use what is most easily available to them; especially if time is an issue...
- → "Best evidence" becomes "best available evidence"

## **Further implications for EBP...**

→ Open access not only helps individual practitioners, but also researchers conducting systematic reviews, creating "distilled" clinical content, etc.

 $\rightarrow$  Most valuable evidence is that which is "pre-appraised" (systematic reviews, CAPs, CATs, etc.) – and that is easy to access

EQUATION: Grandage, K.K., Slawson, D.C., Shaughnessy, A.F. (2002).

## CLINICAL BOTTOM LINE:

Evidence-based practice is going to be less robust than it should be if the evidence is not available to inform the practice.

## {There IS hope...}

- BMJ Journals
- PubMed Central
- PLoS Medicine
- BioMed Central
- Journal of Clinical Investigation
- Directory of Open Access Journals (<u>Health Sciences Journals</u>)
- NIH Public Access Policy

### Future directions...

Need not only free/OA sources of original research, but also pre-appraised evidence

## Pacific University: Realities//Possibilities

- SPP, PA, PT dissertations and capstone projects
- OT case projects and CATs
- OA undergrad research journal
- OA interdisciplinary healthcare journal
- Pilot project for data sharing
- Educating students/faculty about open access issues and implications for their clinical practice



### **Resources:**

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