

**CASE REPORT** 

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# **Neoatherosclerosis and plaque** rupture as triggers for very late stent thrombosis in a bare-metal stent

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#### **ABSTRACT**

Very late stent thrombosis has been increasingly described in the drug eluting stent era. A 56-year-old male presented with anterior ST-elevation myocardial infarction, he received a bare-metal stent in the left anterior descending artery in 2010. We obtained an optical coherence tomography scan, showing ruptured neoatherosclerotic plaque with thrombus.

Key words: stent thrombosis, optical coherence tomography, myocardial infarction

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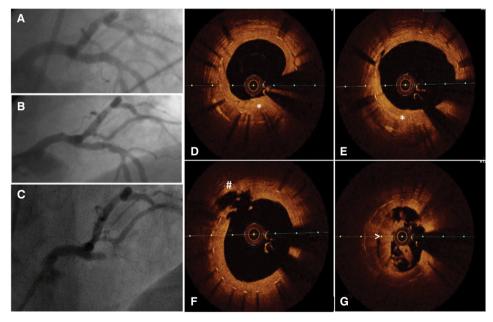


Figure 1. Neo-atherosclerosis following bare-metal stent (BMS) implantation complicated by very late stent thrombosis. A BMS was implanted in proximal left anterior descending (LAD) artery of a 56-year-old man during a ST-elevation myocardial infarction (STEMI) (A). After 2 year an eccentric neo-atherosclerotic plaque was documented (B). After 6 years, He was admitted for anterior STEMI (C). Optical coherence tomography (OCT) revealed the presence of complicated neo-atherosclerosis, with a glittering neointima along with dark areas, consistent with lipid pools (D-E,\*), a ruptured and ulcerated plaque (F, #), associated with an intracoronary thrombus (G, >)

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Very late (beyond 1 year) stent thrombosis (VLST) has been increasingly described in the drug-eluting stent (DES) era [1].

A 56-year-old male presented to our with anterior ST-segment elevation myocardial infarction. He had underwent implantation of a bare-metal stent (BMS) (3.5  $\times$  18 mm) to the proximal left anterior descending artery in 2010 (Fig. 1A). A coronary angiogram in 2012 showed non-significant restenosis (Fig. 1B). We re-opened the occluded artery with a balloon and obtained an optical coherence tomography (OCT) scan. Intravascular imaging showed a ruptured plaque (Fig. 1F) with a thrombus (Fig. 1G), within complete neo-intimal coverage (Fig. 1D and E). We successfully implanted a DES (3.5  $\times$  20 mm) within the culprit lesion.

This case illustrates a rare case of VLST after BMS stenting and provides a unique insight into our knowl-

edge regarding its pathophysiology. In summary, VLST may be found both in DES and in BMS. In patients with VLST, optimal intervention should be tailored to the underlying mechanism and OCT imaging should be considered in those cases.

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## Reference

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