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# Mortality from accidents, disease, suicide and homicide in the British fishing industry from 1900 to 2010

## Stephen E. Roberts<sup>1</sup>, Tim Carter<sup>2</sup>

<sup>1</sup>Medical School, Swansea University, Singleton Park, Swansea, United Kingdom <sup>2</sup>Norwegian Centre for Maritime Medicine, Haukeland University Hospital, University of Bergen, Norway

## ABSTRACT

**Background:** To establish the causes of mortality in the British fishing industry from 1900 up to 2010, to investigate long term trends in mortality and to identify causal factors in the mortality patterns and rates. **Materials and methods:** A longitudinal study, based on examinations of official death inquiry files, marine accident investigation files and reports, death registers and annual death returns.

**Results:** Mortality rates from accidents while working at sea remain high in the British fishing industry. Over the twentieth century there has been a progressive fall in the numbers of deaths, much of this relates to changes in fishing methods and in the types of vessels used. However in recent years, and with a fleet of smaller vessels, the mortality rates from accidents have shown little change and a larger proportion of deaths than in the past have arisen from personal injuries and drowning as compared to vessel losses. Disease makes a relatively small contribution to mortality at sea and this has dwindled with the decline in distant water fishing. Suicide and homicide both feature in a small way, but rates cannot readily be compared with those ashore.

**Conclusions:** The pattern of change in vessels, fisheries and fishing techniques over the study period are complex. However, improved injury and drowning prevention is the most important way to reduce deaths, coupled with attention to vessel stability and maintenance. The social, economic and organisational features of the fishing industry mean that securing improvements in these areas is a major challenge.

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Key words: mortality, accidents, disease, suicide, homicide, fishing industry

#### INTRODUCTION

Previous studies have reported on trends in mortality from fatal accidents in fishing fleets from countries including Alaska, Britain, Denmark, Iceland, Norway, Poland and the United States, mostly during the last 30 or 40 years [1–9]. Reports on the Alaskan, Icelandic, Norwegian, Polish (trawler) and United States fishing fleets have reported large or moderate reductions over time in fatal accident rates while studies of Danish, British and Polish (small-scale) fishing have reported little or no improvement. This contrasts with trends in fatal accidents in merchant shipping which have usually fallen sharply over time [10]. There have been few reports on long term trends in fatal accidents in fishing industries dating back over the twentieth century and also few reports on mortality rates from disease, suicide and homicide in fishing industries.

The British fishing fleet has witnessed many changes over the twentieth century. These are important when interpreting changes over time in patterns and rates for fatalities. Changes include the early reductions in the numbers of sailing vessels and an increase in larger steam drifter trawlers up to the 1940s, followed by a move to motor fishing vessels. Fishing techniques changed from drift net to trawl net fishing and then from side trawlers to larger, more stable stern trawlers, sometimes with on board fish processing and factory freezing. The major 'distant water'

Dr Stephen Roberts, Medical School, Swansea University, Singleton Park, Swansea SA2 8PP, United Kingdom, e-mail: stephen.e.roberts@swansea.ac.uk

trawler fleet, which often operated in treacherous conditions in the Barents Sea, around Bear Island or Iceland, declined sharply during the late 1970s. Recently, the British fishing industry has used a diverse pattern of smaller-scale fishing techniques, including potting, dredging and line fishing, often with their own particular hazards. With quota restrictions and economic pressures, crewing levels in these smaller fishing vessels have dwindled and lone fishing has increased.

The main objectives of this study were, firstly, to establish the causes of mortality in the British fishing industry from 1900 up to 2010, secondly, to investigate long term trends in mortality and, thirdly, to identify causal factors in the mortality patterns and rates.

#### **MATERIALS AND METHODS**

The principal marine accident investigative authority in Britain has been the Marine Accident Investigation Branch since 1989. It is notified of and investigates fatal accidents that occur in the British fishing industry. The Registry of Shipping (previously the Registrar General for Shipping and Seamen) was responsible, under the Merchant Shipping Act of 1894 [11], for registering deaths that occurred at sea among British nationals and from British maritime vessels, including fishing vessels as well as merchant ships.

Details of all fatalities in the British fishing industry were obtained from 1989 onwards, through examination of marine accident investigation files and reports held at or provided by the Marine Accident Investigation Branch. From 1976 onwards, they were also identified through examination of paper death inquiry files and death registers held at the Registry of Shipping. For earlier years, annual death returns based on the files at the Registry of Shipping were published variously by the Board of Trade, the Department of Trade and Industry, the Department of Industry and the Department of Trade [12-16]. The returns were released or could be located for all years except those covering 1900 to 1908, 1912, 1915 to 1918 while the populations of fishermen employed were not available for the years from 1939 to 1946. Hence, mortality and population information was available for 89 years out of the 111 years studied. Mortality from disease was also not available from 2006 to 2010 and mortality from suicide and homicide was not distinguished from 1919 to 1939 and was not available from 2006 to 2010. Further details of fishing vessel casualties were obtained through the Hull Trawler website [17], reports of marine investigations including Marine Accident Investigation Branch reports, and earlier 'wreck reports' from the "Port Cities - Southampton" website [18]. Information was also provided by members of the "Ships nostalgia" website [19], and found through other searches. The population was exclusively a male one for most fisheries and periods, hence it is appropriate to use the term 'fishermen'.

The study included all deaths among full-time or part-time commercial fishermen while they were employed in British registered fishing vessels, but excluded deaths among "hobby" fishermen, who do not fish commercially. Fatal accidents were distinguished according to whether they involved an accident or incident to the fishing vessel - fishing vessel casualties or disasters - or were personal accidents involving individual fishermen. Deaths from unexplained disappearances at sea and drowning from alcohol or drug intoxication were included with personal accidents. Fatalities that occurred during leave periods were not included and it is likely that some deaths from disease or injuries that arose at sea but where there was a prolonged period of hospitalisation ashore went unrecorded. Other fatal illnesses ashore that had a prolonged course, even if it was work related, would also not be recorded if the person had ceased to work in fishing, for example to take up less demanding work ashore.

The populations of fishermen employed annually in the British fishing industry were obtained from annual returns produced by the Board of Trade, the Department for Environment, Food and Rural Affairs, the Ministry of Agriculture, Fisheries and Food, the Ministry of Agriculture and Fisheries and the Board of Trade [12, 20-22]. The fishermen were conventionally counted as if they had been employed for the whole of each year. Over the 89 study years with both mortality and population information, there was a total population of 2.76 million fishermen-years at risk in the British fishing industry. The number of fishermen employed fell from 105,349 in 1909 to 29,011 in 1938 and from 45,555 in 1947 to less than 25,000 by the late 1960s. After fluctuating between 20,000 and 25,000 from the late 1960s to the early 1990s, since 1994 the workforce has fallen almost every year to 12,647 in 2010.

Annual mortality rates in the fishing industry were based on the numbers of deaths and divided by the populations of fishermen at risk and were expressed per 100,000 population. Spearman's rank correlations were used to assess changes in mortality rates over time with significance measured at the conventional 5% level.

### RESULTS

Based on the study inclusion and exclusion criteria, over the 89 study years, there was a total of 6,448 fatalities in the British fishing industry. 5,439 (84.4%) of the fatalities were caused by accidents, of which 3,108 arose from casualties to the vessel and 2,331 were from personal accidents. The remaining fatalities were attributed to disease (921; 14.3%), suicide (77; 1.2%) and homicide (11; 0.2%).

#### **MORTALITY FROM ACCIDENTS**

Figure 1 shows trends over time in the fatal accident rate in the British United Kingdom fishing industry, with highest



Figure 1. Trends in the fatal accident rate in the British fishing industry

levels of fatal accidents apparent during the 1920s and 1930s, which increased from the earlier years from 1909 to 1914. There was a peak in the fatal accident rate during the mid and late 1930s caused largely by the disappearance, foundering or stranding of large distant water trawlers, usually operating around Bear Island or Iceland, Greenland, the Barents Sea or the White Sea. These include the *Loch Ard* (13 fatalities in 1934), the *Jeria* and the *Langanes* (28 lost, 1935), the *Admiral Collingwood* (18 lost, 1936), the *Amethyst* (18 fatalities, 1937), the *Lady Lavinia* and the St. Sebastien (32 lost, 1938).

The fatal accident rate was reduced from the 1940s onwards, although peaks in the fatality rate continued to follow major disasters involving large distant water trawlers. These include 1948 when the trawlers Goth, Sargon and Epine grounded or foundered off Iceland during storms with 46 men lost. In 1955 the 2 Hull trawlers Lorella and Roderigo disappeared off North Cape, Iceland on the same night with 40 men lost after the deck structures iced over during snow blizzards and hurricane force winds. In 1959 the Fleetwood trawler Red Falcon disappeared in storms off the west coast of Scotland with 20 men when returning from Arctic fishing. In 1968, during a 3 week period in January and February, another 4 Hull trawlers St. Romanus, Kingston Peridot and Ross Cleveland were lost with 58 men, the latter 2 during snow blizzards and severe weather off Iceland. In 1974, the Hull trawler Gaul disappeared with 36 men in the Barents Sea.

The fatal accident rate has remained fairly constant at around 100 per 100,000 fishermen-years during the last

40 years with no discernible trend since 1947 (correlation = -0.18; p = 0.15). Table 1 provides details of major fishing disasters involving the loss of 5 or more fishermen during the 51 year period from 1960 to 2010. Of the major disasters that have arisen in recent years, the *Arosa* grounded near Galway Bay, west Ireland with 12 fatalities, the scallop dredger *Solway Harvester* foundered in the Irish Channel (7 lost) and the *Pescalanza* capsized off Mizen Head, south west Ireland (6 lost). Photographs of 8 of the fishing trawlers that have been lost with 158 fishermen since the 1950s are shown in Figure 2.

Figure 3 shows trends over time in the fatal accident rate from 1919 according to the main type of fishing vessel casualty. Since the earlier years of the twentieth century, this shows more of a reduction over time in fatalities from grounding or stranding and also from fires and explosions but little decline for foundering (including capsize after snagged gear, categorised from 1976 onwards) or collisions.

# MORTALITY FROM DISEASE, SUICIDE AND HOMICIDE

Trends in mortality from disease, suicide and homicide, while at sea in the British fishing industry are shown in Figure 4. Since 1947, there have been reductions over time in mortality rates from disease (p < 0.001), suicide (p == 0.012) and homicide (p = 0.044). From the available study information, mortality from disease increased sharply from about 20 per 100,000 fishermen-years during the years 1909–1914 to around 40 per 100,000 in the early 1920s. It then increased sharply during the late 1920s to a peak of

Year	Name of vessel	Type of vessel (construction material, gross tonnage and age)	No. of fisher- men lost	Details of the fishing casualty
2000	Solway Harvester	Scallop dredger (steel, 49, 8)	7	Capsized and foundered with all crew after gear and catch shifted during bad weather in the Irish Sea.
2000	Arosa	Side trawler (steel, 248, 26)	12	Grounded and sank during F10 storms off the west coast of Ireland. One survivor scrambled ashore.
1998	Pescalanza	Side trawler (steel, 202, 30)	6	Capsized and foundered during hauling in operations in gales off SW Ireland.
1998	Silvery Sea	Seine net trawler (steel, 266, 22)	5	Sank with all crew after a collision with a German container ship in the North Sea off Denmark.
1994	Larissa	Beam trawler (steel, 361, 19)	6	Foundered with all crew after a collision with a Maltese bulk carrier in the North Sea.
1992	Ocean Hound	Beam trawler (steel, 43, 7)	5	Sank following a collision with an unidentified vessel in fog in the English Channel off Kent. All crew lost.
1991	Wilhelmina J	Beam trawler (steel, 82, 25)	6	Foundered with all hands following a collision with a Cyprus general cargo ship in the English Channel.
1991	Pescado	Beam trawler (steel, 56, 35)	6	Foundered with all crew after snagging gear off Cornwall in moderate conditions (F5/6) with stability deficiencies.
1990	Premier	Seine net trawler (steel, 68, 16)	6	Capsized and sank with all crew after being swamped by heavy seas in F10 storms off NE Scotland.
1989	Majestic	Pair Trawler (steel, 100, 15)	5	Capsized after snagging trawl gear on an underwater obstruction off the Orkney Islands. Two survivors.
1989	Destiny	Other fishing vessel (other, 9, 7)	6	Foundered with all crew after the vessel became holed during gales and snow in the Firth of Clyde, west Scotland.
1985	Bon Ami	Stern trawler (steel, 34, 16)	6	Grounded on rocks off NW Scotland and sank during F8 gales and in heavy seas. All crew lost.
1985	Mhari L	Side trawler (steel, 50, 7)	5	Capsized and foundered with all crew in the Irish Sea after nets snagged an underwater obstruction.
1983	Arcadia	Trawler (nk, 42, 26)	5	Sank with all hands after striking rocks in poor visibility off NW Scotland.
1981	Celerity	Light trawler (wood, 42, 9)	6	Foundered with all hands during F10 storms and heavy snow in the Pentland Firth, off north Scotland.
1979	Ocean Monarch	Trawler (wood, 46, 8)	7	Foundered with all crew, swamped by heavy seas in severe F11 storms in the North Sea off Fair Isle, NE Scotland.
1979	Margarethe Bojen	Pair trawler (steel, 49, 3)	6	Capsized and foundered after it was struck by a freak wave in the North Sea. All crew lost.
1979	Tarradale II	Seine net trawler (wood, 79, 9)	7	Sank with all hands in F10 storms in the North Sea after departing Peterhead for Norwegian fishing grounds.
1979	Carinthia	Side trawler (wood, 39, 23)	6	Disappeared with all crew during gales and rough seas off the Noup, NW Scotland.
1978	Enterprise	Pair trawler (wood, 59, 8)	8	Foundered with all crew in storms and 40 foot seas in the North Sea off Lerwick, after departing Fraserburgh.
1977	Boston Sea Ranger	Stern trawler (steel, 171, 1)	5	Foundered after heavy seas flooded the fish hold in the English Channel. All crew lost.
1977	Sapphire	Seine net trawler (nk, 46, 22)	5	Stranded and sank with all hands in poor visibility off the NW coast of Scotland.
1974	Gaul	Stern factory trawler (steel, 1,106, 2)	36	Disappeared with all crew during storms in the Barents Sea. Thought to have been swamped by heavy seas.
1974	Trident	Seine net trawler (steel, 110, 4)	7	Disappeared with all crew off north Scotland. Thought to have swamped by heavy seas, stability questioned.
1972	Nautilus	Seine net trawler (nk, nk, nk)	7	Foundered with all crew during gales in the North Sea, south of Shetland.
1971	Dinas	Side trawler (steel, 439, 15)	5	A fire in the crew accommodation area, Irish Sea soon after departing Fleetwood for Icelandic fishing grounds.
1970	Rosebud II	Trawler (wood, nk, 15)	7	Grounded and foundered in heavy weather off the Isle of Mull, west Scotland. All crew lost.

Table 1. Details of major fishing disasters that led to the loss of five or more fishermen in the British fishing industry, 1960–2010

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Year	Name of vessel	Type of vessel (construction material, gross tonnage and age)	No. of fisher- men lost	Details of the fishing casualty
1969	Coral Isle	Seine net trawler (steel, nk, 13)	6	Disappeared with all six crew during severe gales in the North Sea off Aberdeen.
1968	Kingston Peridot	Side trawler (steel, 658, 21)	20	Foundered with all crew when heading for shelter during severe F9 gales off Iceland.
1968	Ross Cleveland	Side trawler (steel, 659, 19)	18	Foundered when sheltering from a F12 hurricane and snow blizzards off Iceland. One survivor scrambled ashore.
1968	St. Romanus	Side trawler (steel, 599, 19)	20	Disappeared with all crew in the North Sea in F10 storms after leaving Hull for the Barents Sea.
1968	Refleurir	Seine net trawler (wood, nk, 40+)	6	Foundered with all crew when heading for shelter during a sudden storm off the north coast of Scotland.
1966	St. Finbar	Stern factory trawler (steel, 1,139, 2)	12	Fire and explosion in the accommodation area off the Labrador coast, later foundered. 13 survivors.
1965	Boston Pionair	Side trawler (steel, 103, 9)	9	Disappeared with all hands during F10 storms in the North Sea near Dogger Bank.
1965	Blue Crusader	Side trawler (steel, 274, 7)	13	Disappeared with all crew during a F12 hurricane off the east coast of Orkney.
1962	Boston Heron	Side trawler (steel, 314, 22)	7	Grounded during severe F9 gales off the Western Isles, Scotland. Five survivors.
1961	Arctic Viking	Side trawler (steel, 533, 25)	5	Capsized and sank during gales in the North Sea when returning from the Barents Sea. 14 rescued from a life raft.

Table 1. cont. Details of major fishing disasters that led to the loss of five or more fishermen in the British fishing industry, 1960-2010

nk - not known; NE - north east; NW - north west; SW - south west

about 70 per 100,000 during the 1930s. At a much lower level during the late 1940s (30 per 100,000), it increased to over 50 per 100,000 during the 1960s and subsequently fell sharply from the late 1970s onwards. Information on suicide and homicide mortality was available mainly before 1919 and from the late 1940s onwards. Suicide mortality appears to have been fairly consistent at around 5 to 10 per 100,000 up to the 1960s, peaking during the early 1970s, with few suicides since the 1980s. Eleven homicides in the British fishing industry since the late 1940s occurred mostly during the 1950s (6) and in the mid-1970s (2).

#### DISCUSSION

The study is one of the largest of mortality conducted for a maritime industry, covering more than 6,000 fatalities and a population of over 2.75 million fishermen-years. It is also based on information sources that were established to record vessel losses and fatalities at sea [11]. Limitations include the lack of available mortality or population information in the British fishing industry for some years during the 111 year study period. The reporting and recording of fatalities and registering of fishing vessels in the British fishing industry was unreliable before 1900 but slowly improved over the early years of the twentieth century. This is reflected in the relatively low mortality recorded before 1915. The annual populations of fishermen employed were provided by successive governmental departments and agencies, their precision would have fluctuated over time. The ages of the populations of fishermen employed were not known for most years of the study period, preventing standardisation when reporting trends in mortality. This is of more importance for mortality from disease as changes over time may reflect differences in the ages of the fishermen employed, but is of less relevance to mortality from accidents, suicide and homicide which are related less clearly to age. However, the British fishing industry has always employed a high proportion of younger people, so that demographic profiles are unlikely to have altered greatly over the study period.

The increases in the fatal accident rate in the British fishing industry during earlier years of the twentieth century is linked partly to the coverage and recording of fatalities. The peak in the fatal accident rate during the 1920s and especially the 1930s coincided with an expansion in distant water fishing and an economic depression. Following the resumption of full scale fishing activities in the late 1940s, the fatal accident rate was at a reduced level. Nonetheless, the large distant water fleet continued with fairly frequent major disasters involving large trawlers and major loss of life, sometimes in freezing snow blizzards, minimal visibility and storm force winds, usually around Iceland or in the Barents Sea [17–19, 23–26]. The build-up of freezing snow on trawler deck structures during prolonged storms was a particular hazard that threatened vessel stability. Remedial ice-hacking measures, themselves not without



FV Arosa (2000)



FV Gaul (1974)



FV Kingston Peridot (1968)



FV Ross Cleveland (1968)



FV St. Romanus (1968)



FV St. Finbar (1965)



FV Roderigo (1955)



FV Lorella (1955)

Figure 2. Photographs of fishing vessels that were major casualties in the British fishing industry, 1947–2010, with year of disaster in brackets.



Figure 3. Trends in the fatal accident rate from fishing vessel disasters according to the type of disaster. Notes: The category "capsized – snagged gear" was not available before 1976. The category "fires, explosions and other casualties" was not available before 1919. Information on the type of casualty not available in 1931 as well as from 1915–1918 and 1939–1947. The fatal accident rates are smoothed using 3-year moving averages. From 1919 to 1939, this graph includes fatalities from casualties at sea but not from casualties in harbours and rivers.



Figure 4. Trends in mortality from disease, suicide and homicide in the British fishing industry. Notes: The mortality rates are smoothed using 3-year moving averages

risks, were adopted and almost certainly reduced loss of life from capsize and foundering.

Although the distant water fleet declined during the late 1970s, there has been no appreciable reduction in the fatal accident rate since. The hazards of distant water fishing in Arctic conditions have been replaced by a new set of hazards in the British fishing industry; comprising, in recent years, mainly of much smaller fishing vessels with typically fewer crew on board. As reported previously [3], these hazards include a high occurrence of fatalities through the capsize of vessels when hauling in gear or through gear snagging on underwater obstructions. Investigations in recent years have also shown that much of the excess mortality is linked to the stability and seaworthiness of smaller fishing vessels. This has often been associated with overloading, poor maintenance and lack of safety equipment [27–29]. There has recently been a marked increase in fatalities arising from the hazardous practice of lone fishing [28, 29], usually personal accidents involving falls overboard. However, evidence on the causes of fishing vessel disasters and loss of life has improved greatly in recent years through the Marine Accident Investigation Branch.

Mortality from disease in the British fishing industry increased to a peak during the late 1930s, it remained high before falling sharply during the late 1970s, caused largely by the decline of the distant water fishing fleet. The trawlermen were typically at sea for at least 3 or 4 weeks at a time, often operating in severe, stressful and fatiguing Arctic conditions with minimal access to health services. Acute cardiovascular and cerebrovascular diseases account for most disease mortality at sea among fishermen [2, 6, 7]. The high disease mortality during the 1920s and 1930s coincided strongly with the expansion of distant water fishing. At this time acute infections were a more common cause of death than in later periods when antibiotics were available and access to radio-medical advice was possible. The much lower disease mortality since the early 1980s is linked to several factors. including the predominance of coastal fishing, with deaths more likely to be administered and recorded by coroners or shore-based registrars and less often notified with maritime authorities. This time period has also coincided with major reductions over time in the incidence and mortality from major acute diseases in the general population [30].

The suicide rate in the British fishing industry was fairly low and constant at around 5 to 10 per 100,000 over much of the twentieth century but has declined sharply following the collapse of the distance water sector in the late 1970s. The study includes only those suicides among fishermen that occurred while at work. Other studies from Northern Europe that have investigated suicides among fishermen ashore, which would include deaths after discharge through sickness, have identified quite high rates of suicide [31, 32]. There were few homicides in the British fishing industry and most that occurred were during the 1950s and the mid-1970s when there was a large distance water sector.

## **CONCLUSIONS – KEY MESSAGES**

- Accidents are the predominant cause of death in sea fishing. Diseases make far smaller contributions, as do suicide and homicide.
- Accidental deaths may arise from loss of vessels or from severe personal injuries (or drowning) while working on

board. Vessel losses contributed a far higher proportion of the deaths in the past than more recently. However some causes of vessel losses, notably instability and snagging on submerged objects, now appear to have become more important.

- 3. The fishing techniques used and locations of the fisheries both have significant implications for mortality.
- 4. Distant water fishing in Arctic waters has had a particular set of risks, with multiple fatalities from the loss of large vessels associated with adverse weather conditions and a high case fatality rate for injury and disease because of distance from health care. The cessation of these fisheries has led to a very different pattern of mortality in recent years.

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