

# An anatomical study of the origins of the lateral circumflex femoral artery in the Turkish population

M. Üzel<sup>1</sup>, E. Tanyeli<sup>2</sup>, M. Yildirim<sup>2</sup>

<sup>1</sup>Vocational School of Health Services, Istanbul University, Istanbul, Turkey

<sup>2</sup>Department of Anatomy, Cerrahpasa Medical Faculty, Istanbul University, Istanbul, Turkey

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*The aim of this study was to investigate the origins of the lateral circumflex femoral artery (LCFA) in the Turkish population. For this purpose, we investigated 110 inguinal regions of 56 cadavers between 1997 and 2007. The LCFA was found to be branched from the deep femoral artery (DFA) in 85 (77.3%) cases and from the femoral artery (FA) in 21 (19.1%) cases. In two (1.8%) cases the ascending and the descending branches of the LCFA branched separately from the DFA and FA. There was a common trunk of the DFA and the LCFA in one (0.9%) case, and a common trunk of the DFA, LCFA and the medial circumflex femoral artery (MCFA) (trifurcation) in another (0.9%). We also measured the distance between the mid-inguinal point (MIP) and the origin of the LCFA. For LCFAs branching from the DFA the mean distance between these points was  $4.8 \pm 1.2$  cm, while for LCFAs branching from the FA the mean distance was  $3.4 \pm 0.9$  cm. We discuss the clinical importance of the artery and compare the results with the literature. (Folia Morphol 2008; 67: 226–230)*

**Key words:** lateral circumflex femoral artery, anatomy, variation

## INTRODUCTION

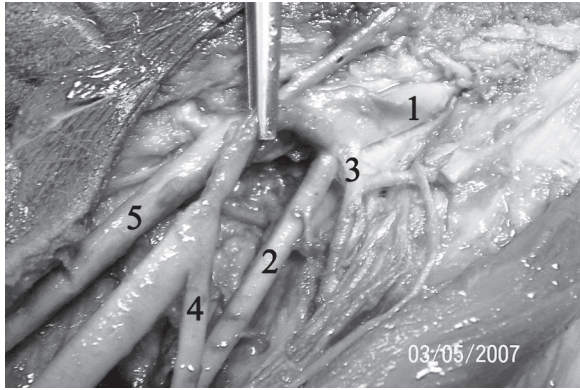
The lateral circumflex femoral artery (LCFA) is commonly a branch of the deep femoral artery (DFA) or sometimes of the femoral artery (FA) and passes between divisions of the femoral nerve posterior to the sartorius and rectus femoris muscles. After passing behind these structures, it divides into its ascending, transverse and descending branches. It supplies blood to the head and neck of the femur, greater trochanter, the vastus lateralis and the knee [13]. It has many implications in clinical practice. The branches of the LCFA are used in an anterolateral thigh flap [15], aortopopliteal bypass [7, 14], coronary artery bypass grafting (CABG) [6] and extracranial–intracranial (EC–IC) bypass surgery [4]. The descending

branch of the artery can act as a collateral [8]. The ascending branch of the artery can be used as a supply for vascularised iliac transplantation [16].

## MATERIAL AND METHODS

In this study the inguinal regions were investigated of 56 cadavers, of which 44 were male and 12 were female, between 1997 and 2007. The ages of the subjects were between 24 and 81 years. The cadavers were fixed by using a formalin-ethanol-glycerol mixture injected via the FA. After the inguinal region had been dissected, the FA and its branches were exposed. We also measured the distance between the MIP and the origin of the LCFA with a metric compass.

Address for correspondence: M. Üzel, MD, Sağlık Hizmetleri MYO, Kocamustafapasa, 34098, Istanbul, Turkey, tel: +90 212 4143057, fax: +90 212 4143059, e-mail: [muzel@istanbul.edu.tr](mailto:muzel@istanbul.edu.tr)



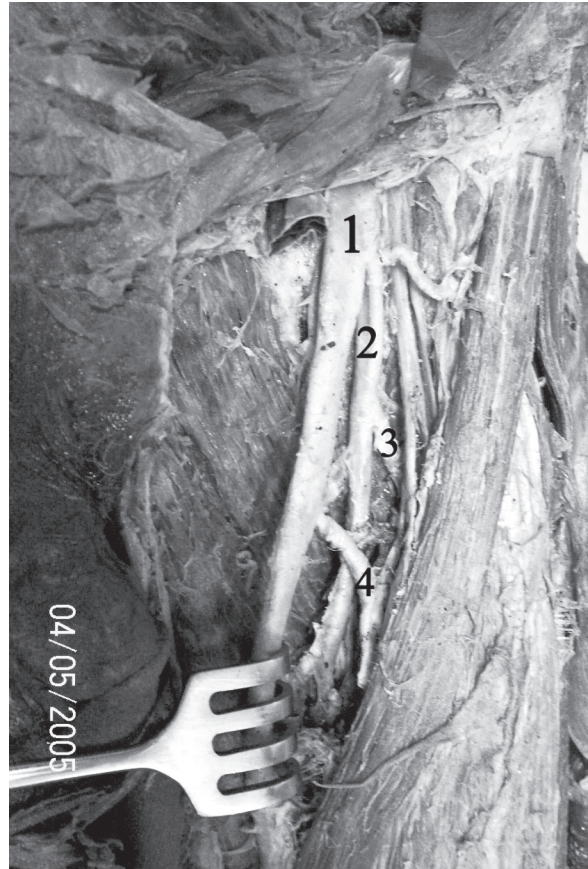
**Figure 1.** The left inguinal region of the case in which the ascending branch of the lateral circumflex femoral artery (LCFA) branched from the femoral artery (FA) proximal to the origin of the deep femoral artery (DFA) and the descending branch from the FA distal to the origin of the DFA; 1 — FA; 2 — DFA; 3 — ascending branch of LCFA; 4 — descending branch of LCFA; 5 — femoral vein.

## RESULTS

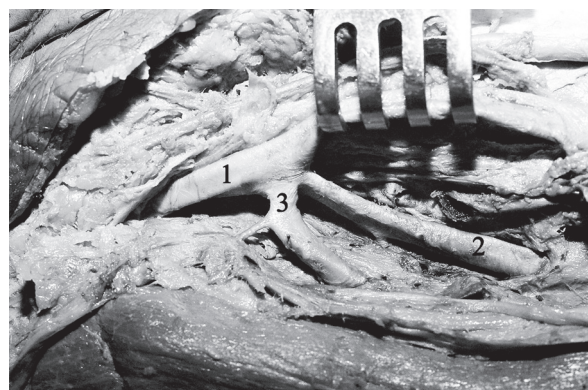
During the dissections we observed that two of the 112 FAs had been destroyed, and so these were excluded from our study. In 85 (77.3%) sides the LCFA branched from the DFA, and in 21 (19.1%) from the FA proximal to the origin of DFA. In two cases the ascending and descending branches of the LCFA branched separately. In the first case (0.9%) the ascending branch of the LCFA branched from the FA proximal to the origin of the DFA and the descending branch from the FA distal to the origin of the DFA (Fig. 1). In the second case (0.9%) the ascending and descending branches branched from the DFA and FA respectively (Fig. 2). There was a common trunk for the DFA and LCFA in one (0.9%) case, in which both arteries branched from the same stem (Fig. 3). In another case (0.9%) there was a common trunk of the DFA, LCFA and the medial circumflex femoral artery (MCFA) (trifurcation) (Fig. 4). In addition, we also measured the distance between the mid-inguinal point (MIP) and the origin of the LCFA. The mean distance between these points was  $4.8 \pm 1.2$  cm where the LCFA branched from the DFA, and  $3.4 \pm 0.9$  cm where the LCFA branched from the FA. The mean diameter of the LCFA at its origin was 4.7 mm in our study. There were no statistical differences with respect to sex or side in the branching patterns, distances and diameters.

## DISCUSSION

Because of the increasing importance of LCFA in clinical practice numerous studies may be found of

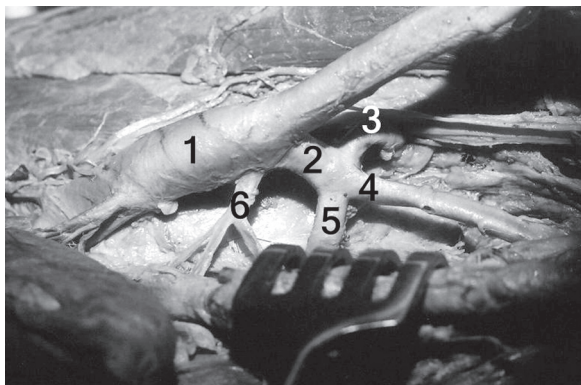


**Figure 2.** The left inguinal region of the case in which the ascending and descending branches of the lateral circumflex femoral artery (LCFA) branched from the deep femoral artery (DFA) and the femoral artery (FA) respectively; 1 — FA; 2 — DFA; 3 — ascending branch of LCFA; 4 — descending branch of LCFA.



**Figure 3.** The case of a common trunk of the deep femoral artery (DFA) and the lateral circumflex femoral artery (LCFA) on the right side; 1 — FA; 2 — DFA; 3 — LCFA.

its anatomy, both recent and old. The LCFA itself is used in aortopopliteal bypass [7, 14] and can be affected during total hip replacement surgery [2].



**Figure 4.** The case of a common trunk of the deep femoral artery (DFA), the lateral circumflex femoral artery (LCFA) and medial circumflex femoral artery (MCFA) on the left side; 1 — FA; 2 — trifurcation; 3 — LCFA; 4 — DFA; 5 — MCFA; 6 — external pudendal artery.

Its branches have clinical implications as well. Its ascending branch can be used as a supply for vascularised iliac transplantation [16], while its descending branch can act as a collateral in obstructed superficial FA [8] and can be used in CABG [6]; perforators are important in anteroletaral thigh flap for reconstructive surgery [9, 15].

In his comprehensive study of the arterial system Adachi [1] reported the incidence of the LCFA branching from the DFA as 78.2% and from the FA as 18.3% (Table 1). He gave the proportion of the descending branch of the LCFA originating from the femoral artery as 2.7%.

In the 1980s, Lippert and Pabst [10] and Bergman et al. [5] published their works on arterial varia-

tion in humans. Lippert and Pabst [10] gave the proportion of the LCFA branching from the DFA as 76% (type a + b in Lippert and Pabst's classification), and from the FA as 19% (type c + d). They also reported the proportion with the descending branch of the LCFA originating from the FA to be 3% (type e).

Similar results were mentioned in the work of Bergman et al. [5] with proportions of 76.8% and 18% respectively. These authors gave the occurrence of both ascending and descending branches of the LCFA originating from the FA as 0.5%, with the descending branch of the LCFA originating from the FA in 3.2% of cases.

One of the studies most often referred to on the anatomy of the FA is that of Siddharth et al. [12]. In this the incidence of the LCFA branching from the DFA was reported to be 71% and from the FA 16%. The ratio of the descending branch of the LCFA originating from the FA was given as 3%. The study also reports the DFA, LCFA and MCFA as having a common origin in 5% of cases, which was not mentioned in other studies. A further peculiarity of their study is that they measured the distance between the MIP and the branching point of the LCFA, the mean distance being given as 5.9 cm.

In their angiographic study on 188 lower limbs Massoud and Fletcher [11] investigated the anatomy of the DFA and classified it according to Lippert and Pabst's method [10]. The frequency of the LCFA branching from the DFA was found to be 81%, and from the FA 2.8%.

In an angiographic study on the ramification patterns of the FA in the Turkish population, the

**Table 1.** Percentages for the origins of the lateral circumflex femoral artery (LCFA) in different studies; a comparison of the results of our study with those of other studies in the literature

	Present study <sup>1</sup>	Adachi <sup>1</sup>	Lippert & Pabst <sup>1</sup>	Bergman <sup>1</sup>	Siddharth <sup>1</sup>	Massoud <sup>2</sup>	Başar <sup>2</sup>	Fukuda <sup>2</sup>
DFA (%)	77.3	78.2	76	76.8	71	81	67.1	78.6
FA (%)	19.1	18.3	19	18	16	2.8	32.9	16.6
Asc. from FA	0.9	—	—	0.5	—	—	—	1.5
Desc. from FA	—	—	—	—	—	—	—	—
Asc. from DFA	0.9	2.7	3	3.2	3	—	—	3.1
Desc. from DFA	—	—	—	—	—	—	—	—
DFA + LCFA	0.9	—	—	—	—	—	—	—
DFA + LCFA + MCFA	0.9 (trunk)	—	—	—	5 (origin)	—	—	—
Distance to MIP [cm]	4.8 ± 1.2 (DFA) 3.4 ± 0.9 (FA)	—	—	—	5.9	—	—	—

DFA — deep femoral artery; FA — femoral artery; MIP — the mid-inguinal point; MCFA — medial circumflex femoral artery; <sup>1</sup>cadaveric study, <sup>2</sup>angiographic study



LCFA was found to branch from the DFA in 67.1%, and from the FA in 32.9% of cases [3].

More recently Fukuda et al. [6] published their angiographic study on the LCFA. Anatomical variants of the LCFA were assessed on femoral arteriograms obtained before CABG in 131 adult patients. In most of the cases examined the LCFA branched from the DFA (78.6%), while in 16.6% of cases the LCFA branched from the FA. In 3.1% of cases they found that ascending and the descending branches of the LCFA branched separately from the DFA and FA respectively. In 1.5% of their cases the ascending and descending branches of the LCFA originated separately from the FA.

In our study we found that the ascending and descending branches of the LCFA originated separately from the FA in 0.9% of cases. The same pattern was mentioned in the studies by Bergman et al. [5] and Fukuda et al. [6] as occurring in 0.5% and 1.5%, respectively (Table 1). Our result is equal to the mean of the results of these two studies. The descending branch of the LCFA originated separately from the FA in 0.9% of our cases, while the mean percentage of the same pattern in other studies is 3%. This difference may be attributable to the characteristics of our population. The most remarkable pattern in our study is the common origin of the DFA and LCFA (0.9%), and we were unable to trace this pattern in the literature. In our study we found a common trunk for the DFA, LCFA and MCFA in 0.9% of cases. Siddharth et al. mentioned a similar pattern in their study but with a slight difference; in our study these three arteries originated from a common trunk (2 cm in length) from the FA, but in their study these arteries had a common origin on the FA (5%). In our study we also measured the distance between the origin of the LCFA and the MIP and found it to be  $4.8 \pm 1.2$  cm for LCFAs originating from the DFA and  $3.4 \pm 0.9$  cm for LCFAs originating from the FA. Siddharth et al. also measured this distance and found it to be 5.9 cm.

Cadaveric and angiographic studies concerning the LCFA may be found in the literature. The angiographic studies are valuable, but their results may be inconsistent with the results of the cadaveric studies because of difficulties in defining some branches on arteriograms. The literature includes an angiographic study of the LCFA in the Turkish population [3], but we were unable to find any cadaveric studies on the same population. Our intention in the present study was to fill this gap. Our results for the normal origin of the LCFA from the DFA are fairly consistent with the results of

other cadaveric studies in different populations [1, 3, 5, 6, 10–12]. The percentage of cases in our study with a normal origin of the LCFA (77.3%) is higher than in the angiographic study in the same population (67.1%) [3]. In our study the distance between the branching point of the LCFA and the MIP was also measured. We could find only the study by Siddharth et al. on this issue (Table 1). In our cases where the LCFA branched directly from the FA the mean distance ( $3.4 \pm 0.9$  cm) was smaller than where the LCFA branched from the DFA ( $4.8 \pm 1.2$  cm); both of these are smaller than in the results of Siddharth et al. [12]. The distance between the MIP and the origin of the LCFA may be of importance in surgical or angiographic interventions, and so these distances may be useful for health professionals dealing with this artery.

We have been investigating the DFA and its branches in our department for 11 years. During this time we have examined 56 cadavers. With regard to the LCFA and its branches our study is the largest cadaver study in our country. We have also found some branching configurations, such as a common trunk for the DFA and LCFA and for the DFA, LCFA and MCFA (trifurcation), which to our knowledge have not yet been referred to anywhere in the literature. In our study we both investigated the patterns and measured the distance of branching of the LCFA in the Turkish population. We compared our results with other studies, reporting patterns which had not previously been described. We have therefore considered it useful to publish these findings and share them with our colleagues.

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