

# The expression of matrix metalloproteinase 9 and cathepsin B in gastric carcinoma is associated with lymph node metastasis, but not with postoperative survival

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**Abstract:** Degradation components of basement membrane could be crucial for tumor invasion. A key role in this process has been assigned to cysteine proteases, *i.e.* cathepsins and matrix metalloproteinases. The purpose of this study was to investigate the relationship of the expression of MMP-9 and cathepsin B with tumor aggressiveness expressed by lymph node metastases and survival rates in gastric carcinoma patients. Slides of 5 µm-thick serial sections from 91 patients with primary gastric carcinoma were prepared and analyzed for MMP-9 and cathepsin B expression using anti-human monoclonal antibody (NCL-MMP-9 clone; dilution 1:40 and NCL-CATH-B clone; dilution 1:40). The patients were clinically monitored for 84 months. We found no association between the expression of MMP-9 and cathepsin B in main mass of tumor and patients' gender, tumor location, Lauren's classification or histological differentiation. Also no correlation was observed between the expression of MMP-9 in main mass of tumor and depth of invasion. A strong statistically significant association was found between the expression of MMP-9 and cathepsin B in main mass of tumor and lymph node involvement ( $p < 0.001$ ;  $p < 0.001$ , respectively). However, we observed no correlation between the expression of MMP-9 and cathepsin B in main mass of tumor and lymph node involvement or 5-year overall survival. Our results may suggest that the expression of matrix metalloproteinase-9 (MMP-9) and cathepsin B is correlated with lymph node metastasis in advanced gastric carcinoma, but not with patients' postoperative survival.

**Key words:** Gastric carcinoma - Matrix metalloproteinase 9 - MMP-9 - Cathepsin B - Survival time

## Introduction

In the process of tumor invasion and metastasis, damage to the surrounding tissues, such as the extracellular matrix (ECM), the basement membrane and the vascular walls, plays a key role [1]. To form metastasis, tumor cells invade through the basement membrane barrier in the proteolytic process of the ECM components [2]. Many proteolytic enzymes are involved in this process, including matrix metalloproteinases (MMPs), cysteine and serine proteases [1].

Matrix metalloproteinases (MMPs), including MMP-2 and MMP-9, belong to the family of enzymes which degrade the extracellular matrix, and facilitate tumor invasion and spread [3,4]. MMPs are secreted as non-active forms of proenzymes which have to be activated to exert an effect on the extracellular matrix. Tissue inhibitors of metalloproteinases (TIMPs), produced by the host or tumor cells, block latent active MMPs and help prevent the invasion of tumor cells [5].

MMPs are assigned on the basis of the *in vitro* substrate specificity of the respective metalloproteinases to three groups: collagenases, gelatinases and stromelysins [6,7]. Gelatinases, mainly MMP-2, degrading the basement membrane components seem to play a role at the initial stage of tumor invasion, while other MMPs cooperate at a later stage of the invasion [8].

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MMP-9 (92- kDa, gelatinases, type IV collagenase) is a member of the family of the MMP genes that damage the ECM through type IV collagen degradation [9] and promote tumor cell invasion. The expression of this protein has been observed in tumors of various organs, including prostate carcinoma, brain carcinoma, melanoma, lymphoma and pancreatic carcinoma [10-15]. In renal carcinoma, MMP-9 expression has been shown to be associated with unfavorable prognosis [16]. In gastric carcinoma, this expression is related to such clinico-pathological factors as TNM staging, lymphatic invasion and tumor invasion depth [17].

Cathepsin B (Cath B), a member of a large family of cysteine proteases of the papain type, exhibits a potential to destroy laminin - a basement membrane protein [18]. High cathepsin B activity has been observed in gastric carcinoma in comparison to the adjacent normal mucous membrane. Moreover, the activity of cathepsin B has been found to increase in tumors metastasizing to lymph nodes [19]. High levels of cathepsin B have not only been detected from the tumor [20,21], but also from the serum and urine of gastric carcinoma patients [22]. A correlation has been observed between the expression of cathepsin B and high-grade carcinomas, including breast carcinoma [23,24], lung carcinoma [25] and colorectal carcinoma [26]. The expression of cathepsin B in cancer tissue is related to more aggressive behavior and higher metastasis potential [27].

The aim of the study was to assess the correlation of the expression of MMP-9 and cathepsin B in gastric carcinoma with chosen clinico-pathological parameters and survival time.

## Materials and methods

**Collection of samples.** The study group consisted of 91 chosen patients with advanced gastric cancer (29 women and 62 men). The mean age was 62 years (range 30-83). The group of patients were clinically monitored for a 84 months.

In all cases, specimens were obtained from the main mass of tumor and metastatic lymph nodes. The specimens were fixed in 10% buffered formaldehyde and embedded in paraffin. Sections, 5  $\mu$ m thick, were cut and stained with hematoxylin-eosin.

**Immunohistochemistry.** The sections were deparaffinized in three changes of xylene and hydrated through an alcohol series of a decreasing concentration. For detection of MMP-9 and cathepsin B proteins, the sections were heated to 95°C for 15 min in citrate buffer (10 mmol/l) and incubated with 0.5% hydrogen peroxide solution in methanol for 15 min and with monoclonal antibodies (NCL-MMP-9, Novocastra Laboratories, dilution 1:40) for all night at 4°C and cathepsin B (NCL-CATH-B, Novocastra Laboratories, dilution 1:40) for 120 minutes in room temperature. Novostain Super ABC Kit (NCL- ABCm, Novocastra Laboratories Ltd, UK) was applied as a detection kit. The antigen-antibody complex was visualized by DAB chromogen (S3000, DAKO, Poland).

**Evaluation of samples.** Protein expression was assessed using a semi-quantitative method and defined as follows:

- Low expression- when there was no reaction or less than 30% of cells in main mass of tumor and lymph node metastasis were MMP-9 and cathepsin B positive.

- High expression - when more than 30% of cancer cells in main mass of tumor and lymph node metastasis were MMP-9 and cathepsin B positive

The percentage of MMP-9 and cathepsin B positive cells was calculated in 500 cancer cells in each preparation, at magnification of 400x (by two independent pathologists).

**Statistical analysis.** Statistical analysis was based on test  $\chi^2$  and exact Fisher's test. The  $p < 0.05$  was considered statistically significant. Multivariate Cox regression analysis was done to evaluate the 5-year overall survival.

## Results

### *Expression of MMP-9 and chosen clinico-pathological parameters in main mass of tumor and in lymph node metastasis (Table 1)*

High expression of MMP-9 in main mass of tumor was found in 38 patients and in 22/27 cases of lymph node involvement. The expression was localized in the cytoplasm of cancer cells (Fig. 1). Statistical analysis revealed no correlation of MMP-9 expression in primary tumor and lymph node metastasis with patients' gender, tumor location, invasion depth, Lauren's classification or histological differentiation. MMP-9 in primary tumor was present in 27/27 (100%) tumors metastasizing to lymph nodes.

### *Expression of cathepsin B and chosen clinico-pathological parameters in main mass of tumor and lymph node invasion (Table 2)*

The expression of cathepsin B was observed in cellular cytoplasm (Fig. 2). Statistical analysis showed a correlation of tumor cathepsin B expression with lymph node involvement and invasion depth. However, such parameters as patients' gender, tumor location, Lauren's classification and histological differentiation were not found to correlate with cathepsin B expression by tumor or metastasis.

### *Expression of MMP-9 and cath B vs. postoperative survival time of patients*

In our study, the mean survival time in patients with high tumor expression of MMP-9 was 84 months, as compared to those with low expression - 60 months. Moreover, in the group of high MMP-9 expression, the mortality rate was increased between the 2nd-10th month. However, it was not statistically significant (Fig. 3).

The mean survival time of patients with tumor cathepsin B expression was approximately 60 months, being 84 months in cathepsin B-negative group. In the former group, higher mortality rate was observed

**Table 1.** Expression of MMP9 and chosen clinical and pathological parameters in main mass of tumor and in lymph node metastasis.

Parameters	Expression of MMP9 in main mass			Expression of MMP9 in lymph node metastasis		
	Low (n=53)	High (n=38)	p	Low (n=5)	High (n=22)	p
Sex						
Female	16(55,2%)	13 (44,8%)	*NS	2 (22,2%)	7 (77,8%)	*NS
Male	37(59,7%)	25 (40,3%)		3 (16,7%)	15 (83,3%)	
Tumor localization						
1/3 of up part	3 (50%)	3 (50%)	*NS	0 (0%)	2 (100%)	*NS
1/3 of middle part	20(52,6%)	18 (47,4%)		3 (25%)	9 (75%)	
1/3 of down part, all stomach	30(63,8%)	17 (36,2%)		2 (15,4%)	11 (84,6%)	
Depth of invasion						
Mucosa, submucosa	9 (75%)	3 (25%)	*NS	0 (0%)	0 (0%)	*NS
Muscular layer	13(72,2%)	5 (27,8%)		0 (0%)	3 (100%)	
Serosa	31(50,8%)	30 (49,2%)		5 (20,8%)	19 (79,2%)	
Lauren`s classification						
Intestinal type	36 (59%)	25 (41%)	*NS	2 (12%)	15 (88%)	*NS
Diffuse type	17(56,7%)	13(43,3%)		3 (30%)	7 (70%)	
Histological differentiation						
G2	28(60,9%)	18 (39,1%)	*NS	1 (8%)	11 (92%)	*NS
G3	25(55,6%)	20 (44,4%)		4 (27%)	11 (73%)	
pN						
1	0 (0%)	11 (100%)	0.0000	2 (12.5%)	14 (87.5%)	*NS
2	0 (0%)	17 (100%)		3 (30%)	7 (70%)	
3	0 (0%)	10 (100%)		0 (0%)	1 (100%)	

\*NS - no statistical significance

between the 2nd - 32nd month. In the latter, death rate was increased at a similar time interval, *i.e.* between the 5th-26th month after surgery. The data were not statistically significant (Fig. 4).

## Discussion

The process of metastasizing depends on the activity of various proteolytic enzymes, mainly proteases. In this process, cancer cells attach closely to each other, combine with laminin in the basement membrane, with thromboplastin or other agents, and in this way local proteolysis mediates permeation through the membrane. These mechanisms are frequently disturbed, being responsible for the tendency of cells to migrate and colonize distant organs. These processes are controlled by various enzymes, including degrading proteases, type IV collagenases and cathepsins [18].

Matrix metalloproteinase-9 (MMP-9) can degrade major complexes of the extracellular matrix (ECM), type IV collagen and gelatin, and therefore its activation is closely related to the invasive and metastatic capacity of cancer cells [16]. Considerably higher MMP-9 expression was found in stage II and III/IV according to Bormann classification than in stage I [28]. Zhang *et al.* [17] observed MMP-9 expression in 65.23% of gastric carcinoma patients, but found no relationship with tumor size and location or patients' gender. However, they observed a correlation between MMP-9 expression and tumor cell proliferation, depth of invasion, lymph node metastases or TNM stage of gastric carcinoma. Additionally, they noted that MMP-9 expression increased in advanced carcinoma as compared to early stages. These results seem to indicate that MMP-9 expression plays a key role in the progression of gastric carcinoma and can thus be used as

**Table 2.** Expression of cathepsin B and chosen clinical and pathological parameters in main mass of tumor and in lymph node metastasis.

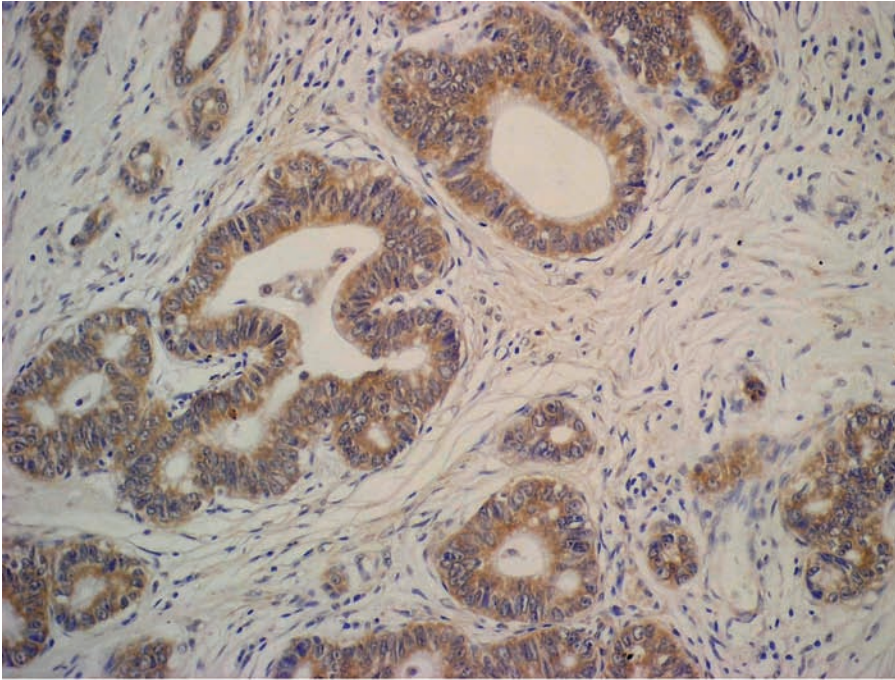
Parameters	Expression of Cath B in main mass			Expression of Cath B in lymph node metastasis		
	Low (n=57)	High (n=34)	p	Low (n=13)	High (n=13)	p
Sex						
Female	15 (51.7%)	14 (48.3%)	*NS	5 (62.5%)	3 (37.5%)	*NS
Male	42 (67.7%)	20 (32.3%)		8 (44.4%)	10 (55.6%)	
Tumor localization						
1/3 of up part	4 (66.7%)	2 (33.3%)	*NS	0 (0%)	2 (100%)	*NS
1/3 of middle part	24 (63.2%)	14 (36.8%)		7 (63.6%)	4 (36.4%)	
1/3 of down part, all stomach	29 (61.7%)	18 (38.3%)		6 (46.2%)	7 (53.8%)	
Depth of invasion						
Mucosa, submucosa	9 (75%)	3 (25%)	0.05	0 (50%)	0 (50%)	*NS
Muscular layer	15 (83.3%)	3 (16.7%)		2 (50%)	2 (50%)	
Serosa	33 (54%)	28 (46%)		11 (50%)	11 (50%)	
Lauren's classification						
Intestinal type	38 (62.3%)	23 (37.7%)	*NS	8 (44.4%)	10 (55.6%)	*NS
Diffuse type	19 (63.3%)	11 (36.7%)		5 (62.5%)	3 (37.5%)	
Histological differentiation						
G2	32 (69.6%)	14 (30.4%)	*NS	4 (36.4%)	7 (63.6%)	*NS
G3	25 (55.6%)	20 (44.4%)		9 (60%)	6 (40%)	
pN						
1	1 (6.25%)	15 (93.75%)	0.0000	7 (50%)	7 (50%)	*NS
2	0 (0%)	10 (100%)		5 (50%)	5 (50%)	
3	0 (0%)	1 (100%)		0 (0%)	1 (100%)	

\*NS - no statistical significance

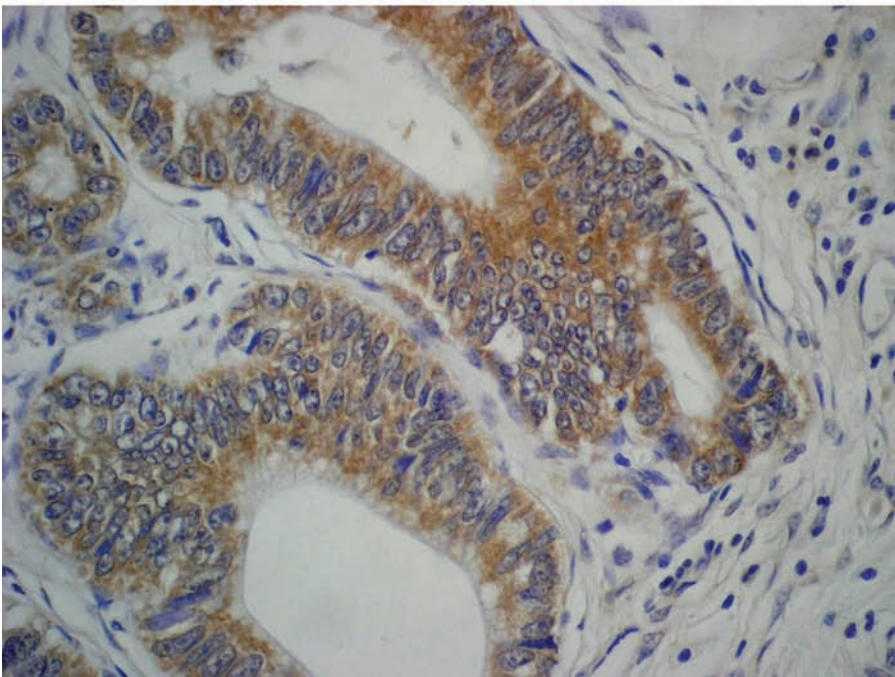
a marker of invasion [17]. We found the expression of MMP-9 in approximately 42% of cases and like other researchers we did not observe any relationship with such parameters as patients' gender or tumor location. Most frequently we found MMP-9 expression in tumors of intestinal-type in Lauren's classification, infiltrating the whole gastric wall, but contrary to some researches, in our study no significant correlations were noted. Similarly, in the case of cathepsin B, the expression was most common in the intestinal type tumors infiltrating the whole gastric wall, but no statistically significant correlations were observed. However, we noted a strong statistically significant association between cathepsin B expression and lymph node involvement, which is consistent with other literature reports [29,30]. Cathepsin B expression is related to the histological grade and TNM stage [29]. High cathepsin B expression correlates with depth of inva-

sion in advanced rather than early (non-metastatic) stages. These data seem to indicate a relationship between gastric carcinoma malignancy and cathepsin B expression [30]. The expression of cathepsins may also correlate with the presence of distant metastases. Higher levels of cathepsin B, cathepsin L and UPA (urokinase-type plasminogen activator) have been observed in samples from patients with metastases to lymph nodes or liver, as compared to non-metastatic patients. The above results may confirm the correlation between the synthesis of cysteine and serine proteases and the potential tumor invasion [9].

Moreover, we demonstrated a strong association between MMP-9 expression and lymph node involvement. Also other authors observed a correlation of MMP-9 expression in gastric carcinoma with the presence of metastases in lymph nodes [23,17]. Endo *et al.* [31] reported that the levels of MMP-2 and MMP-9 in



**Fig. 1.** Expression of MMP-9 in main mass of tumor.



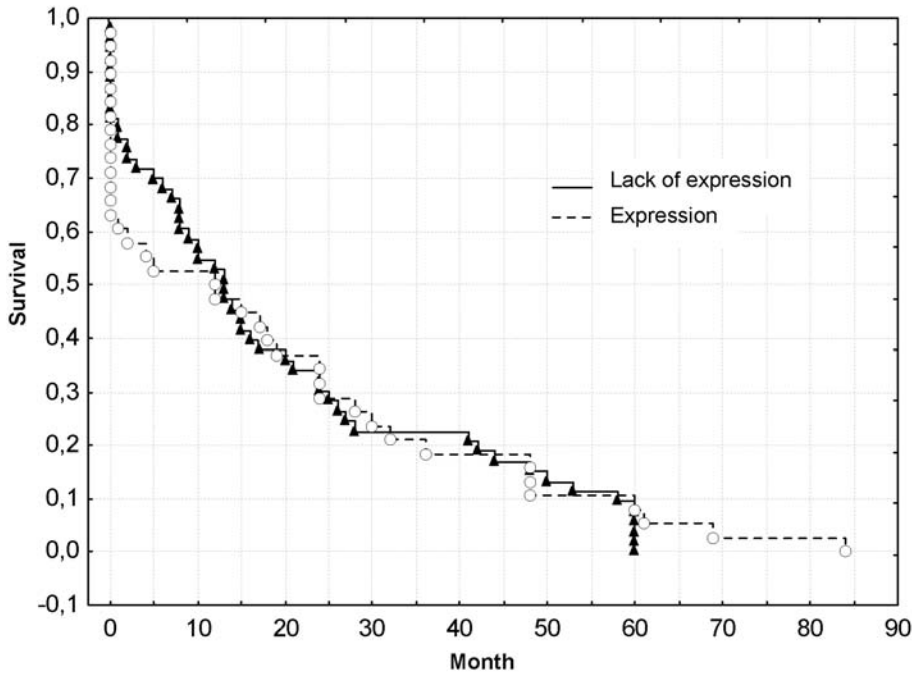
**Fig. 2.** Expression of cathepsin B in main mass of tumor.

the serum and plasma were found to correlate with metastasis and invasion of gastric cancer. The expression of MMP-2 and MMP-9 has also been observed in early gastric carcinoma, but not found to correlate with lymph node metastasis or invasion depth [3,32]. However, Kabashima *et al.* [23] reported a statistically significant correlation between MMP-9, but not MMP-2, and lymph node involvement in IMGCs (intra mucosal gastric carcinoma). The activity of MMP-9 in the degradation of the basement membrane was approximately 25 times higher than that of MMP-2. Therefore,

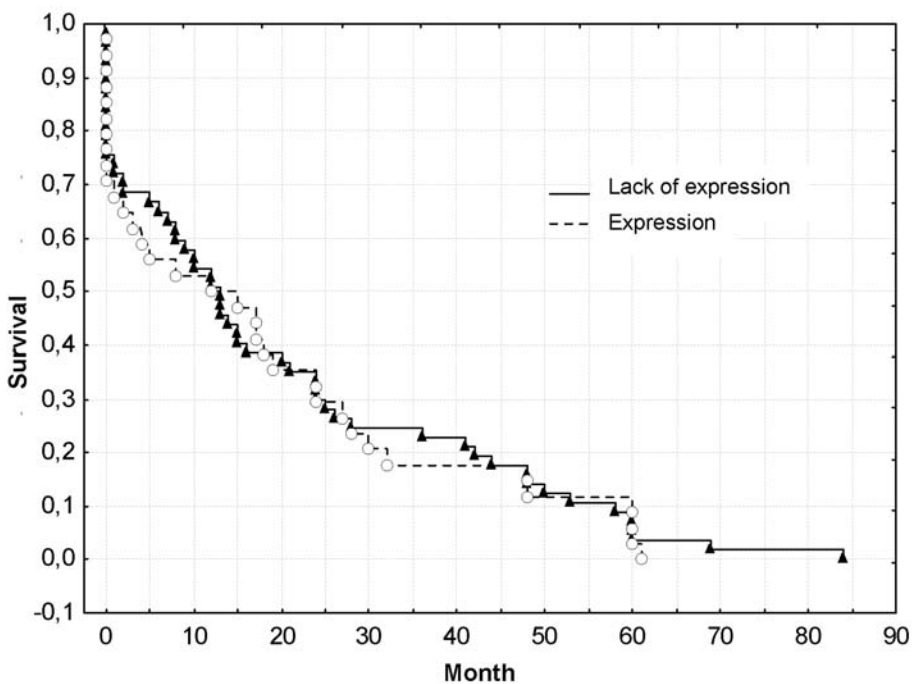
MMP-9 can be considered a more sensitive factor for metastatic potential than MMP-2 [33,34].

The expression balance between MMP-9 and its TIMP-1 inhibitor plays a central role in the metastatic process. It has been found that the metastatic range in gastric cancer decreases markedly in the presence of MMP-9 and TIMP-1. This suggests that MMP-9 is involved in metastasis promotion, while TIMP-1 independently inhibits this process in gastric cancer [17].

It has been reported that gastric carcinomas of a more aggressive phenotype show increased synthesis



**Fig. 3.** Correlation of MMP9 protein expression in main mass of tumor with survival of patients with advanced gastric cancer.



**Fig. 4.** Correlation of cathepsin B protein expression in main mass of tumor with survival of patients with advanced gastric cancer.

of proteases. Herszeny *et al.* [35] found considerably higher values of cathepsin B in diffused gastric carcinoma as compared to the intestinal type. Patients with the scirrhous- infiltrate growth pattern (Borman typ IV) also had significantly high levels of cathepsin B, UPA and PAI-1 (plasminogen activator inhibitor type-1 antigen). Considerably higher levels of proteases have been observed in moderately- and low-differentiated tumors as compared to the well-differentiated ones. Moreover, it has been suggested that the increased

cathepsin B expression accompanied by fragmentation of tumor-related laminin may play a role in tumor progression. A correlation has also been noted of cathepsin B expression with tumor stage and lymph node involvement [26].

The analysis of the mean survival time revealed that gastric cancer patients with high expression of cathepsin B had shorter survival rates (9 months), as compared to patients with poor or negative expression (16 months). We found no statistically significant cor-

relation between a 5-year postoperative survival and tumor cathepsin B expression. However, as revealed by literature data, strong positive staining for cathepsin B correlates with more aggressive behavior of gastric carcinoma, which affects the postoperative survival and prognosis in patients after tumor resection [35,36].

Sier *et al.* [37] has reported that the expression and activation of MMP-9 in cancer tissue has a prognostic value for shorter survival time of gastric carcinoma patients, irrespective of the main clinico-pathological parameters. Also Zhang *et al.* [17] have shown a significant relationship between MMP-9 and TIMP-1 expression and postoperative survival time of gastric carcinoma patients. They suggested that patients with MMP-9 over-expression and with no TIMP-1 expression had more aggressive tumor progression and shorter survival time [17]. We found a correlation between high MMP-9 expression in main mass of tumor and lymph node involvement. Moreover, patients with high expression of this protein had a considerably longer survival time as compared to the MMP-9 negative group (statistically insignificant data).

Concluding, our results indicate that MMP-9 and cathepsin B expression is associated with lymph node involvement in advanced gastric carcinoma, but not with postoperative survival time of patients. Additionally, cathepsin B expression is correlated with depth of invasion.

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