

# Platelets augment respiratory burst in neutrophils activated by selected species of gram-positive or gram-negative bacteria

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**Abstract:** Neutrophils and platelets circulate in blood system and play important physiological roles as part of immunological system. Neutrophils are the first line of host defense against various intruders, and platelets are satellite cells cooperating with other components of defense system. Recent studies report about the cooperation among these types of cells. We analyzed the effect of platelets on oxygen burst in neutrophils triggered by *Staphylococcus aureus* and *Escherichia coli* bacteria *in vitro*. The effect of platelets on oxygen burst in neutrophils was measured by luminol enhanced chemiluminescence. Opsonized and non-opsonized bacteria were used as activators. Activation of neutrophils with live non-opsonized and opsonized bacteria in the presence of platelets increased the oxygen burst as compared to the same system without platelets. The gram-positive bacteria (*Staphylococcus aureus*) were causing higher activation than gram-negative bacteria (*Escherichia coli*). This work demonstrate that platelets potentate the response of neutrophils augmenting their respiratory burst *in vitro* when triggered by bacteria.

**Key words:** Inflammation - Neutrophil - Platelet - Chemiluminescence - Oxygen burst - Bacteria - *Staphylococcus aureus* - *Escherichia coli*

## Introduction

The inflammation is a complex cascade of cellular events leading to activation of some types of blood cells by other cells within positive feedback loop. Activated neutrophils release reactive oxygen species (ROS) or platelet-activating factor (PAF) [1,2]. Recently, an important role of platelets and their contribution to inflammation cascade have been recognized, as they contributed in secretion of a the following compounds: ADP, ATP, PDGF, PF<sub>4</sub>, PSGL-1, TXA<sub>2</sub>. Moreover, platelets interact with neutrophils [3]. Leukotriens, cytokines and hydrolases belong to the wide spectrum of physiological platelet activators. On the other hand,

platelets produce ROS on various pathways: using membrane oxidases, NO synthesis, initiating metabolism of arachidonic acid, phosphoinositol, and glutathione cycle. The process of platelet activation is initiated, among the other, by: trombins, collagen, tromboxan A<sub>2</sub>, ADP. Most of these factors interact with receptors located on the platelet surface [4-6].

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**Abbreviations:** ADP: adenosine diphosphate; ATP: adenosine triphosphate; BPI: bactericidal permeability increasing; CD: cluster of differentiation; CL: chemiluminescence; Gp: glycoprotein; HLA: human leukocyte antigen; LBP: lipopolysaccharide binding protein; LPS: lipopolysaccharide; LTC<sub>4</sub>: leukotriene C four; Lx: latex, polystyrene particles; NADPH: nicotinamide adenine dinucleotide phosphate; NO: nitric oxygen; PAF: platelet activating factor; PBS: phosphate buffered saline; PDGF: platelet derived growth factor; PF<sub>4</sub>: platelet factor four; PSGL-1: P-selectin glycoprotein ligand one; RLU: relative luminescence unit; ROS: reactive oxygen species; TLR: toll-like receptor; TSB: tryptic soy broth; TXA<sub>2</sub>: tromboxan A two; v/v: volume/volume

Platelets and neutrophils are able to create aggregates, due to expression of platelet-derived selectin-P and its ligand PSGL-1, and by fibrinogen bridges between platelet glycoprotein Gp IIb/IIIa and neutrophilic CD11b/CD18. These types of junctions may facilitate interactions between the both types of cells [7]. The interaction between phagocytic cells and bacteria induces activation of membrane oxidase which in turn triggers a metabolic response as respiratory burst in phagocyte. A number of ROS such as singlet oxygen, hydroxyl radical, superoxide anion are formed during that process [8]. In the presence of luminol, ROS cause the emission of light [9]. It is possible that platelets communicate with other cells of immune system changing activity of their NADPH oxidase [10]. In this work bacteria as factor affecting the activation of neutrophils either alone or cooperating with platelets were studied.

## Materials and methods

**Preparation of neutrophils and platelets.** The study was carried with human neutrophils and platelets obtained from healthy donors. The bacteria strains used for the study were representing gram-negative and gram-positive bacteria, they were chosen from typical opportunistic bacteria of man. Blood donors were selected from the group of volunteers registered in blood bank of the university hospital, Jagiellonian University, Kraków. They did not take any medicines for at least two weeks before donation. The saturated solution of sodium citrate (3.2%) was added to venous blood samples as anticoagulator (1:9 v/v). Neutrophils and platelets were isolated from blood samples as described in our previous work [10]. Single chemiluminescence measurement was performed using neutrophils and platelets from the same donor, to avoid cross stimulation by HLA antigens.

**Neutrophils.** The blood was sedimented in the presence of dextran for 30 min. (3% solution of dextran, 1:1 v/v) followed by Ficoll-Hypaque gradient to separate neutrophils from other leukocytes. Then after hypotonic lysis neutrophils were washed and resuspended in PBS with 0.1% glucose, and stored in 4°C prior to experiments. More than 95% of the isolated cells were neutrophils due to microscope evaluation. Cells were viable in more than 98% as evidenced by trypan blue staining.

**Platelets.** Platelets were separated and purified according to Radomski and Moncada method [11]. In brief, blood was centrifuged at 250 g for 20 min to obtain platelet-rich plasma. Platelet-poor plasma was obtained by centrifugation of remaining blood for 5 min at 2.000 g. Then platelets were washed twice in prostaglandin I<sub>2</sub>, and suspended in Ca-free PBS. Filtered platelets were obtained by gel filtration on Sepharose 2B columns. Bacteria. Both *Staphylococcus aureus* and *Escherichia coli* strains were isolated from patients in Center of Microbiological Research and Autovaccines in Kraków, and identified in routine procedure using standard biochemical API bio-Merieux tests. Before the experiments bacteria were cultured overnight in TSB, Difco medium. The inoculum volume was kept low, to obtain bacteria for measurements in logarithmic growth phase. Cell suspensions were centrifuged and washed in PBS three times, stained and counted in Bürker chamber.

**Oponization.** Oponization of bacteria with serum proteins facilitates phagocytosis by neutrophils. Serum originated from the same

healthy donor, and the oponization process was performed according to standard method. Briefly: 1 ml of bacteria suspension in saline was supplemented with 100 µl of serum, incubated 30 min. at 37°C, and then centrifuged 10 min. at 70 g. Supernatants were discarded, and cells in pellets were resuspended in 0.9% saline. Washing by centrifuging and suspending were repeated three times.

**Reagents.** All chemicals used in assays were of the highest commercially available purity. Latex, polystyrene beads, of diameter 0.9 µm were from Institute of Catalysis and Physicochemistry, Polish Academy of Sciences in Kraków, Poland. A 10% of standard latex suspension in volume 10 µl was used in activation of cells.

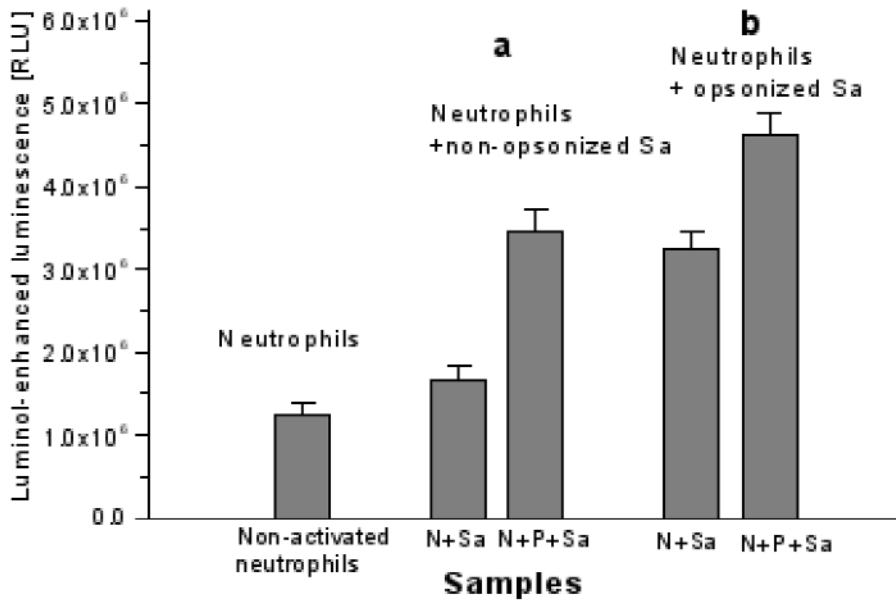
**Cell chemiluminescence (CL) measurements.** Light is produced as a result of release of excited species generated as products of oxygenation. Chemiluminometry can be successfully used with the addition of luminol as chemiluminogenic probe for enhancing light emission [9]. Microplate CL assays have been used to analyze oxygen burst in neutrophil-platelet-bacteria experimental tests [12]. The CL signals were evaluated using a Berthold EG&G model LB 96 P (Austria) automatic luminescence analyzer. WINGLOW programme provided by the luminescence analyzer manufacturer was used to evaluate the CL signals from each sample which was measured for 40 min. at 37°C. Isolated neutrophils, platelets, CaCl<sub>2</sub>, and suspensions of particular bacteria were recombined in selected positions of 96-wells milky-white microtiter plates (Nunc) in following order: 150 µl of luminol (5-amino-2,3-dihydro-1,4-phtalazinedione) (Serva) in Krebs buffer; 50 µl of neutrophils suspended in PBS at concentration of  $2 \times 10^3$ /ml, 25 µl of platelets suspended in PBS at concentration of  $2 \times 10^6$ /1 ml, 2 µl of CaCl<sub>2</sub> 90 vM, and tested bacteria suspension, as it was described previously [10,13]. Data were expressed as counts per minute (cpm) and plotted. The levels of CL were presented in relative luminescence units (RLU) after integration of the signals. Preliminary experiments were performed using different ratios of bacteria to neutrophils and platelets to neutrophils (data not shown), but finally neutrophil to platelet ratio was kept 1:500, and platelets to bacteria ratio was kept 1:10. All measurements were run in duplicates.

**Statistical analysis.** The luminol enhanced chemiluminescence integral caused by neutrophils in presence of platelets and various bacteria samples were analyzed. The data shown presents the mean of at least three measurements with standard deviation error bars.

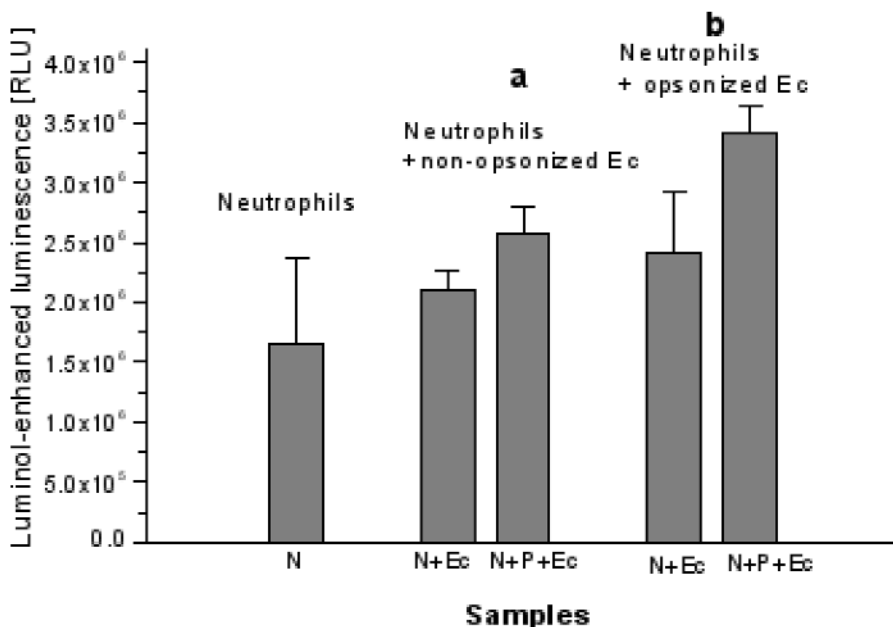
## Results

### *The chemiluminescence (CL) of neutrophils and platelets stimulated with gram-positive bacteria S. aureus*

The addition of the live non-opsonized bacteria *S. aureus* to the samples containing neutrophils caused increase of the chemiluminescence by about 20% when compared with non-activated neutrophils (Fig. 1a). The addition of platelets augmented the response by about 100 % in comparison with neutrophils in the presence of bacteria alone. The addition of live and opsonized bacteria *S. aureus* to the sample of neutrophils reaching the level three-fold higher than of CL of non-activated neutrophils (Fig. 1b). The addition of platelets potentates the effect to reach approximately four-fold increase of neutrophil response in comparison with non-stimulated neutrophils.



**Fig. 1.** Chemiluminescence of platelets and neutrophils stimulated by live *Staphylococcus aureus* bacteria (N - neutrophils, P - platelets, Sa - *Staphylococcus aureus* cells).



**Fig. 2.** Chemiluminescence of platelets and neutrophils stimulated by live *Escherichia coli* bacteria (N - neutrophils, P - platelets, Ec - *Escherichia coli* cells).

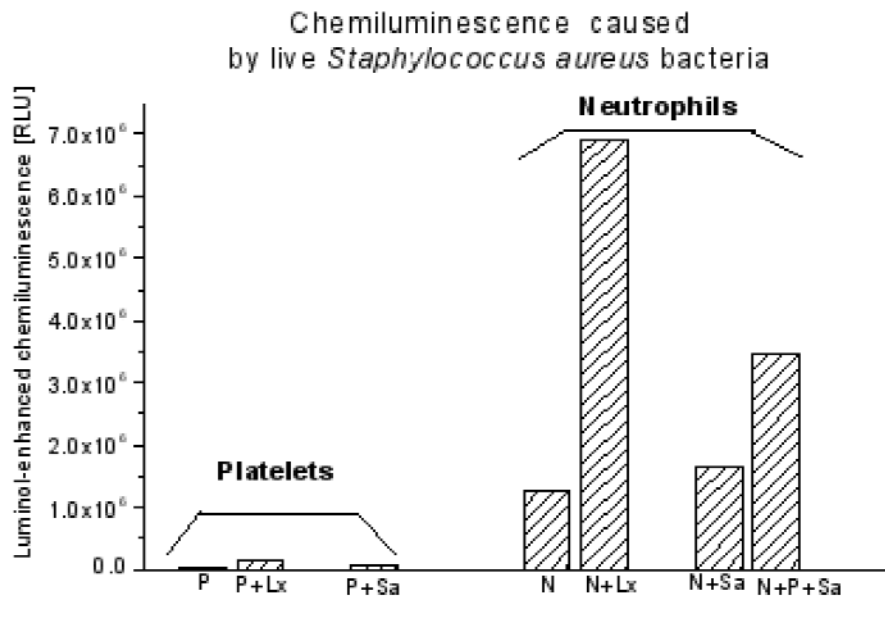
### ***The chemiluminescence (CL) of neutrophils and platelets stimulated with gram-negative bacteria *E. coli****

The non-opsonized bacteria *E. coli* alone did not increase the level of luminol-enhanced CL (Fig. 2a, left profile) in statistically significant manner. The neutrophils with platelets treated with non-opsonized *E. coli* bacteria have shown the slight but statistically significant increase of CL (Fig. 2a, right profile).

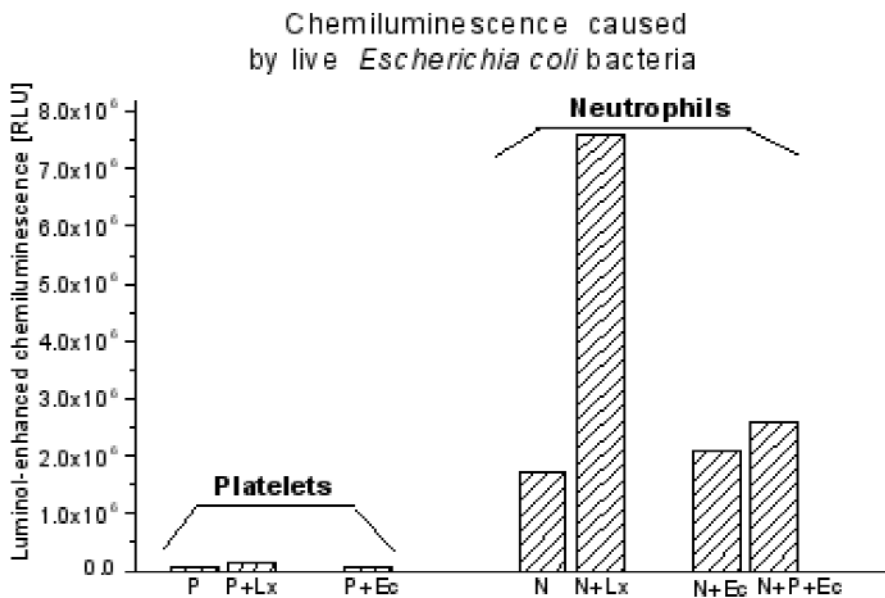
The live opsonized gram-negative *E. coli* caused the increase of oxygen burst of neutrophils as shown on Fig. 2b. In the presence of platelets neutrophils responded to the presence of bacteria with slightly

higher CL level. It should be noticed that the CL level of neutrophils treated with non-opsonized bacteria was lower than the level of CL recorded for neutrophils treated with opsonized bacteria.

The control experiment in which the CL level of platelets alone in the presence of different activators (latex and bacteria samples) indicated that CL was an order of magnitude weaker than the CL signals from neutrophils (Fig. 3 and Fig. 4, left profiles). The increase of the CL signal from platelets after treatment with latex was about three-times higher than from platelets without activator. Addition of bacteria to the platelets did not caused any significant increase of CL. This phenomenon was recorded for both



**Fig. 3.** Examples of influence of platelets on neutrophils response triggered by opsonized *Staphylococcus aureus* bacteria (P - platelets, Lx - latex, polystyrene beads, Sa - *Staphylococcus aureus* cells, N - neutrophils).



**Fig. 4.** Examples of influence of platelets on neutrophils response triggered by non-opsonized *Escherichia coli* bacteria (P - platelets, Lx - latex, polystyrene beads, N - neutrophils, Ec - *Escherichia coli* cells).

gram-positive (Fig. 3), and gram-negative (Fig. 4) bacteria.

The influence of platelets on oxygen burst, measured with luminol enhanced luminescence of bacteria activated neutrophils, was analyzed. The results indicate statistically significant increase activation in the presence of platelets.

## Discussion

A complex interactions between neutrophils and platelets take place during inflammation. Factors originating from both types of cells form complicated sys-

tem of physiological stimulation, known as "cell cross-talk" [2,3]. The detailed molecular mechanisms of these interactions are not known yet. The already published data show that neutrophils can affect the adhesion, aggregation and secretion of platelets [14]. The other results show the influence of platelets on chemotaxis, phagocytosis, degranulation and oxygen metabolism of neutrophils [7,15,16]. The key factors engaged in these interactions are lipid mediators as: PAF, LTC<sub>4</sub>, TXA<sub>2</sub>, and others [3,6]. These mediators appear to augment cell-cell interaction and together with selectin-P take part in regulation of platelets adhesion to neutrophils [10,17]. Basing on these find-



ings, the problem of oxygen burst caused by bacteria in the presence of cell cross-talk partners, namely neutrophils and platelets, may provide new data for explanation of physiology of inflammation.

It was already shown that the commonly used activator latex (polystyrene beads) or bacteria stimulate CL response from neutrophils, and presence of platelets additionally augment oxygen burst [10]. The results obtained for *Staphylococcus aureus* bacteria as activating factor for CL is shown in Fig. 1, and the effect of *Escherichia coli* bacteria, possessing other than *S. aureus* chemical structure of cell wall, is shown in Fig. 2. Use of *S. aureus* bacteria as activators was more effective in stimulating the reactive oxygen species for opsonized cells than for non-opsonized ones. This effect might be seen for both neutrophils and for platelets.

The interaction between phagocytic cells and bacteria induces activation of membrane oxidase which triggers respiratory burst in phagocyte. The bacteria are both physiological and pathological activators of oxygen burst in host organism cells. The various bacteria differ with the structure of cell wall, which affect the level of oxygen burst in neutrophils and platelets separately, as well as in cooperating cells. Gram-positive bacteria, *S. aureus*, live and opsonized, caused three-fold stronger oxygen burst, whereas gram-negative *E. coli*, live and opsonized, did not cause slighter increase of oxygen burst in neutrophils and platelets.

When non-opsonized bacteria were used, only gram-positive *S. aureus* triggered 2.5 times stronger oxygen burst when compared with non-activated neutrophils. The specific compound of cell wall of gram-positive bacteria, namely peptidoglycane, is recognized by neutrophils with specific receptors. One group of these receptors are the proteins recognizing peptidoglycane. The high level of mRNA for these proteins was detected in neutrophils. The proteins recognizing peptidoglycane are functional as intracellular antibacterial proteins in neutrophils and inhibit the growth of gram-positive bacteria, and contribute to the inhibition of oxygen burst in neutrophils [17].

Briefly, the performed experiments have shown that gram-positive *S. aureus* bacteria activate neutrophils and that platelets augment that process leading to producing the reactive oxygen species (ROS). The result of platelet and neutrophil interaction is strong oxygen burst. It was confirmed that opsonized *S. aureus* bacteria caused the higher production of reactive oxygen species in studied cells (neutrophils and platelets) than non-opsonized bacteria.

It is postulated that for activation of neutrophils by gram-negative bacteria e.g. *E. coli* the key role is played by lipopolysaccharide (LPS), which is the bacterial endotoxin present in the cell wall [18]. After lysis of bacteria LPS is released from the cell wall. It

enters the circulation and it is bound by serum protein LBP, which in turn transports LPS to the target cells (neutrophils, monocytes) presenting it to either CD14 or TLR-2 [19].

Consistently, it might be noticed, that platelets are less effective in stimulation of gram-negative bacteria measured with CL than the effect of platelet augmented stimulation of gram-positive bacteria (Figs. 3 and 4, right profiles).

As the result of this sequence of events, the expression of the molecules co-stimulating the oxygen consumption by neutrophils takes place [18]. The stimulation of neutrophils with opsonized bacteria caused the stronger response than stimulation with non-opsonized bacteria. The serum used for opsonization contained the proteins released by complement system triggered by LPS. This activation triggered the cascade of proteolytic reactions leading to production of factors exciting the cells of immune system for phagocytosis [21]. In this cascade bacteria opsonized by serum IgG antibodies and C3b complement fragment are recognized by phagocytic cells and phagocytosed. This triggers activation of NADPH-oxidase and production of ROS.

In summary, the opsonized *E. coli* gram-negative bacteria are moderate stimulators of neutrophils and platelets. The non-opsonized bacteria stimulate these cells only slightly.

The last decade has brought several findings about the function of platelets, as stimulators of phagocytic activity, synthesis of NADPH oxidase and generation of reactive oxygen species (ROS) [10,22]. The reactive oxygen species, easily detected with CL method, might play a key role in the cooperation of neutrophils with platelets, which is followed by increased mass production of ROS in neutrophils [23]. The main lipidic mediator released by platelets is thromboxane, therefore it is possible that TXA2 affects the oxygen metabolism of neutrophils, which lack this enzyme [24]. The proposed order of events assumes significant role of platelets in activation of neutrophils, and it might be useful as starting point for studies of molecular mechanisms of inflammation process caused by bacterial infection.

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