

## XXXVIII COMU 2019 – Congresso Médico Universitário da FMUSP

### Researches Classified – Panels Award – Medical Education

#### **Analysis about health promotion teaching: challenges in interprofessional education for the health professions**

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**Introduction**, justifying the rationale of the research. Teaching health promotion (HP) to health professionals is essential for the comprehensive care of the health-disease process in individuals and collectivities. It is argued that the Universities beyond further support with the educational aid, could promote the health of their students.

**Objective**. To explore the teaching of different health courses at a Brazilian university and to reflect on teaching as a possibility for undergraduate students to promote their own health.

**Methodology**. Preliminary exploratory qualitative study structured from the documental analysis of the pedagogical political project (PPP) and the courses of eight disciplines of a Brazilian university.

**Results**. Health promotion appears heterogeneously in the eight pedagogical political projects. The courses approach the subject from the perspective of the national health system and/or primary care takes place between the second and the fourth semester of disciplines for the possibility of interprofessional education.

**Discussion and conclusion of the results**. Health promotion teaching opens possibilities for articulation between the courses, according to international recommendations on HP, and invites to extrapolating from teaching to personal care.

**Keywords**: Health promotion; Interprofessional education; Universities.