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LETTER TO THE EDITOR

DIVERSITY AND INFECTIVITY POTENTIAL OF EMERGING FUNGI IN AN AREA OF BABAÇU TREES IN THE STATE OF MARANHÃO, BRAZIL

Dear Sir,

The *babaçu* coconut breakers are often affected by diseases that seem having obvious relationship between their type of occupation and development of fungal infection^{2,4}.

We studied human mycoses in conjunctiva, nails (onycholytic lesions) and skin lesions in 100 *babaçu* coconut breakers of *Esperantinópolis, Maranhão* (Fig. 1), and studied the ground near the *babaçu* palms, coconut shells and palm leaves (Fig. 2), for taxonomic classification of fungi by direct mycological and microscopic examination. We also performed direct examination with KOH for human mycoses. After the growth of colonies, these were analyzed by light microscopy using blue lactophenol dye. Colonies of interest were subcultured in tubes of 16 x 150, containing Sabouraud agar medium and subsequently was prepared microcultivation for taxonomic identification. The study was approved by the Ethics Committee in Research of the University Hospital of UFMA.



Fig. 1 - Coconut breaker from Esperantinópolis, Maranhão (MA), Brazil.



Fig. 2 - Babaçu palm coconut (leaf, bark and soil).

Of the 20 samples taken from the soil, we obtained 13 isolates of fungi, whose macro and micromorphological characteristics of the colonies allowed the diagnosis of *Aspergillus niger*, *Penicillium* sp., and *Scedosporium* sp., besides others, *Fusarium* sp. not being found. In coconut shells *Aspergillus niger* and *Penicillium* sp. were found; in almond coconut, *Aspergillus niger*, *A. versicolor, A. flavus,* and *Penicillium* sp. were obtained. On palm leaves we identified *Aspergillus niger* and *Penicillium* sp. and *Penicillium* sp. (Table 1). Twenty-five nail samples that showed suggestive alterations of onycholytic lesions¹ (Fig. 3) were harvested; eleven positive cultures for yeast, *Neosartorya spinosa*, and *Trichophyton* sp. *Rhizopus* sp. and *Curvularia* sp. (Fig. 4) were isolated. Seventy-two fungal isolates were obtained from the conjunctiva, the most common were filamentous fungi from 58 (80.57%) breakers and 14 samples (19.43%) were found corresponding to *Candida* sp., and the *Fusarium* sp. occurred in only one sample (Fig. 5 and Table 2)³.

All individuals involved in this study were babaçu coconut breakers.

Table 1

Distribution and taxonomic classification of fungi isolated from soil near the babaçu palms, babaçu coconut shells, babaçu leaves cachopa and babaçu palm concavity

Variables	n	%
Fungi Isolation from Soil		
Aspergillus niger	7	53.8
Aspergillus nidulans	1	7.7
Penicillium sp.	2	15.4
Scedosporium sp.	2	15.4
Syncephalastrum sp.	1	7.7
Fungi Isolation from coconut shell		
Aspergillus niger	2	50.0
Penicillium sp.	2	50.0
Fungi isolation from coconut		
Aspergillus niger	8	66.7
Aspergillus versicolor	2	16.7
Aspergillus flavus	1	8.3
Penicillium sp.	1	8.3
Fungi isolation from palm leaf		
Aspergillus niger	6	85.7
Penicillium sp.	1	14.3

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Fig. 3 - Onycholytic lesions in a *babaçu* coconut breaker.



Fig. 4 - Curvularia sp. isolated from samples of nails from babaçu coconut breakers.



Fig. 5 - Fusarium sp. isolated from the conjunctiva of babaçu coconut breakers.

There was a greater isolation of fungi in the study group compared to the control group (Table 3). Regarding the fungi isolated from the conjunctiva, there was agreement with the literature. The treatment used in most cases was drops based on topical antibiotics and corticosteroids, which may predispose to further infection³.

The lack of knowledge on *Fusarium* in soil, palm bark, almond, palm leaves, and *babaçu* coconuts, albeit in a preliminary way, has established a plant model for studies of biological control of *Fusarium* sp. However, in the onycholytic lesions we found the genres *Neosartorya*

Table 2
Distribution and taxonomic classification of fungi isolated from the nail and
ocular conjunctiva of <i>babacu</i> coconut breakers

n	%
4	36.4
2	18.2
2	18.2
2	18.2
1	9.0
24	33.33
11	15.27
11	15.27
07	9.72
03	4.16
03	4.16
03	4.16
02	2.77
02	2.77
01	1.38
01	1.38
01	1.38
01	1.38
01	1.38
01	1.38
	n 4 2 2 2 1 2 4 11 11 11 07 03 03 03 03 03 03 03 02 02 01 01 01 01 01 01 01

Table 3								
Frequency of fungal isolates in a sample from ocular conjunctiva and its relationship to the activity	performed							

				Fu	ngi				
Professional Activity	Y	Yeast		Penicillium sp		Other Fungi		Total	
	F	%	F	%	F	%	F	%	
Coconut breakers	11	15.27	7	9.72	54	75	72	100	
Control group	8	66.7	1	8.3	3	25	12	100	

 X^2 = 15.819; p = 0.0004; Degrees of Freedom = 2.

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spinosa, *Rhizopus* sp., and *Curvularia* sp. showing that other emerging and opportunistic filamentous fungi may be isolated. The fungi found in this study were present in the environment. As the coconut breakers suffer constant injuries resulting from their work, the fungi penetrate by percutaneous inoculation¹.

In conclusion, exposure to geophilic fungi and fitopathogens linked to the work of *babaçu* coconuts extraction has been recorded as mycoses which require clinical and laboratory diagnosis that will result in preventive measures, thus justifying the economic and social importance of this work activity.

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