Performance comparison of biotic indices measuring the ecological status base on soft-bottom macroinvertebrates: a study along the shallow Gomishan lagoon (Southeast Caspian Sea)

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Abstract

This paper aims to test the suitability of some biotic indices for their application in Southeast Caspian Sea. For this purpose, the ecological quality of the Gomishan lagoon was assessed using three biotic indices (AMBI, BENTIX, BOPA) during summer and autumn 2010. The results from the application of the biotic indices do not highlight a clear distinction between the stations. The results show that two of the indices (AMBI and BENTIX) are very close in terms of diagnosis (good and high) and seem to generally perform better than BOPA. In addition, Principal Component Analysis (PCA) based on abiotic parameters showed clear spatial and temporal differences in environmental variables. However, at this shallow sites with low human pressure and high water residence times, such benthic community composition can be associated with physical stress due to salinity increase and to changes in environmental characteristics, triggered by conventional seasonal variations. Natural variability of transitional waters is a crucial factor for a correct evaluation of the ecological condition of macroinvertebrate communities across the lagoonal system.

Descriptors: Ecological status, Coastal lagoon, Natural variability, Benthic indices.

Resumo

O presente trabalho objetiva testar a viabilidade do emprego de alguns indices bióticos para o Mar Caspio Sudeste. Para tanto, a qualidade ecológica da lagoa Gomishan foi utilizada para avaliar três indices bióticos (AMBI, BENTIX, BOPA) durante o verão e o outono de 2010. Os resultados da aplicação dos indices não permitiram uma distinção clara entre as estações de coleta. Dois dos indices (AMBI e BENTIX) são bastante próximos em termos de diagnose (bom ou alto) e parecem funcionar melhor do que o BOPA. Adicionalmente, a Análise em Componentes Principais (ACP), baseada em parâmetros abióticos, mostrou claras diferenças espaciais e temporais nas variáveis ambientais. Contudo, nesses locais rasos e sem pressão do homem e com alto tempo de residência da água, a composição da comunidade bêntica pode ser associada ao estressse físico, devido ao aumento de salinidade e mudancas nas características ambientais, aliado a mudanças sazonais convencionais. A variabilidade natural de águas de transição mostrou ser um fator crucial para a correta avaliação da condição ecológica das comunidades de macroinvertebrados ao longo do sistema lagunar.

Descritores: Status ecológico, Lagoa costeira, Variabilidade natural, Indices bênticos.

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INTRODUCTION

Marine and estuarine ecosystems, particularly in coastal areas, are facing great and increasing impacts, including those resulting from physical and chemical transformations, habitat destruction and changes in biodiversity (SERHAT et al., 2006). The increasing impact of human activities on marine ecosystems over recent decades requires great effort for the assessment of their ecological quality.

Benthos is an important component of these systems and plays an important role in the maintenance of ecological balance and in the transfer of matter and energy along the trophic chain, and it also participates directly in biogeochemical processes of the cycling of nutrients such as carbon and nitrogen at the sediment-water interface (INGOLE et al., 2006). Given recent concerns about global warming, climate change and habitat degradation, the knowledge and protection of marine biodiversity have become paramount and these include studies on benthic communities and assemblages in pristine and degraded areas.

In recent years, various benthic biotic indices have been applied in different geographical areas in order to establish the environmental quality of benthic soft-bottom marine communities. Univariate diversity indices such as the Shannon diversity index (H') were commonly used in the past, while most of the recently developed biotic indices rely on the model of organic enrichment proposed by PEARSON and ROSENBERG (1978), i.e. AMBI (BORJA et al., 2000; MUXIKA; BORJA, 2005), the BENTIX (SIMBOURA; ZENETOS, 2002), and the Benthic Opportunistic Polychaete Amphipod Index (BOPA) (DAUVIN; RUELLET, 2007), all of which divide soft-bottom benthic species into previously defined ecological groups (PEARSON; ROSENBERG, 1978).

The AMBI has been proposed for the assessment of the ecological status of estuarine and coastal waters (ZETTLER et al., 2007). BORJA et al. (2004) and MUXIKA et al. (2005) state that AMBI was validated in areas involving a large range of impact sources (domestic waste, heavy metals, submarine outfalls, drilling cuts with ester-based mud, industrial and mining waste). Generally, this was done in accordance with the community structure measurements and multivariate methods used in assessing anthropogenic impacts (MUNIZ et al., 2005, 2011; PRATO et al., 2009). A few years later, the same research group proposed a new multivariate index combining AMBI with species richness (S) and community diversity (H'): M-AMBI (MUXIKA et al., 2007). This index is based on the observation that benthic communities respond to improvements in environmental quality in three stages. First, species abundance increases, subsequently species diversity rises, and finally the dominant species change (PEARSON; ROSENBERG, 1978).

The BENTIX index (SIMBOURA; ZENETOS, 2002) is a marine biotic index based on the concept of indicator species and was also developed for the purpose of the classification of the ecological status of the marine environment, using the macroinvertebrate quality elements. This index is designed for the assessment of the impact caused by general stress factors and does not discriminate amongst natural and anthropogenic disturbances (SIMBOURA et al., 2007). It has been tested successfully in a variety of Hellenic benthic ecosystems (SIMBOURA; ZENETOS, 2002), in areas subject to organic pollution such as Athens and the Saronikos gulf (SIMBOURA et al., 2005), and to oil spills (ZENETOS et al., 2004). Currently it is undergoing testing in other Mediterranean areas within the Water Framework Directive intercalibration exercise (VINCENT et al., 2002; SIMBOURA et al., 2007).

Nevertheless there are others, such as the BOPA index, in which the taxonomic effort is reduced. The BOPA index is based on the ratio between opportunistic Polychaetes and Amphipods (except the genus *Jassa*). The main advantages of this index, as well as the reduced taxonomic knowledge involved, are its independence of sampling protocols, since this frequently uses data in the proportion of each category of organism (PINTO et al., 2009).

The coastal lagoons of the southern Caspian Sea are an essential habitat for a range of fauna. Gomishan lagoon (Iran), which met the criteria of the Ramsar Convention on wetlands, is one of the most important ecosystems of the south Caspian Sea (GANDOMI et al., 2011). Saltmarsh vegetation as well as flats of glasswort species cover the central part of the lagoon. In addition, this lagoon has a diverse, abundant bird population and provides important feeding grounds and a wintering habitat for waterfowl during the autumn and winter, and is, therefore, an important source of food for 15 fish species (ECE, 2011).

The Gomishan coastal lagoon is a small system with singular characteristics. It is separated from the sea by only a narrow sandy barrier, which is very low in some areas.

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Thus, the lagoon is partly connected to the Caspian Sea, which directly influences its hydrological features (RIAZI, 2001). The major factor, which has a potentially detrimental effect on the natural ecological character of the lagoon, is the Caspian Sea's seasonal water level fluctuation. According to BASATNIA et al. (2012), water depth and residence times play a vital role in the biochemical processes of the Gomishan coastal ecosystem. The Caspian Sea is non-tidal and confined, so the sea's ability to absorb pollution is less than that of an open ocean. Additionally, oil spills can remain localized thus becoming a greater threat to marine life than if they were broken up and dispersed by a rough sea (NEVILLE, 2006). Also industries such as wood and paper, textile, chemicals, food products and foods processing, electronics, and fish processing are the major ones in the surrounding seaboard cities (JAFARI, 2010). As this lagoon is connected with the sea, a great amount of polluted material enters the Caspian Sea from it (RIAZI, 2001).

The aim of the present study, in view of all the above, was to investigate the suitability of different univariate indices (AMBI, BENTIX, BOPA) to distinguish between ecological conditions in Gomishan lagoon with different types of anthropogenic impacts and high levels of natural variability.

MATERIAL AND METHODS

STUDY AREA

The study area, the Gomishan lagoon, is situated on the southeastern coast of the Caspian Sea (N 37°09'0 9" to 37°, 20', 2"; E 53° 54' 34" to 53° 58' 54"), has a surface area of 17,700 hectares and is a natural coastal lagoon located in Golestan province in the Islamic Republic of Iran. Previous study has shown that the depth of water is variable and depends on the fluctuations in the water level of the Caspian Sea. In spite of this variation, the Gomishan lagoon is only of about 1m depth throughout, except in its north-west region where the water depth may reach up to 2.5 m (GANDOMI et al., 2011). The main lagoon area comprises shallow, brackish lagoons with salt marsh vegetation and seasonally flooded flats with species of Salicornia, Halostachys and Halocnemum. To the west (Figure 1) the site is bounded by low coastal dunes with typically sand-dune vegetation and the Caspian beach, but it is completely connected to the Caspian Sea in the north. To the east, the site extends onto the short-grass

plains of the Turkaman Steppes, large areas of which are under cultivation for wheat and cotton (SCOTT, 2013). Most of the northern half of the lagoon is a no-hunting and no-fishing zone and regularly supports more than 20,000 water birds (ECE, 2011).

The water quality and macrobenthic structure sampling was carried out during summer and autumn 2010 at five stations (sampled monthly) (Figure 1). The range of sampling depth was between 30 and 143 cm. In this system, three equivalent sectors were defined in order to include the wide depth range: sector A (stations 1, 2), near the lagoon mouth, was the deepest; sector B (station 3) was of intermediate depth, and sector C (stations 4, 5), in the lower part of the lagoon, was less affected by marine influence and was shallower. Station 1 was located in the marine zone adjacent to the lagoon's opening. In this part of the lagoon the hydrological features are directly influenced by the Caspian Sea; there is no anthropogenic activity or agricultural land use at this station. Stations 2 and 3 are located near the coast of the Turkmen Steppe plain along which there is cultivated land use. These parts of the lagoon are covered by salt marsh vegetation during the summer months. There is a shrimp farm under construction in the area. Station 4 is located in a small aquaculture area with a view to assessing the influence of aquaculture. Station 5 is located near the small town of Gomishan; in this area, the principal human activity is livestock grazing and the second main land use agriculture (wheat and cotton cultivation) (RIAZI, 2001). This lagoon is part of the Gorganrood basin. However, this river does not play a major role in the lagoon's water supply (ECE, 2011).

ABIOTIC PARAMETER SAMPLING AND ANALYSIS

In situ measurements of temperature, salinity and dissolved surface water oxygen (DO) were taken at all stations with a YSI-85 multiparameter. The water samples were collected at surface level using a 2l van Dorn bottle because of the low depth and absence of stratification. The water samples were stored and refrigerated at 4°C for later laboratory analysis. All the sampling trips were carried out between 8:00 a.m. and 12:00 noon, local time. The water samples were analyzed for assessment of NO₃⁻ with reduction of NO₃⁻ to NO₂- using a cadmium-copper column (SOLORZANO; SHARP, 1980). Total Phosphorus (TP) (after digestion of the samples with sulfuric acid and a catalyst) measured by the stannous chloride method (CLESCERI et al., 1989). BOD₅ was



Figure 1. Gomishan lagoon and sampling stations (St. 1 to St. 5).

determined using a BOD_5 Track apparatus (CAMLAB Ltd., UK). The measurement of pH was made using a pH-meter in the field.

One extra grab sample was obtained at each station monthly to determine the Total Organic Carbon (TOC). Organic matter content in the sediment was measured in order to test the pressure-impact relationship of the assessment methods. This environmental variable was chosen as a surrogate for generalized anthropogenic pressures since it tends to correlate with a wide set of factors causing ecological stress in benthic communities (e.g. low dissolved oxygen, high ammonia and sulphide, chemical contamination) (HYLAND et al., 2005). TOC of sediments was determined by the WALKLEY and BLACK (1934) procedure.

MACROINVERTEBRATE SAMPLING AND LABORATORY PROCEDURE

At each station samples for benthic macroinvertebrates were collected in triplicate using a van Veen grab (0.026 m²), between the summer and autumn (monthly surveys between June and November) 2010. The sediment was sieved on a 1 mm mesh size sieve and the animals were preserved in the field in a 4% formalin solution in seawater, and dyed with Rose Bengal. In the laboratory, macrofauna was sorted manually under stereomicroscopy and then identified to the lowest tractable taxonomic group (in most cases to Family level) and, finally, counted.

DATA ANALYSIS

Without any previous data that could provide a proper basis for reference, in the present study we computed three types of indices based on pollution-indicative or sensitive taxa: BOPA, AMBI and BENTIX.

The values of the AMBI, BENTIX and BOPA indices were calculated on the benthic data series using the following algorithms:

AMBI: To assess the environmental quality in the benthic infaunal ecosystem, we use the AZTI's Marine Biotic Index (AMBI). This index has been tested successfully worldwide over recent years (CAI et al., 2003; ARASAKI et al., 2004; MUNIZ et al., 2005; AFLI et al., 2008; BIGOT et al., 2008; BORJA et al., 2008; CALLIER et al., 2008; JOSEFSON et al., 2009; BAKALEM et al., 2009; BORJA; TUNBERG, 2011). The classification of the identified species was based on the updated list of the AMBI program (available on AZTI's web page: http://www.azti.es). Species not considered in the list were classified according to the literature and the knowledge of the authors and other experts with a wide knowledge of the study area.

AMBI = $\frac{((0 \times \%GI) + (1.5 \times \%GII) + (3 \times \%GIII) + (4.5 \times \%GIV) + (6 \times \%GV))}{100}$

Where %GI, %GII, %GIV, and %GV are the relative abundance of disturbance-sensitive, disturbance-indifferent, disturbance-tolerant, secondorder opportunistic, first-order opportunistic species, respectively. Low values are indicative of undisturbed habitats. AMBI methods were calculated using the AMBI software (http://www.azti.es).

BENTIX: was calculated according to SIMBOURA and ZENETOS (2002), using the same principle as AMBI, based on the classification of the ecological group of soft-bottom species according to their sensitivity to an increasing stress gradient (MUNIZ et al., 2012).

$$BENTIX = \frac{[(6 \times \% GS) + (2) \times \% GT)]}{100}$$

Where GS and GT are "sensitive" (including the indifferent) and "tolerant" (including tolerant and opportunistic) species, respectively. BENTIX values range from 6 (only "sensitive" species are present) to 2 ("tolerant" species constitute 100% of the total abundance) (SIMBOURA; ZENETOS, 2002). The BENTIX index was applied using the Add-In (1.1. Version) software package for MS Excel 2007 (http://bentix.ath.hcmr.gr/).

BOPA: The Benthic Opportunistic Polychaete-Amphipod Index (BOPA) is also based on the ecological characteristics of specific taxonomic groups and compares percentage ratios of opportunistic Polychaetes and Amphipods (DAUVIN; RUELLET, 2007). The BOPA is low when the environment is of good quality, but it increases when the environmental conditions degenerate.

$$BOPA = \log\left(\frac{fp}{fa+1} + 1\right)$$

Where fp is opportunistic polychaete frequency, fa is amphipod (excluding genera *Jassa*) frequency. BOPA index varies between 0 (when fp = 0) and 0.30103 (when fa = 0) (DAUVIN; RUELLET, 2007).

Owing to the nature of data (Ecological Quality classes), correlations between indices-based classifications were tested on the basis of ranks through the use of the non-parametric Spearman rank-correlation coefficient. Analyses were performed with R v2.9.0 (http://www.R-project.org).

Hierarchical agglomerative cluster analysis was carried out on the normalized data by means of Ward's method, an extremely powerful grouping mechanism, which yields a larger proportion of correct classified observations (WILLET, 1987), using squared Euclidean distances as a measure of similarity (MASSART; KAUFMAN, 1983; WILLET, 1987).

A principal component analysis (PCA) (LEGENDRE; LEGENDRE, 1984) was performed utilizing a two-way table of chemico-physical parameters (IZZO et al., 2005) and sampling stations. These multivariate ordination analyses were carried out with XLSTAT2010 software.

RESULTS

ABIOTIC PARAMETERS

The abiotic parameter measurements are summarized in Table 1. The salinity decreased from the innermost part of the lagoon towards its mouth to the Sea presenting a minimum (19.8) at Station 1 and maximum (34) at Station 5, in June and November, respectively. A similar temporal trend was observed also for dissolved oxygen (5.6 mg.l⁻¹ at Station 1 in June and 10.4 mg.l⁻¹ at Station 2 in November). Regarding nutrient concentrations, the highest concentrations for total phosphorus and nitrate were observed at station 3 (0.39 mg l⁻¹, 0.74 mg l⁻¹) in August and October, respectively, while the lowest concentrations were observed at station 1 (0.078 mg l⁻¹, 0.101 mg l⁻¹) in June near the marine zone adjacent to the opening. Contrary to expectations, the highest BOD concentration (1.5 mg l⁻¹) was observed at station 2 and the lowest were found at stations 1 and 3 (0.66 mg l⁻¹) in November and August, respectively.

General characteristics of the macrobenthic fauna

Table 2 shows the benthic macroinvertebrate taxa recorded for the five sampling stations in the Gomishan lagoon during the sampling period. Overall, a total of 59,299 individuals belonging to 10 taxa were collected. Gastropoda were dominant (65.4% of total abundance), followed by Polychaeta (21.7%), Insecta (6.2%), Crustacea

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Stations	Temperature (°C)	Salinity (ppm)	DO (mg l ⁻¹)	NO ₃ ⁻ (mg l ⁻¹)	TP (mg l ⁻¹)	BOD (mg l ⁻¹)	Depth (cm)	TOC (%)
1	22.3 ± 7.99	23.30 ± 3.65	8.21 ± 0.84	0.101 ± 0.019	0.078 ± 0.021	0.87 ± 0.05	102.8 ± 34.8	1.40 ± 0.43
2	21.8 ± 8.15	25.18 ± 3.67	8.00 ± 0.50	0.283 ± 0.09	0.105 ± 0.036	1.03 ± 0.13	110.0 ± 38.0	1.84 ± 0.53
3	21.6 ± 8.37	26.58 ± 4.71	7.75 ± 0.89	0.414 ± 0.14	0.280 ± 0.104	1.02 ± 0.08	84.0 ± 29.71	1.72 ± 0.42
4	21 ± 7.91	26.78 ± 4.48	7.47 ± 0.82	0.285 ± 0.13	0.182 ± 0.07	0.87 ± 0.05	71.8 ± 26.5	1.54 ± 0.36
5	20.9 ± 7.98	26.65 ± 4.65	7.06 ± 0.86	0.207 ± 0.049	0.204 ± 0.09	0.90 ± 0.06	52.8 ± 15.56	1.43 ± 0.34

Table 1. Summary results (mean value of six months sampling) for abiotic parameters with one standard error (S.E.) at each sampling site from June to November 2010.

Table 2. Mean abundance (A, ind.m⁻²), dominance (D, %) and assignment of ecological groups (EG) to taxa by BENTIX and AMBI indices of the macroinvertebrates taxa at the five stations sampled in the Gomishan lagoon from June to November 2010.

T	Station 1		Station 2		Station 3		Station 4		Station 5		BENTIX	AMBI
Taxa	Α	D	Α	D	Α	D	Α	D	Α	D	EG	EG
Balanidae	-	-	-	-	102	0.48	102	0.48	16	0.07	-	-
Gammaridae	1150	6.50	2123	5.11	-	-	-	-	557	2.37	GS	Ι
Chironomidae	2944	16.64	2803	6.75	1571	7.35	1571	7.35	272	1.16	GT	III
Odostomia sp	10242	57.9	33273	80.11	14529	68.00	14529	68.00	11336	48.19	GS	Π
Cardium sp	515	2.91	563	1.36	72	0.34	72	0.34	341	1.45	GT	III
Abra ovata	78	0.44	171	0.41	264	1.24	264	1.24	120	0.51	GT	III
Mytilaster sp	109	0.62	80	0.19	7	0.03	7	0.03	-	-	GS	Ι
Ampharete sp	1853	10.48	2461	5.92	4540	21.25	4540	21.25	10649	45.27	GS	Ι
Nereididae sp	70	0.40	38	0.09	75	0.35	75	0.35	73	0.31	GS	III
Tubificidae	726	4.11	22	0.05	206	0.96	206	0.96	158	0.67	GT	V

GT: Tolerant species; GS: Sensitive species.

(3.2%), Bivalva (2.3%) and Oligochaeta (1.3%). The total abundance (ind.m⁻²) indicated a large difference between the lowest (8700 ind.m⁻² at station 1, June) and the highest (86954 ind.m⁻² at station 2, November) values recorded. On average, during the survey, two top taxa (Odostomia sp. and Ampharete sp.) constituted between 68.4% and 94% of the total abundance (Table 2). Stations 1 and 2 (located near the opening to the sea) were, in general, dominated by the Gastropoda Odostomia sp. and by the Insecta Chironomidae. Chironomidae were present at all the sampling sites but particularly abundant at station 2 during autumn. Stations 3, 4 and 5, located in the central and inner part of the lagoon, were mainly dominated by the Gastropoda Odostomia sp. and the Polychaeta Ampharete sp. At each station, the species number was lower during summer, increasing during autumn (Figure 2).

Benthic indices and ecological quality AMBI

Figure 3 shows the temporal changes of the percentage of Ecological Groups (EG) and AMBI at every sampling location. In some cases, less than 4% of the individuals per

sample were not assigned to the ecological groups, i.e. at the sampling sites 3, 4 and 5.

According to the classification proposed by BORJA et al. (2000), the benthic community health of this lagoon presented stations classified as "good" or "high". In the area, AMBI values ranged from 0.36 to 2.35 (both at station 5, in August and September, respectively). The proportion of the EG at each station changed slightly during the study period (Figure 3). For example, at stations 3, 4 and 5 the abundance of group I species (disturbance-sensitive) increased during summer, but the abundance of group II species (disturbance-indifferent) was highest in autumn. However, changes in abundance, due to recruitment, were mainly evident for the dominant species (ecological groups) of the community and, thus, the ecological status remained rather constant (KRÖNCKE; REISS, 2010).

BENTIX

The results obtained applying BENTIX (Figure 4) showed that all stations were classified as pristine sites with a high Ecological Quality Status (EcoQS), except for station 1, where a good EcoQS rating was attained in October and November.



Figure 2. Box-and-whisker plots showing the distribution of the species richness (S) and abundance (N ind.m⁻²) values in the five stations and each one of the six surveys.

BOPA

The BOPA showed a different pattern from that of the other indices concerning the classification of the ecological quality status (Figure 4). According to the results of this index, the quality of the lagoon was classified as 'poor' to 'moderate' at stations 3, 4 and 5 during summer (June-August), whereas it was 'good' and 'high 'during the autumn (September-November). Stations 1 and 2 were classified as 'moderate' in June, and as 'good' and 'high 'during the rest of the sampling period.

CORRELATIONS BETWEEN DIFFERENT INDICES

The highest correlations (Figure 5) were found between AMBI and BOPA and between BENTIX. The results shown that in Gomishan lagoon, BOPA was always significantly correlated with the other taxa indices (AMBI and BENTIX).

When considering the five EcoQS classes, most indices showed significant correlations with each other. This means that the AMBI, BENTIX and BOPA basically ranked the stations in the same way, from worst EcoQS to best EcoQS. However, these results showed that AMBI, BENTIX and BOPA basically differed in the range of EcoQS attributed to the stations. As an example, using the same set of stations, AMBI and BENTIX would classify these stations from 'Good' to 'High', whereas BOPA index would classify this same set from 'Bad' to 'High' (Figure 4).

PCA AND CLUSTER ANALYSIS

The PCA carried out using physico-chemical parameters set a well-defined distinction between the five stations during the sampling period. The results of PCA indicate that our set of variables explained 68.7% of the variability with the first two axes (Figure 6). The first principal component (PC1) explains 51.7% of total variance, and was positively correlated to water temperature and negatively correlated with salinity. The PC2 was negatively correlated with pH, Nitrate and TP, While PC2 explains 17% of the variance attributing it to some variables such as Nitrite, pH and Total Phosphorus (TP). Blue and Orange Correlation circles (A = summer, B = autumn; C = stations 1 and 2, D = stations 3, 4 and 5) show a clear temporal and spatial separation, respectively, in Figure 6.





Figure 3. Percentage of ecological groups (I, II, III and V) and AMBI values at each one of the five sampling locations in each one of the six months sampled.



Figure 4. Comparisons of indices among the five stations and each one of the months sampled. Classes range associated with the different ecological quality (EcoQS) are given for, BENTIX and BOPA.



Figure 5. Scatterplot matrix of the different biotic indices (AMBI, BENTIX and BOPA), community parameters (N: total abundance) and the TOC (total organic carbon) for Gomishan lagoon.



Figure 6. Diagram of the principal components analysis results based on environmental variables (Red vectors). Sampled month are abbreviated by the first three letters: Nov. (November, etc.). Stations names are abbreviated by S letter and the number: S1 (Station 1. etc.). Blue circle shows temporal separation (A: summer; B: autumn) and Orange circle shows spatial separation (C: station 1 and 2; D: station 3, 4 and 5).

According to Figure 7, three statistically significant clusters are formed: Cluster 1 (sampling site 5, near the town of Gomishan) corresponds to station 5 in the south of the lagoon. Cluster 2 (sampling sites 1 and 2) corresponds to the lagoon inlet. Cluster 3, consisting of stations 3 and 4, located in the middle of the lagoon, was less influenced by the Caspian Sea.



Figure 7. Cluster analysis of sampling stations based on environmental variables (mean values) during study period.

DISCUSSION

This study provided a table of reference for the structural composition of the subtidal benthic communities in the Gomishan lagoon. Although the macroinvertebrate communities found in the lagoon presented a poor set of species, this does not reflect any disturbed conditions in this transitional ecosystem. Many of the benthic indices have been tested successfully to detect anthropogenic disturbances such as dredging, dumping, engineering works, sewage plans and gravel extraction (MUXIKA et al., 2005). However, most biological indices may be affected by any kind of disturbance whether caused by anthropogenic impacts or natural processes (WILSON; JEFFREY, 1994; KRÖNCKE; REISS, 2010; MUNIZ et al., 2012). The high seasonal variability of abundances seems mainly to be due to the different life cycles of several of the taxa which dominate in the lagoon such as the Polychaetes and Molluscs. Moreover, the seasonal trends presented by the macrobenthic communities of this lagoon can be attributed to the naturally fluctuating environmental conditions. Similar results were obtained previously by GRAVINA et al. (1989) and PRATO

et al. (2009). To our knowledge, despite human activity in this area) such as aquaculture, agricultural and urban) no disturbances caused by anthropogenic activities occurred at the stations sampled during this study. Thus, we assume that changes in the macrofauna communities reflected the "natural" seasonal variability. This is discussed in more detail below.

ABIOTIC PARAMETERS

Transitional waters are very heterogeneous and physico-chemically unique ecosystems, characterized by the temporal and spatial variability of the environmental features and ecological processes involved (CHAPMAN; WANG, 2001). The temporal variations of water salinity in the lagoon constitute an equilibrium between the temperature and the seawater exchange (BASATNIA et al., 2012). The water salinity of the lagoon is higher than that at the opening (station 1). According to our own direct observations, it seems that the water exchange between the lagoon and the Caspian Sea, through the inlet, plays a vitally important role in water salinity variations. The maximum mean DO values recorded at stations 1 and 2 can be explained by the fact that the dominant wind direction throughout the study period was northerly as this introduces marine water into the lagoon. This was shown by the marine influence that characterized the stations near the lagoon inlet (stations 1 and 2). Also, the higher DO in the north of the lagoon can be associated with the low atmospheric humidity (ECE, 2011) and low water salinity (TAPIA GONZÁLEZ et al., 2008) in this part of the lagoon.

The highest Nitrate concentrations were observed at station 3, while low concentrations were observed at station 1, near the marine zone adjacent to the opening. The disappearance of aquatic plants in the central part of the lagoon (during autumn) can lead to increased amounts of organic nutrients in the sediments; these results are in accordance with those of MCELROY et al. (2002). The release of inorganic nitrogen from the bottom sediments may regulate the nitrogen load in lakes (GETA et al., 2004). The source of nitrogen released by sediment is the decomposition of organic matter, though it is not clear what compounds are involved (GOLTERMAN, 2004). In addition, the Gomishan Lagoon has a diverse and abundant bird population and does, therefore, provide considerable feeding for waterfowl during the autumn and winter. ANDERSEN et al. (2003) consider that nutrients from migratory bird populations have the potential to contribute to the process of eutrophication. However, FLEMING and FRASER (2001) and BOROS et al. (2008) stated that migratory birds did not greatly affect nutrient levels in water. The TP changes are similar to the trends of nitrate, reinforcing the argument that variability in these parameters has a common origin. These results are in accord with those of ALDRIDGE et al. (2009).

In our study, mean TOC values were very similar at all the sampling stations (1.4 to 1.8%). According to HOLMER et al. (2005), in coastal sediments where only natural sources of organic enrichment occur, the TOC sediment content was < 5%, while in organically rich sediments, the proportion of TOC can increase to 8%, although higher levels of TOC (> 10%) are seldom observed in coastal sediments without anthropogenic disturbances.

Spatial and Temporal patterns of biotic indices

Since the aim of this study was to compare the ecological status obtained using benthic indices, the use of reference conditions was not considered necessary. The approach followed did not focus on the final score of each index, rather emphasizing index values and the distinctiveness of the ecological status of each station. A similar approach was followed by CARDOSO et al. (2012) using four benthic community based indices in five small estuaries.

Several studies have demonstrated that in soft sediment invertebrates show patchy distributions on small spatial scales (MORRISEY et al., 1992; YSEBAERT; HERMAN, 2002; TATARANNI et al., 2010). The spatial resolution and sample number for this study was not sufficient to delineate detailed zonation patterns, however, as the results show, there is a clear dominance of ecological groups II and I at all the stations respectively, except at station 5 where ecological group I was more abundant than ecological group II. For this reason, AMBI generally classifies the sites as unpolluted. Tolerant species are predominantly found in disturbed environments whereas sensitive species are mostly restricted to undisturbed or only slightly disturbed environments (ROSENBERG et al., 2004). Although the AMBI is particularly useful in detecting the temporal and spatial impact gradient, its robustness is reduced when a very low number of taxa exist (BORJA et al., 2004). The same could occur when studying naturally stressed locations (e.g. naturally organic matter enriched bottoms) (SERHAT et al., 2006). In the above mentioned particular cases, BORJA and MUXIKA (2005) recommend the use of AMBI, together with other metrics, in order to obtain a more comprehensive view of the benthic community.

According to AMBI and BENTIX, during the study period all stations should be considered as displaying an undegraded EcoQS (good or high); also the temporal variability of these indices is generally low. The results of AMBI, developed specifically to measure the benthic response to organic enrichment, indicate that a slight degradation occurs in ecological status between June and November, with the benthic community changing from a high to a good status. These results were due to a gradual replacement of dominant sensitive taxa such as Odostomia sp. by more disturbance tolerant species in the lagoon (e.g., Cardium sp. and Tubificidae). This can explain the spatial and temporal changes presented by BENTIX as well. This change was more severe at station 1 than at the other stations for AMBI and BENTIX. It is believed that this may be due to the effect of the fluctuations of the Caspian Sea water level, because this station is located near the lagoon's opening.

According to BOPA, a more degraded situation was present. BOPA index shows that most samples in the summer ranged from bad to poor. The Polychaete/ Amphipod ratio is probably influenced by a large spectrum of ecological factors, including some types of pollution (SALAS et al., 2006). However, regarding the Polychaete/ Amphipod ratio, most samples in summer did not permit its application simply due to the absence or low abundance of amphipods. In such a case, the ratio would reflect an extremely polluted scenario, which was certainly not the case. This is one of the disadvantages of the BOPA index, as mentioned by DAUVIN and RUELLET (2007).

COINCIDENCE AMONG THE INDICES

AMBI and Bentix produced 'high' or 'good' EcoQS in the Gomishan lagoon. This means that the AMBI and BENTIX indices generally ranked the stations similarly, but disagreed on the precise level of EcoQS attributed to each station by the different indices. However, the BOPA index rating ranged from 'bad' to 'high' (during all the surveys), with a predominance of 'good' and 'high' ratings.

High correlations were observed between AMBI and BENTIX. This comparison, in the context of the general concordance of the patterns, highlights some differences. For AMBI, most samples in summer were classified as of 'high' quality, but most samples in autumn were classified as of 'good' quality. Whereas, according to BENTIX, all the samples were classified in the 'high' category, with the exception of two samples. Station 1 in October and November was classified as 'good'. According to SIMBOURA and REIZOPOULOU (2007), this could be related to the different design of each index. On the other hand, in BENTIX each ecological group is weighted equally, whereas AMBI renders a different coefficient for each one; moreover, the scaling of the distances between classes is different in the two methods.

The average number of taxa identified at each sampling station never exceeded 9 in any one sample. However, SIMBOURA (2004) recommends using AMBI rather than BENTIX for sites where specific richness is low and total abundance high, considering that AMBI more exactly defines the ecological groups of the sampled species (five groups for AMBI versus only two for BENTIX). However, in this study, the BENTIX index showed the same reliability as AMBI.

BOPA showed high correlations with AMBI, as is to be expected, since it classifies opportunistic Polychaetes according to AMBI's list of ecological groups (SUBIDA et al., 2012). Furthermore, significant correlations were also found between BOPA and BENTIX.

As mentioned, BOPA showed a different EQ classification. The BOPA index only takes into account amphipods and opportunistic Polychaetes, whereas AMBI and BENTIX consider the whole community. For example, some bivalves, such as Cardium sp or Abra sp, are assessed in this study as group tolerant. This in view of the fact that these bivalves would allow the detection of changes in benthos that are not detected by the BOPA index.

Many researchers (LABRUNE et al., 2006; BLANCHET et al., 2008; BORJA; DAUER, 2008; BAKALEM et al., 2009; DAUVIN et al., 2009; GRÉMARE et al., 2009; RANASINGHE et al., 2009) have highlighted the differences in assessments produced by the various benthic indicators. These differences are caused by several things, in particular by the fact that the indicators do not use the same method for species classification (e.g., the AMBI classifies species into Ecological Groups following PEARSON and ROSENBERG's concept. The BOPA takes into account only amphipod sensitive and Polychaete opportunistic species). The EcoQS of coastal waters is impacted by both natural and anthropogenic factors. WFD wishes that the assessment method, based on ecological elements, should respond to anthropogenic pressures, rather than to natural variability (TUEROS et al., 2009). Our results show that all the indices tested in this study respond to natural disturbances such as low temperatures in autumn and the effects of the saline intrusion from the Caspian Sea. As a result, the ecological quality status changed from 'high' to 'good' (AMBI and BENTIX) or even 'bad' (BOPA) conditions. However, not all indices respond to the disturbances in the same way, consequently, the strength of response varied between the indices and the different disturbance events.

Nevertheless, the use of different indices is always advisable in order to obtain a better evaluation of the benthic community's health (MUNIZ et al., 2011; LABRUNE et al., 2006), consequently, it is necessary to include different indices in the assessment schemes to make sure that the natural variability can be detected and considered.

CLUSTER ANALYSIS AND PCA

The dendrogram clarifies the difference at sampling station 5, which makes one group, Cluster 1, receive polluted effluents from point or non-point sources, i.e., from agricultural and urban activities. Sampling sites 1 and 2 (Cluster 2) correspond to the lagoon's opening. These stations are placed in the same group because both extremes have similar water column conditions. These stations are located near the lagoon inlet which seems to be affected by the Caspian Sea water; Stations 3 and 4 (Cluster 3) indicate similar water conditions, despite the aquaculture effluent in the station 4.

The PCA analysis (Figure 6) showed a clear spatial and temporal division, and the sampled stations subdivide into four groups. The first group (circle A) consists of summer samples characterized by high depth and temperature loads, while the second group (circle B) is separated by other environmental parameter loads. The third group (circle C) consisting of the deepest stations, 1 and 2, located in the lagoon's opening and relatively far from anthropogenic activities, appears to be different from the other stations. This distinction may be due to the marine influence arising from the proximity of the lagoon opening and the more active hydrodynamic conditions observed there (CARVALHO et al., 2006). These stations are almost distinct from the others in the PCA analyses, notably because of their greater depth (during the autumn months) and BOD, TOC and DO values (also high during the summer months). The final group (circle D) consists of the innermost sampling stations (3, 4 and 5) and is relatively more loaded with mineral TP, NO, and salinity (autumn) and low BOD, TOC and DO levels. The positive loading of DO and BOD suggests the good oxygenation (SHIRODKAR et al., 2010) of Gomishan lagoon water, indicating the healthy state of the ecosystem (PRASANNA; RANJAN, 2010; PANIGRAHY et al., 1999; UPADHYAY, 1988).

CONCLUSIONS

The present study constituted the first attempt to use AMBI, BENTIX and BOPA in the small shallow Gomishan lagoon, south east of the Caspian Sea. This area is characterized by unstable environmental conditions (salinity, depth, temperature) and macrobenthic communities dominated by few species.

Based on the agreement between the indices, our results show that two of them (AMBI and BENTIX) are very close in terms of diagnosis (good and high) and seem generally to perform better in the case of our study sites than BOPA does. In addition the EcoQS assessment was validated by abiotic parameters and human pressure information. However, it did not detect clear temporal and spatial changes, despite using the BOPA index. For the assessment of the ecological status of marine benthic environments univariate indices are not appropriate and depend on the seasonal variability.

In the near future, the establishment of aquaculture production in these areas may have negative effects on the benthic communities. However, the potentially deleterious effect of these new culture practices on surrounding lagoonal areas requires further assessment.

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