



Graduate Medical Education Research Journal

Volume 1 | Issue 1


Article 46

December 2019

Outcomes of Intra-gastric Balloon Placements: An Analysis of the 2016 MBSAQIP Database

Bhavani Pokala et al
University of Nebraska Medical Center

Follow this and additional works at: <https://digitalcommons.unmc.edu/gmerj>

 Part of the [Higher Education Commons](#), and the [Medicine and Health Sciences Commons](#)

Recommended Citation

Pokala et al, B. Outcomes of Intra-gastric Balloon Placements: An Analysis of the 2016 MBSAQIP Database. Graduate Medical Education Research Journal. 2019 Dec 13; 1(1).
<https://digitalcommons.unmc.edu/gmerj/vol1/iss1/46>

This Conference Proceeding is brought to you for free and open access by DigitalCommons@UNMC. It has been accepted for inclusion in Graduate Medical Education Research Journal by an authorized editor of DigitalCommons@UNMC. For more information, please contact digitalcommons@unmc.edu.

Outcomes of Intra-gastric Balloon Placements: An Analysis of the 2016 MBSAQIP Database

Creative Commons License



This work is licensed under a [Creative Commons Attribution-Noncommercial-No Derivative Works 4.0 License](https://creativecommons.org/licenses/by-nc-nd/4.0/).

all treatment approaches, was 5.2% (95% CI 5-5.5%), 3.9% (95% CI 3.4-4.4%) and 7.8% (95% CI 7.2-8.5%) respectively. For patients that underwent surgery, the 5-year survival for patients with lesions in all locations, head, body and tail was 18.8%, 15.9%, 23.8% and 33.8% respectively. When analyzing trends we noted a significant improvement in survival for patients that underwent operative

intervention. Comparing the time periods from 1977-1981 versus 2002-2006, the 5-year survival for surgical patients improved for all locations (9.2% to 22.6%, $p<0.05$) and also for lesions in the head (8.3% to 19.3%, $p<0.05$), body (6.7% to 26%, $p<0.05$) and tail (14.7% to 40.7%, $p<0.05$).

Conclusion: The results of our study demonstrate an improvement in survival for

patients with pancreatic cancer treated by operative intervention. This improvement in survival was more pronounced for patients with primary lesions located in the body and tail. ■

<https://doi.org/10.32873/unmc.dc.gmerj.1.1.044>

Global Trends in Esophageal Cancer

Gautam K. Malhotra, Ujwal Yanal, Advaitaa Ravipati, Matthew Follet, M. Vijayakumar, Chandrakanth Are

Mentor: Chandrakanth Are

Program: General Surgery

Background & Objectives: Esophageal Cancer (EC) is a lethal malignancy with poor prognosis and significant variations in the incidence, mortality, and histopathology based on geographic regions. The aim of this study was to quantitatively analyze these variations to identify patterns and areas for further research.

Methods: We utilized the GLOBOCAN 2012, and Cancer Incidence in five Continents,

Volume X (CI5X) database to analyze variations in EC incidence and mortality.

Results: We found the EC incidence and mortality is geographically varied with a particularly high burden in East Asia and Eastern/Southern Africa where esophageal squamous cell carcinoma (SCC) predominates over adenocarcinoma (AC). Interestingly, there is a dichotomy between the high incidence of esophageal SCC in East Africa and low incidence in West Africa. The global incidence and mortality from EC is expected to rise in the coming decades. Asia, and

China in particular, will continue to be the areas most burdened by EC, while Africa is expected to surpass the incidence and mortality rates of Europe.

Conclusions: The global burden of EC is expected to rise in the coming years. Understanding the geographic, environmental, and genetic contributors to the development of EC will be essential in combating its prevalence. ■

<https://doi.org/10.32873/unmc.dc.gmerj.1.1.045>

Outcomes of Intra-gastric Balloon Placements: An Analysis of the 2016 MBSAQIP Database

Bhavani Pokala, Priscila Armijo, Dmitry Oleynikov

Mentor: Dmitry Oleynikov

Program: General Surgery

Background & Objectives: Intra-gastric balloon placement is an approved weight-loss procedure with a lower BMI cutoff than bariatric surgery. The objective of this study was to examine the frequency and outcomes of balloon placements in 2016.

Methods: The MBSAQIP database was analyzed for adults who underwent elective, endoscopic intra-gastric balloon placement. Emergent cases, patients with previous foregut surgery and those unable to be followed for 30 days were excluded. Comparisons were made between placements performed by GI

and surgery. Analysis performed using SPSS v25.0, $\alpha=.05$.

Results: Our study included 445 patients. Majority were female (80%) and Caucasian (90.6%). Median age and BMI were 49.0 (IQR 15.4) and 35.7 (IQR 6.46), respectively. Prevalence of medically treated hypertension was 30.8%, hyperlipidemia 18.9%, GERD 20.4%, and diabetes 12.6% (insulin and non-insulin dependent). Mean operative time was 15.48 ± 9.89 minutes. No 30-day mortalities were reported. 70 balloons were placed by GI and 375 by surgery. There was a significantly higher rate of readmission for GI 7.1% vs 1.9% surgery ($p=.027$). No significant difference was seen for rates of post-operative

dehydration (GI: 7.1% vs surgery: 7.2%; $p=1.000$), emergency room encounters (GI: 14.0% vs surgery: 4.0%; $p=.486$), 30-day reoperations (GI: 0.0% vs surgery: 0.8%; $p=1.000$), and 30-day reinterventions (GI: 5.7% vs surgery 2.4%; $p=.132$).

Conclusions: The majority of patients undergoing intra-gastric balloon placement fall within obesity class 1 or 2 and have low rates of comorbidities. The procedure can be performed by gastroenterology or surgery at bariatric centers with similar outcomes. ■

<https://doi.org/10.32873/unmc.dc.gmerj.1.1.046>

Development of a Porcine Model of Severe Noncompressible Truncal Hemorrhage

Ujwal Yanala, Jason Johanning, Iraklis Pipinos, William Velander, Mark Carlson

Mentor: Mark Carlson

Program: General Surgery

Introduction: Noncompressible truncal hemorrhage and brain injury account for most early mortality in military personnel on the battlefield. Currently there is no effective treatment for noncompressible truncal hemorrhage, other than rapid evacuation to a surgical facility. We intended to develop a porcine model of noncompressible truncal

hemorrhage so that we might be able to develop new treatments for this clinical problem.

Methods: Swine (boars, 3 months, 32-34 kg) underwent one of three injury types: 1) central stellate injury, just anterior to suprahepatic inferior vena cava (N=6); 2) excision of a portal vein branch distal to the main trunk (N=5); or 3) near-transection of the left lateral lobe (LLL) of the liver at its base, which

cut the hepatic and portal veins to this lobe (N=12). The midline incision was towel clipped immediately after injury, and animals were monitored for 60 min or until death. Resuscitation was performed with warm LR (max volume = 100 mL/kg), with a target MAP set at 80% of pre-injury MAP.

Results: The starting weight, MAP, hemoglobin, arterial pH, INR, and pre-injury blood loss did not differ among groups (p