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Spouses, Children, and the Pursuit of a Doctorate: Real or Perceived Barriers for Women in Academia

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Spouses, Children, and the Pursuit of a Doctorate: Real or Perceived Barriers for Women in Academia

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Common Barriers to Success for Women Pursuing a Terminal Degree:

- Time Constraints
- Isolation
- Uncertainty
- Fear
- Balancing Personal and Professional Responsibilities

An interdisciplinary team of six women came together in an organically-formed dissertation support group to overcome these barriers through:



Accountability

- Regular Meetings
- Goal-Setting
- Progress Updates



Mutual Trust

- Positive Regard for One Another's Work
- Celebrations of Writing Milestones & Other Career and Personal Successes



Ongoing Development

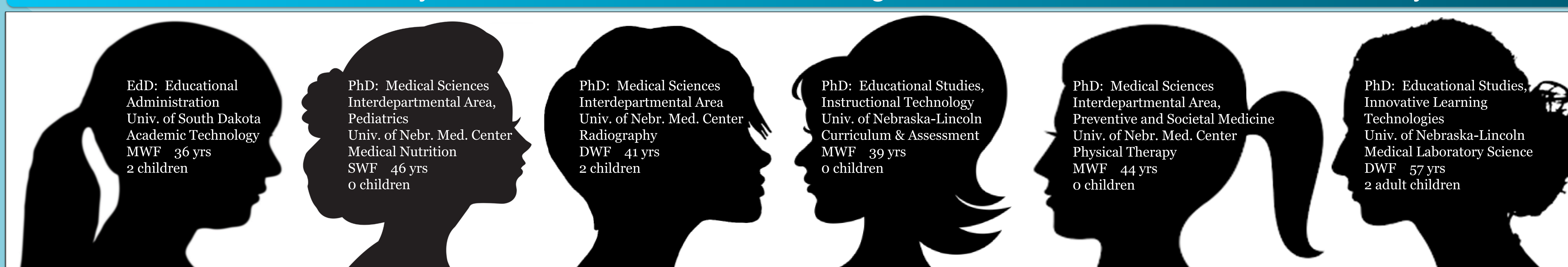
- Reference Tools & Library Services
- Writing Mechanics
- Turning the Dissertation into Publication
- Life After a Doctoral Program

May 2018

August 2018

December 2018

May 2019



Selected References

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- Leonard, D. (2001). *A Women's Guide to Doctoral Studies*. Buckingham: Open University Press.
- Wall, S. (2008). Of heads and hearts: women in doctoral education at a Canadian university. *Women's Studies International Forum* 31(3), 219-228. DOI:10.1016/j.wsif.2008. 04.007.