NURSE ROSTERING: A TABU SEARCH TECHNIQUE WITH EMBEDDED NURSE PREFERENCES

tris. ₽ Í

Thesis submitted to UUM College of Arts and Sciences in fulfillment of the requirements for the degree Master of Science (Decision Science) Universiti Utara Malaysia

by

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## ABSTRACT

The decision making in assigning all nursing staffs to shift duties in a hospital unit must be done appropriately because it is a crucial task due to various requirements and constraints that need to be fulfilled. The shift assignment or also known as roster has a great impact on the nurses' operational circumstances which are strongly related to the intensity of quality of health care. The head nurse usually spends a substantial amount of time developing manual rosters, especially when there are many staff requests. Yet, sometimes she could not ensure that all constraints are met. Therefore, this research identified the relevant constraints being imposed in solving the nurse rostering problem (NRP) and examined the efficient method to generate the nurse roster based on constraints involved. Subsequently, as part of this research, we develop a Tabu Search (TS) model to solve a particular NRP. There are two aspects of enhancement in the proposed TS model. The first aspect is in the initialization phase of the TS model, where we introduced a semi-random initialization method to produce an initial solution. The advantage of using this initialization method is that it avoids the violation of hard constraints at any time in the TS process. The second aspect is in the neighbourhood generation phase, where several neighbours need to be generated as part of the TS approach. In this phase, we introduced two different neighbourhood generation methods, which are specific to the NRP. The proposed TS model is evaluated for its efficiency, where 30 samples of rosters generated were taken for analysis. The feasible solutions (i.e. the roster) were evaluated based on their minimum penalty values. The penalty values were given based on different violations of hard and soft constraints. The TS model is able to produce efficient rosters which do not violate any hard constraints and at the same time, fulfill the soft constraints as much as possible. The performance of the model is certainly better than the manually generated model and also comparable to the existing similar nurse rostering model.

### ABSTRAK

Tugasan membuat keputusan dalam menjana jadual syif kepada kakitangan kejururawatan di dalam sesuatu unit hospital adalah sukar dan mesti dilakukan sewajarnya dengan mengambil kira segala kekangan dan keperluan yang perlu dipenuhi. Jadual syif, juga dikenali sebagai jadual tugas, mempunyai kesan yang besar kepada situasi pengoperasian jururawat yang sangat berkaitan dengan tahap kualiti penjagaan kesihatan. Biasanya, ketua jururawat memerlukan masa yang secukupnya untuk menjana sesuatu jadual manual syif terutama sekali apabila terdapat banyak permintaan dan keperluan kakitangan. Namun, ada ketikanya adalah sukar untuk memastikan yang semua keperluan dan kekangan dapat dipenuhi. Sehubungan itu, kajian ini bertujuan mengenal pasti kekangan yang berkaitan yang dikenakan dalam menyelesaikan masalah penjadualuan jururawat (NRP) dan mengkaji kaedah yang berkesan untuk menjana jadual svif jururawat berdasarkan kekangan yang terlibat. Seterusnya, satu model Tabu Search (TS) dibangunkan untuk menyelesaikan satu NRP tertentu. Terdapat dua aspek penambahbaikan dalam model TS yang dicadangkan. Aspek pertama adalah dalam fasa pembentukan awal model TS, yang mana kaedah pembentukan awal berasaskan separa rawak untuk menghasilkan penyelesaian awal telah diperkenalkan. Kelebihan menggunakan kaedah tersebut adalah ia dapat mengelak berlakunya pelanggaran kekangan keras pada mana-mana masa dalam proses TS. Aspek kedua adalah dalam fasa penjanaan kejiranan, yang mana beberapa jiran perlu dihasilkan sebagai sebahagian daripada pendekatan TS. Dalam fasa ini, dua kaedah penjanaan kejiranan yang berbeza dan khusus untuk NRP diperkenalkan. Model TS yang dicadangkan kemudiannya dinilai keberkesanannya, yang mana 30 sampel telah diambil untuk tujuan analisis. Beberapa penyelesaian yang sesuai (i.e. jadual tugas) telah dinilai berdasarkan kepada nilai penalti minimum. Nilai penalti diberikan berdasarkan kepada perbezaan pelanggaran kekangan keras dan lembut (kekangan yang boleh dilonggarkan). Model TS mampu menghasilkan jadual tugas yang cekap yang tidak melanggar mana-mana kekangan keras dan pada masa yang sama, memenuhi segala kekangan lembut sebaik yang mungkin. Prestasi model tersebut adalah lebih baik daripada model yang dijana secara manual dan setanding dengan model jadual tugas jururawat sedia ada yang terhampir.

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# **TABLES OF CONTENTS**

PER	MISSION TO USE	i	
ABS	ГКАСТ	ii	
ABS	ABSTRAK (Malay)		
ACK	NOWLEDGEMENTS	iv	
ТАВ	LE OF CONTENTS	v	
LIST	<b>COF TABLES</b>	х	
LIST	<b>COF FIGURES</b>	xi	
LIST	<b>COFACRONYMS</b>	xii	
СНА	<b>APTER ONE: INTRODUCTION</b>	1	
1.1	What is nurse rostering?	2	
1.2	Problems in rostering	3	
	1.2.1 Nurses' satisfaction	4	
	1.2.2 Hospital's operating costs	4	
	1.2.3 Quality patient care	4	
	1.2.4 Time-consuming task	5	
	1.2.5 Complexity of rostering process	5	
1.3	Research questions	6	
1.4	Research objectives		
1.5	Scheduling approach	7	
	1.5.1 The two-stage solution approach	7	
	1.5.2 The single-stage solution approach	7	
1.6	Scope of the research	8	
1.7	Contributions of the research		
18	Outline of the thesis		

Outline of the thesis 1.8

CHAPTER TWO: ASSIGNING OF NURSING STAFF THROUGH THE				
ROST	ERING	G PROCEDURE: A LITERATURE REVIEW	10	
2.1	Objectives being considered			
2.2	Constraint criteria			
	2.2.1	Hard constraints	12	
	2.2.2	Soft constraint s	13	
2.3	An ove	erview of earlier works	14	
2.4	Previo	us work	16	
2.5	Solutio	on approaches	16	
	2.5.1	Cyclical and non-cyclical scheduling	17	
	2.5.2	Optmization approach	18	
	2.5.3	Heuristic approach	19	
	2.5.4	Search approach	20	
	2.5.5	Constructive heuristic approach	26	
	2.5.6	Hybrid approach	27	
2.6	Discus	ssion and summary	31	

# CHAPTER THREE: TABU SEARCH PROCESS AND ITS COMPONENTS

33

3.1	A meta-heuristic approach		33
3.2	Tabu search architecture		
	3.2.1	Initialization of solution	35
	3.2.2	Fitness evaluation	37
	3.2.3	Neighbourhood generation	37
	3.2.4	Tabu list	40
	3.2.5	Aspiration functions	41
	3.2.6	Stopping criterion	42
3.3	Summ	ary	42

CHAI	PTER F	OUR: METHODOLOGY	43
4.1	A case	of an NRP	43
4.2	Research process		
4.3	Data collection		
	4.3.1	Number of staff	46
	4.3.2	Types of shifts	46
	4.3.3	Design of shifts	49
	4.3.4	Types of off days	49
	4.3.5	Categories of staff	49
4.4	Tabu s	search architecture	50
	4.4.1	Solution representation	51
	4.4.2	Initialization of the solution	52
	4.4.3	Fitness evaluation	53
	4.4.4	Neighbourhood generation	56
	4.4.5	Tabu list	59
	4.4.6	Aspiration functions	60
	4.4.7	Stopping criteria	62
4.5	Evalu	ation of schedule	62
	4.5.1	Coverage	62
	4.5.2	Quality	63
	4.5.3	Flexibility	63
	4.3.4	Cost	63
4.6	Summ	hary	64

CHAI	PTER H	FIVE: IMPLEMENTATION AND R	ESULTS 65
5.1	Currer	nt problem environment	65
	5.1.1	Shifts and constraints	66
	5.1.2	Nurse category and requirement	66
	5.1.3	Constraints in consideration	67
5.2	Soluti	on representation	69
5.3	User i	nput data	70
5.4	Apply	ing the TS approach to the NRP	70
	5.4.1	Initialization of solution	70
	5.4.2	Roster satisfactory and fitness evaluation	on 77
	5.4.3	Applying the TS mechanism to the NRI	<b>P</b> 80
5.5	Experi	iments and results	82
	5.5.1	The algorithm performance	82
	5.5.2	Comparison techniques	85
5.6	Summ	nary	88
CHAI	PTER S	SIX: CONCLUSIONS	90
6.1	Summ	nary	90
6.2	Implic	cations of the research	92
	6.2.1	Implications to the body of knowledge	93

Implications to the nurses

Limitations of the research

6.2.2

6.2.3

Future work

6.3

6.4

Implications to the field of healthcare management

94

94

95

96

REFERENCES	98
APPENDIX A	104
LIST OF PUBLICATIONS	116
VITA	117

# LIST OF TABLES

Table 2.1:	Classification of nurse rostering models by solution approaches excerpt from Ramli (2002).	15
Table 2.2:	Classification of recent nurse rostering models by solution approaches	16
Table 2.3:	Classification of earlier scheduling models by techniques	17
Table 4.1:	Working shifts	46
Table 4.2:	Off days	49
Table 5.1:	Working shifts and off days	66
Table 5.2:	Nurse level assigning for every working shift	67
Table 5.3:	The ME pattern blocks	75
Table 5.4:	Evaluation constraints for every row	78
Table 5.5:	Evaluation constraints for every column	79
Table 5.6:	TS model operation results	83
Table 5.7:	Results based on different criteria for models comparison	86

# **LIST OF FIGURES**

Figure 4.1:	The research process for the NRP	45
Figure 4.2:	The allocation of N and NO	48
Figure 4.3:	The development of TS for NRP	50
Figure 4.4:	The solution encoding and representation	51
Figure 4.5:	The possible representation of solution $W(l)$ for a partial solution	57
Figure 4.6:	The possible representation of solution $W(p)$ for a partial solution	58
Figure 4.7:	The process of tabu list for the TS	59
Figure 4.8:	The process of aspiration criterion	61
Figure 5.1:	Setting the nurse schedule formats	70
Figure 5.2:	Allocation of the N shifts and the NO days	71
Figure 5.3:	Allocation of the WO	72
Figure 5.4:	Allocation of the PO	73
Figure 5.5:	Rearrange heuristic (a null cell is more than six)	75
Figure 5.6:	Allocation of M and E work stretches (ME pattern block)	77
Figure 5.7:	Evaluation constraints for every row	78
Figure 5.8:	Evaluation constraints for every column	80
Figure 5.9:	The aspiration criterion process	81
Figure 5.10:	The 'best so far' schedule sample	84
Figure 5.11:	The sample grand total penalty	85

# LIST OF ACRONYMS

NSP	:	Nurse scheduling problem
NRP	:	Nurse rostering problem
OR	:	Operation research
Al	:	Artificial Intelligence
LP	:	Linear programming
IP	:	Integer programming
NLP	:	Non-linear programming
MIP	:	Mixed-integer programming
СР	:	Constraint programming
GP	:	Goal programming
NP	:	Network programming
RM	:	Redundant modeling
ES	:	Expert system
SA	:	Simulated annealing
GA	:	Genetic algorithm
MA	:	Memetic algorithm
TS	:	Tabu search
Н	:	Heuristics
СН	:	Constructive heuristics
MP	:	Mathematical programming
GP	:	Goal programming
ACO	:	Ant colony optimization
CSP	:	Constraint satisfactory problem
CBR	:	Case-based reasoning
EA	:	Evolutionary approach
EDA	:	Estimation of distribution algorithm
М	:	Morning shift

E	:	Evening shift
N	:	Night shift
NO	:	Night off day
WO	:	Weekly off day
PO	:	Public off day

### **CHAPTER ONE**

### INTRODUCTION

Manpower scheduling (or rostering) is concerned with the scheduling of human resources to meet temporal operational requirements in ways that satisfy the goals and policies imposed by the management, labour union and the government (Lau, 1996). Manpower scheduling is crucial in the management of a service organisation. One example is related to the nursing services in a hospital organisation.

As a rule, the nursing services in hospital wards must be available at all times with no breaks for weekends and holidays since the service is the critical type. Moreover, this job is a very high risk job because it is a difficult and tiring work, which involves patient safety and health care. In manpower scheduling, it is strongly suggested that, as the day progresses, a worker should be assigned for work no earlier than the shift he worked the day before so that he maintains a healthy biological clock (Lau, 1996).

In recent developments, it is observed that the scheduling of nurses has been widely studied and there are many approaches being developed for special circumstances. A wide variety of constraints can be imposed on the rosters depending on the legal, management and staffing requirements of individual organisations (Beddoe & Petrovic, 2005). The roster quality and optimality are highly subjective. Therefore, it is impossible to represent similar systems to develop the nurse roster.

# The contents of the thesis is for internal user only

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