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# Study of Foods Declared as GMO Free in the Market of the Republic of Kosovo

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**Abstract.** In this study, several samples from two different producers that are present in the Kosovo market and which are declared as GMO free are analyzed, the method of analysis is Agrastrip® GMO - Romer labs®. Samples were taken on a random basis in the market and the focus of the study were two products (corn and soy). As this problem is relatively new in the Republic of Kosovo, some theoretical and practical issues will be addressed by referring to the researchers in this field: what are GMOs and why GM foods are produced, the distinction to be made (myths and facts, socio-economic aspects), side effects (environment and health), bees as being of being dependent on existence and life (especially in food, relationship with GMOs).

**Keywords:** GMOs, GMO FREE, Agrastrip® GMOs - Romer labs®, corn, soy

## Introduction

In this project, we have treated a very controversial topic which is GMOs. The subject is very wide but we tried treating the problems from the basic concerns which are correlated with the topic. From showing what they are, why are they used for and what are the effects of them in our health and environment, to a study with several samples which were analysed in lab. Also in this study several samples from two different producers that are present in the Kosovo market and which are declared as GMO free are analyzed, the method of analysis is Agrastrip® GMO - Romer labs®. Samples were taken on a random basis in the market and the focus of the study were two products (corn and soy). As this problem is relatively new in the Republic of Kosovo, some theoretical and practical issues will be addressed by referring to the researchers in this field: what are GMOs and why GM foods are produced, the distinction to be made (myths and facts, socio-economic aspects), side effects (environment and health), bees as being of being dependent on existence and life (especially in food, relationship with GMOs).



## Materials and methods

### Experiment Required tools:

Glass jars  
Blender  
Corn bean  
Soy bean  
GMO kits

**The way we concluded the results:** The samples were taken on a random basis in the market. It should also be noted that the samples were analyzed in the laboratories of the Faculty of Food Science and Biotechnology – UBT. During this experiment we analyzed two products (soy and corn), the purpose of this experiment was to confirm if these products marked as free GMO are true. This method consists on The AgraStrip® test kits are ready-to-use lateral flow devices (LFD) for on-site testing. These allow a rapid analysis of a wide range of commodities within only 6 minutes First, an amount of corn and soybean grains were crushed by blender and the sample was homogenized. Then 10g of each sample was taken and placed in laboratory glassware with 500ml volume and filled with distilled water up to 200 ml. After the samples are placed, the product is homogenized. Then the agrotrip GMO test kits are placed in the samples and left in a position for 15 minutes. After 5 minutes, the kit is removed and the results were shown in a visual way.

A single violet line at the center of the test - negative test

Two lines at the center of the test - positive test

No lines at the center of the test - invalid test



AgraStrip® Test

## Results and discussion

The results obtained during this study show that the results were negative, thus analyzed samples were not genetically modified. Which indicates that the products obtained in the study and which are declared as GMO free, have not resulted genetic modifications. This study is from random studies conducted in the republic of Kosovo, therefore we hope to be an incentive for wider testimonies in our country.

## Conclusions

Based on the results of this study we can conclude that:

1. The products analyzed meet their objectives to have GMO free products on the market;
2. None of the analyzed soy samples did not prove positive in the AgraStrip® test;
3. None of the analyzed corn samples did not prove positive in the AgraStrip® test;
4. Most of the food in the Republic of Kosovo are not declared as GMO free;
5. We recommend competent institutions to deal with this issue in cooperation with scientific institutions, to have a realistic understanding of what foods are consuming the population in the Republic of Kosovo;

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