

# PAIN REASSESSMENT CHAMPIONS

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## Published In/Presented At

Hoffman, J. Diaz, L. Romanski, L. (2019, Sept 26). *PAIN REASSESSMENT CHAMPIONS*. Poster Presented at: LVHN Vizient/AACN Nurse Residency Program Graduation, Lehigh Valley Health Network, Allentown, PA.

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# PAIN REASSESSMENT CHAMPIONS

Jessica Hoffman, BSN, RN, Luz Diaz, ADN, RN, Lauren Romanski, ADN, RN: 5CP and 7BP

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## BACKGROUND

- Pain re-assessment compliance averages for 5CP between January 20 - March 23: 83.4%
  - Goal for 5CP pain re-assessment: 95% or greater
- Pain re-assessment compliance averages for 7B between January 20 - March 23: 70.8%
  - Goal for 7B pain re-assessment: 90% or greater

## PICO

- P - Medical-surgical nurses on 5CP and 7B
- I - Re-education and visual reminders
- C - No re-education or visual reminders
- O - Re-assessment compliance

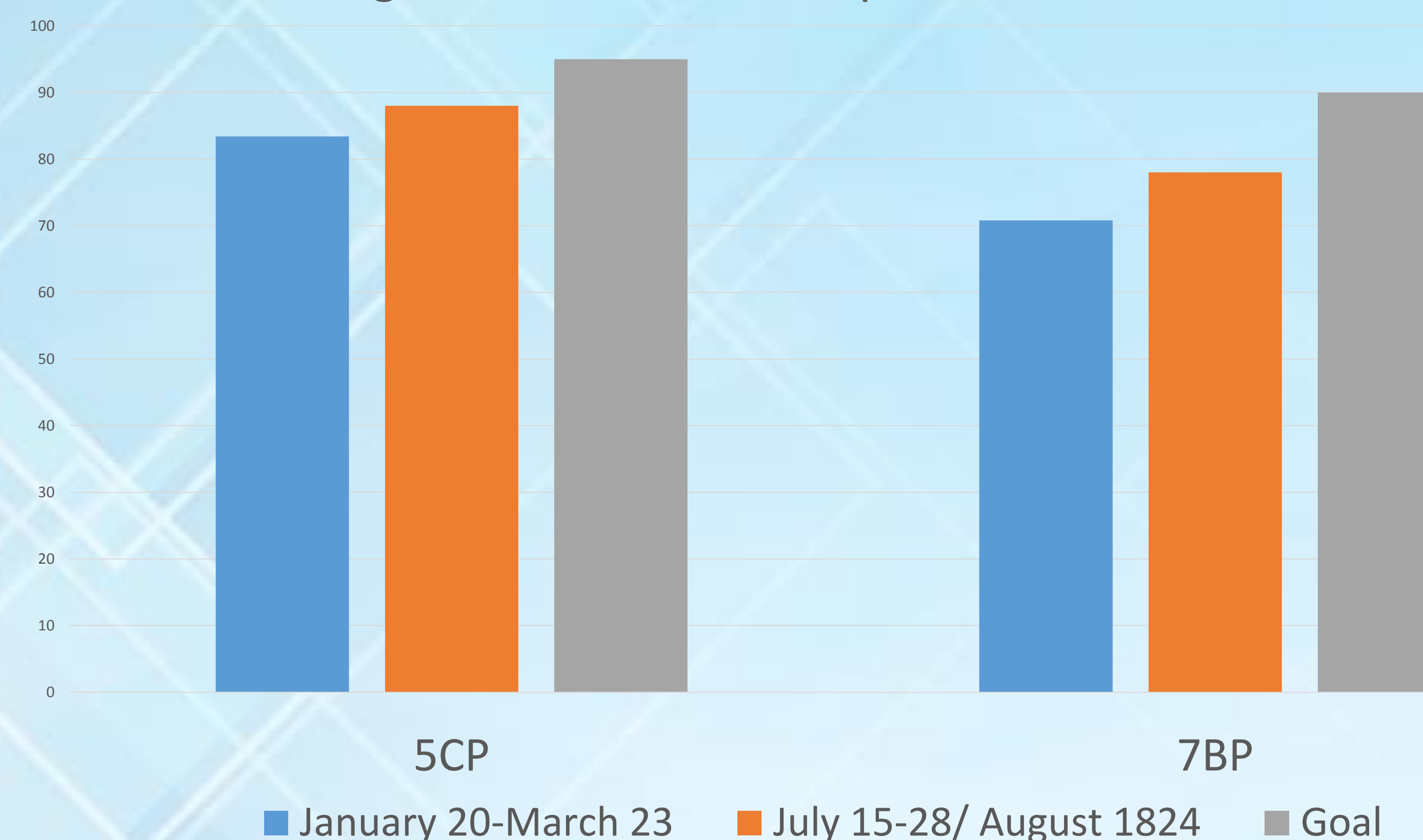
## EVIDENCE

- Lehigh Valley Health Network's current pain re-assessment policy states that, patients in the inpatient setting, "Pain reassessment is completed after every pain intervention based on patient's response and perception and documented within two (2) hours.
- Cline (2016) states "As a result [of increased pain re-assessments], the nurses managed the oncology patient's pain effectively and proactively by identifying a need earlier to adjust the patient's medication" (pp 131).
- Ford, et al (2014) found that the presence of a stimulus led to an increase in the amount of individuals utilizing forms of hand hygiene such as water, soap, and towels.
- The Joint Commission- accredited organizations (JACO) reevaluated their pain re-assessment standards in January of 2018. One of these revised statements requires "The hospital has defined criteria to screen, assess, and reassess pain that are consistent with the patient's age, condition, and ability to understand" (R3 report).

## OUTCOMES

- Pain re-assessment compliance averages for 5CP between July 15- July 28: 88%
  - This was an increase of 4.6% when compared with pre-implementation data.

Changes in Pre and Post Implementation Numbers



Pain re-assessment compliance averages for 7BP between August 18- August 24: 78%

This was an increase of 7.2% when compared with pre-implementation data.

## IMPLEMENTATION



Visual reminders were placed on the portable computers on the unit 5CP on July 9, 2019.

There were 4 different colors utilized for these reminders with different statements and pictures.

Educational materials were given out to RNs on 7BP on August 10, 2019. The education materials provided information to nurses about how to better see pain re-assessment times.

### Education Pointers for Pain Reassessment

- Adding "Reassess Pain" to your worklist
- You can add a column labeled "reassess pain" which can pop up on your work list
  - On epic in the upper left hand side, click edit list then properties
  - In "available columns" you will find reassess pain, click line and add column
  - In "selected columns" you can then use the up and down arrows to move "reassess pain" to your liking
  - This will then show up on your worklist and screen, reminding you to reassess your patient's pain.
  - It will give a time to reassess your patient's pain by, this will be 1 hour since giving medication
  - You have two hours to reassess pain and document medication effectiveness
  - When documenting initial pain & medication given, remember to add to flowsheet the location, frequency, quality, and any non-verbal indicators of pain
  - Remember, scheduled narcotics and Tylenol will not show up in worklist. You will need to manually go into flowsheet and update pain reassessment there

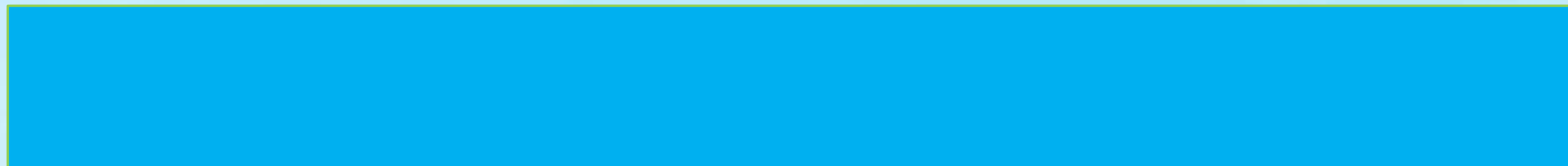
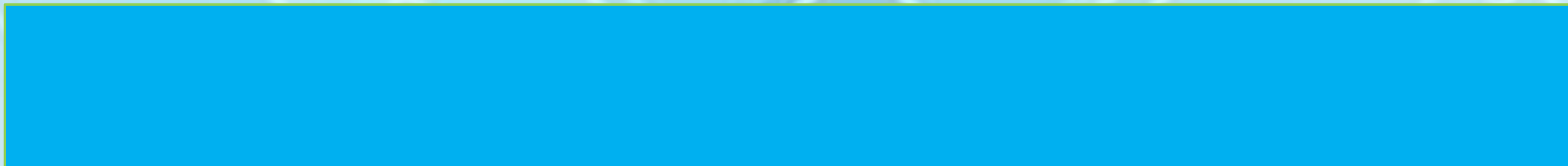
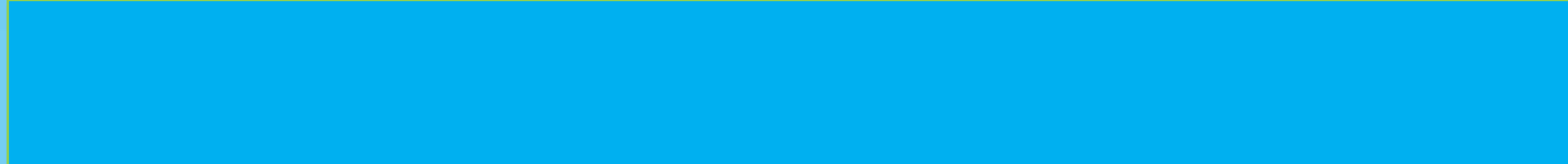
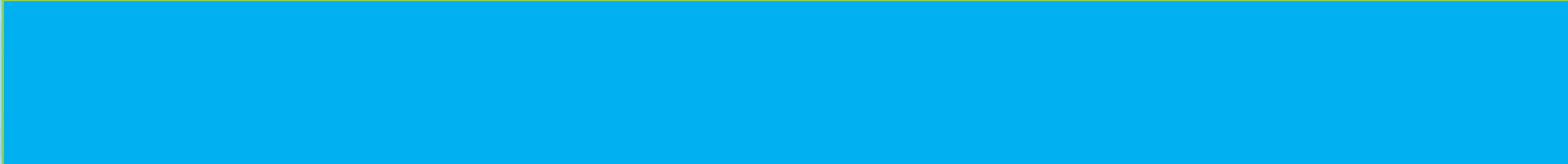
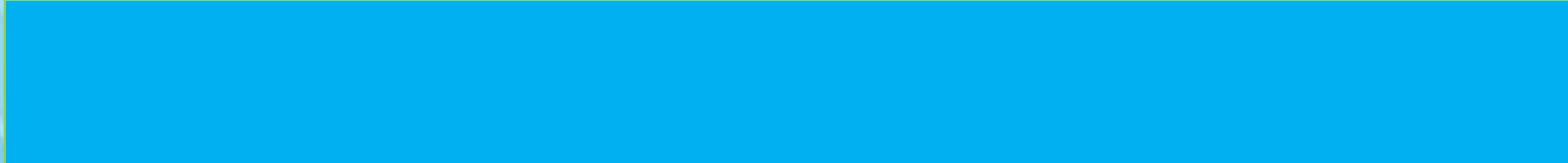
## NEXT STEPS

- Continue visual reminders and education on pain-reassessment to help both 5CP and 7BP achieve their pain re-assessment goals.
- Implement visual reminders and educational materials for pain re-assessment network wide.

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