

## “Time” To Turn

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# “Time” To Turn

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## Background/Triggers

- Recent Prevalent Study revealed 4 Hospital Acquired Pressure Injuries (HAPI's) on 3B and PCU Units at the Pocono Campus.
- Infrequent Q2 turning observed on current units.
- Desire to provide optimal patient care to high risk patients.

## PICO

“Will implementing a visual turn clock outside patient rooms with high skin risk Braden Score improve turn rate compliancy for licensed and unlicensed personnel on PCU and 3B units?”

- P- Licensed and Unlicensed Personnel
- I- Turning Clock
- C- Visual time clock compliance VS. non-visual compliance on PCU and 3B units
- O- Increased compliance on turning noted through direct observation and documentation of compliance

## Evidence

- Prevalence of HAPIs is high
  - 2.5 million per year (Duncan 2007).
- Hospital acquired pressure injuries are pricey
  - National Pressure Ulcer Advisory Panel 2017
    - Estimated \$70,000 per incident, \$11,000,000 every year (Padula 2011).
- Repositioning guidelines nationally are not consistently being followed (Tucker 2009).
- Healthy people 2020
  - 5 Million Lives Campaign & The Joint Commission
    - Visual reminders outside patient door increased staff compliance for Q2 Turns (Duncan 2007) (Baldelli 2018).
    - Pressure injuries decreased 7-15% in 1 year from nurse education program, including the use of visual reminders (Baldelli 2018).

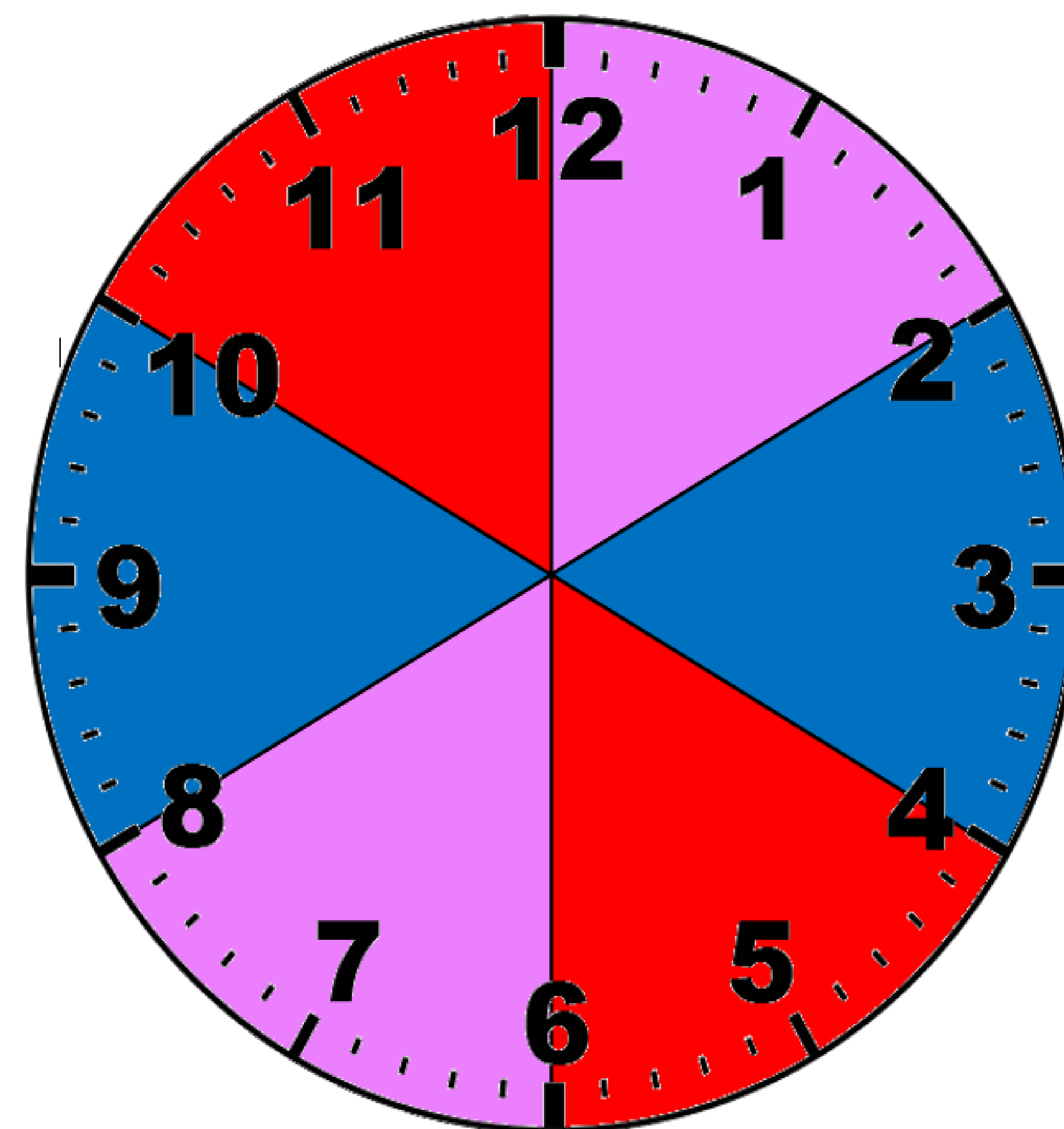
## Pre-Implementation

- Daily rounding/ huddle with Unit Supervisors on Braden scores regarding high risk patients.
- Daily rounding/Huddle with Unit Supervisors to review and remind Turn Clock compliance.
- Print out education reminders and post in high flow areas.
- Email clinical staff on visual turn clock
  - Educate regarding Prevalent Study HAPI numbers.
  - Educate on importance of Q2 Turning.
  - Educate on Turn Clock procedure
  - Educate on documentation

## Implementation

- Provide each unit with laminated turning schedule Turn Clocks.
- Display Turn Clock outside high risk patient door.
- Daily secret shopper observation provided by Unit Supervisors, Nurse Residents and HUCs.
- Weekly compliant percentages gathered and compiled.

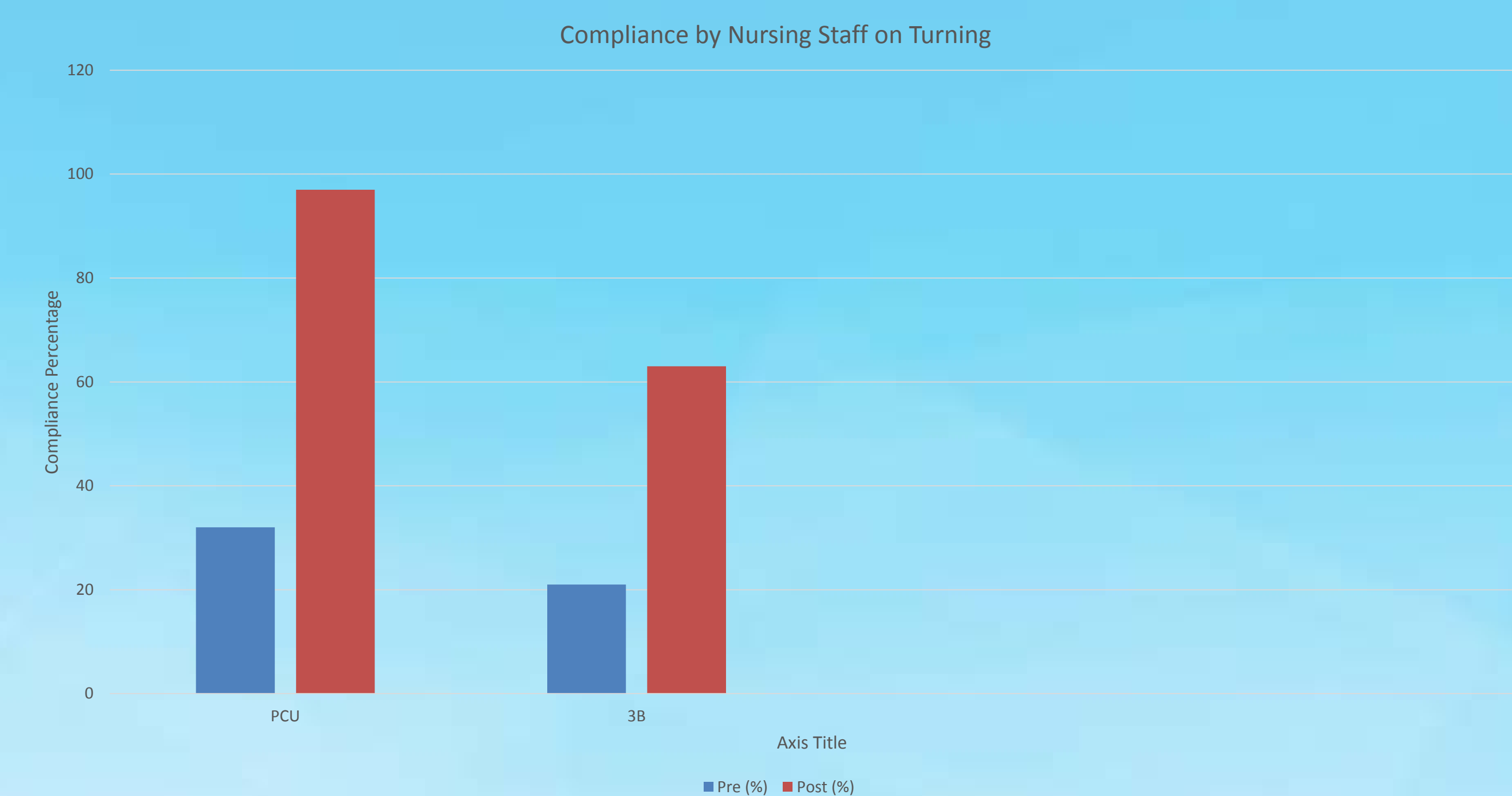
## Patient Turning Schedule



■ Back ■ Left ■ Right

SRhinesmith, BSN, RN & RBell, BS, RN

## Post-Implementation



## Conclusion/ Next Steps

- Assess staffing issues/concerns related to poor compliance on 3B.
  - Turn Clock design confusing. Requested movable dial to show current turn so RN, NA can visually see from outside room if turn was complete.
  - More Nurse Assistant education required on charting Q2 turns.
- Educate and implement nurse driven Skin Bundles to all at-risk patients.
  - Turn Clocks, wedges, heel boots, and skin protection products.
  - Pilot to start March 1, 2019 on PCU.

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