Lehigh Valley Health Network LVHN Scholarly Works

Patient Care Services / Nursing

Benefits of a Multidisciplinary Survivor Clinic in Addressing Quality of Life After Cancer Treatment

Laura Beaupre BSN, OCN, CBPN-IC Lehigh Valley Health Network, Laura.Beaupre@lvhn.org

Jane Zubia RN, OCN, CBPN I-C Lehigh Valley Health Network, Jane.Zubia@lvhn.org

Kathy Sevedge RN, MA, AOCN Lehigh Valley Health Network, Kathleen.Sevedge@lvhn.org

Eileen Steirer Lehigh Valley Health Network, Eileen.Steirer@lvhn.org

Alyssa Pauls RN, BSN, OCN Lehigh Valley Health Network, alyssa.pauls@lvhn.org

See next page for additional authors

Follow this and additional works at: https://scholarlyworks.lvhn.org/patient-care-services-nursing

Published In/Presented At

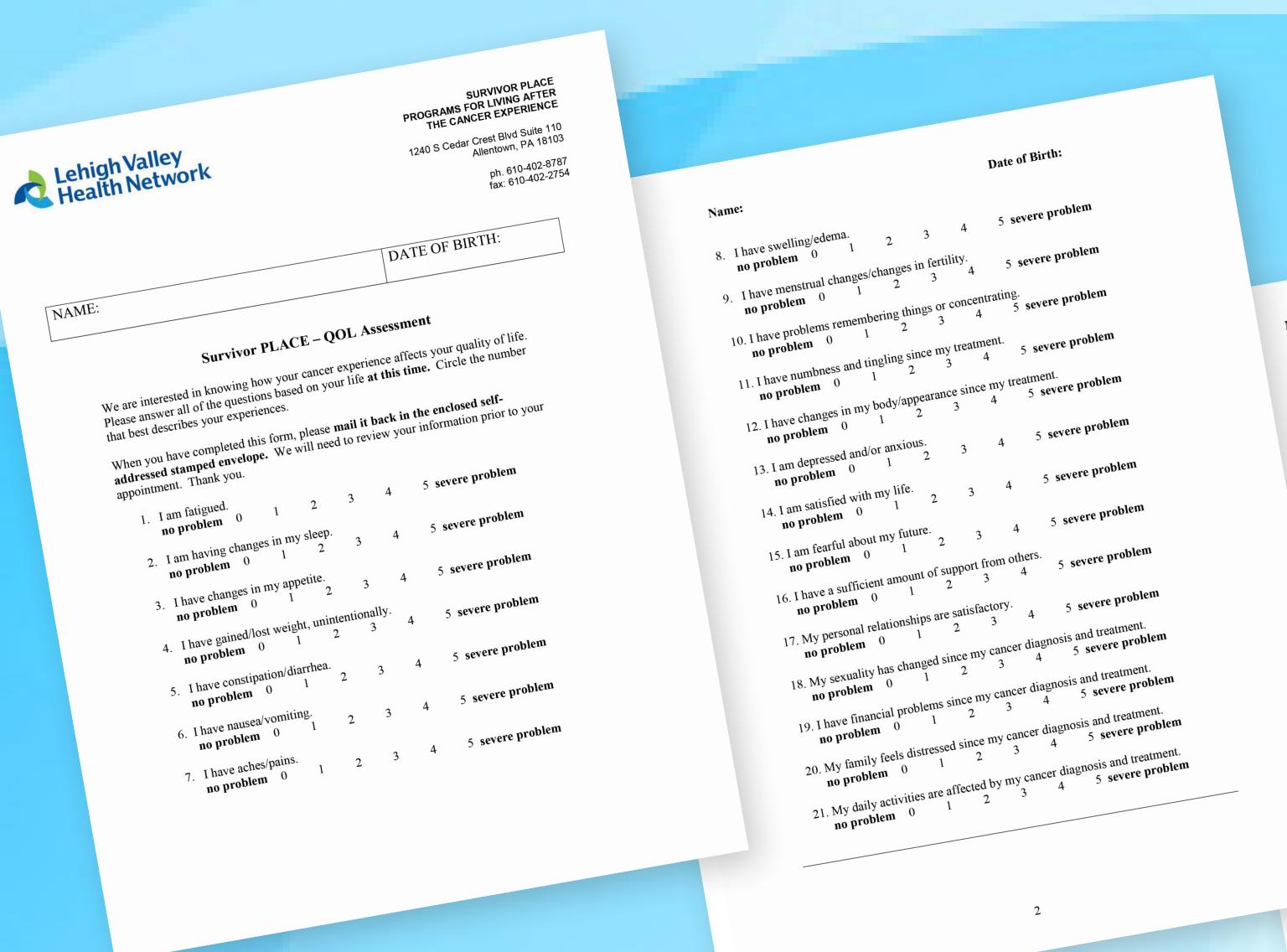
Beaupre, L. Zubia, J. Sevedge, K. Steirer, E. Pauls, A. Smith, C. Chicas, M. Kenna, J. Miller, A. Roman, R. (2018, October 15-18). Benefits of a Multidisciplinary Survivor Clinic in Addressing Quality of Life After Cancer Treatment. Poster Presented at: The Academy of Oncology Nurse Navigators (AONN) Annual National conference, Dallas, Texas.

This Poster is brought to you for free and open access by LVHN Scholarly Works. It has been accepted for inclusion in LVHN Scholarly Works by an authorized administrator. For more information, please contact LibraryServices@lvhn.org.

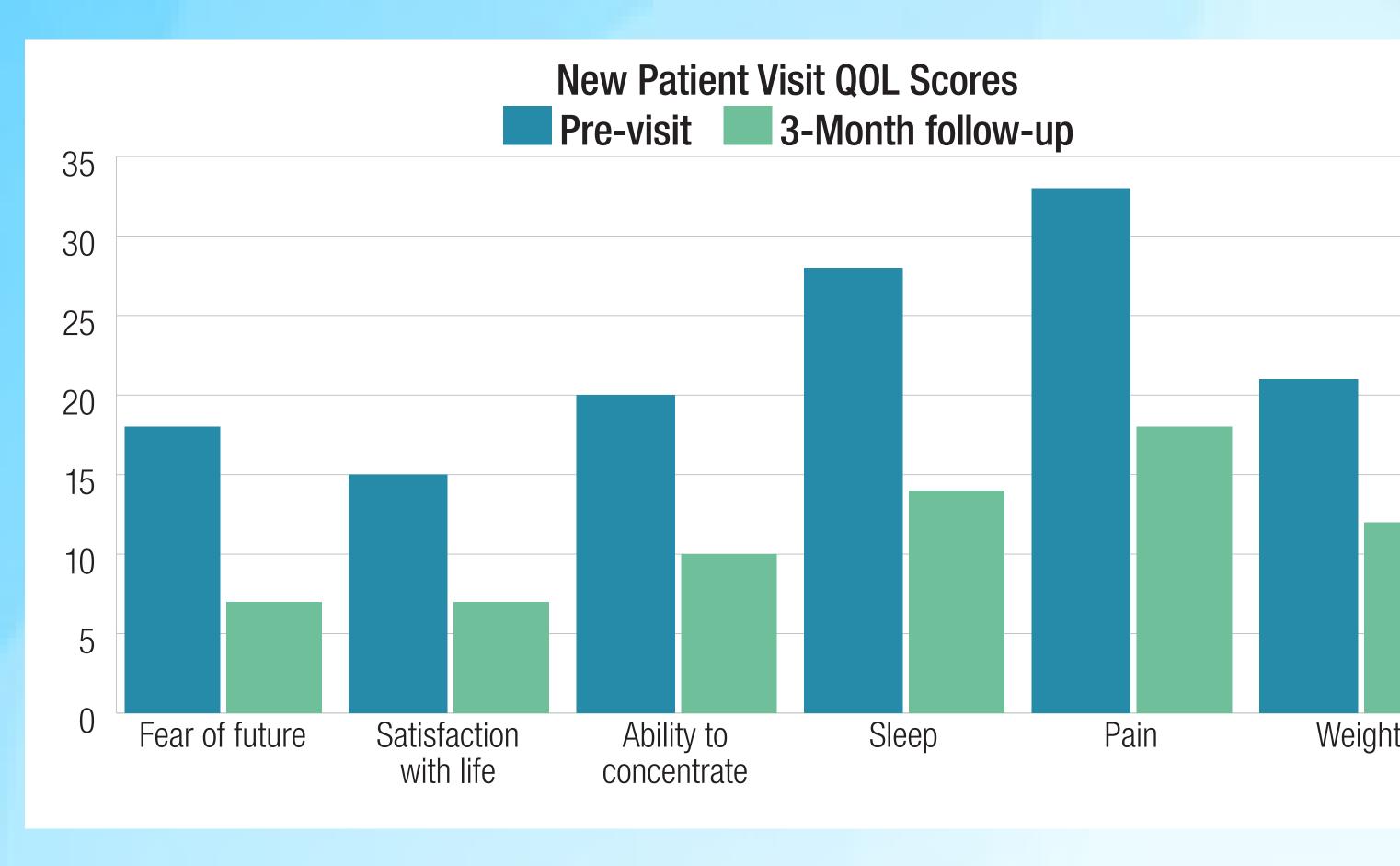
Authors

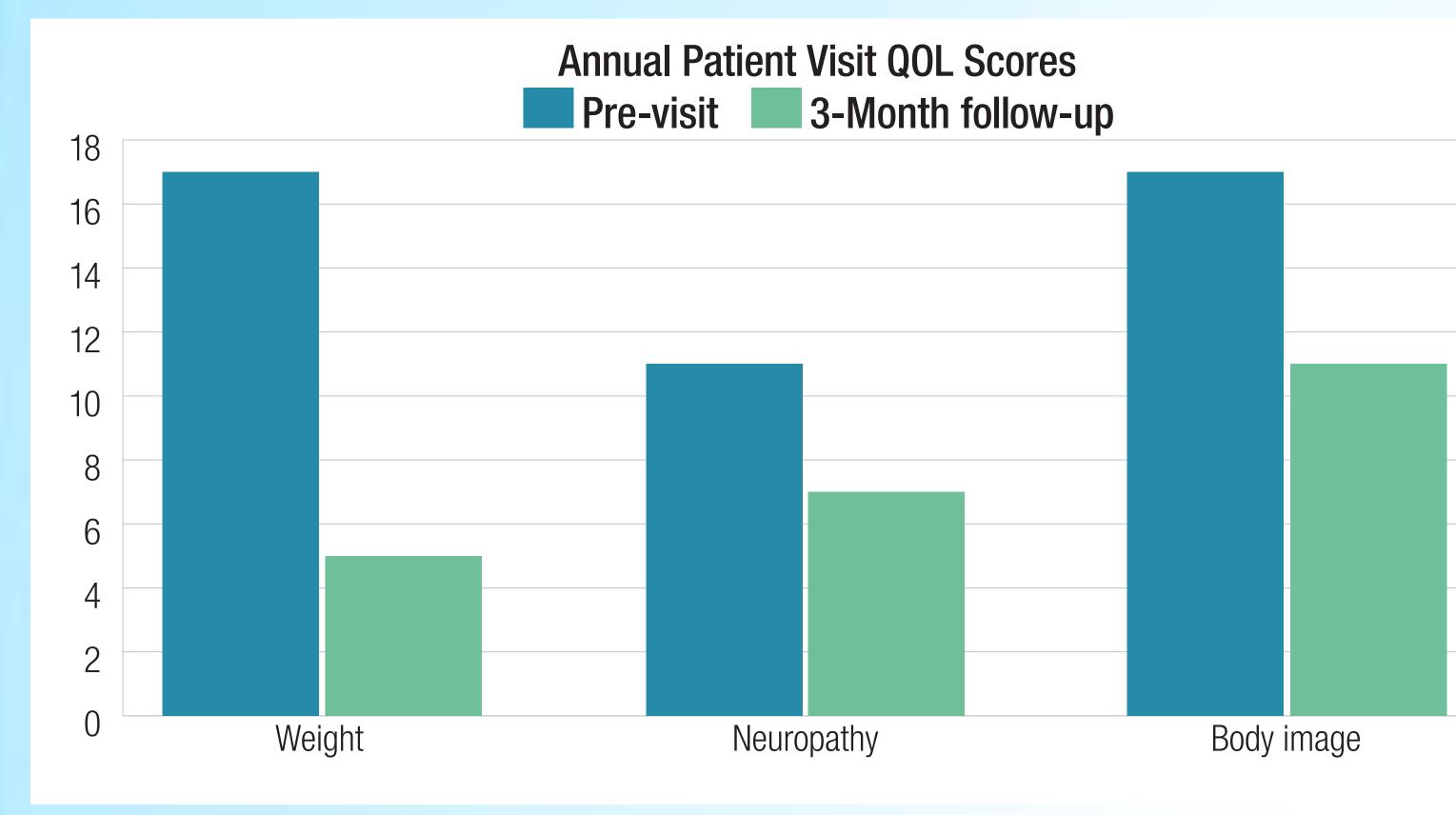
Laura Beaupre BSN, OCN, CBPN-IC; Jane Zubia RN, OCN, CBPN I-C; Kathy Sevedge RN, MA, AOCN; Eileen Steirer; Alyssa Pauls RN, BSN, OCN; Cynthia Smith RN, BSN, MA, OCN; Martiza Y. Chicas RN, PCCN; Jeanne Kenna RN, OCN; Angela Miller RN, M.Ed, OCN; and Raizalie Roman RN, BSN, OCN

Benefits of a Multidisciplinary Survivor Clinic in Addressing Quality of Life After Cancer Treatment



Quality of Life (QOL) assessment is filled out by the patient prior to Survivor PLACE visit and then again 3 months after the visit.





Our results indicate that overall QOL scores improved at 3 months for patients who have had a multidisciplinary survivorship visit. Lower score represents an increase in QOL.

Laura Beaupre, RN, BSN, OCN, CN-BN; Jane Zubia, RN, OCN, CN-BN; Kathleen Sevedge, RN, MA, AOCN; Eileen Steirer; Alyssa Pauls, RN, BSN, OCN; Cynthia Smith RN, BSN, MA, OCN; Maritza Chicas, RN, BSN, OCN; Jeanne Kenna, RN, OCN; Angela Miller, RN, M.Ed, OCN; Raizalie Roman, RN, BSN, OCN

Department of Cancer Support Services, Lehigh Valley Cancer Institute, Allentown, PA

PATIENT CENTERED **MULTIDISCIPLINARY** SURVIVOR VISIT

Survivor PLACE focuses on wellness, quality of life and health promotion. Patients receive a comprehensive evaluation by a CRNP, dietitian, social worker/counselor, nurse navigator and rehabilitation specialist. Genetic counselors review each case and financial counselors are available.

COUV

DIETITIAN



- REFERENCES default.aspx

"Care of the cancer survivor should include prevention," surveillance, assessment of late effects and intervention for consequences of cancer and treatments."¹ Survivor PLACE (People Living After the Cancer Experience) was created as a multidisciplinary clinic using the Yale model² to evaluate and provide recommendations to those who have completed cancer treatment.

► All staff are oncology trained/certified.

Each patient receives a treatment summary and survivor care plan which includes individualized recommendations.

Our aim is to utilize the Quality of Life (QOL) Assessment for optimal patient interaction and to provide individualized interventions along with determining the appropriate multidisciplinary team and resources.

Each team member meets individually with the patient to evaluate, educate and make appropriate referrals/recommendations for ongoing support.

At the first Survivor PLACE visit, patients are evaluated by each team member.

At annual Survivor PLACE visits, providers are determined by patient request and navigator input from the QOL assessment.

Lehigh Valley Health Network has resources for physical therapy, occupational therapy, genetics, nutrition, weight control, fitness, emotional support and financial counselors.

Based on the results of this study, the Survivor PLACE team will incorporate resources such as sex therapist, pelvic floor therapist and cognitive rehabilitation.

¹NCCN Guidelines[®] & Clinical Resources. https://www.nccn.org/professionals/physician_gls/

²Sevedge, K. (September-October 2013). Survivor Place- Evolution of a multidisciplinary approach to survivorship care. accc.cancer.org.



LVHN.org