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Retrospective Study on Outcomes of Veno-Venous and Veno-Arterial Extracorporeal Membrane Oxygenation

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BACKGROUND

- Extracorporeal Membrane Oxygenation (ECMO) is a form of partial heart-lung bypass that provides support for critically ill patients with severe yet potentially reversible respiratory and/or cardiac failure¹
- ECMO is a supportive therapy that allows time for recovery of lung and/or heart function by directly oxygenating and removing CO₂ from the patient's blood
- ECMO provides direct respiratory support via veno-venous (VV) ECMO or cardiorespiratory support via veno-arterial (VA) ECMO²

OBJECTIVE

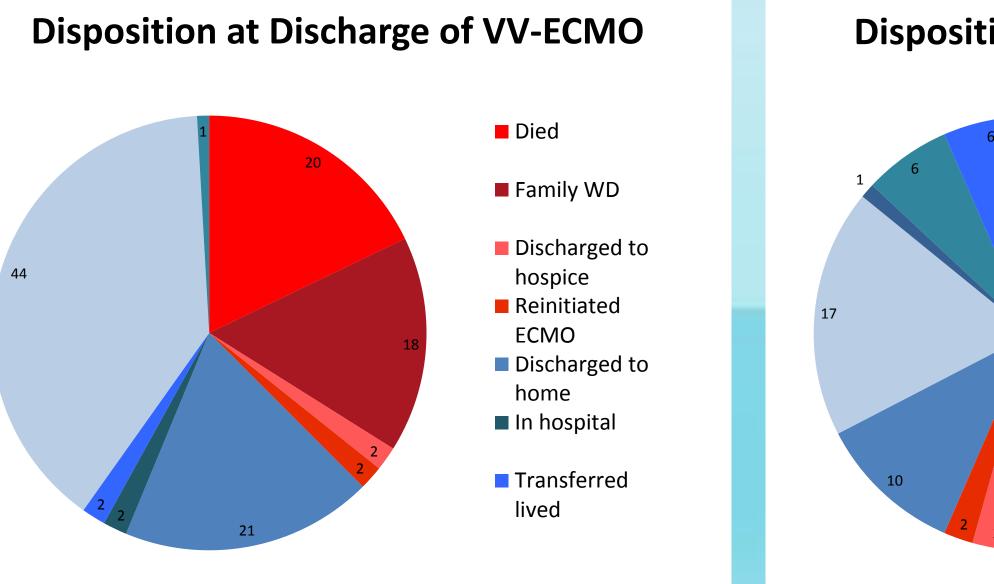
 This study analyzes the survival at discharge of patients treated with VV and VA-ECMO at the Lehigh Valley Health Network from 2013-2017

METHODS

A retrospective review of all VV and VA-ECMO patients recorded from 2013-2017 at the Lehigh Valley Health Network. The study included 112 VV-ECMO cases and 92 VA ECMO cases, including patients who underwent extracorporeal cardiopulmonary resuscitation (ECPR)

- Electronic hospital records were reviewed for demographic, etiology, and outcome information
- Data collection and analysis focused on survival rates after ECMO support was provided

OUTCOMES



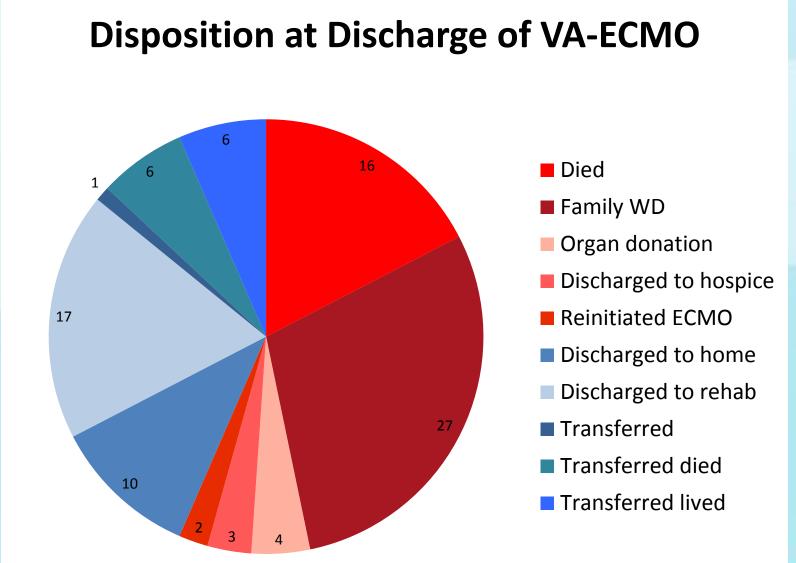


Figure 1: Positive (blue) and negative (red) outcomes were determined at the time of patient discharge. Overall outcomes for patients treated with VV-ECMO at LVHN show a survival rate of 63%. Of the patients treated with VA-ECMO, there was a 43% survival rate.

| Type of ECMO Support: | VV ECMO | | VA ECMO | | VA ECMO (excluding ECPR) | |
|------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|--------------------------|-----------------------|
| Date of Procedure: | Feb 2013- Dec 2015 | Jan 2016- May 2017 | Feb 2013- Dec 2015 | Jan 2016- May 2017 | Feb 2013- Dec 2015 | Jan 2016- May 2017 |
| Survival Rates at Discharge: | 60.87% | 65.12% | 39.61% | 48.71% | 53.33% | 64.70% |

Figure 2: VV and VA-ECMO patients were split into two groups based on procedure date. The survival rate at discharge increased from Feb 2013-Dec 2015 to Jan 2016-May 2017 for both VV and VA-ECMO cases. The VA-ECMO survival rate that excludes ECPR patients shows the greatest increase between years.

Comparison of ECPR and Non-ECPR VA-ECMO Dispositions

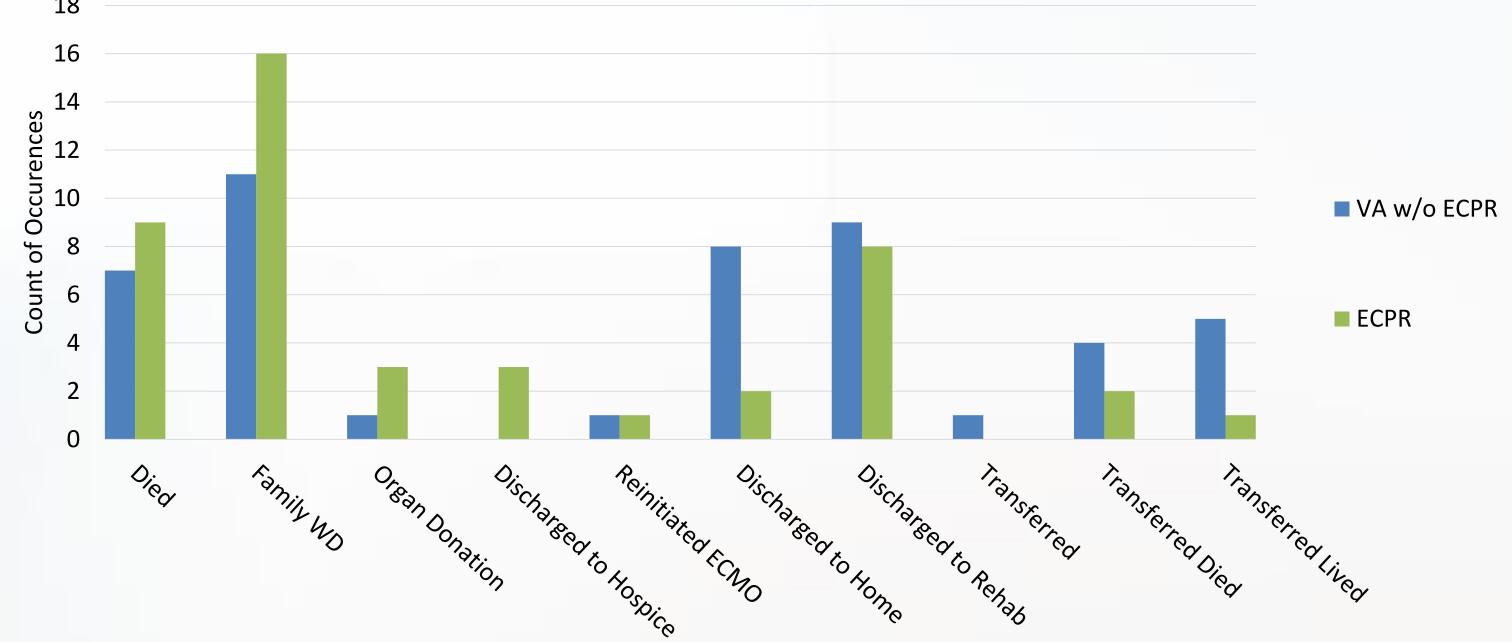


Figure 3: Comparison of patient dispositions at discharge between those who underwent ECPR and those who required VA-ECMO for other cardiopulmonary issues.

RESULTS

- Patients treated with VV-ECMO show a survival rate of 63% while patients treated with VA-ECMO show a survival rate of 43%, the majority of whom were discharged to rehab
- LVHN experienced a 5% increase in VV-ECMO survival, a 9% increase in VA-ECMO survival, and an 11% increase in the survival of VA-ECMO patients that did not undergo ECPR

CONCLUSIONS

- Increase in survival rates for both VV and VA-ECMO cases suggests that greater experience with ECMO may lead to greater patient survival over time
- ECPR patients who experienced cardiac arrest likely contributed to the lower survival rate in VA-ECMO patients
- Overall results of ECMO continue to demonstrate the importance of this life saving technology and service
- Future research should investigate how LVHN ECMO case volumes and outcomes compare to other ECMO centers across Pennsylvania

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