Lehigh Valley Health Network LVHN Scholarly Works

Patient Care Services / Nursing

Turn Over for What: Pressure Injury Prevention and Nurse/Technical Partner Compliance.

Kim Ni BSN, RN Lehigh Valley Health Network, Kim.Ni@lvhn.org

Stephanie Byers BSN, RN Lehigh Valley Health Network, Stephanie.Byers@lvhn.org

Laura Thomson BSN, RN Lehigh Valley Health Network, Laura K.Thomson@lvhn.org

Kailyn Wunder BSN, RN Lehigh Valley Health Network, Kailyn E.Wunder@lvhn.org

Isla Carruthers BSN, RN Lehigh Valley Health Network, Isla C.Carruthers@lvhn.org

Follow this and additional works at: https://scholarlyworks.lvhn.org/patient-care-services-nursing



Part of the Nursing Commons

Published In/Presented At

Ni, K. Byers, S. Thomson, L. Wunder, K. Carruthers, I. (2018, February 9). Turn Over for What: Pressure Injury Prevention and Nurse/ Technical Partner Compliance. Poster Presented at: LVHN Vizient/AACN Nurse Residency Program Graduation, Lehigh Valley Health Network, Allentown, PA.

This Poster is brought to you for free and open access by LVHN Scholarly Works. It has been accepted for inclusion in LVHN Scholarly Works by an authorized administrator. For more information, please contact LibraryServices@lvhn.org.

Turn Over for What: Pressure Injury Prevention and Nurse/Technical Partner Compliance

Kim Ni BSN, RN; Stephanie Byers BSN, RN; Laura Thomson BSN, RN; Kailyn Wunder BSN, RN; Isla Carruthers BSN, RN

Lehigh Valley Health Network, Allentown, Pennsylvania

Background

- There is an opportunity to improve nurse sensitive quality indicators related to pressure injuries.
- Unit acquired pressure injury development

The Number of Pressure Injuries on Each Unit			
Unit	Sept 2017	Oct 2017	Nov 2017
6T	0	1	1
6K	1	0	2
4K	1	3	2

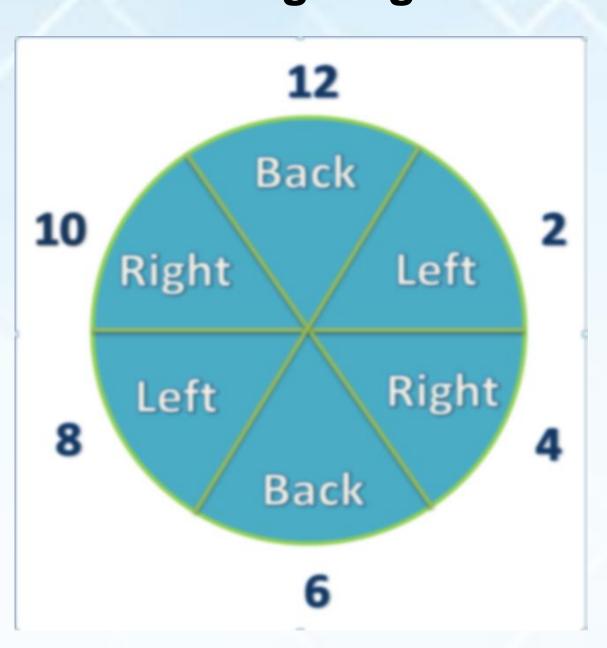
- Monitoring demonstrated repositioning is done less frequently than the recommended Q2 hours.
- Pressure injury development is associated with increased costs to the network.

PICO

In licensed and non-licensed staff on medical-surgical patient care units, does use of a visual cue versus no repositioning prompts improve compliance in turning patients with a Braden score of 18 or less at risk for pressure injury development?

- P- Licensed and non-licensed staff on med-surg units
- I- Using a visual prompt
- C- No repositioning prompts
- O- Improve compliance with turning at risk patients with Braden scores 18 or less

Turning Magnet



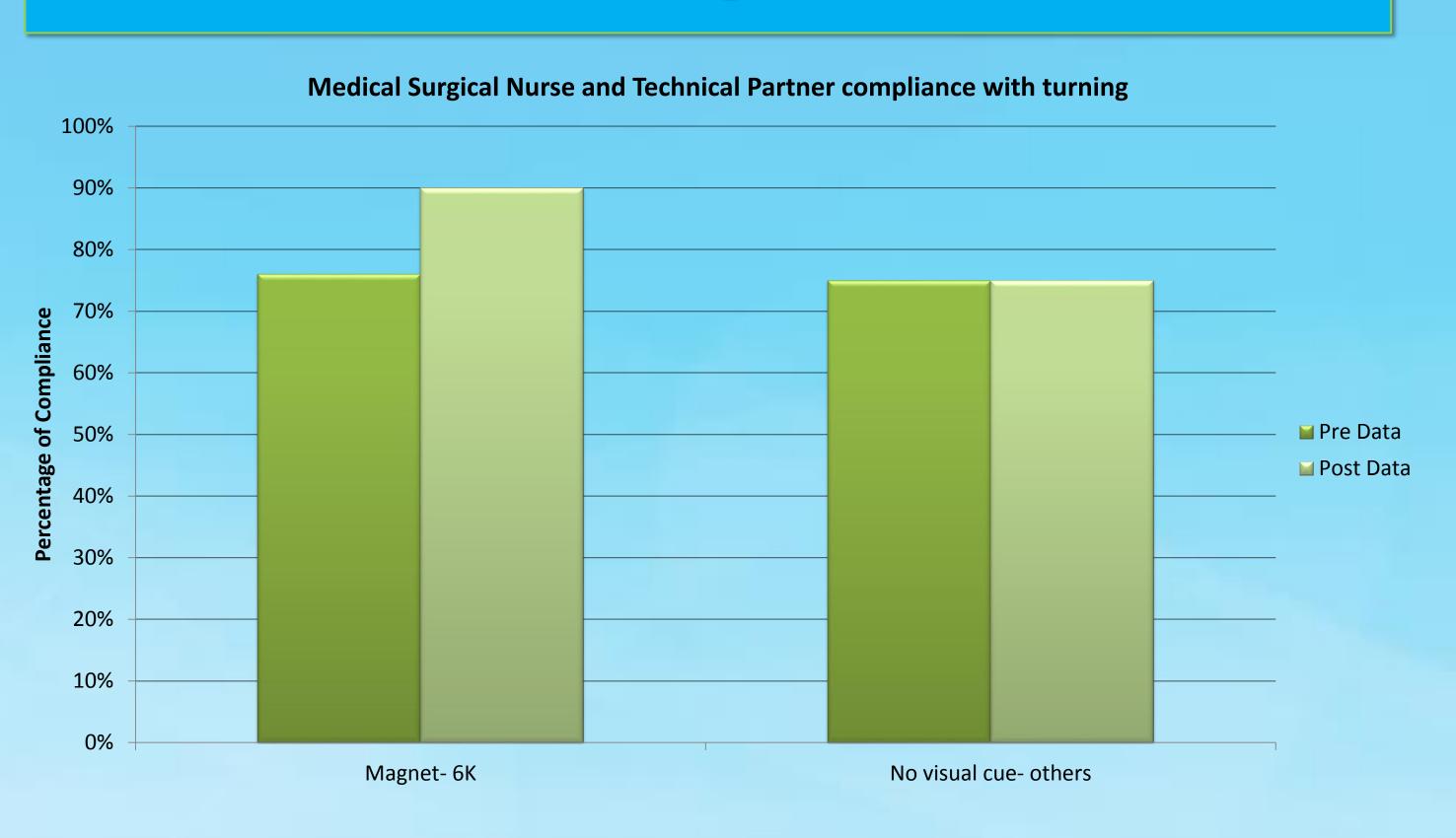
Evidence

- Pressure injuries account for \$11billion in annual health care spending in the US.³
- Turning and repositioning is fundamental to pressure injury prevention.³
- Having a visual aide helps nurses and technical partners consistently turn patients.²
- Pressure injury development can have a negative impact on a patient's quality of life. 4
- Evidence showed that nurses relied on techs to turn patients within 30 minutes of a scheduled time.
- Turning sensor reminded nurses and techs to turn patients.²

Implementation Plan

- Secret shopper repositioning audits were preformed on patients who required repositioning. Secret shoppers included PCS from unit during day shift, and nurse residents during night shifts for 4 shifts.
- During safety huddle or through use of Epic report, determine the patients who have a Braden score of 18 or less (exclude patients who refused repositioning).
- Implementation of turning clock as a visual cue on 6K; other units were control units-6T, 6C use individual nurse timed turning; 4K uses even and odd hour turning.
- Following magnet implementation, repeat monitoring related to compliance of turning during night shift for 4 shifts.
- Qualitative data- surveys were provided to staff on 6K to obtain feedback on use of magnets.

Monitoring Results



Conclusion

Outcomes

- Improved compliance of turning.
- Staff stated magnets helped with compliance of turning and repositioning.
 However, some staff stated that the specific timing of magnet was not for every patient.

Long term goals and outcomes:

- Proposal to Skin Integrity Quality Improvement Team & unit skin champions
- Promote patient safety
- Decrease costs for the network
- Improve patient outcomes

Reference

- Bergstrom, N., Horn, S. D., Rapp, M. P., Stern, A., Barrett, R., & Watkiss, M. (2013). Turning for ulcer reduction: A multisite randomized clinical trial in nursing homes. Journal of the American geriatrics society, 61(10), 1705-1713.
- Do, N. H., Kim, D. Y., Kim, J. H., CHoi, J. H., Joo, S. Y., KaNg, N. K., & BaeK, Y. S. (2016). Effects of a continuous lateral turning device on pressure relief. Journal of physical therapy science, 28(2), 460-46
- 3. Gillespie, B. M., Chaboyer, W. P., McInnes, E., Kent, B., Whitty, J. A., & Thalib, L. (2012). Repositioning for pressure ulcer prevention in adults. Cochrane Database Syst Rev20144Cd009958.
- Moore, Z. E., & Cowman, S. (2012). Repositioning for treating pressure ulcers. Cochrane Database Syst Rev, 9.

© 2014 Lehigh Valley Health Network

