

# update

Vol. 5 No. 12

September 13, 1982

## More steam, more savings!

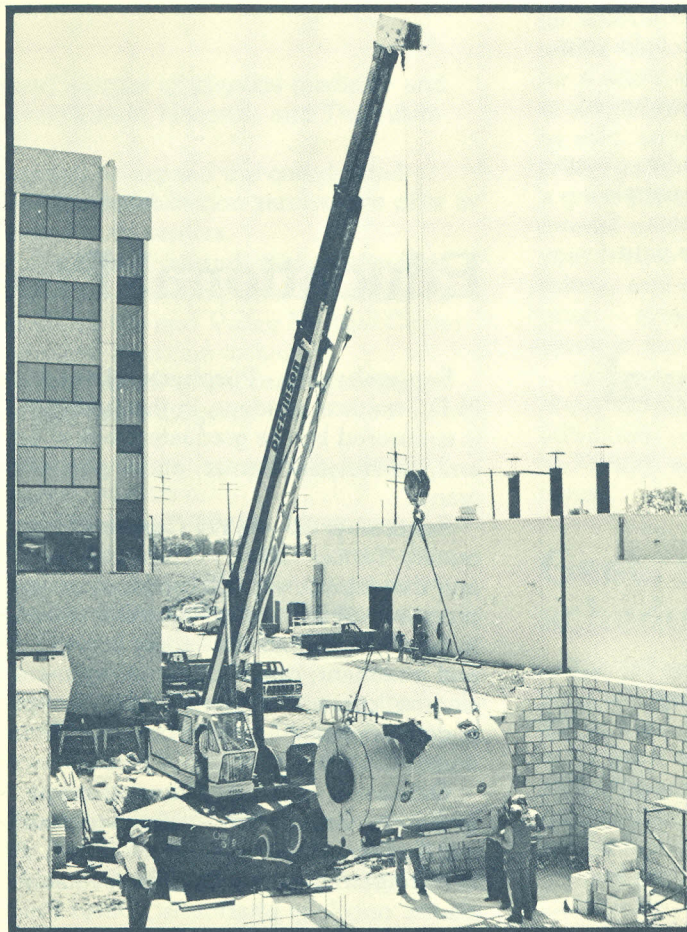
Although it may not be pretty, or look like a technological marvel, there is a piece of equipment in the General Services Building that is worth its weight in gold, as the saying goes.

After nearly four months of construction, the waste/heat recovery system has been put into use, burning paper products, wood, etc. — everything but biological specimens and converting that energy into usable steam heat for the hospital and bringing along a \$100,000 a year savings as a major benefit.

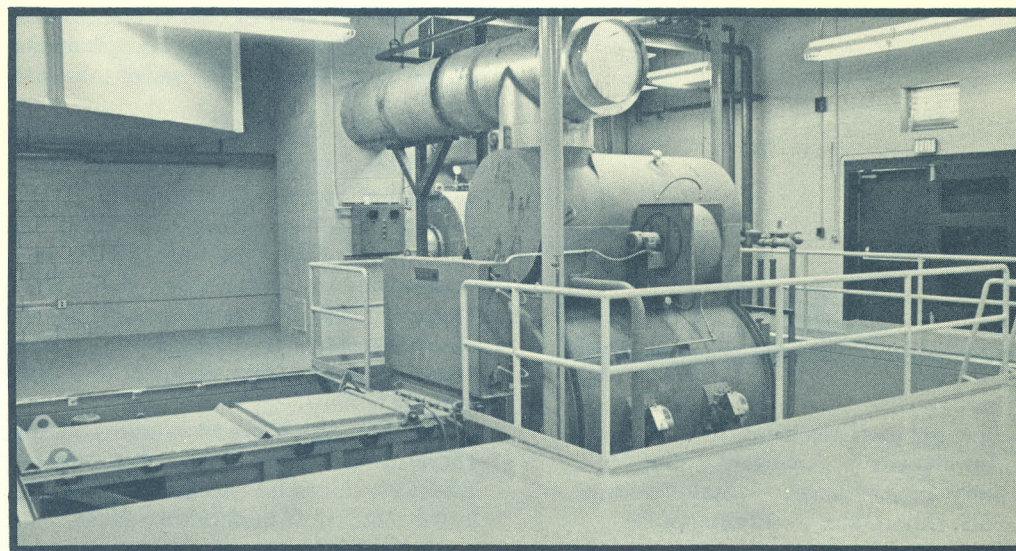
According to Leonard Farkas, director of engineering, a feasibility study was done to determine if an alternate energy source would provide a worthwhile gain, not only in monetary terms, but in expected utility. The answer was yes. Plans were drawn, a contractor selected, and the result is now operational.

Here's how it works: In a new section of the General Services Building, a dual chamber trash incinerator, fired by natural gas and environmentally clean (in compliance with Environmental Protection Agency Standards), burns all types of trash produced by the hospital. The first chamber fires up to 2000°C, the second chamber burns the remaining gases and waste at 1800°C. The resulting "flu gases," or what would be going up the chimney, passes through a "fire tube" type boiler and steam is produced, which then provides auxiliary heat and hot water for various areas in the hospital.

Farkas says that for now, the incinerator will be utilized from 8:00 A.M.-5:00 P.M., daily, but this unit has the capabilities of burning 600 lbs. of trash per hour, 24 hours a day. The housekeeping department will be in charge of collecting and burning the trash, and maintenance of the system will be performed by the hospital's boilermen.



*Early in its construction this summer, workers direct the unloading of one of the two incinerator chambers into its new home (left). The finished product, below, enclosed in the GSB. The loading hopper, where trash is placed for burning, is visible at lower left, along the floor.*



# In over your head?

## Turn to your credit union family for help.

When swimming through that sea of monthly bills, it often seems impossible to keep your head above water. The money seems to run out before the bills do.

When the gap between money available and money due becomes too large, it's time to call for help. Your credit union family has that help. With timely financial counseling, you can get your finances back in shape.

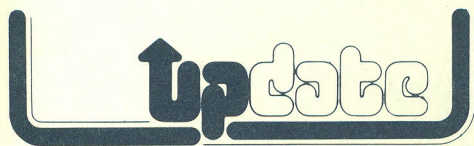
Your credit union financial counselor can offer budget and advice to help your income meet expenses. If you want, a bill consolidation loan may be arranged to cut your monthly payments.

Don't let debts push you under. Your credit union has been helping people solve financial problems for years. So when things get tough, turn to your credit union family for help.

## ASHHH federal credit union



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## Award competition underway

A research and publication award, in memory of the late Paul Bosanac, M.D., staff internist, has been initiated by the Dorothy Rider Pool Health Care Trust. The purpose of the award is to encourage and recognize excellence in scientific investigations by interns, residents, and fellows in medical and dental programs sponsored by The Allentown Hospital, A&SHHC, Allentown Osteopathic Hospital, and Sacred Heart Hospital.

These individuals are eligible to submit published or unpublished research papers for consideration; research papers prepared through joint authorship are acceptable if all authors are eligible candidates. The competition provides for an award of \$1,000.

Research papers may be submitted for consideration by the selection committee at any time. To be eligible for the award in a given academic year, the paper must be received by May 1. The author(s) submitting the best paper will be announced on or about June 1. In making the selection, the committee will give due consideration to originality, contribution to the scientific method and design, and clarity and completeness of presentation.

All inquiries and papers should be submitted to Thomas Yarcheski, Ph.D., Director of Educational Development and Educational Coordinator, 2465.

## Educational Programs scheduled

**September 22 - Porphyrin Metabolism and Disease** presented by Paul Guillard, M.D., medical resident, in the A&SHHC auditorium, at 12:00 Noon. The program is sponsored by the graduate medical education programs of The Allentown Hospital and the Hospital Center, and is part of the Basic Science Seminars series of programs.

**September 25 - GYN Cancer Update**, sponsored by the Comprehensive Community Cancer Center. The conference is presented by the Lehigh OB-GYN Society and the department of obstetrics and gynecology of The Allentown Hospital. The program will be held at The Allentown Hospital beginning at 8:00 A.M. Some topics to be discussed include: early invasive carcinoma of the cervix, definition, diagnosis, and treatment; operational management of cervical carcinoma; endometrial carcinoma, current treatment and philosophy; and surgical principles in the treatment of endometrial carcinoma. For more information, contact the Comprehensive Community Cancer Center at 821-2582.

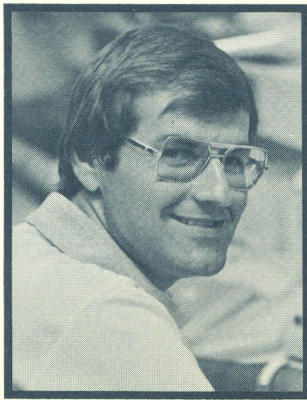
**October 9 - Cancer Chemotherapy**, sponsored by the Comprehensive Community Cancer Center, The Allentown Hospital, and the Hospital Center. The program will be held at Mount Airy Lodge, Mt. Pocono, beginning at 8:00 A.M. Faculty for the program includes Hospital Center staff members Richard M. Attilio, R.Ph., M.S., clinical oncology pharmacist, David Prager, M.D., director of cancer programs, and Luther V. Rhodes, III, M.D., chief of infectious diseases. Topics to be discussed include an overview of cancer chemotherapy, clinical aspects of cancer chemotherapeutic toxicities, infectious complications in the cancer patient and nutritional aspects of cancer treatment. For more information, contact Richard Attilio, 821-3770.

**October 9 - The Burn Patient/Pre-Hospital Care Considerations**, sponsored by the Burn Foundation, East/Northeast Pennsylvania, and the Emergency Medical Services Council of Eastern Pennsylvania. The seminar will begin at 8:30 A.M., at Marywood College, Scranton. Speaking will be Walter J. Okunski, M.D., medical director of the burn center, Michael Rhodes, M.D., co-director, pre-hospital EMS care and flight operations, and Eric Bakow, B.A., RRT, associate technical director, respiratory therapy. Topics to be discussed include emergency care of the burn patient, smoke inhalation, respiratory burns and carbon monoxide poisoning, and regional burn center/air evacuation services. For more information, contact the burn foundation office, 821-3540.

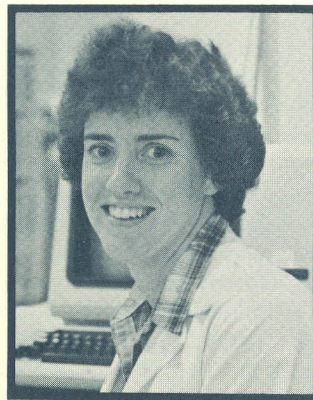
**October 13 - Chronic Venous Insufficiency - Application of New Diagnosis**, by James J. Goodreau, M.D. Segment of primary care seminars sponsored by The Allentown Hospital, A&SHHC, and Sacred Heart Hospital. The program will be held in the A&SHHC auditorium, 10:00 A.M. - 12:00 Noon. For further information, contact the educational development office, 2026.



**Christopher Lynch, M.D.**



**Jack A. Henriquez, M.D.**



**Jane Erdman**

**Christopher Lynch, M.D.**, has been appointed director of physical medicine and rehabilitation at A&SHHC, Good Shepherd Rehabilitation Hospital, and The Allentown Hospital.

Dr. Lynch's position will enable our three hospitals to expand the coordinated rehabilitation services we offer, as well as expand the rehabilitation services we offer in the acute care setting, working with the trauma and burn centers.

Dr. Lynch is a graduate of Rockwell College, Tipperary, Ireland, and received his medical degree from the National University of Dublin. He completed a residency in physical medicine and rehabilitation at Stanford University and Valley Medical Center and has authored many articles in the field of physical medicine including "Myelopathy following surgery," "Heterotopic ossification in spinal cord injured patients," and "Cervical myelopathy following surgical spine surgery."

**Jack A. Henriquez, M.D.**, emergency medicine physician, has recently become board certified by the American Board of Emergency Medicine.

A member of our emergency department since October, 1975, Dr. Henriquez is a graduate of the Temple University School of Pharmacy, and the Temple University School of Medicine. He completed a flexible internship and OB/GYN residency at The Allentown Hospital, and is a member of the American College of Emergency Physicians and the Emergency Medical Services Council of Eastern Pennsylvania.

**Jane Erdman** has been named supervisor of the central processing area in the clinical laboratories. As such, she will supervise all phlebotomists and lab assistants, provide training and inservice instruction, and coordinate all incoming and outgoing laboratory requests.

Jane began at the Center in March, 1980. She has an Associates Degree in Medical Laboratory Technology from Harrisburg Area Community College. She has prior experience as a medical lab technician at Harrisburg Hospital and at Allentown Osteopathic Hospital.

## Win a house!

Over a half a million dollars! That's right. Over a half a million dollars has been donated to A&SHHC by its auxiliary since the hospital opened. And this year, the auxiliary has pledged \$325,000 toward the construction of the new shock/trauma unit. None of our goals could have been possible without the help of you, members of the hospital family. We would like your support once again to help us reach our new goal. How can you help? Easy! As many employees know, we have our current fundraiser, "Own Your Own Home" under way. With the donation of \$10.00 for a ticket, you might be the new owner of a fine home. Only 4,000 tickets will be sold, so your odds of winning are pretty good. Your ticket purchase will be a great donation towards the shock/trauma unit. So, why not get a group of your friends together, buy a bunch of tickets, and should you win, share the prize — a nice vacation home at the shore or mountains!

Tickets are available in the Tree Top Shop, or call Petey Shoemaker, 965-5854, or Norma Scanlon, 967-3666, and they'll see that you get tickets.

## General meeting scheduled

The fall general meeting of the auxiliary will be held on Tuesday, September 21, at the Lehigh Valley Club; open bar at 11:30 A.M., and lunch at noon. The shock/trauma unit will be the subject of the program, and Michael Rhodes, M.D., will be our speaker.

Send your \$5.00 reservations to Helen Hallock by September 15, 1982.



## Broadway

Due to popular demand, another trip to Broadway is planned for Saturday, November 13, 1982. The show choices include **42nd Street** (very limited) \$33.00 and \$28.00 (rear mezzanine); **Agnes of God**, a 1982 Tony Award winning drama, \$28.50 (orchestra), \$27.50 and \$25.50 (mezzanine); and **Nine**, a 1982 Tony Award winning musical, \$30.00 and \$25.00 (balcony only). Ticket price must accompany reservations. There are only 46 seats available, and reservations will be taken on a first paid, first serve basis. The bus fare is \$9.00 and should be paid upon receipt of tickets.

The bus will leave the Hospital Center on November 13, at 10:00 A.M., and will leave New York for the return trip home at 8:00 P.M.

For more information and reservations, contact Jeanne Fignar at 2062.

## Catskill Party Weekend

With the weather conditions the way they've been lately, who know's, we may have snow soon!! And what goes with

snow? Skiing!! A weekend trip has been planned for Friday, February 11, to Sunday, February 13, 1983. The trip includes roundtrip motorcoach transportation, two nights' accommodations at the Holiday Inn in Kingston, New York, all you can eat smorgasbord breakfasts Saturday and Sunday, 3 Apres ski happy hours, extraordinary smorgasbord Saturday evening, Sunday party with unlimited wine, assorted crackers, cheeses, and plenty of free draft beer, an international smorgasbord buffet for Sunday dinner, and much more!!

Also included are transfers Saturday and Sunday to the Catskills' finest ski areas including Hunter, Windham, and Cortina (you have your choice), full use of all Tropical Courtyard activities in the motel including jacuzzi, billiard tables, game arcade, indoor pool, saunas, ping pong, and more.

A ski equipment package including skis, boots, and poles for the entire weekend and lift tickets for ski areas may be purchased at the Holiday Inn.

The cost of the trip is \$129.00 per person (double occupancy). The cost is \$119.00 per person with 3 in a room, and \$109.00 per person with 4 in a room.

For more information, contact Janet in Public Relations at 3084. Flyers on the trip will be available soon with more details.

## A&SHHC "Love Boat/Fantasy Island" Adventure

Hop aboard the M/S Scandinavia from Wednesday, March 16, to Monday, March 21, for the cruise of your life. The ship departs from New York on the 16th at approximately 11:55 P.M., and 2½ days later on the 19th, arrives at Freeport, in the Grand Bahama. At 3:00 P.M. on the 19th, the ship pulls up anchor and gets underway for the return trip back to New York, arriving March 21.

While underway, you can enjoy gourmet masterpieces, masterful entertainment, superb staterooms, and spacious casino, a health club/watersports complex, a disco, a cabaret, and so much more!

The cost for this unique trip is \$410.00 per person (double occupancy) for inside cabins plus \$16.00 port tax. The cost for outside cabins is \$460.00 per person (double occupancy) plus \$16.00 port tax. Third and fourth adult or child each pay a flat rate of only \$45.00 plus \$16.00 port tax.

Because of the incredibly low introductory price, space is very limited. A deposit of \$100 is required when reservations are made.

For more information, contact Janet at 3084.

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