

"Lessening Stress in OHU/TOHU- Creating an Easy Access Tool".

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“Lessening Stress in OHU/TOHU – Creating an Easy Access Tool”

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BACKGROUND

Nurses on Open Heart Unit (OHU) and the Transitional Open Heart Unit (TOHU) find themselves searching for important phone extensions, or using the paging resource during their shift.

Having an easy-to-access tool, such as a badge tag, would alleviate stress and streamline the RNs workflow.

Having this badge tag would cut down on response time, because it takes out the steps of searching for extensions and using a middle-man, such as paging.

LITERATURE REVIEW

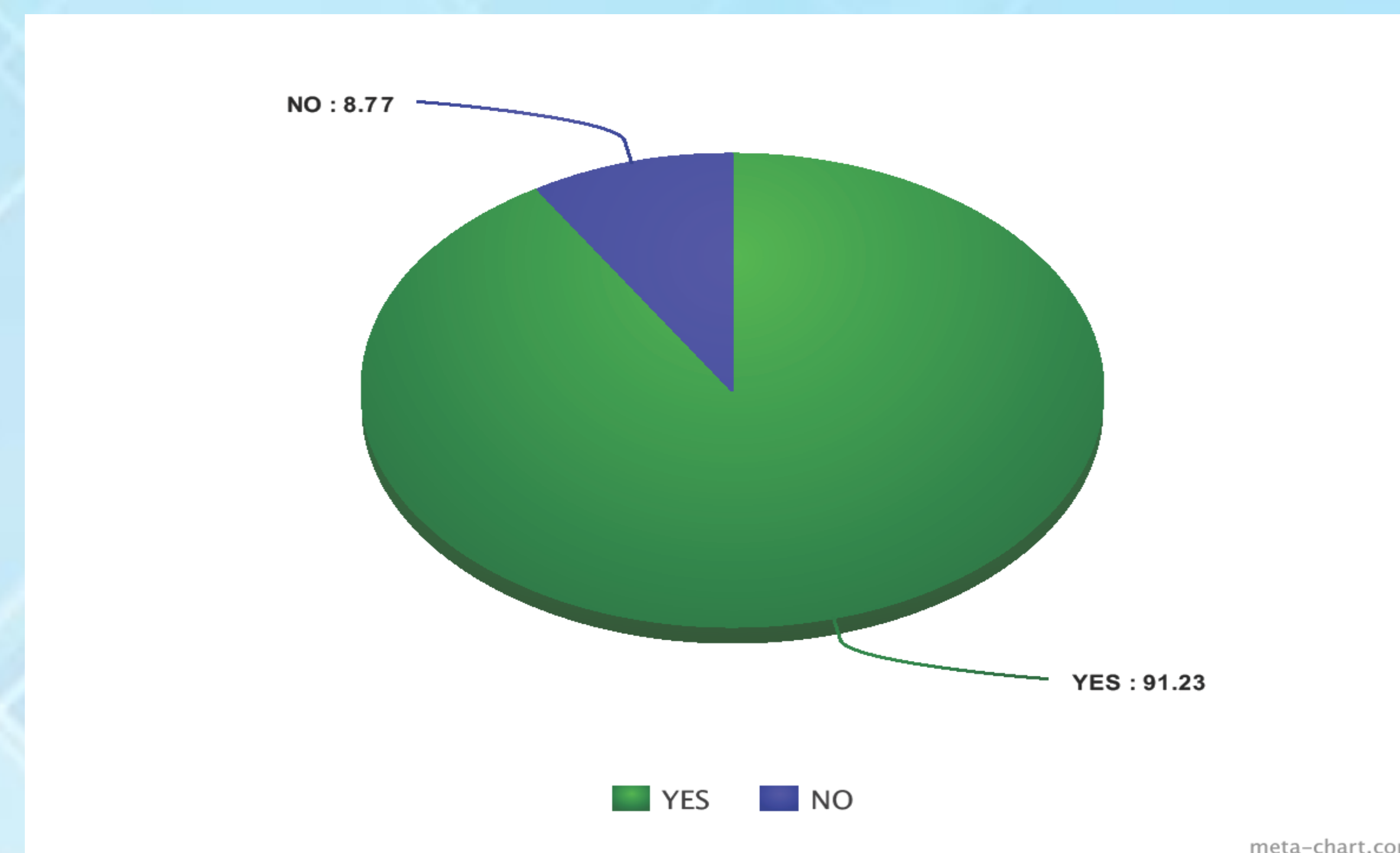
- Feeling satisfied with job competence, professional respect, information access, and becoming part of the team is documented by several first year RNs in the research articles.
- Strengthening the efficiency of an RNs workflow by providing tools and ongoing support can reduce turnover, and create a pool of future nurse leaders.
- If an employer desires to increase retention and decrease turnover, the organization must bridge the gap by providing resources to help transition newly hired RNs into the role of professional nurse.

METHOD

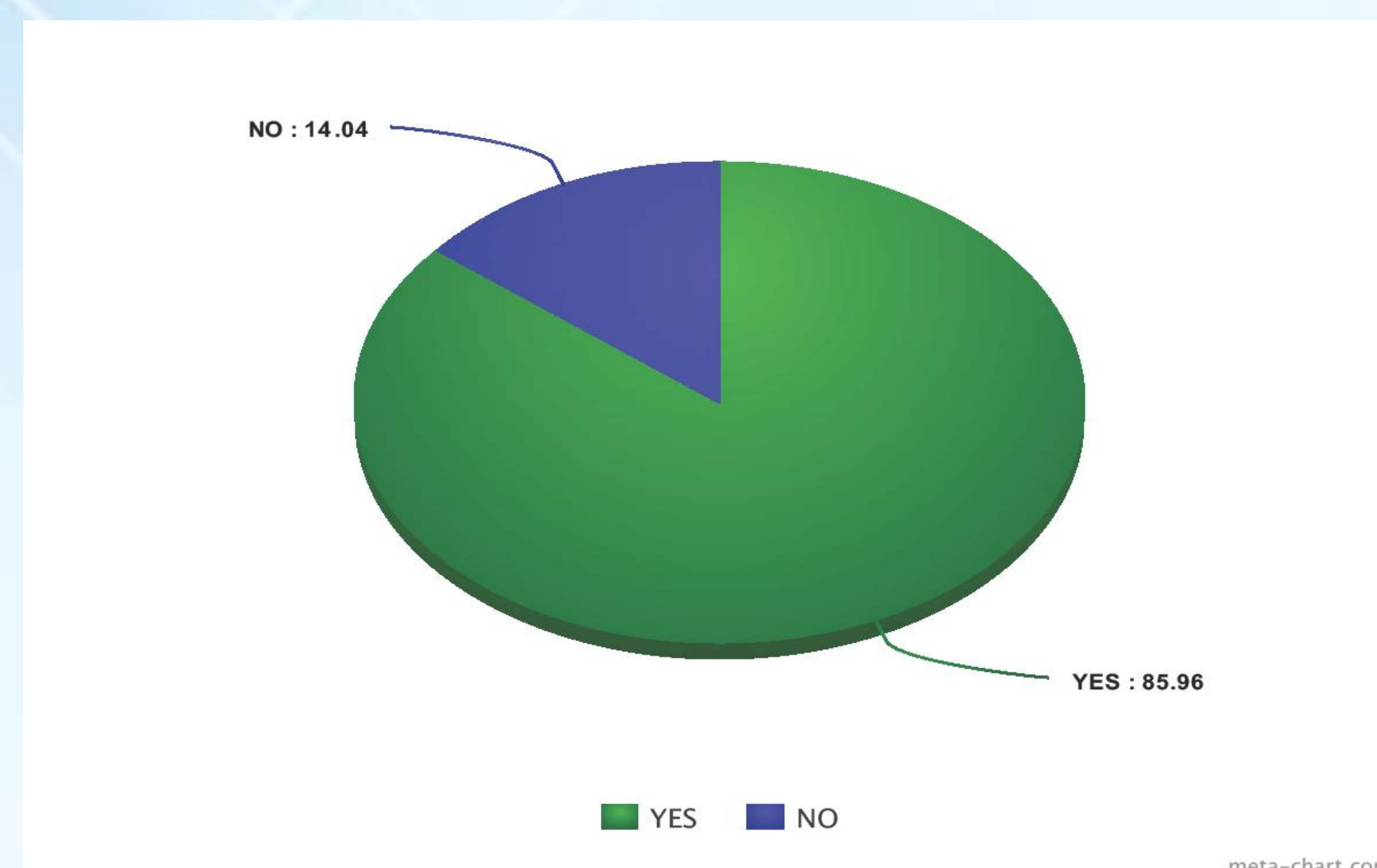
RNs on OHU and TOHU were given a pre- and post-survey to determine the need for badge tags with important phone extensions readily available.

RESULTS

“Would a badge tag with important numbers/extensions be beneficial to you?”

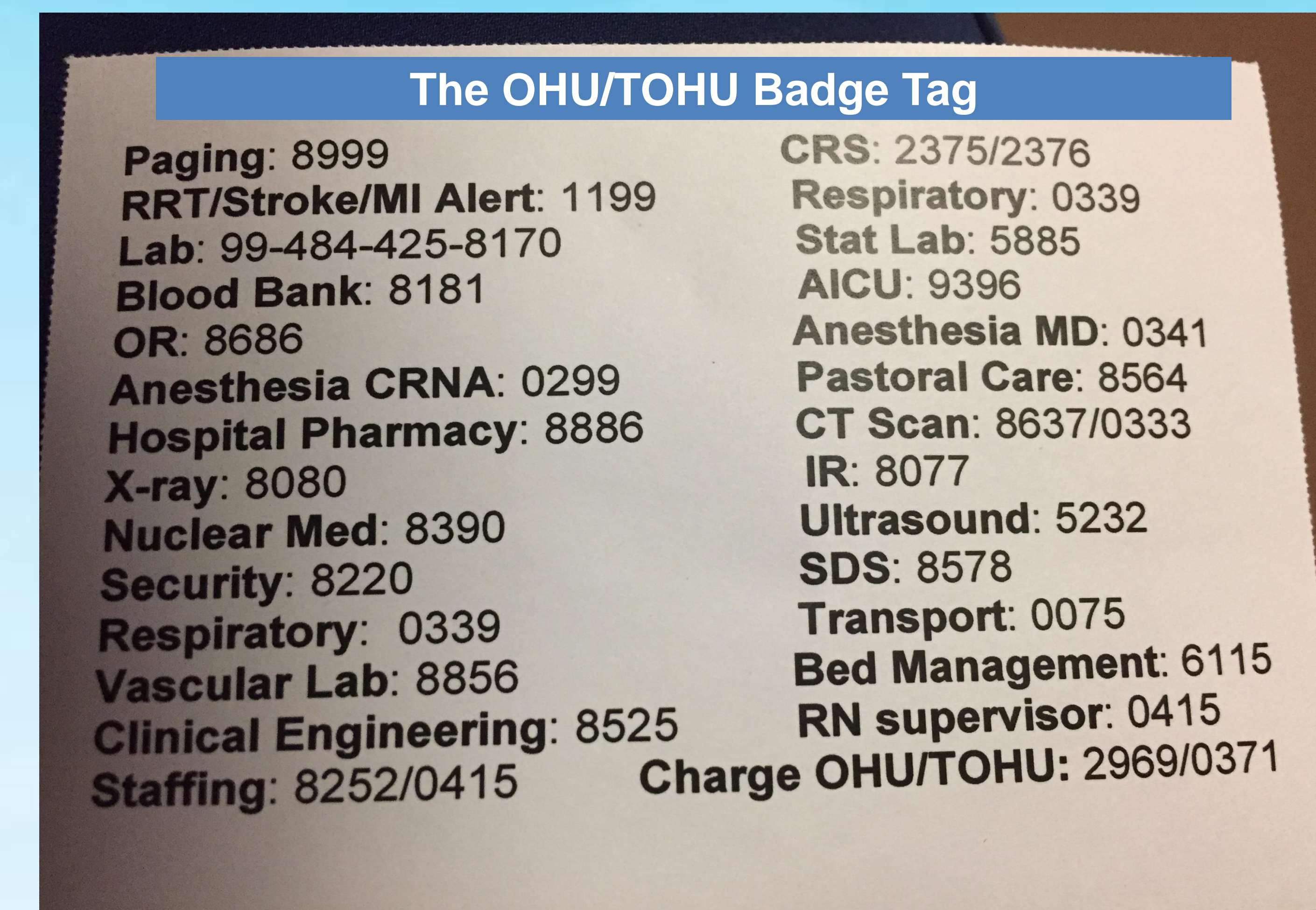


“Would having a badge tag with important numbers/extensions at the beginning of your nursing career decreased your stress level?”



INTERVENTION

Badge tags were handed out to RNs on OHU and TOHU in hopes to reduce stress and promote efficiency when searching for important phone extensions in times of urgency.



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