

Research Day 2014: The Journey from Paper to Practice

Wednesday, Oct. 29, 2014

1200 S. Cedar Crest Blvd.
Allentown, PA 18103

Pre-conference Session

4:30–6 p.m.

Lehigh Valley Health Network
Employee Auditorium

Research Day and Quality Awards Reception

6–7 p.m. *(not for credit)*

Kasych Family Pavilion, Medical Imaging of Lehigh Valley Educational Conference Center rooms 7 and 8

Drinks and appetizers will be provided during this awards ceremony. Please join us to celebrate and honor this year's winners.

Thursday, Oct. 30, 2014

You may attend all day or an individual session:

A.M. Session

7–12:15 p.m.

Lehigh Valley Health Network
Employee Auditorium

12:15–12:45 p.m. Lunch *(provided)*

Kasych Family Pavilion
Educational Conference Center
room 5

P.M. Session

12:45–4:45 p.m.

Lehigh Valley Health Network
Employee Auditorium

Funding to support Research Day is provided by The Peggy Fleming Endowed Chair in Nursing.

Target Audience

All registered nurses, nursing students and any staff interested in inspiring a passion for research and evidence-based practice.

Designation Statement

It is Lehigh Valley Health Network's policy to ensure balance, independence, objectivity and scientific rigor in all of our sponsored educational programs. Faculty and all others who have the ability to control the content of continuing education activities sponsored by Lehigh Valley Health Network are expected to disclose to the audience whether they do or do not have any real or apparent conflict(s) of interest or other relationships related to the content of their presentation(s).

Lehigh Valley Health Network is an approved provider of continuing nursing education by the PA State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Completion Criteria:

Registered nurses must attend at least one of the sessions (pre-conference, a.m. session, p.m. session) and complete the evaluation for each session attended to receive the following:

- RNs attending the pre-conference will receive 1.0 contact hour.
- RNs attending the a.m. session will receive 4.0 contact hours.
- RNs attending the p.m. session will receive 3.75 contact hours.

Pre-Conference Agenda

WEDNESDAY, OCT. 29

4:30–5 p.m. Registration
Lehigh Valley Health Network Employee Auditorium

5–6 p.m. **Research "AND" or is it "IN" Clinical Practice: What is the Nurse's Role?**

Sharon Y. Irving, PhD, RN, CRNP
Assistant Professor, Department of Family and Community Health, University of Pennsylvania
Lehigh Valley Health Network Employee Auditorium

Objectives:

- Explore impressions from bedside clinical nurses on the impact clinical research has on the delivery of care.
- Discuss the nurse's role as leader in development and implementation of clinical research protocols.
- Define the difference between research "and" versus research "in" clinical practice for the clinical nurse.

6–7 p.m. Research and Quality Awards Reception (session not for credit)
Medical Imaging of Lehigh Valley Educational Conference Center, rooms 7 and 8
Please join us while we present the Research and Quality Awards to teams within the network. Drinks and appetizers will be available during the reception.

Conference A.M. Session

THURSDAY, OCT. 30

- 7–7:45 a.m. Beverages and a.m. session registration
President's Room
- 7:45–8 a.m. Welcome
Anne Panik, Senior Vice President, Patient Care Services
- 8–9:30 a.m. **Clinical Practice and Research – Do They Mix?**
Sharon Y. Irving, PhD, RN, CRNP
Assistant Professor, Department of Family and Community Health, University of Pennsylvania
Lehigh Valley Health Network Employee Auditorium
- Objectives:**
- Discuss the benefits and challenges of involvement in research for the clinical/bedside nurse.
 - Develop questions pertaining to the clinical research process.
 - Identify ways to become involved in clinical research.
- 9:30–9:45 a.m. Break, beverages
Educational Conference Center, room 5
- 9:45–11:25 a.m. **Showcase of Projects**
Lehigh Valley Health Network Employee Auditorium
- Review of Toileting Related to Fall Data and Toileting Plan on TSU**
Denise Estephan, RN, and Wendy Lebron, BSN, RN
- Alarm Fatigue**
Amanda Boutin, BSN, RN and Alexis Clauss, BSN, RN
- Utilization of ED for Pediatric Fevers**
Krista Bilger, RN and Kathy Baker, RN, MPH
- HUSH – Helping Understand Sleep Heals**
Marion Daku, BSN, RN, CCRN, Eva Fox, BSN, RN, and Heather Koch, RN
- Objectives:**
- Discuss impact of developing a research question that has potential to improve patient care through the translation of evidence into practice.
 - Discuss barriers to the implementation of practice change and strategies to overcome them.
 - Describe results of performance improvement activity and implications for the future.
- 11:25–12:15 Research, Quality Improvement and Evidence-Based Practice
Brian Stello, MD
Lehigh Valley Health Network Employee Auditorium
- Objectives:**
- Describe the differences and commonalities between research and quality improvement.
 - Describe the use of Evidence-Based Practice (EBP) in designing both research and quality improvement projects.
- 12:15–12:45 Lunch (provided)
Educational Conference Center, room 5

Conference P.M. Session

- 12:15–12:45 p.m. Registration for session
Lehigh Valley Health Network Employee Auditorium
- 12:45–1:45 p.m. The Research Journey – How Did I Get Here?
Sharon Y. Irving, PhD, RN, CRNP
Assistant Professor, Department of Family and Community Health, University of Pennsylvania
Lehigh Valley Health Network Employee Auditorium
- Objectives:**
- Describe the progression of a clinical research path.
 - Characterize development of a research focus for clinical practice.
 - Define the process for ongoing clinical practice and clinical research.
- 1:45–2 p.m. Break
- 2–3:40 p.m. **EBP Through the Career Span**
Lehigh Valley Health Network Employee Auditorium
- Nurse Resident**
- Pain Control in the Geriatric Trauma Patient**
Sean Heintz, BSN, RN and Brianna Woods, BSN, RN
- Registered Nurse**
- Fever Management in the Acutely Ill Hospitalized Patient**
Vanessa Edgar, BSN, RN, Elena Brinker, BSN, RN, OCN and Tiffany Lopez, MSN, RN, CMSRN
- Master's Prepared Registered Nurse**
- In the Adolescent Population, How Much Does Parental Influence and Involvement Affect the Adolescent's Use of Alcohol?**
Michele Kratzer, RN
- Doctorate Prepared Registered Nurse**
- Integrated Diabetes Oncology Care**
Janelle Sharma, DNP, CRNP
- Objectives:**
- Discuss impact of developing a research question that has potential to improve patient care through the translation of evidence into practice.
 - Discuss barriers to the implementation of practice change and strategies to overcome them.
 - Describe results of performance improvement activity and implications for the future.
- 3:40–4:40 p.m. **Moving Forward: Update on the LVHN Nursing Work Environment**
MaeAnn Pasquale, PhD, RN
Tricia Bernecker, MSN, PhD, RN, CCRN
Kathy Baker, RN, MPH
Lehigh Valley Health Network Employee Auditorium

Keynote Speaker

Sharon Irving, PhD, RN, CRNP is an Assistant Professor of Pediatric Nursing at the University of Pennsylvania School of Nursing in the Department of Family and Community Health. Sharon is also a Pediatric Nurse Practitioner in the Critical Care division at The Children’s Hospital of Philadelphia.

Dr. Sharon Irving became a faculty member at the University of Pennsylvania in 2012. While teaching, Dr. Sharon Irving highlights the importance of interprofessional, collaborative practice for the care of children and infants who are hospitalized. Most recently, she was honored as one of the top 25 Pediatric Nursing Professors by NursePractitionerSchools.com.

In her clinical practice, Dr. Irving continues to work at the bedside and is a part of a collaborative team which researches the cognitive outcomes of hospitalized infants and children in the wake of their illness. Her research focuses on the nutritional needs and requirements of critically ill hospitalized children on the Pediatric Intensive Care Unit. She also co-found and co-leads the Pediatric Care Unit-Pediatric Nutrition Team which consists of physicians, dieticians, pharmacists, and advanced practice nurses who desire to focus on providing the most favorable nutrition to critically ill infants and children.

Dr. Sharon Irving was awarded a PhD in 2011 from the University of Pennsylvania. She has received the Dean’s Award for Exemplary Professional Practice, the Distinguished Alumna in Service to Nursing Award, and is a Fellow of the American College of Critical Care Medicine. Sharon’s most recent publication, “Nasogastric Tube Placement and Verification in Children: Review of the Current Literature,” was published June 2014 in Critical Care Nurse, which is a peer reviewed journal.

Registration and Payment

Registration

Registration deadline: Oct. 24, 2014

Registration fee for the conference includes the educational program and any food listed.

LVHN Colleagues	Free
External Participants	\$90

(Additional \$10.00 for on-site registration)

LVHN colleagues please bring your LVHN badge the day of the event since we will be using the badge swipe to record your attendance.

Non-LVHN Employees: To complete electronic registration and payment please go to LVHN.org/CE-calendar and search for this event. Click on the title of the event and then click on the REGISTER icon.

LVHN Colleagues: Please register on a network computer. Open the LVHN home page on the intranet. Click on Calendar of Events under the Colleague Resources at the left side of the screen. Use the arrow to move to October and find Research Day 2014 listed on October 29 and 30. Click on the title of the program. Click on the REGISTER icon.

On-Site Registration

On-site registrations may be available if space permits at an additional fee of \$10. Please be prepared for additional time to process your registration when you arrive. Payment can be made on-site by check or credit card only.

Cancellations and Substitutions

Refunds will be granted up to one week prior to the conference. After one week prior to the conference, no refunds will be granted. Lehigh Valley Health Network reserves the right to substitute faculty listed in this brochure and will provide comparable alternative faculty.

Evaluation Email Policy

Lehigh Valley Health Network respects your right to privacy and will not sell, lease or provide your contact information to a third party. By registering for this event, you agree to be contacted after the event for a post-event evaluation survey. RNs should note that contact hours may only be awarded when the completed evaluation is received.

For questions, please contact the Division of Education at 610-402-2277.

Directions

Lehigh Valley Health Network–Mack Boulevard is located at 2100 Mack Blvd., Allentown, PA 18105. Directions may be found on our website at LVHN.org. Click on “Facilities and Directions” and choose Lehigh Valley Health Network–Mack Boulevard.