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Acute Care Surgical Service Experience with Ruptured Visceral Artery Aneurysms

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Acute Care Surgical Service Experience with Ruptured Visceral Artery Aneurysms

Schaeffer Surgical Society Meghan Good, MD, PGY4 05.22.15

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Background

 Aneurysms of visceral arteries are an uncommon but lethal form of vascular disease

22% of visceral artery aneurysms present with rupture, with a 25-75% mortality rate

Most of literature consists of case reports

Objective

 To present our experience of patients with ruptured visceral artery aneurysms (RVAA) over a five month period

Methods

Retrospective review of prospectively collected data from the Acute Care Surgery Service at LVHN

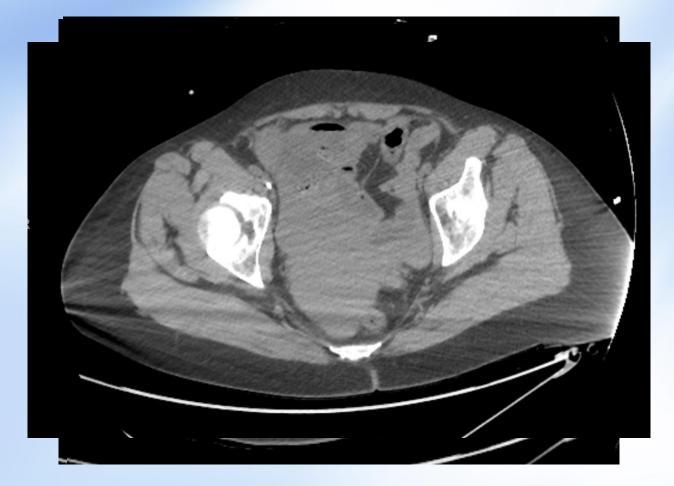
Study period: 12/2013 - 5/2014

Three patients with RVAA were identified

HPI: 56yoF found down at home. Cardiac arrest x3, intubated, on epi. CT revealed hemoperitoneum.

- PMH/PSH: HTN, hypothyroidism, DJD, chronic back pain, endometriosis s/p multiple LOA, chole, appy, eye surgery
- Hmeds: percocet, lisinopril, synthroid,cymbalta, flexeril, ultram, tobradex





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CT

Hb 6.6, INR 2.2, lactate >20, pH immeasurable, T 94.3

Emergent exploratory laparotomy

 Splenectomy, distal pancreatectomy, SBR

 Hospital Course

 Hemorrhagic shock/ MODS
 Multiple washouts, Wittmann patch, GJ tube

- Multiple washouts, Wittmann patch, GJ tube, eventual closure
- Septic shock reopening of laparotomy, SBR, subtotal colectomy, washout with end ileostomy, closure, tracheostomy
- d/c to LTACH

HPI: 84yoF trauma alert s/p MVC rollover.
 c/o abdominal pain and nausea.

- PMH/PSH: Hep C, HTN, DJD, hyperlipidemia
- Hmeds: lopressor, lingagliptin, iron, vitamins

Primary Survey intact. HR 115, BP 112/79
LUQ/LLQ tenderness

CT



Exploratory laparotomy

 Mobilization of right colon, packing

 Arteriogram





Exploratory laparotomy

- Mobilization of right colon, packing
- Arteriogram
 - IR embolization of middle colic a. branch aneurysm
- Hospital Course
 - Re-exploration, closure
 - VDRF, weaned off ventilator
 - d/c home POD 20

 HPI: 59yoM found down, intubated in ED for AMS. MVA 6 months ago, treated for spinal fx's and DVT. c/o pain/worsening swelling of LLE.

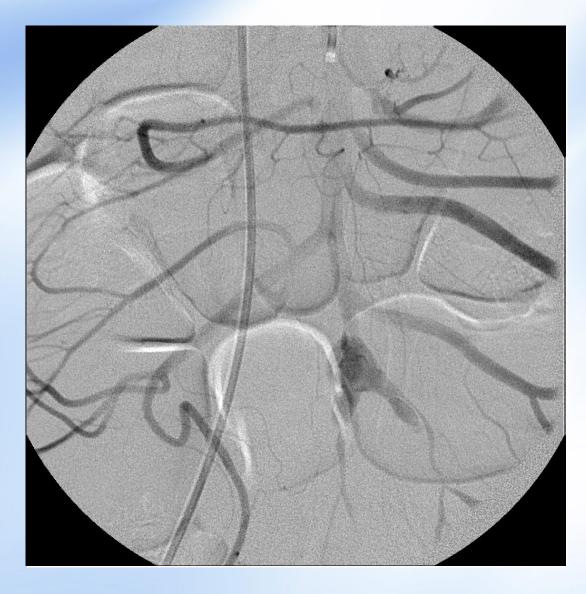
- PMH/PSH:LLE DVT, ETOH/drug abuse, recent MVA, seizure disorder, bipolar
- Hmeds: coumadin, aspirin, keppra, depakote, metoprolol, amitriptyline, geodon, neurontin, vicodin, flomax





Hospital day 1

- Emergent LLE fasciotomy
- Agram





Hospital day 1

- Emergent LLE fasciotomy
- Agram IR embolization SMA branch, spleen
- POD 1

– CT



- Hospital day 1
 - Emergent LLE fasciotomy
 - Agram IR embolization SMA branch, spleen
- POD 1
 - CT– hemoperitoneum
 - Right Hemicolectomy
- POD 2
 - Completion of fasciotomy, L popliteal aneurysm ligation and exclusion, L SFA to PT bypass
 - Washout

POD3-28

- Multiple abdominal washouts
- Ileocolic anastomosis
- Abdominal closure
- Fasciotomy closure
- POD 29
 - d/c to SNF

Results

- 56yoF: ruptured splenic a. aneurysm
 - Distal pancreatectomy, splenectomy
- 84yoF: ruptured middle colic a. aneurysm
 - Embolization of aneurysm
- 59yoM: contained rupture of SMA aneurysm and ruptured left popliteal a. aneurysm
 - Bypass and exclusion of popliteal aneurysm
 - Embolization of SMA aneurysm
 - R hemicolectomy

Results

- All patients lived to hospital discharge
- LOS 20-40 days
- Total operative procedures 2-13, majority washouts
- 1 partial colectomy, 1 total colectomy

Conclusion

RVAA must be considered in patients presenting with hemorrhagic shock. With a multidisciplinary approach and several therapeutic options, including interventional embolization and laparotomy, survival was higher than the literature suggests. These results should prompt further investigation regarding all techniques and team oriented approaches to treat RVAA.

Questions?

References available upon request Meghan_L.Good@lvhn.org



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