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Appendiceal Mucocele Intussusception

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Introduction

Appendiceal mucocele is a rare disease. It can present with numerous clinical symptoms, such as right lower quadrant abdominal pain, palpable mass and gastrointestinal bleeding. It can also be found incidentally in surgical specimens. The incidence has been reported as 0.2-0.4% of all appendiceal specimens. It is histologically divided into four subtypes: mucinous hyperplasia, mucinous cystadenocarcinomas, mucosal hyperplasia, and retention cyst.

Patients with benign mucocele have a 5-year survival rate of 100% and those with a malignant mucocele have a 5-year survival rate of 45%. Ruptured mucoceles that cause peritoneal contamination regardless whether they are benign or malignant have much poorer outcomes.

Unlike the pediatric population where intussusception without peritonitis treatment can be attempted with reduction, with adult intussusception, there should be no attempt in reduction, only surgical resection





Case Report

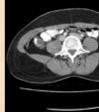
23 year old female has a three week history of right-sided abdominal pain presenting to the Emergency Department. She has no significant past medical or surgical history. On presentation, she was hemodynamically stable. Her abdominal exam was soft. but had moderate right lower quadrant tenderness to palpation with no rebound or guarding. CBC, BMP and U/A were all within normal limits. CAT scan of the abdomen and pelvis was obtained and demonstrated an ileocolic intussusception with questionable mucocele within the cecum. (Fig. 1-5)

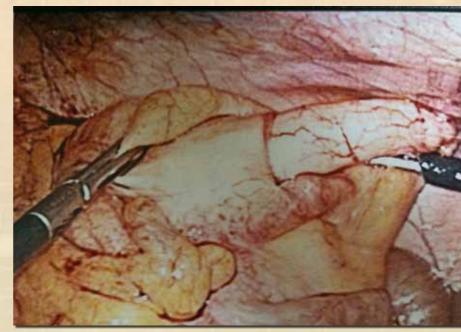
Intraoperative finding was an ileocolic intussusception with the appendix as the lead point. (Fig. 6) The intussusception was not reduced. She underwent a laparoscopic-assisted right hemicolectomy. Her postoperative course was uncomplicated and was discharged on postoperative day 3. Final pathology revealed a 4cm low-grade appendiceal mucinous neoplasm with associated intussusception into the cecum. The proximal ileal and distal colonic margins were negative for tumor.

Fig. 1-5 : CAT scan of the abdomen and pelvis demonstrating an ileocolic intussusception. Fig. 6: Intraoperative finding of an appendiceal mucocele intussusception









Discussion

An appendiceal mucocele presenting as an intussusception is uncommon. Literature review found no consensus in the long-term follow-up. Appendiceal mucocele is related to tumors and about 11-20% of patients have colonic adenocarcinoma. Follow-up is required because recurrences can occur as well as colonic and/or ovarian neoplasms. This includes repeat imaging, colonoscopy as well as gynecologic pelvic exams.

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