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#### The Impact of a Home-Based Palliative Medicine Service on the Care for a Community-Dwelling Patient with Intractable Cancer Pain

Stefanie Toman CRNP Lehigh Valley Health Network, Stefanie.Toman@lvhn.org

Robin Fritsch CRNP Lehigh Valley Health Network, Robin M.Fritsch@lvhn.org

Barbara Sikora LPN Lehigh Valley Health Network, Barbara.Sikora@lvhn.org

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# The Impact of a Home-Based Palliative Medicine Service on the Care for a Community-Dwelling Patient with Intractable Cancer Pain Stefanie Toman, CRNP, Robin Fritsch, CRNP and Barbara Sikora, LPN Lehigh Valley Health Network, Allentown, PA

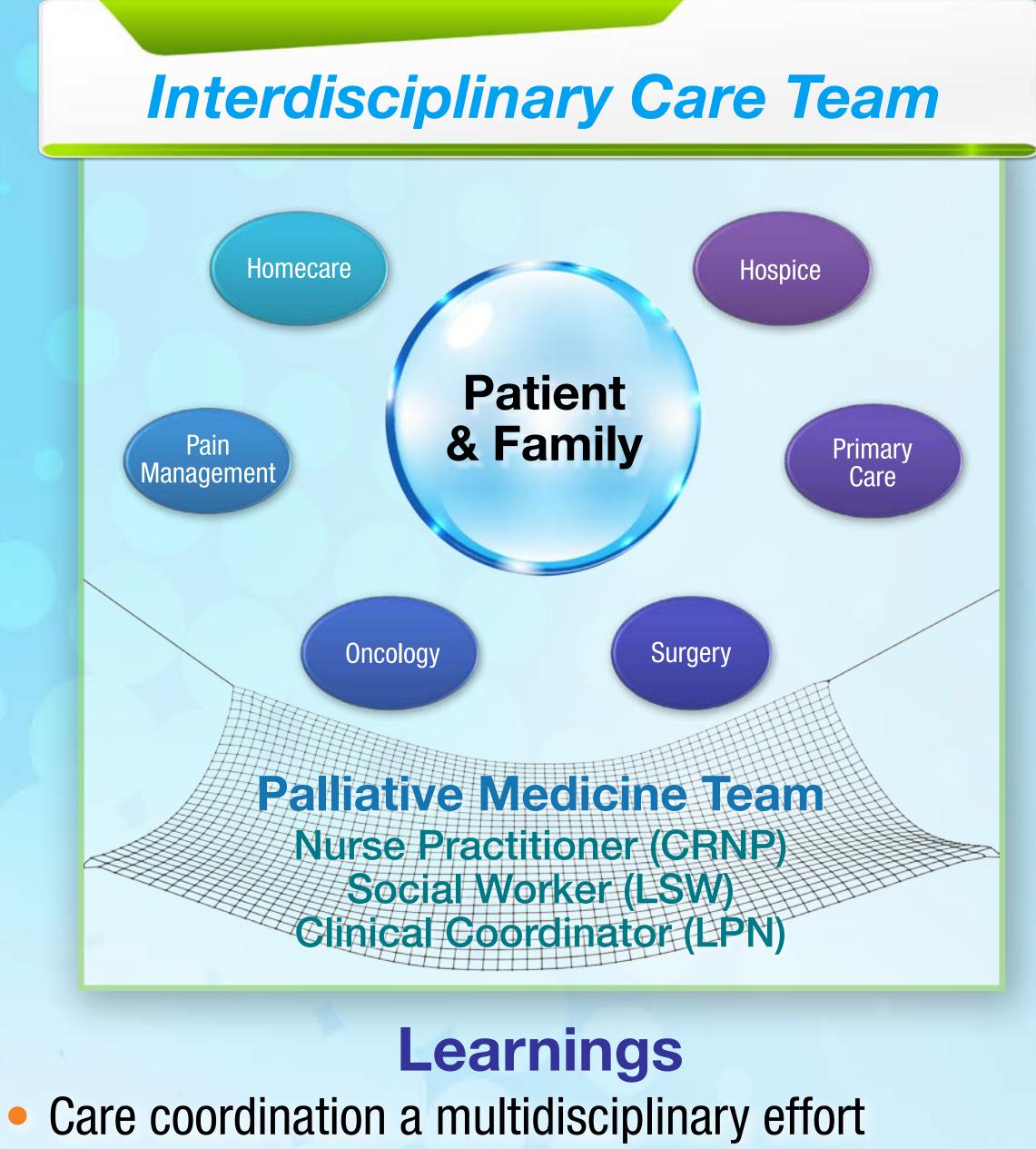
## **Patient Information**

- 53 year old male
- Significant other only family support
- Unemployed
- Uninsured

#### **Disease Progression** and Treatment

- Diagnosis: T3N1 poorly differentiated small cell carcinoma
- Multiple rounds of chemotherapy and radiation
- Low anterior resection with loop ileostomy
- Metastases to lymph nodes & presacral soft tissue
- Intractable pain, weight loss, functional decline
- Malignant bowel obstruction
- Unsuccessful pain management interventions





- building and promote goals clarification to treatment interventions

- Importance of peer consultation • CRNP house calls allow therapeutic relationship • Importance of assessing individual patient response Uncovering psychosocial needs

## **Major Challenges**

• Patient wanted to explore all options, but did not qualify for any clinical trial Poor response to pain management interventions

Patient unwilling to accept any treatment externally visible on the body

Psychosocial issues

Lack of resources

## **Palliative Medicine Nurse Practitioner Role**

 Care coordination Provider to provider communication Symptom management

- Psychosocial support
- Advocacy & referral
- Transition to hospice

#### **Outcomes**

Successful pain control

 Patient died at home with significant other as per patient goals

 Significant other identified tangible benefit of Palliative Medicine involvement

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