

CHECKUP

Vol. 1 No. 20 December 2, 1988

HHP Offers Employees Increased Coverage

While many area companies have joined a national trend reducing employer-paid hospitalization coverage and increasing deductibles charged to employees, changes in the HealthEast Health Plan (HHP) have increased coverage.

Recently one employee and her spouse were both hospitalized within a month. "I can't tell you how grateful I was for the excellent coverage our benefits plan offers," she says. "We were able to concentrate on getting well without any anxiety about hospital or doctor bills."

She continues, "Before coming to HealthEast, I worked for a company that was self-insured. Each hospitalization or routine claim meant mounds of paperwork to complete and months and months of delay for reimbursement. Even then, our insurance only paid 80 percent of the bill, even after we paid a \$250 per person deductible. I am so glad our recent hospitalizations weren't covered under this plan. We would have owed more than a \$1,000 in medical bills."

Additions to the prescription coverage also helped this employee. "My husband and I each require two rather expensive prescription drugs. Since we have both met the \$100 deductible, Spectrum Apothecary bills Spectrum Administrators directly at no cost to us," she explains.

According to Luis Martinez, senior vice president of Human Resources, TAH—LVHC, 80 percent is all most

plans will cover for hospitalization. Consequently, a \$5,000 hospital bill usually means employees at other companies must pay \$400 out of their own pocket. This does not include substantial deductibles which also must be paid by the employee.

While the HHP has always paid 100 percent of in-patient charges, coverage of services such as physician's office visits was recently increased from 80 to 90 percent.

How does the HHP compare to plans offered by other major employers in the area?

The medical plan of a Lehigh Valley firm with over 8,000 employees, like the HHP, is provided at no cost to employees. However, the deductible is \$150 per person as compared to the \$100 charged by the HHP. In addition, there is a separate deductible of \$25 for EACH emergency room visit. This additional deductible cannot be applied to the \$150 annual standard deductible.

The plan at this large company pays 80 percent of eligible expenses. The HHP pays 100 percent of in-patient

(please turn to page 2)



Annual Holiday Dinner Scheduled

With the holidays just around the corner, the hospital has planned a special treat for HealthEast and TAH—LVHC employees, volunteers, auxiliaries and members of the medical staff.

The annual holiday meal will be served at the LVHC site Cafeteria on Wednesday, Dec. 14 from 2 to 4 a.m., 10:30 a.m. to 1:30 p.m. and 4:30 p.m. to 7 p.m.; and at TAH site Cafeteria on Thursday, Dec. 15 from 10:45 a.m. to 1:15 p.m., 4 to 6:30 p.m. and 2 to 3:30 a.m. (Dec. 16).

A letter outlining the scrumptious menu will be distributed prior to the dinner.

Entertainment, door prizes and loads of holiday cheer will abound. Plan to attend.



The Allentown
Hospital—
Lehigh Valley
Hospital Center

A HealthEast Hospital



Claire Scully (left) and Sandi Marsh, employees in the Business Office at TAH site, exchange greetings with Samuel Huston, president and chief executive officer of TAH—LVHC, at the recent reception honoring employees with five years of service to TAH—LVHC or HealthEast.

Employee Reaches Out To Someone In Need

Sheila Berg, M.S.W., A.C.S.W., social service (LVHC), has been involved with the Social Work Early Intervention Program (SWEIP) since its introduction in 1986. The purpose of SWEIP is to have social workers follow former patients who are at high risk for hospital readmission.

Through this program, Berg began working with a ventilator-dependent patient with severe emphysema. This patient was one of the first to be discharged from LVHC site on a home-use ventilator.

The patient's chronic condition, coupled with this summer's heat and humidity, as well as the heat emitted from the ventilator and oxidizer, increased the patient's risk for readmission.

Berg heard of a program sponsored by WAEB radio that would benefit the patient. WAEB's "Fan Club" was collecting donations and distributing fans and air conditioners to eligible candidates. Berg contacted WAEB to recommend the patient receive an air conditioner. Two weeks later, Berg's efforts were successful.

HHP *(from page one)*

expenses at a HealthEast hospital and 90 percent of office visit charges of participating physicians.

Another area firm with about 450 employees offers an even more costly plan. Employees must pay \$21 each month for single coverage and \$55 for family coverage. This plan also charges a \$100 single and \$300 family deductible. Only 80 percent of expenses are covered by the plan. The employee must pay the remaining 20 percent.

A recent patient at TAH site discussed his benefit plan. "I'm grateful workman's compensation is picking this up because with our hospitalization plan I'd have to pay 20 percent of the hospital bill even after I pay the deductible. It wasn't like this years ago, but I guess all these companies are cutting back on health care benefits for employees," he observes.

The HHP offers employees and their dependents one of the most comprehensive health benefit plans in the Lehigh Valley. If you are not convinced, just talk to your friends who work for other companies.

Attention: Important Deadlines Near

Health Fund Update Issued For TAH Site Employees

All employees at TAH site who still have health fund balances have until Dec. 31, 1988 to submit paid eye and dental receipts. Employees who submit receipts by Friday, Dec. 16 will receive their reimbursement in the pay of Dec. 22. Employees submitting receipts from Dec. 19 through Dec. 31 will receive a separate check by Feb. 2, 1989.

Dental insurance enrollment cards will be sent to all employees as their health fund balances reach zero. These enrollment cards must be returned to the Personnel office in order for employees to be put on the dental insurance.

If you have any questions, please contact Toni Burruano or Ann Kelby at ext. 2977.

Deadline Nears For 1987 Medical, Dental Bills

Reminder From Human Resources at HealthEast — Please remember all eligible medical and dental bills for services performed in 1987 must be submitted to Spectrum Administrators before Dec. 31, 1988.

Social Security Changes Announced

The Social Security Administration has released information which could affect employees in some way during the next calendar year.

The maximum taxable wage base will move from \$45,000 to \$48,000 in 1989. The tax rate of 7.51 percent of pay will remain the same.

The maximum employee tax will increase from \$3379.50 to \$3504.80. An equal amount is submitted to Social Security from HealthEast or TAH—LVHC.

Details on these changes and others regarding recipient's earning guidelines and cost of living increases are available in Human Resources at each site.

Making The Rounds

Mary E. Tolmie, R.N., coordinator of the Digestive Sciences Regional Resource Center, was invited to make a presentation at the Second Biennial International Symposium on the Nue-man Systems Model, a theoretical model of nursing and health care. The symposium was held in Kansas City, Mo.

Three employees of LVHC site, **Nancy Stott**, R.N., Nursing Education, Patient Education and Research; **Chris Wargo**, R.N., Shock Trauma Unit; and **Beth Delin**, R.N., Central Nervous System Unit; were invited to make poster presentations at the Mid-Annual Meeting of the American Association of Neuroscience Nurses recently held in Seattle.

Kim Hitchings, R.N., Nursing Education, Patient Education and Research (LVHC), made a poster presentation and **Debra Bubba**, R.N., Nursing Services (LVHC), was a guest speaker at a conference sponsored by The Center for the Advancement of Nursing Practice at Boston's Beth Israel Hospital.

Three representatives of TAH site serve on the Pennsylvania Perinatal Association Board of Directors. **Sze-ya Yeh**, M.D., Obstetrics and Gynecology, has been a member of the Board of Directors since 1985. **Candace Rakow**, R.N., Nursing Administration, has been appointed Program Committee chairperson of the Board of Directors for the term 1988-1990. Also elected to the Board for the same term is **LaDene Gross**, R.N., Maternity.

Nine LVHC site staff members have successfully completed an intense, 12-week, critical care course and are now working in critical care units. The graduates are **Tracy Berlin**, R.N.; **Margaret Degenhart**, R.N.; **Susan Dutko**, R.N.; **Sharon Mohl**, R.N.; **Clarann Noone**, R.N.; **Kathy Hancharik**, R.N.; **Kathleen Straubinger**, R.N. and **Tracy Walters**, R.N.

Beth Cepil, sites coordinator and quality assurance manager for HealthEast Laboratories, received first prize for an article she submitted for publication in the nationally-distributed *Medical Laboratory Observer*, a magazine on clinical laboratory issues.

Dave Schlegel, A.C.S.W., neuro-trauma social worker (LVHC), was a guest speaker at recent seminars held at Geisinger Medical Center, Danville, and The Rehabilitation Hospital of Mechanicsburg.

Jere Grabarits, 4C (LVHC), passed the certification examination sponsored by the National Association of Hospital Unit Clerk/Coordinators.

Jeanne Guilfoyle and **Pat Oren** (CCCC), along with members of the hospital's Make Today Count Support Group, were featured on WEEB radio recently in an interactive call with **Bernie Siegel**, M.D., at Yale New Haven Hospital. The cancer teams at each site use Siegel's imagery and meditation techniques in the treatment of their patients.

A symposium to address patient nutrition needs, recently held at the George Washington Lodge, was well-attended by over 125 professionals. The program titled "Nutrition Support in the 1990s — Exploring New Horizons..." was sponsored by the hospital's **Nutrition Support Service** and **Pharmacy Department**.

Kate O'Neill, R.N., and **Diane Fink**, R.N., Operating Room (LVHC), were recently certified in perioperative nursing.

The **Histology Department** (LVHC) recently processed its 150,000 case. The department is responsible for processing human tissue and preparing specimens into slides. The volume of cases results in over 1.2 million slides annually.

Jeffrey Burtaine, M.D., director, Occupational Health, recently completed a month-long, mini-residency at the University of Cincinnati. Partial funding was provided by the **Dorothy Rider Pool Health Care Trust**. This residency will enable him to become eligible to take his Occupational Medicine boards in the very near future as he works toward his assigned goal of starting a credible occupational medical service for TAH—LVHC.

The **Rev. Allan Kramer-Moyer**, associate director, Pastoral Care (LVHC), recently presented a workshop at Dialogue '88, the annual meeting of the Association for Clinical Pastoral Education in Minneapolis.



Employees at the LVHC site peruse materials and ask questions of Terry Burger, R.N., Infection Control, and Ken Baab, vice president (LVHC), during Infection Control Awareness Week. The display helped mark the beginning of a three-month, anti-stick campaign sponsored by TAH—LVHC Infection Control Department.

What's Cookin'?

Here Comes Otis Spunkmeyer

On Monday, Dec. 5, "Otis Spunkmeyer" is coming to the LVHC site cafeteria. Otis Spunkmeyer is the name of a premium cookie which will be baked in the cafeteria on a continuous basis. The cookies are available in chocolate chip, chocolate chip walnut, double chocolate chip (white and dark chocolate chips), oatmeal raisin, peanut butter and butter sugar.

The cookies contain the finest ingredients and will sell for .29 cents each or 12 for \$3.37 with the hospital discount.

Mark Your Calendar For Omelet Day

On Thursday, Dec. 22, the LVHC site cafeteria will feature an Omelet Day. Omelets will be made to order using fresh whole eggs and cream and will include home fries.

Omelet choices will include: cheese, vegetable, vegetable and cheese, Mexican, Western, herbal and Mugsie's Special (tomato, bacon and cheddar cheese).

Holiday 'Goodies' Offered For Sale

Food and Nutrition Service of TAH site will offer the following holiday food items for sale on Wednesday, Dec. 21:

Fruit Cake — \$4.50, consisting of an array of dried fruit, such as apricots, raisins, dates and glazed cherries; chopped nuts, laced with lots of honey and served in a holiday loaf pan with transparent lid.

Cookies — \$3 per dozen, holiday cookie assortment prepackaged by the dozen, assortment includes jumbo chocolate chips, chewy oatmeal raisins, old-fashioned sugar cookies and brownie chocolate fudge cookies.

Cheese Balls — \$5 each, medium sharp Wisconsin white cheddar cheese rolled in either fresh chopped bacon bits, chives or crushed walnuts.

Order forms for these special items will be available outside the cafeteria on Dec. 8. Deadline for orders will be noon, Monday, Dec. 19.



Mrs. Flo Buchmueller (left) serves Gina Jones (in striped sweater), executive assistant to the president, TAH—LVHC, and friends some delicious spaghetti at the recent Italian dinner and raffle sponsored by the Auxiliary of The Allentown Hospital site. The fund-raising event featured food and wine served by candlelight to the music of Abe Samuels, a member of the HealthEast Board of Directors.

TAH Auxiliary Makes \$75,000 Gift

The Auxiliary of The Allentown Hospital site presented a \$75,000 check to Philip Brown, chief operating officer of TAH—LVHC, during the Auxiliary's recent Italian dinner and raffle night. In just slightly over 18 months, the 500-member Auxiliary has raised \$200,000 of a \$250,000 five-year pledge made in May 1987.

The Auxiliary holds a variety of fund-raising events each year, according to Frances Schaeffer, president. Funds are raised from bus trips, profits from TAH Alcove Shop, flower sales in the spring and Poinsettia sales in December. (This year's sale will be held Dec. 9 in the lobby of TAH site.) In addition, a Thanksgiving appeal is mailed to community members.

For further information about how to volunteer to help with Auxiliary fund-raising events, call the Alcove Shop at ext. 2267.

LVHC Committee Plans Food Drive

The LVHC Recreation Committee is again sponsoring an annual food drive for needy families in the area. Drop-off sites for non-perishable items will be located in the LVHC site main lobby and at the entrance to the cafeteria through Friday, Dec. 16. Food collected will be distributed to families in need by the Lehigh Valley Food Bank. Your generosity will be appreciated by those less fortunate.

Need Help? Call The Hotline At Ext. 2999

Question: I would like to know why the quality of food and hours of operation in the cafeteria are not the same at both sites. We employees of TAH site are tired of not being able to have lunch or dinner because the cafeteria is closed.

Answer: The Food Service manager at each site places the highest emphasis on providing appetizing and appealing food in the employee cafeteria. Hours of service are limited by manpower allotted to this department in the budget. There were plans to increase the hours of service, but this was not approved in the budget. The department continues to work toward increased hours of service.

Question: I am an R.N. at TAH site and hear time and time again the complaints of visitors and patients regarding the dirty floors and patient rooms. Can something be done about this by the Housekeeping Department?

Answer: According to daily inspections, as well as results of patient questionnaires, the Housekeeping Department receives good to excellent ratings in the area of cleanliness. Carpeting in several areas of the hospital is old and therefore may appear dirty although it is cleaned regularly. The carpeting in these areas will require replacement to appear clean.

Question: Is there a charge to ride the shuttle bus called the "Tunnel"?

Answer: This service is free and is provided for use by employees at both sites, as well as for members of the medical staff. The "Tunnel" does not stop at HealthEast.

Question: Can something be done to clean the visitor parking lot at TAH? There always seems to be garbage thrown everywhere and visitors see this.

Answer: The Grounds/Maintenance Department at TAH site works daily to provide a visually pleasant atmosphere. When a parking lot is located in a center city environment, and pedestrian activity is high, litter unfortunately becomes a byproduct of this situation.

Question: I am calling in reference to Parking Lot No. 4 at TAH site. I do not think it is fair that everyone was kicked out of this lot after so many years of paying for it. I also do not think this is fair for the people who pay for it to get away from the hassle of fair week parking.

Answer: We realize many employees were unhappy with the decision to reallocate the use of many lots during fair month; however, alternative parking was provided to all displaced employees during this period.

Question: My wife works nights at TAH and has to park in the Medical Office Building lot off Gordon Street. I am not too pleased that there are not any security guards at the beginning and end of her shift and these women have to walk from Gordon Street at 11 p.m. with no one around. There are kids skateboarding and walking around late at night. I really think more security is needed on the 3 to 11 and 11 to 7 shifts.

Answer: Our hospital has always provided security coverage to personnel arriving and departing TAH site.

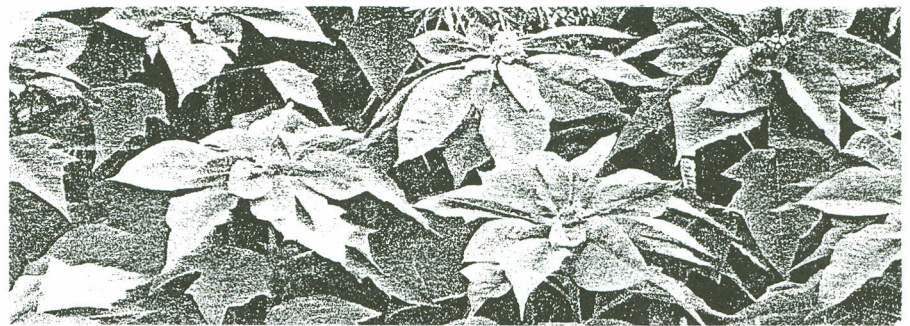
The Gordon Street parking lot is located in a center city environment where there is pedestrian activity at all hours. We are continually exploring effective methods of providing a safer environment for our employees.

Question: I am required to wear a lab coat during hot spells when there is no air conditioning. I think the dress code should be relaxed a little during the weather when the air conditioning is not functioning properly.

Answer: Lab coats are required of some employees to protect them from biohazardous material with which they work. It is not prudent to relax policies that exist in the employees' best interests. Hopefully, the temperature control problems are a thing of the past and work can be accomplished safely and in comfort.

The Hotline is a service for employees at TAH—LVHC and HealthEast who have questions or concerns.

Callers are asked to leave their messages on a tape machine. Employees do not have to state their names, but they should make reference to the specific site involved in the questions. To reach the Hotline, call ext. 2999.



LVHC Auxiliary To Sell Poinsettias

The Auxiliary of Lehigh Valley Hospital Center site will fill the Hospital Center's lobby with red, pink and white poinsettias on Dec. 8 and 9 for the Auxiliary's annual sale.

Plants will be sold from 7 a.m. to 2 p.m. each day. Hanging baskets and single bloom plants will be available in addition to five to six bloom plants.

Proceeds from the Auxiliary projects will go toward their pledge of \$375,000 to buy 14 bedside monitors and a central station for the Special Care Unit at LVHC site.

Betty Heilman and Miriam Lapp are co-chairpersons of the sale.

Pharmacy Continues Merger Implementation

The Allentown Hospital—Lehigh Valley Hospital Center Pharmacy is one department with two licensed pharmacies. “The merger gives us one direction instead of two. Both pharmacy sites are under the supervision of one director. Right now the department’s goal is to merge the policies and procedures of the two pharmacies, while continuing to improve the services provided,” explains Jim Giardina, Pharmacy director.

The LVHC Pharmacy operates 24-hours-a-day and has one satellite pharmacy located outside the Shock Trauma unit. Another satellite pharmacy is expected to begin operation when the new open heart beds at LVHC site are ready.

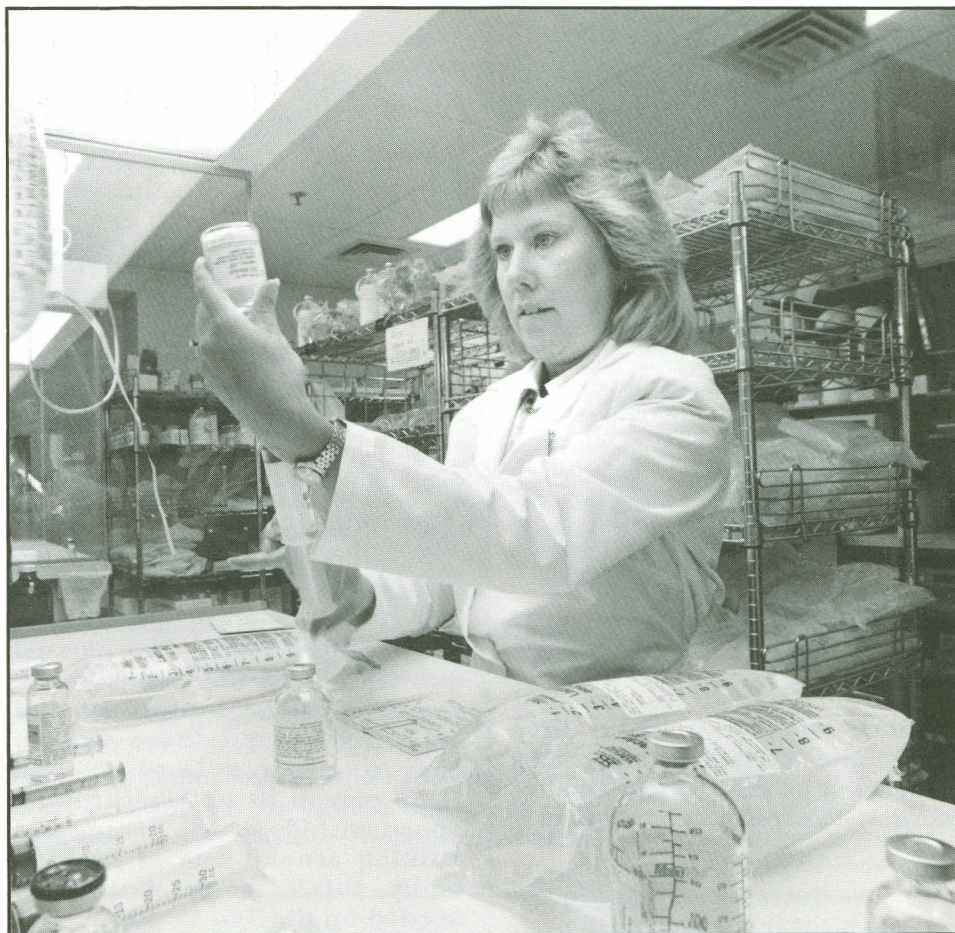
The Pharmacy at TAH is a centralized pharmacy which is open from 7:30 a.m. to midnight. A pharmacist is on-call from midnight to 7:30 a.m. for emergency cases. If medications are needed during that time, nurses can get them from the night closet or contact the pharmacist on call.

Patient medications at both sites are distributed using a system called unit dose. “This system has proved to be the safest medication system used in hospitals to date,” explains Giardina. Under this system, the patient receives a 24-hour supply of medication in individually wrapped and labeled packages. According to Giardina, the system has many checks and balances included to assure that each patient receives the correct medication.

Both pharmacies participate in investigational drug studies. These studies often involve drugs which are not yet marketed or approved by the Food and Drug Administration. These studies are first approved by the Institutional Review Board along with the Medical Executive Committee.

The Pharmacy Department also participates in ongoing studies, such as monitoring adverse drug reactions and medication errors, quality assurance and drug use evaluation studies.

As part of the Pharmacy’s educational services, the department interacts with hospital employees through inservices and orientations on a regular basis to create an awareness of the most current technologies in medications and treatment processes. This helps provide the best patient care



Sabrina Amato, R.P., readies hyperalimentation preparation.

possible, according to Fred Pane, assistant director, Pharmacy (TAH).

In addition, several registered pharmacists provide medication education to the dental residents and the nursing staff.

“Since we are responsible for providing patient medication, we screen, fill and monitor orders for specific medications, and make sure the dosage is proper. We are also responsible for the hospital formulary, a list of drugs stocked in the hospital which is approved by the medical staff,” Giardina explains.

Another service the Pharmacy provides is access to drug information for staff personnel. The department is proud to have the availability of IOWA and Medline information systems. These systems serve as a resource for a comprehensive drug literature file.

The Medline information system is an on-line data retrieval system consisting of citations available through

the National Library of Science, including information from national and international medical and pharmaceutical journals, according to Pane.

The IOWA system consists of microfiche that contain complete articles from over 150 major international medical and pharmaceutical journals. It is indexed according to drug and disease and is also updated monthly.

The Pharmacy augments patient awareness through the use of “med-wallets.” These wallets are given to patients prior to discharge.

“This program, which is utilized at both sites, is targeted toward patients on complex or potentially toxic medication regimes,” says Pane. The cards in the medwallet contain information about the dosage, how each drug works, side effects and cautions. These are available by physician order only.

These are but a portion of the numerous services offered to patients and staff by the Pharmacy.



Allentown Mayor Joseph Daddona presents a proclamation announcing Operating Room Nurses Day, Nov. 14, to Operating Room nurses at TAH site.

HealthCounts Tabulates Questionnaire

This past July, *CheckUp* included an employee interest questionnaire for HealthCounts, the HealthEast employee wellness program. The purpose of the questionnaire was to assist HealthCounts in the planning of health promotion classes and activities.

The results of the survey have now been tabulated. HealthCounts received 123 (116 female and 7 male) responses, representing about 3 percent of TAH—LVHC and HE employees. The majority of those responding were age 26 to 35 and from day shift. Most individuals preferred to attend classes right after work or in the evenings. There was equal interest in attending classes at both hospital sites and community locations.

The highest level of interest was in aerobic exercise classes, followed by stress management, weight control and nutrition. Smoking cessation interventions earned the least amount of interest.

Individual health counseling with a health counselor continued to rank high, primarily in the areas of weight control, cholesterol reduction, aerobic fitness and smoking cessation.

Recommendations for other types of classes and seminars included low-sodium cooking, vegetarian cooking, measuring body fat, family and children's issues, depression and providing for special needs of the working mother. Employees continued to express high interest in fitness club memberships or for a gymnasium to be located at one of the sites.

Contact HealthCounts at 821-2150 for information concerning classes being offered, to become involved in the new employee wellness incentive program, or to arrange for a personal appointment with a health counselor to confidentially discuss special health promotion topics.

Scholarships Available To Nurses

The Professional Nurse Council (LVHC) has decided to spend some of the money raised at its fund-raisers held last spring. The Council has decided the monies should benefit nursing education.

There are many R.N.s and L.P.N.s currently enrolled in educational programs and many more who would enroll if given some financial assistance. Therefore, the Council has decided to award scholarships. Three \$1,500 scholarships will be awarded to persons selected in a random drawing.

Any R.N. or L.P.N. in Nursing Services at the LVHC site who has five years of employment in the HealthEast system and who is currently enrolled or wishes to be enrolled in an R.N./B.S.N. program during the next academic year, can apply for this drawing. Monies will be awarded upon proof of enrollment.

Interested persons may contact their head nurse for an application form. Forms must be returned to the head nurse by Dec. 12. The drawing and a small reception will be held Dec. 15 at 5 p.m. in the Anderson Wing lobby.

Emergency Response Team Formed

An Emergency Response Team for TAH site has been organized. This team, composed of volunteers from throughout the facility, will respond as the "first line of defense" against fires and other on-site emergencies such as chemical spills. In the event of such an emergency, team members will leave their work stations and respond to the incident.

Volunteers will receive training and education for the duties they may be called upon to perform. Employees interested in volunteering as a Response Team member should contact Emma F. Hooks, safety officer, at ext. 8519 on or before Dec. 9.

Educational Happenings

Monday, Dec. 5

TAH - New Employee Orientation - 8 a.m. to 4:30 p.m., Auditorium
LVHC - Community CPR - 7 to 10 p.m., Auditorium Alcove

Wednesday, Dec. 7

TAH - Stroke Team Meeting - 9 to 10 a.m., Cafeteria Conference Room
TAH - Hospital Tour - 10:30 a.m. (meet in main lobby)
LVHC - Hospital Tour - 1:30 p.m. (meet in Anderson Wing lobby)

Thursday, Dec. 8

LVHC - CPR Certification (non-nursing) - 9 a.m. to noon, Auditorium Alcove

Wednesday, Dec. 14

TAH - Stroke Team Meeting - 9 to 10 a.m., Cafeteria Conference Room
LVHC - CPR Recertification (non-nursing) - 9 a.m. to noon, Auditorium Alcove



Joanne Gozztonyi, R.N. (left) and Becki Caffrey, R.N. visited the children's center at the LVHC site on Operating Room Nurses Day. The nurses gave a presentation about children going to the hospital.

WomanCare Lecture Focuses On Stress

Take a break from your hectic holiday schedule to relax! Take time to identify and manage the stress in your life, before it manages you.

WomanCare of The Allentown Hospital will sponsor a lecture titled "Women and Stress" in TAH Auditorium on Tuesday, Dec. 6 at 7 p.m. and again on Wednesday, Dec. 7 at noon. The guest speaker is Susan Deutscher, Ph.D., psychologist, Psychiatry.

Smoking Cessation Free Class Topic

"Smoking Cessation Through Hypnosis" will be offered FREE to employees on Thursday, Dec. 8 from 2 to 3:30 p.m. in Classroom 3 at the LVHC site. To register, call HealthCounts at 821-2150.

Employees To Appear On Telethon

On Friday, Dec. 9, Twin County Cable Television will present a live telethon for Dream Come True on Cable 4 beginning at 6 p.m. During the telecast, between 7 and 8 p.m., Scarlet Brenfleck, R.N., associate head nurse, Recovery Room (LVHC), and Barbara Hanks, R.N., nursing director (LVHC), will make a symbolic presentation of the check representing the monies raised by all the walkers in the Dream Come True Walkathon held last summer. They were asked to make the presentation because they raised the most in pledges during the walkathon.

Special Thanks For Special Folks

CountDown Lehigh Valley, a low-cost cholesterol screening program, recently conducted a very successful screening at South Mall. Over 2,000 area residents received cholesterol screenings.

The Lehigh Valley Stroke Program staff would like to thank everyone who assisted — volunteers, HealthEast Labs, Communications Department (HE), Human Resource Development (LVHC), Community Health and Food and Nutrition Services (LVHC).

Nancy Hanssen, R.N., Radiology (LVHC), a member of the Environmental Impact Committee, wishes to thank the Radiology Department for the nearly 100 percent support staff members have given by separating glass and aluminum containers.

The dedication of these folks helps assure all of us of a "cleaner" future.

THE MARKETPLACE

December 2, 1988

FOR SALE

Men's 26-in. bicycle — 5-speed, used very little — \$55; Commodore 64 computer with 1541 disk drive, MPS 803 printer and several programs — excellent condition — \$300; 5-drawer desk, 40 in. long x 29 in. high — \$10. Call Sandra at 261-0425.

1981 Chevy Citation — power steering, power brakes, air conditioning, AM/FM radio. Good condition. Asking \$1,195. Call Bev at 966-3919.

1986 Fiero sedan — 6 cylinder, fully-loaded, red and grey interior. 32,000 miles. Asking \$7,500. Call Norma at 821-1131.

Stereo in mint condition. Polk SDA-2 true stereo array loud speakers — \$850; Carver receiver 2000, 200 SPC, remote included — \$1,100; audio control C101 II analyzer/equalizer — \$325. Call Steve at ext. 8080 or 435-3594.

Whistler Spectrum Superheterodyne Radar Detector — \$100. Call Steve at ext. 8080 or 435-3594.

1985 white Ford Tempo GL sport coupe — 5-speed, AM/FM cassette, 62,000 miles. Asking \$2,500. Call Sue at ext. 8803 or 453-9836 after 6 p.m.

Stand-up bass with new strings, good condition — \$350; electric EBO Gibson bass without strings — \$200-\$250; AM Peg/acoustic bass amplifier with acoustic head with equalizer — \$400; 11-string guitar made at Martin Guitar, sounds excellent — \$300. Call Jim at ext. 8480 or 767-3395 after 7 p.m.

Pentax K100 manual 35mm camera with carrying case and flash — \$50 or best offer; Chinon 8 mm sound movie camera and matching Chinon sound 8mm projector (rarely used) — \$125 for both; 40-piece Milancia fine china — 5-piece, 8 place settings, never used — \$100 or best offer. Call 776-7503.

Funk and Wagnall's new encyclopedia — 27 volumes plus 2-volume dictionary. Excellent condition; rarely used. Asking \$85. Call Brenda, beeper #1235, between 2 and 10 p.m.

Winchester Model 12, 12-gauge shotgun with modified choke. Low serial number, collector — \$400. Call Jim at ext. 8515, ext. 4283 or 866-4707.

1982 Pontiac 6000 LE — 6 cylinder, 4-door, automatic transmission, air conditioning, AM/FM with tape deck, rebuilt engine, 34,000 miles. \$4,200. Call Frank at ext. 2279.

Olympus OM77AF camera — fully automatic, auto focus, zoom lens, pop-up flash. Brand new; must sell. Cost \$700 — asking \$500. Call 439-8823.

1950 Chevy one-half ton truck. Very good condition. 58,000 original miles with 216 engine. Total restoration, excluding interior — 99% original. One of a kind. Must sell. Asking \$3,500 or best offer. Call 433-8798.

1974 Hornet — 2-door hatchback, 6 cylinder, 56,000 miles. Good condition. New front tires and snow tires, new battery, recent tune-up. \$550. Call 435-6558 after 4 p.m.

Motoguzzi moped — like new, 300 miles. Asking \$300. Call ext. 8111 or 253-9756.

FOR SALE (continued)

1966 Chevelle — 2-door, 6 cylinder, runs great. Excellent for winter weather. Asking \$450 or best offer. Call 432-0019 after 6:30 p.m.

Firewood — seasoned cherry wood, split. Asking \$125 per cord or \$70 for one-half cord. Free delivery; additional fee for stacking. Call 756-3502 evenings.

1983 Plymouth Gran Fury — 4-door, 8 cylinder, 318 engine, automatic transmission, power steering, power brakes, air conditioning, cruise control, AM/FM stereo, 58,500 miles. Asking \$3,895. Call 967-1026 after 5:30 p.m.

Genuine brandy barrel dining room set, orange upholstery. Excellent condition. Asking \$250. Call 868-9234 after 3:30 p.m.

Modular component system — 3561 stereo with cassette deck. Like new. Asking \$65. Call ext. 8612 between 8 a.m. and 4:30 p.m. or 821-8409 after 4:30 p.m.

Twin mattress, box spring, headboard and footboard with frame — \$30; Wonder Horse rocking horse, excellent condition — \$25; maple quiet rack — \$25. Call Nancy at 966-3980 or ext. 8488 from 7 a.m. to 3 p.m. on Saturday and Sunday.

FREE TO GOOD HOME

Reggie, a pure-bred German Shepherd dog about 4 years old. Friendly and lovable. Must **not be tied** — needs room to run and play. Good with children. Has all shots. Call Norman at ext. 2653.

WANTED

Looking for a person or persons on 3 to 11 p.m. shift to car-pool from the Jim Thorpe, Lehighton or nearby areas. Call Cheryl on 4C at ext. 8760.

LOST AND FOUND

1953 Allentown Hospital nursing pin. Maiden name on back — Nancy Klingman. Call Nancy Ferrar at ext. 8850.

FOR SALE OR RENT

Two single units — apartment or house. For more information, call 867-5833.

FOR RENT

Three-bedroom apartment and 2-bedroom apartment at the corner of 19th & Turner Sts., Allentown. For information, call 868-2813.

Rooms for rent near TAH — furnished or unfurnished. Very desirable location; only 5-minute walk. Kitchen privileges and cable TV hookup included. Asking \$65 per week plus 1-month security deposit. Call Sue at 776-7464 between 10 a.m. and 2 p.m. or ext. 2702 after 4 p.m.

Twin, South Allentown, **available February 1** — 3 bedrooms, 1 and one-half baths, living room, dining room, eat-in kitchen, family room, basement, 1-car garage with garage door opener, large deck, small yard, off-street parking, no pets. \$700 per month plus utilities. Security deposit. Call 791-1250 and leave message.

Unique Victorian apartment, located near 17th & Hamilton Sts., with huge living room with many french windows. Eat-in kitchen, parquet floors, private basement with your own washer/dryer, porch and yard. Rental \$525 per month, includes heat and cable. Cats OK. Call 770-1945 and leave message.
