

## Conference Learnings

Nicole Wiswesser RN

Lehigh Valley Health Network, Nicole\_M.Wiswesser@lvhn.org

Laura Stubits RN

Lehigh Valley Health Network, Laura\_A.Stubits@lvhn.org

Follow this and additional works at: <http://scholarlyworks.lvhn.org/patient-care-services-nursing>



Part of the [Nursing Commons](#)

---

### Published In/Presented At

Wiswesser, N., & Stubits, L. (2013, September) *Conference learnings*. Presented at: The Academy of Medical Surgical Nurses, Nashville, TN.

This Presentation is brought to you for free and open access by LVHN Scholarly Works. It has been accepted for inclusion in LVHN Scholarly Works by an authorized administrator. For more information, please contact [LibraryServices@lvhn.org](mailto:LibraryServices@lvhn.org).

# CONFERENCE LEARNINGS

AMSN Conference 2013  
Nashville, Tennessee  
September 2013

**Nicole Wiswesser, RN 6T**  
**Laura Stubits, RN 6T**



A PASSION FOR BETTER MEDICINE.™



# Conference Topics

- Current Trends in Medical Surgical Nursing
  - Med-Surg Nurses as Change Agents
  - Transitions of Care for the Medical-Surgical Nurse
  - Identifying and Addressing Malnutrition
  
- Several Disease-Specific Sessions

# Learnings to Consider for LVHN

- Insulin Drip Computerized Calculator
  - To Decrease errors
  - Easy to utilize
- “Mobility Aid” position
  - Job is to walk patients and perform passive & active ROM exercises
  - Goal: To decrease LOS and readmission rates
- Nutrition Risk assessment on Admission
  - Focused assessment to assess and treat malnutrition

# Sharing Learnings

- **Learnings shared with Leadership Team and 6T Practice Council**
- **Learnings continue to be shared at the ACE Unit implementation group meetings (monthly) ( Attended by 6T Director, Medical Director, and Volunteer services manager)**
- **Computerized Insulin Calculator was shared with Joyce Najarian as the result of another conference.**
- **6T Leadership shared learnings with Administrators & Anne Panik on 10/7/13.**

# Next Steps

*Where the rubber meets the road*

- **ACE unit Volunteers were given “Active ROM exercises” to perform with patients to increase mobility.**
- **Insulin Drip calculator? ... Would be nice!**
- **Coincidentally, LVHN will be adopting a new Nutrition Risk assessment within the next few months!**

