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Montana Kaimin, January 23, 2019

Students of the University of Montana, Missoula

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ÁEÝMIN | "PAPER THAT BRINGS NEWS"

Missing & Murdered

FAMILIES OF INDIGENOUS WOMEN SHARE THEIR STORIES IN VIGIL AT UM

OPINION Too JUUL for school? PAGE 13

ARTS Guide to Missoula thrifting PAGE 20

SPORTS Lady Griz rebound PAGE 31

KIOSK | CLASSIFIEDS & CONTENTS

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Community

Spirit of Peace Community invites you to celebrate liturgy on Sunday at 10 a.m. All are welcome to Eucharist in this progressive Christian alternative Catholic Church. Located at 506 Toole near the footbridge.

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The Montana Kaimin is a weekly independent student newspaper at the University of Montana. It does not condone or encourage any illegal activities. The Kaimin office and the University of Montana are located on land originally inhabited by the Salish People. Kaimin is a derivative of a Salish langage word, "Qeýmin," that is pronounced kay-MEEN and means "book," "message," or "paper that brings news."

For comments, corrections or letters to the editor, contact editor@montanakaimin.com or call (406) 243-4310.

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OPINION | VOICES

Our voice: A list of reasons why we chose not to get fit this year

Each day into the new year is another day closer to the crippling disappointment of another failed New Year's resolution. At the Kaimin, we've chosen a resolution that's more than attainable. So here are a list of reasons why we chose not to get fit this year:

1. There's yet to be a documented sighting of a group of women playing basketball on the open courts.

2. The time it takes to change into a swimsuit, stretch and find a lane not taken by a splashing enthusiast leaves about 15 minutes for actual swimming.

3. While registering for a fitness class is one of the only effective ways to guarantee a visit to the gym, fitting those courses into a class schedule makes it nearly impossible to guarantee enough time to change out of sweaty clothes and get ready for the rest of the day.

4. Punch card classes don't offer enough variety for students who are interested in anything other than Ab Lab and High Intensity Circuit. There's a simple solution: more Oula.

5. "Gymtimidation" is very real and very discouraging. As much as anyone loves hearing the iron-pumping grunts of the guy on the neighboring rack, thank you, next.

b. The amount of people who work out on campus and are clearly not students or someone's grandparent is frankly weird.

7. Using the climbing wall shouldn't require toe-crunching shoes, a harness and a worn-out, earth-toned T-shirt. Renting or buying that gear is

too expensive for a college student who just wants to learn the ropes.

8. The Griz card swiper at the front door has never worked on the first try. If someone has the secret, please send a letter to the editor immediately.

For those of you who are still looking for a place to fit in at Campus Rec, you're not alone. It's never too late to start a resolution.

LIKE IT? HATE IT? WISH WE WERE DEAD? Email us your opinions at editor@montanakaimin.com

BIG UPS & BACKHANDS

Big Ups to the thicc Kaimin's gains. What an absolute unit.

Backhands to UM for still having goddamn asbestos.



Big Ups to Me bringing

Big Ups to Mother Nature for finally bringing us some fresh powder.

Backhands to the University for not plowing the sidewalks efficiently. Are y'all hoping for a lawsuit?



Big Ups to Cardi B for taking on the government shutdown.

ILLUSTRATIONS LINDSEY SEWELL



NEWS | STUDENT EVALS



Students grading professors: Is it effective?

SYDNEY AKRIDGE

sydney.akridge@umontana.edu

Just like professors, students can also "grade" their professors — in a way. Students use sites like Rate My Professors, word-of-mouth and end-of-the-semester course evaluations to indicate to others the quality of teaching they receive in their classes. Both students and professors can use these types of feedback to their benefit.

Rate My Professors is a site that allows students to post and review anonymous feedback. Students can share their appreciation, grievances and rate the professors on a one-to-five scale. For each rating, students can give specific information, such as what class they took, how difficult the class was, if the assigned textbook was useful and if attendance was mandatory. The website also gives guidance on how to write reviews of professors and suggests that students avoid claiming that professors show bias to particular students.

The Kaimin sat down with the top three professors at UM, as ranked on Rate My Professors to get their input on the site.

"From time to time, I've had students comment that they've looked me up on Rate My Professors, and that it contributed to their interest in the courses I teach," John Sommers-Flannagan, a professor at the Phyllis J. Washington College of Education and Human Sciences, said. Sommers-Flannagan is the second highest ranked prof, according to the site's curated leaderboard.

"However, my impression is that wordof-mouth and rumors around UM are much more effective at motivating students to take my courses."

Greg Peters, an adjunct professor at Missoula College, said that he is skeptical of how valuable Rate My Professors is at evaluating professors. Peters is the highest ranked UM professor on the site, with a perfect score across all 20 reviews.

"I might have an inadequate under-

standing of the influence of such websites, but I genuinely doubt that the Rate My Professors website has a large impact on student course selection," Peters said.

"I'm just not convinced that this value is retained when the assessment is presented in a fragmented, simplified, non interactive format like the Rate My Professors website. And I think students know this."

Isabelle Mills, a freshman at UM, said she doesn't look up professors on Rate My Professors because she ends up taking whatever will fit into her schedule, but she often hears what other students say about professors.

"I think if someone says the professor is

NEWS | CRIME

nice or fun, then I am less worried coming in, and I am more excited to take the class. If I hear that the professor is going to be awful, I will usually have the mindset that I will have to work harder," Mills said.

In addition to the informal ways students review professors and their classes, students take part in formal end-of-the-semester evaluations. The information is first gathered by each department with the Student Evaluation Committees.

The Collective Bargaining Agreement between the University of Montana Faculty Association and the Montana University System dictates how faculty are evaluated. Committees are made up of students from each department as well as a faculty observer. They review responses to evaluation questions to determine each faculty member's teaching effectiveness. After reviewing student responses, the committee creates a written evaluation of the faculty member.

These evaluations are prepared by each

student evaluation committee and used along with information submitted by the faculty member and the written recommendation of the the Faculty Evaluation Committee. This process is used to determine retention of the faculty member, salary in-

"I READ THROUGH ABSOLUTELY EVERY ONE OF THEM, AND I THINK ABOUT WHAT THEY HAVE TO SAY, POSITIVE AND NEGATIVE," -LAUREN FERN

crease, promotion and tenure.

Both departments and professors can review the anonymous feedback as well. Professor Lauren Fern, the third ranked professor on Rate My Professors, said that she usually receives the feedback from the evaluations after about a semester. Fern said that she welcomes all the constructive criticism from her students, and she asks for feedback throughout the semester from students.

> "Any feedback that you are willing to give me I want to hear. I am a human. I can always improve myself. It doesn't matter how long you have been doing something, you can always do better at it," Fern said.

> Mills said that she sees some value in the end of the course evaluations but she does not know how much professors really use students' input in their classes.

"I hope that they read them. When I have given feedback, it tends to be positive, and I want the professors to hear that I like this. Even if it is criticism, like they go too fast on the Power-Point, I hope they read that, too," Mills said.

"I read through absolutely every one of them, and I think about what they have to say, positive and negative," Fern said. Being away at college just isn't the same as being at home!



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All charges against student dropped

PAUL HAMBY

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The Missoula County Attorney's Office dropped all six charges against a University student charged with intercourse without consent, assault and witness tampering.

After nearly three months, the prosecutor in the case determined evidence against 24-year-old Rexford Allen Robinson to be insufficient and dropped all six counts Dec. 18. The case had yet to go to trial.

"I no longer felt I could meet my burden [of proof]," Selene Koepke, the deputy county attorney and lead prosecutor, said.

University of Montana police officers arrested Robinson, who lived on campus, Oct. 4 following reports he assaulted another student. The University suspended Robinson, and he was held in jail until he was granted a conditional release in early December.

Investigators included UMPD and munic-

ipal police. Court documents say Detective Connie Brueckner obtained a warrant to access Robinson's cell phone.

According to data compiled by the FBI between 2012 and 2016, about 23 percent of rapes are reported to police, and of that, only five eventually lead to a felony conviction.

Records of the investigation said Robinson also threatened the UM student with a handgun and a knife, leading to subsequent charges of assault with a weapon and tampering with witnesses. After obtaining a warrant to search his dorm, police recovered a knife but no gun.

While Robinson waited in jail, all four of Missoula's district judges declined to hear the case. Cascade County judge Greg Pinski assumed jurisdiction of the case Oct. 31, according to court documents. Koepke filed a motion Dec. 18 to drop the charges against Robinson, which Judge Pinski approved two days later. Koepke said she cannot reveal any details about the investigation that weren't disclosed in court documents.

Robinson's lawyer, Nick Brooke, also declined to comment publicly on the case.

Prosecutors described the alleged crimes in charging documents with ample detail.

Despite charges being dropped, Robinson remains suspended from campus. University Communications Director Paula Short said in an email, "This is an interim measure and is not, in and of itself, a disciplinary action."

"The next step in the process would involve a student proceeding through the Student Conduct process," she said.

According to the Student Conduct Code, Robinson can appeal the suspension.

Students in need can contact SARC by calling 406-243-6559, Curry Health Center Counseling Services at 406-243-4711 or UM Police emergency at 406-243-4000 or 911.

NEWS FEATURE | PARKOUR



Rex McMormick prepares for a backflip in the gym slowly filling with youth class attendees on a Thursday evening in November. Parkour gyms require a lot of space for vertical and horizontal movement, which can make starting them expensive. *PHOTOS SARA DIGGINS*

A place to move: Northside Missoula Warehouse mixes athletics and education

SARA DIGGINS

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Laughter echoed from the open roll-up door of a bustling warehouse on Missoula's Northside. A clump of teens gathered just inside, enjoying the last of the mid-October sun on their backs as they watched each other maneuver through a jumble of wooden towers and chalk-covered bars.

In the far corner of the warehouse, unconcerned with the surrounding chaos of movement and sound, Micah Marino ran the vacuum over mats on the floor.

"Look at Micah, cleaning up the gym, trying to make a good impression," someone said to the group.

The young men were in town for the annual

6 January 23-29, 2019 **montanakaimin.com**

Balls Jam, an event that brings parkour athletes from around the world to Missoula for a weekend, to move and create with each other. Marino's warehouse-turned-parkour gym, Unparalleled Movement, is the focal point.

Parkour, the art of moving efficiently and creatively from point A to point B, is a fast-growing sport in Europe, and has taken off in the United States more recently. While a small city in Western Montana seems an unlikely place to find some of the best in American parkour, Unparalleled Movement and its athletes are considered to be just that.

Marino founded Unparalleled Movement in 2011 with his friends Kent Johns and Michael Graef.

"We started the gym for selfish reasons. We wanted a place to train that was our own," Ma-

rino said.

It became a place for those interested in the sport to gather and learn from each other on a daily basis.

"Without the gym, there would be kids seeing it on YouTube, training on their own," Marino said, "But we wouldn't be collectively getting better faster. It would just be on our own, and we can only learn so much on our own."

Parkour gyms are not always successful investments. Despite financial challenges and location changes, Unparalleled Movement recently celebrated its seventh anniversary.

Marino believes cultivating interest before building a gym is the key.

"We have been pretty fortunate. We didn't have to invest and create something brand new, there was already a student body," he said. "A lot of gyms don't have that, they start from scratch."

To continue to build that strong community, Marino is now looking to the University of Montana. After several years of planning, Unparalleled Movement and UM have partnered to produce a one-credit parkour class.

"I do think that [prospective students] will pick where they are going to college based on where there is a parkour community," Marino said. "If there is a city trending toward parkour athletes, and it has strong community, that's where they are going to go. We might be the only University to have a parkour class."

Marino says the course will help grow the gym's client base, awareness for the sport and will cater to any level of athlete.

The University approved the course over the winter break, long after the traditional class reg-

istration period ended. According to co-owner Kent Johns, missing that registration caused the class to remain empty for the Spring '19 semester. However, it will be offered again in the Fall '19 semester.

The class will meet two days a week and follow a planned curriculum, teaching students how to be safe – falling, fundamentals of landing, body biomechanics and efficiency – as well as letting the students discover movement for themselves.

To build the parkour community, Marino has also focused on youth education in the gym. It offers four levels of youth classes, as well as a basic flips class and all-ages open-gym hours.

"Passing the torch down and having them grow the flame is a big part of it," Marino said. "We are trying to cultivate an environment where the younger community can be born."

It's also important for business. The future of the gym relies on the growth of the sport, and without an ever-growing pool of athletes interested in paying for classes and memberships, it's hard to stay in business.

That's why parkour jams, like Balls Jam back in October, are important. They are an opportunity to showcase the gym to out-of-town athletes. Marino hopes that the gym, and the rest of what Missoula has to offer, will draw the next generation here as they come of age.

Another of Marino's goals for the community is to make Missoula a parkour-friendly city. Athletes are often kicked out of outdoor spaces where they are often assumed to be loiterers or damaging property, which can be a deterrent to training. While parkour doesn't damage property, owners and law enforcement do become concerned about the athletes getting hurt.

The University does not have a policy regarding parkour on campus.

University of Montana Police Chief Marty Ludemann explained that the sport doesn't damage property, and that the athletes tend to be quite careful and respectful, so the campus police have no issue with the athletes training outdoors on campus.

Marino would like to see that same policy applied throughout Missoula, working with lawmakers and officials to name Missoula a parkour-friendly city.

"I do think the University would be wise to be a friendly parkour campus," said Marino, adding that it could be a draw for potential students, such as the thousands of graduating high schoolers interested in parkour.

"When they graduate and there's a city that's friendly towards parkour athletes that has a strong community, they'll move here."





TOP: Several athletes observe Linkin Orth practicing tricks on the trampoline at Unparalleled Movement on Oct. 19, 2018. Orth, from Couer D'Alene, was in town for Balls Jam, an three day event held in the parkour gym and around Missoula.

LEFT: Sidney Mohorovich watches YouTube videos of athletes from other gyms, looking for inspiration and technique while Hans Heileson flips from the wall behind. RIGHT: Marino shows his basic flips class students a video of student Rex McMormick's flip attempt during a basic flips class in November. Using video for teaching allows Marino to slow the action down and point out specific issues with form and momentum, and then show his students what they should keep in mind to fix the problem.

Students pay back thousands in aid for dropping out

CAMERON KIA WEIX

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UM students had to pay back over \$674,000 in financial aid last year for dropping out.

Students who drop out, or withdraw, may have to pay back part of the financial aid they received, depending on when they leave. Student accounts manager Cheryl Neilson said 92 students who received financial aid officially withdrew in the 2017-2018 academic year and had to pay back nearly \$285,000. Neilson said these numbers are fairly typical.

"Life happens," ASUM Student Senator Bailey Carpenter said. "We all have things that come up that make attending college and going through with our plans really difficult."

Carpenter, 20, said she considered withdrawing as a freshman, when an infection had her in and out of the hospital. She was not receiving financial aid at the time.

"I didn't really know where to go," Carpenter said. "But I got better just in time to fix the semes-

ter and right myself."

Neilson said the best thing to do is come talk to someone at student accounts in Business Services. She said unofficial withdrawals, when students leave without going through the withdrawal process, are a bigger issue than official ones. Last year, 166 students who received financial aid unofficially withdrew and had to pay back nearly \$390,000.

"I wish I could reach out to them before they decide to walk," Neilson said.

Financial Aid Director Kent McGowan said the percentage of aid returned depends on when a student withdraws. Students who withdraw after attending 60 percent of the semester, counted in calendar days, don't have to pay anything back. Students who withdraw before then have to pay back a portion of their aid based on how much of the semester they've attended.

McGowan said students can also withdraw from only some of their classes. Financial aid requires passing 70 percent of classes and maintaining at least a 2.0 GPA. Withdrawn classes



GRAPHIC LINDSEY SEWELL

count as failed attempts.

"These are the strings attached to financial aid," McGowan said.

McGowan said failure to pay back the aid can prevent a student from registering for classes or receiving aid in the future. It can also affect a student's credit score.

Neilson said students have 150 days notice to pay the money back. She said students can also

set up monthly payments.

"I would much rather make arrangements with the student myself and within our office than to have them go to collections," Neilson said.

Carpenter, the ASUM senator, has worked on a committee to help students with the withdrawal process. She said it's trying to make more information available to students, including creating a single webpage for withdrawals.

What you missed over break: Holiday havoc for UMPD

PAUL HAMBY

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DEC. 24 BAD SANTA

A resident of the University Villages reported to UMPD that some property was stolen from her vehicle. Despite swearing that she'd locked her car, somebody tried to keep her Christmas from coming by snatching her purse. Police took a report, but have not recovered anything.

DEC. 28 FINAL FRIDAY FREAKOUT

UMPD spent the last Friday of the year ensuring that one 36-year-old man got to the hospital safely. According to Sgt. Brad Griffin, the "extremely intoxicated" man became too much for a party at the University Villages apartments to handle. His friends alerted the police and he was taken to St. Patrick Hospital for treatment.

JAN. 1 LET ALL ACQUAINTANCE BE FORGOTTEN

Fire and medical personnel were called to University Villages after someone spotted a woman lying on the ground outside in the early hours of the new year. When they arrived, she complained about a

fast heartbeat, but refused any treatment. After catching her second wind, she continued on with her night.

NEW YEAR, NEW NEIGHBORS

A University Villages apartment had the distinction of earning 2019's first noise disturbance for the University police officers. "They should get a prize," said Sgt. Griffin. Instead of a prize, officers warned the residents, and they started the year learning a valuable lesson in respect and sensitivity for their neighbors. JAN. 2 NOTHING BUT SHATTERED DREAMS

A Craig Hall RA found a glass pipe in a dorm room after doing a quick inspection before students moved back in for the semester. Somehow, it eluded the previous semester's checkout inspection. The pipe went to UMPD officers, who promptly destroyed it. It's no wonder it was hiding.

BREAKING THE ICE

Another eagle-eyed RA spotted a small plastic bag lying on the ground outside Miller Hall. After turning it in to UMPD, crime lab results showed that the con-

tents of the bag tested positive for methamphetamine. Sgt. Griffin said meth use and the crimes associated with it have been on the rise in Missoula.

JAN. 5 PURLOINED PICKUP

A University Villages resident reported to UMPD that her 2016 silver F-150 was stolen in early hours of the morning. It has Montana plates with the vehicle plate number 483343B. Anyone who spots the truck can alert either Missoula police or UMPD.

JAN. 9 THE YEAR OF THE DANK

A student in Aber Hall couldn't pull off following the Univeristy's zero-tolerance drug policy for one day. On the eve of spring semester, an RA caught the scent of marijuana while on patrol. UMPD arrived within minutes and issued a Student Conduct violation.

JAN. 13"THOU MIXTURE RANK"

Police were called to the aid of a student in Miller Hall concerned that he'd been poisoned. After talking things over with officers, he conceded that he may have just drank too much. He accepted a ride to St. Patrick's for alcohol poisoning treatment.



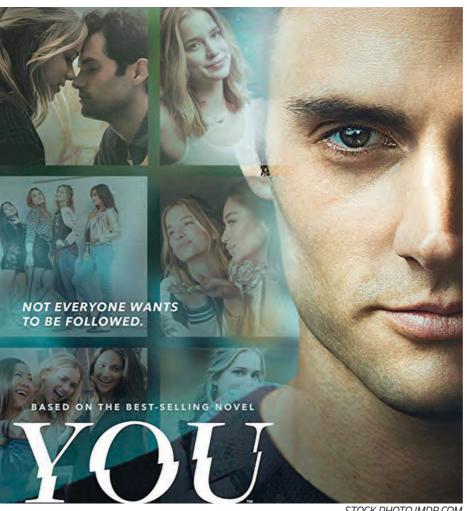
PROGRAMMING | WHAT WE'RE WATCHING

I Watched "You." Be Afraid.

LILY SOPER Lilliansoper@gmail.com

Exactly 30 seconds into "You," Lifetime's new suspense series (made famous by its popular friend, Netflix), I knew two things for certain: This show was going to be terrible, and I was going to love every second of it. "You" stars Penn Badgley returning to the screen after "Gossip Girl" so he could play Joe Goldberg, essentially the same character as Dan Humphrey, but more violent. Elizabeth Lail from "Dead of Summer," a Freeform show that apparently exists, plays opposite Goldberg as Beck, the apple of his obsessive eye. Viewers follow Joe as he stalks Beck via social media after she visits his bookstore, finding her location and following her a few feet behind in a baseball cap like a real professional. It's cool though; he can tell she likes the attention because her Instagram is public and she wears bracelets. Not even kidding. Bracelets. This is revealed within the first minute if you don't believe me.

From the executive producers of "Riverdale," the show's aesthetic combines CW's signature strength — pretty people looking concerned — with a fresh willingness to make fun of itself. There is no character or plot point in "You" that doesn't play directly into a Millennial stereotype. Beck is a wannabe socialite, writer who never writes, and drinker of too many picklebacks. Peach Salinger, Beck's best friend and resident Blair Waldorf of the group, says things like, "I can't have any fast food. And if I drink, it has to be a high pH. You know, like Ketel One or Goose and pear juice," in between wasting her trust fund on lavish parties and manipulating her friends for sport. There's Benji, Beck's addict ex-boyfriend (is it an ex-boyfriend if he got murdered by your current boyfriend?) and CEO to an artisanal soda company who, when forced, can't pick his own pop out of a lineup. There's Nicky, a therapist who gets high during sessions and sleeps with his patients. Every notable character is so deeply affected and hypocritical that they all fall into the "love to hate" category and we aren't given a straight man to ground us as we watch them characterize themselves.



Instead, we get Joe Goldberg. The nice guy who just wants to "help you get the life you deserve," even if that means killing off a couple of your closest buds. Joe Goldberg is a murderer, and even worse, he's a presumptuous douche-bag. Joe Goldberg is the guy in your English class who insists his favorite book is "Ulysses." He's the guy who tries explaining feminist theory to the feminist theory professor and carries his guitar all over campus. The tension of the show comes from the fear of the "nice guy" being evil, but Joe's personality is his greatest flaw — beyond the stalking and saying, "You like attention," way too many times as he narrates.

None of this would be sufferable if "You" took itself seriously. Luckily for us, howev-

STOCK PHOTO IMDB.COM

er, "You" knows what it is: a guilty pleasure. It veers into the skid, and that's what makes the show work. It's satirical, impossible to stop watching, and aside from only 37 substantial plot holes, it could totally happen to you.

Side note: "You" is super hard to talk to people about. If you ask someone, "How do you feel about 'You?" they will start to talk about personal aspects of their lives, and then you will have to pretend to care because, like, you asked. And God help you if you say to your friend, "That reminds me of 'You," while discussing serial killers.



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EVENTS | TOP FOUR

FRIDAY JAN. 25

Missoula's own mountain-surf band, the Skurfs, headline the 2nd Annual Winter Ball at everyone's favorite bike shop/ music venue, Freecycles. You'll think you're shredding waves while they melt your face. It's a formal ball, so break out your best punk-show-appropriate formal-wear. Hellgate High's own Carpool opens the show. All ages. \$5 suggested donation. 7 p.m.



Ocelot Wizard — The Ocelot (Jesse Williams), The Wizard (Will Peterson) and their motley crew of also-bizarrely-named musicians love their Missoula audience. What better way to prove it than with a head-spinning set of shred-worthy guitar freakouts and polyrhythmic funk? Red Onion Purple opens. Top Hat Lounge. 21+. Free. 10:15 p.m.



The Skurfs playing at the 2018 Winter Ball at Freecycles, March 16, 2018. PHOTO DONAL LAKATUA

SATURDAY JAN. 26

The Jeannette Rankin Peace Center and ARTS Missoula present Know

Thyself: Cultural Identity Workshop at the Payne Family Native American Center. Learn and discuss different ways of discovering and embracing positive self-perception related to nationality, ethnicity, religion, social class and generation. Open to all. Free. 9 a.m.



WEDNESDAY JAN. 30

Women's Climbing Night at The Wall. Those of the female persuasion are invited to build that upper body strength every Wednesday night through March at Campus Recreation. Climb higher, faster and farther than ever before with individualized instruction and private coaching from fellow women. Register the day of at the Rec Center's front desk. \$5. 9-10:30 p.m.

KAIMIN COMIC



COOPER MALIN

montanakaimin.com January 23-29, 2019 11

OPINION | COLUMN

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Life is a bipolar coaster

Hi, I'm Kailyn, and I have bipolar disorder. Or at least that's what a psychiatrist told me when I was 14, which was a few years before a different one told me I had borderline personality disorder, and then back again when I got a new psychiatrist. What I'm trying to say is sometimes, a diagnosis isn't an absolute.

I've talked with my therapist a lot about my diagnosis and what having one means for me. Part of having the word "bipolar" attached to me is that I have a set list of symptoms to fall back on and a way to categorize my behavior. Did I move all my furniture at midnight without losing any energy? Maybe I'm a bit manic and need to take some deep breaths and meditate, drink some tea. Did I cry in an Albertsons because I couldn't justify buying myself a candy bar because I felt like I didn't deserve anything good? Maybe I'm on a downswing and need to make a list of things that show I deserve a candy bar. Because I totally deserve a candy bar. And a gold star.

But there's a flipside to having a diagnosis. Some people hear the word bipolar and visualize a manic person, sleeping with anything that moves and spending all their money on cocaine and Amazon purchases. Television shows and movies exaggerate the symptoms of the emotional or mental illnesses a character is portrayed as having. Viewers start to think that's what people are supposed to act like, and sometimes it makes me think that's what I'm supposed to act like.

I had my first real manic episode when I was 18. It began with excessive partying. It ended with a suicide attempt. I slept with strangers, committed a multitude of petty crimes and hurt people I loved because I only cared about me. I still regret that time in my life, but I can't hate myself for it. It was something I wasn't yet able to control. As I got older and began to better understand my diagnosis, I got better at recognizing the signs and addressing them appropriately. But there is still a fear of reliving Summer 2k13, of being that stereotypical definition of bipolar people think of.

A while ago, I asked my therapist if we

could redo the testing for a diagnosis. I wanted a solid answer, a clear definition to describe myself by, a lens through which I could view my behavior. I believed if I knew all of this, I would be able to fix it. I wouldn't be broken anymore.

That's not the case. Knowing what mental illness symptoms I might experience can make it easier to address those symptoms, but it's not going to fix me. Because I'm not broken. None of is are broken.

There's debate within the psychology community as to whether a diagnosis is beneficial to everyone, and maybe it's not. The important thing to remember, something even I need to remember, is a diagnosis doesn't define your personality or your behavior. Your mental illness is just a label, it is not who you are.



OPINION | COLUMN

Too JUUL for school? UM thinks so

There is not a bathroom on campus in which I have not JUULed. I try to limit it to empty bathrooms, but during a five-minute break of a threehour class, desperate times call for desperate measures. As far as I know, it hasn't bothered my classmates and fellow bathroom dwellers, but if it has, they've been nice enough to let me slowly kill myself in peace, as is my American right.

More likely, they don't even notice. That's the great thing about JUULs—they're virtually undetectable. The little amount of evidence dissipates within seconds, and as far as I can tell, it's not that bad for me. Sure, my doctor tells me that JUULs are even worse than traditional cigarettes, but this one "South Park" episode said that they're better and, like, who am I going to listen to?

So, what's the big deal?

Well, guys, this is embarrassing: Turns out secondhand vapor is totally a thing. Sorry, fellow bathroom dwellers. This is awkward. I first had my suspicions that my fat clouds were made of more than water vapor and sunshine when I noticed my dog, Otis, a tricolored Cavalier King Charles Spaniel (yes, this is relevant), was all sneezes and watery eyes just seconds after I used my JUUL.

Once I noticed that, a quick Google search taught me about a little thing called "secondhand aerosol." A study found in the Oxford Journal concludes that "...e-cigarettes are a source of secondhand exposure to nicotine but not to combustion toxicants." This means that while it's not as bad as secondhand smoke, my status as a vape queen (please don't call me a vape queen) leaves innocent



GRAPHIC DAYLIN SCOTTL

bystanders like Otis inhaling my leftover nicotine.

In my JUULing career, I've had several regrets, but irritating my perfect prince's little sinuses is the biggest. Well, that or the time I hit my JUUL while walking into the mall and an eighth-grader said to me, "Nice JUUL," and I instinctively responded, "Thanks."

Which brings me to the youth. The fragile, fragile youth. When the Surgeon General recommended an indoor vape ban in late 2018, it came the day after the National Institute for Drug Abuse showed us new information about the vaping epidemic of the goddamn youth, who, for the record, ruin everything.

It's true that e-cigarettes (particularly JUULs) are a serious problem for adolescents. It's also a problem that people perceive the primary issue with JUULs as being the possibility that teen JUULers are more likely to smoke rather than the fact that JUULs themselves aren't healthy alternatives to cigarettes. The constant attention regarding JUULs' effect on kids is overshadowing the fact that e-cigs are bad for us, and those around us. The university's campus-wide ban on vaping is a friendly reminder that even though kids aren't at play, and most of us are legal, we shouldn't be subjecting each other to our fat clouds either. Vape queen out.





Missing & Murdered



Valene Talksdifferent, front left, Marita GrowingThunder Fogarty and Danielle Vasquez watch the Missing and Murdered Indigenious Women vigil on the Oval on Jan. 19. PHOTO SARA DIGGINS

On Dec. 28, 2018, a volunteer search party recovered the body of 14-year-old Henny Scott near Muddy Creek, west of Lame Deer on Montana's Northern Cheyenne reservation. Scott had been missing for three weeks.

"She was a very outgoing, kind person," said Paula Castro-Stops, Scott's mother, who spoke at a candlelight vigil for missing and murdered indigenous women on the Oval Saturday. "If you didn't know her, you wish you did," she told about 500 demonstrators.

Castro-Stops, 50, told the crowd when she reported her daughter missing to the Bureau of Indian Affairs on Dec. 13, she was told to check her friend's house. "Maybe she has a boyfriend," Castro-Stops recalled officials saying. She'd last heard from her daughter on Dec. 7.

"I didn't know where to turn. I didn't know who to talk to," she said.

Castro-Stops decided to act. She and her family posted that Scott was missing on Facebook and other social media. The Department of Justice sent out a Missing and Endangered Person Advisory on Dec. 26, two weeks after Scott had last been seen near Busby.

"The wait was too long," Castro-Stops said. "My daughter's report, it sat on the desk of someone who was on vacation."

The Crow police department was unable to release any information confirming Castro-Stops's statement and both the Cheyenne and Crow executive offices did not answer when contacted by reporters on Monday, Jan. 21. But the neglect Castro-Stops felt is common among the families of the missing and murdered who spoke at Saturday's vigil.

Many shared stories of unreported and overlooked missing persons cases. These families blame jurisdictional confusion as part of the delayed response.

According to statements from Montana's U.S. Sens., Jon Tester, a Democrat, and Steve Daines, a Republican, at a Congressional hearing in mid-December, 24 Native American women in Montana, excluding Scott, had disappeared in 2018. Only one was found alive.

Murder is the third leading cause of death for Native American women. In 2012, the New York Times reported 1 in 3 Native American women will be victims of rape or attempted rape in their lifetimes, citing data from the Justice Department The Indian Law Resource Center found that more than 4 out of 5 Native women have been affected by violence, twice the national average.

The stats are daunting, and probably un-



Richard Wolf Washee holds a framed picture of his aunt LaTisha Joy Brien, who died as a result of domestic violence. Washee considers himself a gift to his mom, Marj Bearing. He says his mother tells him that she would have turned to alcohol if she had not had a child after Brien's death. *PHOTO DANIEL DUENSING*

der-reported. Of the more than 5,700 cases of missing and murdered indigenous women identified by the Urban Indian Health Institute, only 116 were included in the DOJ database. In Montana, data that goes back to 1900 show that out of 164 cases, only 22 were officially logged.

"I just want a process where it's not going to take this long," said Castro-Stops. "I just want [the law] to take us seriously."

Saturday's volunteer-run vigil happened as other cities hosted women's marches, including in Washington, D.C., where President Donald Trump's White House was the target of marchers for the third January since his inauguration. On Saturday, a separate demonstration in the capital made national news after videos of white teens wearing Make America Great Again hats, and later identified as students from an all-male Catholic high school in Kentucky taunted a Native American elder and veteran.

The focus in Missoula was a call to action to address loopholes and a lack of urgency in the face of this epidemic, according to Lauren Small Rodriguez 31, a member of the Northern Cheyenne tribe, who organized the vigil along with members from several other Montana-based tribes.

Tribal members in Missoula and across Montana gathered with hundreds of others to share their stories and pray. The crowd walked once around the Oval in silence with candles in hand to commemorate the dead and missing. Many held photographs of loved ones.

Rodriguez mentioned specific state legislation that would aid the cause. House Bill 20, which unanimously passed its second committee hearing in Helena, would expedite reports of missing people regardless of jurisdiction. House Bill 21, labeled "Hanna's Act" after Hanna Harris, murdered in 2013, would allow more collaboration among tribal, state and federal officers when dealing with missing people. Both bills are sponsored by State Rep. Rae Peppers, a Democrat from Lame Deer.

Malinda Harris, 48, was instrumental in get-



LEFT: A lit candle glows at the Native-led MMIW Vigil, Saturday, Jan. 19. Three hundred candles were given to the crowd and held during the procession, which wrapped around the University of Montana's central Oval. *PHOTO DANIEL DUENSING* RIGHT: Victoria Parker, a vigil attendee, lowers her eyes during a prayer. *PHOTO SARA DIGGINS*

ting HB 21 to the Legislature. At Saturday's vigil, she told the crowd, "I'm here to talk about my daughter, Hanna. I am her voice now."

Harris said when she reported her daughter missing, police told her she was probably out drinking with friends. They told Harris they wouldn't be able to start the search until the next Monday, almost a week later. She was advised to call her daughter's friends to see if they knew what had happened.

At first, she didn't want to interfere with instructions from the Bureau of Indian Affairs. But as the weekend went on, she decided to organize a search party. What started out as a small team of family friends quickly grew to a group of 100.

When Harris' body was found only a few miles from where Henny Scott's body would be found five years later, it was so badly decomposed that a cause of death couldn't be determined. She had been beaten and her body dumped by Garrett Sidney Wadda, 44, and Eugenia Ann Rowland, 41, after a night of drinking. Wadda and Rowland were sentenced to prison in 2014.

"I just always had the hope she'd come walking through the door or give me a call," Harris said. "I didn't ever want to believe it."

After news of her daughter's death, Harris

went into a deep depression. She didn't know what to do. She asked the crowd, "Where are we to stand when there's no one to stand with us? Who are we to go to when the police turn us away?"

Harris and her daughter, Rose, became activists and began to lobby for better legislation. This new movement made its way to Congress, where a resolution was passed to officially declare May 5 as National Day of Awareness for Missing and Murdered Indigenous Women.

HB 21 went to the Montana Legislature on Nov. 16, 2018. The bill would allocate funds to a special missing persons specialist within the Department of Justice who would be in charge of monitoring each case, along with increasing communication among agencies and jurisdictions.

The bill had its first hearing earlier this month and is awaiting scheduling for its second hearing.

"I'm not going to let my daughter slip through the cracks," said Harris.

"Today is an educative moment," Rodriguez told the crowd. "Today we'll hear all of these stories, we'll hear policy. And it is up to you on what you choose to do. It is up to you to go to Helena, to call your representatives."



Lauren Small Rodriguez of the Northern Cheyenne Tribe greets the assembled crowd at the Griz statue before beginning the Missing and Murdered Indigenous Women vigil on Jan. 19, 2018. Rodriguez, whose Cheyenne name is Thunderwoman, facilitated the event and is a member of the United States Coast Guard. *PHOTO SARA DIGGINS*

At the federal level, Tester and Daines have been speaking out in support of Savanna's Act, named after Savanna Greywind was brutally murdered when a neighbor in Fargo, North Dakota, cut open her stomach to steal Greywind's unborn child in August 2017. The bill would make it easier for tribal and federal law enforcement to report, access and collect data on missing persons. With this improved communication, investigations would ideally begin sooner.

Savanna's Act passed in the Senate in early December, but has yet to pass the House. There is no date scheduled for a ruling because of the government shutdown.

Marla Loring, aunt of Ashley Loring HeavyRunner of Browning on the Blackfeet Reservation, who is currently missing, endorsed the federal bill at the rally. Kimberly Loring HeavyRunner, Ashley's 24-year-old sister, testified in support of Savanna's Act in front of the Senate Indian Affair Committee on Dec. 12. Ashley has been missing since June 2017. She was 20 when she disappeared.

Marla Loring, 49, shared her story at the vigil.

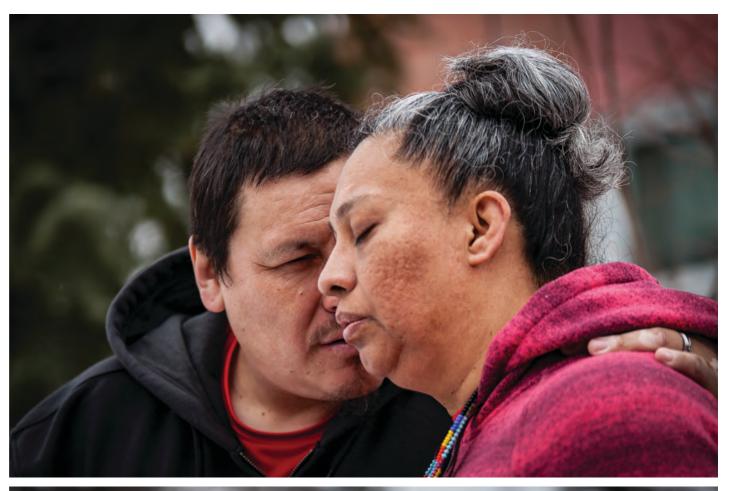
"My niece was a little cowgirl, cowgirl all the way. She was kind, loving. Family was everything to her, everything."

Loring said she went in front of the Blackfeet council in an attempt to ask for help, but got turned down. The police maintained that Ashley had run away.

"The Blackfeet cops did not believe us until months and months later," she continued. "I mean, you see this on TV and in movies, but you never think something like this could happen to your family."

The testimonies continued. For two hours, families with missing or murdered loved ones shared their stories with the crowd, all of them grateful to have an audience listening attentively and finally. Speakers ranged from professor Debra Earling, 61, of the Confederated Salish and Kootenai Tribes, to tribal elders from the Northern Cheyenne Tribe, all with unique, yet similar, stories. Many advocated for the current state and federal bills to become law.

"These stories [are] what this message is," said Rodriguez toward the end of the demonstration. "That's more than any campaign, any type of awareness you can get. Because this isn't that. This isn't about just awareness. This is a part of [these families'] lives, and they need to share that. Because we can't have any more of this. And we need to continue to fight. We need to lock arms, and we need to press on."





TOP: Paula Castro-Stops and Nate Stops, parents of Henny Scott, a 14-year-old Northern Cheyenne girl whose body was found on Dec. 21 2018, embrace during the Missing and Murdered Indigenous Womens vigil at the University of Montana on Jan. 19. BOTTOM: Theda New Breast, a Blackfeet Tribe member, holds a list of all the missing or murdered from the Blackfeet tribe up to the vigil crowd on Jan. 19, 2019. *PHOTOS SARA DIGGINS*

MUSIC | ALL EARS

Dorothy and Magic City Hippies

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DOROTHY'S COME BACK

Dorothy returns for another hearty rock show. With a puff of smoke, the crowd went wild at her last Missoula show in February. The Budapest-born, San Diego-raised artist wore bell bottoms and a silk kimono, burning sandalwood with a flower child demeanor that echoed that of Janis Joplin. She pounded out desert rock songs off her second album, "28 Days in the Valley," full of blues and grit. She took hold of the microphone, leaning it this way and that, howling soulfully, her hair blowing. She remained zen while sweeping the audience up with righteous drum beats and electric guitar that reverberated through the heart. With passion for sharing her music, Dorothy remained in constant warm engagement with her wild audience, despite a lack of bouncers adequately managing drunken disturbances. She kicked her shoes off and claimed the space with a big smile, spreading messages of love with her angelic rock vocals. The audience reciprocated, beaming with positive energy, shouting out her lyrics and flinging their heads to the beat. "If more people were happy and less people were angry, it would be a different world," Dorothy said near the end of her set. "Sometimes you have to choose, and that's why we have rock shows."

Dorothy Plays at the Top Hat Wednesday, Jan. 23, at 9p.m. The show will be all ages and tickets are \$25.

ous, adding backing musicians Pat Howard on drums and John Coughlin on guitar. Their 2015

MAGIC CITY HIPPIES' ANI-MATED ELECTRO POP

Magic City Hippies, self-described as "Miami's Indie Funk" group, began as a solo stunt pulled by band member Robby Hunter, spinning party beats on the streets of Miami and stealing electricity to do so. Eventually, he was kicked inside by the police and started playing gigs at a local dive where, as many up-andcoming musicians are, he was paid in beer. He grew more seri-

"Hippie Castle" EP got the group on a national tour with indie rock band Hippo Campus, opening for the band in Missoula in 2017. This brought Magic City Hippies into the festival world, and this year the collective is set to perform both at Electric Forest and Austin City Limits, but first it returns to Missoula to play as the headliner. Its chill dance tunes mix electro pop and hip hop. "Gunslingers" is oozy and groovy with hazy pop vocals and beachy guitar sounds. "Franny" has a mellow flow and autotune-heavy vocals that waver over bubbling beats. "Body Like a Weapon" is kicked back and cruising with boogie guitar breakdowns. These three latest singles, released in 2018, give a glimpse into the animated music Magic City Hippies is continuing to make.

> Magic City Hippies play Thursday, Jan. 24 at the Top Hat at 8:30 p.m. The show is all ages. Tickets are \$15 in advance and \$20 the day of show.

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MUSIC | ALBUMS

Maggie Rogers debut album a 'Reintroduction' to fans

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Maggie Rogers' new album, "Heard It in a Past Life," came out Friday, Jan. 18. The artist told NPR in a recent interview that the purpose of this album was to "reintroduce herself" to her audience after her unexpected rise to fame.

The album very clearly crafts a story of the artist; her vulnerability is reflected in the (at-times) brutally honest lyrics, and her questions and doubts are presented in the melody. But the record's true beauty is in its relatability. Even if you're someone who doesn't care for the distinctly alternative Billie Eilish genre, there is something here for you. Whether it's in the upbeat, optimistic "Give a Little," or the self-discovery of "Alaska," the range and variation of the album are where its real strength lies.

Rogers' music is unique within the definite parameters of alternative, but the tracks carry weight. They don't feel forced or synthetic, which happens often in this genre. The songs comes across as a genuine culmination of the artist's intentions. It very much sounds as though Rogers has the credibility, as an artist, to pull off this "reintroduction."

Rogers blends folk and pop to produce a new, individualistic sound that's maintained throughout the album. It's refreshing to know that music can still exist and thrive outside the algorithmic model of pop-radio. Songs like "Light On" and "Falling Water" demonstrate Rogers' creativity and willingness to push limits. She's clearly making the music she wants to make. Her story is imbued in the lyrics and melody throughout the album.

Rogers sings about love, identity and struggle in a way that's genuinely engaging. A hopeful theme of rebirth and renewal is present throughout each track. It presents itself as a finalized synergy of Rogers' life, but deals with everyday issues for her listener to connect with.

At the risk of sounding cliche, this album transcends category. Maggie Rogers is bringing something special to the table here. A little more truth, perhaps. A nuanced sound. An evident desire to create art. Whatever it is, the most important achievement of "Heard It in a Past Life" may be its ability to appeal to all kinds of music listeners.



COURTESY PHOTO WEEP WAVE

Weep Wave on gentrification and SAD

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Seasonal Affective Disorder, or SAD, is a common complaint during the long Montana winters. No sun plus long nights equals bad vibes for even the peppiest among us. With a promise to "explore the bold, expansive differences of the changing seasons," Seattle indie rock band Weep Wave taps into that, frankly, bummer of a problem on their latest album (aptly titled "S.A.D.") We gave the group a call to chat more about muses and to vent our frustration over the scourge of the post-Millennial (or broke) generation: gentrification.

Montana Kaimin: How does the weather inspire your songwriting?

Weep Wave: We wanted to reflect the emotions you go through in the seasons. The seasons change dramatically and with that, so do the emotions attached to it.

MK: How has being in Seattle and watching its gentrification affected your music? WW: It's not even just Seattle. It is everywhere, Even people who don't live here pick it up in the record and have experienced it themselves in their own areas. Seattle is going through a crazy time of change. It has the largest amount of active cranes [in the United States]. It's so expensive to live, you have to work so many hours to get by, and that takes time from your craft. The kind of people moving to Seattle are more tech people moving up for jobs, not for the locale.

MK: How do you carve a pathway as a musician in a DIY music community against a system that is not necessarily in favor of artists?

WW: It's easy to get sucked into your other jobs because you need money, so you have to really want it and commit to it.

MK: What kind of advice do you have for Missoula's music scene when the city is also growing and becoming gentrified?

WW: Keep that tight-knit family feel. As long as everyone can work together, you can do it. Maintain a community. Everyone is needed. There is no scene if there are no people.



HEARD IT IN A PAST LIFE MAGGIE ROGERS



STYLE | SECONDHAND

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Looking cute on the cheap: a guide to Missoula thrifting

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Missoula likes to think of itself as the country's premier location for fly fishing, hiking and accruing thousands of dollars' worth of student debt, but there is another form of recreation our lovely city provides: thrifting.

If you're looking for costumes or garden-variety funky clothes, Carlo's One Night Stand on the Hip Strip houses feather boas, wigs, leather jackets, flannels and ankle-cut cowboy boots. Carlo's can get spendy, but its employees are usually game to haggle the price down by at least \$10.

Just around the corner, Betty's Divine stands tall as the Hip Strip's reigning queen bee. The front end of the store houses some of the most expensive clothes in Missoula, but the back end, called "Divine Trash," is all vintage and affordable. This is the best place in Missoula to find high waisted Levis and Carhartt jackets, though the most affordable items are the records tucked in the back.

This, however, is where your crusty, jaded Missoulians at the Kaimin come in to help. If you want to get the jeans sold by the Hip Strip queens at a more affordable price, drive 20 minutes down Brooks Street to Crazy Horse in Lolo. Divine Trash buys many of its Wranglers there for about \$10, selling them to Dixie Chicks fangirls in Missoula for \$40. You're welcome!

Once you've stocked up on clothes, walk across the Higgins Street Bridge and take a left on Main Street to Dark Room, an underground camera store. The store is tucked away and tricky to spot, but you won't be disappointed.

The equipment and affordable prices are equally impressive, sure to test the impulse control of any camera or film nerd. Two glass containers contain dozens of Nikon and Canon cameras, lenses and gear. The owner of the store, Michael Patterson, is knowledgeable and gives discounts readily.

As you exit Dark Room, continue walking down Higgins. At the end of the street,





Top: Neon lights the way to the best finds at the back of Betty's Divine, a vintage boutique on the Hip Strip. Bottom: Racks of colorful clothing await inspection under the fluorescent light of the Goodwill warehouse on South Reserve Street. *PHOTOS EMMA SMITH*

you'll see a green and white brick building with a "We Buy Anything" sign. Circle Square Second Hand Store is the mecca. Reasonably priced desks, chairs, bike tires, typewriters, silverware and old-school, metal-framed backpacking backpacks sit stacked on top one another, waiting to be scooped up.

The owner of the store, John Baker, tries to maintain a '70s and '80s theme and enjoys the process of "treasure hunting."

If you aren't tired of shopping yet, thrifting doesn't have to be confined to downtown Missoula. Drive or take the No. 8 bus across town to the South Reserve Goodwill. From \$3 H&M jeans and oversized sweaters for ungodly winter temperatures, to Ziploc bags filled with whisks and old wooden rocking horses, Goodwill has what you need. When you're checking out, don't forget to pull out your Griz Card — we get a student discount.

For students trying to figure out how to finance a new wardrobe or interior decor, go forth and prosper at our thrift stores. In addition to saving money, you'll be helping to keep some of Missoula's oldest businesses around, which contributes to our most important mission as a city: remaining cooler than Bozeman.

CULTURE | HOROSCOPES & MEMES Aquarius: Get laid. Taurus: Get rid of your stuff.

HAPPY

BIRTHDAY

TO MF

Astrology stans and skeptics alike: Your incessant calls have been heard and answered. The Kaimin now has a weekly horoscope.

Capricorn (Dec. 22 - Jan. 19): You have GOT to chill. (A fellow Cap is writing the horoscope this week. This is not an attack, simply an articulation of reality.)

Aquarius (Jan. 20 - Feb. 18): You're getting laid this week. I didn't say it would be good, but it will certainly occur. Mazel tov!

Pisces (Feb. 19 - March 20): You're going to find a knife this week. Don't ask us why! Don't seek it out! It'll come to you. Congrats, kings and queens.

Aries (March 21 - April 19): You're sad, but like, in a drunk way. But know: Your brief period of unemployment will soon come to a close. Enjoy this time. Do your Capricorn roommate's

dishes for once! You good.

Taurus (April 20 - May 20): You're feeling personally attacked by the Marie Kondo discourse, these horrible people who want you to declutter. You love your things, damn it! Understandable, but this could be a period of growth. A reminder that owning more than 30 books does not a personality make.

Gemini (May 21 - June 20): People demonize you... for good reason. Kidding! You're on

Virgo (Aug. 23 - Sept. 22): You've written your lists, you've checked them twice. Time to

check yourself. This is a week of self-reflection. Watch "Terrace House" and think about your lost potential.

Libra (Sept. 23 - Oct. 22): Get yourself together, man. Move to Philly. Buy a loft. Start a noise band. Get six or seven roommates. Eat hummus with them. Book some gigs. Burn down an Applebee's. Listen to Animal Collective. Start some kind of salsa company.

Scorpio (Oct. 23 - Nov. 21): We are terrified for you, especially with the moon this month.Things are ... precarious. Call your mom. Please, for the love of God, call your mom.

Sagittarius (Nov. 22 - Dec. 21): So you're like Capricorns but moodier. We desperately need you to focus on the things you CAN change this week (you know the AA motto). Solidarity, January is tough.

one this week. Bully for you.

Cancer (June 21 - July

22): You have set up so

many blind dates

this month; it's

time for you to

go on one of

your own. Be

brave! God is

smiling down

Leo (July 23

- Aug. 22): Some

of you have nev-

er met a mirror you

didn't like, and it shows.

Work on that this week.

on you.

'Spark joy' and capture the zeitgeist: The KonMari Method

MATT NEUMAN

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If you're like me, you learn about pop culture through memes. Through these sacred texts, I learned men are trash. It's how I found out R. Kelly was finally canceled. Apparently Gillette is shaving away toxic masculinity and God is an egg, or something like that.

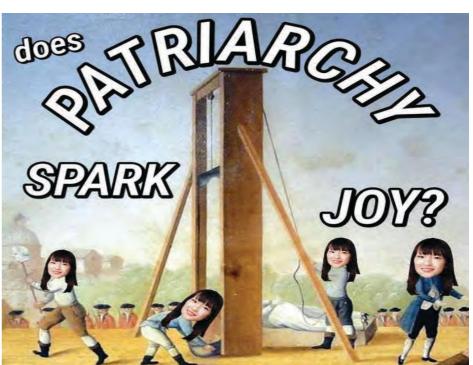
I recently began seeing references to sparking joy, sometimes accompanied by pictures of a Japanese woman casting away the unworthy — be it toxic friends, student loans, capitalism or the idea of wearing pants. I did a little research, spoke to some people who watch Netflix, and learned of the Marie Kondo series that's likely caused a boom in the secondhand market.

The KonMari method and memes are a match made in heaven for a few reasons. First, Millennials and Generation Z love quick fixes. If the Vines that cured my de-

pression didn't work on you, Kondo says it's as easy as throwing away much of your crap. It's like a less extreme version of minimalism, making it even easier to buy into. With how depressed we all are (based on the popularity of depression memes), this type of quick fix method makes for a versatile meme format.

Second, it fits perfectly with the #Me-Too movement and the cancel culture it helped ignite. As sexual predators, racists, homophobes and the like were more easily called out and collectively canceled, problematic things and ideas also began being canceled. Monogamy is canceled, 2018 was canceled, love is canceled. Marie Kondo brought cancellation into our closets, and now we're questioning if the people in our lives or the ideas we latch onto spark joy.

So until the trend fades, allow the high-octane KonMari content to spark joy in your life.



COURTESY PHOTO @PROLETARIATROPHY

STUDENT SUBMISSIONS | FICTION

Reunion

MADISON HAYNES

My welcome party arrived in a sputtering truck so caked with dirt that it was camouflaged against the surrounding landscape. I sat on the stone bench outside the Reno airport, hugging my arms to my chest. I thought the desert would be warmer. When the truck pulled up, Suze hopped out of the driver's seat. Brown buckled boots peeked out from under her skirt.

"Morning, Dani," Suze said, pulling me into a strong hug. She smelled like lavender and earthy wood. "How was your flight? You eaten yet?"

"I had some crackers on the plane," I said.

"Joel's putting some steaks on the grill for lunch." I should have saved the crackers. "I'm vegetarian. Suze."

"Oh...Still?"

"Yeah." I shut my mouth, before I started a fight. Unfazed, Suze squeezed my shoulder. "We'll pick you up some salad on the way home." She let go of my shoulder, her head tilted, a move reminiscent of our mother. "You can toss your bag in the back."

I eyed the the truck. Underneath the layers of dirt, I could discern that its original paint job must have been a coppery orange. The truck looked like it was sagging in on itself, trying not to cough up its innards. After a brief hesitation, I tossed my suitcase on the bed. "It's not as hot as I was expecting," I said. Suze shrugged. "It's February. And morning. Give it a few hours. I promise it won't disappoint."

I clambered into the truck. My 2-year-old niece, Lauren, sat strapped in her car seat, wearing tiny pink Minnie Mouse sunglasses and sucking down juice out of her sippy cup. She had grown a lot since the last picture I had seen of her. I wedged myself next to her car seat, the stick shift in between my knees.

"Uh, hey, Lauren," I said. "Nice to meet you." "Hi," she said in a small voice.

Suze grimaced apologetically. "Sorry, she's shy around strangers."

It was an hour drive from Reno to Fallon, and it only took me a few minutes of blinding sun to realize I hadn't thought to bring sunglasses. I spent much of the ride staring out the window, struck by how empty the desert was, the way the landscape stretched on endlessly with only lone cacti dotted among the dead bushes to mark our progress forward. Were there really whole towns of people out here?

Suze sang along quietly to an unfamiliar song on the radio. Her long thick braid was absent, and in its place short curls sat on her shoulders. It unnerved me.

"Crackers," Lauren said. I had forgotten she was even in the truck.

"Could you grab a pack of animal crackers from my purse?" Suze asked.

I dug around the bag, unearthing a small foil bag. I tore it open with my teeth and handed it to

Lauren. She shoved a small lion into her mouth. The Minnie Mouse sunglasses were a bit too big for her face and kept sliding down her nose.

"How's Joel?" I asked.

"He's fine," Suze said. Her sunglasses prevented me from reading the expression in her eyes. "It's been a big year for his company, so I've been doing most of the child-wrangling,"

I'd met Joel once before, at my mother's funeral. Amongst the sea of Georgians, Joel looked like he might have accidentally walked up to the wrong funeral party and sat down out of embarrassment. He stood a foot taller, a bushy beard covered sun-kissed cheeks, and he donned a black cowboy hat through the whole service. The only thing that could possibly take the focus off of him as they lowered the casket into the ground was the bulbous, round belly poking out from Suze's black dress.

Everyone stared, but no one said anything—at least not to them. He was the one who offered to pay for the funeral.

I was the one who had to deal with the questions, the rumors. How's a nice girl like Suzanne run off with a white man twice her age? You think they got hitched on account of the baby? What would your poor mother think, Danielle?

I didn't hear from Suze much. Even after mom got sick. Even after Lauren was born. Didn't she want to know about how her old friends were? How hard it was to try and sell mom's house? Even if she did, I wasn't sure if I could answer her without the conversation turning sour.

Suze blew air noisily out of her lips, a nervous

tick of hers that usually preceded an uncomfortable topic. "Mom told me not to come home," she said. "After I told her about Joel."

She had clearly been bursting to say this. I could tell by the way her hands shook on the steering wheel. I didn't say anything.

Suze exhaled slowly. "She said to think carefully about what I was getting myself into. And if I went and married 'that damn cowboy,' instead of finishing college, I wasn't welcome in her home anymore."

"She didn't mean that," I said. "She was just trying to scare you out of getting married."

Suze waved me off. "Tm just trying to say, if I've been...distant...well, that's why."

"That's a shit excuse," I said. I regretted the words as soon as they left my lips.

"What's that supposed to mean?" Suze asked, looking like I'd slapped her.

Suze's signature comeback phrase took me back to high school, when we would argue about who got to use the car and who actually owned the cute checkered shirt, when we weren't driving down a lonely road in an ancient truck, when I wasn't studying for exams in a hospital waiting room, when there wasn't a baby napping next to me. When mom wasn't dead.

"Things used to be simpler," I said. I turned to look out the window and watched as the desert passed us by.

Have short fiction, nonfiction or poetry you want everyone to read? Yeah you do! Send your writing to us at kailyn.mercer@umontana.edu Submissions must be 700-800 words max.

KAIMIN PHOTO COLUMN | FINDING LIGHT: MY ANNUAL JOURNEY THROUGH SEASONAL AFFECTIVE DISORDER

BY ELI IMADALI

In the winter, my mind often feels full of static. I wake up wrapped tightly in my comforter and immediately look out the window, always hoping for a blue sky, but expecting a thick, gray one. Going to class serves as a temporary escape, a way to occupy my mind and briefly silence the static. But unless the sun comes out, I'll likely feel down.

It wasn't like this for me growing up in Phoenix, Arizona, where a January day is 70 degrees and sunny. Winter was a time for us kids to go outside and play without the threat of absurdly hot weather. During my first Missoula winter, this wasn't my reality. That year, I remember seeing a crushed cigarette in a dirty street puddle and thinking, I feel like that right now.

What I'm describing, Seasonal Affective Disorder (SAD), is something many people experience. With a nasty inversion in the winter, cold temperatures that can limit getting out and lots of students under stress with irregular sleep patterns, Missoula is a prime candidate for a seasonally depressed population. Even after a few years here, I still feel like that crushed cigarette in the puddle sometimes. But this year, I want to document how I feel through photography. Too often, we, including myself, ignore our darker emotions to only portray our lighter ones. I want to make something beautiful out of my SAD, to find light in a dark winter.

I hope this photographic journey through my own winter depression can help others at UM and in Missoula feeling similarly. For counseling and other resources, contact the Curry Health Center, right on campus. You can also call the National Suicide Hotline at 1-800-273-8255.



ARTS | BOOK REVIEW

'Maid': Memoir doubles as exposé of classism

KAILYN MERCER

kailyn.mercer@umontana.edu

"My daughter learned to walk in a homeless shelter."

University of Montana graduate Stephanie Land's memoir, "Maid: Hard Work, Low Pay and a Mother's Struggle to Survive," opens with these brutally honest words, setting the tone for the next 288 pages.

Land, who graduated in 2014 with a creative writing degree, chronicles her years fighting the risk of homelessness and navigating the welfare system with her daughter, Mia. Starting with Mia's first steps, Land leads readers down a path of hardship and suffering, providing a brutally honest depiction of life below the federal poverty line.

"Maid" originally started as an essay called "Confessions of a Housekeeper," written for an intermediate nonfiction class at UM taught by David Gates. Land felt a bit out of place in the class. Most of the essays her classmates handed in were about their year abroad or a fond childhood memory. Her essay was anything but ordinary, something her professor noticed.

"He sat back in this very David-esque way and said, 'Solid gold, man. Solid gold.' So I figured I was onto something and just worked on it whenever I could," Land said.

Land eventually submitted the essay to Vox, jump-starting her career as a writer. She worked for 10 months on the book proposal, which was accepted by Hachette Publishing, a Big Five publishing house.

Land wrote the book with her daughter in mind. The narrative is propelled mainly by Mia's aging and Land's persistence to give her a better life. Land's anxiety over writing about Mia shows, adding another layer of personality to the book.

"I struggled so much with the fact that I'd basically written a book about my daughter without her permission," Land said. "She knows about it and is excited about it, but she's 11 and she doesn't necessarily know what that means. I didn't want to write something that would haunt [her]."

"Maid" centers around Land's work as

a housecleaner, working for people with enough wealth they couldn't be bothered to clean their houses themselves. In some homes, Land felt welcome. The homeowners would leave notes, occasionally with a tip. Henry, one of Land's favorite clients, would ask about her life and her daughter, and one time even gave her a couple lobsters to cook for her family. His treatment of her is unique and directly opposed to how Land was treated by most of the clients she writes about.

The happy moment of a steak and lobster dinner is tarnished by her uncomfortable and declining relationship with her boyfriend. Land writes honestly about her romantic problems, and she doesn't paint herself as the perfect partner. She intimately describes sacrificing her own emotional happiness because breaking up with her boyfriend meant losing a home to live in.

The book is among the first of its kind, and the first maid-centric memoir published by a Big Five publishing house. In the weeks before its publication on Jan. 22, "Maid" had already made it onto lists alongside authors like Pulitzer Prize winner Michael Chabon and world-renowned-everything Oprah Winfrey.

Land's writing deserves the instant success. Even with a limited cast of characters, she tells a story millions of people on welfare can relate with. Land's personal story unmasks the classism America likes to keep under wraps, a problem that's gone mostly ignored until relatively recently. The honesty of Land's writing allows readers to feel fully connected to her story, and Land uses this connection to expose the systemic oppression of the lower class.

"Maid" proves that it's not necessarily the fault of welfare recipients that they don't make it out, rather that income-based government assistance can keep someone in poverty. The amount of assistance a person can receive depends on monthly income, and all changes to income must immediately be reported. For Land, this meant that an extra \$50 one month could mean a loss of the childcare grant or a decrease in the amount of food stamps she received. The system of



PHOTO COURTESY STEPHANIE LAND

income-based assistance makes it hard to save for unplanned expenses.

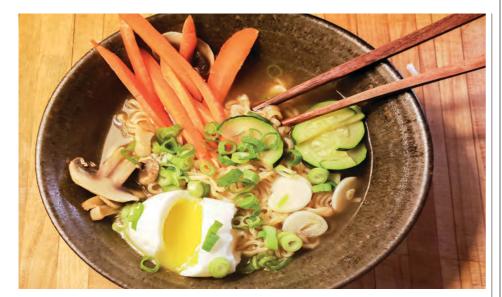
When Land pitched her book, she hoped her story would reduce the stigma around single moms, showing people what it's like to raise a child on your own with no dependable support system.

But this isn't a conversation society

wants to have. "In my experience people don't like it when you talk about that stuff," Land says. "They get mad when you talk about what poor people need."

Stephanie Land will be speaking at Fact and Fiction on Feb. 21., 7pm-9pm. Her book is available for purchase at your local bookstore.

FOOD | RECIPES



Food Farm to table: Ritzy ramen

If you don't already know this cheap but effective trick, get ready to feel fancy AF. Here's how to take your ramen to the next level for about \$1.

- 1 packet of instant ramen. I prefer the "Oriental" flavor, but if you cringe at how it's still called "Oriental," go for pork, then beef, then chicken. In that order.
- 1 egg
- 1 carrot. Honestly like half a carrot is probably enough, but it's good for your eyes, so snack on the other half while it boils. Slice it long and thin.
- 2 medium white or crimini mushrooms, sliced.
- ¹/₄ cup of a small zucchini, cut up. I like half moons.
- 1 stalk of green onions. Maybe you call it spring onion or scallions. You're not wrong. Chop in nice little rings.

Optional: A squirt or more of Sriracha for kick. If you don't like spicy, a tiny splash of rice vinegar helps add dimension.

• 2-ish cups water.

Boil the water. Slice up all your veggies as de-

scribed. Once your water is boiling, put all of it in except the green onions. Ramen, spice packet, veggies and cracked egg (more on this delicate creature in a moment). If you prefer softer vegetables, let them cook for a minute or two before adding ramen. Cook it for about 3 minutes. Dump it in a big bowl, and there you go. Sprinkle on the green onions, give it a squirt of Sriracha, and you're feasting.

Pro tip: If you're trying to impress yourself or you're just doing it for the 'gram, do the egg separately. Here's the trick to getting that perfect, softboiled, easy-peeling egg.

Get a seperate pot going with enough water to cover the uncracked egg. Salt the water very generously. Boil, then gently lower the egg into the water with a spoon. Depending on how soft you like your egg, boil it anywhere from 5 to 8 minutes, with 8 being pretty much hardboiled. I like mine runny.

When the time is up, get that puppy under cold water. The salt and the shock of the cold water will make for easy peeling. Peel it with the egg submerged in cool water for the ultimate peeling experience. Be careful if you cooked it runny, you don't want to ruin a good thing. Place on completed ramen and cut open, exposing heaven.

Recipe contributed by Matt Neuman

Want us to feature your student-friendly recipe? Email editor@montanakaimin.com

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FOOD | LOCAL REVIEWS

City Eats: SakeTome Sushi



EMMA SMITH emma2.smith@umontana.edu

WHERE YOU'RE EATING

Of the myriad sushi restaurants in Missoula, SakeTome Sushi, located across the street from the Top Hat, is undeniably the newest. Whether it's a date night or you're going to a concert after with friends, the atmosphere is friendly, comfortable and welcoming. While it leans toward the pricey side, especially for the budget-conscious college crowd, the food definitely has draw. And it must be stated: There are two large murals of an edgy Bill Murray prominently displayed for all to admire.

WHERE TO SIT

You have two options. The sushi bar is engaging and fun but a little cramped. You can watch your food being prepared and ask for recommendations — if you're lucky, you might get a free dessert. The sushi bar is more interactive and a good choice if you're indecisive about food. Sitting at separate tables is ideal for more space. They're located by the windows or against the wall, and there is dimmer lighting. Be warned: It can be noisy.

WHAT YOU'RE EATING

Whether you love sushi or not, selection is large and varied. The Mavericks, a roll with spicy tuna, bell peppers and avocado, can convert even finicky eaters. But the roll doesn't stay together when you make the transfer from the serving plate to the sharing plate, so knock off a few points. At least a dozen pieces of sushi arrive on a plate and once



you start, it's hard to stop. The Somewhere South roll is gorgeous to behold, all white rice topped with red fish eggs and filled with spicy crab, that gets spicier with every bite. After these appetizers, the Wagyu with short rib on top of plankton risotto and dehydrated adzuki bean puff is a good transition from the sushi. It is soft, tender and sweet. One dish pairs a quail egg with salmon otsumami, a surprising, but winning, combo.

WHAT YOU'RE DRINKING

For those of us who are under 21 but don't want to drink water, ginger beer is only \$3. It's spicy, carbonated and is bound to pair well with your meal. For those of age, the Magnolia le Rouge with hibiscus vodka, rosemary and a lemon peel garnish is as fancy as its name.

OVERALL SERVICE

Although it was a Friday night, most people were seated almost immediately. Food is ordered within 10 minutes of being seated, and water glasses never go empty. Employees working at the sushi bar joke with you whether you're a college kid or a parent. Your server and host greet you with a smile and never lose their charm.

THE DETAILS

This restaurant is both casual and classy. Reward yourself and try the Mavericks roll at SakeTome Sushi at 137 W. Front St.

Brew Beat: Conflux Java Stout $\star \star \star \star \star \star$

MATT NEUMAN matthew.neuman@umontana.edu

WHY YOU'RE DRINKING

Because you have to. It's 11:30 a.m., but your beer review was due yesterday. You had a few Rainiers last night, and now your stomach is deciding whether or not to shoot acid up your esophagus. You're hoping for a beer featuring notes of the active ingredients of Tums.

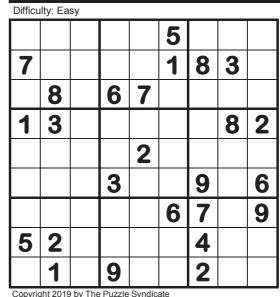
WHERE YOU'RE DRINKING

You head to Conflux because you've already confirmed they have good food and you need some poutine. Bob Ross greets you on a poster behind the bar.

WHAT YOU'RE DRINKING

The Two Shots in the Dark Java Stout because it's the closest thing to coffee on the menu. You could mistake it for a pint of cold brew by the smell. It's brewed with Montana Coffee Traders organic Fair Trade

SUDOKU



missoula.

coffee and aged on cocoa nibs. Order it after 7 p.m., and it's known to come with a caffeine-content warning from the bartender.

HOW IT TASTES

It would be so much better if it wasn't triggering a geyser of stomach acid, but that's my own fault. It's actually really good, and I don't usually like dark beers. It's a little steep at \$5 per pint, but it's packed full of flavor and even comes with a caffeine jolt. Can confirm that hair of the dog does not work, but poutine does.

Edited by Margie E. Burke

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EVENTS | CALENDAR

Jan. 23-30: Retro gear, femme folk-rock and picking circles

WEDNESDAY

Works by artists at the Clay Studio of Missoula are featured at the Daily Interactions exhibit in the first floor gallery of the Social Sciences building. Exhibit runs through Feb. 7. Free.

Each Wednesday at the Kettlehouse Northside tap room is Community UNite. A dollar of every pint sold goes to support local causes and nonprofits. This week supports Opportunity Resources. 5-8 p.m.

Missoula Rises hosts Rising Voices at Imagine Nation Brewing. "Resisters" can hang out and learn how to write letters, email or tweet at Montana's congressional representatives. 6 p.m.

For trivia buffs, hit up either Brains on Broadway at the Still Room at 7:30 p.m. or Trivial Beersuit at the Press Box at 8:30 p.m.

If you like the idea of Adele mixed with Aerosmith, check out Dorothy at the Top Hat. 7:30 p.m. \$25.

Pull out your pipes for Kraptastic Karaoke at the Badlander. 10 p.m. Free.

THURSDAY

The College of Forestry presents When a Good Bacterial Endosymbiont Goes Bad, a seminar by associate professor John Mc-Cutcheon. I don't know what it means, but I'm very interested. Forestry Building 305. 3:30-4:30 p.m.

John Floridis gets acoustic as heck at Draught Works Brewery. 6 p.m.

Get down your fiddle and get down your bow. Open mic night at Green Alternative Dispensary. 314 N. 1st St. W., near Northside Kettlehouse. 7 p.m. Missoula Children's Theater presents Calendar Girls through Jan. 27. 7:30 p.m. \$20-25

Magic City Hippies brings Miami-based funk-pop to the Top Hat. 8 p.m. \$15 adv. \$20 door.

DJs Kris Moon and T-Rex bring electronic dance tunes to Party Volcano, the latest incarnation of Dead Hipster, at the Badlander. \$1 vodka all night. 10 p.m. 21+. No cover.

FRIDAY

Obsessed with retro gear? Outdoor Gear Stories from the Treasure State: 75 Years of Outdoor Recreation History exhibit opening reception at Fort Missoula, installed by UM students. 6-8 p.m. Free.

Aran Buzzas plays guitar and wears a cowboy hat at Highlander Brewery. 6 p.m.

Missoula Symphony hunts down an outlaw bandit in its western epic "Dust Up" at the Symphony Corral. UC Ballroom. 7 p.m. \$8.

Get formal at Missoula's best bike shop music hall, Freecycles, for the Winter Ball with local rockers The Skurfs and Carpool. 7 p.m. \$5 suggested donation. All Ages.

Ocelot Wizard brings their self-described "rocky, jazzy, funky, folky, hip hoppy, atmospheric" music to the Top Hat. Red Onion Purple opens. 10:15 p.m. 21+. No cover.

SATURDAY

Explore your cultural self-perception at Know Thyself: Cultural Identity Workshop at the Payne Family Native American Center. Presented by tshe Jeannette Rankin Peace Center, open to all. 9 a.m. Free.

Local mainstay Tom Catmull plays at Draught Works Brewery. 5 p.m.

Canto Brasil brings the Latin rhythms of samba and bossa nova to Imagine Nation Brewing for the International Dance Party. All ages. 6 p.m. Free.

Get your fill of femme folk-rock at #WomenCrush music showcase at Freecycles, featuring Violent Little Fish, The Semi-Precious Stones, Jara Ward & Arrowleaf. All ages. 7 p.m. \$5 suggested.

Make the trek out to Lolo Hot Springs for the annual '50s Sock Hop Dance Party. Do your best Danny & Sandy. Or Danny & Danny or Sandy & Sandy or whatever else. You get it. 9 p.m. 21+.

Jackson Holte & the Highway Patrol is Missoula's own mix of the Allman Brothers Band and Stevie Ray Vaughan. Top Hat at 10:15 p.m. Free. 21+.

SUNDAY

Center yourself with some hair of the dog. Yoga and Cider at Western Cider. 10:30 a.m. \$10 covers class and one cider.

If you're more jagerschnitzel than yoga, check out Brunch and Biers at Missoula's German brewery and eatery, Edelweiss Bistro at Bayern Brewing. 11 a.m.- to 2 p.m.

Chad Lantz plays at Draught Works Brewery. 5 p.m.

The School of Music presents Concerto/ Aria Competition at the Music Building Preliminaries are from 11 a.m. to 4 p.m. Finals begin 7:30 p.m. Free.

MONDAY

Tune up your zither and head to Open Mic Night at Imagine Nation Brewing. Every Monday from 6-8 p.m.

Live Music Mondays at Conflux Brewing starts each week at 6 p.m. Growler fills are \$6 too, so don't forget yours at home.

Karaoke at the Kaimin's bar of choice, the Union. Every Monday from 9 p.m. 21+.

If you need some soul to round out your Monday, head to Motown on Mondays at the Badlander. Featuring classic and new remixes of Motown, soul, funk and disco. 9 p.m. 21+. Free.

TUESDAY

The Craicers and Friends bring traditional Irish music to Imagine Nation Brewing each Tuesday. 6-8 p.m. All ages.

Dust off the banjo you found at that pawn shop and head to Montana Distillery for the picking circle. 6-8 p.m. every Tuesday. All ages.

Warm up your soggy brain for Trivia Tuesdays at the VFW each week. 8-10 p.m. Drink specials on domestic tallboys, well drinks and Fireball. 21+.

WEDNESDAY

Women's climbing night at the Rec Center rock climbing wall. Get belay certified and climb on, climber. \$5 includes gear and personalized instruction. 9-10:30 p.m. All levels of experience welcome.

John Floridis plays Great Burn Brewing at 6 p.m. All ages.

CATS | FRESH FACES

A Tale of Two Kitties: Rockin Rudy's adopts new shop cats



Jolene is momentarily distracted by a passerby in Rockin Rudy's while investigating a new box of soap on Jan. 18, 2019. *PHOTOS SARA DIGGINS*



Johnny Cash looks across the store from the counter near the soap in Rockin Rudy's.

KATIE LINDNER

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Rockin Rudy's brought home two new cats Tuesday after Missoula County Animal Control called the store to tell them about a cat they thought would be a good fit.

Jolene and Johnny Cash, both domestic longhair cats, were strays in Hamilton before they were transferred to Missoula. Jolene is three years old and Johnny is just under two, according to Marlies Borchers, manager of the bath and body section at Rockin Rudy's and the official caretaker of the cats.

"I went immediately that day to scout the talent. We fell in love with three of them out there," said Borchers. Jolene and Johnny went to live at the store, and Borchers adopted the third, named Henri, as her own.

The three kitties were shelter staff favorites before animal control recommended Jolene as a shop cat.

The shop has been noticeably less feline since its last resident cat, Saul, died in late

November.

"He made it such a great experience for our community and for Rockin Rudy's to have a cat in our shop," said Borchers.

Both cats are very social and are quickly adjusting to life at the store. Johnny has a "huge personality." According to Borchers, he loves to take baths in running water and lounge on counters. He made himself a napping spot beneath a shelf near the cash register.

"It takes a special cat to be able to be here.

Not everybody's cat is adaptable to a place like this, and to find that there were a few of them out there that looked like they would be great candidates was really amazing," said Borchers.

Employee Jeanne Pencek said Johnny is a perfect fit for a store cat. "He's super chill and relaxed and doesn't mind people loving on him and picking him up."

Pencek thinks Jolene will do well too, although she is taking a little longer to settle in.

Griz struggle with consistency as Big Sky Conference play continues

LJ DAWSON

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While University of Montana students flew home for the holidays or ground out a few weeks of work to pay for this semester's books, the Grizzlies' basketball team was excelling and stuttering on the road. After Saturday's win against the Idaho Vandals, the Griz hold a 5-2 Big Sky record and a 12-6 record overall.

Here's what you missed over break:

The Griz fell in non-conference play to the Pac-12's Arizona Wildcats. A preseason wrist injury to senior forward Jamar Akoh kept him out of the game, and a road-heavy schedule over the last month has made physical therapy difficult. He's back to playing consistently now, but he missed seven games due to the injury.

In the loss to Arizona, senior guards Ahmaad Rorie and Michael Oguine scored 29 of the Griz's 42 points. Rorie's team high of 19 points marked the fourth time he scored at least 19 points against a Pac-12 team in his career.

The team's biggest non-conference win came in a late-December game versus South Dakota State. Montana broke the Jackrabbits' 26-game home winning streak, the longest in the nation, as four Griz hit double-digits, and Oguine posted 23 points and nine rebounds.

The team beat last year's non-conference season by one win (7-4) despite facing a difficult lineup of opponents, including some of the best offensive teams in the nation, and upheavals to their starting lineup due to injuries.

Riding the energy of the team's win over SDSU and a few days off for Christmas, the Griz beat Northern Arizona in the Big Sky Con-



Senior guard Michael Oguine battles two Portland State University opponents to get the ball to the hoop early in the second half of the Griz loss on Jan. 5, 2019. PHOTO SARA DIGGINS

ference opening game on Dec. 29. Sophomore guard Timmy Falls defended NAU's Carlos Hines after halftime, reducing his scoring from 16 points in the first half to six points in the second. Rorie scored a season-high of 24 points. NAU led the Griz in 3-point and free throw percentages.

The Griz continued winning, beating

Southern Utah for the 13th consecutive time. Montana finally returned home to bring in the New Year with a 30-point blowout of Sacramento State on Jan. 3, but the three-game Big Sky winning streak was destined to end quickly in the Griz's fourth game in one week.

Portland State, run by sophomore point guard and standout shooter Holland Woods,

closed a seven-point deficit against the Griz in the final two minutes of the game to force the Griz into overtime on their home court. The Griz fell by three points (77-74)

Messy fouls against strong free-throw shooters by the Griz defense gave points away to the Vikings at key points in the game. Both teams played physically with 44 total fouls,

WEEKLY STATS ROUND UPS

LA	D١	ſG	R	Z

LADY GRIZ: 84

STAT LEADERS

Points 31 Henderson Rebounds 12 Henderson Assists 5 Johnston

IDAHO: 79

The Lady Griz snapped a three-game losing streak by knocking off one of the top teams in the Big Sky Conference. Senior forward Jace Henderson set a new career high with 31 points on 13 of 17 shooting. Defensively, Montana put pressure on the Big Sky's leading scorers Mikayla Ferenz and Taylor Pierce, holding the duo to 41 percent shooting. GRIZ:

GRIZ: 69 IDAHO: 51

STAT LE	4DE	RS
Points	20	Rorie
Rebounds	9	Akoh
Assists	5	Moorehead

Montana shutdown the Vandals with tough defense. Griz set the offensive tone early with a first half 16-0 run. Four Grizzlies hit double-figures: Rorie (20), Oguine (13), Akoh (10) and Pridgett (10). Their lead closed to within one possession with over nine minutes to play, before the team picked up the offensive intensity and shot ahead of the Vandals.

SPORTS | COLUMN

leading to 60 combined free-throw points.

Neither Rorie nor Oguine made a single 3-point field goal that night. The loss killed a 20-game home winning streak for the Griz. The Vikings posted better percentages than the Griz in every shooting category.

The heart-wrenching loss was made brighter only by Kendal Manuel's career-high of 22 points, proving his shooting consistency as the quiet backbone of the team. Head coach Travis DeCuire tried to lessen the blow after the loss.

"A little bit of humility never hurt anyone," DeCuire said.

But then the team lost again, this time on the road, to Eastern Washington, the team that the Griz beat last year in the Big Sky Championship. Akoh saw little playing time due to early fouls.

DeCuire attributed the two losses to underestimating opponents and not wanting the win as much as the other team. When the Griz flip the switch and play together, they seem almost unstoppable, but the team's inconsistency has frustrated fans.

Apparently, it took two losses to shake the Griz back to life. The team traveled to Northern Colorado, a favorite to challenge the Griz for the championship, and the Griz terminated the Bears' 11-game home winning streak.

The team lost a season-low of nine turnovers. The UNC Bears went into the game ranked 36th in the NCAA in three-point shooting, but the Griz held the Bears under 16 percent. Akoh made a royal comeback from his foul trouble the game before. He scored 13 points and pulled down 11 rebounds with only three fouls in 33 minutes of play time.

On Saturday, despite a low scoring game against the Vandals (69-51), the Griz ground out a win. The team overcame a poor field goal percentage in the first half to create a high-pace offensive second half.

Over break, Rorie maintained his spot among 50 mid-major players on the 2018-19 Lou Henson Award watch list, which is given to the nation's top player outside of the NCAA's Power Five conferences. The award will be presented in April. Junior guard Sayeed Pridgett won Big Sky Conference Player of the Week on Jan. 15 after a career high of 29 points against the Bears.

The team returns home to face Idaho State on Thursday, then hosts Weber State for the first time this season on Saturday. The Griz will try to shut down Jerrick Harding, Weber's hot-shooting junior guard.

Gresch Jensen is a Bobcat, but he picked the wrong kind.

HENRY CHISHOLM henry.chisholm@umontana.edu

The world of Griz athletics stayed popping over Christmas Break. Montana's men's tennis team was picked to finish second in the Big Sky Conference. The men's and women's basketball teams kicked off conference play with winning records. The track team won 12 of 25 events at the Montana State University Open to ring in 2019. Star Griz linebacker Dante Olson finished third in National Defensive Player of the Year voting. (Don't feel too bad for the second runner-up though, he was still named to eight All-American teams.)

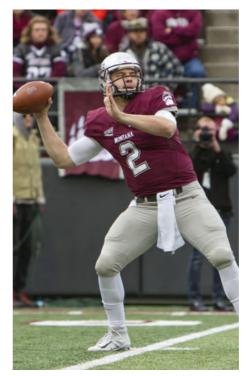
But the biggest news over break was something that didn't happen.

After months of deliberation, former Griz quarterback Gresch Jensen chose to reunite with former Griz head coach Bob Stitt at Texas State next fall. While the logic behind the quarterback's decision to join the Bobcats was sound—Jensen wanted a clear path to a starting job, in a system he knows, coordinated by the coach who recruited him out of high school—he clearly didn't have Montana football fans in mind.

Three weeks after new Griz head coach Bobby Hauck ushered in the next era of the Brawl of the Wild with an instant-classic, last-minute loss to Montana State, Jensen appeared on Twitter in a full MSU uniform, complete with the hand towel, flaunting the scholarship offer he would eventually turn down. He captioned it, "Always nice to be back in Montana [100 emoji]."

This is the pettiness football fans across Montana deserve from their 122-year-old rivalry.

Imagine: Next November in Bozeman, the Grizzlies run out of the tunnel and into a blizzard for their season finale with playoff implications on the line. Jensen, dressed in blue and gold, takes the field seconds later with 20,000 screaming fans at his back. He sees Griz quarterback Dalton Sneed, the man who transferred from Vegas to Missoula to steal Jensen's



Former Griz quarterback Gresch Jensen prepares to pass the ball during the homecoming game in 2017. That year, Jensen threw for 423 passing yards, a season record, though this particular pass was intercepted. PHOTO HOPE FREIER

job, which led to the 19-year-old being chased out of Zootown. Then Jensen's eyes shift to Hauck, the coach who did the chasing.

Who knows what happens from there? Does Jensen, who placed third in National Freshman of the Year voting as a young Grizzly, get revenge on the team who spurned him? Do the Griz finally snap a three-year losing streak to the Cats, proving Hauck correct in his decision to crown Sneed over the budding star? We deserved to find out.

Don't forget that Jensen will only be a sophomore next season, meaning he would have led the Cats in Missoula in 2020 and then again in Bozeman in 2021.

Gresch Jensen was the villain Montana football fans needed, but I guess he'd rather join a three-win Texas State team than give the people what they deserve. Sometimes the day of the big game is the same day your roommate is studying for a test, bro.



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SPORTS | TOPIC

Lady Griz rebound from three-game losing streak with huge win over Idaho

HENRY CHISHOLM

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Slow starts have plagued the Lady Griz over the first three weeks of their conference season, but head coach Shannon Schweyen thinks her team has turned a corner.

"We've stressed trying to come out ready and focused," Schweyen said Saturday after Montana's 82-79 win over Idaho, which snapped a three-game losing streak. "We said, 'We ought to be hurting a little after having three in a row like that, so let's really try to get off to a good start.""

During the losing streak, the Lady Griz trailed by an average of 11 points after the first quarter, forcing a young team to try to claw its way back into games. Even in its three season-opening wins, Montana trailed after the first quarter twice. The team flipped the script on Saturday, jumping out to a 15-9 lead early in its contest against Idaho and held off the Vandals for its best win of the season.

Now, Montana sits fifth in the Big Sky Conference on the back of a 4-3 start to league play and the team seems to have found a new gear.

Perhaps the biggest reason for optimism is the emergence of sophomore guard Sammy Fatkin. Fatkin dropped down to Montana from the University of Arizona this spring. After sitting out the first 90 days of the season, the NCAA granted Fatkin a waiver which allowed the 5-foot-11 guard exemption from the rule that requires transfers to sit out their first year at their new school.

"It was so exciting to finally get the go-

ahead to play..." Fatkin said. "I'm still working through things. There are a lot of plays to learn but I feel like it's coming along really well."

Fatkin struggled coming off the bench in her first six games with the Lady Griz. She made less than 25 percent of her shot attempts and went scoreless in two contests. But in her first start of the season, against Idaho, Fatkin looked more like what you'd expect from a point guard who ESPN ranked top-30 in the nation in her high school class. In 37 minutes on the floor, she scored 19 points on nine shots and was the best defender in the arena.

But part of the reason Fatkin saw the increase in playing time is the glut of injuries that have kept Montana's guards off the court. Juniors Taylor Goligoski and Madi Schoening will miss the remainder of the season, as well as sophomore Sophia Stiles. Freshman Katie Mayhue has also missed time, but she is expected to return.

Even starting point guard McKenzie Johnston is playing hurt. She broke her nose two weeks ago—the second time she's broken it this season—and her shooting percentages have dropped slightly as she's been stuck playing in a mask.

The biggest challenge for the Lady Griz over the final 14 games of their season, outside of battling injuries, will be improving in the 3-point game. They rank last in the conference in both 3-point percentage (.242) and 3-point defense (.402). Schweyen chalks some of their struggles defending the 3 up to the opponents they've faced so far this season.



Griz sophomore Sammy Fatkin attempts a lay-up while Eastern Washington's Alissa Sealby fouls her. PHOTO ELI IMADALI

"There are a lot of good shooters nowadays and trying to make them take contested shots is always our goal," Schweyen said before mentioning that the Lady Griz have already squared off against some of the league's best shooters.

Despite being outscored by 27 points from behind the arc on Saturday, the Lady Griz managed to pull out a win, and senior forward Jace Henderson was the catalyst. Henderson, the only player in the league averaging a double-double so far in Big Sky play, scored 31 points on 13 of 17 shooting to go with 12 rebounds and four assists. "Jace was kicking their butt in the post and they just didn't have answer an for that," Johnston said of her teammate's career day.

Whether the bounce-back performance from the Lady Griz—which was easily their best showing of the year—was a sign of things to come is still unknown. They'll be put to the test over the next three weeks as they play five consecutive games on the road. But if they can hold onto fifth place, or even jump up a spot or two, the Lady Griz would get a first-round bye in the league tournament, leaving them three wins away from an NCAA Tournament appearance.

SPORTS EVENTS CALENDAR

DATE	EVENT	LOCATION	TIME	LIVE ON GO GRIZ.COM
THU., JAN. 24	WOMEN'S BASKETBALL AT IDAHO STATE	POCATELLO, IDAHO	7:00 p.m.	Х
THU., JAN. 24	MEN'S BASKETBALL VS. IDAHO STATE	DAHLBERG ARENA	7:00 p.m.	Х
FRI., JAN. 25-26	TRACK AT HUSKY INVITATIONAL	SEATTLE, WASH.	—	—
SAT., JAN. 26	WOMEN'S BASKETBALL AT WEBER STATE	OGDEN, UTAH	2:00 P.M.	Х
SAT., JAN. 26	MEN'S BASKETBALL VS. WEBER STATE	DAHLBERG ARENA	7:00 p.m.	Х

SPORTS | GALLERY

University of Montana vs. University of Idaho



Lady Griz redshirt senior forward Jace Henderson gets control of the ball during the fourth period of the tight game. Henderson scored 31 of the Lady Griz's 82 points in her 38 minutes of play.





ABOVE: University of Idaho assistant coach Jeri Jacobson yells to the Vandals' defense during the first quarter of the game. The Lady Griz topped the Idaho Vandals 82-79 in Dahlberg Arena on Jan. 19, 2019. LEFT: Lady Griz junior forward Emma Stockholm waits to rebound a free throw by teammate Jace Henderson.

PHOTOS BY HUNTER WIGGINS