University of Montana ScholarWorks at University of Montana

Montana Kaimin, 1898-present

Associated Students of the University of Montana (ASUM)

11-18-2015

Montana Kaimin, November 18-24, 2015

Students of the University of Montana, Missoula

Let us know how access to this document benefits you.

Follow this and additional works at: https://scholarworks.umt.edu/studentnewspaper

Recommended Citation

Students of the University of Montana, Missoula, "Montana Kaimin, November 18-24, 2015" (2015). *Montana Kaimin, 1898-present.* 6907.

https://scholarworks.umt.edu/studentnewspaper/6907

This Newspaper is brought to you for free and open access by the Associated Students of the University of Montana (ASUM) at ScholarWorks at University of Montana. It has been accepted for inclusion in Montana Kaimin, 1898-present by an authorized administrator of ScholarWorks at University of Montana. For more information, please contact scholarworks@mso.umt.edu.

BACKCOUNTRY SNACKS

FURRY CRIME FIGHTERS
PAGE 6

OBAL GRIZZLIES

PAGES 10-14

EST COLLEGE NEWS

NOVEMBER 18-24, 2015 / MONTANAKAIMIN.COM / J

BIG UPS & BACKHANDS

Big Ups to Facebook for digitizing empathy. Your colorful profile pictures are really helping things.

Backhands to 😂

for winning Oxford Dictionary Word of the Year, especially when you hear it beat out "on fleek" and "lumbersexual."

Big ups to whoever made that Donald Trump mural out of dick pics. Seriously, that's art right there.

Backhands to Holly Holm for knocking out Ronda Rousey. Who is going to badly act in action movies now?

Backhands to Hillary Clinton for saying she took money from Wall Street because of 9/11. We all know that didn't work when Lois did it on Family Guy.

Big Ups to Sigma Phi Epsilon members for running to Bozeman. Now stay.





EDITORIAL PRAY FOR DEATH BEFORE THE WAVES RISE

Editorial Staff | editor@montanakaimin

M's car years c

M's carbon neutrality plan is in jeopardy, and with it the hopes of many years of hardworking students.

On Nov. 4th, President Engstrom went to ASUM to announce he wants to scale back our ambitions of carbon neutrality.

"As we see 2020 rapidly approaching, it is pretty clear to me that we have little or no chance of achieving that goal without essentially buying ourselves out," Engstrom told the body.

Engstrom met with over 20 members of the Reinvest Montana campaign in his office six days later, where he declined to support that movement too, with a logic that doesn't agree with the decision he announced a week earlier.

"I have a hard time getting to the point where I think a divestment action is a substantive action in terms of actually making significant progress on the idea of carbon footprint, climate change and so on," Engstrom said. "I just would rather us spend our time looking at specific actions that we can actually do as a campus."

Every time opportunities for "specific actions" have come up, they have been ignored or denied by the administration. We watched a large-scale solar panel covered parking project that would have produced enough energy to offset a huge amount of emissions sail by. With favorable tax credits expiring at the end of 2016, we lost the chance at a \$25 to \$30 million infrastructural investment that would only require us to pay the \$500,000 necessary to figure out where to put it and how it should be built. It wasn't risk-free, but it doesn't get any less risky than that. The \$541,000 the University wasted in 2011 planning a since abandoned biomass boiler would have easily covered the costs.

This isn't a case of one step backward to prepare for two forward. We've been too static for years now, stoic and conservative as opportunity after opportunity rolls on by.

Climate change is a problem left on our generation's doorstep by the same generation discouraging us from significant action.

The carbon neutrality plan was ratified by President Dennison's office back in 2010. It received major support from the student body then, which hasn't wavered since. Students have always been the lifeblood of the plan, and the administration has abandoned both.

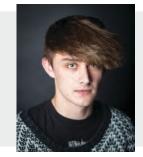
The fight isn't over, though. Those who have always cared will endure. Over the last five years there has been a steady, silent core of student, faculty and staff that work with the ideal of a sustainable University in their head. This meek feign at beginning dialogue won't stop that, it's as constant as the warming of our climate.

We must assess the reality of our situation, as the leaders of the carbon neutrality movement here have been doing behind the scenes for years. If the plan has to be altered, we need to say how. Carbon neutrality at a later date may be amenable, but a reduction in our level of offsets should be much more difficult to stomach.

The University cannot be allowed to formulate another non-binding document to tout around to prospective students only to break it once again years down the road when reality knocks. Practices like that are driving this University into the red.

Cover photo by Evan Frost / @ efrostee

Martin Breunig lays up during Montana's 83-64 win over Whitworth on Nov. 3.



TRANSED OUT Bricks are the keys to equality

Michael Siebert michael.siebert@umontana.edu

hange is demanded by subjugated groups. In an increasingly unstable time, the marginalized are becoming fed up and ready to force change. We do not see sweeping reform through calm, polite means — we see it through direct action.

The University of Missouri football team's black players exemplified this in their recent strike. Demanding that President Tim Wolfe resign over his treatment of racial issues, the team was able to use their clout to force change. In this case, that power was economic. Adrienne Green reported for The Atlantic that the strike was successful due to the enormous amount of money generated by Mizzou's football team, and the millions they would have lost after cancelling even one game. In the end, it proved successful.

When I discuss Missouri, I think about my own struggles as a trans woman. I think about the lack of validation, lack of access to trans-specific health care and the myriad policies that are written to harm people like me. I remember all the think pieces and discussions about these issues.

Discussions aren't enough. Trans people are not at a point where we have that kind of power. There is no economic incentive to listen to us. There are no significant trans world leaders, no power held that would force governments and institutions to treat us like human beings. We have visibility, but "Orange Is the New Black" doesn't mean shit when homeless trans kids are dying on the streets of New York.

It's time that we take that power. Does that mean I advocate violence? Not always. But when protests over the deaths of trans people at the hands of law enforcement inevitably turn violent, it would be a mistake not to swing back hard.

We need to start making demands, not just for fair treatment, but total equality. We need to grasp lawmakers by the back of the neck and eliminate trans panic defenses. If we don't have economic or social clout, we need to get our Stonewall on and flex. Our movement should not capitulate after the eradication of exploitative reality TV series. We can begin to rest only when we have the clout needed to shut down university presidents and government leaders. We can breathe when senators are afraid of being labelled transphobic the same way they jump at the word "racist."

We need to move past think pieces, (hypocritical, I know) and move into direct action. This article will not even facilitate a thousandth of the discussion that Jennicet Gotierrez did when she interrupted Obama to talk about undocumented queer detainees. We need to force ourselves into power, regardless of whether we're wanted there. We will attain that power when we show the world that we are done being respectful to the people that hate us.

We need to force leaders to not just hear us, but to fear the consequences of what will happen if they don't treat us like human beings. We can no longer ask for change — we have to demand it. Progress is not born from discussion, it's born from action. It's time to start throwing some bricks. The harder it is to ignore us, the sooner we get shit done. •

Letter to the Editor

n order to grow food, we need fertile soil. But the agricultural land that L feeds us is rapidly disappearing, globally and locally. Only 8 percent of our county's land contains good agricultural soils. Much of that has already been built on. The USDA estimates that natural processes take about 500 years to form one inch—just one inch—of top soil. Missoula County Commissioners currently have the opportunity to approve the Planning Board's recommendation to protect fertile soils from unmitigated development. The proposal in question, a revision to already existing regulations, gives landowners and developers flexibility and predictability in reducing the impacts of subdivisions on agriculture. If passed, this revision will help preserve Missoula County's soil, a finite and sensitive resource.

Agricultural land provides value to

a place, far beyond economic measure. It contributes to the fabric of our community. It connects people with one another and with the land. It maintains our community sovereignty by keeping decisions about our food in our own hands. And, with climate change exacerbating desertification and food shortages around the world, it ensures our ability to feed ourselves, our children and our children's children in the years to come.

If not passed, we run the risk of paving over more and more arable land, rendering it culturally and agriculturally unproductive.

Exercise your power as a Missoula County citizen and tell our Commissioners that you support this proposal. Let's work together to preserve our agricultural history and our food future.

Kali Orton



Lacey Young / @laceyyoung87

The founding members of Little Big Town, Kimberly Schlapman, Jimi Westbrook, Karen Fairchild and Phillip Sweet, perform to a full house at the Adam's Center on Nov. 12. Since forming in 1998, Little Big Town was inducted into the Grand Ole Opry in October 2014, and were nominated for five Country Music Association Awards earlier this month.

Engstrom wants to alter carbon neutrality goal BLOTTER carbon neutrality goal

Dakota Wharry dakota.wharry@umontana.edu

President Royce Engstrom came to the ASUM meeting on Nov. 4 to propose altering the University's 2020 carbon neutrality goal to be less ambitious.

"As we see 2020 rapidly approaching it is pretty clear to me that we have little or no chance of achieving that goal without essentially buying ourselves out," he said. "I personally don't believe that is an acceptable route for us to go."

Engstrom said he isn't in support of buying carbon emissions to reach the goal because it wouldn't actually change our own emissions. He said he would instead prefer to see more green energy projects and other adjustments to make existing systems more efficient.

This comes after the administration recently made the decision not to pursue a large-scale solar panel project on campus, citing a variety of reasons.

In October, the UM Foundation declared they would not divest their portfolio from fossil fuels as students have been requesting for years.

In 2007, former UM president George

Dennison signed an agreement stating UM would attempt to reach carbon neutrality by the year 2020. UM was one of the first 100 colleges in the nation to sign a similar agreement. With less than five years left, the University is barely over 10 percent of the way there.

Engstrom said he isn't sure what the goal needs to be adjusted to, but he wants a more realistic one the University might be able to achieve.

Eva Rocke, UM sustainability coordinator, said Engstrom first mentioned the potential for adjustments to the goal last spring. The Sustainable Campus Committee has been working since last spring to come up with a response, she said.

There are three approaches that are being considered, Rocke said. The first would be to not change the goal at all. The second would be to adjust the timeline of the current goal with the intent of reaching carbon neutrality at a later date. The final option would be to just give up, she said.

No part of the current contract is legally binding, Rocke said.

"No one is going to show up on our campus and shame us or accuse us of anything. This is something we set up for ourselves,"

she said.

The SCC has a wide variety of opinions, but it seems no one wants to completely eliminate the goal.

Rocke doesn't support reaching the goal strictly off carbon offsets either. She said they should be used alongside other attempts at decreasing and offsetting our emissions.

Rocke said she's not sure how important the year 2020 is, but she would still like to pursue carbon neutrality.

"What I would hate to see happen is we just adjust the goal to a later date and just continue to plug along as usual," she said.

Meredith Repke, ASUM sustainability coordinator said she is proud of the commitment and hopes the University will continue to actively pursue it and not let it be just a piece of paper.

ASUM Senator Pierce Frazier said there's no reason a compromise can't be reached.

He said he would like to see more ambitious ideas brought forward and avoid offsets if possible.

"I think it just takes the right mindset between Engstrom's administration and the students to really get things passed," Frazier said.





Peter Friesen peter.friesen@umontana.edu

Nov. 2

SMOKE IT ALL BEFORE THEY GET HERE

A marijuana grow room was discovered in the Craighead apartments during a health inspection. UMPD turned the case over to Missoula Police, who are investigating.

SCRATCH 'N' STEAL

An Adams Center employee reported scratch lottery tickets were stolen from their office. UM Police are investigating the incident, which they believe is linked to another on-campus burglary.

Nov. 3 **DIRTY DEEDS**

Fish, Wildlife and Parks asked UM Police to put down a deer on campus. An officer fired one shot to kill the animal, which was most likely hit by a car, police said.

Nov.7 **HIDING IN PLAIN SIGHT**

An elderly man got lost looking for his car on University Avenue. UM Police helped him find his truck.

TRIMMING HEDGES, SMOKING BUSH

A vehicle parked in between Jeanette Rankin Hall and the Liberal Arts Building was reported after a caller thought the people inside were smoking marijuana. UM Police found they were custodians smoking cigarettes on their break.

Nov. 8

INTENSE WORKOUT

A female was reported screaming and running up and down the stairs at the Sisson apartments. UM Police couldn't locate the woman.

Will McKnight / @WillMcK_Photo

(Left) Redshirt senior Ben Roberts leaps to avoid tackles from EWU defenders, Todd Raynes (4), Mitch Fettig (13) and Nzuzi Webster (6), Saturday, Nov. 14. Roberts is a senior transfer from Washington State.

Avoid the hanger, snack in the backcountry

Claire Chandler claire.chandler@umontana.edu

Not only does eating after an exhaustive workout taste better than normal, it is imperative for rebuilding and fueling energy needs. Backcountry skiing is one of those sports calling for nutritious meal planning. Missoula's backcountry community weighs in with their go-to meals and Curry Health Center's health promotion specialist Brent Hildebrand offers his critique.

JESSE LIEBRECHT UM BACKCOUNTRY CLUB COORDINATOR

Liebrecht steers clear of Power-Bar-style snacks on the trail in favor of foods one actually wants to eat.

Even though backcountry skiing is like hiking with air conditioning, Liebrecht still hits walls and needs something to help push him through. He turns to a power peanut butter, honey and chia seed whole-wheat sandwich in these instances. It's easy to make and pack, and the chia seeds give an extra boost of protein.

Peanut butter is high in fat, packing 9 calories per gram, the highest of protein, carbs and fat. It's dense and light, which makes it perfect for packing, Hildebrand said. Chia seeds are are small, have a lot of protein and help regulate digestion.



Will McKnight / @WillMcK_Photo

Oats, sugar, flour, almonds, chocolate, eggs, oranges and fresh basil are all ingredients that keep backcountry club member Liebrecht energized during their outdoor adventures.

STEPHANIE RALLS UM GRADUATE

Ralls used to rely on Lara, Cliff or similar bars for her outdoor nutrition, but found she would rather not eat than endure eating another one. She found bagels with cream cheese, for their packability and good monetary value, salty snacks, to replace sweated out sodium, and Black Forest gummy bears for quick energy.

Ralls focuses on staying hydrated. While on trail runs, her golden number is 16 ounces of water per hour. Not a fan of electrolyte drinks because they are unappetizing, she packs at least two liters of water every time she goes out. She keeps emergency non-spoiling foods and gels in her pack for quick calories, but works hard to never reach the point of being extremely hungry or dehydrated.

Hildebrand applauds Ralls' insistence on having backup foods. The backcountry is riddled with unknowns, like avalanches or getting lost. People go through calories fast when shivering, so it's good to be prepared with extra food.

Low sodium is not a concern in most American diets, so eating salty snacks for salt is not warranted, Hildebrand said.

BEN HOINESS UM SENIOR

UM senior and outdoor lover, Hoiness works to eat consistently throughout the day, munching on cold pizza, pumpkin bread and bagels smothered in cream cheese to maintain his energy. In an energy crunch, Hoiness turns to chocolate, gels and Voke tabs, a caffeine supplement. He stresses keeping food intake regular, instead of relying on quick energy.

Hoiness packs a good basic energy balance, though Hildebrand would like to see more fruits and vegetables and more micronutrient-rich foods. Athletes crave high carbs, which they need, but carbs are also found in apples, bananas and carrots, all easy to add. Apples hold up, come in their own wrapper and provide good sugar and fiber, according to Hildebrand.

Hildebrand himself is an avid runner, backpacker and cross country skier, all of which mandate good nutrition. A big fruit fan, Hildebrand always has apples and bananas. Sweet banana, peanut butter and honey sandwiches keep his belly full on shorter outings. On longer trips, he packs more fatty foods, throwing in trail mix, dried fruit and peanut butter. Whoever said fat is bad clearly got mixed up. •

Meet Bob and Hooch, UMPD's furriest crime fighters

Abby Lynes abigail.lynes@umontana.edu

The perfect balance of cute and badass, one can't help but melt when looking into Bob or Hooch's chocolate brown eyes.

"They're really loving dogs," Sgt. Rich Zitzka said.

Bob and Hooch are trained to detect bombs. They do routine sweeps at concerts, sporting events and before prominent people visit campus and also respond to threats.

Zitzka and his partner, Darren Ginn, are both veterans. They saw an unmet need last year for bomb detection dogs in western Montana, and they turned to their alma mater, the U.S. Military. The dogs were adopted from Fort Leonard Wood in Missouri.

Bob and Hooch underwent additional training with officers in Missoula before beginning work. Before UMPD acquired the dogs, they would outsource to Hamilton, then home of the only other trained dog in the area, said UM Police Chief Marty Ludemann.

Bob, who was trained as a mine detection dog at Marine Corps Air Station Yuma in Arizona, before being stationed at Fort Leonard Wood, lives with Sgt. Zitzka. They're both veterans of the armed services.

Getting to work with his dog is a great experience, Zitzka said. He said Bob is hard-working, exuberant and loves play-

Lacey Young / @laceyyoung87

Officer Darren Ginn directs Hooch to inspect a mounted fire extinguisher on a wall inside of the Adam's Center on Nov. 12. The two have been working together since January although Hooch (below) has been training his entire life for a career in law enforcement. ing with tennis balls.

"He loves the work, and he loves to be petted," he said.

Zitzka's partner, Ginn, was in the Marine Corps Reserves. He owns Hooch, who served in the army and was deployed to Afghanistan for improvised explosive detection.

Ginn said Hooch is goofy and clumsy, but also really smart. He once found a backpack in a stadium that had shooting gloves in it that a man had used the day before.

"That was pretty neat to me," he said. The dogs are trained to detect a certain chemical or contaminant commonly found in explosives or guns. Because of the sensitivity of the dogs' noses, they are capable of detecting over 50 other similar and potentially dangerous materials as well.

Ginn said they get called to respond to bomb threats every few weeks. So far, all of the threats have been false, but the skilled dogs have been an asset to UMPD and the community, Ginn said.

"It's a lot better for the dogs to go check on something because they're a lot more accurate and faster than any machine or human," he said. •







2015-2016 The President's Lecture Series

This year's President's Lecture Series will consist of eight talks on vital topics by distinguished guest speakers. The University community and general public are cordially invited to attend all the lectures. **Admission is free.**

Marjorie Garber

William R. Kenan Jr. Professor of English and Visual and Environmental Studies, Harvard University

'Shakespeare 451: Shakespeare, Ray Bradbury and Humanities Teaching Today"

(in collaboration with the UM Department of English, the Mansfield Library and the Office of the Provost and Vice-President for Academic Affairs)

Professor Garber's work on Shakespeare has been described by Newsweek as the "indispensable introduction to an indispensable writer." In the lecture, she will give us an appreciation for him in the light of her brilliant attainments as an award-winning teacher and author.

Thursday, Nov. 19, 2015 8 p.m. UC Ballroom

MONTANA http://www.umt.edu/president/events/lectures

DIVINE TRASH VINTAGE





Snow pack, no pack How the backcountry is shapping up this season Illustrationby Ryan Hawk

Claire Chandler claire.chandler@umontana.edu

With a couple of snowstorms in the bag, Missoula's backcountry skiing and snowmobiling populations started chasing snow across the state.

UM geography major Blake Votilla is one such skier. He, three buddies and two dogs crammed into Votilla's Subaru Outback on Friday morning for the 30-minute drive to Carleton Ridge in the Bitterroots. With low season snow levels, this was Votilla's first trip into the backcountry this year.

After admiring the panoramic views of the Bitterroot, they scoped out a well-covered gradual slope that would minimize avalanche danger.

The incline was low enough that they didn't dig a snow pit. Skiers dig down into the snow enough to see the layers created by different storms. How well snow bonds together depends on the temperature and moisture of each layer. So far, the snowpack is looking good this year because of the lack of hoar frost. Frost doesn't bond with other layers, creating a deep instability between the snow and ground making it hard to predict avalanches. If the layer gives, it produces a massive avalanche, according to Votilla. A bad base can have repercussions that are felt throughout the entire snow season.

Votilla ended up skiing Saturday and Sunday as well, not because the snow was good, but because he wanted to spend time outside with different groups of friends.

Votilla guides backcountry trips and is trained in avalanche safety. He is constantly on the lookout for avalanche red flags while skiing.

With Missoula area snow restricted to higher elevations, skiing is limited to hikers, Steve Karkanen, director of West Central Montana Avalanche Foundation, said.

"You got to work to get the goods," he said.

Stuart Peak and most of the passes have snow, but because air temperature has been fairly warm, most snow has settled, meaning there is less depth.

Most people are finding good recreational snow in wind-loaded areas, when snow in one area is blown into another, condensing the snow. This causes issues because it is where most avalanches happen, because the snow layers don't bond as well and snow is more prone to shifting, Karkanen said.

Red flags to look for when out and about include high winds, cracking and collapsing snow and abrupt changes in temperature. Avalanches most commonly occur after new snowfall, which is when most people love to ski, according to Karkanen.

Fall and early winter avalanches are particularly bad because rocks and trees aren't covered yet, and people get banged up more easily.

Two hunters in Bozeman experienced the first avalanche of the season involving humans on Nov. 5. Around 6:50 a.m., the two triggered a 40 to 50foot avalanche in the Bridger range. One man was knocked unconscious, and both suffered injuries after a 300 to 400-foot vertical slide, according to Gallatin National Forest Avalanche Center avalanche forecaster Eric Knoff.

Luckily, both men were able to get themselves out and to a hospital, Knoff said. That was about the only thing the two did right. They had no rescue gear, and both were on the slope at the same time.

"Hunters can be pretty vulnerable in the early season. Hunters themselves don't associate avalanche danger with hunting," Knoff said.

Avalanche safety is important for everyone out in the snow — dog walkers, cross country skiers and hikers included.

"Avalanches don't discriminate," Knoff said.

Social media users are more depressed

Kasey Bubnash kasey.bubnash@umontana.edu Tess Haas teresa.haas@umontana.edu

College students who are feeling anxious or depressed may have social media to blame.

A 2015 study conducted by Margaret Duffy, a professor at the University of Missouri, surveyed over 700 college students and found that Facebook use often leads to envy, which frequently turns to depression.

"We found that if Facebook users experience envy of the activities and lifestyles of their friends on Facebook, they are much more likely to report feelings of depression," Duffy said in a press release. "Facebook can be a very positive resource for many people, but if it is used as a way to size up one's own accomplishments against others, it can have a negative effect."

Another study published in the Journal of Social and Clinical Psychology found that people who are on social media more often report higher levels of depression.

At the University of Montana, 63 percent of students said they felt very sad within the last year and 60 percent said they felt overwhelming anxiety, according to the 2014 college health assessment.

Senior Yassie Ryan said young people rely on social media for validation and begin to define self-worth based on their followers' responses to social media posts.

"I have found myself being real-

ly self-conscious when one of my Instagram posts gets less than 11 likes," Ryan said. "I admit, it's completely stupid and is totally vain. But when someone doesn't get that type of positive response they're hoping for, people tend to interpret that as there being something wrong with them. It fuels anxiety-ridden thoughts about self perception."

At UM, 24 percent of students said their personal appearance was "traumatic or difficult to handle," according to the 2014 college health assessment.

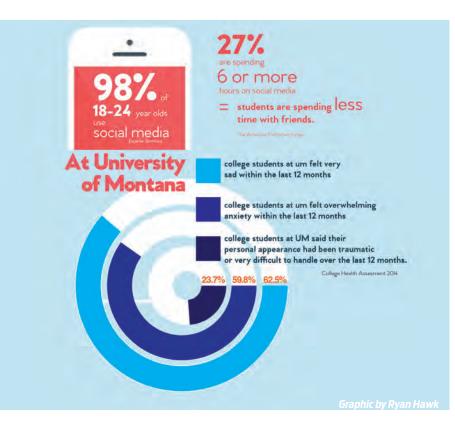
Ryan said with people her age constantly posting photos of healthy living and travelling, she tends to feel anxious about what she's doing in her own life. Most college students can't afford to eat healthy and leave the country on a regular basis, she said.

"I mean, as happy as I am for people who get to go on a vacation to Europe, I wish it didn't bring on a personal existential crisis and the tedious reminder that I'm broke as fuck."

Tyson Gerhardt, a junior at UM, said the anxiety and depression college-aged people feel when using social media is a direct result of wanting empty acceptance.

"The Internet either fortifies your ego or expands your insecurities," Gerhardt said. "It's all about trying to get as much instant gratification as you can."

The two most common reasons students at UM reach out to Curry Health Center's counselors are feelings of anxiety and depression, according to coun-



selor Emily Hansen.

"One thing that can make people feel anxious or depressed is they don't feel they have connection to other humans," Hansen said. "They're isolated in some way. I think social media increases feelings of isolation for some people paradoxically."

Hansen said Curry offers about eight sessions of individual counseling a semester to students who are feeling depressed or anxious. There are also two anxiety support groups offered on campus for free. "We're always trying to find what a student already has as far as their support system. Whether it's family, friends, teachers or whomever it is they identify as supporters in their life, we want to do our best to help them engage with those people," Hansen said. "That's especially with social media, because social media and all technology can kind of create that isolation for people. So trying to help them get connected and build real relationships with others can help ease some of those symptoms." •



From Germany to Montana, Martin Breunig finds himself on

Joshua Thomas joshua.thomas@umontana.edu

In the fall of 2011, Martin Breunig found himself alone. New to the University of Washington, the busy city of Seattle was a lot different than what he had grown to know in his native Germany. He sat in the dark of his lonely apartment, a building that many UW athletes resided in.

He'd trek across campus to the cafeteria. He'd eat alone.

He'd sit in his room playing Xbox or watching TV. He'd do it alone.

He'd read and think, he would attempt schoolwork, he'd do whatever he could to take his mind off the biting isolation that was plaguing him.

Seattle was a city of roughly 700,000 people, but soon upon his arrival, Breunig realized that being surrounded can sometimes make you feel the loneliest.

He had made a gutsy move when he decided to leave Germany and in Washington he found himself questioning the decision. Breunig built his whole life around basketball, but for the first time ever, he wasn't sure if it was the path for him.

In America, teenagers are accustomed to saying goodbye to their parents once they head off to college or leave home for the workforce. But at the age of 18, still in high school, Breunig would not only be leaving home, he'd be packing up his entire life to head overseas. Saying goodbye to his friends, family and the country that had raised him, Martin had one goal in mind: succeed. He had to prove to himself and his loved ones that this was all going to be worth it. Breunig had come to America eager to chase a dream.

Now, five years later, Martin Breunig finds himself at the edge. Arriving in Missoula roughly two years ago, was a 21-year-old looking for a fresh start. Entering his senior year gearing up for his last run as a collegiate athlete, he is near the peak of an impressive foothill comprised of a Big Sky Newcomer of the Year award, All-Conference selections and a Big Sky regular season title.

He got a little lost along the way, but managed to find his way back.

Badger State to the Big Sky

Martin Breunig is 23 years old. He's 6 feet 8 inches tall, weighs 210 pounds and is one of the biggest people on campus. In his days growing up in Leverkusen, Germany, Breunig loved sports from a young age, but he didn't start out as the kid always bouncing a basketball. Sitting in the University of Montana's University Center, his trimmed, silky black hair is brushed neatly to the side and a smile creeps across his face, his dark eyes lighting up with warmth. You can still hear a bit of an accent in his calm, deep voice. As he begins to reminisce about home, you can see a hint in his face of the child that was.

"I played a lot of soccer growing up. I started playing when I was 6 years old and I was pretty decent," Breunig said. "I was a big David Beckham fan and got his haircut and his shoes and all his jerseys. My brother was always the basketball player."

Like any young child, Breunig would get into teenage mischief. When he was punished, his parents were strict with their policies.

"I would get into trouble and after a while, my parents said I could only go outside if I was playing a sport. So I picked up basketball 'cause my brother was doing it."

Breunig played basketball for his high school in Germany, Landrat-Lucas Prep. There he developed the skills and tools he utilizes on the court today. His signature post-spin was more of a sloppy oval, his hook shot not so refined, but it was the beginning stages of the formation of a formidable post force.

He eventually caught the eye of the Bayer Giants Leverkusen, a junior team in Germany. He also played international ball for his country at the FIBA European Championships in Vilnius, Lithuania during a summer, where he averaged 8.7 points and 4.8 rebounds per game for the under-16 and the under-18 German teams. He wasn't a star and admits he spent a lot of time on the bench for the Giants, but everyone has to start somewhere.

Enter St. John's Northwest Military Academy in Delafield, Wisconsin. At St. John's there was an assistant coach who was also from Germany, and two young German players had caught his eye during recruiting, one of them Martin Breunig.

continued on next page

With Griz basketball's Big Sky title hopes on his back, can he make one last leap?

Evan Frost / @efrostee

NOVEMBER 18-24, 2015 / MONTANA KAIMIN / MONTANAKAIMIN.COM 👖

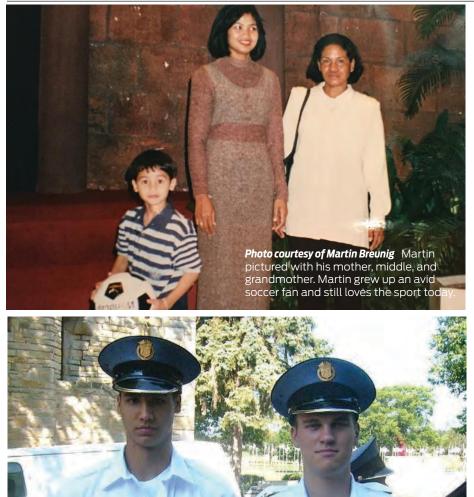


Photo courtesy of Martin Breunig Breunig (left) Dictured in his days at St. John's Northwest Nilitary Academy in Delafield, Wiscon sin Breunig arrived in Wisconsin after being peruited by a coach who had German ties.



FROM PREVIOUS PAGE

As a result, Breunig found his way into American basketball and a shot at life in the States. It would be a massive change in his life, but it was a once-in-a-lifetime shot for a young German boy who dreamed of sports glory. How could he say no?

Arriving in Wisconsin, Breunig immediately knew things were going to be more intense than he'd imagined. Maybe the best introduction to America wasn't at a military prep school.

"I thought I could handle it for a year or so. I expected it to be kind of fun, but they ended up taking it really serious," Breunig said. "One time, our sergeant had a deck of cards. For every diamond suit, we had to do pushups equal to the number on the card. Every heart suit was situps, spades and clubs were pushups. We had to go through the whole deck until he found the ace of hearts. I had never been so sore in my life."

The strict lifestyle, however, ended up paying off for Breunig. He spent as much time in the gym as possible, channeling all his focus into his craft. It was what he left home for, after all.

He ended his high school career in 2011 as the number two recruit in Wisconsin prep basketball. Receiving some interest from schools in the South, as well as the University of Washington, Breunig decided to attend the University of Maryland to play for then-coach Gary Williams. But after Williams decided to retire, Breunig received a release to play elsewhere. Having already acclimated himself to the chilly temperatures of the North, Breunig decided to play for the Huskies, and he prepared himself for another move, this time to the University of Washington.

While he had just gone through a major life transition, moving across the globe away from his family, it was time for one of the biggest transitions for any teenager — college.

Not so lucky as a Husky

For a typical American high school athlete, the chance to get to a premier college and be treated like a star by your peers is a dream. There's no denying some collegiate athletes in America become almost pop star-like figures, rising to fame that extends far beyond the grounds of a university. Whether it's guys like Johnny Manziel becoming BFFs with Drake, or the Fab Five becoming a cultural phenomenon back in the day for Michigan basketball, collegiate-level sports can offer a window into celebrity.

But for Breunig, a kid who had never gotten to experience American culture before coming to the states, all he wanted to do was be like everyone else.

"Being in a community and being surrounded by people and being social, it helps a lot to make connections with other people," Breunig said. "In Washington, the school was so big and they put the athletes in separate apartments, all we did was meet other athletes."

Breunig missed Germany. Gone were the days of playing with his old friends from home, kicking the soccer ball around or shooting baskets for fun with his brother. He was an NCAA basketball player with firm expectations placed upon him, all while dealing with the social pressures of having to adjust to college life. Never mind living in a new country, college is a foreign land to any teenager. But living almost entirely by himself and having to adapt to his newfound responsibilities alone, Breunig was pushed into isolation.

Due to school and basketball, he couldn't travel and his family couldn't make it overseas to Seattle, not even for holidays. He had to settle for his family doing their best to keep in touch through text messages, phone calls and Skype. His brother Stefan, though, would manage to make it out for occasional visits once every year. After he finally got to see his brother again, Stefan said it dawned on him how much he missed his younger sibling and how far away he actually was.

"Our family is proud to see Breunig play on the court. We like to watch the replay of some of his games," Stefan said. "It's been hard to be away from him for such a long time because we grew up together and helped take care of each other. I feel like I missed many of the years to see him develop and grow up."

On the court, Breunig played in 21 games as a freshman for the Huskies, but only averaged 8.1 minutes a game in Washington's nonconference schedule. Once Pac-12 play hit, that number dipped to just 3.6 minutes a game.

His sophomore year saw him enter just nine games, and Breunig saw only three minutes of Pac-12 play.

"There were times when I asked myself if basketball was really the thing for me," he said.

He had given up everything for basketball — friends, family, his home country. All of it was now going out the window just so he could sit in his secluded dorm on a big, intimidating campus while he waited to go to basketball events just to sit on the bench.

These were not the hoop dreams he had left Germany to chase.

Breunig contacted a friend who knew then-assistant Montana basketball coach Kerry Rupp, an adviser to former Griz head coach Wayne Tinkle. Martin got in contact with the Montana organization and got the ball rolling on transfer talks.

"I came here on an official visit in the summer, and coach Rupp introduced me to other athletes and some fans. I felt really welcomed and it felt like the right environment in Missoula," Breunig said.

After wasting his potential in Washington for two of his four eligible playing years, Breunig was on the move once again, his third major move in five years. At least this time, the journey was short, just an eight-hour drive to Missoula. But, in addition to all his belongings, he also brought a lot of questions with him.

Would he finally get a legit shot at playing meaningful college basketball?

The Roam

Over the past few years, Montana basketball has not been revered for their post play. With the exception of Derek Selvig, the Griz have looked to smaller, more versatile players to lead their Big Sky runs the past few years. Will Cherry, Kareem Jamar, Mike Weisner and Jordan Gregory have come and gone for Montana, playmakers they relied on to carry the team in big moments.

That was about to change once Martin Breunig arrived.

Having learned from his experiences in Seattle where he felt alone, Breunig was determined to do things differently this time. His first major decision? He chose to live in the dorms despite having the option to live off campus, surrounding himself with fellow students, not just athletes. He was going to interact with American kids from all walks of life, anything he could do to make this move a little easier than the last.

A guy who knows a little bit about transitioning as a Grizzly, guard Brandon Gfeller, joined the 2013-2014 Montana team as a new face along with Breunig that year.

"One of the first things I noticed about Martin was his ability to open up and joke around. For having English as a second language, I am amazed at how quick he is to make jokes. Players look up to him and listen to what he has to say," Gfeller said. "Being away from his home and family is hard, but he has developed good relationships with his coaches, teammates and his girlfriend. His brother comes and visits him for about a week every year, and I know he really appreciates that."

While he was excited to be with his new team in a refreshing atmosphere, Breunig would still have to sit his entire first season with Montana due to NCAA transfer rules.

"Just like with the military school, I figured it was just a year and I'd be able to handle it, but it's much tougher than it looks," Breunig said. "But I just studied the system and what the team was going to need from me, and I kept my head down until it was my time to play."

Kareem Jamar led Montana to a fourth place finish in the conference, but the team suffered an early exit from the postseason tournament, losing to Portland State in the



first round.

Breunig's wait was over. It was time for the German Giant to take the floor. Not only would he make his debut in the 2014-2015 season, but former Montana point guard great, the school's all-time leader in assists, Travis DeCuire took a job with his former school as well, and immediately recognized how much potential Breunig had.

"To have a young man with his type of talent who is so giving as an athlete is rare. Guys like him want the ball and demand the ball and want to be showcased, but he just wants to win," DeCuire said. "He's a personable basketball player, and he's learned to carry himself like a leader."

But before there was the polished captain, Breunig had to go from a cub to a full-fledged Grizzly. He had to get mean.

"I hosted Martin on his recruiting visit to Montana and I could tell he had a lot of talent, but he wasn't as assertive as he is now," former Griz guard Jordan Gregory said. "One time, he had a shorter guy guarding him when he was first playing with us and we kept telling him to score every time he touched the ball, but he was passing a lot more than he should have."

Breunig approached his inaugural Griz season with caution, but excitement. He was finally going to get a chance to prove himself as a leader. In his first official playing season with Montana, Breunig dominated the competition in the Big Sky Conference.

When he finally stepped on the court, he didn't just play, he frequently dominated. He was a powerful force in the post that Montana hadn't enjoyed for years. Breunig showed off extraordinary athleticism with rim-shaking slams and even displayed a nice touch from mid-range, not one to shy away from shooting the ball either. His days of playing soccer back home in Germany paid off, as you can see in his feel for finesse, control of the ball and artful footwork in the post. He was unlike any player Montana had suited up in years.

Even more important, he was happy again. Breunig ended the season with a 16.7 point and 73 rehound por game average. He was

and 7.3 rebound per game average. He won the year-end Big Sky Newcomer of the Year award and was named a team MVP. The duo of Breunig and Jordan Gregory helped the Griz finish the year with a 22-13 record, best in the conference. That meant the Grizzlies would be host of the Big Sky tournament.

The formula was all there. Hosts of the tournament, two of the best players in conference and a hungry new coach hoping to bring a title to his alma mater.

The Edge

With 10:10 left to play against Eastern Washington in last year's BSC championship up 50-44 on their home court in Dahlberg Arena, the Montana Grizzlies appeared to have wrapped up another conference title.

Here it was, Martin Breunig's chance. The championship he had wanted for so long dangled right in front of him. Behind a monstrous 23 point, 17 rebound performance, Breunig dominated for the Grizzlies all night long, but it started to become clear he alone wasn't going to be enough.

Eventual NBA player Tyler Harvey, the NCAA's leading scorer last year, led the Eagles. Eastern stormed back into the game behind Harvey's heroics.

He hit clutch jumper after clutch jumper, attacking the rim with reckless abandon. Breunig was a conference all-star and so was Harvey. But one of these guys was going to drafted by the Orlando Magic after the season ended, and it wasn't Breunig.

Harvey's rampage proved too much to handle, and Montana fell in the waning seconds of the game, fouling Harvey for an andone jumper that would seal the game and the Big Sky championship for the Eagles, 69-65.

The Griz had been tranquilized on their own turf. Breunig was stunned. His dream was shattered the very year he set out to accomplish it. In just his first season as a meaningful player, a true leader, Breunig couldn't have come any closer to his goal, just four points short.

It was all there ripe for the German Giant's taking.

"I just went home. I watched TV and tried to replay in my mind what had happened, and one message came to my mind: my effort just wasn't enough," he said. "It's a huge deal for me. I was on Instagram and I saw a picture of Eastern's championship rings, and it made me a little upset."

After considering what he had taken away from all these years of traveling and vying for a basketball dream, coming so close to the top and looking over the edge at greatness, Breunig came up with a simple mantra.

"I have to work harder."

And while it may sound boilerplate, really that is all you can do sometimes. Coming so far and getting so close, how could you expect Breunig to change his approach?

Will he jump?

Sitting in his chair in the UC, staring off in the distance like he might have seen the Big Sky trophy perched just beyond the horizon, Breunig considers all the miles he's come, the states he's left behind, the people he has had to say goodbye to. All for a title. All for a chance to say, "I did it".

Spectators are watching Breunig's climb closer than ever before. Gone are his days sitting alone in his apartment in Washington, gone is the old, janky post hook he learned just as he was starting to pick up a basketball in Germany and gone are the dreams of being great and making it to the top of a basketball program.

He was there, but now he's here, and the Big Sky Conference knows the tale of the Giant from Leverkusen well. He is a legitimate leader, a potential Big Sky MVP and if he's to make the push over this last leg of his career, the battle is internal just as much as it is external.

All that's left for Breunig is to make his final leap, and he only gets one more chance. If Breunig is to capture the championship he's dreamed of since he came to the United States years ago, he'll have to let go of all of his fears, just like he did when he left home all those years ago. He's gone from Germany to America, and he's wound up in the great Northwest, a Grizzly looking to master the mountains of Big Sky country.

This season, one last ride, one last go: he's no longer alone, but one question remains: Can Martin Breunig make it over the edge? •



Andrew Houghton andrew.houghton@umontana.edu

Fabijan Krslovic's basketball career got off to a nondescript start.

"I grew up playing soccer, and when I was in third grade, one of the guys in my school was playing in a local league and he was like 'You're tall, do you want to play with us?' and that's how I started playing," Krslovic said.

Krslovic, who grew up in Sydney, Australia, kept growing and kept playing basketball. In 10th grade, he gave up soccer for good. By that time, he was playing basketball for the Australian national team at his age range.

Krslovic has been to Spain, Lithuania and the Czech Republic to play with various Australian national teams. He's played with fifth overall NBA draft pick Dante Exum and possible No. 1 pick Ben Simmons.

In Australia, high school basketball isn't the focus, neither is college ball. So when it came time for Krslovic to plan his next step, he turned his focus stateside.

"If you want to stay in Australia you pretty much have to join a pro team straight away, and that's tough unless you're really good," Krislovic said. "So a lot of kids will either join a development program over there, or I think a lot of kids come over here for the opportunity for something different and to get the experience of going overseas to study and play basketball."

Then-Montana assistant coach Kerry Rupp had connections in Australia — ones that he had cultivated when successfully recruiting eventual No. 1 overall pick Andrew Bogut to Utah in the early 2000s — so Krslovic had been on his radar for a while.

"Id known Fab for quite a while because I'm close friends with his coach at the Institute of Sport and then also with his national team coach," said Rupp, who tries to make at least one trip to Australia every year. "Knowing them and knowing the families from going over there, I think we fostered a great relationship."

Krslovic was also looking at some East Coast colleges — Albany, Colgate and Hartford — but he felt that the rapport he had built up with coach Rupp was worth the trek to Montana. Rupp left after the 2013 season to join Wayne Tinkle's staff at Oregon State, but Krslovic stayed, and new Montana coach Travis DeCuire was glad he did.

Krslovic started 26 games as a freshman



Olivia Vanni / @ogvanniphoto

Sophomore forward Fabijan Krslovic was Montana's fourth-highest scorer and the second-highest rebounder last season.

in 2014, and was second on the Grizzlies in rebounding, blocks and steals.

"The first couple of games I was really nervous, but just playing and practicing kept giving me a little more confidence, and by the end of it I was just really confident in what I was doing and helping out the team," Krslovic said.

Krslovic, a self-described "gritty guy," provided a much-needed element of toughness, setting hard screens and ripping down rebounds for a Montana team that finished one game away from making it to the NCAA tournament.

"That was pretty disappointing, falling just a little short, but that's just driven us this season to work harder and push ourselves a little extra bit," he said.

This season, he'll team with German forward Martin Breunig to form one of the better post combos in the Big Sky Conference.

While Breunig gets most of the press for his smooth scoring touch around the rim, Krslovic's bruising style can be just as important.

"He really understands about being a good teammate and doing all the little things that you have to do — set good screens to get the guards open, and talk and communicate and rebound and do all the things that no one gets recognition for," Rupp said. "But at the end of the day, that's how you win."

Krslovic and forward Jack Lopez, the other Aussie on the Grizzlies, have known each other since they were about 12 years old. Both of them played in the national team development program in Australia, and both were recruited to Montana by Rupp.

For mid-majors like Montana, looking overseas is a good way to recruit a level of talent that may be difficult for them to acquire stateside.

"I think there's definitely kids that you can get that maybe other people don't have access to, that are maybe a little bit under the big DI schools," Rupp said. "I think both of those guys are guys that we thought could maybe play at a higher level and would be terrific at a place like Montana in the Big Sky. Especially Fab being able to come in and impact right away because he played against some of the best players in the world his age and had held his own."

Krslovic, for his part, has no regrets about moving a world away, except on cold days in Missoula when his friends in Sydney remind him that it's summer there.

"This time of year I'm missing it a lot because it's really snowy and rainy around here right now," Krslovic said. "It's summer there so I keep seeing stuff on social media, all my friends going to the beach." •

CHIP HAPPENS! SAVE YOUR WINDSHIELD!

Windshield Rock Chip & Crack Repairs! With most insurance a repair is no cost to you! Without insurance & your Griz Parking Pass the cost is \$30 & \$10 per each additional chip.

If you schedule at least two other friends to get repairs at the same time as yours, your repair will be FREE.

If you need a new windshield our windshields start at \$159. Price depends upon year, make and model. We are a preferred, approved insurance provider.

Got foggy headlights? Headlight restoration for \$69 for both headlights.

Come see us at Rosauers Market or we can come to you!



(406) 624-9365 2350 S. Reserve St. RockChipSquad.com



GLOBAL GRIZZLIES: Griz basketball's Jack Lopez adjusts to the Treasure State

Tiffany Folkes tiffany.folkes@umontana.edu

Jack Lopez waves his arm up, motioning to the row of banners hanging high above the basketball court in Dalhberg Arena. It isn't just the American cultural experience or great coaches and teammates that makes Lopez love being a Griz.

"It's that tradition ... it's that winning culture that everybody comes here for," Lopez said.

About 17 years before this moment when he was around 4 years old, Lopez sat in stadiums in Australia every weekend watching his father play basketball. He remembers being on the sidelines, dribbling and tossing a ball around because he wasn't tall enough to throw it into the 10-foot hoop. That early exposure developed his passion for the sport and impacted his decision to pick up the game.

His parents never forced him into sports, but once he started, he didn't stop. Throughout his childhood, Lopez played a bit of everything: basketball, soccer, cricket, rugby. It was the dramatic finish of a rivalry game when he was about 10 years old that solidified his love for basketball, though.

"It was fourth quarter and we were down about 10 or 12 points," Lopez said. "Then I scored 10 or 12 to get us the game. That was a really big moment for me."

Born and raised in New South Wales, Australia, Lopez didn't have a traditional American basketball experience growing up. He joined the Bankston Bruins weekly rec team at the age of eight and went on to play for his state team from the age of 16. At the age of 17, he was on the Australian Emus under-19 team, which is the team that directly precedes advancing to professional play in Australia. With the Emus, he had the opportunity to travel to Germany for the Albert Schweitzer Tournament, New Zealand and several places in Australia.

During his time with the Bruins, he won Player of the Association and Rookie of the Year awards in 2012.

"That was a real honor," he said. "I was playing in the under-22 youth leagues, but the player of the association award usually goes to someone playing in the open leagues."

Lopez always knew that he wanted to play college basketball in the states after he



Wil McKnight / @willmck_photo

Griz foward Jack Lopez has had a keen interest in basketball since watching his father play as a child. When he was 10 years old he found his love for the game while playing on an Australian rec team, the Bankston Bruins. Aspring to play college ball, one of his Australian coaches introduced him to UM.

graduated, but it was one of his coaches that connected him with Montana.

Coach Damien Cotter knew previous Griz assistant coach Kerry Rupp and helped Lopez send game film over to him. Montana wasn't the only school he had his eyes on, but Cotter told him about the beautiful campus and great coaching staff that led Lopez to make his decision.

He owes his seamless transition of moving from Australia to the United States to Rupp and his older brother, who flew over to help him from where he was attending school in North Carolina. Lopez said that his decision to attend school in the states was definitely the right one and has given him the chance to experience a different cultural lifestyle. At first, though, it was an overwhelming exposure to Targets, Red Robins, Costcos and a lot of accents.

"Now it's different because people's

accents don't sound like accents anymore because I hear it every day," he said. "But, when I first got here, I was always thinking, 'Wow, people are talking differently.""

America has treated Lopez well so far, but he admits that he's plagued with a bit of homesickness during the Montana winter when photos of the beautiful Australian beaches flood his Facebook feed. Being away from his family for 11 months out of the year can be hard too, but he's grown close to fellow teammate Martin Breunig.

They met two years ago when Lopez was a freshman and Breunig had just transferred from the University of Washington. In terms of first impressions, Breunig had his fair share of confusion in regard to Lopez's accent, too.

"Man, I couldn't understand this guy," Breunig said. "His accent was really thick, and I had to really focus." Breunig alluded to Lopez's hilarious antics off the court but also said that he had focus and drive to be a successful basketball player.

"He has a good ego and wants to be a good player," Breunig said. "He stretches the floor and gets defensive rebounds. That's what a team needs from a good forward."

So far in this early season for the Grizzlies, Lopez has shown off his vastly improved three-point jumper and Lopez made a solid impact as a sophomore last year both offensively and defensively for Montana. He registered 50 points on the season, ranked seventh in rebounds (51) and fourth in blocks (8). This season, Lopez hopes to build on his contributions from last year and add another bench threat for DeCuire and the Griz as they look to return to the top of the Big Sky ranks.

S+CULTURE

THIS WEE

WEDNESDAY, 11/18

THE GROUCH AND ELIGH WITH **CHALI 2NA AND THE REMINDERS**

Rappers The Grouch and Eligh will be joined by Chali 2na of Jurassic 5 and The ReMINDers at the Top Hat for the Grouch that Stole Christmas tour. Eligh and The Grouch have recorded three albums together, "G&E Music Vol. 1 & 2," "No More Greener Grasses," and "Say G&E!" As the only hip hop act at the Top Hat in the coming months, this show is not to miss.

@ The Top Hat Doors: 7 p.m. Show: 8 p.m. \$20 at the door, \$18 in advance / 18+

SATURDAY, 11/21 **MISSOULA BIKE BALL**

The Missoula Bike Ball will send off the mountain biking season with a ball hosted by Le Petit Outre featuring beer provided by Big Sky Brewing. Attendees are encouraged to wear black to mourn the end of the fall season and dress warm to prepare for the winter. @ Le Petite Outre Free / all ages

SATURDAY, 11/21

COPELAND, EISLEY AND WE ARE THE CITY

Pop band We Are the City will bring their own take on the genre to Stage 112. Backed by Copeland and Eisley the band will play until 11:59 sharp. We Are the City's most recent album, "Violent," has been described as "A sonic roller coaster filled with ups and downs, louds and guiets." @ Stage 112 Doors: 7 p.m. Show: 8 p.m. \$8-10/18+

THURSDAY 11/26 **OPENING DAY FOR DISCOVERY SKI AREA**

Discovery Ski Area hopes to start spinning their lifts Thanksgiving Day. Receiving roughly 200 inches of snow a year, the 2,200-acre ski area describes their conditions as "somewhere between Sweet! and OMG!" \$46 for adults, \$21 for kids

FRIDAY 12/4 **OPENING DAY AT SNOWBOWL**

Missoula's closest ski and snowboard staple tentatively plans to open on Dec. 4, if snow conditions allow. The resort, known for its relatively steep and short runs, offers lessons, rentals and pizza in the lodge. Those interested in trying skiing or snowboarding for the first time can pay a mere \$5 for rope tow access

\$46 for adults, \$43 for students, \$19 for kids

Rylan Boggs rylan.boggs@umontana.edu

Savor Missoula celebrates local culinary scene

Erin Goudreau erin.goudreau@umontana.edu

November in Missoula can be tough: Temperatures are dropping, the sky looks darker than usual and the arrival of snow can seem like a pipe dream. For those who find comfort during this time of year in the warmth of a cup of hot chocolate or a steaming plate of food, but have some difficulty financing such an expensive forms of therapy, Savor Missoula is here to help.

Savor Missoula, a collaboration between the Missoula Independent and the Good Food Store, is a weeklong celebration of Missoula's colorful culinary scene. There are 14 restaurants participating in Savor Missoula that will offer, in addition to their regular menus, fixed price menus. The fixed price menus will feature a pre-determined selection of items available at a set price, ranging from \$5 to \$30. The Buttercup Market and Cafe is a first-time participant in Savor Missoula, and owner Molly Galusha sees it as an event that is important for Missoula restaurants and the local farming and cattle communities.

"The festival takes place after the harvest, so it is a great opportunity for farmers to promote their food," Galusha said. "We focus on local food at Buttercup, so our beef is raised on the Bitterroot River, and our beer comes from Imagine Nation."

As part of Savor Missoula, the Buttercup Market and Cafe will offer two tacos filled with grass-fed brisket from the Oxbow Cattle Company, braised in a porter from Imagine Nation Brewery. The tacos will also include organic black beans, a housemade fresco, Hakurei turnips and bell peppers and cilantro from Western Montana Growers Co-Op. Served with chips and salsa, this meal will be available for \$7.50.

Galusha appreciates that the celebration is taking place in November, both for practical purposes related to fresh food availability but also for the sake of tradition.

"It is tradition to gather in the fall and celebrate the harvest and one's community," Galusha said.

Other participating restaurants include Bitter Root Brewing, Brooks & Browns, Carvers Deli, Finn & Porter, the Good Food Store, Hafa at Stage 112, Iron Griz, the Pearl Cafe, Red Bird, Sushi Hana, Starving Artist Cafe, Taste of Paris, and The Trough at the Olde Dairy.

Savor Missoula will also sponsor food-related events around town including cooking classes, food trivia and film screenings at The Roxy Theater. The Roxy will screen the local Roxy Film Academy's "What I Bring to the Table," the Magnolia Pictures documentary "A Place at the Table," the 2014 independent film "Chef" about a chef who opens a food truck, and

the 2005 version of "Charlie and the Chocolate Factory."

"One of the great things that Savor Missoula does is it brings attention to locally-owned restaurants that serve locally-sourced food," Mike Steinberg, director of The Roxy Theater, said. "Instead of chain restaurants, it encourages eating at these local, more sustainable restaurants."

A portion of Savor Missoula's proceeds will go to Meals on Wheels, a Missoula Aging Services program that provides meals to senior citizens and adults with disabilities. With the help of over 100 volunteer drivers, Meals on Wheels has delivered 96,375 meals in the last year, Kathryn Hungerford, development officer at the Missoula Aging Services, said.

She said this time of year is a great opportunity to think about the needs of Missoula's elderly and disabled.

"There is a natural connection between food and community, especially during the holiday season," Hungerford said. "It is a time of year when we gather with friends and family to share food. It is also a time that causes us to think about our community members who don't have those opportunities."

Savor Missoula will take place Nov. 15-21. For more information on events and participating restaurants, visit savormissoula. com. No tickets or passes are required. •

Not so Vile : b'lieve i'm going down



Tess Haas teresa.haas@umontana.edu

At first glance, Kurt Vile appears to be another pop-country star gone hipster and then you hear "b'lieve i'm going down" and realize, holy shit that's the guy from War on Drugs and I'm in love with him. Vile is no stranger to making hits — his 2011 album "Smoke Ring for My Halo" made the billboard charts, and his 2013 single "Wakin' on a Pretty Daze" caught the eye of those who had never heard of the artist. His sixth studio album, "b'lieve,"

appeared in September and is already climbing the Billboard charts, currently at 47.

Vile's sound is a mix between Bruce Springsteen and Tame Impala, down-home rock on mushrooms. The pace and feeling of "b'lieve" is mellow but deals with identity and other deep insights. He told Kim Gordon for Matador Records that he wanted to take a step back.

"I wanted to get back into the habit of writing a sad song on my couch, with nobody waiting on me," he told her. "I really wanted it to sound like it's on my couch - not in a lofi way, just more unguarded and vulnerable."

He nailed it with sad. One song, "That's Life, tho (almost hate to say)" has the mood of a sad country song with lyrics that make you want to ride your pony right off a cliff like "That's life tho / So sad, so true / That's life tho / So sad to say".

"b'lieve" is inspired by America in a sort of

everyday hardships/live your dreams kind of way. The album is also very Montana - it exudes "leave me alone" and "let me fix my own damn problems." The best song on "b'lieve" is "Pretty Pimpin." It has the pop sensibility of a breakthrough indie song and an unbelievably catchy listing of the days of the week.

"b'lieve" is perfect for fall because it's pastoral and easy - something to tap your foot to. The only complaint I really have is the country elements get a little too, well, country. In "I'm an Outlaw," Vile tries his hand at the banjo, an instrument that reminds one of a toothless man in overalls. He, of course, makes it look cool, but the whole thing gets depressingly twangy.

Still, "b'lieve i'm going down" is worth it. Vile does his best to make you fall in love with his long hair and traditional vulnerablity.

A delicious, nutritious meal in a goddamn coffee pot

Rylan Boggs rylan.boggs@umontana.edu

I'm not known for my cooking abilities. I refer to most of the dishes I make as "Noodle-Fuck," "Egg-Fuck," and well, actually that's about all I cook. Needless to say I'm wildly under qualified to be advising people on how to cook anything. However, after successfully cooking in my own java machine with the help of an NPR recipe, I feel fairly confident in instructing you on how to cook an entire meal in a coffee pot.

"Why would I want to cook a meal in a coffee pot?" you might ask.

Because you may live in a dorm room.

Because it's a quirky fun first date. Because sometimes you have to stay in a hotel.

It's totally possible to steam vegetables, cook rice and poach salmon pretty easily if you've got a little extra time. While it does take a bit longer, the upside is far fewer dishes — a coffee pot pretty much cleans itself.

- For this endeavor you will need:
- A coffee pot (duh)
- A vegetable of your choice that is
- receptive to steaming
- Instant rice or couscous

• Salmon or some other poachable meat.

Soy sauce or ginger

Your first step will be the veggies. I'm a big fan of broccoli, (no I'm fucking not) so that's what I chose. You can use cauliflower or green beans or whatever vegetable you're into (dirt?). Next, take your organic material of choice and put it where you would put the grounds. Feel free to use a filter as it will catch all that organic crap and stop it from touching the meat. Fill the reservoir all the way and run it until there is only a half cup of water or so left in the reservoir.

Once you get to that point, you're going to want to shut that shit down, pour all the stanky vegetable water out of the pot and add your rice. For simplicity's sake you're probably going to want to use instant rice, couscous or something along those lines. Now turn it back to eleven and let the rice (or whatever) sit in there and cook. Depending on how good or bad you fucked up, you may have to drain some water out of the pot, but this is your meal and therefore your problem.

Set your rice lump aside.

Fill the reservoir with three or four cups of water (does it really matter how much? Maybe?). Place your salmon-meat-trout-slab-thing in there with some soy sauce or ginger and run that bitch. Let the fish swim around in there for like, seven or eight minutes until it's all flaky.

Drain the water and retrieve your goddam protein (again, I don't fucking care how). Remember those vegetable-broccoli-turnips-things you put all up where the grounds go? Fish those bad boys out and throw them on a plate with your rice and fish-things.

Congratulations, you just made a gourmet(ish) meal in a coffee pot. Can you guess who's getting laid tonight? You, you big dumb beautiful bastard. Now go flex this absurd meal in front of all your friends on Snapchat and Instagram.



Photos: Rylan Boggs (Top) Here's what your end product might look like.

(Below) All the ingredients you will need to make your coffee pot feast.





PRE-ORDER PIES! FRESH BAKED IN THE UM BAKERY DELICIOUS!

APPLE • PUMPKIN • CHOCOLATE PECAN STRAWBERRY RHUBARB

THE FRESHEST LOCAL FRUITS & VEGGIES EVERY THURSDAY • 10:00 AM - 2:00 PM UC Commons • 2nd Floor University Center Food Court Dining Area

Bowen through the motions: **Do sorority sisters dream of sorority sheep?**

Bowen West bowen.west@umontana.edu

You have gotten roped into going to a sorority formal. Everyone is expecting it to be hilarious; they expect it to be dramatic, maybe they expect sororities to perform blood rituals at one of these formals. You've never liked Greek life, they've always seemed robotic.

You arrive at the house at 6:50 p.m. You've seen the large brick building before. Kappa Alpha Theta's was the first house in Missoula to be built specifically for a fraternity or sorority. The house cost \$90,000 to construct back in 1949.

You sheepishly knock on the white door. You don't want to be here. The door swings open to two blondes that look identical. One of the blondes asks you to open up your jacket. You've never been frisked by a sorority girl before, but there is a first time for everything. You open up your jacket with a confidence that only people with nothing to hide have.

You've passed the frisk test. You nervously ask where Kate, your date, is. They tell you to go to the dining area.

When you walk around the house you admire the architecture that William J. Fox, Jr. must have put into it. Everything has a bit of elegance that you've only seen in movies. The living room has decadent furniture donated by previous members. There is an old piano in the back corner and you wonder if anyone in the house plays, or if they just have it for show. There is a case next to the piano showing off all of Theta's accomplishments represented by shiny trophies.

Kate Shea, the copy chief of the Montana Kaimin and a member of Theta, is in the dining area. You walk over to her and thank her for letting you be her plus one. She takes you around the main floor and introduces you to all of her sisters. She introduces you to her "Big," her "Little" and her entire family in Theta. A Big is the mentor for a new member, that new member is their Little.

She spoke about everything Theta for the entire "sober hour" before we left for the dance. There was a lot of information in that hour, it's a very confusing system and you still aren't entirely sure how a family in a sorority works. You think it is just like a normal family, except replace parents with a Big and replace children with a Little.

The crowd of people are gathered into the dining area to discuss the rules of the formal.

Rule 1: You and your date are considered one person. If you misbehave, both of you are kicked out. Rule 2: No shots. Rule 3: Stay the whole time.

Nobody but the events planner knows where the dance will be. We have to take buses to the hidden location.

You listen as practically everyone on the bus tries to guess where we are heading. It's as if the bus driver is driving down town just to taunt us with all of the places we won't be going to. Finally we stop outside of the Florence. Everyone scurries inside so the festivities can begin. We are at the ballroom on the second floor. There is a DJ on the dark side of the ballroom who clearly didn't prepare an appropriate playlist for this audience (seriously, Black Skinhead by Kanye West?). On the other half of the ballroom is the bar, overhead lights illuminate it as if it is the guiding light to enjoying this dance.

You walk over with Shea to grab a drink. She has never ordered a drink at one of these functions before; this is a big moment that you are sharing with her. You try and act cool and talk about all of the times you've ordered alcohol at any function, concert, fancy distillery, or nephew's birthday party. You've ordered a drink plenty of times, you are practically a pro. She was indifferent towards your clear path towards alcoholism. She ordered her drink and went to go talk to her Big.

It's your turn to order a drink. You ask what is the sweetest thing with the highest amount of alcohol. The bartender says they put the same amount of alcohol in every drink, but she recommends getting the Moscow Mule, with vodka, spicy ginger beer and lime juice in it. You trust the bartender and pay her five dollars for the drink. You take a few sips of it, it isn't the worst drink you've ever had, but you've had better.

You go and sit at a table with Shea. You talk about Disney movies with her. She talks about her love for Captain America. She tells you that she hopes to get into law school. You start thinking that maybe not every sorority girl is a robot. Shea asks if you would like to dance, and you tell her that you'll dance later. She goes to dance with her sisters.

There are only two other people sitting at the table with you, and they are as bored as you are. The only difference is they have each other to talk to while you sit and nurse the mediocre Moscow Mule. You decide to go and talk to the gentlemen across the round table. It's their second sorority formal, they come with their friends in Theta. One of the men, Nick Kansas, use to be a sorority house boy for Theta. You ask him what a "house boy" is, and he explains that it is a man who serves dinner to them one night



Sydney Macdonald / @sydneysmacdo

Bowen West, a reporter at the Montana Kaimin, poses for photos before taking on his first ever University of Montana sorority formal. Pictured with West is his date and Theta member Kate Shea (left) and her "Grand Little" Annie Carroll.

a week.

Out of the blue, he mentions, "the top five people I hate are from a sorority."

You aren't sure why he chooses to spend time with this sorority then, but choose not to question his decision to come to sorority functions. Maybe he is just being overdramatic. Maybe you are worried that, just like him, you have generalized people in sororities.

You don't want to be like that. You want to be more open-minded. You are too good for generalizing. You go to dance with everyone, it wouldn't be complete if you didn't dance like Charlie Brown at this event. You warn Shea that you are a bad dancer. She says it's fine because you make her look better. You dance to the worst DJ in town. You dance to make sure that you get the full experience.

After dancing, you go and sit at the table in the darkest corner of the ballroom and wait for the dance to end. You only have a couple of minutes to wait. You eat the ice out of what used to be your mediocre Moscow Mule. You watch everybody dance. Everybody seems a little robotic in a group, but as individuals there is something there.

You had fun at this formal, but you'll never admit it. •



7.5 thoughts you might have while watching the Star Wars trailer

Bowen West bowen.west@umontana.edu

It was late Friday night. While everyone else my age was doing PCP and sexing each other up with hip-hop, I was watching the international "Star Wars Episode VII: The Force Awakens" trailer. As I was curled up next to my life-sized Jabba the Hut plush I realized I had to share the ideas that were coursing through my mind about this film that hasn't even been released yet.

1. WHERE IS LUKE SKYWALKER?

I haven't been able to sleep in weeks because of this question that plagues my thoughts. Is he too good to help the Rebel Alliance fight this war in the stars? Is he a little mentally scarred after making out with his sister in "Star Wars Episode V: The Empire Strikes Back"? Did Han Solo just forget to call him? These are the things we need to know!

2. WHY ARE THERE NO SPACE POLITICS?

Part of the eternal charm of the prequel series were the space politics that kept everyone on the edge of their seats. Nothing is more exciting than watching two aliens talk about trading supplies between worlds. The masses will be very disappointed if the new movie is "fun" and "exciting."

3. WHY HASN'T CHEWBACCA AGED?

Han Solo looks older. Princess Leia looks older. Why doesn't Chewbacca? He looks as young as ever! Does Chewbacca age backward?

3.5. WAS BENJAMIN BUTTON A HAIRLESS WOOKIE?

This thought had to cross everybody's mind when they saw a young-looking Chewbacca. The movie "The Curious Case of Benjamin Button" is the story of man who aged backward. This has led people to believe that Benjamin Button might just be a hairless Wookie. Hopefully the new movie answers this question.

4. "STAR TREK INTO DARKNESS" KIND OF SUCKED.

This movie does not inspire hope.

5. WHO IS KYLO REN?

We know very little about Kylo Ren, so far we have gathered that he is the antagonist and he really likes the color black. Some think he is a Darth Vader fanboy. Others think we should all just shut up and wait for the movie.

6. IS POE DAMERON THE NEW "COOL GUY" ON THE BLOCK?

He flies an X-wing. That's enough to be considered a cool guy in my book.

7. SHOULD WE BE WORRIED?

Star Wars enthusiasts have been scorned before. This is a franchise with a lot of ups and plenty of downs. Star Wars is a roller coaster ride of emotion, it will take you up to the highest highs and to the lowest lows. Nobody is certain whether the new movie will be a hit or not, the best we can do is sit back and hope for the best. If all else fails we will always have "The Empire Strikes Back." •



WHAT THE FOOD Think before you eat (meat) Taylor Wyllie | taylor.wyllie@umontana.edu

I have a confession to make: I'm a vegetarian. Don't panic. Don't stop reading.

I'm not writing this to shame you if you eat meat (like the overwhelming majority of Americans), or convince you vegetarianism is the best diet. I'm a vegetarian because it works for me, and because, at this point, I've been a vegetarian longer than I was an omnivore (in third grade I saw the movie "Chicken Run" and was so devastated I gave up meat. It stuck).

I know vegetarianism can be a hot topic and a sore spot for many. In fact, I worried so much about isolating readers or somehow offending someone, I've avoided the subject of meat all together in a column about food.

But, meat needs to be talked about, because the meat industry in America, frankly, is fucked up.

And, no, I'm not just talking about the World Health Organization's recent study that red meats are "probably carcinogenic," and the well-known adverse effects high consumption of meat can have on humans, like heart disease and obesity.

In 2005, the Human Rights Watch submitted a report to the Office of the United Nations High Commissioner for Human Rights, detailing the poor treatment of immigrant workers in the American meat and poultry industries. The report found wrongdoing in every aspect of human rights: health and safety, workers' compensation and workers' organizing rights.

Specific violations include threatening employees with violence at Smithfield Foods, refusing to give employees guaranteed medical or financial benefits at Nebraska Beef and use of unwarranted employer coercion at multiple companies.

And social issues are just the tip of the iceberg. The meat industry can devastate the environment. Raising livestock uses around 167 million pounds of pesticides and 17 billion pounds of nitrogen fertilizer, according to an article by the Scientific American. That's not to mention the pounds of manure that can leech into waterways from large factory farms — industrial corporations that produce nearly 99 percent of all animals raised for consumption. That same manure, which is harmful in large qualities, can be used as fertilizer at smaller ranches.

Meat also has a large "water footprint," meaning it requires more water to produce than one might think — an important statistic to consider in a country with droughts popping up in multiple states. Beef requires about 1,850 gallons of water per pound, chicken requires 518 and pork requires 718 gallons per pound. To put that in perspective, pasta uses 222 gallons of water per pound, according to an article by the Washington Post.

And lastly, as we all know (thanks PETA), the animals aren't particularly treated nicely either.

Don't feel pressured to become a vegetarian. It's a personal choice, and what I eat has nothing to do with what you do.

But stop and think about the meat you buy and how often you consume it. Know about the companies you buy from, and the impact of eating meat with every meal.

Being a country of vegetarians isn't the answer. Being a country of knowledgeable, conscientious consumers is.

KIOSK

FOR SALE

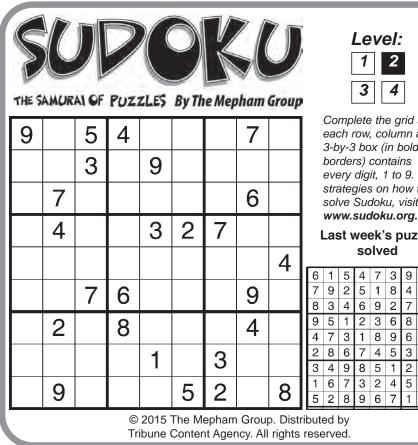
NEW Locally Made Hot Sauces. Just in @ Uncle Bill's House of Hot Sauce. The Joint Effort 1918 Brooks St. Holiday Village Shopping Center

HELP WANTED

Parks & Recreation hiring Lifeguards, water safety instructors. Classes starting soon. www.missoulaparks.org

SERVICES

A+ writing & editing help offered by a real writer! \$4.50/ page or \$20.00/hr. Free 15 minute consultation, no matter what! Call Wendy: 396-4544.



STAFF

Editor-in-Chief Cavan Williams **Print Managing Editor** Hunter Pauli Web Editor Jake Iverson **News Editors** Erin Loranger Peregrine Frissell **Arts Editor** Taylor Wyllie **Sports Editor** Joshua Thomas **Deputy Sports Editor**

Jackson Wagner

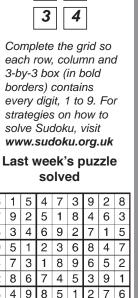
Multimedia Editor Evan Frost **Deputy Multimedia** Editor Lacev Young **Design Editor** Kavla Robertson **Copy Chief** Kate Shea

WEEKLY TRIVIA

•The average lifespan of an eyelash is five months. •There is more real lemon juice in Lemon Pledge furniture polish than in Country Time Lemonade. •To "testify" was based on men in the Roman court swearing to a statement made by swearing on their testicles.

·Laser stands for light amplification by stimulated emission of radiation.

•Smokey the Bear's original name was "Hot Foot Teddy."



News Reporters

Peter Friesen

Abby Lynes

Dakota Wharry

Kasey Bubnash

Claire Chandler

Rehana Asmi

Rvlan Boggs

Bowen West

Erin Goudreau

Tess Haas

Rebecca Keith

Arts Reporters

Margaret Grayson



Sports Reporters Andrew Houghton

Sojin Josephson Tiffany Folkes Jesse Flickinger Multimedia Sydney MacDonald Matt Robbins Will McKnight Brian Walton Davton Smith Designers Katherine Jenkins

Zoie Koostra

Ryan Hawk

89

3 4

Suzie Chiem Cartoonist **Business Manager** Meg Dowaliby **Office Manager** Ruth Johnson **Office Assistants** Jesse Kipp Mackenzie Capasso **Ad Representatives**

Graphic Design Chief Niklaas Dumroese **Graphic Designer** Taylor Crews

The Montana Kaimin is printed once weekly as an independent student newspaper.

For comments, corrections or letters to the editor, contact editor@montanakaimin.com or call (406) 243-4310.

For advertising opportunities and questions, visit montanakaimin. com or call (406) 243-6541

Copy Editors Delaney Kutsal Anna Reid Katherine Jenkins Meg Giddings Columnists Michael Siebert Paige Cohn

Brendan Casev

Talia Zook Adam Farrell Guv Williams





With nearly 600 of Montana's very own employees, Blue Cross and Blue Shield of Montana is one of the most loyal employers in town. Since 1940, we've been here when our boys came home from the war, when you first got married, when you had your first baby and when you went through a family health crisis. We've always been here for you. And we pledge we're not going anywhere. We're Montana's own Real Montanans helping you when you need it most. Through it all.

A division of Health Care Service Corporation, a Mutual Legal Reserve Company, an Independent Licensee of Blue Cross and Blue Shield Association. Learn More or Enroll Today bcbsmt.com ↓ 1.800.447.7828 SPORTS BAR . CASINO . RESTAURANT MISSOULA, MT 1515 DEARBORN 549-4152

NOW SHOWING ALL GRIZ GAMES!

Sunday: \$1 bowling after 9 p.m.* \$1 well drinks

Monday: \$1 bowling all day* \$1.50 16oz domestics

> Thursday: buy 1 game get one game free* \$1 wells after 10 p.m.

Vestside Lanes δ FUNCENTER

THE BOWL DOG LOUNGE NOW HAS THE NFL PACKAGE! KARAOKE WED-FRI & EVERY OTHER SATURDAY!

VOTED MISSOULA'S #1 BOWLING CENTER FOR THE PAST 12 YEARS!

(406) 721-5263 1615 WYOMING ST. MISSOULA, MT MISSOULABOWLING.COM