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Fall 9-1-2018

PSYX 240.01C: Fundamentals of Abnormal Psychology

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MISSOULA COLLEGE FALL 2018 PSYX 240: Fundamentals of Abnormal Psychology, Section 01C COURSE SYLLABUS PROFESSOR: Alison Pepper, Ph.D.

I. <u>CONTACT INFORMATION</u>

- Office: River Campus, #419
- Phone: 243-7924
- Office Hours:

- Email: Alison.Pepper@mso.umt.edu
 - Please email from your <u>student account</u> (i.e. umconnect) only.
 - <u>In the subject line of every email</u>, please state your class and purpose; <u>Ex:</u> Psyx 240, Exam 1 question.
- -Mondays: 1:30pm 2:30pm or by appointment
- If you do NOT follow the above format, there may be a delay in my response. However, my commitment is to respond to emails within 24 hours (no later than 36) when received Mon Fri. Please expect delays on weekends or holidays.

II. COURSE DESCRIPTION

Welcome to fundamentals of abnormal psychology! This course provides a broad introduction to abnormal psychology, which includes defining abnormal psychology, examining its history, exploring how abnormal psychology relates to other disciplines in psychology, exploring major research methods used in abnormal psychology, discussing various mental illnesses and their potential causes and possible treatments, and applying major abnormal psychological findings to practical problems. **Psyx 100 is a prerequisite of this course**.

III. <u>IMPORTANT NOTES</u>

- This class is a requirement for students in the Chemical and Addiction Studies (CAS) and Pre-Social Work A.A. programs.
- This class can count as an elective course for those working on their general A.A.
- For those majoring or minoring in Psychology, this class will satisfy the requirement of Psyx 340 (Abnormal Psyx); however, it will not count toward the 39 credits at or above the 300 level.

IV. COURSE LEARNING OUTCOMES

- **1.** Define abnormal psychology and what psychologists in this area do;
- 2. Describe the historical context that influenced the development of abnormal psychology;
- **3.** Describe the relationship of abnormal psychology to other branches of psychology and related disciplines;
- 4. Describe and explain the major research methods and measures used in abnormal psychology;
- 5. Define the major concepts and phenomena in abnormal psychology;
- 6. Apply the major abnormal psychology findings to practical problems.

V. <u>REQUIRED MATERIALS (i.e. text, LaunchPad & Moodle)</u>

- <u>Text:</u> Comer, R.J. (2016). <u>Fundamentals</u> of Abnormal Psychology, 8th Edition. New York, NY: Worth.
 - It is required you have the **most recent version** of the text. Older editions are not acceptable.
- 2. **LaunchPad**: LaunchPad provides audio and visual versions of the text, practice quizzes, videos, case studies, and many other study materials!
 - There are 2 ways to access LaunchPad, and thus your text:
 - 1. You can purchase a loose-leaf copy of the text <u>AND</u> access to LaunchPad at the Bookstore ((406) 243-1272 or <u>Bookstore</u>) for about **\$90**. When you purchase the loose-leaf text, you will

get an access card, too. Do NOT lose this. Now, skip to "Instructions To Access LaunchPad" below.

OR

2. Or, you can purchase *just* access to LaunchPad directly from our publisher for **\$71.99**. (This is the less expensive option, but there is <u>NOT A LOOSE-LEAF TEXT</u>. You would read your text, online, in LaunchPad.) If you choose this option, then go ahead follow the steps below to access LaunchPad:

<u>INSTRUCTIONS TO ACCESS LaunchPad</u>:

- Follow these steps to get started. If you need additional guidance, consult the <u>support</u> <u>site</u>, especially the system requirements which list recommended browsers.
- Go to <u>http://www.macmillanhighered.com/launchpad/comerfund8e/8291335</u>
 - Bookmark the page to make it easy to return to (although note the URL will look different due to security measures).
- Enroll in this course using one of the following options:
 - 1. If you have an access code you bought from the Bookstore, select "I have a student access code," enter the code exactly as it appears on the card, and click Submit.
 - 2. If you don't have an access code, click "I want to purchase access" and follow the instructions.
 - 3. If you need to start working but can't purchase right away, select "I want temporary access" and follow the instructions.
- If you have problems registering, purchasing, or logging in, please <u>contact Customer</u> <u>Support</u>.
- You can reach a representative 7 days a week:
 - 1. through the online form
 - 2. by chat
 - 3. by phone at (800) 936-6899
- 3. You are also required to have access to <u>Moodle</u> (<u>http://umonline.umt.edu</u>)
 - Moodle is used to manage course: take exams, keep track of grades, & find Learning Objectives. Use <u>Firefox</u> to run Moodle.

VI. ASSESSMENT OF STUDENT LEARNING OUTCOMES

• Final grades are based on the +/- system. Traditional rounding rules apply (i.e. .5 and above are rounded up and less than .5 are not). The breakdown is as follows:

| 93-100% | А | 73-76% | С |
|---------|----|--------|----|
| 90-92% | A- | 70-72% | C- |
| 87-89% | B+ | 67-69% | D+ |
| 83-86% | В | 63-66% | D |
| 80-82% | B- | 60-62% | D- |
| 77-79% | C+ | < 60% | F |

- Your grade in this class is comprised of <u>5 Exams</u>, which include <u>75</u> multiple choice and true-false questions, each worth 2 points, for a total of 150 points. Thus, there are a <u>total of 750 points possible</u> in this class.
- All Exams are administered online, through <u>Moodle</u>. You will have about 2-3 days to complete each Exam. They are <u>not timed</u>. You have 1 chance to take the Exam during the scheduled time (i.e. they can't be redone).

- Each Exam covers 3-4 chapters each and required videos; thus, the Exams are <u>not cumulative</u>, and this includes the "Final."
- The Exams are open notes and open book. However, you MUST take the Exams <u>independently</u>! (See Student Conduct Code below.)
- The exams cover content in class and the videos that are available in LaunchPad or Moodle. <u>To help</u> <u>you study for the Exams, I HIGHLY recommend that you refer to the "Learning Units" in</u> Moodle. In the Learning Units, I list "Learning Objectives" for each of the Chapters.
 - These Learning Objectives act as a "study guide" for the exam. You are responsible for the material I specify in the Learning Objectives.
 - Even though the exams are open book and open notes, it will not be sufficient to just know where to find the information or just *memorize* information. The exam questions will be <u>applied</u> and <u>conceptual</u> in nature, rather than factual recall (or rote memorization); thus, you will need to *understand* the content, too.
- The dates/times of when exams are available in Moodle, and when they are due, are in the course calendar. <u>Please take careful notes of these due dates and times!</u> Late exams will <u>NOT</u> be accepted. The only exceptions are explained in the "Late and Make-up Work Policy" section below.

VII. ATTENDANCE POLICY

- The UM catalog, under Academic Policies and Procedures, states that "Students are expected to attend all class meetings and complete all assignments for courses in which they are enrolled... Instructors may establish absence policies to conform to the educational goals and requirements of their courses" (<u>UM Catalog</u>).
- Attendance will be taken at the beginning of each class period. For every <u>three (3) unexcused absences</u>, <u>you lose 5% from your total grade</u>. Thus, with 750 points possible in this course:
 - Absences 3, 4, & 5 equal -37.5 points
 - Absences 6, 7, & 8 equal -75 points
 - And so on...
- If you arrive to class more than 10 minutes late, or you leave more than 10 minutes early, you will be considered absent.
- In order for an absence to be "excused," it must meet one of the 5 exceptions outlined in the "Late and Make-up Work Policy" section below.

VIII. <u>ACCOMMODATIONS FOR STUDENTS WITH DISABILITIES:</u>

- The University of Montana assures equal access to instruction through collaboration between students with disabilities, instructors, and Disability Services for Students (DSS). If you think you may have a disability adversely affecting your academic performance, and you have not already registered with DSS, please contact DSS.
 - <u>Missoula College Students</u>: Call (406) 243-7984 or 243-2243, email <u>dss@umontana.edu</u>, or visit DSS at the River Campus in the River Level Office, 032.
 - <u>Mountain Campus Students</u>: Call 243-2243, email <u>dss@umontana.edu</u>, or visit DSS at the Mountain Campus in the Lommasson Center, #154.
- I will work with you and DSS to provide reasonable modifications. "Reasonable" means the University permits no fundamental alterations of academic standards or retroactive modifications. In addition, the student must provide DSS documentation at least 1 week *before* the assignment is due so reasonable accommodations can be made. For more information, please consult <u>DSS</u>.

IX. LATE and MAKE-UP WORK POLICY

Late or make-up work will **<u>NOT BE ACCEPTED</u>**. *HOWEVER*, according to the UM's <u>Academic</u>

<u>Policies and Procedures</u>, under "Class Attendance/Absence Policy," I <u>MAY</u> excuse <u>brief</u> and <u>occasional</u> absences for the following reasons:

- **1.** an illness or injury
- 2. a family emergency
- 3. religious observance
- 4. participation in a university sponsored activity
- 5. military service

If you miss an assignment or exam due to one of these exceptions, <u>valid documentation MUST be</u> <u>provided</u> in order to make it up.

- Please consult me on what "valid documentation" entails.
- You have <u>48 hours</u> after the missed assignment's due date to <u>notify me</u> so that we can discuss appropriate documentation and arrange for you to make-up the work.
- Please be aware, I strictly enforce this policy and <u>WILL REQUIRE documentation</u>.

** IMPORTANT: Technical issues are NOT considered valid excuses for turning work in late or failing

to complete an assignment. Moodle and LaunchPad can be accessed from any computer with internet access. If you experience technical problems, you have the option of using a computer at the libraries or at the computer labs at the Missoula College or Mountain Campuses. You can also go to the public library, café, etc... It is your responsibility to have consistent and reliable internet access so you can submit your exams on time. It is in your best interest to be organized, plan, and not procrastinate.

X. <u>DROP POLICY (University-wide policy)</u>

According to UM's <u>Academic Policies and Procedures</u>, beginning the 46th instructional day of the semester (i.e. **Oct 30th, 2018**) through the last regular class day (i.e. **Dec 7th, 2018**) before Finals Week, students may drop courses only by petition that requires approval from the instructor, advisor, and dean. A \$10 fee applies. A WP or WF will appear on the transcript. <u>Note that not all petitions are approved and</u> <u>documented justification is required.</u> Some examples of documented circumstances that may merit approval are accident or illness, family emergency, or other circumstances beyond the student's control. Instructors and advisors have the right to indicate that they do not recommend the drop.

XI. <u>INCOMPLETE POLICY (University-wide policy)</u>

A grade of Incomplete (I) may be given when, in the opinion of the instructor, there is a reasonable probability that students can complete the course without retaking it. The incomplete is not an option to be exercised at the discretion of a student. In all cases, I's are given at the discretion of the instructor (see UM's <u>Academic Policies and Procedures</u>).

XII. STUDENT CONDUCT CODE (PLEASE READ CAREFULLY)

The Student Conduct Code, which can be found here, <u>Student Conduct Code</u>, will be strictly enforced in this class. Specifically, cheating in any form will not be tolerated. You are not allowed to collaborate on any assignment (i.e. exams) with anyone, including, but not exclusively, students who have previously taken this course, graduate students in psychology or related disciplines, friends, etc... Thus, all assignments <u>must</u> be completed **INDEPENDENTLY**, unless otherwise stated in the instructions (e.g. group projects), when students seek services from the Writing Center or tutoring, or unless accommodations have been approved by your instructor. <u>Cheating or plagiarism</u> will result in <u>FAILURE</u> (that is, a zero or an "F") on the assignment, <u>at minimum</u>, and it will be reported to Department Chair and/or the Dean. The instructor reserves the right to assign an "F" for the course if cheating or plagiarism occur. Additionally, you are subject to University sanctions, suspension or expulsion.

If you do not know what plagiarism is, you can ask your professor, visit the <u>Writing Center</u> at the Mountain campus (Liberal Arts 144, 243-2266), the <u>Mansfield Library</u> (243-6866), or contact Missoula College's

Learning Center (243-7826) located at the River Campus in 022.

XIII. CLASS ETIQUETTE

- Turn your **cell phones off** or on **silent** before class begins.
- **DO NOT TEXT** during class. If I catch you on your phone during class, I will ask you to put it away. After 2 or 3 prompts, I will ask you to leave the class immediately!
- Please be on time. If you must leave early, out of courtesy for your classmates and me, please sit close to the door so you can excuse yourself quietly. Also, please let me know before class that you need to leave early.
- If you type your notes on a computer during class, please **DO NOT use Facebook, play games, check email, surf the internet, etc...during class**. If I find you are doing other things on your computer during class time than taking notes, I will ask you to stop. After 2 or 3 prompts, **I will ask you to leave the class immediately!**
- Please do not talk to your neighbors during class. After 2 or 3 prompts, I will ask you to leave the class immediately!
- I ask that you please **raise your hand** if you have a question or comment during lecture.
- If you are disruptive, I will talk to you individually after class. After 2 or 3 prompts, I will ask you to leave the class immediately!

XIV. <u>COURSE CALENDAR</u>: (REVISED 8/20/2018)

- Please note, this is a <u>tentative</u> course calendar. There may be changes due to the pace of lecture. You are responsible for any changes, which I will clearly announce.
- **<u>REMINDER</u>**: I will <u>not</u> make <u>alternative arrangements</u> to give any exams <u>early</u> due to <u>travel plans</u>, <u>assignments in other courses</u>, <u>work</u>, <u>etc...</u> The only exceptions are those listed in the "Late or Make-up Work" section in this syllabus. It is your responsibility to plan to meet the requirements in this class in order to be successful.

| | WEEK | LECTURE OBJECTIVES | ASSIGNMENTS |
|---|-----------|--|---|
| 1 | Tue, 8/28 | WelcomeChp 1: Abnormal Psyx, Past and Present | Read Chp 1 (text) & do Chp 1 Learning Objectives (Moodle) |
| | Thu, 8/30 | • Chp 1 | |
| 2 | Tue, 9/04 | • Chp 2: Models of Abnormality | Read Chp 2 (text) & do Chp 2 Learning Objectives (Moodle) |
| | Thu, 9/06 | • Chp 2 | Watch the video clip "Psychoanalysis, An Introduction" (Moodle) for Exam 1 |
| 3 | Tue, 9/11 | Chp 3: Clinical Assessment, Diagnosis and Treatment | Read Chp 3 (text) & do Chp 3 Learning Objectives (Moodle) |
| | Thu, 9/13 | • Chp 3 | |
| 4 | Tue, 9/18 | • Chp 4: Anxiety, Obsessive- Compulsive, & Related Disorders | EXAM 1 (Moodle): Chps 1-3 and Required Video POSTED: MON (9/17) at 10:00am |

| | WEEK | LECTURE | ASSIGNMENTS | |
|---|---------------|---|---|--|
| | Thu, 9/20 | • Chp 4 | DUE: WED (9/19) by 11:55pm Read Chp 4 (text) & do Chp 4 Learning Objectives (Moodle) Watch "Video Activities: The Impact of Obsessions and Compulsions" (LaunchPad) for Exam 2 Watch "Video Activities: Body Dysmorphic Disorder: An Obsessive-Compulsive Related Disorder" (LaunchPad) for Exam 2 | |
| | Tue, 9/25 | • Chp 5: Disorders of Trauma and Stress | Read Chp 5 (text) & do Chp 5 Learning Objectives (Moodle) | |
| 5 | Thu, 9/27 | • Chp 5 | Watch "Video Activities: One Man's Return from Combat" (LaunchPad) for Exam 2 Watch the video clip "DID: Kim Noble" (Moodle) for Exam 2 Watch "Video: Is Dissociative Identity Disorder a Legitimate Diagnosis?" (LaunchPad) for Exam 2 | |
| | Tue, 10/02 | Chp 6: Depressive and Bipolar Disorders | Read Chp 6 (text) & do Chp 6 Learning Objectives (Moodle) | |
| 6 | Thu, 10/04 | Chp 6 & Chp 7: Suicide | Watch "Video Activities: Persistent Depressive Disorder" (LaunchPad) for Exam 2 Read Chp 7 (text) & do Chp 7 Learning Objectives (Moodle) Watch "Video Activities: Case of the 3-star Chef Fame is No Protection" (LaunchPad) for Exam 2 | |
| | Tue, 10/09 | Chp 8: Disorders Featuring Somatic Symptoms | EXAM 2 (Moodle): Chps 4-7 and Required Videos POSTED: MON (10/08) at 10:00am | |
| 7 | Thu, 10/11 | • Chp 8 | DUE: WED (10/10) by 11:55:pm Read Chp 8 (text) & do Chp 8 Learning Objectives (Moodle) Watch video clip "Munchausen by Proxy" (see Moodle) for Exam 3 Watch "Video: Hypochondriasis" (LaunchPad) for Exam 3 | |
| | Tue, 10/16 | • Chp 9: Eating Disorders | Read Chp 9 (text) & do Chp 9 Learning Objectives (Moodle) | |
| 8 | Thu, 10/18 | • Chp 9 | Watch "Video: Pro-Anorexia Websites" (LaunchPad) for Exam 3 Watch "Video: Man with Bulimia" (LaunchPad) for Exam 3 | |
| 9 | Tue, 10/23 | • Chp 10: Substance Use and Addictive Disorders | Read Chp 10 (text) & do Chp 10 Learning Objectives (Moodle) Watch "Video: College Binge Drinking" | |
| | Thu, 10/25 | • Chp 10 | (LaunchPad) for Exam 3 Watch "Video: Addiction to Painkillers" (LaunchPad) for Exam 3 Watch "Video: Addiction to Cannabis" (LaunchPad) for Exam 3 | |

| | | LECTURE | | |
|----|---------------|---|--|--|
| | WEEK | OBJECTIVES | ASSIGNMENTS | |
| 10 | Tue, 10/30 | • Chp 11: Disorders of Sex and Gender | EXAM 3 (Moodle): Chps 8-10 and Required Videos POSTED: MON (10/29) at 10:00am | |
| | Thu, 11/01 | Chp 11 Chp 12: Schizophrenia | DUE: WED (10/31) by 11:55pm Read Chp 11 (text) & do Chp 11 Learning Objectives (Moodle) Watch Video clip Objectum Sexuality (see Moodle) for Exam 4 Watch "Video: Renee Richards: A Long Journey" (LaunchPad) for Exam 4 | |
| | Tue, 11/06 | ELECTION DAY, NO CLASSES | Read Chp 12 (text) & do Chp 12 Learning Objectives (Moodle) | |
| 11 | Thu, 11/08 | • Chp 12 | Watch "Video: Young Man with Schizophrenia" (LaunchPad) for Exam 4 Watch "Video Activities: Postpartum Psychosis: Why Did Andrea Yates Kill Her Five Children?" (LaunchPad) for Exam 4 | |
| | Tue, 11/13 | • Chp 13: Personality Disorders | Read Chp 13 (text) & do Chp 13 Learning Objectives (Moodle) Watch "Video Activities: Antisocial Personality | |
| 12 | Thu, 11/15 | • Chp 13 | Disorder: A Treatable Pattern?" (LaunchPad) for Exam 4 Watch Video Clip "Borderline Personality Disorder: Becky" (see Moodle) for Exam 4 | |
| 13 | Tue, 11/20 | Chp 14: Disorders Common Among Children and Adolescents | EXAM 4 (Moodle): Chps 11-13 and Required Videos POSTED: MON (11/19) at 10:00am DUE: WED (11/21) by 11:55pm | |
| | Thu, 11/22 | • Thanksgiving Break, No Classes | Read Chp 14 (text) & do Chp 14 Learning Objectives (Moodle) Watch "Video Activities: Suffering from Autism Spectrum Disorder" (LaunchPad) for Exam 5 Watch "Video: ADHD: The Case of Liam" (LaunchPad) for Exam 5 Watch "Video: Medicating ADHD: Liam 5 Years Later" (LaunchPad) for Exam 5 | |
| 14 | Tue, 11/27 | Chp 14 Chp 15: Disorders of Aging and Cognition | Read Chp 15 (text) & do Chp 15 Learning Objectives (Moodle) Watch "Video Activities: Suffering from | |
| | Thu, 11/29 | • Chp 15 | Alzheimer's Disease: Major Neurocognitive Disorder" (LaunchPad) for Exam 5 Watch Video Clip "Treatment for AD: Gladys Wilson" (see Moodle) for Exam 5 | |
| 15 | Tue, 12/04 | • Chp 16: Law, Society, and the Mental Health Profession | Read Chp 16 (text) & do Chp 16 Learning Objectives (Moodle) Watch "Video: Jailing the Mentally Ill: | |
| | Thu, 12/06 | • Chp 16 | Watch Video: Jailing the Mentally III: "Treatment" in the 21st Century" (LaunchPad) for Exam 5 Watch "Video Activities: Forcing People into Mental Health Treatment" (LaunchPad) for Exam 5 | |

| WEEK | LECTURE OBJECTIVES | ASSIGNMENTS |
|-------|-----------------------|--|
| FINAL | | EXAM 5 (Moodle): Chps 14-16 and Required Videos POSTED: MON (12/10) at 10:00am DUE: WED (12/12) by 11:55pm |