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Fall 9-1-2018

# PSYX 362.01: Multicultural Psychology

Diana M. Diakow

*University of Montana, Missoula*

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## PSYX 362: MULTICULTURAL PSYCHOLOGY

University of Montana

Fall 2018 (CRN 74196)

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### COURSE INFORMATION

#### INSTRUCTOR

Diana Diaków

- *Email:*  
[diana.diakow@umontana.edu](mailto:diana.diakow@umontana.edu)
- *Office:* Skaggs 368
- *Office Hours:* Monday 10:55 AM – 12:55 PM, Wednesday 9:45 – 10:45 AM, and by appointment

#### LECTURE

- *Location:* Charles H Clapp Building 131
  - *Day:* Monday & Wednesday
  - *Time:* 3:00 – 4:20 PM
  - *Website:* [Moodle](#)
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#### COURSE DESCRIPTION

This 3-credit course introduces you to the wonderful world of multicultural psychology!

It is undeniable that each person's unique culture influences patterns of thinking, feeling, acting, and interacting. Importantly, the field of psychology has increasingly acknowledged the impact culture has on human behavior, and has been actively working to be culturally sensitive.

Throughout the course, it is my hope that you will gain a better understanding of the ways in which cultural contexts influence psychological processes, become exposed to multicultural issues regarding research and testing, achieve better appreciation of cultural groups within and outside of the United States, and consider how culture influences your interpretation of your own personal experiences.

Some of the topics discussed in this class may be of a sensitive nature or highly controversial. Furthermore, students in the class likely will represent diversity, representing different values, beliefs, and opinions. What is critical for us to remember throughout the course is to always be *thoughtfully inquisitive, engaged, and respectful*. Any form of disrespect or discrimination will not be tolerated, and students failing to abide by this standard may be dismissed.

#### COURSE OBJECTIVES

By the end of the course, you should be able to:

- Define multiculturalism and be familiar with its historical background.

- Understand how cultural differences influence research, mental/physical health treatment, worldviews, and communication
- Think critically about the impact of stereotypes, prejudice, discrimination, and racism
- Feel confident about your multicultural competence and develop culturally appropriate interpersonal skills

*psychology: Understanding our diverse communities* (4<sup>th</sup> ed.). New York, NY: Oxford University Press. ISBN: 978-0190460853.  
*Course Reserves:* Textbook is on reserve in Mansfield Library for in-library use only.

Any additional readings will be posted on Moodle

**Recommended Readings**

American Psychological Association (2010). *Publication manual, 6<sup>th</sup> Edition*. Washington, DC: APA.

**REQUIRED TEXT**

Mio, J., Barker, L., & Rodrigues, M. (2016). *Multicultural*

**COURSE EVALUATION**

Activity	Points	Additional Information
<b>Assignments</b>	<b>60</b>	
<i>Assignment #1</i>	20	
<i>Assignment #2</i>	10	*See explanation below
<i>Assignment #3</i>	20	
<i>Assignment #4</i>	10	
<b>Participation</b>	<b>10</b>	
<b>Final Exam</b>	<b>80</b>	
<b>Total</b>	<b>150</b>	

**ASSIGNMENTS (60 points)**

There will be four writing assignments offered throughout the semester. *Submitting four assignments will not garner you extra points.* Each assignment will address a unique prompt (not provided in advance), and a detailed rubric will be provided to guide your writing and establish expectations. You may turn in a draft of your assignment anytime up to one week prior to the deadline for feedback. If you decide to turn in a draft early, *you must* schedule an in-person meeting with me between your draft submission and the actual deadline to discuss your feedback, or else you will not receive the feedback. The final version of your written assignments should be submitted to Moodle as a Microsoft Word document (**or .pdf.**), and should be in APA format. See Moodle for the paper rubric, and APA style manual Ten percentage points will be deducted for each day any paper is late.

## **PARTICIPATION**

*In-Class Activities:* In-class activities will be periodically interjected into class lectures and discussions (these will not be announced ahead of time). For example, an activity may include asking you to relate information from the weekly reading to a documentary we watch, or it may involve working in a group. These activities cannot be made up, and must be turned in at the end of class unless otherwise stated – so try to make it to all classes to not miss out!(2 points each)

## **FINAL EXAM**

The exam will be based on both lecture material and the required readings, and will consist of multiple-choice and short-answer questions. The exam is worth 80 points. Details will be discussed in class prior to the exam.

You are expected to take the exam on the scheduled date. If you have an UNAVOIDABLE conflict with the final exam, please speak with me prior to the exam to schedule a make-up exam. A make-up exam will be an essay exam. Sleeping through your alarm, getting a flat tire on the way to the test, and any sickness without a doctor's note are NOT grounds for a make-up and you will receive a grade of 0 on the missed exam.

## **COURSE EXPECTATIONS**

The assignment due dates in this syllabus are non-negotiable. If you have a conflict with one or more of the due dates as a result of personal commitments, you should consider taking the class

a different semester. A make-up assignment or deadline extension (e.g., paper, reading response) may be offered **ONLY** for UNIVERSITY-APPROVED REASONS:

- Medical emergency (verified by a medical professional)
- Family emergency (verified by the Dean of Students Office)
- Participation in University-sponsored activities (verified in advance)

Other reasons for a missed assignment – family holiday, friend/relative wedding, etc. – are **NOT** approved excuses.

*An assignment missed for reasons other than the university-approved reasons will result in an exam grade of zero.*

All decisions regarding make-up assignments or deadline extensions are at the discretion of the professor. Feedback on assignments and grades will be posted on Moodle.

Therefore, you should contact me as soon as possible – preferably **BEFORE** the assignment due date – if you will miss an assignment due to the university-approved reasons.

## ETHICAL CONDUCT

*Don't Cheat. Don't Plagiarize. It's Not Worth It.*

ACADEMIC MISCONDUCT is taken seriously and is unacceptable. Please review the UM [Student Conduct Code](#). This code and procedures apply to this course. All work for this class must reflect your own work. As specified in the Student Conduct Code, academic misconduct includes, but is not limited to:

- *Plagiarism*: representing someone else's work (words, ideas, data, materials) as your own.
- *Misconduct during an examination or academic exercise*: Copying from another student's paper/exam, giving information to another student, consulting unauthorized materials.
- *Submitting false information*: Knowingly submitting false, altered, or invented information, data, quotations, citations, or documentation in connection with an academic exercise.

THE CONSEQUENCES of academic misconduct will result in a zero for that exam or assignment and the incident will be reported to the Dean of Students and the Dean of the College of Humanities and Sciences to be dealt with in accordance with UM Student Conduct Code. *It is your responsibility to know the Student Conduct Code.*

BOTTOM LINE: You do not learn anything from cheating, so seek additional resources if you are struggling and need extra help!

## COURSE FORMAT

### LECTURES

The class periods will include lectures, but will have a heavier emphasis on discussion and exposure to additional resources that represent multiculturalism. The most effective learning generally occurs in an interactive environment, so please share your thoughts, reactions, and ideas. The lecture schedule on the last page is subject to change, and any updated version will be posted on Moodle.

Students are expected to arrive on time and remain for the entire class period since it is disruptive to the class to arrive late or leave early.

Please come to every class prepared to participate. *If you miss a lecture* you are responsible for obtaining missed notes and important announcements from another student. You are responsible for all material presented in class, all assigned readings, and for completion of all assignments by their due date. If you are having trouble mastering the course content, be sure to schedule an appointment with me to discuss your difficulties. I am here to help you learn!

### **MOODLE**

Materials for the course (besides the textbook) will be available on the internet through Moodle. Incomplete versions of the PowerPoint slides for the lectures will be posted prior to class, so that you can print them and use them in class. Any readings for the course besides the required text will also be posted on the site well in advance of their due date. Class announcements and assignments will also be posted when necessary, so please check the website on a regular basis. In addition to checking Moodle, you are also responsible for checking your UM email regularly, as you may receive course-related emails from time to time.

### **EMAIL**

In keeping with the University of Montana's email policy, you must use your University account. I cannot reply to any emails that do not come from your *UMConnect* account. I also cannot communicate information regarding your grade via e-mail, so plan to schedule a meeting with me if you desire to discuss this.

Additionally, I am typically quick to respond to e-mails, but as a rule of thumb, any e-mails sent after 5 PM can expect to receive a response the next business day (apart from days that assignments are due).

However, if you have a lot of questions, I prefer you come to office hours. Also, I will not answer emails sent to me after 8pm the night before an exam. Please do your best to study in advance so that you have enough time to expect a response.

### **ACADEMIC ACCOMMODATION**

The University of Montana assures equal access to instruction through collaboration between students with disabilities, instructors, and [Disability Services for Students](#). If you think you may have a disability adversely affecting your academic performance, and you have not already registered with Disability Services, please contact Disability Services in Lommasson Center 154 or call 406-243-2243. I will work with you and Disability Services to provide an appropriate modification.

### **WRITING CENTER**

The [Writing Center](#) is available to improve your writing skills, to help you interpret assignments, to assist you in using correct formatting, and much more. The writing center is located in Liberal Arts 144 (406-243-2266). Please take advantage of this resource!

### **THE LEARNING ENVIRONMENT**

I would like this class to have a relaxed atmosphere where students can feel free to ask questions and comment on the material being presented and discussed. Please do not hesitate to raise your hand for clarification on a topic, to ask about related material, or to raise an interesting point. However, remember that not everyone has similar viewpoints, so please try to be respectful of your classmates and their opinions.

Another way to create a respectful and productive learning environment is to ensure that it is free from distractions. Therefore, please turn off your cell phones and other personal electronic devices prior to coming to class. Repeated use of personal electronic devices during class time will result in points being deducted from your course grade. If you wish, you may use a laptop or tablet to take notes.

However, if I see that you are emailing, surfing the web, or using it for any non-class-related purposes, you will lose the privilege of using it in class.

The scheduled assignments/exams and the grading system in this course apply to all students equally. *Sometimes a student will ask for special dispensation (e.g., changing a due date) or an additional opportunity to earn more points (e.g. do other extra credit assignments). **My answer will always be “No” because I do not make concessions or provide opportunities for some students that are not also provided to all other students in the course.***

### GRADING SCALE

Final grades are based on the following scale:

Grade	Percent	Grade	Percent
A	93-100%	C	73-76.9%
A-	90-92.9%	C-	70-72.9%
B+	87-89.9%	D+	67-69.9%
B	83-86.9%	D	63-66.9%
B-	80-82.9%	D-	60-62.9%
C+	77-79.9%	F	59.9% & less

Please note: I will not bump up grades that are close to the cutoff. There are no exceptions to this rule.

### Tentative Course Schedule

*Please note, this is subject to revision as necessary*

<b>Date</b>	<b>Topic</b>	<b>Readings</b>	<b>Deadlines</b>
08/27	Introduction	Syllabus	
08/29	What is multicultural psychology?	Chapter 1	
09/03	<b>Labor Day, No Classes</b>		
09/05	Cultural Identity Development	Chapter 7	
09/10	Cultural Identity Development	Chapter 7	
09/12	Stereotyping, Prejudice, Discrimination, and Racism	Chapter 6	Assignment #1 DUE, 2:55 PM
09/17	Stereotyping, Prejudice, Discrimination, and Racism	Chapter 6	
09/19	Cultural Differences in Worldviews	Chapter 3	
09/24	Cultural Differences in Worldviews	Chapter 3	
09/26	Cultural Differences in Communication	Chapter 4	
10/01	Cultural Differences in Communication	Chapter 4	Assignment #2 DUE, 2:55 PM
10/03	Culture and Health (Illness, healing & recovery)	Chapter 8	
10/08	Culture and Health; Death	Chapter 8	
10/10	Culture and Mental Health	Chapter 9	
10/15	Culture and Mental Health	Chapter 9	
10/17	Immigrants, Refugees, and the Acculturation Process	Chapter 5	
10/22	Immigrants, Refugees, and the Acculturation Process	Chapter 5	Assignment #3 DUE, 2:55 PM
10/24	Culture and Cognition	Moodle	
10/29	Culture and Emotions	Moodle	
10/31	Culture and Social Behavior	Moodle	
11/05	Culture and Personality	Moodle	
11/07	Multicultural Issues Involving Research and Testing	Chapter 2	
11/12	<b>Veterans Day Observed – No Classes</b>		
11/14	Multicultural Issues Involving Research and Testing	Chapter 2	Assignment #4 DUE, 2:55 PM
11/19	Culture and Work	Moodle	
11/21	<b>Student Travel Day – No Classes</b>		
11/26	Where Do We Go from Here?	Chapter 10	
11/28	Where Do We Go from Here	Chapter 10	
12/03	Film	Moodle	
12/05	Revision	A textbook, all assigned readings,	



Date	Topic	Readings	Deadlines
		lectures	
12/10	<b>Final Exam</b>		