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C&I 160.06: Learning Strategies for Higher Education

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SYLLABUS

C&I 160, LEARNING STRATEGIES FOR HIGHER EDUCATION

Sections 04, 05, 06

AUTUMN SEMESTER, 2002

INSTRUCTOR: Eloise Thompson, Ed. D.

CLASSES: (Autumn Semester Class Schedule, pg. 30)

| Lv | CRN | SUBJ | CRSE | SEC | ***CR | TITLE | DAYS | START | STOP | BLDG | ROOM | INST |
|------------------------------------|-------|------|------|-----|-------|----------------------|------|-------|-------|------|------|-----------------|
| U | 71668 | C&I | 160 | 04 | T 02 | Lrng Strat Higher Ed | TR | 11:10 | 12:00 | GBB | 222 | Thompson, Elois |
| Call 243-5032 for eligibility info | | | | | | | | | | | | |
| U | 71778 | C&I | 160 | 05 | T 02 | Lrng Strat Higher Ed | TR | 1:10 | 2:00 | UH | 210 | Thompson, Elois |
| U | 71789 | C&I | 160 | 06 | T 02 | Lrng Strat Higher Ed | TR | 12:10 | 1:00 | LA | 140 | Thompson, Elois |

OFFICE/HOURS: 178 Emma Lommasson Center / TR: 3-5P

PHONE: (406) 243-4880 (Call at any time, leave message on voicemail)

E-MAIL: esiolekt@selway.umt.edu

WEBSITE: www.umt.edu/eop

DESCRIPTION OF THE CLASS:

This class is designed to help new, transfer, tentative, or non-traditional students achieve academic success at The University of Montana. The following learning strategies will be covered:

1. Getting connected to THE UNIVERSITY OF MONTANA (UM) through the EDUCATIONAL OPPORTUNITY PROGRAM (EOP).
2. Learning how C&I 160 can help you succeed in college.
3. Developing your own ACADEMIC GOALS.
4. Trying to manage your TIME.
5. Dealing with STRESS that affects your studies.
6. Improving your CONCENTRATION and FOCUS on school work.
7. Improving your MEMORY for academic material.
8. Learning from CLASSROOM LECTURES.
9. Improving your TEXTBOOK reading skills.
10. Mastering your subjects, thinking critically and creatively.
11. Improving TEST PREPARATION and TEST-TAKING skills.

CLASS FORMAT:

C&I 160 meets twice a week for two elective credits. The first class period of each week (Tuesdays) will consist of lectures or presentations by the instructor. Three tests are also scheduled on specific Tuesdays throughout the semester. On the second class period of each week (Thursdays) the classes will be conducted somewhat like lab sessions including academic journal exchanges, reviewing homework assignments, or going on campus field trips.

MATERIALS

Please purchase or locate the following materials and bring them to the second class session of the semester. Having the textbooks and materials and keeping up with your assignments from the very start of the semester are important factors in your success in all of your classes.

Please locate the following:

- Current University of Montana Catalogue (Free from New Student Services office, Emma Lommasson Center)
- Current UM Telephone Directory (Free, if you can find it!)

Please purchase the following:

- Current UM Class Schedule (purchase at UC Bookstore)
- How to Study in College, Seventh Edition, Walter Pauk (purchase at UC Bookstore)
- Bear Facts date book (UC Bookstore)
- Standard size (8 ½" x 11", 3 hole, Cornell or Law-ruled notepaper (wide left-hand margin) (purchase at UC Bookstore)
- 3-ring binder and dividers (Your choice)
- index cards for making flash cards (Your choice)
- pens, pencils, colored highlighters etc. (Your choices)

GRADES

Your standard letter grade (A,B,C,D,F) will be based on the following:

- Attendance and Participation (10 points)
- Portfolio (3 parts) (40 points)
- Tests (3) (30 points)
- Career Aspirations/Dilemma Project (20 points)

90-100 total points =A, 80-89=B, 70-79=C,

Lower than 70=D or F, depending on absences or extenuating circumstances.

ATTENDANCE AND PARTICIPATION, (10 points)*

Consistent attendance and participation in all of your classes and field trips are ESSENTIAL to college success. Your attendance and participation are KEY to your success in this class. Any absences beyond three will have a negative impact on your total grade.

PORTFOLIO (40 points)****

Your Griz Tracks portfolio represents all of your written work for the semester. Written work will include 1) Chapter notes and one “gem” from each chapter 2) A weekly journal that documents your academic progress throughout the semester, and 3) homework assignments. A Table of Contents and due dates will be provided for you.

TESTS (30points)***

You will have **three scheduled tests** (10 points each). Tests will be returned to you one week after you have taken them.

FINAL REPORT, “MY CAREER ASPIRATIONS /DILEMMAS” (20points)**

Your final report is a four page, typed report on the topic, “My career aspirations or dilemmas”. The report consists of the use of a computerized career exploration program (SIGI), an oral report (given in the last two weeks of the semester) and a written report (due on the last day of the semester). You will be provided with guidelines for the report.

SCHEDULE

1. Tuesday, September 3, 2002: UM, EOP
2. Thursday, September 5, 2002: C&I 160
3. Tuesday, September 10, 2002: GOALS, TIME, STRESS
4. Thursday, September 12, 2002: Journal #1, Ch. 1,2, 3.
5. Tuesday, September 17, 2002: CONCENTRATION, MEMORY
6. Thursday, September 19, 2002: Journal #2, Ch. 4,5,
7. Tuesday, September 24, 2002: TEST PREPARATION
8. Thursday, September 26, 2002: Journal #3, Ch. 14,
- 9. Tuesday, October 1, 2002: TEST #1, Chapters 1,2,3,4,5,14**
10. Thursday, October 3, 2002: **LIBRARY (meet there)**
11. Tuesday, October 8, 2002: LECTURE NOTE-TAKING
12. Thursday, October 10, 2002: Journal #4, Ch. 9, 10,
13. Tuesday, October 15, 2002: TEXTBOOK READING
14. Thursday, October 17, 2002: Journal #5, Ch. 11, 12,
15. Tuesday, October 22, 2002: MIND-MAPPING
16. Thursday, October 24, 2002: Journal #6, Ch. 13
- 17. Tuesday, October 29, 2002: TEST #2, Ch. 9,10,11, 12, 13**
18. Thursday, October 31, 2002: **COMPUTER LAB (meet there)**
19. Tuesday, November 5, 2002: **NO CLASSES/ELECTION DAY**
20. Thursday, November 7, 2002: TEST ANXIETY
Journal #7, Review notes, Ch. 14
21. Tuesday, November 12, 2002: TEST TAKING
22. Thursday, November 14, 2002: Journal #8, Ch. 15, 16,

23. **Tuesday, November 19, 2002:** **TEST #3, ch. 14, 15, 16**
24. Thursday, November 21, 2002: **CAREER SERVICES CENTER**
25. Tuesday, November 26, 2002: MISCELLANEOUS
26. Thursday, November 28, 2002: **No Class, Thanksgiving Vacation**
27. Tuesday, December 3, 2002: Oral Reports
28. Thursday, December 5, 2002: Oral Reports
29. Tuesday, December 10, 2002: Oral Reports
30. Thursday, December 12, 2002: Written Reports/Evaluations
31. Tuesday, December 17, 2002: Go to 178 Emma Lommasson between 9 and 5