# Middle School String Improvisation and Composition: A Beginning 

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# MIDDLE SCHOOL STRING IMPROVISATION AND COMPOSITION: A BEGINNING 

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# Middle School String Improvisation and Composition: A Beginning 

Committee Chair: Dorothy Morrison

This project involved of a middle school orchestra teacher’s first attempt at teaching improvisation and composition. The journey began by teaching the basic steps in playing a twelve bar chord progression. Improvised rhythms played on one note were integrated into the progression. The students discovered how to create an improvised melody by playing two notes in a rhythmic pattern. Additional notes were added gradually. The students were asked to notate their improvised melodies and create new compositions using the same technique. After completing their composition, a narrative was written describing their melody and their experiences while composing music. A performance of their melody, with the orchestra accompanying, completed the project.

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## PROJECT INTENT

The intent of this project was to present to my middle school students the necessary tools to enable them to improvise, compose, and present music in its symbolic form. My hope was that this project would instill a greater confidence in my students’ musical creativity. Through this project they were exposed to unfamiliar musical styles which gave them a greater understanding of musical culture.

My intent as an educator was to take a risk in teaching a concept in which I have not been trained. My experience prior to this project was limited, so I hoped to gain a deeper understanding of improvisation and composition and their educational benefits. As a classically trained violinist, I also hoped to achieve a deeper level of comfort in improvising and creating melodies.

## PERSONAL BACKGROUND

In addition to playing violin in traditional string and symphony orchestras for twenty-four years, I have taught elementary and middle school orchestra for the past ten years. However, my experience in playing and teaching string improvisation has been minimal. The decision to explore string improvisation and composition with my students stemmed from a desire to explore national standards in which I had minimal training. The third and fourth standards of the National Standards for Music Education ${ }^{1}$ state that students should be taught

- Improvising melodies, variations, and accompaniments
- Composing and arranging music within specified guidelines.

As a result of these standards, an alternative style of string playing has made its way into string programs across the country. While attending the American String Teacher Association's 2005 convention, I attended several sessions on improvisation. Many of the sessions focused on how to build a program centered on improvisation or how to develop individual players’ fiddling techniques, such as note and rhythm patterns, ornaments, and listening. I must admit, I left the sessions feeling overwhelmed and inadequate. Not being trained in improvisation myself, I had difficulty embracing how I could teach it to my students. Indeed, as I researched this project, I still found it difficult to find a concrete approach that would fit into my current curriculum.

This project was chosen partly as an impetus for me to take the leap I should have taken some time ago. My research included reading Julie Lyonn Lieberman's, ${ }^{2}$

[^0]Alternative Strings: the New Curriculum and watching the DVD, Techniques for the Contemporary String Player, also by Ms. Lieberman. Alternative Strings provides a detailed history of many types of fiddle playing such as Bluegrass, Acadian, Celtic, Blues, and Jazz. The book also includes a list of artists who excel in each area with examples of CD's exhibiting their technique. In Techniques for the Contemporary String Player, Ms. Lieberman demonstrates different bow hand and left hand techniques used in various styles of fiddling. While these resources provided much needed background in improvisation, they did not provide concrete examples for how I could teach it to my students. I tried using the Fiddler's Philharmonic curriculum written by Andrew H. Dabczynski \& Bob Phillips but felt using this printed approach to improvisation wouldn’t fulfill the creative intent of this project. Thus, I shared my frustrations with the band instructor at my middle school, Gary Hansen. His suggestion for an approach using the 12-bar blues made sense. It was practical and applicable to what I was trying to achieve: teaching my students how to create a melody on top of a chord structure. Moreover, in "Teaching Improvisation in the School Orchestra: Classical Practical Approaches", Dr. Robert Gillespie ${ }^{3}$ suggests using a chordal approach to improvisation that supported Mr. Hansen's approach. Bob Phillips ${ }^{4}$ article Developing Improvisational Skills in the String Orchestra concurs.

This was a process I felt I could master and one in which my students, who have little or no improvisational experience, would find success. My students and I completed this project in May 2007.

[^1]
## STUDENT BACKGROUND

This project was created for and taught to fifty-five students in my seventh and eighth grade orchestra classes at West Middle School in Rapid City, South Dakota. The majority of students began playing their instrument in fourth grade orchestra. Three students began at a younger age through the Black Hills Suzuki School. Nineteen students study with a private instructor in addition to their participation in school orchestra.

Classes in the fourth and fifth grade are held twice a week. The students come to orchestra five days a week beginning in sixth grade. Techniques are taught through scales, exercises, and musical literature. Students participate in a holiday concert in December, a city-wide orchestra festival in March (Strings In Concert), Solo and Ensemble in April, and conclude with a Pops Concert in May. A guest clinician works with the Strings In Concert orchestras, and the students are required to audition for their chair. Music for each event is chosen with the express purpose of furthering the orchestra's technical ability.

Few, if any, students had been exposed to the level of improvisation and composition this project afforded.

## PROJECT PLAN

The following is the lesson plan progression I followed to teach the unit on improvisation and composition.

The unit was taught to students in $7^{\text {th }}$ and $8^{\text {th }}$ grade orchestra during a two week time period. The orchestras met during two separate class periods, and so the lesson was taught twice; first to the $8^{\text {th }}$ grade and then the $7^{\text {th }}$ grade.

I had the following objectives for my students:

1. Learn the 12-Bar chord structure.
2. Improvise rhythms on one note.
3. Improvise using two notes.
4. Compose using four notes.
5. Compose using all eight notes of the scale.
6. Listen to examples of Bluegrass, Irish, and Jazz string improvisation for style characteristics.
7. Add ornaments, if desired.
8. Write the composed melody on staff paper.
9. Write a narrative about the created melody.
10. Perform the melody for the class.

The students were given a handout with the notes of each chord written in octaves. Included on this handout were numbered scale degrees of the D-Major scale and the 12bar chord progression. The progression is

$$
\mathrm{I}-\mathrm{I}-\mathrm{I}-\mathrm{I}-\mathrm{IV}-\mathrm{IV}-\mathrm{I}-\mathrm{I}-\mathrm{V}-\mathrm{IV}-\mathrm{I}-\mathrm{I}
$$

The creative unit began with teaching the 12-bar chord progression. The students were asked to play each chord as one measure in a $4 / 4$ time signature. They were asked to create a rhythm the class then played for 12-bars.

The students progressively added notes on top of the chords, making sure to use scale degrees that fit the chord. Volunteers demonstrated their creations, and we played it as a class. As they become more comfortable with the process, they played their creation
as a solo, with the rest of the class accompanying. They were asked to write their composed melodies on manuscript paper. Various ornaments were demonstrated, and the students added them to their melodies if they desired.

The students were asked to write a narrative describing their composition. The narrative included a story inspired by the melody and describes the individual's thoughts and feelings regarding improvisation and composition.

A performance for the class of their composition completed the unit. Reading the narrative was omitted if the student felt uncomfortable sharing.

## PROCESS

Using the Project Plan as a guide, the following is a detailed account of each step of the plan.

## Learn the 12-Bar Chord Structure

The students were given a handout (see Appendix A on page 26 for handouts given to each instrument) on which I wrote the notes of each chord in octaves, the notes of the D-Major scale with scale degrees, and the 12-bar chord progression. Figures 1-3 below show the notes of the chords.

Figure 1. Notes of the "I" chord in treble clef


Figure 2. Notes of the "IV" chord in treble clef


Figure 3. Notes of the "V" chord in treble clef


The three notes of the chord were identified as the first, second, and third note of the chord. We began by playing each chord on the rhythm found in Figure 4.


The students were instructed to choose either the first, second, or third note of the chord to be played for the duration of the measure. The students had difficulty choosing
which note to play, so I assigned each instrument a note. The cello and bass players were asked to play the first note of the chord, the viola and some violin players played the second note, and the rest of the violins were asked to play the third. We played the chord progression several times with success before I asked them to try choosing notes again. They then played the progression with ease.

## Improvise Rhythms on One Note

After successfully playing the progression using the rhythm in Figure 4 on page 7, students were asked to play the same progression using a new rhythm shown in Figure 5.

Figure 5. New rhythm


We found that bowings ${ }^{5}$ needed to be added to play the rhythm with the correct articulation. Therefore, I modeled several bowings, and the class decided which would work best for them. The progression was played accurately with the new rhythm and bowings. Again, students were asked to remain on one note for the duration of the measure.

Next, the students were asked to create a new rhythm and share it with the class. Several students played rhythms, which I notated on the board complete with bowings (see student created rhythms in APPENDIX B on page 30). We played the chord progression as a class with the improvised student rhythms. I was surprised at their level of enthusiasm. The $8^{\text {th }}$ graders picked rhythms that were well-known but the $7^{\text {th }}$ graders

[^2]pleasantly surprised me by picking more complex rhythms. The creativity of the $7^{\text {th }}$ graders suggested that they were perhaps less inhibited than the $8^{\text {th }}$ graders.

## Improvise Using Two Notes

After successfully creating a rhythm using one note, I asked the orchestra to improvise a melody using two notes in a rhythm each student created. The students were asked to "solo" their melody while the orchestra played the chord underneath. We started with the "I" chord. I asked them to pick a note of the chord, choose another note with a scale degree of $1,2,3$, or 5 , and play the two notes in an improvised rhythm. This proved to be a mistake. There was no masking the confusion on their faces. Some students valiantly tried to improvise, but most failed.

So, I changed course. Instead, I asked them to play a note of the chord and improvise using a neighboring note and a rhythm of their choosing. I demonstrated by playing a two-note melody on my violin while the orchestra played the chord using the rhythm in Figure 4 found on page 7. Time was given for the students to create a two-note melody. We started playing the chord, and I asked for volunteers to play their melody. One or two students volunteered, but the rest remained committed to only playing the chord. I stopped the orchestra and asked how many students were afraid to play their melody for fear the other students would laugh at them. A few students raised their hand. I asked if they didn't want to play their melody because they thought their improvisation wasn't very good. Practically everyone raised their hand. I shared with them my own insecurities about improvising. I told them that I didn't think what I had demonstrated was anything special, but when we improvise, we have to take a risk. Improvising involves no wrong answers!

Following this, I asked the orchestra to play the chord again but this time, instead of asking for volunteers, I called individual students to play their melody. Everyone participated, and I made a special point to tell each student how fabulous their melody sounded.

Many students chose to improvise using a rhythm that had been demonstrated earlier, despite my encouragement to try something new. At the conclusion of the lesson, the students were asked to notate what they had played and create new two-note melodies at home. When they returned the next day with completed compositions, a few students volunteered to play their creations for the class. The improvised melodies were creative.

## Compose Using Four Notes

Following the success of improvising using two notes, I took the class through the next step of improvisation and composition. This step added two additional notes to an improvised rhythm.

The rhythm in Figure 6 was written on the board.
Figure 6. Improvised Rhythm


Next, I wrote the numbers $1,2,3, \& 5$ on the board and had the class copy it onto the handout given previously (see Appendix A on page 26). I asked the students to find notes with scale degrees $1,2,3$, or 5 on their handout and point to them. These were the notes they could use to create a melody on a "I" chord. Figure 7 illustrates the notes.

Figure 7. Scale degrees 1, 2, 3, \& 5 in treble clef


To demonstrate for the students, I played the rhythm on my violin using the scale degrees in the order written on the board (1, 2, 3, \& 5). Then, I played the rhythm with the scale degrees in a different order (i.e. $3,1,5, \& 2$ ) and explained that the order of scale degrees could be changed to create a different melody. To help the students understand, I explained that in Math the sum of $1+2+3+5$ is 11 , but that the sum of $3+1+5+2$ also equals 11 . The chosen order of the scale degrees wouldn't matter because in the end, they all made up a melody in the "I" chord. This made sense to them!

The students were then asked to write a combination of scale degrees on paper and then play the combination on their instrument using the rhythm provided. After a few minutes, I asked every student to play their combination with the rest of the orchestra accompanying on the chord. The newly composed melodies were creative, and the students were excited. I pointed out in the chord progression, the "I" chord is used in four consecutive measures. I asked if they thought they could create four different combinations of notes. They all agreed they could. Then, I asked if they thought they could create a different rhythm for each measure. They thought this was possible as well. The class was showing more confidence in the process than previously observed. This suggested they were ready to proceed to the next chord.

I wrote "IV" on the board with the numbers $4,5,6, \& 8$ next to it and asked if they could create a measure with these scale degrees. Figure 8 portrays the notes.

Figure 8. Scale degrees 4, 5, 6, \& 8 in treble clef


Most went right to work creating a new pattern. A few students played their creations for the class.

The "V" chord uses the scale degrees 5, 6, 7, 2. Figure 9 depicts the notes. Again they were asked to create a melody for the "V" chord.

Figure 9. Scale degrees 5, 6, 7, \& 2 in treble clef


Pointing to the 12-bar chord progression, I explained that their homework for the evening was to create a different melody for each measure using the chords as their guide. When asked if anyone was confused, only a couple of students raised their hands. As they left class talking with one another about their compositions, I was elated. We had made progress with improvisation and composition.

## Composing Using All Eight Notes of the Scale

The students returned to class the next day with a few measures written but not the entire 12-bar melody. I realized I should have given them more time to create. Nevertheless, we proceeded with the next step in the process. I wrote the scale degrees for the "I" chord on the board and asked the students if they thought the $1,2,3, \& 5$ notes were the only notes that could be played during the "I" chord. They looked confused, so I played them the first measure of the Brandenburg Concerto \#3, Second Movement, which contains an entire G-Major scale played on a "I" and a "V" chord. I asked if the measure contained notes other than the ones listed for the chords and if so, if it worked within the chord. They agreed that it worked. I wrote the scale degrees 4, 6, \& 7 underneath the other numbers and called them "non-dominate" ${ }^{6}$ notes. Figure 10 below shows this.

[^3]Figure 10. Non-dominate notes in the "I" chord


Next, I explained that in a "I" measure all the notes of the scale can be used as long as the strong beats of the measure used the $1,2,3$, or 5 scale degrees. The class still looked confused, so I provided an example. Using a new rhythm, I played the notes in the order shown below in Figure 11.

Figure 11. Scale degrees played in order


When asked if what I played sounded melodic, the students agreed it did. I explained a strong beat as being anything on the beat and not off the beat, more specifically being the first or the third beat in the measure. Figure 12 shows the next example played.

Figure 12. Scale degrees played in a different order


Following the example, students also said it sounded melodic. So, I asked them to accompany me on the "I" chord while I played the same example. They took no time in telling me it didn't work. So, I asked them to play the "IV" chord while I played the same measure. This time the melody worked. I explained that the note played on the strongest beat of the measure (beat 1) was dominate in the "IV" chord, so the melody worked better with that chord.

The non-dominate scale degrees in the "IV" chord were identified as scale degrees 2, 3, \& 7 as shown in Figure 13.

Figure 13. Non-dominate scale degrees in the "IV" chord


Figure 14 shows the non-dominate scale degrees in the "V" chord which are scale degrees $1,3, \& 4$ :

Figure 14. Non-dominate scale degrees in the "V" chord


At the conclusion of the lesson, the students were asked to re-write some of their measures to include the "non-dominate" notes. One student asked if she actually had to re-write what she had already written because she liked what she had and didn't want to change it. I told her what she had was like macaroni and cheese from a box. Sure, it tastes good, and she enjoys it but wouldn't it be fun to go to a nice restaurant and get even better macaroni and cheese that had more than one cheese and fancy spices added to it? She smiled, and said she'd change some measures. The students' melody, narrative, and performance would be due within five to six days, and they were expected to have a few more measures prepared for the next class period.

## Listen to Examples of Bluegrass, Irish, and Jazz String Improvisation for Style

## Characteristics

For this project, CD excerpts were played throughout the course of the unit, demonstrating the styles of Bluegrass, Irish, and Jazz string improvisation. The orchestras were exposed to pieces played by masters of their craft. As we listened, I asked the students to pay particular attention to characteristics in each improvisational style.

In Heartland: An Appalachian Anthology, I played pieces that contained not only fiddle solos but also cello and bass solos. Classical violinist Joshua Bell and cellist YoYo Ma joined crossover artist Edgar Meyer and roots-based musicians to compile this CD. I felt it was important for the students to hear classically trained artists excel at improvisation. The students identified the following characteristics of Bluegrass music: 1) rhythms are played primarily on the beat, 2) ornaments such as slides and multiple note grace notes are used, 3) double-stops (thirds, fourths, and sixths) are used, and 4) drones ${ }^{7}$ are commonly added for depth of tone.

Regina Carter's CD, Rhythms of the Heart, was used to introduce jazz fiddling. I picked the piece, "Oh, Lady, Be Good!" because it includes virtuosic solos by violinist Carter, guitarist Rodney Jones, pianist Werner "Vana" Gierig, bassist Peter Washington, and drummer Lewis Nash. The song begins as a slow ballad and then bursts into a fullblown Jazz extravaganza. I asked the students to pay particular attention to the accompanying instruments and what they were doing to support the solo. The students identified the following Jazz characteristics: 1) syncopated rhythms are predominating, 2) swing rhythms are used, 3) accents are placed on the off beats, and 4) ornaments include the use of a slow slide.

To hear traditional Irish fiddling, students listened to Kevin Burke’s CD, Sweeny's Dream: Fiddle Tunes from County Sligo, Ireland. We also listened to excerpts from Swagger by Flogging Molly so they could hear the use of fiddle in Irish Punk. Mr. Burke plays a multitude of fiddle tunes to perfection and the students enjoyed listening to him, but what really caught their attention was Flogging Molly. They were thrilled to hear a fiddle play in a punk song. "This is the kind of music we listen to," one student

[^4]exclaimed. The students identified the following characteristics of Irish fiddling: 1) triplets are used often, 2) multiple-note grace notes are used often as ornamentation, and 3) the up bow is often used on a strong beat as opposed to a weak beat.

## Add Ornaments, If Desired

Following instruction on adding all notes of the scale to their composition, ornaments and their use in melody were explained.

Trills, single-note grace notes, multiple note grace notes, slides, and glissandos (ornaments) were demonstrated, and the students were given the option of adding them to their melody. I told the students that a musical ornament is just like a Christmas ornament: you add an ornament to an existing melody just as you add an ornament to an existing tree. A melody is beautiful with or without ornaments as is the tree. They were encouraged to choose a style for their melody - bluegrass, Irish, or jazz - and should add ornaments characteristic of that style. Each student was free to add ornaments as long as their use didn't distract from the beauty of the melody.

## Write the Composed Melody on Staff Paper

At the conclusion of the instruction on improvising rhythm and melody, and the use of ornaments, the students were asked to notate their composition.

The students were given staff paper to compose their melody. After the steps of the process were completed, they were asked to submit a rough draft to me for corrections and suggestions. I played through each melody with the student present and made any necessary corrections in rhythm and notation. I also made suggestions of different note choices if the notes in the measure didn't follow the chord progression. I
played what they had written and then played a suggested change and asked them to choose which they preferred. Some students took the suggestions, while others chose to stay with their original melody. They were asked to write their revised final draft on a Final Assignment Sheet (see Final Assignment sheet in Appendix C on page 31).

## Write a Narrative about the Created Melody

A song often tells a story and the students' newly created melodies were no exception. They were instructed to write a brief story that was inspired by their melody or by the process of creating their melody (see the instructions in Appendix D on page 33). I told them the story need not be more than a paragraph but it had to be about their song. I also asked them to include a paragraph describing their experiment with improvisation. They were asked to answer the following questions:

- Were you excited or nervous when we began the unit on improvisation? Did you "freak out" at all?
- Were Ms. Schnittgrund's explanations easy to understand?
- Were you confused and if so, what did you do to end the confusion?
- How did you feel after completing your 12-bar melody?
- Were you pleased with the finished product?
- Will you continue writing music?

I wanted to know how this project personally affected them. A space was provided on the Final Assignment Sheet (see Appendix C on page 31) for them to write their story and personal experience. I knew from my own history that the act of creating something new can be a frightening and confusing experience. Creating is deeply personal, and for students in middle school, putting yourself in front of others can be an overwhelming experience. I felt it was important for them to process the experience.

The students' stories were brief yet entertaining. Several students wrote a detailed story and others wrote little. Their individual response to the experience was intriguing. Several students admitted the project intimidated them, but acknowledged that after instruction was given, they were less afraid. A fair number of students were pleased with their final project, while others felt their composition wasn't very good. Some students said they would continue writing, but quite a few surprised me by admitting they didn't wish to continue writing music.

## Performance

A performance was scheduled for the students to play their melodies with an orchestral accompaniment. We began by rehearsing the 12-bar progression, using the rhythm in Figure 4 on page 7. The students were given an opportunity to practice with the orchestra accompaniment. After several rehearsals, they were asked to play their melody.

A few students met with me privately and expressed fear in playing their melody in front of the class. I agreed to play alongside them if it would help. Several students in my orchestra struggle to keep up with the rest of the class. Their melodies were good, for the most part, and I wanted to maintain their feeling of accomplishment. The last thing I wanted was for them to feel discouraged by their performance. I am extremely proud of their work.

I am not entirely pleased with the students' final performance of their melody for several reasons. First, they were not prepared to play in front of the class. They weren't
prepared either because they hadn't practiced, their melodies were beyond their playing ability, or they hadn't taken the performance seriously.

Second, nearly half the $8^{\text {th }}$ grade class procrastinated and never learned how to play their "thrown together" melody. One $8^{\text {th }}$ grade girl said she didn't feel she had enough time to complete the assignment. However, I was confused why five days (including a weekend) hadn't been long enough. To be honest, this frustrated me. I had given them plenty of time to complete the assignment; however, they'd waited until the last minute to work on it. In contrast, those that completed the assignment immediately after it was assigned said it was easy: they didn't have much trouble at all. This half of the class shared their joy in learning improvisation and composition.

A third reason for my disappointment was that the melodies contained inaccurate rhythms. Despite my efforts at editing, some student's final work still contained errors.

Finally, playing with the orchestra accompaniment proved difficult. One student in particular had written a lovely melody that was rhythmically accurate on paper, but when she played it with the class, she wasn't able to keep up. This was true especially for $7^{\text {th }}$ graders. I volunteered to play with many students so they could complete the performance with pride and dignity.

Those students who knew their melody played beautifully. I was delighted to hear students who struggle in class play something they had written. Despite the difficulties, I am extremely proud of my students for standing up in front of their peers to play something they created. It takes a great deal of courage to present something so intimate to a group of teenagers.

## CHALLENGES

The unit on improvisation and composition was taught throughout the course of two weeks. The students were asked repeatedly if they understood everything presented to them. I didn't want to proceed if the current topic wasn't crystal clear. A few students came to me privately to discuss concepts that were confusing to them, while others asked their questions in class. I was grateful for the opportunity to end their confusion and advance with confidence. We had covered most of the major steps of the process by the end of the first week, and used Friday's class period to discuss anxiety and writer's block. What I didn't realize at the time was that many students were struggling with rhythmic notation. At the end of class, an eighth grade student approached to show me her composition. The first measure contained only three beats whereas the second measure had six beats. I quickly explained to her that each measure could only contain four beats, so she needed to choose note values that fit the measure. Next, I made a hasty announcement to the class, asking them to double check their rhythms making sure each measure contained four beats. Then, a $7^{\text {th }}$ grade cello player (and a percussionist in the band) showed me a rhythm with which she was struggling. The measure contained five beats! I helped her adjust the rhythm and again reminded the orchestra to double check their rhythms.

My heart began to race as I contemplated having two orchestras come to class Monday with flawed rhythms. I tried to recall where my teaching had taken a wrong turn. The students had done a beautiful job of creating rhythms for the class, and I'd even written them on the board. But not everyone had volunteered a rhythm, and I hadn't asked them to record anything in their notes. It was such a foolish mistake. I had
assumed the students would be able to notate a rhythm, but this was something that hadn't been taught. A questioned burned in my brain: Should I wait and see what happened Monday or help them by providing rhythms they could plug into their piece? I opted for the latter.

I had already prepared a computer document with the rhythms they had created (see rhythms in Appendix B on page 30) and decided to give a copy to them. Of course, they had already been to class that day, so I wouldn't see them again. An announcement at the end of the day indicated they should report to the orchestra room to receive a handout. Many seemed relieved to have the rhythms provided for them, so I felt a bit better about their upcoming final products.

However, if the students couldn't notate rhythm, I should have realized they would have difficulty writing notes with stems, flags, articulation, dynamics, and such. On Friday, a student showed me her melody which had the stems of each quarter note placed on the wrong side, pointing in the wrong direction. I hadn't anticipated the students having difficulty with music notation. But in retrospect, I realized the few times the class had been asked to use musical notation was when I had written something on the board; they had merely copied it onto their paper. Months earlier, they had completed theory worksheets but had apparently forgotten the concepts. So, a "Notation CheatSheet" (see Notation Cheat Sheet in Appendix E on page 34) was provided on Monday, in manuscript form, for their consultation. I went through the sheet in class explaining all the notations. The students were now equipped with proper tools to accurately articulate their melody.

Discipline problems were minimal with the exception of one student. From the outset, this student seemed disinterested in the project and extremely interested in getting other students to pay attention to him. I called him aside and asked if he would prefer completing his project in the Alternative Discipline Room. He chose to stay in class and stopped his disruptive behavior, but he still refused to participate in the assignment. I called his parents to explain the situation and express my concern. His mother was very supportive and informed me that her son would complete the assignment. He called me later that evening for directions and promised to have something to turn in the next day.

Unfortunately, this student was not the only unprepared string player in the group. When checking their rough drafts, I was dismayed to find a handful of students hadn't completed their assignment. They had been given five days to complete their melodies but had waited until the last minute to finish the assignment. I wondered if the instruction had been confusing for them and asked for feedback. For the most part, they had procrastinated. I suggested simple solutions to finish the assignment on time and encouraged them to submit whatever they had. Every student submitted a final assignment.

Despite the challenges, all students were able to complete the assignment.

## CONCLUSION

The intent of this project was to present to my students the necessary tools that would enable them to improvise, compose, and present music in its symbolic form. My intent as an educator was to take a risk in teaching a concept in which I have not been trained. This project was a success on several levels.

First, the students were able to complete a melody with the given instructions. Every student that participated in the instruction produced a melody and a narrative ${ }^{8}$ (see Student Examples in Appendix F beginning on page 35. For reasons of privacy, the student names have been omitted). The completed works are inventive and fun. While most of the melodies are not perfect, they are a creation of each individual student. I believe their melody will be a hallmark of their experience in middle school orchestra.

Second, they were excited about improvisation and composition. One student told me he was excited to learn how to write a melody because he had been trying to write something on his guitar but didn't know how. He later told the class that he was glad he learned the steps because he thought a progressing musician should know how to do higher level skills such as composition. After the first class, a cello player said, "I like your projects, Ms. Schnittgrund! They're fun!" Not only were they excited but, they were proud. They presented their melody with pride and self-satisfaction. I was surprised to learn how many kids enjoyed (and valued) learning how to write a melody.

Third, the students explored different musical cultures. Only a handful of students had ever heard Bluegrass, Irish, or Jazz fiddle playing. They were asked to think of their melody in terms of style and relate it to a story. Sarah, an eighth grade violinist, told me she had "Goggled" Natalie McMaster to hear more Irish fiddle playing. So

[^5]perhaps, even for just two weeks, they thought of music in terms of more than one culture.

And fourth, an educator was able to teach an unexplored technique with success. I am pleased with the project's progression and end result. Granted, some things didn't produce the desired results, but for the most part, the concept was successfully taught and understood. I am pleased that I took a risk in teaching something outside of my area of expertise and it was a success.

Several aspects of this unit will be changed before presenting it again next year. First, I will teach this unit over the course of the entire school year and never try to pack it into two weeks. In all honesty, I waited until every concert was over so I could focus entirely on this project and nothing else. Also, even though my classes were at the top of their playing abilities (for their grade level) it was too much to pack into two weeks.

Second, I will have students play solo creations often but informally. Nothing as fancy as a 12-bar progression played in front of the class, but something simple. I believe a portion of the difficulty we faced in performance was due to lack of courage in their creation.

Third, I will teach the meat of this unit in $7^{\text {th }}$ grade and refine and add detail to it in $8^{\text {th }}$ grade. One thing I learned from this experience is the younger students were more willing to accept direction and do the assignment. The $8^{\text {th }}$ grade was much more stubborn. The two classes received equal lessons, but had different outcomes. I believe if the $8^{\text {th }}$ grade has the tools when they arrive in September, it will be easier to embellish their melody.

Fourth, band teacher Gary Hansen tells his jazz band to KISS, Keep It Simple, Stupid. In contrast, in orchestra, we got way ahead by adding ornaments, syncopation, and such. The kids couldn't play their own melodies because they were too hard! Again, this unit will be taught in an appropriate amount of time to allow the students to absorb one concept before moving onto the next.

Finally, I will teach music notation consistently. I plan to focus on improving my students' notation capability. Next year, I will stock each folder with staff paper so when we improvise a melody, the students can write it out on paper.

This project laid the groundwork for my students to plant their own seeds in improvisation and composition. It gave them the tools to plant a beautiful garden. I wish I had been given the opportunity to do this when I was their age. My hope is they will take this experience and "put it in their back pocket". Perhaps then they will remember it, take it out, and realize they created something from nothing. That is truly amazing.

## APPENDIX A: HANDOUT PER INSTRUMENT

Figure 15. Violin handout



Figure 16. Viola handout


Figure 17. Cello handout


Figure 18. Bass handout
BASS

$\qquad$

0

## APPENDIX B: STUDENT IMPROVISED RHYTHMS

Figure 19. Student improvised rhythms


Note: The measures were played individually and not as a unit.

## APPENDIX C: FINAL ASSIGNMENT SHEET

Figure 20. Final assignment sheet
Name \& Instrument:



## APPENDIX D: NARRATIVE INSTRUCTIONS

Figure 21. Narrative instructions

1. Notate your improvised melody on the staff. Make sure to include your name, instrument, clef, key signature, and time signature. Include bowings and dynamics.
2. Please write a brief story inspired by your melody in the space provided below.
3. Include a paragraph describing your experiment with improvisation:
> Were you excited or nervous when we began the unit on improvisation? Did you "freak out" at all?
> Were Ms. Schnittgrund's explanations easy to understand?
$>$ Were you confused and if so, what did you do to end the confusion?
$>$ How did you feel after completing your 12-bar melody?
$>$ Were you pleased with the finished product?
> Will you continue writing music?

## APPENDIX E: NOTATION CHEAT-SHEET

Figure 22. Notation Cheat-Sheet


APPENDIX F: STUDENT CREATIONS
Figure 23. Student A


I thought writing it was hard at first But later on it goteasier.

Figure 24. Student B

magical feelings
I can honestly say I did freak out at the end when we had to preform for the class. I was not to hip on having to write our ow on melody. Hes they were pretty easy to understand on mu part. was confused when we first I felt ok I felt I could do better though. I wis pleased just I felt could ot done better. NO I don't think I will continue writing or placing.

Figure 25. Student C. "A Song to Billy Joe"


Once upon a time there was a young boy named Bob. Now Bob was a very kind brother and a friend and he loved doing kind things for his friends and family. So one day he decided to write a song for his friend Fred. You see, his friend Fred was having a very interesting life right then. A lot of things were going wrong for him so Bob decided to help him out by writing an encouraging melody for Fred. Little did he know that Fred was also composing a song to give to him. The day Bob decided to give the melody to Fred, Fred decided to give the song to Bob. This is the song they wrote together, using parts of their own melodies. And in the end they gave it to their best friend in the whole world, Billy Joe. So without further ado, a song to Billy Joe.
-Kristianna Blackler-
Tuesday, May 22, 2007

At the beginning of this unit I was nervous because I didn't understand any of it. Now I understand it and I am not nervous as much. I didn't really freak out unless I didn't understand what she wanted us to do. Ms.Schnittgrund's explanations were easy to understand once I got a hang of what she was saying. I was not confused because she did explain very well. After I have written this 12 bar melody I feel satisfied and I feel I could write a song if I really felt like doing so. I was pleased with my finished product and with my others trials as well. I think that I might consider continue writing music, it was fun and interesting and I really like playing so I should try writing as well.

Figure 26. Student D. "12 Bar Moods"


This is a story about a boy who loved to play celtic music and jazz. One day when he was walking in the woods he lost his way. After he got home


I was excited when we began the unit. I didn't quite get it at first when we got the project, but when I came in before school I knew exactly what to do.

In the end I like my melody, In pleased with it. I probably will continue writing music.

Figure 27. Student E


$$
\begin{aligned}
& \text { This is the story of a teenage boy } \\
& \text { who is writing a song but is just putting } \\
& \text { down random notes in dopes that the song }
\end{aligned}
$$

will turn ont O.M.
I wasn't nervous about thu project inn tit
saw Ms. Schnittgrund's camera to record
with. Her explanations were easy to understa
and didn't co.fnse me. I feet pretty geod with my finished product but prohabl-1 wont continue writing music

Figure 28. Student F


| My sture consists at a cornival. There is a lot of excitement at the beginis. Two liens were rumaing would the little track ond then thore is sesceace, The trong buts his heel in the line muthereveryone is worrid and nempues to m hes life. At tikend though he takes his heol out and everyone applouds. <br> I wos very nerevacs for this. I didn' 4 think that my sang woull be the her dest in the closs but it timed aut it was. <br> Ms, Sctrittorun's exp cmations were really easy. She told us what to 6 verecosilysit wosn't hom! to make. <br> I wov never contusuls <br> I felt that my Sung was ver tall tur it sounled gool when Ms. Schnittgrun played if on piaro. <br> I was ver pleased but I thowh I wavidn't be <br> I proually will. tre, to but I might not saccseld with Mns. Schnity's instructions. |
| :---: |

Figure 29. Student G


Since it is so close to summer this song males me feel like summer. It is very upbeat and happy. It sounds like youré stating your day and got off on the RIGHT side of bed. It Continues in the happy mood and ends on a happy trio of notes. I really like how this sounds.
I was kind of nervous and a little excited when we started this improve section. Mrs. Schnittgrund's instructions were a little confusing at the beginning but as we progressed it loecame move clear. I felt very independent after completeing my melody. I was very happy with my final prided. I probably wont continue writing masc became probably wont tales a lo that.

Figure 30. Student H


My song was inspired by the on ky thingy 1 know -Music. My mom played the guitar and sang. She got me started in my music. There honestly was no story behind my 12 measures of music because when I write I don think, ! just play. It just comes from the heart. Music is my. escape, my other wort d. This is the product of my world. It's my master piece.

I was very excited about this. I was also nervous. I've only written the explanations were easy to understand. I was confused but not about what to white it was about What the me should I write.

1 decided to just write and sec where it led me. I created a BuocorassJazz Song. I felt great after completing my 12 bar melody I feel very pleased with my finished product. I will defincites continue writing music.

Figure 31. Student I


Hello, my name is Ben Hillard + I play the vidin. My piece was entitled "The Rain", because I had written it during a rain storm, hence the many decending notes. Then, I didn't think that name fit, so it is currently, t probably forever will be, untitled.

When Ms. Schnitt told we we were doing improv, I sort of wert," Dang it! I'm going to suck!" But one we started it, I found that it was allot easior than it sowed. Her explanations really hopped out. I didn't use much of the stuff e she taught us, but I plan to use it in athon songs I'm going to wright.
when I finished my melody, I didn't think it was very good, But when I played it for the dass, I tonght it was good. I was very happy with it. It has really encouraged me to write my
own music.

Figure 32. Student J

$\square$
$\square$
I'm not really sure if anything inspired my song. I really just played until I found a sound that I liked (13) measure) + tried to build off of that. I like it though because it's a simple melody, but still kinda fun.

When Ms. S. puroposed I was nervous. But
She explained it well, t I had fun:

Figure 33. Student K


Figure 34. Student L


Figure 35. Student M
$\qquad$


My name is Taylor Linn, this song is about my Uncle Dan \& how he never stops talking \& parley stops to take abreath.

When told about this I was excited \& nervous because I had just wrote a song for piano o it was kind of hard. The way Ms. Schnittgrund explaned it was realy easy to under stand. The assinment wasen't hard to understand. I felt good after completing something on my own. I am really pleased ing with my finished project. This summer I will most likly write music.

Figure 36. Student N

whenwebegan this unit on improvisation
I was nervous because I thought it was going to be hard and confusing. El kind af freaked out because 1 didn-t think that I'd be able to write a song that sou dod okay'
Ms. Schnittaruma's explanations were confusing at first, but after a co nile I Yes, I was confused at first
notes I could vie ard what to what worked best, but after a unilhelis understood that too user uncle I when I finished I felt that Mysore wash't very good, and I was nervous to Noil i wast af the class.
My finished product complelypleased with displeased with it either i was nt completely I think llicontinver. but 1'1 follow my our rules though.

Figure 37. Student O


Figure 38. Student P. "Snowboard Blues"

"Snowboard Blues" portrays how I would be in Switzerland, boarding down a mountainside when I would suddenly hear the music coming from the Montreaux festival. I would stop and listen to the rest of the song.

When Miss Schnitt grund told us we were starting a unit on improve, I was ambivalent about it. Imean, I wasn't really excited or freaked out about it, I was just O.K. with it. I thought Miss Schnitl grand's explanations were easy to understand and I wasn't really confused ever. I was a little anxious, though, to get to where me could actually write the melody, instead of waiting on people. Ifelt great after completing my melody, because I had done it 4 it sounded good. I am pleased with the finished product, i w hill keep writing music.

Figure 39. Student Q. "Calypso Vacation"


Figure 40. Student R. "A Song For Bob"



Figure 41. Student S


Figure 42. Student T


This song is about someone who's taking a hike in the woods. They get lost. After a few days, they finally find their way home,

- When we started this activity, I wa nervous, but not "freaked out." - Mrs. Schnitgrund explained every thing very well.

I wasn't confured at all.

- After I completed the 12 bar melody. I was proud af myself,
- I was very pleased with the finished product,
- will continue to write music, but mostly for guitar.

Figure 43. Student U. "Passing Grade"

Name \& instrument:


Passing Grade
is the name of this piece. The piece in the first draft really sucked loutafter. lot's of edits (or rehab) It came out better The title is the inspiration, I just wanted to pass the project.
Though it was abbot more complecated then I thought it was fun to $d_{0}$, but Confuseing in some part but soon cleared up.

I probaly won't write any more music, its to complicated.
every thing was ca si to understerd partically the "Cheat sheet"

Figure 44. Student V. "Life’s Just Rhythm"


When Ms. Schnittgrund told our class about this composition project, alarms immediately went off in the back of my mind. I had written one other melody over the summer and the long three months to write just thirty-two bars of something I was proud of, were less then enjoyable. When we started through the process I was nervous but it was so much easier then I expected because we were given a template, explanations of how to write music and notations, and guidelines.

Ms. Schnittgrund gave very detailed and easy to understand instructions. She even gave us ideas on how to overcome writers block. They really helped! I had been struggling to get over writers block then Ms. Schnittgrund suggested taking an hour or two and forgetting about the project then going back, it really worked! As she walked us through the process she gave out sheets with instructions on how to be successful in this project. Every hand out explained every step of the process in an easy to understand way.

We were asked to pick a style between Celtic, Bluegrass, and Jazz. She explained what different rhythms and ornaments are found in the different styles and then played recordings of professional musicians that play the different styles. Then she let us choose one that we thought we would enjoy studying or a style out side of our comfort zone that we thought would be a challenge for us. I chose Jazz because I have grown up around it and love the sound. Though I may not have written a riveting jazz ballad learning blues and jazz rhythms opened up new thoughts and opportunities.

My inspiration for my melody came the day it was due when I was in the car on the way to school listening to my favorite jazz song. I had gotten off to a rocky start and couldn't quite get over my writers block. I've been raised around Jazz and Blues. This melody basically represents the everyday motions of a day in of a Jazz musicians life. Waking up suddenly just in time
to run to and from commitments, getting breaks that briefly give relief in a hectic time of year, and the final relaxation as their mind quickly comes to a halt and fades into sleep.

I felt a lot of satisfaction when I completed this melody. I was really amazed at what had come from my mind onto the staff, what I had wrote, and was really pleased with the final product. I would like to continue composing melodies just to see how much I could accomplish with the skills I developed through this project.

Figure 45. Student W


He go ms. S. askedis to write asong aria
Write gust apo to macicty appeared in ing head, and is the story. When Iwas writing this Thad just got done th my Jock Huclies, and vewene studing the civil war, anclmy 8 gang semis me of se amasch they would do. I'mueryhape wt the my inis.ensog ancliv Would lone to Oo this again an y time

Figure 46. Student X


Figure 47. Student Y


Three girls arrive in a building. They have never seen each other before. When they finally getout of the building they have became friends

I kinda freaked out at first until Ms Schnitt explained how to do it. I thought Ms. Schnitt's directions were kind of easy to understand.

Figure 48. Student Z



Figure 49. Student AA


At first I Really did'nt want to do this project. but after I started it wasent that Bad. I actually had some fun doing It. Yea I Freaked out a little bit when I had to write my meddy Because I thought it ute really Bad. I feel Allot Better about it know that it is do Ne. Your explanation s where pretty easy to understand I understand It All Jesu. 1-Pod. AND it started Pouring l. All a suddon it was hailing and I was RuNNi, $\mathrm{G}_{7}$ ! I Got hone B was Drying off Bit inspired me to Right Ny melody. About 15 Min. later I found my self with my melody BI'M scitisfied.

Figure 50. Student BB


There was this girl who always looked up to her dad. She wanted to be just like him when she grew up, traveling the world, climbing enormous mountains, daring to do what many people would not. She trained for years just so she could climb Mt. Everest with her dad. When she finally got the opportunity she was ecstatic. She packed up all her equipment and got started right away with her dad. After the long weeks of hard work, they reached the top of Mt. Everest. At that moment, they knew it was worth it. Then the girl said to her dad what they were both thinking, "I'm to be here with you."

When I first heard about the assignment I was kind of excited to make a song, but then I thought about what I had to do and I got pretty nervous. I was confused about what to use for each chord but then Mo. Schnittgrund showed us the scale and that cleared things up a bit. When I actually finish the melody. I thought it sucked but then I revised it and it was okay.

I don't know if I'll write any more music but if I do Ill give it more time to get it perfect.

Figure 51. Student CC


A country kit goes to thecity. He becomes fearful of electricity because of al the lights. Boy goes home. Boy is happlagain.
The End.

I was excited. Yes the descriptions were thorough No, I was not confused. Confidant. I was very
pleased withit. Maybe, Maybe not.

Figure 52. Student DD


Cine night a man named Harold was leaving graveyard after visiting the grave of a dead relative, a man who escaped from a mental institution was too walking in the cemetary. The man who escaped from the mental institution was a paranoid vampire hunter who sometimes had odd hallucinations. He carried with him a gun with silver bullets so he could $14 i$ vampires. The insane man saw Harold and thought he was a vampire he pulled the trigger of his gun but harold used his fancy Matrix moves to dodge the bullets. Then suddenly y before the eyes of the insane man Harold vanished! The mad man had imagined harold. or nad he? Well he wasn't the smartest vampire hunter because silver bullets kill werewolves.
At the beginning of this project I was a bit nervous but excited that I would learn how to
actually write music. Ms. Schnittgrunds explinations were very easy to understand + Ididn't get confused at all. After finishing my melody (which (redid several timesil felt like my brain chose a bad time to decade it didn't like me. I liked my finished product more than I thought 1 would but wasn't in love with it. I will continue writing music if there ace no due dates no one has to hear the horrible things i write. I think my story is kind of ridiculous, but 1 couldn't think of anything else

Figure 53. Student EE


This Story is about a little girl who runs away from her mom. As she packs some clothes, she thinks about if she really Wants to do this (trills gang back and forth) She decides to go. As she urals across town. She starts to get home suck. She misses her parents so much, she goes Back hame after a day on the streets. Her parents see her and are mad and Glad at the same time.

I was excited and afraidbecause I fere on gur ing but was a frond people would laugh. It waseas ser than In thaght. I will keep playing musk/ wo ting mask.

Figure 54. Student FF


I dedicate this song to my grand wa who past a way two years 990 . She was 100\% In ish so that why my songs Irish. She always got me stuff and cared a bout me. Every time I would 90 over, she wald hare something
hew for me. So I wrote hew for me. So I wrote this for her.

When we started it, I was a little freaked out about it. when she explained the stuff, $I \neq$ was easy to understand. With every thing she said, I finished better. Then I was eleased with the thy more songs product. I dort think I will be fighting

Figure 55. Student GG


When I playthSI th
siting by a river playing
songona moonlit night.
Yes, I was nervous when Is tartedthis but,
I asotover it,
ye y pres papally not

Figure 56. Student HH


Writing this melody has extremely difficult. At first I couldn'tcomeup With astor that fit my song. After playing it a few times 1 relised the song reminded mine of my cat, Mia. the happy metboly was just the perfect mood for my loving Cat.

Figure 57. Student II


Figure 58. Student JJ


My melody was inspired by bluegrass songs like Devil's Dream Hoedown, Orange Blossom Special, and Millionaires Hoedown. When I first started writing, the style was more sweet and smooth. I didn't think that it really fit with my bluegrass idea so I took some of the same notes and played them faster. I think the end result is pretty fun and fast paced and it definately fits with the bluegrass theme!

At the begining of this project, I was confused and skeptical. I didn't know what we were doing and the thought of another 'end of the year project' scared me. As we moved on, the project seemed to get even more complicated and confusing. Then, with a little help, it all clicked. Istarted to understand the project and the instructions made complete sense. I finished my melody with some relief, but mostly a sence of achievement!

Figure 59. Student KK


Once, I was drinking Mountain Dew. Then I got the hiccups, After that I ran into a wall. So I went outside and saw a little eff riding a llama named Wilber. I went over to say hi and get my three wishes whin I slipped on some discarded Jello. When I woke up both wilber with the little elf and my hiccups were gone.

When we started this assignment I thought I would never be good at it. It actually wash't all that bad. I had to rewrite it though because I thought it stunk. I'm happy with this one though Ms. Schnittgrund was totally easy to understand. I hope we never do this again

Figure 60. Student LL


Figure 61. Student MM


What inspired me to unite this was prosodic my love for country music and because my attempt at bluegrass wis the I was areal connery staritoh my gish, this is boring: Sham exclaim delwhy do We have to co this axon?" Doh! For orchestra, you are so spacey! Did you lite how I started it? I ashe. "I guess but my reason is because well I listened to deferent shes on s I s ed Mc saints. sinution which was awe sone of her. She encouraged me a lout. I was $10^{\circ} \%$ excited $+90 \%$ nervous but then you to to us how to do it and explained it very fluently. I
was a little concerned but I took awesome notes. I felt awesome after doing that I felt like a famous composer. I was pleased with it but it sounded alitte weird to me. I'm kind freaking out about performing but I think I It do good. 400 were awesome Ms,schnitggrund and it was fun to do this but I don think Ill be a composer.

Figure 62. Student NN


My inspiration was my lavoriteartist Tiara and her music video"likea
Boy, ll at the beginning you hearstrings thenshe sings.

Ekindive freak out jus all bit but not a whole lot except when I played ancthen I freaked out nco ordn- Wat to play - I figured out to playquétly U. the crescendo and the fo the at the end zuingedit us a lilbit. your explantions were easy at understand some times but not air the timesol hardly understood the I put the melody together Not a Whole $10+b u+1$ Just Wingedit and put the Melody togened Like is such ed and I wanted tor fit up.


I was pretty happy and started to dance.
I love bluegrass suI started to make rhythems.
It went further and further with the rhythems. In the end I repeated myself and ended up with a good piece of music.

End of story!
I was pretty happy when we started improvision because we had never done it before. In glad Ms.Schnittgrund explained it well, otherwise I'd be lost. I was really excited when I finished, because I thought I would never have to do it again, but I needed to revise it. I wasplased with my finished copy, but I dort think I' Il continue writing music. (I chose Bluegrass)

Figure 64. Student PP

My song was inspined by my dad
because he loves to sing and dance.
Even though he gets on my nerves
alst with his funny dancing to Raycharles.
I love him.
I reallyenioyed this project, but I
did freak out just alot but I think
you should do this in futureyears.
fore

Figure 65. Student QQ


$$
\begin{aligned}
& \text { Ft kind a mates methink asook } \\
& \text { bisds } \\
& \text { Abird }
\end{aligned}
$$

Figure 66. Student RR


Before I begin to tell all about how my lithic tome came to be, I must frost point out that it may
not be as good as some of the other stuelents
may hove done, but I for one, am proud of what
I came up with, and am also a title stressed out.
And now to my story. I originally started out with
a blank sheet of paper, a bass guitar in my lap (because I couldn't fit the actual bass in my room), and absoluth no idea what the heck I was going to write. To make a long story short, I came up with a rang that would have sounded a lot better of a courter with an amp at a gig, but unfortunately, it wash 1 juzz, bivegross, celtic, of any thing like it was
supposed to be, and the only rythms. 1 had were
triplets. So I started over (a little frustrated), and eventually came on with this. It is 1 little jazzy, but just a tittle quicker. But for most port I was thinking of rythms of the music I like to listen to. Oh well. At least I got it done.U

Figure 67. Student SS


As the town hustles by, a young guy smoothly moves down the street. Suddenly, a whole new wold swings into his mind. His shoes become the drums keeping time. His finger snaps become a cello with the harmony. His hum becomes a violin with the meleaty. In his mind, he's making his own orchestra and band. To him the music he makes is the best in the world.

At first, I was nervous and confused with the unit on improvisation. Soon, I started to follow Ms. Schnitfgrunds easy to understand explanations of the things I was doing. Once I started to follow a certain style, things got a lot easier. My melody is jazz -styled, because jazz, to me, rocks! I am pleased with my new melody, and I think I will continue wrifing music. I would just have to get practice thinking the melody in my head more.

Figure 68. Student TT


$$
\begin{aligned}
& \text { Ok, so it's like this... } \\
& \text { my first attempt at making my melody started with jazz. } \\
& \text { thought to myself, "This will pe fun. It is a challenge sol think } \\
& \text { I will like it. "Litte did I know that jazz is practically impossable } \\
& \text { to write with my experience. I got two measures + they were } \\
& \text { pathetic. I then went down a different route, Irish. I knew I could do this } \\
& \text { because I have alot of Irish music I could get some yythis \& ideas. } \\
& \text { I thought this project was fairly easy because lve tried to } \\
& \text { write music on my own, but now this will give me a much better } \\
& \text { understanding. I understand how notes a cords go together much better } \\
& \text { now! }
\end{aligned}
$$

Figure 69. Student UU


My Sister inspired this song because of the different times inlife and at tunes
Sarah and the giant strawberry

Sarah is a 5 y cor old pol owesto play outside.
eddy she
Short Cat ${ }^{\text {s outside and she sees Strawberry }}$
She goes and abrdutlyadores Strawberry Short-calec)
the time and
ingroup and she'slate get that she forgets to check
in trouble but she alwangeremembered to wear a init get
The next coasters
find this really bia y stree playing whirr, St raw berry and they When They finnallarry got to Sarah souse.
they were tired so they lined to downanaks h ouse whenthey woke up the took the took a nad
it into pieces and ate it with the strawberryand cut
i ped cream.
The End.

> This is my paragraph about this improvazation method.

When I started this un it I was really efcited becaust I like makeing uo different tupsof u efcited because that. I toot lessons for threens of mearswithmic and stufflike tomake up soags or find rythms to senmy brother and we used and find the motes that went to sona that bit when she sont with them. I freuked ready knver of it. Ms seid we could only use 4 notes bul out a little she took Schnittyrunds efolinations wereveru easy to 7 und of the ehalleg about out I made surplain it well. Therevery easy to und er stand and Iwas that I had; us $t$ complutederstood. I fel thina 5 Iwas confused good. very pleased with the completed twelve measures really pleased with 900d. Ithint that 7 will out come and I the thes with embelishment, the mood, but that 7 will continue and I thintit soandsreally, nencen Iamin

Figure 70. Student VV


When I heard we were writing a mebody I was really scared. I thought that it would be the harcest thing in the world! I had no Idla how to even start. I was relieved when I found out it was only a twelve barmeboly. but ance I started it, was gas so easy: I did a blue-grass song because I had different speeds of boving. In the end I really loved this project. It would be fün to do it next jear.
When I wrote this I just picced a Few notes and mixed them up. Than I would just pick my favorte. I didn't want a narder melody with a hole bunch of wierd bowing and rhythms.

Figure 71. Student WW


Ashoken Farewell inspired me with its slower rythm. Using rythms from other songs, I pat them tugether kadded d. fferent notes.

Figure 72. Student XX


A family walks into a restaurant and meas this melody. They start dancing and evorene looks at them. The family then sits down and enjoys their meal while they listen.

I was nervous when I heard we had to write our sun melody. I thought that M5.S chnittgrund were easy to understand, I wasn't confused. I reit great when I, Finished the 12 -bar melody. I was pleased with my writing music.

Figure 73. Student YY


Once there was a girl. Her name was Katie. Katie enjoyed frolicking through fields of flowers. Her favorite flowers were white daisies. One day Katie picked a daisy. She sniffed the daisy and soon realized she was allergic to daisies?
When we began this experiment I was kinds nervous I started to freak out a little bit. Ms Schnittgrungl's explanations were pretty cavy to understand. I do not get confused. When I was done with it it felt kinda relied that it was over I was not disapanted with the finished product. I don't know if I will centime to write music

Figure 74. Student ZZ


My song was inspired by my liHe Sister She was in surgery the day westarted this project. If kind of Song is me of her because she is very strong The riont now Y Sad when I listen to it. She cant waic

So troet makes me sad. I hope this sorg
When we frost stength to qor better.
out. I thought we warst started this project I freaked
Phew - yon wine had to write an entare song then
easy to uncer is. MS. Schmitt grunds etplanation werc
guestion that I becouse She I was soco relieved. My fing I finished my som

- will rot continue writing music profect so.k.
of very good at writingmusic beenuse If am

Figure 75. Student AAA


At first when Ms, schnittgrund told us about this I was excited but when We got into it more it got confusing. But I thought the directions were easy. I was sort of confused on the measures. I felt ok about it but I the fin is ned price I will probabout continue.


Figure 76. Student BBB


I was nervous + I did freak out a bit. Yes,
ms. Schnittgrunds explanations were easy to understand. NO I wasn't confused too much but otherwise I think I did Pretty good. I felt abit relieved after I finished this. I was really Pleased with my Finished project but I don think I will keep writing music.

Inspiration Story
Well, this movie was on so I watched it it nad some bluegrass music a I kind a liked it. Then I remembered I had this Story +12 bar progression to do + I listened to the music on the movie + I wrote the stuff down + I tweaked it abit. That is what inspired this 12-barproggression.

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[^0]:    ${ }^{1}$ MENC: The National Association for Music Education. National Standards for Music Education.
    ${ }^{2}$ Julie Lyonn Lieberman is an improvising violinist, singer, composer, educator, recording artist, author, and producer. Formerly on faculty at Juilliard, New York University, and The New School University’s Jazz Program, she now teaches privately in her NYC studio.

[^1]:    ${ }^{3}$ Bob Gillespie, professor of music, is responsible for string teacher training at The Ohio State University, which has one of the largest and most extensive string pedagogy degree programs in the nation.
    ${ }^{4}$ An expert in the use of folk fiddling and jazz in the string orchestra, Bob Phillips taught twenty-seven years in the Saline Area Schools, building a string program with over 700 students that is a national model of excellence in both classical and alternative music.

[^2]:    ${ }^{5}$ Indicates which direction the bow will move: down or up. A "down bow" is used to create an accent whereas an "up bow" is chosen for a note that is not accented.

[^3]:    ${ }^{6}$ This is a term I created and should not be considered a technical improvisation term. A better term would be researched before presenting the unit again.

[^4]:    ${ }^{7}$ Drone: a continuous low tone produced by the bass strings of musical instruments.

[^5]:    ${ }^{8}$ One student did not complete the assignment because she was not present for the entire instruction.

