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AASC 101.01: Study and Learning Strategies

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**The University of Montana-Missoula College of Technology
Applied Arts and Sciences Department**

Study and Learning Strategies

AASC 101

2 credits

Fall 2004

Instructor: Tammy Freimund
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College of Technology
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Course Description:

This course is designed to guide students in the development of skills needed to be competitive in higher education. Topics will include management of time and self, personal health and safety, learning styles, critical thinking, note making, ethics, testing, memory techniques, and methods for using course materials including syllabi and textbooks.

Required Textbook and Materials:

Carter, Bishop and Kravits, *Keys to Success in College, Career, and Life*, 3rd edition, 2003.

OR

Carter, Bishop and Kravits, *Keys to Success in College, Career, and Life*, 4th edition, 2003.

LASSI—Learning and Study Strategies Inventory

Student Performance Outcomes:

Upon completion of this course, the student will:

1. Apply study principles and techniques to educational activities.
2. Locate UM services, people, places and learning aids that will be helpful to educational success.
3. Demonstrate increased skills for learning and memorization.
4. Use textbooks appropriately and apply a study reading technique.
5. Implement personal time management and task organization plans.
6. Identify and use proper study environments.
7. Effectively participate in classroom activities.
8. Apply principles of successful test taking.
9. Recognize and apply measures to maintain personal health and safety.

Assignments and Tests:

Attendance: 70 possible points.

- 5 points given for attendance for each class.
- You are responsible for signing in to get the points for each class.

Participation-25 points

- This course will involve group discussion and presentation based upon the readings scheduled for the day. Plan to complete all readings before class meets.
- Participation includes contributions during class time, timeliness of assignments, and professional behavior and communication.

Self-Awareness Summary (25 points) **Due Sept. 30**

- Essay should summarize your completed assessments including identification and description of your learning style, multiple pathways, and personality spectrum results.
- As you consider yourself as a student, identify recommended study techniques available for you based on the results of your assessments.
- Provide commentary on what study skills you believe may work for you and how you plan to better develop these skills.

Test Questions Exercise (15 points) **Due November 18**

- Provide 5 test questions from the material provided in class and the readings—1 of each of the following: multiple choice, true/false, short answer, essay, and matching.

LASSI assessment results (15 points) **Due December 2**

Midterm Test (75 points)

Final Exam, comprehensive (75 points)

Grading:

Traditional Grading Only

Grade	Percentile	Points
A	90-100%	270-300
B	80-89%	240-269
C	70-79%	210-239
D	60-69%	180-209
F	59% and lower	179 or lower

Policies:

1. Any student with disabilities needing special dispensation or assistance must inform the instructor during the first week of class. Eligible students with disabilities will receive appropriate accommodations in this course when requested. Please be prepared to provide a letter from your DSS Coordinator.
2. It is expected that all work tended for evaluation will be professionally presented. Written submissions should be typed. Proofread and spell-check your documents.
3. Cell phones and pagers must be turned to vibration or off and should not be used during class.

Policies continued

4. Late submissions are not accepted. Extraordinary circumstances (such as leave due to a death in the family) should be discussed with the instructor. Leave from college due to medical conditions can be documented with doctor’s certificates. Seek assistance before problems or difficulties get too major.
5. Attendance is expected for all classes and each class has a point value of 5. If a student leaves the class before class is dismissed, it is counted as an absence.
6. All course activities are governed by the Student Conduct Code, which embodies the ideals of academic honesty, integrity, human rights, and responsible citizenship.

Course Schedule

Week	Topic	Reading
Sept 2	Introduction/SQ3R	
Sept 9	“How Difficult Can This Be” Video	
Sept 16	Learning Styles/Assessments	<u>Chapter 2</u> --complete all assessments in the chapter
Sept 23	Management of time and self	<u>Chapter 1</u> <u>Chapter 3</u> —sections on Time Management
Sept 30 <i>Self-Awareness summary due</i>	Memory and Learning	<u>Chapter 6</u> —sections on Memory
Oct 7	Listening/Note Taking	<u>Chapter 6</u> —sections on listening and note taking
Oct 14	Review of topics	
Oct 21	Midterm Exam	
Oct 28	Reading and Studying	<u>Chapter 5</u>
Nov 4	Testing/Stress Management	<u>Chapter 7</u> —3 rd edition OR <u>Chapter 8</u> —4 th edition <u>Sections on Stress Management</u> <u>Chapter 9</u> —3 rd edition OR <u>Chapter 10</u> —4 th edition
Nov 11	Holiday-no class	
Nov 18 <i>Test questions due</i>	Critical Thinking and Learning	<u>Chapter 4</u>
Nov 25	Holiday-no class	
Dec 2 <i>LASSI results due</i>	Special Topics	To Be Announced
Dec 9	Review of topics	
Final exam time and date to be announced		