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C&I 160.03: Learning Strategies for Higher Education

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S Y L L A B U S
C & I 160: Learning Strategies for High Education
Autumn Semester, 2002

INSTRUCTOR: **Janet Zupan**

Emma Lommasson Center, Room 177

243-4210 e-mail: jzupan@selway.umt.edu

***WEBSITE: www.umt.edu/eop

OFFICE HOURS: Mon, 8:30-10:00; Wed, 9:00-11:00; Thurs, 3:30-4:30.

REQUIRED TEXT **How to Study In College, Seventh Edition,**

by Walter Pauk: *Bring text to each class meeting.*

MATERIALS: Bear Facts or other datekeeper

Cornell Ruled Notepaper (loose-leaf) Notecards HIGHLIGHTERS

CLASS DESCRIPTION: C&I 160 is designed to help you become a more proficient, successful student, one better able to juggle the demands of a formal education. We cover techniques that have been proven to help people manage time and stress, alleviate test anxiety, improve reading comprehension, note-taking skills and test-taking preparation and completion. Because you are in the thick of the semester as you work through this course, you have the opportunity to immediately apply the skills that work best for you directly to the current classes you are taking. We also do group work that will help you develop both study skills and a better awareness of university programs and procedures. If you attend class, give energy to learning and applying new strategies, and work through class requirements, you'll walk away with ideas for living a more pleasant and effective student life, you'll have new friends, and you'll earn a good grade.

CLASS FORMAT: We meet twice a week for two elective credits. You will receive a letter grade for this class that will count toward your degree credits (although it does not serve to complete a general education requirement).

Class attendance and class participation are essential to your progress and your final grade in this class. Roll call is taken at the beginning of each class session. You are allowed three absences during the semester without penalty; after three absences, you lose 25 points per absence. You cannot earn an "A" in this class if you have missed more than four classes. There is a 10- point penalty for taking an exam after the scheduled date. HANDOUTS missed because of absence are available at www.umt.edu/eop.

Group Presentation	125
Semester work/class participation	175
Exams (4)	<u>200</u>
TOTAL Points Possible	500

Autumn, 2002

Class Schedule

September	03	Introduction to C&I 160
	05	Introduction, Continued
	10	<u>Managing Time, Managing Stress</u> (Chapters 2 and 3)
	12	Time Management **Bring all syllabi from other classes
	17	Group Activities
	19	Time Management, concluded
	24	<i>Exam Study Session</i>
	26	Exam #1 (Chapters 2 and 3)
October	1	<u>Listening to take Good Notes/Taking Good Notes</u> (Chapters 9 and 10)
	3	Group I Presentation
	08	Group Activities
	10	Group II Presentation
	15	<i>Exam Study Session / Conducted by Group III</i>
	17	Exam #2 (Chapters 9 and 10)
	22	Pre-Advising Session with Darlene Samson: <i>Bring your UM Catalog and Schedule of Classes (if available) for Spring, 2003.</i>
	23	<i>Ask An Alum Luncheon (optional for extra credit)</i>
	24	<u>Learning from Your Textbooks, Managing Test Anxiety</u> (11 and 14)
	28	<i>Advising Begins for Spring, 2003</i>
	29	Group Activities
	31	Group IV Presentation
November	4	<i>Registration Begins for Spring, 2003</i>
	5	Election Day: no class scheduled
	7	<i>Exam Study Session, Conducted by Group V</i>
	12	Exam #3
	13	<i>Ask An Alum Luncheon (optional for extra credit)</i>
	14	<u>Mastering Objective and Essay Exams</u> (Chapters 15 and 16)
		Group VI Presentation
	19	Group Activities
	21	Group VII Presentation
	26	Group Activities
27-29	THANKSGIVING BREAK	
December	3	Group Activities
	5	Group Activities
	10	<i>Exam Study Session Conducted by Group VIII</i>
	12	Exam #4 (Chapters 15 and 16) <i>Last day of this class</i>
	16-20	FINALS WEEK (<i>There is no final scheduled for C&I 160</i>)