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# PSYX 105.01: Careers in Psychology

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# PSYCHOLOGY 105 CAREERS IN PSYCHOLOGY SPRING, 2014

Instructor: Allen D. Szalda-Petree, Ph.D.

Office: Skaggs 201 Office Hours: M, T, & W 10-11, and by appointment

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#### **Course Goals:**

The primary goals of this course are to 1) provide you with an introduction to careers in psychology, 2) help you explore your own career goals based on your personal interests, abilities, and skills, and 3) explore the psychology major requirements at UM relative to your career goals. After taking this course, you may discover the exact psychology career for you, or you may decide that psychology is not the major for you after all! Some of you may simply need more time to decide where you're going. Whichever direction you take on this spectrum, this course should help you begin the *process* of career exploration and planning.

To help you embark on this process, we will discuss the training that a psychology degree does and does not provide, sub disciplines and professions in psychology, career paths (including graduate school and/or employment options at the bachelor's level), and what you can do to increase your chances of success in your chosen career path. You will be asked to engage in a number of activities throughout the semester which will help you develop valuable skills and introduce you to careers in psychology. Career exploration and planning is a *process* and this course is designed to help you begin your journey of self-discovery.

**Required readings:** Various websites – course schedule below.

<u>Course Grading:</u> This course will be graded on a <u>Credit/No Credit basis</u>. To receive credit for the course, you must complete and pass all course requirements described below:

<u>Class Attendance/Participation:</u> Due to the nature of the course more than two absences (excused or unexcused) from class will result in a "NP" grade for the course. If you are absent from class, you are responsible for submitting assignments that are due, as well as the material covered in class, including any written exercises, by the next class meeting to remain in the class. If you come to class after roll has been taken, it is your responsibility to be sure that you are not marked absent.

<u>Course Assignments</u>: All assignments must be completed and submitted by the deadlines. If you are absent on the day an assignment is due, please make every effort to submit the assignment on the due date.

**Note:** There is no final exam.

#### Classroom Behavior:

#### **General**

As a university student, certain behavior is expected of you. Most importantly, it is your responsibility to meet the requirements of this course. You may expect me to be in the classroom on time, prepared & organized, and open to discussion/questions pertaining to the day's subject material.

I will expect you to be in the classroom on time, to be awake and attentive, to participate in demonstrations/discussions, and to be respectful toward the instructor and other students.

I understand there will be circumstances beyond your control that, on occasion, will require you to leave class early. Please plan accordingly by notifying me at the beginning of class and choose seating that will result in minimal disruption.

You should feel free to ask any questions in class. Also, please feel free to see the instructor about any classroom issue during office hours.

Qualified students with disabilities will receive appropriate accommodations in this course. Please speak with me after class or in my office. Please be prepared to provide a letter from your DSS Coordinator.

#### Wireless communications (cell phones/pagers/computers/PDAs)

For what should be blatantly obvious reasons, the use of wireless communications devices during class is prohibited. This specifically includes such activities as 1) placing or receiving phone calls, 2) sending or receiving text messages, and 3) internet searching, game playing, etc.

If you are an emergency professional (physician/nurse, counselor/therapist, EMT, etc) or you are expecting an **EMERGENCY** communication please set your wireless device to its silent alarm mode and quietly exit the classroom to respond.

#### **Academic Misconduct**

All students must practice academic honesty. Academic misconduct is subject to an academic penalty by the course instructor and/or disciplinary sanction by the University. All students need to be familiar with the Student Conduct Code. The Code is available for review online at <a href="http://life.umt.edu/vpsa/student">http://life.umt.edu/vpsa/student</a> conduct.php

#### **Dropping/Adding/Changing grade option**

Please refer to the Registrar's website on policies and dates for dropping/adding/changing grade options - <a href="http://events.umt.edu/?calendar\_id=27&upcoming=upcoming&">http://events.umt.edu/?calendar\_id=27&upcoming=upcoming&</a>

Tentative Course Schedule		
DATE	TOPIC	To do before NEXT class meeting
Week 1 Jan 27	INTRODUCTION TO COURSE Course structure, goals and requirements	- Use CyberBear to print your transcript
Week 2 Feb 3	THE PSYCHOLOGY MAJOR - What it is and isn't	- Complete Assign 1 on Moodle by Friday @ 11 pm
Week 3 Feb 10	WHAT IS PSYCHOLOGY The BA, MA, and Ph.D.	- Download and read "APA – Careers in Psychology at <a href="http://www.apa.org/careers/resources/guides/careers.aspx#">http://www.apa.org/careers/resources/guides/careers.aspx#</a>
		- Complete Assign 2 on Moodle by Friday @ 11 pm
Week 4 Feb 17	Presidents Day Holiday – No class	
Week 5 Feb 24	ENTRY-LEVEL JOBS FOR PSYCHOLOGY MAJORS - Q&A: Academic Plans; Trends: Entry-level Jobs in Psychology and Related Fields	- Read "Graduate School and Careers in Psychology" at <a href="http://www.psywww.com/careers/masters.htm">http://www.psywww.com/careers/masters.htm</a> - Read "OOH: Psychologists" at <a href="http://stats.bls.gov/oco/ocos056.htm">http://stats.bls.gov/oco/ocos056.htm</a> - Read "OOH: Counselors" at <a href="http://stats.bls.gov/oco/ocos067.htm">http://stats.bls.gov/oco/ocos067.htm</a> - Read ""OOH: Teachers-post secondary" at <a href="http://stats.bls.gov/oco/ocos066.htm">http://stats.bls.gov/oco/ocos066.htm</a> - Read ""OOH: Social Workers" at <a href="http://stats.bls.gov/oco/ocos060.htm">http://stats.bls.gov/oco/ocos060.htm</a> - Complete Assign 3 on Moodle by Friday (a) 11 pm
Week 6 Mar 3	GRADUATE SCHOOL I OPTIONS AND CONSIDERATIONS - Educational pathways open to psychology majors	-Read "Graduate School: The application process" at <a href="http://www.psywww.com/careers/applicat.htm">http://www.psywww.com/careers/applicat.htm</a> - Complete Assign 4 on Moodle by Friday @ 11 pm
Week 7 Mar 10	GRADUATE SCHOOL II THE APPLICATION PROCESS - What's involved in applying to graduate school?	- Complete Assign 5 on Moodle by Friday @ 11 pm
Week 8 Mar 17	GRADUATE SCHOOL III THE APPLICATION PROCESS - What's Graduate School Like? Graduate student panel	- Complete Assign 6 on Moodle by Friday @ 11 pm

Week 9 Mar 24	TBA Speaker
Week 10 Mar 31	Spring Break
Week 11 Apr 7	TBA Speaker
Week 12 Apr 14	TBA Speaker
Week 13 Apr 21	TBA Speaker
Week 14 Apr 28	TBA Speaker
Week 15 May 5	COURSE WRAP-UP