Kansas State University Libraries New Prairie Press

Adult Education Research Conference

2014 Conference Proceedings (Harrisburg, PA)

## The Application of Transformative Learning Theory to Online Teaching

Glenn A. Palmer

Lorenzo Bowman

Follow this and additional works at: https://newprairiepress.org/aerc

Part of the Adult and Continuing Education Administration Commons



This work is licensed under a Creative Commons Attribution-Noncommercial 4.0 License

## **Recommended Citation**

Palmer, Glenn A. and Bowman, Lorenzo (2014). "The Application of Transformative Learning Theory to Online Teaching," *Adult Education Research Conference*. https://newprairiepress.org/aerc/2014/papers/ 62

This is brought to you for free and open access by the Conferences at New Prairie Press. It has been accepted for inclusion in Adult Education Research Conference by an authorized administrator of New Prairie Press. For more information, please contact cads@k-state.edu.

## The Application of Transformative Learning Theory to Online Teaching

Glenn A. Palmer Lorenzo Bowman DeVry University

Transformative learning has emerged as a powerful image for understanding how adults learn (Dirkx, 1998). Mezirow (1991) in explaining his theory of transformative learning, maintained that adults seem to realize personal and professional growth when confronted with dilemmas that challenge their existing views of the world. Transformative educators do not necessarily teach content that is significantly different from other educators. However, they teach the content with a different objective in mind. Transformative educators teach with the aim of consciousness-raising (Freire, 1970), critical reflection (Mezirow, 1995), development (Daloz, 1986), or individuation (Boyd & Myers, 1988). Many adult educators teaching in the traditional face to face classroom environment have long used one or more of these objectives in their delivery strategies. These strategies include role playing, the sharing of critical incidents or other in class strategies designed to engage students.

However, given the differences between the online virtual classroom and the traditional face to face classroom, many find it a formidable challenge to approach the online learning environment through the lens of transformative learning pedagogy.

Professors may find it somewhat of a paradox that online courses are well suited to transformative pedagogy. The online environment challenges conventional notions of power and authority in the college classroom. Students often feel a greater willingness to disclose information about themselves online probably because of the anonymity afforded by cyberspace (McAuliffe & Lovell, 1999). Research on fostering transformative learning in the online learning environment suggests that there are many strategies that can be successful: creating a safe environment; 2) encouraging students to think about their experiences, beliefs and biases; 3) using teaching strategies that promote student engagement and participation. 4) posing real-world problems that address societal inequalities; and 5) helping students implement action-oriented solutions (Myers, 2008). While these strategies and many others have been utilized in an effort to foster transformative learning, there is little to no empirical evidence supporting the efficacy of any of these strategies,

This roundtable will provide participants with an overview of the current research literature examining the various approaches that can be used to foster transformative learning in online education. Participants will be invited to share their experiences with using the various approaches and assess their efficacy.

## References

- Boyd, R. D., & Myers, G. J. (1988). Transformative education. *International Journal of Lifelong Education*, 7(4), 261 – 284.
- Cummins, J., & D. Sayers (1997). Brave new schools: Challenging cultural illiteracy through global learning networks. New York: St. Martin's.
- Daloz, L. (1986). Effective teaching and mentoring: Realizing the transformational power of adult learning experiences. San Francisco: Jossey-Bass.

- Dirkx, J.M. (1998). Transformative Learning Theory in the Practice of Adult Education: An Overview. *PAACE Journal of Lifelong Learning* 7, 1 14.
- Freire, P. (1970). Pedagogy of the oppressed. New York: Seabury Press.
- McAuliffe, G., & C. Lovell (2000). Encouraging transformation: Guidelines for constructivist and developmental instruction. In Preparing counselors and therapists: Creating constructivist and developmental programs, eds. G. McAuliffe and K. Eriksen, pp. 14 – 41. Virginia Beach: Donning.
- Mezirow, J. (1991). Transformative dimensions of adult learning. San Francisco: Jossey-Bass.
- Myers, S. A. (2008). Using transformative pedagogy when teaching online. *College Teaching*. 56(4), pp. 219 224.