

The effects of different levels of dietary protein ... (Nyoman Adiasmara Giri)

THE EFFECTS OF DIFFERENT LEVELS OF DIETARY PROTEIN AND LIPID ON THE GROWTH OF RED SNAPPER, *Lutjanus sebae*

Nyoman Adiasmara Giri #, Ketut Suwirya, Muhammad Marzuqi, and Ni Wayan Widya Astuti

Research Institute for Mariculture

Jl. Br. Gondol Kec. Gerokgak Kab. Buleleng, Singaraja-Bali 81101

Abstract

Red snapper, *Lutjanus sebae* is favored in mariculture activities because it has a relatively good market and price. Technology for big scale seed production of this species has been developed and is now adequate to supply seed for grow-out activities. However, the availability of artificial diets for *L. sebae* is still a major constraint for grow-out production. Data on optimum dietary protein and lipid requirements for this fish as a basic information in feed development is not available yet. The objective of the present study was to find out dietary protein and lipid requirements for juvenile of *L. sebae*. A 70-day feeding experiment was conducted in 24 fiberglass tanks, 200 L volume. Each tank was equipped with a flow-through water system. Twenty five hatchery-produced juveniles of *L. sebae* (43.1 g BW) were randomly selected and stocked in each tank. The fish were fed with the experimental diets twice everyday at a level of 3% of biomass for the first 4 weeks, and then 2% of biomass afterward. Twelve experimental diets were prepared in form of dry pellet containing casein and fish meal as the main protein sources. Experimental diet had 4 levels of crude protein (32%, 37%, 42%, and 47%) and each protein level consisted of 3 levels of lipid (7%, 12%, and 17%). The experiment employed factorial method with completely random design using 12 combination treatments and 2 replications for each treatment. Result of the experiment showed that there was no significant effect of dietary protein and lipid on growth, feed consumption, and feed efficiency of tested fish. Growth and feed efficiency of fish fed on diet containing 42% and 47% crude protein were significantly higher than that of fish fed on diet containing 32% and 37% crude protein. High lipid content in the diet (17%) resulted in poor growth and poor feed efficiency. This data indicates that *Lutjanus sebae* has limited ability to utilize dietary lipid as an energy source. Result of the present study recommends that dietary protein and lipid requirement for good growth of *L. sebae* should be 42% and 12%, respectively.

KEYWORDS: *Lutjanus sebae*, growth, dietary protein and lipid

Introduction

Red snapper, *Lutjanus sebae* is one of several favored species in mariculture industries. This fish is known as red emperor and inhabits tropical and sub-tropical waters. A series of

research activities on the biological aspect and breeding behavior of red snapper was started in 2000 at the Research Institute for Mariculture, Gondol (Imanto & Meliawati, 2003; Melianawati & Imanto, 2004) and produced technology for mass production of seeds. With

Corresponding author. Research Institute for Mariculture, Jl. Br. Gondol, Kec. Gerokgak, Kab. Buleleng, Kotak Pos 140, Singaraja, Bali 81101, Indonesia. Tel.: + (0362) 92278
E-mail address: adiasmara@indosat.net.id

the availability of seeds, the grow-out activity of this species could be started. However, one of the constraints in the grow-out activity for this species is the unavailability of suitable artificial feed. Red snapper is very selective to feed on artificial feed in form of dry pellet. The behavior of this fish, which is always active to move around, indicates that this fish requires a relatively high dietary energy. Energy is derived from dietary protein, carbohydrate and lipid. The ability of fish to utilize non protein energy sources will determine the efficiency of given feed, especially of dietary protein content for growth. The main constraint in developing artificial feed for red snapper is that there is not enough information on the dietary nutrient requirement for this fish. Dietary nutrient requirement for marine fish varies according to fish species. Protein requirement of grouper ranges from 47% - 60% (Giri, 1998; Giri *et al.*, 2002), red snapper, *Lutjanus argentimaculatus* of 40% (Giri *et al.*, 2007) and 44% (Catacutan *et al.*, 2008), golden trevally, *Gnathanodon speciosus* of 42% - 46% (Suwiryana *et al.*, 2008), and rockfish, *Sebastes schlegeli* of 42% (Lee *et al.*, 2002). The effectiveness of protein utilization for growth by the fish is also determined by lipid. The results of some experiments suggested that some species of fish have limited ability in utilizing lipid as a source of dietary energy. There is a negative tendency that high lipid content in a diet will fail to stimulate the growth of fish (Lin & Shiau, 2003; Williams *et al.*, 2003). This study aimed to obtain information on dietary nutrient requirements, especially protein and effectiveness of the utilization of lipid for growth of fish, which then can be used for further development of effective artificial diets for red snapper.

MATERIALS AND METHODS

Experimental diet was prepared as dry pellet with 4 graded levels of protein content, namely 32%, 37%, 42%, and 47% and each level of dietary protein has 3 different lipid contents, which were 7%, 12%, and 17%. Fish meal, squid liver meal, soybean meal and casein were the main sources of dietary protein, and dietary lipid derived from fish oil. Feed composition is shown in Table 1 and 2. The experimental diet has a diameter of 5 mm produced using pellet machine "Royal Food Cutter, Japan". Pellets were then dried by using freeze dryer and finally stored in a refrigerator (4°C) before and during the experiment. Juveniles of red snapper

for the experiment were produced in the hatchery of Research Institute for Mariculture, Gondol. Juveniles from the hatchery were first kept in fiber tanks sized 2 m x 2 m x 0.75 m equipped with flow through water system and aeration and fed with dry pellet that was prepared in the Laboratory of Feed, RIM, Gondol. Experiment was conducted in the Wet Laboratory of the Research Institute for Mariculture, Gondol-Bali. Feeding experiment was conducted in 24 fiber glass tanks of 200 L volume. Each tank was equipped with aeration and flow-through water system. Sea water was first directed to flow through a sand filter before entering the experimental tank. Twenty five juveniles of red snapper with an average weight of 43.1 g were stocked in each tank. During the 98 days feeding experiment, fish were fed 2 times a day at 3% of biomass during the first 4 weeks and then reduced to 2% of biomass afterward. The experiment was designed using a complete random design with factorial pattern consisting of 4 dietary protein levels and 3 levels of dietary lipid. Each treatment consisted of 2 replications. To know the response of fish fed on different experimental diets, all fish in each tank were weighed individually every 2 weeks. Proximate composition of experimental diet and fish were determined according to AOAC methods (1990). Growth rate, feed consumption, feed efficiency and survival of fish were statistically analyzed using ANOVA and Tukey test at significant level of 5% (Steel & Torrie, 1980).

RESULTS AND DISCUSSION

Average weight of fish for each treatment during the feeding experiment is shown in Figure 1 where growth of fish during the first 70 days feeding experiment was similar among all treatments. Only the weight of treated fish fed with the experimental diet containing 42% protein and 7% lipid was consistently higher up to the end of the feeding experiment compared to the other treatments. Meanwhile, slower growth was observed on all fish fed with high lipid contents (17%) in all levels of dietary protein. Survival of red snapper up to the end of the experiment ranged from 76.7% to 82.7%. As shown in Table 3, survival of fish was not affected by different contents of dietary protein or dietary lipid ($P > 0.05$). Bacterial infection on the eyes of fish was suspected as the main factor to contribute to the mortality of fish. Feed consumption was not influenced by different contents of dietary protein or dietary

Table 1. Composition of experimental diet (g/100 g diet) for red snapper *Lutjanus sebae*

Ingredients	Diet: Protein/ Lipid											
	32/7	37/7	42/7	47/7	32/12	37/12	42/12	47/12	32/17	37/17	42/17	47/17
Casein	3.0	6.0	9.0	12.0	3.0	6.0	9.0	12.0	3.0	6.0	9.0	12.0
Fish meal	32.0	35.0	38.5	42.0	32.0	35.0	38.5	42.0	32.0	35.0	38.5	42.0
Squid liver meal	5.0	5.0	5.0	5.0	5.0	5.0	5.0	5.0	5.0	5.0	5.0	5.0
Mysid meal	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0
Soybean meal	10.0	10.0	10.0	10.0	10.0	10.0	10.0	10.0	10.0	10.0	10.0	10.0
Dextrin	27.4	22.9	18.0	13.4	19.3	15.6	12.3	8.8	10.4	6.9	4.1	1.2
Starch	10.2	9.0	7.7	6.3	7.3	6.1	4.8	3.4	5.2	3.9	2.6	1.2
Fish oil	2.5	2.3	2.0	1.5	7.6	7.3	7.0	6.5	12.6	12.3	12.0	11.5
Vitamin mix ¹	1.3	1.3	1.3	1.3	1.3	1.3	1.3	1.3	1.3	1.3	1.3	1.3
Mineral mix ²	2.5	2.5	2.5	2.5	2.5	2.5	2.5	2.5	2.5	2.5	2.5	2.5
C.M.C.	2.0	2.0	2.0	2.0	2.0	2.0	2.0	2.0	2.0	2.0	2.0	2.0
DE (filler)	0.0	0.0	0.0	0.0	6.0	5.2	3.6	2.5	12.0	11.1	9.0	7.3
Astaxanthin	0.1	0.1	0.1	0.1	0.1	0.1	0.1	0.1	0.1	0.1	0.1	0.1
Total	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0

¹ Vitamin mix (mg/100 g diet): thiamin-HCl 5,0; riboflavin 5,0; Ca-pantothenate 10,0; niacin 2,0; pyridoxin-HCl 4,0; biotin 0,6; folic acid 1,5; cyanocobalamin 0,01; inositol 200; p-aminobenzoic acid 5,0; menadion 4,0; b-carotene 15,0; calciferol 1,9; a-tocopherol 2,0; vitamin C-sty 120,0; choline chloride 900

² Mineral mix (mg/100 g diet): KH₂PO₄ 412; CaCO₃ 282; Ca(H₂PO₄)₆18; FeCl₃·4H₂O 166; MgSO₄ 240; ZnSO₄ 9,99; MnSO₄ 6,3; CuSO₄ 2; CoSO₄·7H₂O,0,05; KJ0,15

Table 2. Proximate composition and energy content of experimental diets (dry matter)

Ingredients	Diet: Protein/ Lipid		32/7		37/7		42/7		47/7		32/12		37/12		42/12		47/12		32/17		37/17		42/17		47/14	
	Dry matter (%)	92.2	93.5	94.3	94.3	94.2	93.5	94.6	94.6	92.5	92.1	92.1	94.6	94.6	94.3	93.5	94.2	94.2	94.6	94.6	94.3	94.3	93.5	93.5	94.2	94.2
Protein (%)	32.4	37.0	41.9	41.9	46.9	32.4	37.0	37.0	41.9	46.9	46.9	32.4	32.4	37.0	41.9	46.9	46.9	32.4	32.4	37.0	37.0	41.9	41.9	46.9	46.9	46.9
Lipid (%)	7.0	7.0	7.1	7.1	7.0	12.0	12.0	12.0	12.1	12.0	12.0	12.0	17.0	17.0	17.1	17.0	17.0	17.0	17.0	17.0	17.0	17.1	17.1	17.0	17.0	17.0
Ash (%)	7.8	7.6	8.0	8.0	7.8	10.8	10.1	10.1	9.6	9.3	9.3	14.1	14.1	13.5	12.8	12.2	12.2	14.1	14.1	13.5	13.5	12.8	12.8	12.2	12.2	12.2
Fiber (%)	7.3	8.2	8.2	8.2	8.7	8.6	8.8	8.8	8.7	8.4	8.4	9.3	9.3	8.9	9.8	9.2	9.2	9.3	9.3	8.9	8.9	9.8	9.8	9.2	9.2	9.2
Energy (kcal/g diet) ¹	3.43	3.39	3.34	3.34	3.29	3.44	3.43	3.43	3.45	3.44	3.44	3.45	3.45	3.44	3.48	3.49	3.49	3.44	3.45	3.44	3.44	3.48	3.48	3.49	3.49	3.49

¹ Based on values of 4, 9 and 4 kcal/g for protein, lipid and carbohydrate respectively (Luo et al., 2004)

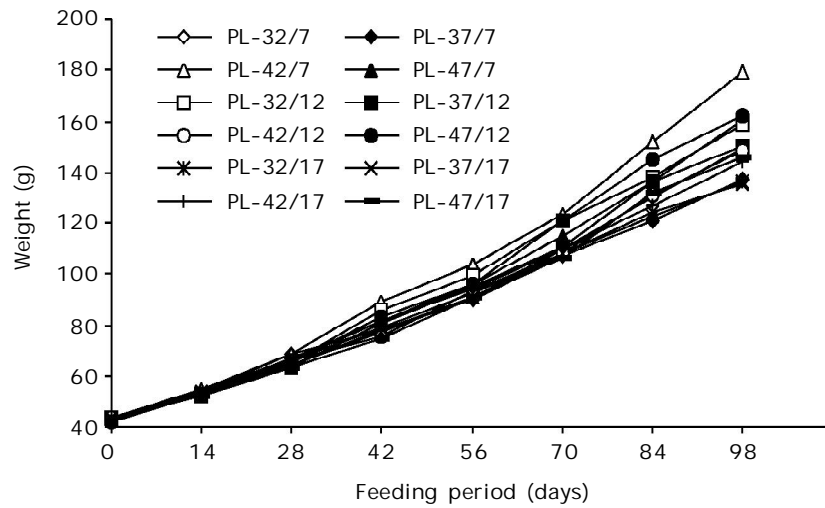


Figure 1. Growth of red snapper *L. sebae* fed with experimental diet for 98 days

Table 3. Final weight (Fw), weight gain (Wg), survival, feed intake (FI), and feed efficiency (FE) of red snapper *L. sebae* fed with experimental diet for 98 days¹

Dietary Factors	Level	Fw (g)	Wg ² (%)	Survival (%)	FI (g/fish/day)	FE ³
Protein	32	147.0 ^a	241.8 ^a	80.7 ^a	1.58 ^a	0.64 ^{ab}
	37	142.1 ^a	229.1 ^a	82.7 ^a	1.68 ^a	0.61 ^a
	42	157.4 ^b	265.1 ^b	76.7 ^a	1.63 ^a	0.69 ^b
	47	156.3 ^b	267.1 ^b	78.0 ^a	1.61 ^a	0.67 ^b
Lipid	7	156.5 ^x	262.8 ^x	80.5 ^x	1.66 ^x	0.67 ^x
	12	155.0 ^x	261.0 ^x	79.5 ^x	1.60 ^x	0.68 ^x
	17	140.6 ^y	225.9 ^y	78.5 ^x	1.62 ^x	0.61 ^y

¹ Initial weight = 43.1 g. Values in column for each dietary factor with the same superscript are not significantly different ($P > 0.05$)

² $Wg = (\text{final weight} - \text{initial weight}) \times 100 / \text{initial weight}$

³ Feed efficiency = weight gain (g)/total feed intake (g)

fat ($P > 0.05$). Feed consumption of fish for all treatments ranged of 1.58 - 1.68 g/fish/day.

Variance analysis showed that the interaction effect of dietary protein and dietary lipid on the growth, feed consumption and feed efficiency of fish was not significantly different ($P > 0.05$). This data indicates that there is no protein-sparing effect on the red snapper fed on diet containing different protein and lipid contents. Catacutan *et al.* (2008) also reported there was no protein-sparing effect on

the red snapper, *L. argentimaculatus* fed on diet with different dietary protein and dietary lipid levels. The same results was also reported for white sea bream, *Diphedus sargus* (Ozorio *et al.*, 2006), yellow croaker, *Pseudosciaena crocea* (Duan *et al.*, 2002), and humpback grouper, *Cromileptes altivelis* (Giri *et al.*, 2002).

Williams *et al.* (2003) reported that the protein-sparing effect was significant on the small size perch, *Lates calcarifer* fed on diet with different dietary protein and lipid contents.

Significant results on the influence of dietary lipid on the protein-sparing effect phenomena was also reported on dentex, *Dentex dentex* where protein content of diet can be reduced from 57% to 50% when the actual dietary energy was maintained at 22 kJ/g with 19.7% of lipid (Skalli *et al.*, 2004). Protein-sparing effect was also apparent in rockfish, *Sebastes schlegeli*, where feed with protein contents of 42% and lipid of 14% was optimal for fish growth (Lee *et al.*, 2002). Increasing the level of dietary lipid from 15 to 22% in the diet were reported to increase the utilization protein on the gilthead sea bream, *Sparus aurata* indicating the protein-sparing effect (Vergara *et al.*, 1999). Dietary protein content significantly influenced the growth parameters of red snapper (Table 3).

Regardless of the dietary lipid contents, final weight and percent weight gain of fish fed on diet with 42% protein content was higher and significantly different ($P > 0.05$) compared to fish fed on diet with 32% and 37% protein contents. However, increased dietary protein to the level of 47% did not improve the final weight and percent weight gain of fish. This data indicates that dietary protein of 42% is optimal for red snapper, *L. sebae*. While feed intake was not significantly different ($P > 0.05$) in all treatments (Table 3), difference in the growth of fish actually portrayed the response of different protein contents of the experimental diets. Analysis of the growth data from natural populations of red snapper, *L. sebae* indicates that the male grow faster than the female (Newman & Dunk, 2002; McPherson & Squire, 1992). Feed efficiency describes the proportion of feed that can be used for the growth of fish. Different levels of dietary protein in the experimental diets significantly affected feed efficiency of red snapper. Increased protein contents of experimental diet from 32% and 37% to 42% and 47% increase feed efficiency. The feed efficiency of fish fed on diet with protein content of 42% and 47% was not significantly different ($P > 0.05$). This results was in line with the growth data of fish fed on diet with 42% and 47% protein contents. Result of the present study indicated that the dietary protein requirement of red snapper, *L. sebae* of 42% was close to the data of protein requirement of another species of red snapper, *L. argentimaculatus* of 40% (Giri *et al.*, 2007) and 44% (Catacutan *et al.*, 2008).

Different levels of dietary lipid significantly affected final weight, percent weight gain, and feed efficiency of fish. Growth and feed efficiency of fish fed on diet with lipid contents of 12% and 7% were the same and these growth values were significantly higher than the fish fed on diet with lipid content of 17% ($P > 0.05$). These results indicated that red snapper *L. sebae* has a limited ability in utilizing lipid as a source of energy and tends to use energy from dietary protein. Catacutan *et al.* (2008) reported that increased dietary lipid contents from 6% to 12% on each level of dietary protein of 35%, 42.5%, and 50% for red snapper, *L. argentimaculatus* did not increase fish growth. Wang *et al.* (2005) reported that reduced growth and feed intake were observed for cobia, *Rachycentron canadum* when fed with diet containing high lipid (25%) compared to those fed with diet containing low lipid (5% and 15%). This data indicates that high lipid in diet can not be used effectively as a source of energy by the fish, as also reported by Williams *et al.* (2003) for sea bass, *L. calcarifer*. Besides as a source of energy, lipid is also required by fish to meet its essential fatty acid requirement and as the medium for fat soluble substances such as vitamins A, D, E, and K. In the experiment using malabar grouper, *Epinephelus malabaricus* Lin & Shiau (2003) reported this grouper requires at least 4% lipid in its diet to produce good growth. Growth of this grouper species was significantly reduced when lipid content in diet was increased from 12% to 16%.

Proximate composition of whole body fish after the feeding experiment was presented in Table 4. Variance Analysis showed that there was no significant interaction effect between dietary protein and lipid levels on dry matter, crude protein and ash content of fish. Regardless of the dietary lipid contents, different contents of dietary protein did not significantly affect dry matter, crude protein, lipid, and ash content of fish body ($P > 0.05$). Different protein contents of feed also were reported to have no significant effect on the protein contents of meat of yellow croaker, *P. crocea* (Duan *et al.*, 2002), red snapper, *L. argentimaculatus* (Catacutan *et al.*, 2008), and white sea bream *D. sargus* (Ozorio *et al.*, 2006).

Differences in lipid contents of the experimental diet significantly affect the dry matter, crude protein, and lipid contents of whole body fish ($P < 0.05$). Fish that were fed with diet con-

Table 4. Protein, lipid, and ash content of whole body of red snapper *L. sebae* fed on experimental diet for 98 days¹

Dietary factors	Level	Dry matter (%)	Protein (%)	Lipid (%)	Ash (%)
Protein	32	31.7 ^a	56.5 ^a	18.4 ^a	18.5 ^a
	37	31.8 ^a	57.1 ^a	18.3 ^a	19.1 ^a
	42	31.8 ^a	56.6 ^a	18.4 ^a	18.9 ^a
	47	31.3 ^a	57.2 ^a	18.3 ^a	19.0 ^a
Lipid	7	30.3 ^x	58.3 ^x	16.2 ^x	18.7 ^x
	12	32.1 ^y	57.6 ^x	18.0 ^y	19.3 ^x
	17	32.6 ^y	54.7 ^y	20.8 ^z	18.6 ^x

¹ Values in the same column for each dietary factor with the same superscript are not significantly different (P>0.05)

taining high lipid contents (17%) had the lowest body protein content. The same result was also reported for Striped bass, *Morone saxatilis* (Millikin, 1983). However, protein content of the meat of White Sea bream, *D. sargus* was reduced when lipid content of diet was increased (Ozorio *et al.*, 2006). Lipid content of whole body of red snapper, *L. sebae* in the present study had increased following increasing of lipid content of diets. This data shows that red snapper, *L. sebae* has limited ability in utilizing lipid as a source of dietary energy, and the excess of lipid tends to be stored in the body of fish. The same result was also reported on the humpback grouper, *C. altivelis*, where fish fed on high lipid diet tended to have high body lipid content (Giri *et al.*, 2002).

CONCLUSION

1. The best combination of protein and lipid levels in the diet of Red snapper, *L. sebae* was 42% and 12% respectively which was indicated by good growth and feed efficiency of tested fish.
2. Increasing the lipid content of the diet above 12% did not improve the growth of red snapper but instead leading to the increase of body lipid content of fish.

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