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# Saltatory Relaxation of the Cosmological Constant <sup>1</sup> Jonathan L. Feng\*, John March-Russell<sup>†</sup>, Savdeep Sethi\*<sup>‡</sup> and Frank Wilczek\*

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#### Abstract

We modify and extend an earlier proposal by Brown and Teitelboim to relax the effective cosmological term by nucleation of branes coupled to a three-index gauge potential. Microscopic considerations from string/M theory suggest two major innovations in the framework. First, the possibility of branes wrapped on degenerating cycles may generate a very small quantized unit for jumps in the effective cosmological term. Second, internal degrees of freedom for multiply coincident branes may enhance tunneling rates by exponentially large density of states factors. These new features essentially alter the relaxation dynamics. By requiring stability on the scale of the lifetime of the universe, rather than absolute stability, we derive a non-trivial relation between the supersymmetry breaking scale and the value of the cosmological term. It is plausibly, though not certainly, satisfied in Nature.

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## 1 Introduction

Although both the Casimir effect of quantum theory and the existence of symmetry-breaking condensates in both the strong and the electroweak sectors of the Standard Model indicate that empty space is a dynamical medium that 'ought to' have a large mass density, gravity, which couples universally to mass, does not reveal it. This is the problem of the cosmological term [1]. Various mechanisms have been proposed to address this problem, but so far none has won wide acceptance. This situation is especially challenging for string theory, and its conjectured non-perturbative definition M theory, in as much as string theory is proposed as a fully specified dynamical theory of gravity.

An interesting approach to the solution of the cosmological term problem is the proposal that it is relaxed by jumps (saltation) associated with some rather exotic dynamics. There is an important conceptual advantage to having the relaxation connected to some — necessarily exotic — dynamics that responds only to a source taking the form of an effective cosmological term. For if the dynamics responds to several influences, it is difficult to see how a particularly simple value for one partial determinant of its behavior can become overwhelmingly preferred. A model for this logic is the advantage one gains from Peccei-Quinn symmetry in relieving the  $\theta$ -problem of QCD. Indeed, that symmetry produces an exotic dynamics (the axion field) which responds only to a source having the form of an effective  $\theta$  term. Note that this logic also applies, in connection with continuous relaxation of scalar fields, to self-interactions (including kinetic terms), as has been quantified by Weinberg [1].

Saltation in the effective cosmological term has been considered in the context of stepwise false vacuum decay [2, 3] in a quasi-periodic staircase potential by Abbott [4], or alternatively by Brown and Teitelboim (BT) through nucleation of fundamental membrane degrees of freedom [5]. Since the membrane formulation is close in spirit to the ones that appear to arise naturally in string theory, we shall phrase our discussion in its framework.

The essential ingredients in the BT model are a fundamental membrane degree of freedom (in modern language, a 2-brane) and a 4-form gauge field strength  $F_4$  (deriving from a 3-form potential). The world-volumes of the membranes couple to the 3-form potential. The field strength  $F_4$  has no other couplings and no local dynamics in the four-dimensional spacetime, but its expectation value contributes to the effective cosmological term. The presence of an expectation value for  $F_4$  induces the nucleation of the 2-brane to which it couples, in a manner analogous to the Schwinger mechanism for electric field decay through nucleation of  $e^+e^-$  pairs. When a membrane is nucleated, say as a spherical shell, the effective value of the cosmological term on the inside differs from its previous value (the value on the outside) by an amount proportional to the coupling constant of the membrane. If a membrane of the correct sign is nucleated, the contribution of the 4-form to the effective value of the cosmological term will be reduced. For a suitable value of  $\langle F_4 \rangle$ , this contribution can

cancel that arising from the combined effects of all other degrees of freedom in the theory. If the steps between adjacent false vacua are sufficiently small, and if there is a reason why vacuum decay stops or slows down dramatically as  $\Lambda_{\text{eff}} \to 0$ , this mechanism could in principle relax a large microscopic cosmological term (arising from all sources other than the membrane-F field dynamics) to a value within observational bounds.

In their pioneering work, Abbott, and Brown and Teitelboim, postulated dynamical entities  $ad\ hoc$ , with no richer context to enhance their credibility or connect them to other problems and facts of physics. On the other hand, developments in string theory in the past few years have emphasized the importance of extended objects — branes — of various types. It therefore seems appropriate to consider whether these branes might allow improved mechanisms for saltatory relaxation of the cosmological term. We believe that this is the case, for several reasons:

- A wide variety of membranes play a fundamental role in string theory. There are corresponding gauge fields, which naturally couple (only) to these extended objects.
- Since the theory is naturally formulated in higher dimensions, the couplings of these membranes as seen in four dimensions are not fixed and quantized, but rather are determined in terms of the fundamental (fixed, quantized) couplings together with properties of the extra-dimensional compactification.
- Similarly, the effective tension as seen in four dimensions depends on the properties of the extra-dimensional compactification.
- There are significant, and, in suitable cases, exponentially large, density of states factors associated with semi-classical brane processes.
- Large degeneracy factors and small tension, which give the most rapid relaxation, appear to arise for complex, near singular configurations that feature small supersymmetry breaking. Just these configurations are favored for dynamical reasons.

We should stress that regardless of whether membrane nucleation is the final solution, or perhaps an ingredient, in solving the riddle of the cosmological constant, nucleation processes involving extended objects generically occur in string theory. Studying these processes is likely to give some insight into the question of vacuum selection and into the question of a background independent formulation of string theory.

In the following section, we review the BT formalism for relaxation of the cosmological constant through brane nucleation and the primary obstacles encountered. In the next two sections, we discuss features of string theory that may alleviate these difficulties: in Sec. 3 we describe the possibility of small charge densities and tensions

arising from degenerating cycles, and in Sec. 4 we note the relevance of exponentially large density of states factors. Motivated by these features, we describe two possible scenarios for the cosmological constant in Sec. 5. In Sec. 6, we discuss a number of outstanding issues and summarize.

## 2 Relaxation Dynamics

#### 2.1 Basic mechanism

We now recall the basic dynamics of the BT mechanism [5], which we have been able to express in a somewhat simplified fashion. For other recent discussions of membrane nucleation, see [6].

Consider gravity in D=4 spacetime dimensions with a 2-brane  $X^{\alpha}$  coupled to a 3-form gauge potential  $A_3$ . The Minkowski action is

$$S_{M} = -\tau_{2} \int d^{3}\xi \sqrt{-\det g_{ab}} + \frac{\rho_{2}}{6} \int d^{3}\xi A_{\alpha\beta\gamma} \frac{\partial X^{\alpha}}{\partial \xi^{a}} \frac{\partial X^{\beta}}{\partial \xi^{b}} \frac{\partial X^{\gamma}}{\partial \xi^{c}} \varepsilon^{abc}$$

$$-\frac{1}{48} \int d^{4}x \sqrt{-g} F_{\alpha\beta\gamma\delta} F^{\alpha\beta\gamma\delta} + \frac{1}{6} \int d^{4}x \partial_{\alpha} \left[ \sqrt{-g} F^{\alpha\beta\gamma\delta} A_{\beta\gamma\delta} \right]$$

$$+\frac{1}{2} \int d^{4}x \sqrt{-g} M^{2} (R - 2\lambda) - M^{2} \oint d^{3}x \sqrt{h} K , \qquad (1)$$

where the  $\xi^a$  parameterize the membrane world-volume, and  $g_{ab} = \partial_a X^\alpha \partial_b X_\alpha$  is the induced world-volume metric. The surface integral is over spacetime boundaries with h and K the induced metric and extrinsic curvature, respectively. This term and the total derivative integral ensure that the action has well-defined functional derivatives with respect to the metric and gauge field. An important point is that in four dimensions the 4-form field strength contains no independent propagating degrees of freedom, its value, up to a constant, being fully determined by the background of sources charged with respect to  $A_{\alpha\beta\gamma}$ .

The parameters entering this action, and their mass dimensions in D=4, are

2-brane tension 
$$au_2$$
 3
2-brane charge density  $au_2$  2
(Reduced) Planck mass  $au_2$  1
Bare cosmological constant  $au_2$  2 . (2)

Numerically,  $M = (8\pi G)^{-1/2} = 2.4 \times 10^{18} \,\text{GeV}$ . Here, in agreement with BT, we use the canonical — positive energy — sign for the  $F^2$  term. In Sec. 3, we shall see that this is appropriate for the wrapped branes that will be most relevant for us.

Rotating to Euclidean space, we find

$$S_E = \tau_2 \int d^3 \xi \sqrt{\det g_{ab}} + \frac{\rho_2}{6} \int d^3 \xi A_{\alpha\beta\gamma} \frac{\partial X^{\alpha}}{\partial \xi^a} \frac{\partial X^{\beta}}{\partial \xi^b} \frac{\partial X^{\gamma}}{\partial \xi^c} \varepsilon^{abc}$$

$$-\frac{1}{48} \int d^4x \sqrt{g} F_{\alpha\beta\gamma\delta} F^{\alpha\beta\gamma\delta} + \frac{1}{6} \int d^4x \partial_\alpha \left[ \sqrt{g} F^{\alpha\beta\gamma\delta} A_{\beta\gamma\delta} \right]$$
  
+ 
$$\int d^4x \sqrt{g} \frac{1}{2} M^2 (-R + 2\lambda) + M^2 \oint d^3x \sqrt{h} K .$$
 (3)

The sign of the  $F^2$  term in Eq. (3) depends on the Euclideanization procedure. Here, following Ref. [5], we make the conventional rotations  $x^0 \to -ix^0$ ,  $X^0 \to -iX^0$  for time-like quantities, but take  $A^{0\mu_2...\mu_{D-1}} \to A^{0\mu_2...\mu_{D-1}}$  and  $A^{\mu_1...\mu_{D-1}} \to iA^{\mu_1...\mu_{D-1}}$  for the space-like components so that the field strength F is invariant. Alternatively, one may adopt the prescription  $A^{0\mu_2...\mu_{D-1}} \to -iA^{0\mu_2...\mu_{D-1}}$  and keep the space-like components invariant. In this case, the sign of the  $F^2$  term in Eq. (3) changes. However, the field strength is not invariant under this prescription; taking  $\langle F_4 \rangle$  in Eq. (3) to be pure imaginary [7] leaves the following analysis unchanged.

The instanton solution is a membrane that divides space into two regions, an outside O and an inside I. In each region, the field strength is a constant

$$\left\langle F_{O,I}^{\alpha\beta\gamma\delta}\right\rangle = \frac{c_{O,I}}{\sqrt{g}}\varepsilon^{\alpha\beta\gamma\delta} ,$$
 (4)

and the field strengths are matched across the membrane boundary via

$$c_I = c_O - \rho_2 \ . \tag{5}$$

The effective cosmological terms are

$$\Lambda_{O,I} = \lambda + \frac{1}{2M^2} c_{O,I}^2 , \qquad (6)$$

where the field strength contribution follows from Einstein's equations. Alternatively, it may be 'read off' from the action if one is careful to include the on-shell contribution from the total derivative term, which is double in magnitude and opposite in sign relative to the usual  $F^2$  term. From Eq. (6), it is clear that if the bare cosmological term is to be canceled, it must be negative, and we therefore assume  $\lambda < 0$ .

The tunneling probability is  $P \sim e^{-B}$ , where the bounce action [2, 3] for this false vacuum decay is

$$B = \begin{cases} \infty, & \text{if } \Lambda_{\text{O}}, \alpha_{\text{O}} < 0\\ 12\pi^2 M^2 \left[ \frac{1}{\Lambda_{\text{O}}} (1 - b\alpha_{\text{O}}) - \frac{1}{\Lambda_{\text{I}}} (1 - b\alpha_{\text{I}}) \right], & \text{otherwise}. \end{cases}$$
 (7)

Here the bubble radius, defined so that the area of the bubble slice when continued back to Minkowski signature is  $4\pi b^2$ , is

$$b = \frac{1}{\sqrt{\frac{1}{3}\Lambda_O + \alpha_O^2}} = \frac{1}{\sqrt{\frac{1}{3}\Lambda_I + \alpha_I^2}} \,, \tag{8}$$

and

$$\alpha_{O} = \frac{1}{3xM} \left[ c_O - \left( \frac{1}{2} \pm \frac{3}{4} x^2 \right) \rho_2 \right]$$
 (9)

$$\Lambda_I = \Lambda_O + \frac{1}{2M^2} (\rho_2^2 - 2\rho_2 c_O) \tag{10}$$

$$x = \frac{\tau_2}{\rho_2 M} \,. \tag{11}$$

In the following sections, we will often work in Planck units with  $M \equiv 1$ .

#### 2.2 Naturality

The value of the cosmological term at present is

$$\Lambda_{\text{obs}} M^2 \lesssim (2 \times 10^{-3} \,\text{eV})^4 \sim 10^{-120} M^4 \ .$$
 (12)

Present data prefer a non-zero, positive value; for a recent review, see [8]. One virtue of saltatory relaxation is that, in contrast to mechanisms involving symmetries or continuous relaxation, a small non-zero value may emerge naturally as a consequence of a non-vanishing jump size.

For the observed value to be natural in the framework of brane nucleation, the spacing between allowed values of the effective cosmological term, near the observed value, cannot be much larger. This translates into the condition

$$\rho_2 \lesssim \frac{\Lambda_{\text{obs}}}{|\lambda|^{1/2}} \ . \tag{13}$$

This is an extremely stringent condition on the microphysics, even for plausible  $|\lambda| \ll 1$ , since the observed cosmological constant is so small. For example, even if the bare cosmological constant is generated only at the TeV scale through low-energy supersymmetry breaking,  $|\lambda| \sim 10^{-60}$ , and one requires  $\rho_2 \lesssim 10^{-90}$ , which translates into an associated mass scale of  $10^{-18}\,\mathrm{eV}$ . The requirement of such a small coupling is, at best, unsettling, and one might hope for an explanation in some more fundamental framework. This is especially true in string theory, where, in the absence of such an explanation, one naively expects couplings to be of order the Planck scale.

As an aside, note that throughout this study, we consider evolution of the cosmological term, through brane nucleation, down the staircase of allowed values, with fixed charge density  $\rho_2$ , and thus with essentially fixed step size. However, very small fractional changes in  $\rho_2$ , of order

$$\frac{\delta \rho_2}{\rho_2} \lesssim \frac{\Lambda_{\text{obs}}}{|\lambda|} , \qquad (14)$$

assuming  $\rho_2 \ll \sqrt{|\lambda|}$ , are sufficient to bring the observed value of the effective cosmological term into range by distorting the size of the steps near  $\Lambda = 0$ . Another

possibility is that the entire staircase moves up or down by some suitably small amount. Although we will not attempt to exploit these features here, they may play an important role in future work, since, as we shall emphasize below,  $\rho_2$  is in principle a dynamical variable. It depends, in particular, on the expectation values of the string theory compactification moduli, including the dilaton.

#### 2.3 Absolute Stability

The cosmological term must not only relax to within its observational bounds, but it must also stop evolving once it reaches this interval. For de Sitter space, additional bubble nucleations are always possible. However, for  $\Lambda_O < 0$ , transitions can take place only when  $\alpha_O > 0$ . It is not hard to show that this constraint, along with the condition  $\frac{1}{3}\Lambda_O + \alpha_O^2 > 0$ , implies that further lowering of the effective cosmological term will not occur beyond the first anti-de Sitter step if the tension is sufficiently large. This remarkable result is closely related to the Coleman-de Luccia [3] gravitational suppression of false vacuum decay. BT hypothesize that our Universe is at the endpoint of such an evolution.

A sufficient condition to ensure absolute vacuum stability is  $\tau_2^2 > \frac{4}{3}\rho_2 c_O$  or, in terms of the tension to charge density ratio,

$$x = \frac{\tau_2}{\rho_2} \gtrsim \sqrt{\frac{|\lambda|}{\Lambda_{\text{obs}}}} \ . \tag{15}$$

Thus, even for the smallest plausible  $|\lambda|$ , a large hierarchy between tension and charge density is required.

More problematic still, BT showed that, upon combining the stability and naturality conditions, the time required to reach the endpoint is excessively large, so large that even the very slow inflation that occurs in the penultimate vacuum would leave the universe entirely devoid of matter and energy.

# 3 Saltation in String Theory: Tension and Charge Density

#### 3.1 Framework

In its long wavelength approximation, M theory supports BPS M2-branes and M5-branes [9, 10, 11]. The M2-branes couple electrically to the 3-index gauge potential of 11-dimensional supergravity, which we denote by  $A_3$ . We define a dual gauge potential  $A_6$  in the standard way:

$$F = dA_3 = *F_7 = *dA_6 . (16)$$

The M5-branes couple magnetically to  $A_3$ , or directly to  $A_6$ . The simplest way to arrive at a 4-dimensional world is via compactification on a 7-dimensional internal

space  $\mathcal{M}_7$ . We obtain 2-branes from either the fundamental M2-branes of M theory, or by wrapping M5-branes on a 3-cycle  $a_3$  of the internal space  $\mathcal{M}_7$ .

In this latter case, we obtain a 4-form in spacetime in the following way: associated to a 3-cycle  $a_3$  of  $\mathcal{M}_7$  is a 4-form  $\omega_4$  which essentially acts like a delta-function in the directions of  $\mathcal{M}_7$  normal to  $a_3$ . More precisely, given any 3-form  $\beta_3$  on  $\mathcal{M}_7$ , integration with  $\omega_4$  restricts us to  $a_3$ :

$$\int_{\mathcal{M}_7} \beta_3 \wedge \omega_4 = \int_{a_3} \beta_3 \ . \tag{17}$$

From the Poincaré dual  $\omega_3 = *\omega_4$  in  $\mathcal{M}_7$ , we construct a 4-form  $\widetilde{F}$  in our 4-dimensional spacetime

$$F_7 = \widetilde{F} \wedge \omega_3 \ . \tag{18}$$

Setting fermions to zero, the 11-dimensional metric satisfies the equation of motion

$$R_{ab} - \frac{1}{2}g_{ab}R + \frac{1}{6}\left(F_{acde}F_b^{cde} - \frac{1}{8}g_{ab}F_{cdef}F^{cdef}\right) = 0.$$
 (19)

The sign of the four-form contribution is fixed by 11-dimensional supergravity. For both kinds of 2-brane described above, the contribution of F (or  $\tilde{F}$ ) to the effective cosmological constant is positive. There are also other ways of arriving at a 4-dimensional world that do not fit into the above framework, for example, by compactifying F theory [12] on a Calabi-Yau four-fold [13], or through compactifications where spacetime is warped [14, 15, 16]. However, for the purpose of this discussion, we restrict ourselves to the simplest scenario described above.

One might suppose that M2-branes are made to order for saltatory relaxation of the cosmological term. However, as we shall see, they do not have the right properties, at least when taken in their straightforward form. The wrapped M5-branes appear more promising. Rather than discuss the properties of such wrapped branes in the general framework of M theory, we can make contact with a possibly more familiar framework by descending to string theory. We take  $\mathcal{M}_7$  to have the form  $S^1 \times K$ . For a small  $S^1$ , M theory reduces to type IIA string theory [9].

The IIA string theory contains Ramond-Ramond (RR) field strengths  $F_2$  and  $F_4$  (and a non-dynamical  $F_{10}$  [17]), and in addition their 8-form and 6-form (and 0-form) magnetic duals. These (p+2)-form RR field strengths couple electrically to dynamical Dirichlet p-branes [17, 18] through the world-volume action  $\int d^{p+1}\xi A_{p+1}$ . After compactification to (3+1) dimensions on, say, a Calabi-Yau manifold K, the RR fields  $F_n$  can acquire (3+1)-Lorentz invariant expectation values  $\langle F_2 \rangle = v_2^i \, \omega_i^{(2)}$  and  $\langle F_4 \rangle = v_4^i \, \omega_i^{(4)} + v_4 \, \varepsilon^{(4)}$ , where  $\omega_i^{(2,4)}$  are the harmonic 2- and 4-forms on K, and  $\varepsilon^{(4)}$  is the spacetime volume element. If we take the (4+6)-dimensional Poincaré duals of these expectation values  $v_{(4,2)}^i$ , we then find expectation values of the general form  $F = v_{(4,2)}^i \varepsilon^{(4)} \wedge \widetilde{\omega}^{(2,4)}$ , which couple magnetically to the Dp-branes. Let us denote the expectation values collectively by  $v_a$ .

Generically, when  $v_a \neq 0$ , supersymmetry is broken [19, 20, 21, 22, 23], and a scalar potential is generated that depends on the Calabi-Yau moduli  $t_{\alpha}$  and the expectation values  $v_a$ . The critical points of this scalar potential are of two general types [20, 21]: either the Calabi-Yau runs away to infinite volume, or the theory is driven to conifold-like points where homology cycles of K degenerate (classically approach zero volume). Moreover, since the configurations with  $v_a \neq 0$  are not isopotential, there are dynamical process whereby the values of the  $v_a$ 's change. The  $v_a$  'discharge' by the nucleation and expansion of charged membranes, the D-branes of string theory.

Classically, the vacuum expectation values  $v_a$  of the RR fields can vary continuously. Quantum mechanically, they satisfy quantization rules that follow from the quantization of brane properties, which are standard results in string/M theory [24]. These brane properties are fixed, given information about the compactification and the parameters of our low-energy effective Lagrangian.

In (9+1) dimensions, the low-energy string and Dp-brane effective action is

$$S_{10} = \frac{1}{2\kappa_{10}^2} \int d^{10}x \sqrt{-G} \left[ e^{-2\phi} \left( R + 4(\nabla \phi)^2 \right) - \sum \frac{1}{2n!} F_n^2 \right]$$

$$-T_p \int d^{p+1}\xi \, e^{-\phi} \sqrt{-\det G_{ab}} + \rho_p \int d^{p+1}\xi \, A_{p+1} , \qquad (20)$$

where  $\phi$  is the dilaton,  $G_{ab}$  is the induced metric on the brane, and only the relevant bosonic terms are displayed. The tension and charge density of type II Dp-branes is

$$T_p^2 = \rho_p^2 = \frac{\pi}{\kappa_{10}^2} (4\pi^2 \alpha')^{3-p} \ .$$
 (21)

This may be written more conveniently by using the relation  $\kappa_{10}^2 = 2^6 \pi^7 \alpha'^4$  and defining the string length  $\ell_s$  in terms of the fundamental string tension through  $T_{\rm F1} = 1/(2\pi\alpha') = 2\pi/\ell_s^2$ . With these conventions,

$$T_p = \rho_p = \frac{2\pi}{\ell_s^{p+1}} \ .$$
 (22)

(Note that there is no factor of  $1/g_s$  in these expressions because of the conventions employed in Eq. (20).) The 4-dimensional physical brane tensions and charge densities will be proportional to  $T_p$  and  $\rho_p$ . To proceed further, we must analyze the effects of compactification.

#### 3.2 Direct descent

Let us first consider the case of a D2-brane in 10 dimensions that descends directly to a 2-brane in 4 dimensions. The 10-dimensional supergravity action is compactified on a Calabi-Yau manifold with string-frame volume  $V_6$ . The physical effective tensions and charge densities are then determined in 4-dimensional Einstein frame, where the

gravitational action takes the conventional Einstein-Hilbert form. This frame follows after performing the Weyl rescaling  $g_{\mu\nu} \to e^{2\phi} g_{\mu\nu}$  on the 4-dimensional metric  $g_{\mu\nu}$ . The 4-dimensional action is then

$$S_4 = \frac{V_6}{2\kappa_{10}^2} \int d^4x \sqrt{-g} \left[ R - 2(\nabla\phi)^2 - \sum \frac{1}{2n!} e^{-2(n-2)\phi} F_n^2 \right]$$

$$-T_p \int d^{p+1}\xi \, e^{p\phi} \sqrt{-\det g_{ab}} + \rho_p \int d^{p+1}\xi \, A_{p+1} .$$
(23)

The 4-dimensional effective tension is  $\tau_p|_{\text{4D,eff}} = T_p g_s^p$ , where  $g_s = e^{\langle \phi \rangle}$  is the string coupling. To determine the effective charge density, note that the  $F_n^2$  kinetic terms are not canonically normalized. Upon restoring the normalization, we find a 4-dimensional effective charge density of  $\rho_p|_{\text{4D,eff}} = \sqrt{2}\rho_p g_s^p/M$ , where the reduced Planck mass is fixed by  $M^2 = V_6/\kappa_{10}^2$ . The tension to charge density ratio, in Planck units, is then  $x = 1/\sqrt{2}$ .

For the 2-brane case of interest,

$$\rho_2|_{\text{4D,eff}} = \frac{2\sqrt{2}\pi g_s^2}{M\ell_s^2} \,.$$
(24)

Clearly, we can only obtain a sufficiently small charge density by taking extreme values for  $\ell_s$  and/or  $g_s$ . For example, with the canonical choice of string scale  $\ell_s \simeq (10^{17}\,\text{GeV})^{-1}$ , we find that a charge density of  $\rho_2 \lesssim 10^{-90}$  requires  $g_s \lesssim 10^{-44}$ . Alternatively we could take  $\ell_s$  to be a larger length scale. These non-canonical cases include the 'large extra dimension' scenario [25] with  $g_s \sim 1$  and some number of sub-millimeter dimensions. However, given the success of quantum field theory at colliders such as LEP and the Tevatron,  $\ell_s \lesssim (\text{TeV})^{-1}$  at the very best. Although an improvement, this still requires a tiny string coupling  $g_s \lesssim 10^{-23}$  to generate a sufficiently small  $\rho_2$ . It is difficult to understand how to accommodate the Standard Model in such an extreme corner of string theory moduli space, much less gauge coupling unification with  $\alpha_{\text{unif}} \simeq 1/25$  [26].

## 3.3 Degenerating cycles

A more promising alternative employs branes wrapped on homology cycles whose volume approaches zero classically, as for conifolds [27]. The wrapping on degenerating cycles leads to nearly tensionless branes with small charge densities.

Classically, if a Dp-brane of tension  $T_p$  wraps a k-cycle  $a_k$  of the compactification manifold, where  $k \leq p$  and the volume of  $a_k$  is  $\operatorname{Vol}(a_k)$ , then the result in the effective 4-dimensional theory is a (p-k)-brane of tension  $\tau_{(p-k)} \sim T_p \cdot \operatorname{Vol}(a_k)$ . If  $\operatorname{Vol}(a_k)$  approaches zero, *i.e.*,  $a_k$  is a degenerating cycle, a nearly tensionless object exists in the 4-dimensional theory. This is consistent with the higher-dimensional quantization rules for brane properties.

Thus, for an effective 2-brane in 4 dimensions coming from the wrapping of a Dp-brane on a cycle  $a_{p-2}$ , the Einstein frame effective tension and charge density are

$$\tau_2|_{\text{4D,eff}} = T_p \text{Vol}(a_{p-2}) g_s^2, \qquad \rho_2|_{\text{4D,eff}} = \frac{\sqrt{2} T_p \text{Vol}(a_{p-2}) g_s^2}{M}.$$
(25)

For small  $\operatorname{Vol}(a_{p-2})$ , a wrapped  $\operatorname{D}p$ -brane will have both small tension and small charge density. As in the previous case, the tension to charge density ratio for these branes, in Planck units, is  $x=1/\sqrt{2}$  in the supersymmetric limit. Corrections from supersymmetry breaking, or from brane excitations, will increase x slightly. Note that as we wish to keep the Planck scale M fixed, the expression Eq. (25) does not apply to the case where a (p-2)-cycle of a factorizable compactification, such as a  $T^{p-2}$  in  $K \simeq T^6$  or  $K \simeq K3 \times T^2$ , degenerates. Rather Eq. (25) applies to a non-trivial CY 3-fold with degenerating cycles. Also, the 'monopole' number of the magnetic field in the internal dimensions correctly maintains its quantization as the cycle degenerates, namely,  $\int_{a_{p-2}} \omega_{(p-2)} = 1$  where  $F_{p+2} = \widetilde{F}_4 \wedge \omega_{(p-2)}$ .

More than one type of brane can wrap the degenerating cycle. Consider, for example, a theory with both D2-branes and D4-branes and a compactification with a degenerating 2-cycle  $a_2$ . Since both types of branes can wrap  $a_2$ , the 4-dimensional theory contains particle states of mass  $\tau_0 \sim \text{Vol}(a_2)/\ell_s^3 \to 0$  from wrapping D2-branes, as well as 2-brane states of tension  $\tau_2 \sim \text{Vol}(a_2)/\ell_s^5 \to 0$  from wrapping D4-branes. Note that in the absence of supersymmetry breaking both the particle and 2-brane states can be BPS objects, and their tensions (or masses) and charge densities are protected quantities.

The classical phenomenon of true degeneration and corresponding tensionless, or massless, states is typically not realized in the full quantum theory. Instead the effective (3+1)-dimensional 2-brane will have a dynamically generated non-perturbative tension, which may be exponentially small. It is known that in some cases a tension is generated from the dynamics of the would-be massless particle states arising from a D2-brane wrapping the 2-cycle. These particle states realize a non-Abelian gauge theory, presumably in a sector hidden with respect to the Standard Model, whose low-energy non-perturbative dynamics can break supersymmetry. (This sector is conceptually distinct from hidden sectors postulated to provide supersymmetry breaking for the supersymmetric Standard Model.) This leads to a potential for the volume modulus of the cycle, which stabilizes it at a scale  $\Lambda \sim \exp(-8\pi^2/b_1g_{YM}^2)M$  [28, 23, 22, 29]. Once the cycle is stabilized at this small scale, membranes wrapping this cycle have tension and charge density that are also proportional to  $\Lambda$  and thus can be very small, even for  $g_{YM} \sim 1$ . The precise conditions under which very small tensions and charges occur deserve much further study.

Some years ago, one of us made the numerical joke [30]

$$\Lambda_{\rm obs} M^2 \sim (e^{-\pi/\alpha_{\rm unif}} M)^4 , \qquad (26)$$

with  $\alpha_{\rm unif} \simeq 1/25$ . Our present considerations suggest an intimate connection between

non-perturbative effects and the value of the observed cosmological term, and could conceivably lead to a relation of just this form.

## 4 Saltation in String Theory: Density of States

#### 4.1 Multi-bounce properties

An essentially new feature is introduced by multi-bounce solutions arising from coincident branes. Such coincident branes support low-energy internal degrees of freedom. Thus there are potentially large density of states factors accompanying their nucleation. Calculations [31, 32] performed in the context of checking duality between type I and heterotic SO(32) string theory demonstrate that D-branes do make contributions that can be interpreted semi-classically as incorporating degeneracy factors reflecting the non-Abelian structure of coincident D-branes. Another aspect of this is that many coincident branes with large total charge can be described in appropriate limits as 'black' objects, similar to black holes, with event horizons, and with associated Bekenstein-Hawking (BH) entropy [33].

Consider first the case of k coincident D3-branes. Such a configuration possesses a U(k) super Yang-Mills (SYM) gauge theory on its world-volume. In the limit where the interactions with the bulk string theory are weak, and where the temperature (or excitation energy) of the SYM is small, one can compute the entropy of this system.

When the effective SYM gauge coupling  $g_{\text{eff}}^2 \simeq kg_{\text{YM}}^2$  is small, the entropy of the gas of massless gauge bosons and their superpartners at temperature T is simply

$$S_3 = \frac{2\pi^2}{3}k^2VT^3 \ , \tag{27}$$

where V is the spatial volume of the 3-branes. What happens when the effective coupling is large? In this case one can use the type IIB supergravity solution describing the k coincident 3-branes. These classical solutions with the asymptotic geometry and quantum numbers appropriate for k coincident 3-branes contain a non-extremality parameter upon which their masses and horizon areas depend. If we associate the area of the horizon with BH entropy, we can derive a temperature by taking an appropriate derivative. By this procedure, the supergravity picture yields the strong coupling form of the entropy. In this case, the entropy agrees with the preceding weak coupling formula up to a numerical prefactor 3/4, which is then a prediction for the strong coupling behavior of the theory.

For k coincident D2-branes the UV theory (in the decoupling limit) is again a weakly-coupled U(k) SYM theory, so the UV entropy again scales as  $k^2$ . However we are interested in the IR entropy since, as we will argue in the next subsection, the physically motivated temperatures are the ambient de Sitter temperatures which are small (vanishingly small as  $\Lambda_O \to \Lambda_{\rm obs}$ ). In the IR the SYM theory on the (2+1)-dimensional world-volume becomes strongly coupled, so one must switch over to the

supergravity description. As shown in Ref. [34], the theory flows in the far IR to that of the M2 brane with BH entropy inferred from the horizon area given by [33]

$$S_2 \simeq k^{3/2} A T^2 \tag{28}$$

with A the 2-brane area. This strongly suggests that such strongly-coupled brane configurations support  $\mathcal{O}(k^{3/2})$  light degrees of freedom, though the physical nature of these degrees of freedom remains somewhat mysterious. Thus the probability for a semi-classical process involving k coincident D2-branes is multiplied by a density of states factor of the form  $N_k \sim \exp(k^{3/2}AT^2)$  in the IR limit  $T \to 0$ .

The branes of interest to us are effective near-tensionless 2-branes arising from the wrapping of, say, a D4-brane on a degenerating 2-cycle  $a_2$ , or in the M theory picture an M5-brane wrapped on  $S^1 \times a_2$ . Forgetting for a moment about the wrapping on a degenerating cycle, k coincident D4-branes have a (4+1)-dimensional SYM theory which now flows to a free theory in the IR, so the entropy would scale as  $k^2V_4T^4$  (the M5-branes have a rather unusual, and microscopically not fully understood, scaling  $S \sim k^3$ ). In the case of the wrapped branes, the excitations in the wrapped directions are massive and not excited at the low temperatures we consider, so the entropy scales as  $S \sim AT^2$  with A being the area of the 2-brane in our extended (3+1)-dimensional spacetime. Such behavior is correct until the temperature T falls below the inverse linear size 1/b of the nucleated brane, below which point the density of states factor just counts the number of zero modes. From the preceding discussion, we expect the scaling of the entropy with k in this case to lie between  $k^2$  and  $k^{3/2}$ . A more exact treatment requires an additional analysis of the way in which the exponent scales as we approach the IR, as the physically motivated temperature is small but non-zero, and it is incorrect to scale infinitely far into the IR. However, since the near degeneration implies that the world-volume theory of the effective 2-brane in (3+1)dimensions has a bare coupling that is large, we regard the lower value  $\beta = 3/2$  as being more likely.

In any case, if we accept this reasoning, the probability for a semi-classical process involving k coincident 2-branes must be multiplied by an appropriate density of states factor of the form

$$N_k \sim \exp(k^\beta A T^2) \ , \tag{29}$$

for an appropriate temperature T, with an exponent  $\beta$  that likely lies between  $\beta = 2$  and  $\beta = 3/2$ . (Although we will not utilize it here, there might also be the possibility of  $k^3$  scaling in the M5-brane limit.) As we will show below, a larger  $\beta$  exponent implies more complete saltation, so we will adopt the more 'conservative' value of  $\beta = 3/2$  as our canonical choice.

#### 4.2 Temperature: ambiguity, black hole analogy

The only temperatures intrinsic to our scenario are the de Sitter temperatures

$$T_{O,I} = \frac{H_{O,I}}{2\pi} = \frac{1}{2\pi} \sqrt{\frac{\Lambda_{O,I}}{3}}$$
 (30)

Ambient ordinary matter might supply a much higher temperature (see Sec. 6), but the branes are in very poor thermal contact with it. (Ambient D-matter, *i.e.*, the light particles mentioned above, might supply a better coupled temperature bath, but we shall not pursue this possibility.)

If the initial cosmological term is much larger than the change brought about by the k-bounce,

$$\Lambda_O \gg k \rho_2 c_O \ , \tag{31}$$

then the de Sitter temperatures before and after nucleation are almost identical,  $T_O \simeq T_I$ , and we may use either one in calculating the density of states factor.

In the case that a given transition produces large changes in the effective cosmological constant, an ambiguity arises. One possibility is that the temperature scale for tunneling from a highly curved (high temperature) de Sitter space to a less curved de Sitter space (or even to a flat or anti-de Sitter space) is substantially set by the high temperature. In this case one would take

$$T \sim T_O$$
 (32)

in the density of states factor of Eq. (29). We will consider the dynamics of this possibility in Sec. 5.1.

However, when the change in the nominal de Sitter temperature is comparable to the temperature itself, the thermal description of the tunneling process is internally inconsistent. A similar situation has been encountered before, in black hole physics [35]. The problem arises in its most acute form for near-extremal holes, as the temperature approaches zero. If one uses the temperature of the initial hole, one finds a significant probability for radiating a quantum that will take the hole past extremality to a naked singularity. A more refined analysis [36, 37] shows that radiation is *not* thermal with regard to the initial temperature, and in particular that radiation beyond extremality is forbidden.

If we make an analogy between maximally homogeneous cosmologies and black holes base on their temperatures, then de Sitter spaces correspond to ordinary holes, flat space corresponds to an extremal hole, and anti-de Sitter spaces to naked singularities. This analogy suggests, in view of the previous paragraph, that we should not consider finite temperature branes that mediate transitions from de Sitter to anti-de Sitter spaces. A crude working hypothesis, which interpolates smoothly to this suggestion, is that in the density of states factor of Eq. (29), we should, instead of  $T \sim T_O$ , employ the geometric mean of the de Sitter temperatures

$$T \sim \sqrt{T_O T_I} \ . \tag{33}$$

The dynamics of this possibility is explored in Sec. 5.2.

## 4.3 A catastrophe for $T \sim T_O$ ?

If the analogy to black hole results holds, tunneling to (and through) anti-de Sitter space is excluded. On the other hand, if the temperature for transitions is effectively set by  $T_O$ , multi-bounce transitions with arbitrarily large k are possible and must be considered.

The action for k-bounce tunneling is given by Eqs. (7)–(11), with  $\rho_2 \to k\rho_2$  and  $\tau_2 \to k\tau_2$ . The action is monotonically increasing as k increases, and has the limiting behavior

$$B = \frac{24\pi^2 M^2}{\Lambda_O} , \quad k \to \infty . \tag{34}$$

The limit  $k \to \infty$  is therefore problematic, since  $P \sim N_k e^{-B}$  approaches a constant for large k. Note, however, that the 'instability' is toward creation of bubbles of highly curved de Sitter space (with large T), so as  $k \to \infty$ , the bubble size  $b \sim \frac{1}{k} \to 0$ . The converted volume per unit time is therefore finite. On the other hand, as  $k \to \infty$  the black branes acquire significant spatial structure, so our effective Lagrangian employing infinitely thin branes is no longer appropriate. There is much more to be said about this issue, but we reserve it for future discussion.

## 5 Scenarios

Let us now gather the pieces and attempt to envisage how — and whether! — they may be assembled into a complete scenario.

The cosmological constant evolves from some initial value through multi-bounce transitions. The probability for such transitions is

$$P \sim e^D e^{-B} \ . \tag{35}$$

The bounce action B is given by Eqs. (7)–(11), with  $\rho_2 \to k\rho_2$  and  $\tau_2 \to k\tau_2$ , where k is the bounce number. The density of states prefactor is specified by  $D = k^{\beta}AT^2$ , where  $A = 4\pi b^2$  is the 2-brane area, and T is the temperature. For concreteness, we will assume the low 'conservative' value of  $\beta = 3/2$ , but simple extensions of the following analysis holds more generally, for example, for  $\beta = 2$  or larger.

As noted above, the temperature T is not under good theoretical control. We will therefore explore both of the broad alternatives mentioned previously.

## 5.1 $T \sim T_O$ , 1-step relaxation

We first consider the possibility that the temperature is given by the scale of the initial (outside) de Sitter temperature, so  $T \sim T_O \sim \sqrt{\Lambda_O}$ . The tunneling probability

from a given background configuration is then fixed in terms of the initial effective cosmological constant  $\Lambda_O$ , the initial field strength  $c_O$ , and the 2-brane charge density and tension, parameterized by  $\rho_2$  and  $x \equiv \tau_2/\rho_2$ .

We begin with some bare cosmological constant  $\lambda < 0$ . Assume that the initial field strength gives a similar contribution to the effective cosmological constant, so  $\Lambda_O, c_O^2 \sim |\lambda|$ . We assume also that, as discussed in Sec. 3.3, a degenerating cycle creates a very small charge density  $\rho_2 \sim \Lambda_{\rm obs}/\sqrt{|\lambda|}$ , consistent with the naturality condition discussed in Sec. 2.2. Finally, the analysis of Sec. 3.3 implies  $x \sim 1$ .

With such initial conditions and brane properties, the maximal bounce action is  $B \sim 1/|\lambda|$ , while the degeneracy factor may be as large as  $D \sim \lambda^2/\Lambda_{\rm obs}^2$ . Recall that  $\Lambda_{\rm obs} \sim 10^{-120}$ , while  $\lambda$  is plausibly in the range of 1 (for Planck scale cosmological constants) to  $10^{-60}$  (for low-scale supersymmetry breaking at the TeV scale). Thus, the degeneracy enhancement overpowers the bounce action suppression, and tunneling proceeds rapidly.

It is not difficult to show that D is maximized for  $k\rho_2 \sim c_O$ , i.e., for field strength step sizes of the right order to neutralize the field strength contribution to the effective cosmological constant. Indeed the most probable tunneling events nucleate bubbles of deep anti-de Sitter space. Such events produce small, short-lived interior universes, so the meaning of 'probable' in this context must be carefully qualified. Among universes that live a long time and even remotely resemble ours, the exponentially most favored are those closest to having zero effective cosmological term.

This scenario invokes a form of the anthropic principle. It is a uniquely weak one, however, in the following sense. Anthropic bounds on the cosmological term are highly asymmetrical [1]. For positive cosmological terms, the formation of sufficiently large gravitational condensations requires cosmological terms below  $\sim 100$  in units of  $\rho_c$ , the critical density. For negative cosmological terms, the lifetime of the universe requires cosmological terms roughly above -1. Thus if the spacing between allowed near-zero saltatory values of the cosmological term in units of  $\rho_c$  is, say, 3 and allows the values ...,  $-2, 1, 4, \ldots$ , then among values that can be experienced by sentient observers, 1 is by far the most likely.

Now suppose such a transition to nearly flat space has occurred. As discussed in Sec. 2.3, absolute stability is possible only for anti-de Sitter spaces, and only for extremely large x. However, absolute stability is not required on empirical grounds. We need only require that the effective value of the cosmological term is at present stable on cosmological time scales. For a starting effective cosmological constant of  $\Lambda_O \sim \Lambda_{\rm obs}$ , the degeneracy factor is highly suppressed by small T, and the bounce action is dominant. The stability of the vacuum is then determined solely by B.

Since the bounce action can become truly infinite for slightly anti-de Sitter spaces, we anticipate, by continuity, that it can become very large even for slightly de Sitter spaces. The least suppressed transition (and so most dangerous from the point of view of vacuum instability) is that mediated by k = 1. For small  $\rho_2$  and small  $\Lambda_O$ ,

the k = 1 bounce action is

$$B \approx \frac{27\pi^2 x^4}{2} \left[ \frac{\rho_2}{c_O^3} - \frac{\rho_2^2}{c_O^2 \Lambda_O} \right] , \quad \rho_2, \sqrt{\Lambda_O} \ll c_O .$$
 (36)

Neglecting numerical factors, we find

$$B \sim x^4 \Lambda_{\rm obs} / \lambda^2$$
 (37)

If we now take  $|\lambda| \sim 1$ , then the action is very small, and there is no effective stability. On the other hand, if supersymmetry is broken at a low scale, then we expect  $|\lambda| \ll 1$ . Let us inquire when  $B \gtrsim 1$ . This translates into

$$|\lambda_{\text{halting}}| \lesssim x^2 \sqrt{\Lambda_{\text{obs}}} ,$$
 (38)

or, restoring the mass units.

$$|\lambda_{\text{halting}}|M^2 \lesssim x^2 (2 \times 10^{-3} \,\text{eV})^2 (2.4 \times 10^{18} \,\text{GeV})^2 \sim x^2 (2 \,\text{TeV})^4$$
. (39)

In models where supersymmetry breaking is transmitted with little suppression to the Standard Model fields (or is even present in the observable sector itself), it is reasonable to expect the supersymmetry breaking scale to set the scale of the bare cosmological constant, so

$$M_{\text{weak}}^4 \sim M_{\text{SUSY}}^4 \sim |\lambda_{\text{halting}}| M^2$$
 (40)

Given the present experimental lower bounds on the supersymmetry breaking scale, we find then that the stability of the vacuum in this scenario requires low scale supersymmetry breaking, and relates the cosmological constant, Planck, and weak scales according to

$$M_{\text{weak}}^2 \sim (10^{-3} \,\text{eV})(M_{\text{Planck}}) \,,$$
 (41)

in accord with observation.

In a more careful analysis, one may require  $B \gg 1$  for stability. However, the required supersymmetry breaking scale will not differ significantly from the above estimates, as B goes as the inverse 8th power of the energy scale appearing in  $|\lambda| M^2$ .

## 5.2 $T \sim (T_I T_O)^{1/2}$ , multi-step relaxation

Motivated by the black hole analogy, we now consider an effective temperature that is the geometric mean of the initial and final de Sitter temperatures. In this case, tunneling to (and through) anti-de Sitter space is forbidden by fiat. However, the requirements of rapid tunneling to the observed cosmological constant and its stability are non-trivial constraints, and we now investigate their implications.

As in the previous scenario, we consider initial conditions  $c_O^2$ ,  $\Lambda_O \sim |\lambda|$ . Now, however, the density of states factor D is typically maximized for  $\Lambda_I$  within an order of

magnitude of  $\Lambda_O$ . To see this, a very rough estimate may be obtained by neglecting the bubble radius dependence on k and approximating  $\Lambda_O - \Lambda_I = (2\rho_2 c_O - \rho_2^2)/2 \sim \rho_2 c_O$ . We then have  $D \propto \sqrt{\Lambda_O \Lambda_I} (\Lambda_O - \Lambda_I)^{3/2}$ , which is maximized for  $\Lambda_I = \frac{1}{4} \Lambda_O$ .

For  $\Lambda_I \sim \Lambda_O$ ,

$$D_{\text{max}} \sim \frac{\Lambda_O^{5/2}}{|\lambda|^{7/4} \rho_2^{3/2}} \ .$$
 (42)

It is not hard to verify that this degeneracy factor dominates the bounce suppression when  $\Lambda_O \sim |\lambda|$ . Thus, initially the effective cosmological constant tunnels rapidly as in the previous scenario, but in contrast to the previous case, the cosmological constant relaxes through several steps, with values roughly following a geometric series.

The effective cosmological constant will relax as described until  $\Lambda_O \ll c_O^2$ , when Eq. (36) holds. At this point, the condition that tunneling continue is the requirement  $D_{\text{max}} \gtrsim B$ , or, since  $B \sim \Lambda_O/\lambda^2$ ,

$$\Lambda_O^{3/2} \gtrsim |\lambda|^{-1/4} \rho_2^{3/2} \ .$$
 (43)

For vanishing  $\rho_2$ , tunneling may continue to arbitrarily small  $\Lambda_O$ . However, if we require stability from  $B \gtrsim 1$ , we find, from Eq. (36),

$$\rho_2 \gtrsim c_O^3 \sim |\lambda|^{3/2} \,, \tag{44}$$

so  $\rho_2$  cannot be arbitrarily small. Combining Eqs. (43) and (44), we find that tunneling stops when

$$\Lambda_O \gtrsim |\lambda|^{4/3} \ . \tag{45}$$

Thus, even for  $|\lambda| \sim 10^{-60}$ , although the effective cosmological constant is reduced by a factor of  $10^{20}$ , one membrane cannot suppress it to the observed value.

In general, however, it is important to note that several different 2-branes with various fundamental charge densities may be expected to arise from different degenerating cycles. Suppose that another brane begins nucleating as the first membrane reaches its endpoint. The initial conditions for this new membrane are identical to those for the first brane, except that now the role of the initial bare cosmological constant is played by  $\Lambda_O \sim |\lambda|^{4/3}$ . For appropriate charge densities, n branes may reduce the cosmological constant to  $|\lambda|^{(4/3)^n}$ . For  $|\lambda| \sim 10^{-60}$ , three branes are sufficient to reduce the cosmological constant to its observed value.

So far we have considered only the 'conservative'  $\beta = 3/2$  case. For larger values of  $\beta$  more complete relaxations of the cosmological term are possible. For general  $\beta$ , a single membrane may relax the cosmological constant to  $\Lambda_O \gtrsim |\lambda|^{2-\beta^{-1}}$ . Thus, even for the  $\beta = 2$  case, only two stages are required. Note also that in these multibrane scenarios, in principle quite complex dynamics can arise, with periods of slow relaxation interspersed with more rapid changes.

## 6 Summary and Discussion

On very general grounds, it is appealing to think that relaxation of the cosmological term might be associated with very special degrees of freedom that have no conventional couplings to matter, and no conventional kinetic energy, but respond only to 3+1 dimensionally uniform form fields and, of course, to gravity. Several difficulties in such an approach must be addressed. The phenomenologically required energy scale is very small and not easily manufactured out of conventional energy scales. In addition, in any reasonable scenario, the cosmological constant must relax sufficiently quickly from high scales, but must be stable on cosmological time scales at its present value.

String theory provides a promising microscopic framework for such a mechanism. The necessary degrees of freedom are naturally supplied by string/M theory branes, and the phenomenon of classically degenerating cycles, stabilized by non-perturbative effects in a small coupling, appears in principle to be capable of producing a very small scale. We have also identified a candidate mechanism, the enhancement of multi-step jumps due to large density of states factors, which typically leads to large tunneling probabilities. Finally, as we have seen, the absolute stability of certain anti-de Sitter universes implies that near flat universes may be also be sufficiently stable.

We have considered two representative scenarios differing in the treatment of the effective temperature entering the density of states factor. In the simplest scenario, with  $T \sim T_O$ , the exponentially most probable transition, excluding extremely short-lived universes, is to universes that are most nearly flat. By requiring that this new vacuum be sufficiently stable, we derived a non-trivial constraint for a mechanism of this kind. This constraint provides an intriguing relationship, plausibly though not necessarily satisfied in Nature, between the supersymmetry breaking scale and the geometric mean of the present-day effective cosmological constant and Planck scales.

In reaching this relation, we have assumed the bare cosmological constant to be of order the supersymmetry breaking scale. Indeed, while the bare cosmological term appears as a free parameter in supergravity, in string/M theory, phenomenologically interesting models with unbroken supersymmetry have zero cosmological term. In this context, it is therefore reasonable to expect that the relevant scale for the bare cosmological term is indeed the supersymmetry breaking scale. Many models of supersymmetry breaking invoke 'hidden sectors' with a characteristic mass scale much larger than the TeV scale. Unless the hidden sector contribution to the bare cosmological term is somehow suppressed to this TeV scale, in our simplest scenario the vacuum will be unstable.

Alternatively, an analogy with black holes suggests a richer dynamics, in which flat space plays a distinguished role and tunneling to anti-de Sitter space is forbidden. Within this circle of ideas, and in contrast to the previous scenario, we found that the cosmological constant relaxes through a several jumps, roughly following a geometric series. The constraint of stability limits the range over which the cosmological

constant may be relaxed by any given membrane. However, two or more types of branes with radically different scales may relax the cosmological constant to within observational bounds, and appeal to the anthropic principle may be avoided.

Our work so far is very seriously incomplete, in that we have not attempted to incorporate it into a realistic (e.g., Friedmann-Robertson-Walker) cosmological model including matter. Thus, in particular, we have not addressed the dynamics of relaxation following a phase transition. There is a potential problem here, since, if after relaxation to zero effective cosmological term a later matter phase transition drives it negative, recovery may be difficult. We note also that the existence of very light membrane degrees of freedom may have a variety of observational and experimental consequences. We reserve discussion of these issues for a future publication.

We also require, for our dynamics, degenerating cycles. Such cycles occur in special classes of models, which we therefore favor. Most model building in string/M theory has been based, implicitly or explicitly, on the paradigm of minimizing a potential. This has always been problematic within a quantum theory of gravity, but it was not clear what could replace it. The saltatory mechanism suggests a different principle, based on the dynamics of relaxation of the cosmological term. Whether this principle, or any other, is powerful enough to select uniquely a vacuum as complex as the one we observe remains to be seen.

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## Note

As this manuscript was being completed, we learned of independent work by Bousso and Polchinski [38] proposing quite a different scenario for fixing the cosmological term in string theory through a generalization of the Brown-Teitelboim mechanism. They do not utilize degenerating cycles nor enhanced density of states factors, and instead invoke the anthropic principle in an essential way. We thank them for conversations regarding our respective approaches.

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