

1 **Apoptosis of peritoneal leucocytes during early stages of *Fasciola hepatica* infections**
2 **in sheep**

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20 **Abstract:**

21 Several immunomodulatory properties have been described in *Fasciola hepatica*
22 infections. Apoptosis has been shown to be an effective mechanism to avoid the
23 immune response in helminth infections. The aim of the present work was to study
24 apoptosis in peritoneal leucocytes of sheep experimentally infected with *F. hepatica*
25 during the early stages of infection. Five groups (n=5) of sheep were used. Groups 2–5
26 were orally infected with 200 metacercariae (mc) and sacrificed at 1, 3, 9 and 18 days
27 post-infection (dpi), respectively. Group 1 was used as the uninfected control (UC).
28 Apoptosis was detected using three different methods: 1) immunocytochemistry (ICC)
29 with a polyclonal antibody anti-active caspase-3; 2) an annexin V flow cytometry assay
30 using the Annexin V-FITC/propidium iodide (PI); and 3) transmission electron
31 microscopy (TEM). The differential leucocyte count revealed that the majority of
32 peritoneal granulocytes were eosinophils, which increased significantly at 9 and 18 dpi
33 with respect to the uninfected controls. The ICC study revealed that the percentage of
34 caspase-3⁺ apoptotic peritoneal leucocytes increased significantly from 3 dpi onwards
35 with respect to the uninfected controls. The flow cytometry annexin V assay detected a
36 very significant (P<0.001) increase of apoptotic peritoneal macrophages, lymphocytes
37 and granulocytes, which remained higher than in the UC until 18 dpi. Transmission
38 electron microscopy studies also confirmed the presence of apoptosis in peritoneal
39 eosinophils at 18 dpi. This is the first report of apoptosis induced by *F. hepatica* in the
40 peritoneal leucocytes of sheep *in vivo*. The results of this work suggest the importance
41 of apoptosis induction for the survival of the juvenile parasites in the peritoneal
42 migratory stages of infection.

43 **Key words:** apoptosis; caspase-3; annexin-V; peritoneal leucocytes; *Fasciola hepatica*;
44 sheep.

45 **Introduction**

46 During the migration of juvenile *Fasciola hepatica* through the peritoneal cavity, until
47 their penetration into the hepatic parenchyma, the parasites secrete different molecules
48 which interact with peritoneal leucocytes in different ways. Since it has been reported
49 that the protective response against *F. hepatica* occurs during the early stages of
50 infection, it would be of interest to study mechanisms of immunomodulation in target
51 species at the peritoneal and early hepatic migratory stages. *In vitro* studies in the rat
52 model demonstrated that secreted excretory products of *F. hepatica* (FhESP) are able to
53 induce apoptosis in eosinophils and peritoneal macrophages, suggesting that apoptosis
54 of effector cells may play a role in the host immune evasion/suppression induced by *F.*
55 *hepatica* infection (Serradell et al., 2007; Guasconi et al., 2012). *In vivo* studies in sheep
56 have also revealed apoptosis of eosinophils in hepatic lesions both during acute and
57 chronic stages of infection (Escamilla et al., 2016). To date, apoptosis of peritoneal
58 inflammatory cells from sheep infected with *F. hepatica in vivo* has not been reported.
59 Several markers of apoptosis in tissue sections have been investigated, among them
60 activated caspase-3 immunohistochemistry is considered an easy, sensitive and reliable
61 method for detecting and quantifying apoptosis in histological sections (Duan et al.,
62 2003; Resendes et al., 2004). The annexin V/PI assay has also been used by several
63 authors to evaluate the apoptosis phenomenon (Serradell et al., 2007; Chen et al., 2013).
64 The aim of the present work was to evaluate the presence and number of inflammatory
65 peritoneal cells undergoing apoptosis in peritoneal fluid from sheep experimentally
66 infected with *F. hepatica* during the earlier peritoneal migratory stages (0, 1, 3, 9 and 18
67 days post-infection, dpi). Annexin V/PI flow cytometry and activated caspase-3
68 immunocytochemistry were used to quantify peritoneal inflammatory cell apoptosis,

69 and transmission electron microscopy was used to evaluate the ultrastructure of
70 apoptotic inflammatory cells.

71 **2. Materials and methods**

72 *2.1. Experimental design*

73 Forty-five 7-month-old female Merino sheep were used for this study. All animals were
74 obtained from a liver fluke-free farm, and they were tested for *Fasciola* eggs by faecal
75 sedimentation with negative results. They were allocated into five groups of five
76 animals each: group 1 was used as an uninfected control (UC) group and groups 2 to 5
77 were orally infected with one dose of 200 *F. hepatica* metacercariae (Ridgeway
78 Research Ltd., UK) administered in gelatine capsules with a dosing gun. Sheep in
79 groups 2-5 were sacrificed by an intravenous injection of thiobarbital at 1, 3, 9, and 18
80 days post-infection (dpi), respectively. The experiment was approved by the Bioethical
81 Committee of the University of Córdoba (No. 1118) and was performed taking into
82 account European (2010/63/UE) and Spanish (RD 1201/2005) directives on animal
83 experimentation.

84 *2.2. Peritoneal cell populations*

85 Peritoneal washing was conducted immediately after the animals were euthanised
86 following the methodology described by Zafra et al., 2013. Briefly, the abdominal cavity
87 was washed with 60 ml sterile phosphate buffer saline (PBS) with 6 mM EDTA
88 (ethylenediaminetetraacetic acid), pre-heated to 37 °C. After a softly massaging for 1
89 min, 40 ml peritoneal fluid were recovered and centrifuged at 1500 rpm for 10 min and
90 the supernatant was eliminated. Subsequently, cellular pellets were resuspended using
91 the aforementioned medium. Diff-Quick stained smears were used for differential cell
92 count. A total of 600 cells per animal were counted and the percentage of eosinophils,

93 lymphocytes, macrophages and neutrophils was obtained. Epithelial cells were not
94 included in the cell counting. Extensions were manually performed in Vectabond-
95 treated slides. After air drying, these extensions were fixed using acetone for 5 min and
96 stored at -80 °C for immunocytochemical studies.

97 *2.3. Immunocytochemistry*

98 A polyclonal rabbit anti-human caspase-3 antibody, (cat. No. RP096, Diagnostic
99 BioSystems, Pleasanton, USA) was used. The primary antibody reacts with cleaved
100 activated caspase-3 but does not recognise full-length caspase-3 or other cleaved
101 caspases. According to the manufacturer, this antibody cross-reacts with activated ovine
102 caspase-3. The avidin-biotin-peroxidase method (Zafra et al., 2013) was used for the
103 immunocytochemical study. Briefly, defrosted peritoneal fluid smears were fixed in
104 acetone for 10 min, and the endogenous peroxidase activity was quenched in H₂O₂ in
105 methanol for 15 min, with agitation at room temperature (RT). Smears were washed for
106 10 min in PBS, and then they were incubated in PBS with 5% normal goat serum for 30
107 min at RT. Anti-caspase-3 antibody 1:100 was applied overnight at 4 °C. After three 10
108 min rinses in PBS-T (PBS buffer with 0.1% Tween-20 detergent), a goat anti-rabbit
109 immunoglobulin serum (Dako, Glostrup, Denmark) diluted 1:200 was applied for 30
110 min as a secondary antibody. As the third reagent, an avidin-biotin peroxidase complex
111 (Vector Laboratories) was applied for one hour. Labelling was visualised by application
112 of the NovaREDTM substrate kit (Vector Laboratories). Sections were counterstained
113 with Mayer's haematoxylin, dehydrated and mounted. In negative control slides,
114 specific primary antibody was substituted with non-immune rabbit serum.

115 *2.4. Cell counting from immunocytochemistry*

116 Immunoreactive cells were counted using the Image Pro-plus software 6.0 (Media
117 Cybernetics). Caspase-3⁺ and caspase-3⁻ peritoneal leucocytes were counted in 10 fields
118 of 0.08 mm² per animal randomly selected from the smears. In animals with small
119 numbers of peritoneal leucocytes, at least 300 cells per animal were counted. Results are
120 given as mean ± SD per group.

121 *2.5. Annexin V Flow cytometry assay*

122 Cell density of peritoneal fluid pellets was adjusted to 2-5 x 10⁵ cells/ml. Annexin V Kit
123 (ANNEX100F, AbD Serotec-Bio-Rad Company- UK) for flow cytometry was used.
124 The assay was performed according to the manufacturer's instructions. Briefly, the cells
125 were suspended in 200 µl of binding buffer. Then, 5 µl of Annexin V-FITC were added
126 to 195 µl of the cell suspension mentioned before. This suspension was mixed and
127 incubated for 10 min in darkness at RT. Subsequently, the suspension was washed in
128 200 µl of pre-diluted (at 1:4) binding buffer. Next, the cells were resuspended again in
129 190 µl of pre-diluted binding buffer. Finally, 10 µl of propidium iodide solution were
130 added to this suspension, and the samples were ready to analyse by flow cytometry. For
131 a positive control, the cells were incubated with 3% formaldehyde in buffer for 30 min
132 on ice. Then the formaldehyde was washed away, and the cells were resuspended in
133 cold binding buffer and processed as a normal sample. A CyFlow Cube 6 cytometer
134 (Sysmex Partec, Germany) and specific protocol based on morphological features
135 (forward scatter/side scatter) were used to determine the leucocyte populations in the
136 peritoneal fluid. The apoptotic cells were identified because of the reactivity of
137 fluorochrome (FL1 for Annex V and FL3 for propidium iodide). Peritoneal leucocytes
138 were differentiated as viable (annexin V-negative and PI-negative) and apoptotic
139 (annexin V-positive, PI-negative). The extent of apoptosis was expressed according to
140 the percentage of each cell population that was apoptotic or viable. The results were

141 analysed using the Flowing Software (University of Turkey, Finland). Ten thousand
142 events were acquired, and the total number of apoptotic cells versus viable cells were
143 counted and expressed as percentages of the total number of peritoneal leucocytes
144 acquired.

145 *2.6. Transmission electron microscopy*

146 For the ultrastructural study, fresh peritoneal cellular pellet samples from UC and 18 dpi
147 groups were used. The remaining groups were not included in the TEM study because
148 the pellet samples were too small for the ICC, flow cytometry and TEM studies.

149 Peritoneal cell pellets were centrifuged at 1500 rpm for 10 min (4 °C), cut into 1-3 mm
150 cubes, fixed in 2.5% glutaraldehyde, post-fixed in 1% osmium tetroxide and embedded
151 in Epon 812. Thin sections (50 nm) were stained with uranyl acetate and lead citrate and
152 examined and photographed using a Jeol Jem 1400 transmission electron microscope at
153 the Central Research Services (SCAI) of the University of Córdoba.

154 *2.7. Statistical analysis*

155 For the statistical analysis, the GraphPad Prism v6.0 software (GraphPad Software, Inc.
156 San Diego, CA, USA) was used. For each timepoint of the experiment the expression of
157 caspase-3 and Annexin V positive cells was compared using the one-way ANOVA test
158 followed by the Tukey post hoc test for multiple comparisons of means. A value of
159 $P < 0.05$ was considered statistically significant.

160 **3. Results**

161 *3.1. Peritoneal leucocyte populations*

162 The differential cell count for peritoneal leucocyte populations is given in Table 1. In
163 the UC group and at 1 and 3 dpi, macrophages followed by lymphocytes were the two

164 more abundant peritoneal leucocytes, with occasional neutrophils and eosinophils. At 9
165 dpi, a significant increase in eosinophils and a significant decrease in macrophages with
166 respect to the UC group were observed, while the percentage of lymphocytes did not
167 change significantly. At 18 dpi, the increase in the percentage of eosinophils and
168 decrease in the percentage of macrophages with respect to the UC group was even more
169 pronounced than at 9 dpi. The percentage of lymphocytes tended to decrease at 18 dpi
170 with respect to the UC group, but the differences were not significant. Neutrophils were
171 occasionally present in all groups and did not change significantly with respect to the
172 UC group.

173 *3.2. Apoptosis detected by caspase-3 expression*

174 Immunolabelling with the anti-caspase-3 antibody was detected as a cytoplasmic and
175 nuclear reddish-brownish colour (Fig. 1). The percentage of peritoneal leucocytes
176 expressing caspase-3 is given in Table 2. Cellular pellets from peritoneal leucocytes
177 from the UC group showed occasional caspase-3⁺ cells (0.4 ± 0.6). At 1 dpi the
178 percentage of peritoneal leucocytes caspase-3⁺ was 1.2 ± 1.3 without a significant
179 difference from the UC group. However, at 3, 9 and 18 dpi the percentage of caspase-3⁺
180 leucocytes was 19.5 ± 5.5 , 19.9 ± 4.0 and 42.6 ± 4.3 , respectively, with statistical
181 increase with respect to the UC group, and also between the 18 dpi group and the 3 and
182 9 dpi groups (Table 2).

183 *3.3. Annexin V Flow Cytometry assay*

184 The percentages of apoptotic and viable peritoneal macrophages, lymphocytes and
185 granulocytes are summarised in Table 3. Peritoneal leucocyte populations
186 (macrophages, lymphocytes and granulocytes) were determined according to their
187 morphological features. The UC group showed a very low percentage of apoptotic

188 macrophages (1.7%), lymphocytes (0.4%) and granulocytes (1.5%). At 1 dpi the
189 percentage of apoptotic leucocytes suffered a dramatic and significant increase
190 compared to the UC group: 37.8%, 28.2% and 30.7% for macrophages, lymphocytes
191 and granulocytes, respectively. At 3, 9 and 18 dpi the percentage of apoptotic peritoneal
192 macrophages and lymphocytes remained significantly higher with respect to the UC
193 group but it decreased at 18 dpi with respect to previous infection stages (Table 3). In
194 contrast, the percentage of apoptotic granulocytes tended to increase at 3 dpi with
195 respect to 1 dpi, suffered a transient decrease at 9 dpi when migrating larvae reached the
196 liver, and again increased up to 80% at 18 dpi (Table 3).

197 *3.4. Apoptosis detected by transmission electron microscopy*

198 The TEM study confirmed apoptosis in peritoneal eosinophils from 18 dpi. The
199 ultrastructural features of eosinophils from the UC group consist of a bilobed nucleus
200 and typical cytoplasmic oval granules ranging from 0.5 to 1 μm in diameter with a
201 moderately electron dense matrix material and a highly electron-dense crystalloid core.
202 Apoptotic TEM changes consisted of margination-condensation of chromatin (early
203 changes) and cytoplasmic and nuclear fragmentation while maintaining cell membranes
204 and organelles (Fig. 2). Macrophages from the 18 dpi group showed morphological
205 changes typical of phagocytic activation such as large cytoplasmic vacuoles containing
206 membrane debris (secondary lysosomes) and enlarged rough endoplasmic reticulum,
207 but nuclear fragmentation indicative of apoptosis was not observed in this cell type.

208

209 **4. Discussion**

210 To study apoptosis in peritoneal leucocytes, it is necessary to first evaluate the
211 differential peritoneal leucocyte count during the course of *F. hepatica* infection. In the

212 UC group, the majority of peritoneal leucocytes consisted of macrophages and
213 lymphocytes with only 1.5% eosinophils. These results agree with those from
214 uninfected control goats (Zafra et al., 2013). The relative increase in the percentage of
215 peritoneal eosinophils and the decrease of the percentage of macrophages and
216 lymphocytes found during the course of the infection was also reported in *F. hepatica*
217 infected goats at 7-9 dpi (Zafra et al., 2013).

218 The results presented in this study show that *F. hepatica* infection induces apoptosis of
219 peritoneal leucocytes in sheep from 1 dpi onwards. The annexin V assay is based on
220 phosphatidylserine (PS) emergence on the outer plasma membrane, an early event in
221 apoptosis, PS binds with high affinity to the anticoagulant annexin V that is visualised
222 by fluorescence microscopy or flow cytometry (Serradell et al., 2009). Activated or
223 cleaved caspase-3 has been used as a marker of apoptosis by immunohistochemistry in
224 healthy tissues (Resendes et al., 2004) and in helminth infected tissue sections (Chen et
225 al., 2008; Escamilla et al., 2016). In the UC group, caspase-3 expression and the
226 annexin V assay showed similar results with a low percentage (0.4-1.7%) of apoptotic
227 peritoneal leucocytes. However, at the very early stages of infection (1 dpi) the annexin
228 V assay detected a higher percentage of apoptosis (37.8%, 28.2% and 30.7% for
229 macrophages, lymphocytes and granulocytes, respectively) whereas caspase-3
230 expression was found only in 1.2% of peritoneal leucocytes. These results suggest that
231 the annexin V assay can detect apoptosis earlier than caspase-3 expression. When the
232 infection progressed (3, 9 and 18), the percentage of apoptotic peritoneal leucocytes
233 detected by caspase-3 and annexin V was similar. In the present study, TEM studies
234 confirmed apoptosis of eosinophils at 18 dpi by the ultrastructural features: cytoplasmic
235 granules with an electron dense core which were similar to that reported in human
236 (Duffin et al., 2009) and ovine (Balic et al., 2006) eosinophils. The condensation and

237 fragmentation of the nucleus with an intact cytoplasmic membrane found in apoptotic
238 eosinophils in this work has also been reported in TEM studies of human (Duffin et al.,
239 2009) and ovine (Balic et al., 2006; Escamilla et al., 2016) eosinophils. Compared to
240 caspase-3 and annexin V, TEM studies were less useful to quantify the percentage of
241 apoptotic leucocytes due to the small amount of sample examined.

242 It has been reported that excretory secretory products of *F. hepatica* (FhESP) are able to
243 induce apoptosis of rat eosinophils and macrophages *in vitro* (Serradell et al., 2007;
244 2009; Guasconi et al., 2012). *In vivo* studies in sheep infected with *F. hepatica* have
245 also revealed apoptosis of eosinophils in hepatic lesions during early stages of infection
246 (9 dpi) and in chronic hepatic lesions (Escamilla et al., 2016). The evaluation of the
247 percentage of leucocytes suffering apoptosis in areas where the migratory larvae of *F.*
248 *hepatica* are located is necessary to understand the importance of this phenomenon as a
249 modulatory mechanism to avoid the host response against migrating larvae. In a
250 previous study in the liver, 46.1% and 53.9% of eosinophils located in the periphery of
251 necrotic tracts and foci at 8 and 28 dpi, respectively, were apoptotic (Escamilla et al.,
252 2016). Similarly in the present study, a dramatic increase of apoptotic macrophages,
253 lymphocytes and granulocytes were found at 1 dpi with respect to the UC group. These
254 results suggest that *F. hepatica* migratory larvae are able to induce a rapid apoptosis of
255 peritoneal leucocytes which may allow the larvae to migrate through the peritoneum
256 evading the host response.

257 In summary, the present work is the first report of apoptosis in peritoneal leucocytes
258 during the peritoneal migratory stages of *F. hepatica* infection in sheep *in vivo*. The
259 dramatic increase in apoptotic peritoneal macrophages, lymphocytes and granulocytes
260 found at 1 dpi with respect to the UC group suggests that *F. hepatica* migratory larvae
261 are able to induce apoptosis of important percentage of peritoneal effector cells such as

262 macrophages and eosinophils, as well as lymphocytes, allowing the larvae to migrate
263 through the peritoneal cavity evading the host response. The knowledge of apoptotic
264 mechanisms induced by *F. hepatica*, and the parasite molecules involved in apoptosis
265 induction, are important in order to potentially include them in vaccine candidates to
266 improve vaccine efficacy against this parasite.

267

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317 **Table 1.** Percentage of peritoneal leucocytes (mean±SD) in uninfected control and
318 *Fasciola hepatica* infected sheep during early stages of infection.

Percentage of peritoneal leucocytes (%)				
Group	Lymphocytes	Macrophages	Neutrophils	Eosinophils
UC	36.4±14.0	60.0±14.7	1.1±2.0	2.7±1.1
1 dpi	35.4±15.8	61.4±28.0	1.9±2.7	1.4±2.2
3 dpi	44.2±11.8	53.3±11.6	0.3±0.5	2.3±2.7
9 dpi	40.6±18.2	32.1±5.6*	2.9±2.7	24.3±11.7*
18 dpi	24.1±9.5	25.8±8.9*	0.5±1.1	49.3±14.1*

319 UC: uninfected control.

320 * Significant difference ($P < 0.05$) compared to the uninfected control group.

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323 **Table 2.** Results from immunocytochemistry of peritoneal leucocytes expressed in
324 percentage of caspase 3 positive and negative cells in each day post-infection (dpi).
325 Results expressed as mean \pm SD per group.

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	UC	1 dpi	3 dpi	9 dpi	18 dpi
Caspase 3⁺	0.4 \pm 0.6	1.2 \pm 1.3	19.5 \pm 5.5*	19.9 \pm 4.0*	42.6 \pm 4.3*§
Caspase 3⁻	99.6 \pm 0.6	98.8 \pm 1.3	80.5 \pm 5.5*	80.0 \pm 4.0*	57.4 \pm 4.3*§

327 UC: uninfected control.

328 * Significant difference ($P < 0.05$) compared to the uninfected control group.

329 § Significant difference ($P < 0.05$) compared to the uninfected control, 1, 3 and 9 dpi
330 groups.

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346 **Table 3.** Percentage of non-apoptotic and apoptotic peritoneal macrophages,
 347 lymphocytes and granulocytes according to the annexin V flow cytometry assay. Results
 348 are expressed as mean \pm SD per group.

Cell population	Stage	UC	Time post-infection			
			1 dpi	3 dpi	9 dpi	18 dpi
Macrophages	NA	98.5 \pm 0.9	62.2 \pm 11.1*	76.5 \pm 6.7*	75.0 \pm 2.0*	89.7 \pm 2.7*
	A	1.5 \pm 0.9	37.8 \pm 11.1*	23.5 \pm 6.7*	25.0 \pm 2.0	10.3 \pm 2.7*
Lymphocytes	NA	99.6 \pm 0.4	71.8 \pm 11.4*	77.4 \pm 11.4*	82.1 \pm 1.4*	95.3 \pm 1.4*
	A	0.4 \pm 0.4	28.3 \pm 11.4*	22.6 \pm 11.4*	17.8 \pm 1.4*	4.7 \pm 1.4*
Granulocytes	NA	98.5 \pm 1.6	69.3 \pm 6.7*	53.6 \pm 12.0*	81.9 \pm 4.3*	20.0 \pm 6.0*
	A	1.5 \pm 1.6	30.7 \pm 6.7*	46.4 \pm 12.0*	18.1 \pm 4.3*	80.0 \pm 6.0*

349 UC: Uninfected control; N: Non-apoptotic cells; A: Apoptotic cells.

350 * Significant difference ($P < .05$) compared to the uninfected control group.

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353 **Figure Legends**

354 **Figure 1.** Peritoneal smear, 3 dpi. Caspase 3 expression is observed as brown cytoplasmic
355 and nuclear colour in peritoneal leucocytes (arrow) whereas other are negative
356 (arrowheads). E: epithelial cell. ABC method-haematoxylin counterstain, x400.

357 **Figure 2.** 18 dpi. Apoptotic peritoneal eosinophil showing fragmented and condensed
358 nuclei and typical cytoplasmic granules (arrows). Transmission electron microscopy. Bar
359 = 2 um.

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