

# The action of acetyl-L-carnitine in dopaminergic neurotransmission

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Abstract

1807

**Objectives** Acetyl-L-Carnitine (ALC) has been described as playing a neuroprotective effect against a variety of substances. However, the molecular mechanisms underlying its action, particularly regarding the induction of changes in neurotransmitter system, are still not fully understood. Using both a cell line and an animal model of exposure to methamphetamine (METH), we aim to contribute to clarify the mechanism by which the administration of ALC alters neurotransmitter release.

**Methods** Rat pheochromocytoma PC12 cells were treated with increasing doses of ALC (0.01 to 1.0 mM) alone or in combination with METH 1.0 or 100  $\mu$ M for 24h or 72h. When ALC and METH were combined, pre-treatment with ALC preceded METH exposure in 30 min. Dopamine (DA) content was determined by high performance liquid chromatography. In vivo assays using C57BL/6J mice were performed to assess DA striatal binding. Mice were divided into 4 groups, according to different treatments: group 1 (control), group 2 (ALC, 100 mg/kg), group 3 (METH, 10 mg/kg) and group 4 (ALC+METH). <sup>123</sup>I-IBZM was injected and images were acquired in a SPECT/CT scanner (NanoSPECT/CT, Mediso, Hungary) 70 minutes after injection. Regions of interest were drawn over the left and right striatum as well as in the cerebellum in order to determine the striatal binding ratio.

**Results** Increased intracellular levels of DA were observed in PC12 cells at 24h and 72h after the administration of ALC. When cells were treated with METH 100  $\mu$ M, intracellular levels of DA were clearly decreased. ALC was effective in preventing the METH-induced decrease

of DA concentration ( $p < 0.0001$ ). In mice, the challenge with a single dose of 10 mg/kg of METH decreased striatal D2R binding ratios relative to the control group between 20% and 30%. Interestingly, over time, ALC was able to reverse the decrease on the radiotracer binding induced by METH.

**Conclusions** The present study demonstrates a possible effect of ALC over METH-induced DA release.