

1 **Cardiomyocyte behavior on biodegradable polyurethane/gold nanocomposite scaffolds**  
2 **under electrical stimulation**

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24

25     **Abstract**

26     Following a myocardial infarction (MI), cardiomyocytes are replaced by scar tissue, which  
27     decreases ventricular contractile function. Tissue engineering is a promising approach to  
28     regenerate such damaged cardiomyocyte tissue. Engineered cardiac patches can be  
29     fabricated by seeding a high density of cardiac cells onto a synthetic or natural porous  
30     polymer. In this study, nanocomposite scaffolds made of gold nanotubes/nanowires  
31     incorporated into biodegradable castor oil-based polyurethane were employed to make  
32     micro-porous scaffolds. H9C2 cardiomyocyte cells were cultured on the scaffolds for one  
33     day, and electrical stimulation was applied to improve cell communication and interaction  
34     in neighboring pores. Cells on scaffolds were examined by fluorescence microscopy and  
35     scanning electron microscopy, revealing that the combination of scaffold design and  
36     electrical stimulation significantly increased cell confluency of H9C2 cells on the  
37     scaffolds. Furthermore, we showed that the gene expression levels of Nkx2.5, atrial  
38     natriuretic peptide (ANF) and natriuretic peptide precursor B (NPPB), which are functional  
39     genes of the myocardium, were up-regulated by the incorporation of gold  
40     nanotubes/nanowires into the polyurethane scaffolds, in particular after electrical  
41     stimulation.

42

43     *Keywords: Adhesion, Cardiac tissue engineering, Gold nanotube/nanowire,*  
44     *Nanocomposite, Biodegradable polyurethane, electrical stimulation*

45

46        **1. Introduction**

47        Cardiovascular diseases pose the highest risk of death in the world, according to the American  
48        Heart Association Statistics. Every 34 seconds one American dies by heart attack, stroke or other  
49        cardiovascular problems [1]. Currently, treatment options following a myocardial infarction (MI)  
50        and subsequent congestive heart failure are still limited. Pharmacological agents increase the  
51        blood flow but limit ventricular remodeling events and increase cardiac output [2]. Mechanical  
52        devices, such as the left ventricular assist device (LVAD), can only be applied to a limited group  
53        of patients [3]. The only successful treatment option for a severe MI to date is heart  
54        transplantation [4]; however, the lack of suitable donors significantly restricts this option.

55        As cardiovascular diseases remain a major cause of morbidity and mortality, new strategies in  
56        cardiovascular treatments attract much attention. Among all cardiovascular diseases, MI is one of  
57        the key reasons for heart failure, resulting in heart dysfunction and progressive death of  
58        cardiomyocytes when normal heart function cannot be restored afterwards [5]. Cell therapy has  
59        so far shown only little improvement of cell retention and long-term survival [6]. Instead,  
60        biocompatible 3D scaffold materials might provide a feasible solution, as some structures may  
61        improve cell retention, survival and even cell differentiation [7, 8]. These kinds of scaffolds or  
62        patches can, in principle, be directly implanted on the infarcted tissue with or without cells after  
63        MI [9].

64        Typically, tissue engineering for cardiovascular regeneration is based on producing biomimetic  
65        and biodegradable materials for scaffold fabrication [4] that ideally integrate signaling molecules  
66        and induce cell migration into the scaffolds [10, 11].

67        A material suitable for a tissue engineering-based approach to treat myocardial infarction should  
68        provide an environment that is predisposed to improve electromechanical coupling of the

69 cardiomyocytes with the host tissue [10, 12], as well as cardiomyocyte adhesion [9]. This  
70 adhesion is essential for the proliferation of cardiomyocytes and for ventricular function.  
71 Materials suitable for application in cardiac tissue engineering include natural polymers, such as  
72 decellularized myocardium [13], collagen [14], alginate [15], fibrin [16], as well as synthetic  
73 polymers such as polylactic acid (PLA), polyglycolic acid (PGA), their copolymers [17, 18], and  
74 polyurethane (PU) [19, 20].

75 Among the above-mentioned materials, PUs are considered a major class of applicable  
76 elastomers because of their good biocompatibility and biodegradability, their high flexibility, and  
77 their excellent mechanical properties [21, 22]. The stiffness of heart muscle varies from 10 kPa  
78 in the beginning of the diastole to 500 kPa at the end of the diastole, therefore an elastic material  
79 having a stiffness in this range would be required for cardiac engineering [23]. Such Young's  
80 moduli are obtained with biodegradable PUs [19, 24], which can be synthesized by using  
81 vegetable oils as polyol and aliphatic diisocyanate, resulting in typical degradation times of  
82 several months. Among different grades of PUs, castor oil-based PU shows no toxicity, is low in  
83 cost, and is available as a renewable agricultural resource [25-27]. This grade of biodegradable  
84 PUs has already been widely applied in biomedical engineering, including materials for  
85 peripheral nerve regeneration, cardiovascular implants, cartilage and meniscus regeneration  
86 substrates, cancellous bone substitutes, drug delivery carriers and skin regeneration sheets [28-  
87 30].

88 Furthermore, tissue engineering applications require that cells are embedded into the material.  
89 Much progress has recently been made in order to fabricate porous polymer scaffolds, in  
90 particular by using salt leaching techniques [31-33]. The success of this method has been shown

91 for a variety of soft and hard polymers [34-37], and we have recently established this procedure  
92 for PU [38].

93 Although many PU-based materials have been developed for providing vascular grafts, only few  
94 PU scaffolds have so far been studied in the context of myocardial tissue engineering [39, 40],  
95 even though PU is easy to implant into muscle tissue, because it is stiffer than typical hydrogels.

96 An important goal for myocardial tissue engineering must be the fabrication of materials that  
97 allow for the synchronization of electrical signals, and thus enhance the contraction of  
98 cardiomyocytes in the scaffold material so that a homogeneous total contraction of the  
99 engineered patch is guaranteed. In the study presented here, we fabricated a biodegradable  
100 nanocomposite material by incorporating gold nanotubes/nanowires into PU scaffolds so that the  
101 wired material structure can mimic the electromechanical properties of the myocardium.

102 To investigate the functionality of these materials as cardiac patches, H9C2 rat cardiomyocyte  
103 cells were seeded on different polyurethane-gold nanotube/nanowire (PU-GNT/NW) composites.  
104 Eventually, electrical stimulation was applied to the cell-scaffold constructs in order to enhance  
105 the functional performance of cardiac scaffolds and to improve cell morphology and alignment.  
106 We used fluorescence and scanning electron microscopy as well as gene expression analysis to  
107 investigate the behavior of cardiomyocyte cells on the scaffolds. We demonstrate that the  
108 adhesion and proliferation of cells significantly depends on the amount of incorporated  
109 GNT/NW, and that an optimum concentration of 50 ppm of GNT/NW can provide the best  
110 environment for cells to achieve native cardiomyocyte function.

111

112

113

114        **2. Materials and methods**

115        **2.1. Synthesis of polyurethane-GNT/NW composite scaffolds**

116 Polyurethane-GNT/NW composites were synthesized according to our previous work [38]. In  
117 brief, gold nanotubes/nanowires (GNT/NW) were made by using template-assisted  
118 electrodeposition and mixed with castor oil /polyethylene glycol-based polyurethane (PU).  
119 Concentrations of 50 and 100 ppm of GNT/NW were used to synthesize two different  
120 composites types. For fabrication of porous scaffolds, 355-600  $\mu\text{m}$  sieved table salt was added to  
121 the PU-GNT/NW solution, then the mixture of PU-GNT/NW and salt was cast in a Teflon mold  
122 of 10 mm diameter and 4 mm thickness. Afterwards, all samples were dried at room temperature  
123 for 48 hours; then the porous scaffolds were placed in distilled deionized water (DDW) for 2  
124 more days to remove the salt. In the following, we refer to the scaffolds as PU-0 for pure PU  
125 scaffolds, PU-50 for scaffolds containing 50 ppm GNT/NW, and PU-100 for those containing  
126 100 ppm GNT/NW.

127        **2.2. Permeability**

128 As it is experimentally difficult to obtain 3D information about pore interconnectivity based on  
129 2D images, Li et al. [41] suggested a simple method of soaking the samples in an ink solution  
130 and then imaging the colored sample. Accordingly, our scaffolds were soaked in a solution of  
131 common blue writing ink for 24 hours and dried at room temperature. Then, a cross section of  
132 samples with a thickness of 1 mm was prepared by cutting with a surgical blade and then  
133 imaging the samples with a Nikon (TS100) inverted microscope (10X objective). This treatment  
134 provides information on the interconnectivity of pores as well as on their accessibility from

135 neighboring pores. Porosity was calculated by ImageJ [42] using a manually set intensity  
136 threshold.

### 137 **2.3. Cell culture and electrical stimulation**

138 H9C2 rat cardiomyocytes were purchased from the European Collection of Cell Cultures  
139 (ECACC, Germany) and maintained in Dulbecco's Modified Eagle's medium (DMEM,  
140 Biochrom, Germany), supplemented with 10% fetal bovine serum (FBS, Biochrom, Germany)  
141 and 1% penicillin and streptomycin (100 U/ml, Biochrom, Germany) at 37 °C and 90% humidity.  
142 H9C2 is a subclone of the original clonal cell line derived from embryonic rat heart tissue. Cells  
143 were sub-cultured regularly and used up to passage 6. Prior to the experiments, PU scaffolds  
144 were sterilized using ethylene oxide gas and placed in 10 ml of sterilized phosphate buffered  
145 saline (PBS) for 2 hours. Cells ( $10^6$ ) were seeded per cylindrical scaffold (diameter: 10 mm,  
146 thickness: 4 mm) and incubated overnight to allow cell attachment. On the following day, cells  
147 were stimulated using a function generator (Toellner, Germany) with a square pulse of 1 V/mm  
148 amplitude, **pulse duration of 2 ms**, at a frequency of 1 Hz for 15 minutes. This procedure was  
149 repeated on three consecutive days, once per day [43, 44]. Stainless steel 304 was used as the  
150 electrode material for electrical stimulation. Compared to titanium electrodes and titanium  
151 electrodes coated with titanium nitrate, the electrical field was stable in stainless steel 304  
152 electrodes over the whole time of stimulation [43]. The cell-scaffold constructs were left in the  
153 incubator for one more day.

#### 154        **2.4. Staining with Calcein and Hoechst**

155    Calcein was used for staining viable cells and Hoechst for staining cell nuclei. Five repeats of  
156    each scaffold group were stained with both Calcein AM and Hoechst after 1 day of cell culture  
157    before stimulation and another 5 repeats of each group were stained on the fourth day after cell  
158    seeding and electrical stimulation. For Calcein staining, the samples were rinsed once with  
159    DMEM and incubated with a 1 µg/ml solution of Calcein (BD Bioscience, Germany) in DMEM  
160    for 10 minutes at 37°C. Afterwards, the samples were washed with DMEM twice, stained with  
161    10 µg/ml Hoechst 32258 (Invitrogen, Germany) in PBS and incubated for 20 minutes at 37 °C.  
162    Then, the samples were washed extensively with PBS and imaged using an Olympus BX43  
163    fluorescence microscope (Olympus, Japan) with a 10X objective. Cell confluency was measured  
164    as the ratio of the area stained with Calcein to the whole surface of a scaffold in 2D images using  
165    ImageJ [42]. This test was performed in two independent experiments and at least 5 images were  
166    taken in each experiment.

#### 167        **2.5. Gene expression**

168    Cells were lysed in TriSure (Bioline, Luckenwalde, Germany) and RNA extraction was  
169    performed according to the manufacturer's protocol. In order to obtain enough RNA, cells grown  
170    on 3 scaffolds were pooled. After RNA extraction, aliquots of 200 ng total RNA from each group  
171    were reverse transcribed into cDNA, using a cDNA synthesis kit (AmpTec, Hamburg, Germany)  
172    and the provided oligo dT-V primer. Subsequently the cDNAs were purified utilizing the spin  
173    columns and buffers provided with the cDNA synthesis kit. Gene expression was analyzed by  
174    qRT-PCR using a Rotorgene 3000 (Corbett, LTF, Wasserburg, Germany). For each qRT-PCR  
175    analysis, 2.5 µl of the above-mentioned cDNA (=10 ng total RNA) was used; total reaction



176 volume was 25  $\mu$ l each and cycling conditions were as follows: 10 min initial denaturation at  
177 95°C followed by 45 cycles of 20 s denaturation at 95°C, 20 s annealing, for details see table 1,  
178 and 20 s elongation at 72°C. At the end of the cycling program a melt curve analysis was  
179 performed starting at the actual annealing temperature. All samples were run in duplicates.  
180 Gene-specific primers were obtained from TibMolBiol (Berlin, Germany). Primers for atrial  
181 natriuretic factor (ANF), Connexin 43 (Con43), Cardiac troponin I (cTnl; Tro I), cardiac  
182 Troponin T type 2 (Tnnt2; Tro II), NK2 homeobox 5 (Nkx2.5), Myocyte enhancer factor 2C  
183 (Mef2c) and glyceraldehyde-3-phosphate dehydrogenase (GAPDH) were designed using the  
184 web-based “Primer 3” program. Primers for  $\beta$ -cardiac myosin heavy chain ( $\beta$ -MHC), natriuretic  
185 peptide B (NPPB) and GATA binding protein 4 (GATA 4) were published previously [45, 46];  
186 as were the primers for Beta-2-microtubulin (B2M), TATA box binding protein (TBP) [47] and  
187 those for 18S ribosomal protein mRNA (18sr RNA) [48]. The SYBR Green based qPCR mix  
188 was purchased from Peqlab (Erlangen, Germany). Threshold levels for Ct-determination were  
189 chosen manually. Primer sequences and annealing temperatures are provided in table 1.

## 190 **2.6. Scanning Electron Microscopy**

191 The morphology of the porous Polyurethane-GNT/NW nanocomposites was studied by field  
192 emission scanning electron microscopy (FESEM; Philips S-4160).

193 For observation of cell-scaffold constructs, the samples were fixed in 3% glutaraldehyde (Sigma-  
194 Aldrich, Germany) solution in PBS, and then dehydrated with a graded ethanol (Walter CMP,  
195 Germany) series (30%, 50%, 70%, 80%, 90%, 96%), 20 minutes each. Dehydration was finished  
196 with 100% ethanol overnight. The samples were sectioned with the thickness of 7  $\mu$ m from the  
197 top side, further dehydrated using a critical point dryer (CPD 030, Balzers, Switzerland), and

198 coated with gold (Ion Tech Ltd., Teddington, U.K.) before SEM imaging (XL 20, Philips, The  
199 Netherlands).

200 **Table 1.** Primer sequences and annealing temperatures for qRT-PCR analysis of the  
 201 housekeeping and target genes.

Gene symbol and accession number	Gene name	Primer sequence [5'--3']	Annealing temperature [°C]
ANF NM_012612.2	Atrial Natriuretic factor	forward: atcaccaagggtcttct reverse: ccaggtggtctagcaggtc	64
GAPDH NM_017008	Glyceraldehyde-3-phosphate dehydrogenase	forward: ggcattgctctcaatgacaa reverse: tgtgaggagatgctcagtg	60
$\beta$ -MHC X15939.1	$\beta$ -cardiac myosin heavy chain	forward: gagtggacgtttattgacttcgg reverse: gcctttctttgctttgccttt	64
NPPB NM_031545	Natriuretic peptide B	forward: cagctctcaaaggaccaagg reverse: cggctctatcttctgcccaaa	64
GATA4 NM_144730.1	GATA binding protein 4	forward: gtccaactgccagactacc reverse: agccttgtggggagagcttc	62
B2M NM_012512.2	Beta-2-microtubulin	forward: ccgtgatcttctggtgctt reverse: atttgaggtgggtggaactg	60
TBP NM_001004198.1	TATA box binding protein	forward: ttctgggaaaatggtgtgc reverse: cccaccatgttctggatctt	60
18sr RNA NM_078617.3	18S ribosomal protein mRNA	forward: accgcggttctattttggg reverse: ctgatcgtcttcgaacctcc	60
Con43 AH003191.2	Connexin 43	forward: tgaaagagaggtgccagaca reverse: cgtgagagatggggaaggact	60
cTnl (Tro I) M57679.1	Cardiac troponin I	forward: gcctcaacttttcttctcg reverse: ctgatgctgcagattgccaag	60
Tnnt2 (Tro II) NM_012676.1	Troponin T type 2 (cardiac)	forward: caaggaacagagctttgtcgaa reverse: cacaacctagaggccgagaagt	60
Nkx2.5 NM_053651.1	NK2 homeobox 5	forward: cgccttctcagtcaaagac reverse: gaaagcaggagagcacttgg	62
Mef2c XM_006231731.2	Myocyte enhancer factor 2C	forward: ttgccttcctgttcatacc reverse: ggcaaacctctgaagcaat	60

## 202 2.7. Statistical analysis

203 Cell confluency is presented as mean value  $\pm$  standard deviation. Differences between groups  
 204 were analyzed by analysis of variance (ANOVA) followed by Tukey's multiple comparison test.

205 For gene expression analysis, the results are presented as mean value  $\pm$  standard deviation. qRT-  
206 PCR data were analyzed according to the  $\Delta\Delta C_t$  method [30] using the mean  $C_t$  value of the  
207 housekeeping genes. Fold changes of expression levels were calculated as described previously  
208 [30] and the obtained values were used for statistical analysis.

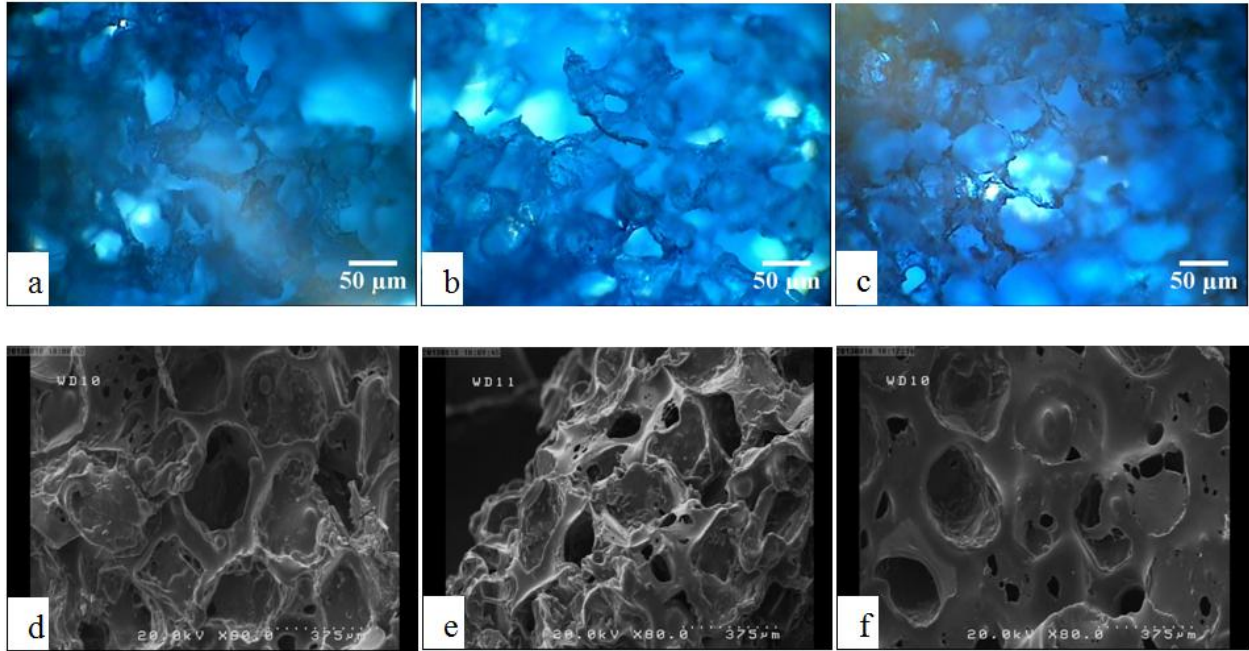
### 209 **3. Results**

#### 210 **3.1. Permeability of the scaffolds**

211 An essential prerequisite for a cardiac patch material is to ensure porosity above the percolation  
212 threshold, so that the cells can grow deeply into the scaffold without undergoing hypoxia-  
213 induced cell death. In figure 1, we present images of scaffold cross-sections after incubation in  
214 ink. Our results show that all imaged scaffolds were homogeneously colored by the ink,  
215 regardless of their GNT/NW content. This confirmed that the pores were almost uniformly  
216 distributed and interconnected. Colored pores were found to be accessible either directly or via  
217 adjacent pores. The porosities of the scaffolds were above 90% in all samples. By increasing the  
218 amount of gold content in the polymer solution during polymerization, the interconnectivity of  
219 the pores was improved, presumably due to the presence of chloroform in the gold-containing  
220 samples, which leads to the activation of a solvent casting mechanism in addition to salt  
221 leaching. Furthermore, we observed that PU-100, having the highest gold content and smallest  
222 polymer concentration, was the most uniform in pore size and distribution and had the largest  
223 pores (Fig. 1 c). SEM images of scaffolds also confirmed the largest pores in PU-100 (Fig. 1 d)  
224 compared to PU-0 or PU-50 (Fig. 1 e-f)

225        **3.2.        Cell adhesion and growth on scaffolds**

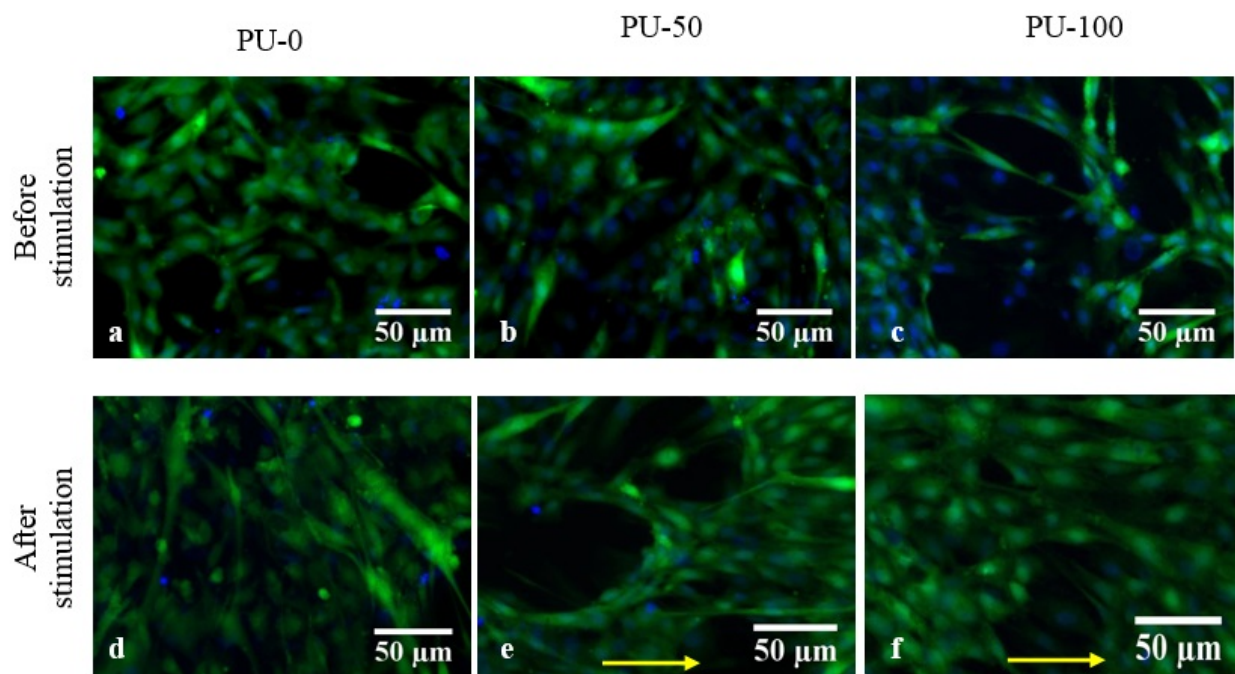
226        Cells of the myocardium need to adhere and proliferate on the material patch in order to form a  
227        functional cell network before the scaffold material is degraded. To compare how cell adhesion  
228        and growth are influenced by the different scaffold types and by additional electrical stimulation,  
229        we investigated the morphology of H9C2 cells stained with Calcein (cell body) and Hoechst  
230        (nucleus) on different scaffolds with and without electrical stimulation in figure 2. Figures 2a-c  
231        clearly show that cells after 1 day of incubation spread best on PU-50 compared to PU-0 or PU-  
232        100, and they are more homogeneously distributed within the scaffolds than cells on the other  
233        two scaffold types (PU-0 and PU-100). In particular, on the PU-100 scaffold H9C2 cells  
234        preferred to attach to each other and formed large clumps rather than spreading on the sample.  
235        On samples that had undergone electrical stimulation, the results were distinctly different:  
236        whereas cell spreading was not significantly influenced by electrical stimulation on PU-0  
237        scaffolds, it was significantly enhanced on the gold-containing PU-50 and PU-100 scaffolds.  
238        This observation is even more pronounced in the quantitative analysis of confluency (Figure 3).



239

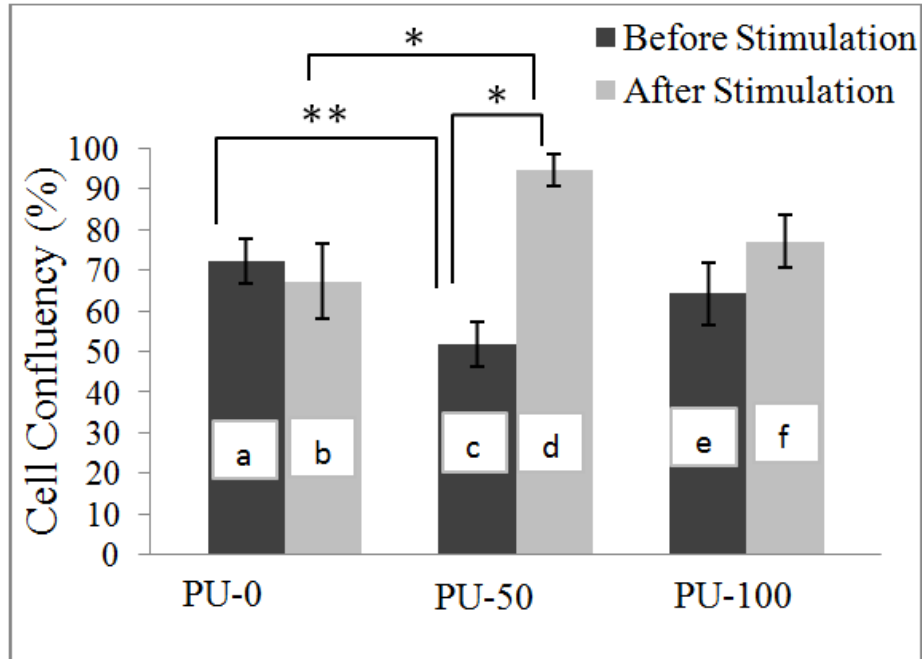
240 **Fig. 1.** (a)-(c) Light microscopy image demonstrating the permeability of ink into the pores. (a)  
 241 PU-0, (b) PU-50, and (c) PU-100. The pores are interconnected and almost uniform in size  
 242 throughout the cross-section of the scaffold materials. SEM images show the structure of pores  
 243 in different samples of (d) PU-0, (e) PU-50, and (f) PU-100. PU-100 showed the most  
 244 interconnected and the largest pores compared to PU-0 or PU-50.

245 Furthermore, we checked if cell alignment after electrical stimulation was enhanced which  
 246 would mimic the natural response of cells to electromechanical coupling in the heart. The  
 247 representative images in Fig. 2 clearly show that the cells were aligned only in gold-containing  
 248 scaffolds, whereas no alignment was observed in PU-0. Furthermore, no significant differences  
 249 in cell alignment were observed when cells were seeded on PU-50 and PU-100 scaffolds.



250  
 251 **Fig. 2.** Staining of H9C2 cells nuclei (Hoechst, blue) and cytoplasm (Calcein, green) before (a, b,  
 252 c; cells cultured 1 day) and after (d, e, f; cells cultured 4 days) electrical stimulation on PU-0 (a,  
 253 d), PU-50 (b, e) and PU-100 (c, f). Scale bar is 50  $\mu\text{m}$ . Arrows indicate the direction of cell  
 254 alignment.

255 Figure 3 summarizes our results for H9C2 cell confluency on scaffolds before and after  
 256 stimulation. Confluency increased by 39% and 14% after stimulation for PU-50 and PU-100  
 257 scaffolds, respectively. However, at the same time cell confluency was not significantly  
 258 influenced by electrical stimulation in the samples without gold (PU-0). When the samples were  
 259 incorporated with gold, a significant increase was found between PU-0 and PU-50 after  
 260 stimulation. An even more marked increase was found for PU-50 before and after stimulation,  
 261 however for PU-100, no significant difference was found.



262

263 **Fig. 3.** Cell confluency on scaffolds before (a, c, e) and after (b, d, f) electrical stimulation.

264 ANOVA analysis was used for evaluating data significance (\* $p < 0.05$ , \*\* $p < 0.01$ ).

### 265 3.3. Gene expression

266 In order to investigate if the incorporation of gold into porous PU scaffolds in combination with  
 267 electrical stimulation can facilitate the function of H9C2 cardiomyocyte on the scaffolds  
 268 similarly to native myocardium, we investigated the expression of several relevant genes using  
 269 qRT-PCR analysis. To this end, we evaluated gene expression levels of different cardiac  
 270 transcription factors (GATA4, NPPB, ANF, and  $\beta$ -MHC) as well as gene expression levels of  
 271 Con43, cTnl (Tro I), Tnnt2 (Tro II), Nkx2.5 and Mef2c in the H9C2 cardiomyocytes on different  
 272 scaffolds and as a function of electrical stimulation. The expression levels of the housekeeping  
 273 genes GAPDH, B2M, TBP and 18sr RNA were also examined. Expression levels of GAPDH,  
 274 B2M, TBP and 18sr RNA were not significantly affected by any of the treatments (fold changes

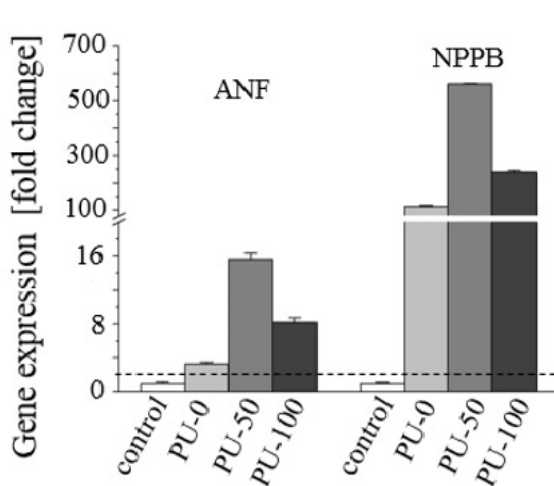


275 <2; data not shown) and were therefore used to normalize gene expression levels of the genes of  
276 interest, namely GATA4, NPPB, ANF,  $\beta$ -MHC, Con43, cTnl (Tro I), Tnnt2 (Tro II), Nkx2.5 and  
277 Mef2c.

278 Figure 4 shows ANF, NPPB, Tnnt2 (Tro II), Nkx2.5 and Mef2c gene expression in H9C2  
279 cardiomyocytes. In Fig. 4a and c,  $\Delta$ ct values obtained in cells grown on normal culture dishes (as  
280 control group) were set as “1” and fold changes obtained in cells grown on PU-0, PU-50, PU-100  
281 were calculated as described elsewhere [30]. Similarly in Fig. 4b and d, values obtained from  
282 cells grown on pure PU-0 scaffolds alone were set as “1” and fold changes obtained in cells  
283 grown on PU-50 or PU-100 were calculated as described elsewhere [30]. Dotted lines indicate 2-  
284 fold changes of gene expression as described previously and  $\pm$  2-fold changes in gene expression  
285 levels are considered statistically significant [30].

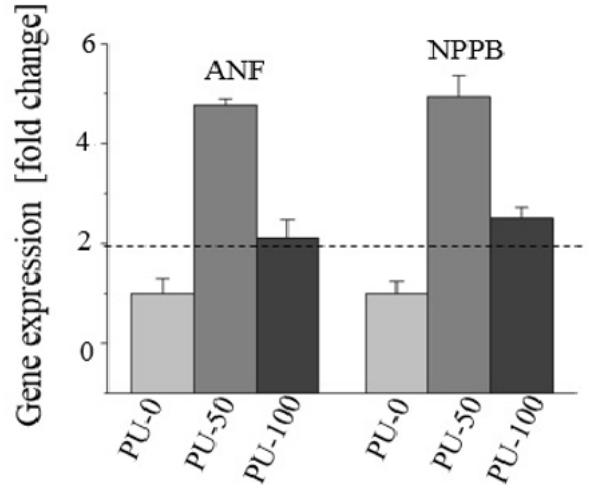
286 Compared to tissue culture plastic surfaces, all our PU samples showed, regardless of their  
287 GNT/NW content, upregulated gene expression of some cardiac transcription factors in H9C2  
288 cells. ANF, NPPB, Tnnt2 (Tro II), Nkx2.5 and Mef2c expression levels were already increased  
289 when H9C2 cells were grown on pure PU-0 scaffolds (3.26 $\pm$ 0.22 fold (ANF), 111.3 $\pm$ 4.82 fold  
290 (NPPB), 3.27 $\pm$ 0.22 (Mef2c), 27.76 $\pm$ 2.29 (Nkx2.5) and 6.49 $\pm$ 1.29 [Tnnt2 (Tro II)]) compared to  
291 cells grown in normal culture dishes. Growing the cells on PU-50 resulted in a distinct increase  
292 of ANF, NPPB and Nkx2.5 expression levels, which were 15.6 $\pm$ 0.73, 560.76 $\pm$ 3.58 and  
293 79.34 $\pm$ 1.76 times higher, respectively, than those detected in cells grown in normal culture  
294 dishes. Gene expression levels of Mef2c and Tnnt2 were only marginally increased when cells  
295 were grown on PU-50 (3.31 $\pm$ 0.22 for Mef2c and 7.82 $\pm$ 0.16 for Tnnt2). Expression changes of  
296 the cells growing on PU-100 were as follows: 8.2 $\pm$ 0.49 fold increase of ANF- and 240.1 $\pm$ 5.44  
297 fold increase of NPPB-expression, when compared to the levels detected in cells grown in

298 normal culture dishes (Fig. 4a); Mef2c gene expression was only  $1.62 \pm 0.11$  times higher when  
299 cells were grown on PU-100, similarly Nkx2.5 was only  $31.94 \pm 1.19$  times higher when  
300 compared to cells grown in normal culture dishes and Tnnt2 gene expression levels were  
301  $10.41 \pm 1.16$  higher (Fig. 4c). Interestingly, the fold changes in ANF- and NPPB-expression, when  
302 compared to levels detected in cells grown on PU-0 were rather similar:  $4.78 \pm 0.23$  and  
303  $4.94 \pm 0.31$  in ANF- and NPPB-expression, respectively, in cells grown on PU-50 and  $2.52 \pm 0.11$   
304 and  $2.12 \pm 0.09$  ANF- and NPPB-expression, respectively, in cells grown on PU-100 (Fig. 4b).  
305 This, however, was not the case for Mef2c, Nkx2.5 and Tnnt2 leading for Mef2c gene expression  
306 a  $2.01 \pm 0.26$  fold decrease when grown on PU-100 and a  $2.86 \pm 0.26$  fold increase when grown on  
307 PU-50, while all other conditions were not significantly influenced, and Tnnt2 expression was  
308 not at all affected when compared to PU-0 scaffolds (Fig. 4d). GATA 4, Con43 and cTnl (Tro I)  
309 expression was not affected by any of the different scaffolds, and  $\beta$ -MHC expression could not  
310 be detected in these cells, but was detectable in cDNA synthesized from total RNA of normal rat  
311 embryonic tissue (Rat RNA: 17-19 days; amsbio biotechnology, Abingdon, United Kingdom),  
312 which was used as a positive amplification control (data not shown).



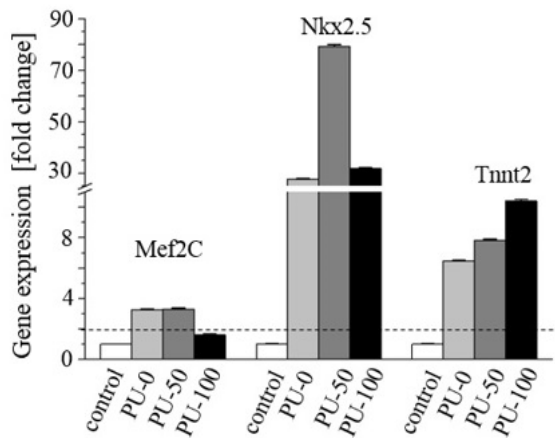
$\Delta$ ct value of control group was set as "1"

a



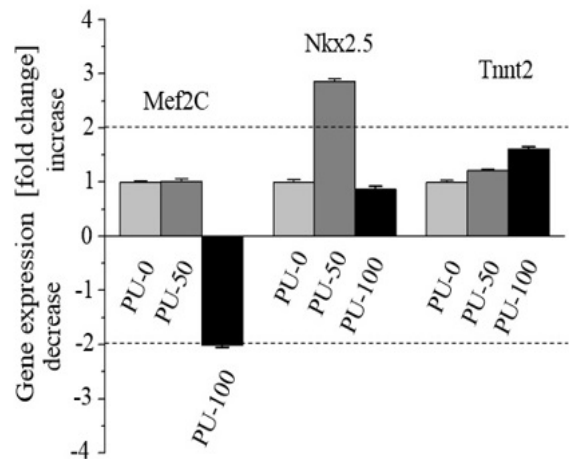
$\Delta$ ct value of PU-0 group was set as "1"

b



$\Delta$ ct value of control group was set as "1"

c



$\Delta$ ct value of PU-0 group was set as "1"

d

313

314 **Fig. 4.** Fold change in (a, b) ANF, NPPB; and (c, d) Mef2C, Nkx2.5 and Tnnt2 gene expression  
 315 in H9C2 cardiomyocytes.  $\Delta$ ct values obtained in cells grown on (a, c) normal culture dishes  
 316 (control) and (b, d) on pure PU, were set as "1". Dotted lines indicate a 2-fold change of gene

317 expression and gene expression changes above such a 2-fold change were considered statistically  
318 significant.

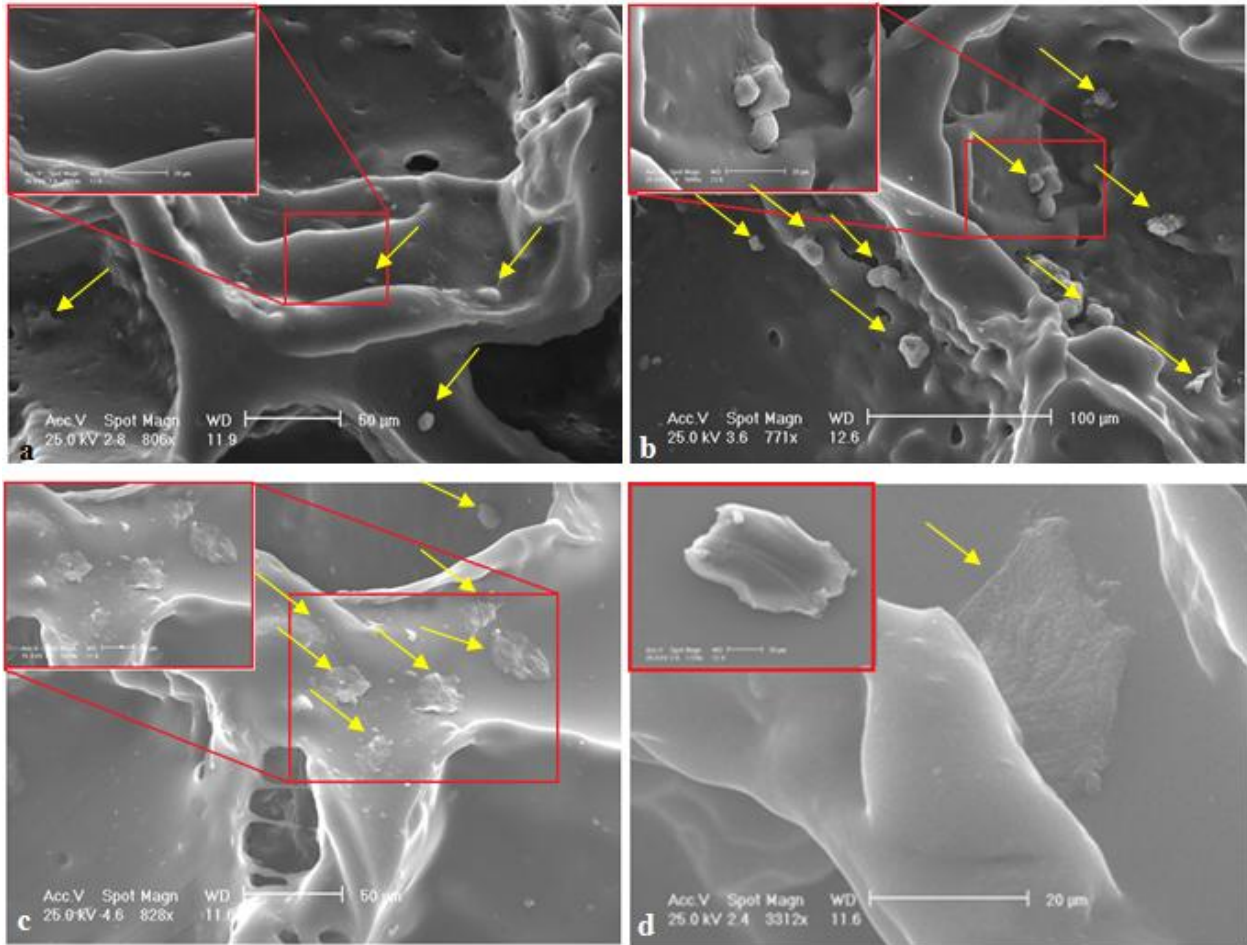
### 319 **3.4. Scanning Electron Microscopy**

320 SEM images of H9C2 cells on different samples after 3 days of electrical stimulation are shown  
321 in figure 5. The images clearly support our findings from the cell staining experiments, as more  
322 cells are adhering to the PU-50 scaffold than to the other scaffolds. Furthermore, cells adhering  
323 to PU-100 had a morphology similar to cardiomyocytes in native tissue. The results are in  
324 agreement with our results on cell confluency, as there are more cells adhering to PU-50 than to  
325 the other scaffolds. In general, imaging cells inside porous scaffolds was very challenging due to  
326 the spatial conformation of pores, in which the cells can hide behind the pore walls (Fig. 5d).  
327 These results prove that our nanocomposite scaffolds indeed support cell attachment much better  
328 compared to gold-free PU-0 scaffolds. This is probably due to a larger number of interconnected  
329 pores in the gold-containing samples, providing higher probabilities for cells to grow through the  
330 scaffold pores, thus improving cell adhesion and proliferation.

## 331 **4. Discussion**

332 In the work presented here, we investigated a novel method using the combined effect of a  
333 polyurethane-gold nanotube/nanowire composite material and electrical stimulation of  
334 cardiomyocyte cells. This specific composite material of nano-sized gold incorporated into a  
335 porous biodegradable polyurethane matrix was chosen in order to improve the transmission and  
336 synchronization of electrical signals in the material and thus increase the natural functionality of  
337 cardiomyocytes. The feasibility of this approach of incorporating gold nanoparticles into scaffold

338 materials for applications such as cardiac patches has recently been shown for an alginate matrix  
339 [49]. Such alginate matrices have a very low elastic modulus of only a few kPa and are  
340 viscoelastic [50].



341  
342 **Fig. 5.** SEM images of cells on (a) PU-0, (b) PU-50, and (c) PU-100 on day 4 after electrical  
343 stimulation. (d) A single cell cultured on PU-100 hiding behind the pore walls, a single  
344 cardiomyocyte cell cultured on glass slide is shown in the inset. Cells spread better on those  
345 samples containing gold and the best cell spreading is obtained on PU-100. Arrows point at  
346 single cells.

347 An ideal material for cardiac tissue engineering would, however, be purely elastic in order to  
348 mimic the complicated mechanical properties of native heart tissue without tearing during  
349 systolic pressure or prohibiting contractile force. The compressive modulus of native heart tissue  
350 has been reported to be 425 kPa at the systole [49]. We have recently shown that PU-GNT/NW  
351 composites can provide the mechanical properties required for this purpose, i.e. elasticity can be  
352 tuned between 200 kPa and 240 kPa [38]. Incorporation of gold nanoparticles in PU substrates  
353 changed the physicochemical properties of PU and improved fibroblast cell attachment [51], and  
354 gold in the form of nanowires allowed the formation of conductive bridges between pores and  
355 enhanced cell communication [38, 49]. Addition of GNT/NW caused the formation of hydrogen  
356 bonding with the polyurethane matrix and improved the thermomechanical properties of  
357 nanocomposites. Higher crosslink density and better cell attachment and proliferation were  
358 reported in polyurethane containing 50 ppm GNT/NW [38]. Additionally, PU and PU  
359 composites showed controllable degradation properties using different polyols during the  
360 synthesis process [21, 22]. The polymeric matrix in PU-GNT/NW composites can therefore be  
361 replaced by extracellular matrix (ECM) due to the controlled degradation of PU [52, 53]. After  
362 degradation of the scaffold matrix, the gold nanoparticles would remain in the cardiac muscle  
363 ECM, which should not harm the cardiac tissue as the gold concentration is comparably low,  
364 thus cytotoxicity should be negligible [54]. Additionally, the concentration of gold in most 3D  
365 structures varies from 0.0001 % wt. to 15 % wt. and the low concentration of ppm has been  
366 shown to affect the cellular activity [55].

367 Since intact myocardium tissue contains a high density of cardiomyocytes and is known for  
368 heavy oxygen consumption, pore interconnectivity and pore uniformity are essential properties  
369 of any tissue engineered cardiac patch material, as they guarantee nutrition and oxygen

370 exchange. Both are, for example, necessary to facilitate cell migration [56]. Additionally, the  
371 size and orientation of pores has been reported to affect cell alignment [57]. We used 355-600  
372  $\mu\text{m}$  sieved table salt in scaffold fabrication by a porogen-leaching method so that a microscopic,  
373 interconnected, and homogeneous pore structure was formed (Fig. 1). Nutrients should therefore  
374 easily be transported deeply into the scaffolds.

375 In addition to the relevance of material selection for cardiac tissue engineering, signaling factors  
376 also play a major role for engineering a functional tissue patch. Proper signaling might be  
377 induced by mechanical stimulation or electrical stimulation, similar to the conditions found in  
378 intact myocardium. A recent study has shown that in heart mimicking constructs, applying only  
379 mechanical stimulation was not a proper signaling factor to keep cardiomyocytes functional [58].  
380 Instead, it has been suggested that an excitation-contraction coupling in cell-scaffold constructs  
381 is required for the proper function of cardiomyocyte tissue. This can be achieved by electrical  
382 stimulation just as in native heart, where the mechanical stretch of the myocardium is induced by  
383 electrical signals [58]. Other studies have already shown that even small physiological fields (75-  
384 100 mV/mm) can stimulate the orientation, elongation and also migration of endothelial cells  
385 [12].

386 In this study, we investigated the orientation and adhesion of cardiomyocyte cells on different  
387 PU scaffolds after 3 days of consecutive electrical stimulation (Fig. 2). Only on gold-containing  
388 scaffolds cells had changed their alignment after four days. Before stimulation, no significant  
389 difference of cell morphology was found, whether gold had been incorporated in the scaffolds or  
390 not. Furthermore, cell proliferation was not enhanced as a result of gold incorporation. On PU-0,  
391 no cell alignment was observed even after electrical stimulation; on both PU-50 and PU-100,  
392 cells were aligned on day 4 after electrical stimulation. It is interesting that after stimulation, PU-

393 50, not PU-100, showed the greatest amount of cells, although cells showed on PU-100 a  
394 morphology that was most similar to their natural morphology.

395 In our experiments, the alignment of cells was rearranged towards the direction of the applied  
396 electrical field. A similar cell alignment improvement was reported by Au et al. [59] for  
397 fibroblasts and cardiomyocytes. Furthermore, the cells were re-oriented due to electrical  
398 stimulation only on PU-GNT/NW composites (Fig. 2). Particularly for endothelial cells, it is  
399 well-known that electrical stimulation can change cell elongation, alignment, and migration [10].  
400 Here, we made use of this effect in order to electrically polarize the cardiomyocytes seeded on  
401 PU-GNT/NW scaffolds to provide a better microenvironment for their adhesion, elongation and  
402 function.

403 It has previously been reported that a square, biphasic electrical pulse of 2 ms duration provided  
404 cell coupling similar to that present in *in vivo* environments after 8 days of stimulation [58] and a  
405 small electrical field of 200 mV/mm caused a fully-oriented cell network [12]. Despite all of  
406 these electrical stimulations, Tandon et al. [44] showed that the alignment of cardiomyocyte cells  
407 was only affected by surface topography and not by applying an electrical field; however, our  
408 result demonstrated that electrical stimulation indeed facilitates the behavior of only those cell-  
409 scaffold constructs that contained gold.

410 The morphology and distribution of cells investigated by SEM confirmed the essential role of  
411 pore size and distribution in the scaffolds (Fig. 5). We observed a marked difference in terms of  
412 both cell number and cell morphology between pure PU and PU-GNT/NW composites. In PU-  
413 GNT/NW composites, where chloroform had been used during fabrication, the pores were bigger  
414 and more interconnected (Fig. 1). Therefore, more cells could migrate into the scaffold and could  
415 easily be observed. However, we found that cells on PU-100 were closer to their native



416 morphology. This is consistent with our previous result that 50 ppm gold provides optimum  
417 adhesion conditions for mesenchymal cell attachment [38], presumably by changes in surface  
418 energy in response to the incorporation of gold. Other studies have shown that an optimum  
419 amount of gold (43-50 ppm) caused a microphase separation in the chemical composition of PU,  
420 hence improving hydrophilicity [55]. Gold nanoparticles in a concentration of 43.5 ppm in  
421 polyurethane matrix have been shown to cause minimum inflammatory response *in vitro* and *in*  
422 *vivo*, and improve biocompatibility [51]. Our study shown here suggests that the PU-50 scaffolds  
423 provide optimum conditions for a cardiac tissue engineering material.

424 Our gene expression analysis of specific markers in myocardium tissue clearly showed changes  
425 in the expression levels of functional cardiac genes, clarifying the role of gold nanoparticle  
426 incorporation into PU and the importance of electrical stimulation. Five different specific genes  
427 were investigated (Fig. 4). The expression of both ANF and NPPB was significantly up-  
428 regulated (Fig. 4a); the highest up-regulation level was determined on PU-50. The ANF gene is  
429 highly expressed by cardiomyocytes when arteriosclerosis has occurred and a decrease has been  
430 reported during maturation of ventricular cells [40]. ANF is particularly a marker of  
431 cardiomyocyte differentiation [60, 61]. Therefore, the marked increase of this gene's expression  
432 in PU-50 and PU-100 found here is assumed to be a positive response to atrial stretch due to the  
433 electrical stimulation. Therefore, we conclude that PU-GNT/NW scaffolds can accelerate  
434 cardiomyocyte response to the stresses induced by electrical stimulation, decreasing the progress  
435 of cardiac hypertrophy. NPPB marks any overstretching in myocardial tissue and acts similar to  
436 ANF, but with lower affinity. As it has been shown that in native heart, mechanical stretch is  
437 initiated by electrical signals [58], increases in the expression levels of these genes reflect the  
438 overstretching of the cell-scaffold constructs, particularly in the PU-50 samples (Fig. 4a).

439 Similarly, incorporation of gold induced in our studies a significant increase in gene expression  
440 level of the early cardiac transcription factors Nkx2.5 and Mef2c (Fig. 4c). Mef2c play a role in  
441 myogenesis, maintaining the differentiated state of muscle cells. Nkx2.5 also functions in heart  
442 formation and development [5, 15]. This implies that 50 ppm of GNT/NW is an optimum  
443 concentration for stimulating the expression levels of important cardiac differentiation markers  
444 and of myogenesis.

## 445 **5. Conclusions**

446 In this study we investigated different properties of cardiomyocytes on porous nanocomposite  
447 scaffolds formed by a biodegradable polyurethane matrix with incorporated gold nanoparticles  
448 (PU-GNT/NW). Cardiomyocyte adhesion and proliferation were strongly increased in response  
449 to electrical stimulation on PU-GNT/NW composites within 4 days. After 4 days of incubation  
450 and electrical stimulation on the scaffolds, cardiomyocytes on PU-GNT/NW samples showed a  
451 more native morphology and enhanced proliferation compared to gold-free PU-0. Only small  
452 differences in cell behavior were observed between PU-50 and PU-100, where particularly PU-  
453 50 induced optimum cell distribution and spreading, as well as the largest up-regulated  
454 expression levels of genes relevant to cardiac differentiation and hypertrophy. Taken together,  
455 our data suggest that nanocomposites made from porous and biodegradable polyurethane  
456 scaffolds with an optimized content (50 ppm) of gold nanowires/nanotubes in combination with  
457 electrical stimulation are promising materials for future applications in cardiac tissue  
458 engineering.

459

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